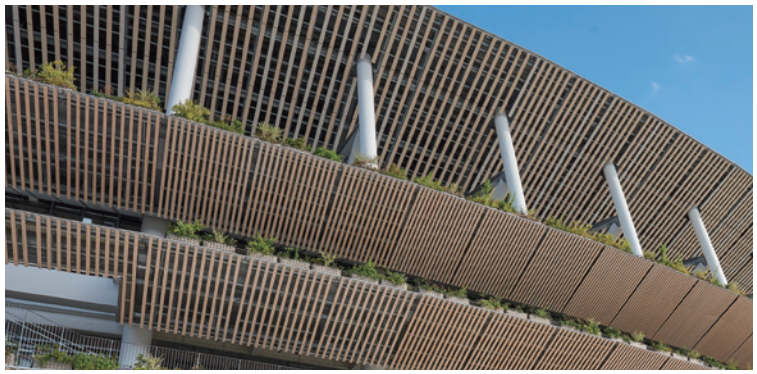
Tokyo School Trip Guide



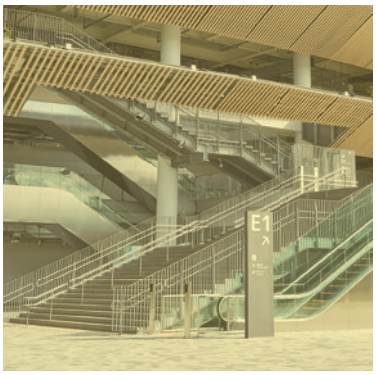








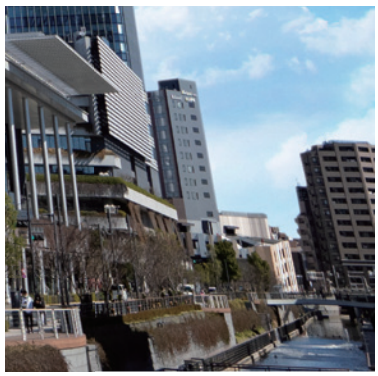






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TCVB Tokyo Convention & Visitors Bureau

Contact : schooltrip@tcvb.or.jp

Old meets New Tokyo Tokyo

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Tokyo—Blessed with the Beauty of the Four Seasons

Japan has four well-defined seasons. Whatever time of year you visit, you can enjoy a distinctive seasonal environment with traditional festivals and ceremonies.



March, April, May

Spring is a season of endings and beginnings, a time of school graduations and new starts in life. Picturesque blossoms signal the arrival of spring, as people enjoy *hanami* (cherry blossom viewing) parties and spring festivals.



June, July, August

The summer calendar is packed with a variety of seasonal events. At night, people gather in a festive mood to enjoy fireworks and *bon-odori* dances.



September, October, November

Autumn in Japan is perfect for outdoor activities. It's also a time for indulging in the culinary delights of the season.



December, January, February

Tokyo bustles with activity during winter, especially in the lead-up to Christmas and over the New Year holidays.
The streets teem with people, and beautiful light displays illuminate the city at night.

Experience Fascinating Japan in Tokyo, Where Old Meets New

Tokyo is a metropolis like no other. A sprawling city where ancient meets modern,
Tokyo has served as the pulsating heart of Japan for over 400 years.
Tourists flock here from around the world to sample the city's one-of-a-kind atmosphere.
While embracing legacy and tradition, the city is forever in flux.
Come to Tokyo and you are guaranteed an unforgettable experience.

5 Reasons to Choose Tokyo for School Trips

1



Exchanges with Local Students

Trips to Tokyo also bring the chance to interact with local schools. The city having hosted the Olympic and Paralympic Games Tokyo 2020, many of Tokyo's schools sought opportunities for international exchange. Students of all ages are still excited at the prospect of meeting and communicating with their peers from overseas.

2



Safety and Security

Any destination chosen for a school trip must be safe, and it must provide a sense of security. According to the Safe Cities Index 2021 (Health Security category) report compiled by UK-based news magazine The Economist, Tokyo ranks as the safest major city in the world. Visitors and locals alike appreciate this aspect of the city, along with its notable cleanliness. Safe-and-clean Tokyo therefore makes an ideal destination for a school trip.

3



Japan's Economic Heart

Tokyo is an international center of economic activity. By itself, it accounts for around 20% of Japan's GDP, a figure just behind Switzerland and larger than that of Poland. The bustling streets of Tokyo never fail to amaze visitors to the city. Another draw for anyone planning a school trip here is the abundance of industry- and economy-related facilities that welcome visiting tour groups.

4



The Hub of Japan

With two international airports, Haneda and Narita, Tokyo is Japan's main gateway to the world. Domestic flights and an extensive network of Shinkansen bullet trains connect Tokyo with the rest of the country. Nearby major sightseeing spots such as Mt.Fuji are readily accessible by road. In all, Tokyo serves as a convenient transportation hub that provides easy access to other destinations.

5



Packed with Tourist Attractions

Tokyo is packed with a wealth of tourist attractions, from the cutting-edge to the traditional. Here, you will discover amazing pop culture, fashion, shopping, cuisine, entertainment, and more. The exciting fusion that Tokyo makes for an unforgettable trip.

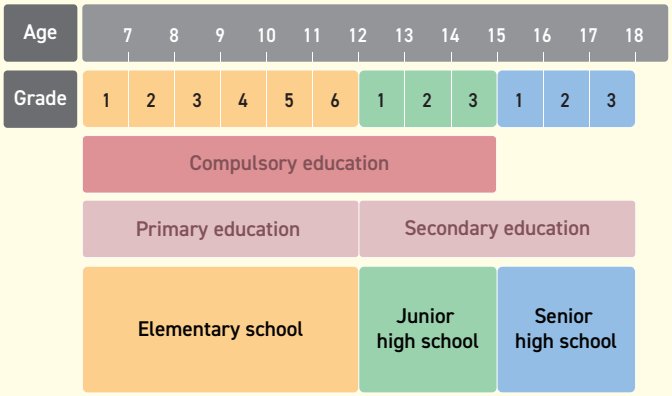
School Exchange Programs—Transcend Language and Culture to Learn and Grow with Tokyo Students



Japan's Education System

The Japanese education system comprises six years of elementary school, three years of junior high school, and three years of senior high school. Education is compulsory for the first nine years, from elementary school (ages 7 to 12) through junior high school (ages 13 to 15). In 1974, the percentage of students going on to attend senior high school surpassed 90%; ever since then, this figure has stayed at a high level, reaching 98% in recent years.

The school year starts in April, with most schools adopting a three-semester system. Recently, an increasing number of schools are switching to a two-semester system. The time frame for school exchanges therefore depends on which system the host school is using.



Events on the School Calendar (Example)

The school calendar is essentially uniform across Japan, but details differ depending on the school or region. Students attend classes and take part in events held each season as part of a fulfilling school life.

4 April	5 May	6 June	7 July	8 August	9 September
Entrance ceremony, first-day-of-school ceremony	Sports day	Field trip	Ceremony for end of semester	Summer break	Ceremony for start of second semester
Entrance ceremony, first-day-of-school ceremony Checkup	School trip (3rd grade) General assembly of the student council	Sports day First periodic exams	Seaside school trip (1st grade)	Summer break	Second periodic exams Track-and-field meet Field trip (1st and 2nd grades)
Entrance ceremony, first-day-of-school ceremony Checkup General assembly of the student council	School excursion Midterm exams	Sports day	End-of-term exams Ceremony for end of first semester	Summer break	Ceremony for start of second semester, evacuation drills Cultural festival

School Exchanges

Tokyo has thrived as Japan's cultural, political, and economic center for more than 400 years, and this is what makes it an outstanding destination for school trips. The city is brimming with amazing sights, from fascinating historical locations to popular sightseeing spots. Tokyo offers a unique blend of cutting-edge technology, tradition, pop culture, fashion, and so much more. And students here are eager to meet and befriend their peers from around the world.



School Life (Example at Senior High School)

Most senior high schools in Japan have classes Monday to Friday, with six periods a day. Some schools have seven periods a day, and some have regular classes or extracurricular classes on Saturday.

A Typical Day for a Senior High School Student

Note: Times vary by school.

By 8:20	8:30–9:20	9:30–10:20	10:30–11:20	11:30–12:20	12:20–13:10	13:10–14:00	14:10–15:00	15:00–17:00
Arrive at school	1st period	2nd period	3rd period	4th period	Lunch, exercise, etc.	5th period	6th period	Club activities, chatting with friends, etc. Leave school

Morning classes — Lunch break — Afternoon classes — After school

Elementary school **Junior high school** (example of two-semester system) **Senior high school** (example of three-semester system)

10 October	11 November	12 December	1 January	2 February	3 March
Field trip Sports day	Music day	Ceremony for end of semester Winter break	Ceremony for start of third semester Kakizome (writing calligraphy at the start of the year)		Graduation, end-of-year ceremony Spring break
Ceremony for end of first semester Ceremony for start of second semester Autumn break	Third periodic exams	Winter break	Ski class (2nd grade)	Job experience (1st grade) Entrance exams	Graduation, end-of-year ceremony Spring break
Midterm exams	School trip (2nd grade)	End-of-term exams Ceremony for end of semester Winter break	Ceremony for start of third semester Entrance exams End-of-year exams (3rd grade)		End-of-year exams Graduation Ball game tournament End-of-year ceremony Spring break

TCVB Supports Your School Trip with Customized Exchange Programs

Tokyo is home to nearly 500 public or private senior high schools, each with its own unique features for learning. Why not take the chance to visit one of these schools? Exchanges between Japanese and overseas students lead to unforgettable experiences, the benefits of which stay with participants for the rest of their lives.

If your school would like to visit a school in Tokyo, feel free to contact us at the Tokyo Convention & Visitors Bureau (TCVB). We offer a one-stop school-visit service that includes finding a host school, coordinating preparations, and providing assistance on the day-all done with flexibility to match your needs. To be sure of booking your visit, contact us at least three months in advance.

Assistance by TCVB and the Flow of Proceedings

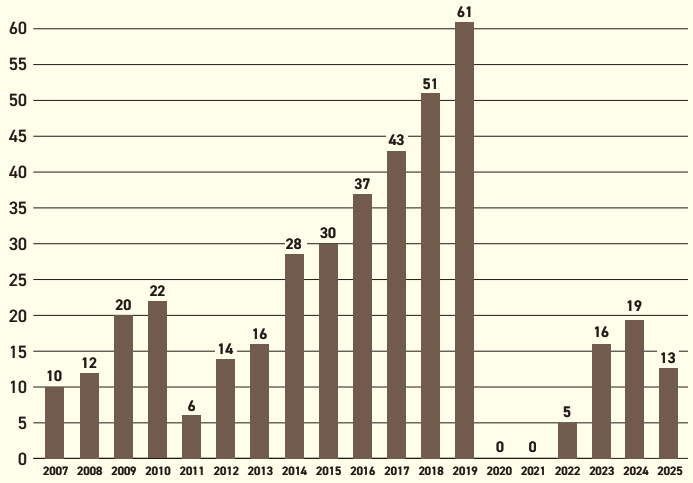
What TCVB Offers

- Finding a host school
- Arranging the schedule for the day of the visit
- Assistance on the day of the visit
  (TCVB staff on site, arranging interpreters, etc.)

Past Achievements

TCVB has a proven track record of coordinating school exchange programs between overseas schools and Tokyo schools.

Number of school exchange programs coordinated by TCVB



*The decrease in school exchange programs since 2020 is due to the impact of COVID-19.

Flow of Proceedings

3 months prior to the departure date of your trip to Japan

- Contact TCVB (schooltrip@tcvb.or.jp) and submit the application form to request arrangements for the school visit
- TCVB finds a host school to match your requests regarding location, exchange program content, etc.

Host school chosen

- TCVB arranges the schedule on the visiting day (determining classes and club activities available for participation, performances by students from both schools, etc.)
- If necessary, TCVB arranges for interpreters on the visiting day

Day of the visit

- TCVB personnel are on hand to provide assistance

After visiting

- Students and teachers fill out the questionnaire so that TCVB can improve any support provided

Case Study 1

Senior High School

International Understanding through Cultural Exchange

Exchange program/schedule

15:10	Visiting school arrives at host school
15:30	Greetings from both schools; group activities
15:50 – 16:20	School tour
16:20 – 17:20	Cultural exchange event (Kendama, calligraphy, karuta, etc.)
	Closing (farewell, souvenir exchange, commemorative photo shoot)





Student and Teacher Feedback

■ Visiting School (Australia)

Teacher

"staff + students were excellent and very helpful."

Students

"It was also interesting getting to try out different activities they do frequently, both culturally important ones and more modern ones."

"The differences in school such as calligraphy, sport and afternoon games on the tatami mats were really interesting to see. I loved this experience!"

■ Host School (Tokyo)

Teacher

"It really impressed me to see the students having so much fun."

Students

"I usually sit at my desk and study, but to get the chance to use English like this was really great."

"I was happy I could talk with people from overseas! There were times when I couldn't follow the English conversation, but when I did understand, I was moved."

Case Study 2

Senior High School

Mutual Understanding through Class Participation and Performances

Exchange program/schedule

12:00	Visiting school arrives at host school; teachers from both schools exchange greetings
12:40	Lunch
13:15	Take part in class (English)
14:15	Take part in other classes (physics, calligraphy, home economics)
15:20	Take part in or observe club activities (tea ceremony club, etc.)
16:00	Exchange meeting Visiting school: Song and dance performances Host school: Japanese drum performances Student representatives give speeches Exchange gifts





Student and Teacher Feedback

■ Visiting School (Taiwan)

Teacher

"I'm so thankful that I could come back a second time to visit a school in Tokyo."

Students

"The Japanese students were all really kind and enthusiastic, which made me very happy."

"I'd like to brush up my Japanese, so I can communicate even better next time."

■ Host School (Tokyo)

Teachers

"I'd like to see our whole school make an effort to promote the international exchange program. It's a great way to make students more aware of social issues."

"This is a really important program. It gives students the chance to build new relationships, gain a global perspective, and think about their environment and their lives."

Students

"When we were interacting with the Taiwanese students, I realized that we could overcome the language barrier as long as we had the will to communicate."

"Having opportunities like this broadens our horizons, and I think it'll help us in the future to play an active role on a worldwide level."

Case Study 3

Junior High School

Cross-Cultural Communication through Music

Exchange program/schedule

12:00	Visiting school arrives at host school; lunch
12:30	Visiting students move to gymnasium; warm up
13:30	Teachers from both schools exchange greetings and souvenirs
13:40	Visiting school performs
14:00	Host school performs
14:20	Students from both schools tidy up the venue
15:00	Exchange gifts



Student and Teacher Feedback

■ Visiting School (Taiwan)

Teacher

"The program gave us visiting teachers a chance to interact with our Tokyo counterparts."

Students

"Our Japanese hosts were so enthusiastic and kind. It was really something special."

"We really enjoyed watching each other perform. Next time, it'd be great if we could play together!"

■ Host School (Tokyo)

Teachers

"Thanks to the excellent preparations—for example, having interpreters on hand—everything went smoothly on the day."

"Perhaps next time we could get both groups to give presentations about their respective countries—say, on topics such as school life."

Students

"Hearing each other play music was fun. I just wish we'd had more time to talk with the Taiwanese students."

"The students from Taiwan spoke with us in English and Japanese, and they had smiles on their faces, which was wonderful to see."

"We gradually managed to communicate with each other, and I had a great time."

The Main Areas of Tokyo

The metropolis of Tokyo is among the largest in the world. Each of the city's neighborhoods has its own character, with the atmosphere changing from one train line to the next and even from one station to the next. Let's take a look now at some of Tokyo's more renowned districts, each of which is packed with opportunities for learning and gaining new experiences. Places where you can see cultural heritage sites steeped in history, tap into cutting-edge youth culture, and so much more.



1 Tama

This suburban area is blessed with abundant natural beauty, featuring numerous spots where visitors can easily enjoy mountains, lakes, and hot springs. The area is also home to historic temples, shrines, and museums, which are located throughout.

2 Kichijoji

With its lively yet easygoing atmosphere, Kichijoji offers something for young and old alike. Along with the nature-rich Inokashira Park, Kichijoji includes shopping arcades and alleyways brimming with activity.

3 Shinjuku

Ever-evolving Shinjuku is the epicenter of Tokyo culture. One of the area's landmarks is the Tokyo Metropolitan Government Building, Tokyo's administrative heart. Shinjuku has many faces: the east side of Shinjuku Station is a shopper's paradise, while the west side is a major business area.

4 Harajuku and Omotesando



This area caters to all tastes. Find affordable, stylish items in youthful Harajuku, or shop for high-end fashion brands in upmarket Omotesando.

5 Shibuya



This constantly evolving hub of trends is undergoing redevelopment and always growing. It offers a wide range of experiences, including shopping, dining, art, and entertainment.

6 Roppongi



Roppongi is a popular area that boasts a cornucopia of restaurants and commercial complexes. Renowned for its art and cultural facilities, Roppongi teems with people of many nationalities who lend the area a cosmopolitan air.

7 Daikanyama



Interspersed throughout Daikanyama are unique and stylish establishments, including boutiques, restaurants, and the distinctive Hillside Terrace complex.

8 Ueno



The Ueno neighborhood offers a blend of vibrancy and culture. Museums and art galleries offer a window in to high culture, while a wholesale district and the Ameya Yokocho (Ameyoko) market overflow with commercial energy.

9 Asakusa, Sumida, Oshiage



A popular area where old meets new. Local landmarks include the world's tallest free-standing broadcasting tower, TOKYO SKYTREE®, and the iconic Kaminarimon, an imposing gate that supports a gigantic red lantern.

Note: This map is for illustrational purposes only. For exact locations, please refer to a more detailed map.

10 Akihabara



For devices such as PCs and peripherals, look no further. Anime and other subcultures find their home here and draw fans from far and wide.

11 Marunouchi



Tokyo Station, one of the nation's hub stations, and the area surrounding it-which includes myriad commercial complexes and restaurants-has evolved. This section of the city, considered the heart of Tokyo, continues to grow and develop.

12 Nihonbashi



Since the Edo period, Nihonbashi has been a key commercial and financial center. Testifying to the area's rich cultural history are numerous long-established restaurants, specialty shops, and important cultural properties.



13 Ginza



Like New York's Fifth Avenue or London's Oxford Street, Ginza is packed with high-class boutiques and flagship stores. The area is also celebrated for its range of fine dining establishments.

14 Odaiba



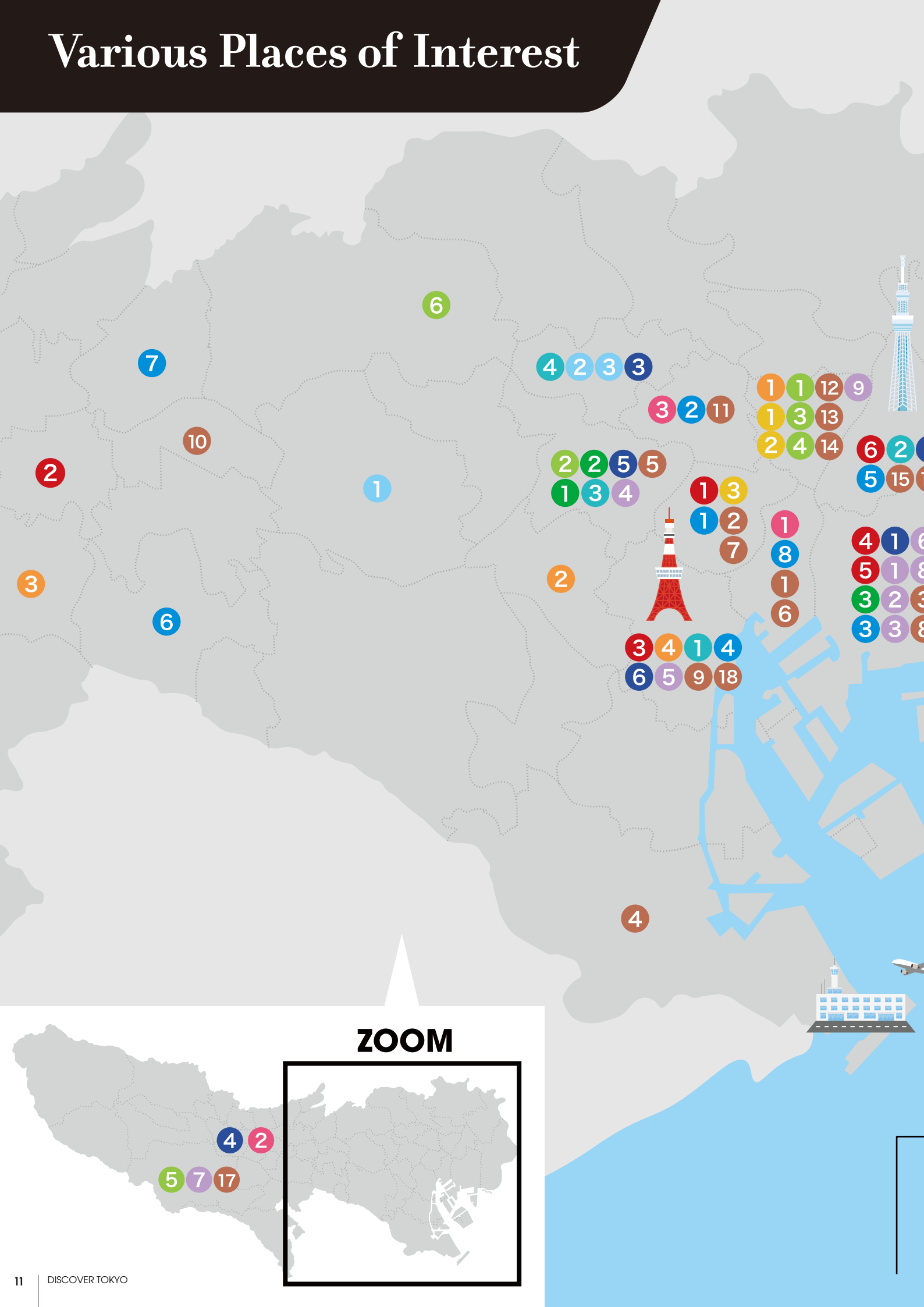
This waterfront area is home to a collection of shopping malls and leisure facilities. Visitors can enjoy strolls in parks and along the beach, as well as take in the stunning night views.

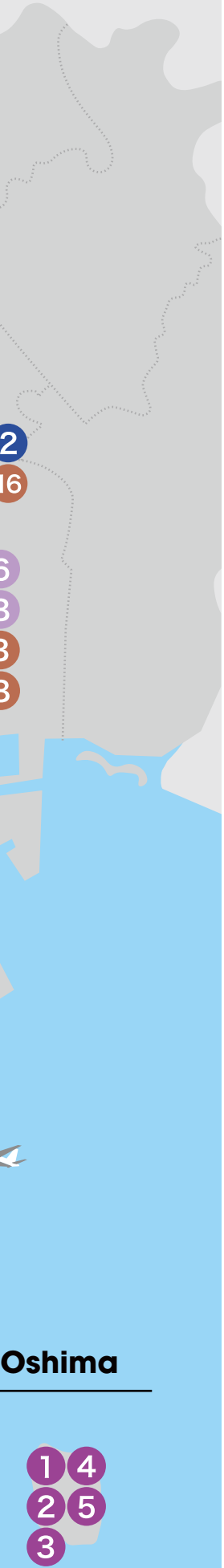
15 Oshima



Oshima is the largest island in the Izu Islands. On the eastern side of Mt. Mihara, an active volcano at the center of the island, lies the "Ura-Sabaku Desert," Japan's only desert formed by accumulated volcanic ash and debris.

Various Places of Interest





History P13

1. Kokyo Gaien National Gardens
2. Edo-Tokyo Open Air Architectural Museum
3. State Guest House Akasaka Palace
4. The Center of the Tokyo Raids and War Damage
5. Koto City Fukagawa Edo Museum
6. Tokyo Metropolitan Edo-Tokyo Museum

Garden P13

1. Hama-rikyu Gardens
2. Showa Kinen Park
3. Rikugien Gardens

Shrine/Temple P14

1. Senso-ji Temple
2. Meiji Jingu (Shinto Shrine)
3. Okunitama-jinja Shrine
4. Zojoji Temple

Transportation tourism P14

1. Yakata-bune (excursion boats)
2. Water Bus
3. SKY BUS TOKYO

Experience P15

1. Ganso Shokuhin Sample-ya Kappabashi Store
2. Some-no-sato OCHIAI (Futaba-en)
3. Wanariya
4. Kiriko Cut Glass Studio Ojima
5. Mt. Takao
6. Warner Bros. Studio Tour Tokyo - The Making of Harry Potter

Sports P15

1. MUFG STADIUM (Japan National Stadium)
2. Japan Olympic Museum
3. livedoor URBAN SPORTS PARK (Ariake Urban Sports Park)

Viewing spot P16

1. Tokyo Tower
2. TOKYO SKYTREE®
3. Tokyo Metropolitan Government Building Observatories
4. SUNSHINE60 OBSERVATORY TENBOU-PARK

Anime P16

1. Suginami Animation Museum, Tokyo Polytechnic University
2. Toshima City Tokiwaso Manga Museum
3. Anime Tokyo Station

Note: This map is for illustrational purposes only. For exact locations, please refer to a more detailed map.

Technology P17

1. Science Museum
2. Space Travelium TeNQ
3. National Museum of Emerging Science and Innovation (Miraikan)
4. Kawasaki Robostage
5. Orbitarium
6. JAXA Chofu Aerospace Center
7. Tamarokuto Science Center
8. BUNSHIN Robot Café DAWN ver.β

Disaster prevention P18

1. Tokyo Rinkai Disaster Prevention Park Sona Area Tokyo
2. Honjo Life Safety Learning Center, Tokyo Fire Department (Honjo Bosaikan)
3. Ikebukuro Life Safety Learning Center, Tokyo Fire Department (Ikebukuro Bosaikan)
4. Tachikawa Life Safety Learning Center, Tokyo Fire Department (Tachikawa Bosaikan)
5. Fire Museum
6. Meteorological Science Museum

SDGs P19

1. The Hydrogen Information Center "Tokyo Hydrogen Museum"
2. Tokyo Yumenoshima Tropical Greenhouse Dome
3. Tokyo Metropolitan Government Waste Landfill Site
4. JICA Global Plaza
5. WATERS takeshiba
6. SMALL WORLDS
7. Tama Forest Science Garden
8. Tokyo Sewerage Museum "Rainbow"
9. JIDAIYA

Island P20

1. IZUOSHIMA MUSEUM - GEO NOUS –
2. Furusato-taiken Hall
3. Odoriko no Sato Museum
4. Oshima Native History and Traditional Crafts Museum
5. Palais La Mer (Oshima Seashell Museum)

Field trip/Museum P21 P22

1. Bank of Japan Head Office
2. National Diet Building (Sangiin)
3. Tokyo Metropolitan Wholesale Market Toyosu Market
4. Haneda Chronogate
5. Waseda University
6. Daiichi Sankyo Kusuri Museum
7. INTERMEDIATHEQUE
8. teamLab Planets TOKYO
9. NHK Museum of Broadcasting
10. NTT History Center of Technologies
11. Printing Museum, Tokyo
12. The National Museum of Western Art
13. National Museum of Nature and Science
14. Tokyo National Museum
15. The Japanese Sword Museum
16. Sumo Museum
17. Takao 599 Museum
18. teamLab Borderless: MORI Building DIGITAL ART MUSEUM

Various Places of Interest

Learn about Japanese culture, Japan's state-of-the-art science and technology.

History

*Information is as of Aug. 2026. Check beforehand as situations may change.



Source:Kokyo Gaien National Gardens Office

❶ Kokyo Gaien National Gardens

Model course 1

Also known as the Imperial Palace Outer Gardens, this park is widely cherished for its quintessential Japanese landscapes. Spacious green lawns dotted with black pines blend harmoniously with the historical remnants of Edo Castle's moats and gates.

1-1 Kokyogaien, Chiyoda-ku
Nijubashimae<Marunouchi> (Subway)/Tokyo (JR, Subway)
Open 365 days ¥Free
Brochures (English, Chinese, Korean)
https://www.env.go.jp/garden/kokyogaien/english/
The Imperial Palace tour is held twice daily, once in the morning and once in the afternoon, except on closed days. (200 people per session by advance reservation, and 300 people per session by same-day registration)



Source: Edo-Tokyo Open Air Architectural Museum

❷ Edo-Tokyo Open Air Architectural Museum

Model course 2

This is an open-air museum where buildings of high cultural and historical value are relocated, restored, preserved, and exhibited. It features 30 structures, including farmhouses, inns, and public bathhouses that once stood in Tokyo, creating a townscape. Inside the buildings, visitors can see exhibits of household tools and goods from that period.

3-7-1, Sakuracho, Koganei City (Located in Koganei Park)
Musashi-Koganei (JR)/Hana-Koganei (Seibu)
9:30-17:30 (-16:30 Oct.to Mar.) *Admission until 30 min. before closing
Mon (or the following weekday when it falls on a national/substitute holiday), New Year holidays ¥Adult¥400 (¥320), College student ¥320 (¥250), High school student ¥200 (¥160) *( ) indicates group rates for 20 or more people Brochures (English, Traditional/Simplified Chinese, Korean) For groups of 20 or more, contact the facility by phone +81-42-388-3300 https://www.tatemonoen.jp/english/



Source: Cabinet Office the State Guest House website

❸ State Guest House Akasaka Palace

Model course 11

Built in 1909 as the Crown Prince's Palace, this is Japan's only Western-style palace built in the Neo-Baroque style. After World War II, it became a state guest house, welcoming distinguished guests from abroad, including kings and presidents from around the world. Visitors can get a firsthand sense of Japan's history and its role in diplomacy.

2-1-1, Motoakasaka, Minato-ku Yotsuya (JR, Subway) 10:00-17:00
Wed, temporary closures due to reception of state guests and other operational reasons ¥Main Hall/Garden: Adult ¥1,800, College student ¥1,000, High school and junior high school students ¥500, Elementary school student and younger: free *Premium Main Hall Tour: Additional ¥400 (same rate for all visitors) Audio guides available *some charged (English, French, Spanish, Chinese, Korean) Visits to the Japanese-style annex and visits to the main building for groups of 20 or more require a reservation +81-3-3479-1430 (Inquiries about visits)
https://www.geihinkan.go.jp/en/akasaka/



❹ The Center of the Tokyo Raids and War Damage

This museum tells the reality of the air raids that Tokyo endured during World War II, including the Great Tokyo Air Raid of March 10, 1945. Exhibits feature photographs and artifacts from that era, as well as models of incendiary bombs, air-raid shelters, and light control systems. The museum also showcases records and testimonies from individuals who experienced the wartime devastation. Visitors have the opportunity to listen to firsthand accounts from those who lived through the war.

1-5-4, Kitasuna, Koto-ku Sumiyoshi, Nishi-ojima (Subway)
10:30-16:00 Mon (or the following day when it falls on a national/substitute holiday) ¥Adult ¥300, High school and junior high school students ¥200, Elementary school student ¥100 English (advance contact required) For groups of 10 or more, contact the facility
https://www.tokyo-sensai.net/english



❺ Koto City Fukagawa Edo Museum

Model course 9

This life-sized recreation of the streets of Edo-Fukagawa from the late Edo period (around 1840) uses sound and lighting to depict the changing scenes of a typical day. Visitors can enter traditional houses and interact with historical household tools, offering a hands-on experience of life from that time.

1-3-28, Shirakawa, Koto-ku Kiyosumi-shirakawa (Subway) 9:30-17:00 (Admission until 16:30) 2nd and 4th Mon (If Monday is a national holiday, the museum will open), New Year holidays (Dec. 29-), temporary closures (maintenance, exhibition renewal, etc.) ¥Adult ¥400 (¥300), High school, junior high school, and elementary school students ¥50 (¥30) *( ) indicates group rates for 20 or more people
Volunteer guides in the exhibition rooms (English) *Irregular days, Brochures (English, French, German, Spanish) Reservations required for groups of 20 or more
+81-3-3630-8625 https://www.kcf.or.jp/fukagawa/



❻ Tokyo Metropolitan Edo-Tokyo Museum

Model course 2

The museum reopened at the end of March 2026 following renovations. Visitors can enjoy learning about some 400 years of Tokyo's history and culture, as well as changes in people's lives from the Edo period to the present day. Highlights include not only authentic artifacts but also life-size recreations of historical streetscapes.

1-4-1 Yokoami, Sumida-ku Ryogoku (JR, Subway) 9:30–17:30 (until 19:30 on Sat) *Admission until 30 min. before closing Mon (or the following weekday when it falls on a national/substitute holiday), New Year holidays ¥Adult ¥800 (¥640), 65 years old and older ¥400 (¥320), College student ¥480 (¥380), High school student ¥300 (¥240), Junior high school student and younger: free *( ) indicates group rates for 20 or more people Audio guide (available in 13 languages)
Reservations required for school groups +81-3-3626-9974
https://www.edo-tokyo-museum.or.jp/en/

Garden



Photo courtesy of Tokyo Metropolitan Park Association

❶ Hama-rikyu Gardens

Model course 8

This garden, which used to belong to the Tokugawa Shogun family, the most powerful family in the Edo period, has a Shioiri Pond and abundant nature. A shioiri pond is a tidal pond that draws in seawater, allowing the pond to change with the tide. It is now the only tidal pond in the Edo gardens of Tokyo.

1-1 Hamarikyu-teien, Chuo-ku Tsukijishijo, Shiodome (Subway)/Shimbashi (JR, Subway) 9:00-17:00 (Admission until 16:30) New Year holidays (Dec. 29-Jan. 1)
¥Adult ¥300, 65 years old and older ¥150, Elementary school student and younger: free
Brochures (English, Traditional/Simplified Chinese, Korean, French, Spanish)
+81-3-3541-0200 https://www.tokyo-park.or.jp/park/hama-rikyu/



❷ Showa Kinen Park

Model course 8

Covering a total area of 180 hectares, this national park offers seasonal flowers and natural beauty throughout the year, including tulips in spring and golden ginkgo-lined paths in autumn. The expansive grounds feature many attractions, including the Open Field, Japanese Garden, Waterfowl Pond, and Hanamidori Cultural Center. Visitors can spend an entire day enjoying the park in their own way.

3173 Midori-cho, Tachikawa City Nishi-Tachikawa (JR) 9:30–17:00 (-16:30 Nov.to Feb.) *varies by season New Year holidays (Dec. 31-Jan. 1) and from the 3rd Mon to Fri in Jan. ¥Adult ¥450, Junior high school student and younger: free, Senior citizen ¥210 Brochures (English, Chinese, Korean) Experience programs require reservations. *Please refer to the official website +81-42-528-1751
https://www.showakinen-koen.jp/guide-english/



❸ Rikugien Gardens

Model course 9

This garden, landscaped from the late 17th century to the early 18th century, represents in miniature scenes depicted in "waka" (classical Japanese poetry) and "kanshi" (Chinese poetry). It features a variety of picturesque elements, including a central pond filled with abundant water and artificially constructed "mountains," offering visitors a rich visual experience.

6-16-3, Honkomagome, Bunkyo-ku Komagome (JR, Subway)/Sengoku (Subway)
9:00-17:00 (Admission until 16:30) New Year holidays (Dec. 29-Jan. 1) ¥Adult ¥300 (¥240), 65 years and older ¥150 (¥120) *( ) indicates group rates for 20 or more people Brochures (English, Traditional/Simplified Chinese, Korean, French, Spanish), Digital Map (English, Traditional/Simplified Chinese, Korean, French, Spanish, Vietnamese, Indonesian, Burmese, Thai) +81-3-3941-2222
https://www.tokyo-park.or.jp/park/rikugien/

Shrine/Temple

*Information is as of Aug. 2026. Check beforehand as situations may change.



©Sensoji Temple

❶ Senso-ji Temple

Model course 2 Model course 4

Worshippers and tourists flock to Senso-ji, Tokyo's oldest temple. Nakamise is along the main approach to the temple, a 250-meter-long shop-filled street connecting the outer Kaminarimon gate to the second Hozomon gate.

2-3-1 Asakusa, Taito-ku Asakusa (Subway, Tobu, Tsukuba Express)
6:00-17:00 (6:30– Oct. to Mar.) Open 365 days
https://www.senso-ji.jp/english/



❷ Meiji Jingu (Shinto Shrine)

Model course 2

The Meiji Jingu, built in 1920, honors the Emperor Meiji and his wife the Empress Shoken. The sacred forest surrounding the shrine is comprised of some 100,000 trees donated from around the nation. The stately atmosphere of this place is truly an oasis-in-the-city for the visitor.

1-1 Yoyogi Kamizono-cho, Shibuya-ku
Harajuku, Yoyogi (JR)/Meiji-jingumae<Harajuku> (Subway)/Sangubashi (Odakyu)
From sunrise to sunset (Varies by season) Open 365 days Imperial Gardens (Kiyomasa's Well) upkeep fee ¥500; Meiji Jingu Museum: Adult ¥1,000, High school student and younger ¥900 Brochures (English), QR codes (Chinese, Korean)
+81-3-3399-5511 https://www.meijijingu.or.jp/en/



❸ Okunitama-jinja Shrine

With a history spanning some 1,900 years, Okunitama-jinja Shrine is home to a number of important cultural treasures. Highlights include wooden komainu statues designated as an Important Cultural Property of Japan and an avenue of keyaki (zelkova) trees designated as a Natural Monument. The shrine is also famous for the Kurayami Matsuri, a traditional festival held every May.

3-1 Miyamachi, Fuchu City Fuchu(Keio)/Fuchuhommachi (JR)
6:00–17:00 (Apr. 1–Sep. 14), 6:30–17:00 (Sep. 15–Mar. 31) Open 365 days
+81-42-362-2130
https://www.ookunitamajinja.or.jp/



❹ Zojoji Temple

Model course 9

This temple has a 600-year history and houses the graves of the Tokugawa shogunate from the Edo period (1603-1868). Known as the "Temple of Victory," it enshrines the "Kurohonzon" Buddha statue, which survived the Warring States period (15th-16th century). Behind the "Daiden" main hall, where ceremonies and memorial services are held, stands a striking scene with Tokyo Tower and skyscrapers, symbolizing both old and new Tokyo.

4-7-35, Shibakoen, Minato-ku Onarimon, Shibakoen, Daimon, Akabanebashi, Kamiyacho (Subway)/Hamamatsucho (JR)
9:00-17:00 Brochures (English, Chinese, Korean), Guide arrangement recommended by the applicant Reservation required for group visits (charged)
+81-3-3432-1431 https://www.zojoji.or.jp/en/



Meiji Jingu (Shinto Shrine)



Nakamise Shopping Street

Transportation tourism



❶ Yakata-bune (excursion boats)

Model course 2

The yakata-bune excursion boat has been a tradition since the time of the samurai. Take a boat ride down the Sumida River, mentioned in the Manyoshu— Japan's oldest collection of poems—and enjoy a meal along with the beautiful scenery.

¥13,200- Inquire for details
Reservations required via the official website (Tokyo Yakatabune Association) or by phone. +81-3-5825-5526
https://www.yakatabune-kumiai.jp/en/



TOKYO CRUISE SHIP CO., LTD

❷ Water Bus

Model course 6

You can take a water bus to various areas along the Sumida River, including Asakusa and Hinode Pier, as well as Odaiba, while enjoying views of the waterfront. On some routes, you can ride a uniquely designed, futuristic water bus.

Varies depending on the route TOKYO CRUISE SHIP: Generally open year-round
Varies depending on the route English audio guide *An extra fee is applied
Reservations required via the official website
https://www.suijobus.co.jp/en/



❸ SKY BUS TOKYO

Model course 10

Japan's first open-top double-decker bus, SKY BUS, allows passengers to enjoy Tokyo from its open-air seats. Several guided tour routes are available, taking passengers past famous landmarks such as Tokyo Tower, Rainbow Bridge, Ginza, and the Imperial Palace.

Mitsubishi Bldg., 2-5-2, Marunouchi, Chiyoda-ku
Tokyo (JR, Subway) 9:00-the departure time of the last operation of the day
Jan. 1 (operating days varies according to the route)
Varies according to the route *Please refer to the official website
GPS audio guidance (English, Chinese, Korean) Contact us via the inquiry form on the official website. *Groups may inquire and make arrangements from six months prior to the desired date. +81-3-3215-0008 (9:30-18:00)
https://www.skybus.jp/

Address Access Hours Closed Fees Foreign language assistance Reservations Telephone number Website

Experience

*Information is as of Aug. 2026. Check beforehand as situations may change.



❶ Ganso Shokuhin Sample-ya Kappabashi Store

Model course 1

Ganso Shokuhin Sample-ya makes realistic-looking replica food items. This store sells fun and unique products created through the art of food replicas. Visitors can also try their hand at making traditional faux food out of wax.

3-7-6 Nishi-asakusa, Taito-ku Asakusa (Subway, Tobu, Tsukuba Express) 10:00-17:30 New Year holidays ¥ Replica food crafting (tempura and lettuce) ¥3,300 Guide arrangement recommended by the applicant Inquiries via the official website 0120-17-1839 https://www.ganso-sample.com/en/



❷ Some-no-sato OCHIAI (Futaba-en)

Model course 6

Some-no-sato OCHIAI is a dye studio that has been carrying on the tradition of the Edo katazome dyeing technique for over 100 years. The artisan skills on show here have been officially designated as a Traditional Craft. One-day lessons and classes are available.

2-3-6 Kamiochiai, Shinjuku-ku Nakai (Subway, Seibu) 11:00-17:00 Mon ¥ Observation is free of charge; lessons are subject to fees *Please refer to the official website Brochures and video in English Reservations required via the official website +81-3-3368-8133 https://www.ochiai-san.com/
Group reservations are available from 9:00; details upon consultation.



❸ Wanariya

Model course 2

Indigo-dyed clothing and accessories made with plant-based dyes were popular among ordinary people during the Edo period. At Wanariya, which carries on this tradition, visitors can experience shibori dyeing while learning about traditional Japanese dyeing techniques. By folding fabric and using various tools, participants can create a one-of-a-kind piece dyed with genuine indigo. Finished pieces can be taken home the same day.

1F Kurosawa Bldg., 1-8-10 Senzoku, Taito-ku Iriya (Subway)/Asakusa(Tsukuba Express) 10:00–18:00 No fixed holiday ¥ ¥2,500- English
Reservations required via the official website
+81-3-5603-9169 https://wanariya.co.jp/english/



❹ Kiriko Cut Glass Studio Ojima

Model course 11

Traditional Edo kiriko cut glass is produced at this studio, which also offers hands-on workshops for the public. Elementary and junior high school students can safely participate. Visitors draw a design on a small, clear glass with a pen, then grind the glass against a rotating wheel to create the pattern. The finished piece is packed for visitors to take home.

4-49-7 Asakusa, Taito-ku Asakusa (Subway, Tobu, Tsukuba Express) 9:00-17:00 No fixed holiday ¥ Workshops: Adult ¥4,500, High school, junior high school, and elementary school students ¥2,700 English Reservations required by phone +81-3-4285-9664 https://www.edokiriko.jp/



❺ Mt. Takao

Model course 8

With an altitude of 599 meters, this mountain offers various hiking routes with different distances and difficulties, as well as cable cars and lifts, using which you can get to the summit on foot in about 40 minutes. There is also Takao-san Yakuoin Temple with a history of over 1,000 years. It is one of the most popular destinations for excursions of schools in Tokyo.

Takao-machi, Hachioji City Takaosanguchi (Keio) ¥ Cable car/Lift ride: Junior high school student and older ¥980, Elementary school student and younger ¥500 *round-trip ride +81-42-673-3461 (Takaosanguchi Tourist Office)
https://www.hkc.or.jp/en/



❻ Warner Bros. Studio Tour Tokyo - The Making of Harry Potter

An indoor attraction where you can explore behind the scenes of the Harry Potter and Fantastic Beasts films. See authentic sets, costumes, and props up close while learning about the filmmaking process and special effects. A creative and inspiring experience awaits.

1-1-7 Kasugacho, Nerima-ku Toshimaen(Subway, Seibu) Varies depending on the season No fixed holiday ¥ Adult ¥6,600-, Junior ¥5,500-, Child ¥4,000- Digital guides (English, Korean, Simplified/Traditional Chinese)
Reservation required https://www.wbstudiotour.jp/en/

Sports



❶ MUFG STADIUM (Japan National Stadium)

Model course 4

The stadium tour is a chance for visitors to experience the amazing legacy of the Olympic and Paralympic Games Tokyo 2020. Check details from the Stadium tour Website.

10-1 Kasumigaoka-machi, Shinjuku-ku
Gaienmae, Kokuritsu-kyogijo (Subway)/Sendagaya, Shinanomachi (JR)
10:00-17:00 *Please refer to the official website for the schedule and operating days as stadium tours are conducted irregularly ¥ Adult ¥3,200-, High school student and younger ¥1,600- English text on exhibits, English voice guidance Tickets may be purchased in advance on the ticket Website +81-3-6628-0377 (weekday 10:00～18:00) https://jns-e.com/kokuritu-tours/



❷ Japan Olympic Museum

Model course 4

This museum, established by the JOC, is a center of information for Japan's Olympic movement. It houses various exhibits and visuals, showcasing the value of the Olympics.

1.2F, JAPAN SPORT OLYMPIC SQUARE, 4-2 Kasumigaoka-machi, Shinjuku-ku
Gaienmae, Kokuritsu-kyogijo (Subway)/ Sendagaya, Shinanomachi (JR)
10:00-17:00 (Admission until 16:30) Mon (or the following weekday when it falls on a national/substitute holiday), New Year holidays, exhibition renewal period
¥ Adult ¥500, 65 years and older ¥400, group(20 or more) ¥400, High school student and younger: free English text on exhibits Reservations required for groups via the official website +81-3-6910-5561 https://www.japan-olympicmuseum.jp/en/



❸ livedoor URBAN SPORTS PARK (Ariake Urban Sports Park)

Model course 10

A state-of-the-art sports facility built for the Tokyo 2020 Olympic Games and inheriting the legacy of urban sports adopted for Olympic competitions. It includes exercise facilities such as a running stadium and rope athletics, as well as dining facilities like cafes and food courts.

1-13-7, Ariake, Koto-ku Kokusai-tenjijo (Rinkai Line)/Ariake-tennis-no-mori (Yurikamome) 13:00-21:00 (weekday), 10:00-21:00 (Sat, Sun, holidays)
3rd Mon (or the following weekday when it falls on a national/substitute holiday)
¥ Varies according to the facility Guide arrangement recommended by the applicant
Reservations can be made via the website or phone https://ariake-usp.com/
Operating hours and days off vary by location; please refer to the facility's website or inquire individually.

Viewing spot

*Information is as of Aug. 2026. Check beforehand as situations may change.



©TOKYO TOWER

❶ Tokyo Tower

Model course 1

Tokyo Tower is a broadcasting tower, built in 1958. It offers spectacular views of Tokyo, in all the city's three-dimensionality, from its two observation decks at 150 meters and 250 meters.

4-2-8 Shiba-koen, Minato-ku Akabanebashi, Kamiyacho, Onarimon (Subway) Please refer to the official website Open 365 days (Top Deck may be closed due to inclement weather or other reasons) ¥ Main Deck: Adult ¥1,500, High school student ¥1,200, Junior high and elementary school students ¥900, Preschoolers (4+) ¥600, Top Deck Tour (Web Purchase Price): Adult ¥3,300, High school student ¥3,100, Junior high and elementary school students ¥2,100, Preschoolers (4+) ¥1,500 *Group discounts available English-speaking staff Reservations required via the official website +81-3-3433-5121 https://en.tokyotower.co.jp/



❹ SUNSHINE60 OBSERVATORY TENBOU-PARK

Model course 7

Located on the 60th floor of Ikebukuro's Sunshine 60 building, this observatory re-opened in 2023 after its major renovation. You can get a panoramic view of the city from 251 meters above sea level. It features a space with lush greenery reminiscent of a park with seasonal plants and flowers on the floor covered with artificial turf. You can even get a chance to see Mt. Fuji in the distance, depending on the weather.

60F Sunshine 60, Sunshine City, 3-1 Higashi-Ikebukuro, Toshima-ku Higashi-ikebukuro (Subway)/Ikebukuro (JR, Subway, Seibu, Tobu) 11:00-21:00 (Admission until 20:00) *Varies by season ¥ High school student and older ¥700-, Junior high and elementary school students ¥500- Audio guide (English, Traditional/Simplified Chinese, Korean) *Download the audio guide app on your smartphone For groups, reservations by phone are required: +81-3-3989-3455 (9:30-17:00. Closed on Saturdays, Sundays, holidays, the Golden Week Holidays, and New Year holidays) +81-3-3989-3457 https://sunshinecity.jp/en/observatory/



©TOKYO-SKYTREETOWN

❷ TOKYO SKYTREE®

Model course 2 Model course 4

TOKYO SKYTREE® is the world's tallest stand-alone communication tower. From the two observation decks at 350 meters and 450 meters, visitors can take in spectacular views of Tokyo and enjoy a walk in the sky. The nearby Soramachi® shopping area (300 shops) and the Aquarium are popular spots.

1-1-2 Oshiage, Sumida-ku TOKYO SKYTREE (TOBU SKYTREE Line)/Oshiage<SKYTREE> (Subway, Keisei) 10:00-22:00(weekday), 9:00-22:00 (Sat, Sun, holidays) *Admission until 21:00 Open 365 days (varies according to the time of the year) ¥ Tembo Deck + Tembo Galleria Set Ticket (Web Purchase Price): Adult (15 years and older) ¥3,000-, Child (ages 6–14) ¥1,500- *Group rates available for advance reservations of 15 or more people Brochures (English, Traditional/Simplified Chinese, Korean, French, Spanish) Reservations required by phone 0570-55-0634(Hours: 10:00-18:00), For some IP phones and international calls: +81-3-6700-4822 https://www.tokyo-skytree.jp/en/



❸ Tokyo Metropolitan Government Building Observatories

Model course 8

Tokyo Metropolitan Government Buildings are one of the most prominent landmarks in Tokyo. From the observatory on the 45th floor at a height of 202 meters, you can get a panoramic view of Tokyo, including TOKYO SKYTREE®, along with Mt. Fuji if it is clear enough. Tokyo Sky Guide is a special viewing guide app for the observatory, offering information on a total of 32 spots you can see from the observatory in 15 languages.

2-8-1 Nishi-Shinjuku, Shinjuku-ku Shinjuku (JR)/Tochomae (Subway) The South Observatory: 9:30-22:00, The North Observatory: 9:30-17:30 (If The South Observatory is closed, The North Observatory will be open from 9:30-22:00) *Admission until 30 min. before closing The South Observatory: 1st and 3rd Tue (or the following weekday when it falls on a national holiday), The North Observatory: 2nd and 4th Mon (or the following weekday when it falls on a national holiday) *Both observatories close for New Year holidays (except Jan. 1) and building inspections. ¥ Free Volunteer guides (English, Chinese, Korean) *10:00-15:00, brochures (English) No reservation is required for visiting the observatory +81-3-5320-7890(Observatories Hotline, Hours:10:00-17:00) https://www.zaimu.metro.tokyo.lg.jp/tochousha/goannai/tenbou



TOKYO SKYTREE®



Tokyo Tower

Anime



❶ Suginami Animation Museum, Tokyo Polytechnic University

Model course 11

The Suginami Animation Museum is the first facility where visitors can enjoy, learn, experience and understand Japanese animation in a structured way. With hands-on sections to experience special effects of animation and voice recording, as well as special exhibitions that incorporate information about animation etc., there are lots of things for visitors to do that will help them to learn about animation in an enjoyable way.

3F, Tokyo Suginami Kaikan, 3-29-5 Kamiogi, Suginami-ku Nishiogikubo (JR)/Ogikubo (JR, Subway) 10:00-18:00 (Admission until 17:30) Mon (or the following weekday when it falls on a national/substitute holiday) ¥ Free Some exhibits (English, Traditional/Simplified Chinese), Audio guide (English, Traditional/Simplified Chinese, Korean, French) For groups, inquiries via the official website +81-3-3396-1510 https://www.sam.or.jp/english_home



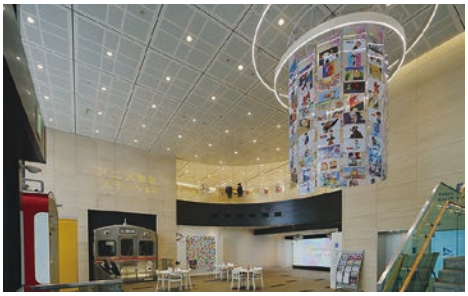
©Toshima City Tokiwaso Manga Museum

❷ Toshima City Tokiwaso Manga Museum

Model course 11

This museum recreates "Tokiwaso," the apartment where TEZUKA Osamu, renowned for manga works such as "Astro Boy," and many other masters of the Japanese manga world spent their younger days. It showcases recreated rooms where these artists lived, offering insights into their daily lives and the creative processes behind manga production.

Minami Nagasaki Hanasaki Park, 3-9-22, Minami-Nagasaki, Toshima-ku Ochiai-minami-nagasaki (Subway)/Higashi-Nagasaki, Shiinamachi (Seibu) 10:00-18:00 (Admission until 17:30) Mon (or the following weekday when it falls on a national/substitute holiday), New Year holidays, exhibition renewal period ¥ Admission fee required during special exhibition period Brochures (English, Chinese, Korean) Reservations recommended +81-3-6912-7706 https://www.tokiwasomm.jp/en/



❸ Anime Tokyo Station

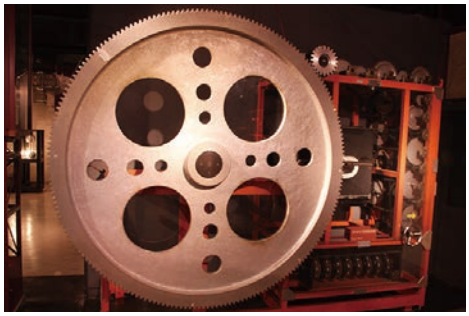
Model course 11

A hub dedicated to showcasing the appeal of anime. It houses an archive with over 50,000 anime-related materials and a permanent exhibition where you can learn about the anime production process. In addition, special exhibitions let you experience popular anime works firsthand, alongside events and workshops.

Tokyu Bldg. East No.5 B1F-2F, 2-25-5, Minami-Ikebukuro, Toshima-ku Ikebukuro (JR, Subway, Seibu) 11:00-19:00 (Admission until 18:45 / Special exhibition until 18:30) Mon (or the following weekday when it falls on a national holiday), New Year holidays, temporary closures ¥ Free Multilingual staff available on site For groups, inquiries via the official website https://www.animetokyo.jp/en/

Address Access Hours Closed ¥ Fees Foreign language assistance Reservations Telephone number Website

*Information is as of Aug. 2026. Check beforehand as situations may change.



❶ Science Museum

Model course 3

A hands-on facility where you can learn about science and technology in everyday life. Around 20 themed exhibition rooms cover topics such as cars, electricity, construction, medicine, and metals. The interactive exhibits—where you can look, touch, and operate—offer plenty of opportunities for discovery and ideas to think about the future.

2-1 Kitanomaru Park, Chiyoda-ku Takebashi, Kudanshita (Subway)
9:30–16:50 (Admission until 16:00) Irregular Wed, New year holidays(Dec. 28–Jan. 3) ¥ Adult ¥950 (¥710), Senior (age 65+) ¥850 (¥710), Junior high and high school students ¥600 (¥450), Child (age 4+) ¥500 (¥350) * ( ) indicates group rates for 20 or more people Brochures (English)
Reservations required for group visits by sending an application form via fax
+81-3-3212-8458
https://www.jsf.or.jp/en/

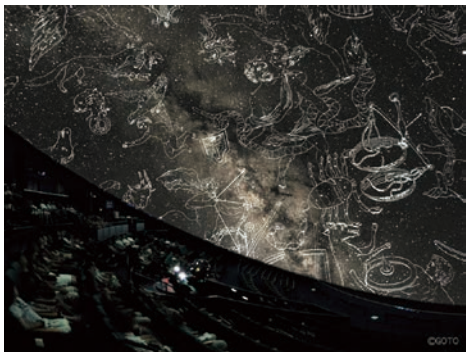


❹ Kawasaki Robostage

Model course 6

This is a space provided by Kawasaki Heavy Industries, based on the concept of realizing human-robot coexistence and collaboration, where visitors can learn about robots. Visitors can see, touch, and experience a variety of robots, including industrial robots and social robots.

1F Tradepia Odaiba, 2-3-1 Daiba, Minato-ku Odaiba-kaihinkoen (Yurikamome)/Tokyo Teleport (Rinkai Line) 13:00-18:00 (weekday), 10:00-18:00 (Sat, Sun, holidays) Tue (or the following business day when it falls on a national holiday), New Year holidays *Hours may vary due to exhibition updates or maintenance ¥ Free
Staff members who speak English, Chinese, or Korean available *Depending on the staff members on duty, the foreign language support available varies.
Reservations required for groups via the official website +81-3-6457-2800
https://kawasakirobotics.com/jp-sp/robostage/en/



❼ Tamarokuto Science Center

A hands-on museum where visitors can observe the starry sky in one of the world's largest planetarium domes, capable of projecting 140 million stars, and enjoy experiments and crafts.

5-10-64, Shibakubo-cho, Nishitokyo City Hana-Koganei (Seibu)
9:30-17:00 (Admission until 16:00) Mon (or the following day when it falls on a national/substitute holiday), the day after a holiday, New Year holidays, temporary closures ¥ Adult ¥520, 4 years old to High school student ¥210 *Extra charge for the planetarium and dome theater Worksheets available in exhibition rooms (English, Chinese, Korean), Stargazing commentary and video programs (English)
For educational use by schools, etc., contact the facility in advance
+81-42-469-6100 https://www.tamarokuto.or.jp/english/



❷ Space Travelium TeNQ

Model course 3

With space travel as its theme, this facility offers immersive VR experiences and interactive exhibits. In the free-roaming VR experience, you can view Earth from space, take in the vastness of the universe, explore the surface of the Moon, and even take commemorative photos. The exhibition area also offers plenty of opportunities to learn about space and the future of space travel.

6F Yellow Bldg., 1-3-61 Koraku, Bunkyo-ku Suidobashi (JR, Subway)
11:00–21:00 (from 10:00 on Sat, Sun, holidays) *Admission until 20:00
No fixed holiday ¥ Adult ¥2,500- (¥2,300-), Junior high and high school student ¥1,800 (¥1,500), Elementary school student ¥1,300 (¥1,000) *( ) indicates group rates for 15 or more people VR experience (English) Reservations available via the official website up to 2 days in advance Tokyo Dome City Waku-Waku Dial +81-3-5800-9999
https://www.tokyo-dome.co.jp/en/tenq/
*Children under 7 and those who meet any of the conditions specified in the VR Terms of Use cannot experience the VR content.
*If you plan to experience the VR content, please check the official website in advance.

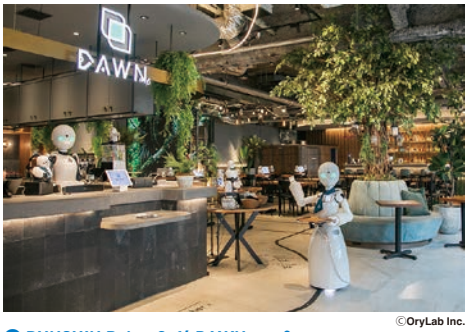


❺ Orbitarium

Model course 10

Opened in 2023, this facility allows visitors to learn about the issues of space debris and space sustainability. Visitors can explore the relationship between the earth and space, orbits, and artificial satellites. There is also an area where visitors can observe the development process in a clean room where satellite manufacturing and parts testing are conducted.

Hulic Kinshicho Collabo Tree 2F, 4-17-1, Kinshi, Sumida-ku Kinshicho (JR, Subway)
Wed 11:00-12:00, 15:00-16:00 Groups: Mon-Fri (inquiry required) ¥ ¥880- , Child under elementary school age: free Guide arrangement by the applicant recommended Reservation required, for groups of 15 or more, contact the facility through inquiries on the website https://www.orbitarium-astroscale.com/en/



©OryLab Inc.

❽ BUNSHIN Robot Café DAWN ver.β

Model course 4

This permanent experimental cafe enables people who have difficulty leaving their homes to work remotely by operating avatar robots that serve and interact with customers. You can experience service provided by robots called OriHime and OriHime-D. Through activities such as operating an OriHime robot and experiencing the Tele-Barista service, you can also learn how technology is being used in society. The cafe offers an opportunity to think about how technology can help create a future society and cities where people with diverse backgrounds and circumstances can live together. OryLab Inc., which operates the cafe, also offers educational programs for schools.

1F Nihonbashi Life Science Bldg. 3, 3-8-3 Nihonbashi-Honcho, Chuo-ku
Kodenmacho, Mitsukoshimae (Subway)/Shin-Nihonbashi, Kanda (JR) 11:00–19:00 (Private group bookings available upon request) *Hours may vary due to private bookings or other circumstances. No fixed holiday ¥ For group visits, ¥5,500- per person (Private bookings require an additional fee) Multilingual support available using in-store translation tools Reservations required via email or the official website
https://orihime.orylab.com/school-service.html



Source: National Museum of Emerging Science and Innovation (Miraikan)

❸ National Museum of Emerging Science and Innovation (Miraikan)

Model course 3

This national science museum offers visitors the opportunity to experience cutting-edge scientific technologies. In addition to permanent exhibits themed around robots, artificial intelligence, life sciences, Earth environment, and space, the museum features various special exhibitions and events that allow visitors to enjoy the scientific technologies shaping our future.
Closed for facility renovations through April 22, 2027.

2-3-6 Aomi, Koto-ku Telecom Center (Yurikamome) 10:00-17:00 *Admission tickets can be purchased until 30 min. before closing Please refer to the official website ¥ Adult ¥630, 18 years old and under ¥210 *Varying fees apply for special exhibitions Floor Guide (English,Simplified Chinese)
Reservation required for groups +81-3-3570-9151 (Inquiries), +81-3-3570-9188 (Group reservations) https://www.miraikan.jst.go.jp/en/



©Japan Aerospace Exploration Agency (JAXA)

❻ JAXA Chofu Aerospace Center

Model course 10

Engaged in advanced research and technological development in the fields of aviation and aerospace, this facility showcases experimental aircraft and wind tunnels that artificially create airflow.
It provides a space where research activities in aviation and aerospace are presented in an easy-to-understand way. Visitors can also experience simulated piloting of future spaceplanes.

7-44-1, Jindaiji-Higashimachi, Chofu City Mitaka (JR)/Kichijoji (JR, Keio)/Chofu (Keio) From each of these stations, take a bus to Mitaka City Hall (5 min walk) or Kokenmae (2 min walk) 10:00-17:00 Sun, Mon, national holidays, Dec. 29-Jan. 3, temporary closures ¥ Free Group tours available in English Reservation required for groups
https://global.jaxa.jp/about/centers/cac/



Orbitarium

Disaster prevention

*Information is as of Aug. 2026. Check beforehand as situations may change.



❶ Tokyo Rinkai Disaster Prevention Park Sona Area Tokyo

Model course 4

Armed with tablet PCs and placed in a simulated earthquake scenario centered on Tokyo, visitors learn how to survive the first 72 hours after a major earthquake. The facility also shows animated videos and holds workshops and events focusing on disaster preparedness.

3-8-35 Ariake, Koto-ku Kokusai-tenjijo (Rinkai Line)/Ariake (Yurikamome)
9:30-17:00 (Admission until 16:30) Please refer to the official website ¥Free
Guide arrangement recommended by the applicant For groups of 10 or more, reservation is required via the official website +81-3-3529-2180
https://www.tokyorinkai-koen.jp/en/



❷ Honjo Life Safety Learning Center, Tokyo Fire Department (Honjo Bosaikan)

At this disaster prevention facility, visitors gain knowledge and know-how in a fun way. Take unique tours of simulations including earthquakes, fires, and wind/rain, led by instructions. There are also areas where visitors can tour on their own.

4-6-6 Yokogawa, Sumida-ku Kinshicho (JR, Subway)/Oshiage<SKYTREE> (Subway, Keisei, TOBU SKYTREE Line) 9:00-17:00 (Admission until 16:45)
Wed, 3rd Thu(or the following weekday when it falls on a national holiday), New Year holidays ¥Free Brochures (English, Chinese, Korean)
To experience the activity, reservations are required via phone or the official website
+81-3-3621-0119 https://www.tfd.metro.tokyo.lg.jp/taiken/honjo/



❸ Ikebukuro Life Safety Learning Center, Tokyo Fire Department (Ikebukuro Bosaikan)

Model course 7

A tour of this facility gives visitors experience in dealing with disaster situations. Visitors go through an hour and 40 minutes of disaster preparedness training with an instructor. Every Friday evening, a special "Night Tour," assuming a scenario with a fire at night, is held.

4F Ikebukuro Fire Department, 2-37-8 Nishi-ikebukuro, Toshima-ku Ikebukuro (JR, Subway, Tobu, Seibu) 9:00-17:00 (until 21:00 on Fri) Please refer to the official website ¥Free Brochures (English, Chinese, Korean) The experience tour requires a reservation from the website or by phone. +81-3-3590-6565
https://www.tfd.metro.tokyo.lg.jp/taiken/ikebukuro/



❹ Tachikawa Life Safety Learning Center, Tokyo Fire Department (Tachikawa Bosaikan)

A disaster-prevention learning facility where visitors can gain practical skills useful in natural disasters. Through hands-on experiences such as earthquake simulations, fire extinguishing, and first aid, visitors can enjoy learning essential knowledge and skills to protect themselves. The earthquake simulation room was renovated in March 2026 and now offers updated experiences, including simulations of past earthquakes.

1156-1 Izumicho, Tachikawa City Takamatsu (Tama Monorail)/From JR Tachikawa Sta. North Exit, take a bus from Stop 1 and get off at Tachikawa Fire Station stop
9:00–17:00 Thu, 3rd Fri (or the following weekday when it falls on a national holiday), and Dec. 29–Jan. 3 ¥Free Brochures (English), guide arrangement for the activity recommended by the applicant To experience the activity, check by phone or on the official website +81-42-521-1119
https://www.tfd.metro.tokyo.lg.jp/taiken/tachikawa/



❺ Fire Museum

Learn about fire and disaster prevention through the history of firefighting at this museum. The wide range of exhibits includes historical documents and firefighting tools from the Edo period (1603–1867), as well as fire engines, protective clothing, and firefighting equipment dating from the Taisho period (1912–1926) to the present day.

3-10 Yotsuya, Shinjuku-ku Yotsuya-sanchome, Akebonobashi (Subway)/ Shinano-machi, Yotsuya (JR) 9:30-17:00 (Admission until 16:30) Mon (or the following weekday when it falls on a national/substitute holiday), Dec. 29-Jan. 3, Facility maintenance day ¥Free Brochures (English), Exhibits (English), Guide App (English, Traditional/Simplified Chinese, Korean, French, German, Spanish, Portuguese, Italian, Russian, Thai) For groups, reservations are required via phone +81-3-3353-9119
https://www.tfd.metro.tokyo.lg.jp/taiken/hkkan/



Source: Japan Meteorological Agency

❻ Meteorological Science Museum

Model course 7

This museum displays observation instruments for weather and earthquakes, systems where you can learn about the information on disaster prevention, and theaters where you learn about/feel the natural environment of Japan. Some of the exhibits and activities are available with English subtitles. There is a full-time commentator who is a certified weather forecaster, so you can ask any questions about weather and earthquakes.

2F Meteorological Agency Building, 3-6-9 Toranomon, Minato-ku
Toranomon Hills, Kamiyacho, Toranomon, Roppongi-itchome (Subway)
9:00-20:00 2nd Mon and Tue (Tue and Wed if Mon is a national holiday), New Year holidays(Dec. 29-Jan. 3), temporary closures *Please refer to the official website
¥Free Some exhibits have English explanations
+81-3-6758-3900 https://www.jma.go.jp/jma/kishou/intro/kagakukan.html

Address Access Hours Closed Fees Foreign language assistance Reservations Telephone number Website

Disaster Prevention Day

In Japan, September 1 is designated as "Disaster Prevention Day" each year. This day was established in response to the Great Kanto Earthquake, which struck Tokyo and surrounding areas on this date in 1923, causing extensive damage and resulting in over 105,000 deaths and missing persons. From this experience, it was felt essential for every citizen to understand the importance of disaster preparedness, leading to the creation of Disaster Prevention Day. Japan experiences not only earthquakes but also other natural disasters such as typhoons and torrential rains, making this a day to reflect on various disasters and to strengthen both awareness and readiness for emergencies.



*Information is as of Aug. 2026. Check beforehand as situations may change.



❶ The Hydrogen Information Center "Tokyo Hydrogen Museum"

Model course 3

Here, visitors learn about the future of hydrogen—an invisible substance—as well as how hydrogen will be utilized in our society—by both touch and direct experience. At this unique comprehensive learning center, everyone gets the opportunity to understand hydrogen.

1-3-2 Shiomi, Koto-ku Shiomi (JR) 9:00-17:00 (Admission until 16:30)
Please refer to the official website
¥ Free Exhibition Rooms with English Descriptions For groups, reservations are required via the official website +81-3-6666-6761
https://www.tokyo-suisomiru.jp/language/en/



❷ Tokyo Yumenoshima Tropical Greenhouse Dome

Model course 3

This facility comprises a giant domed greenhouse containing tropical and subtropical plants (including those from the Ogasawara Islands), a movie theater, a special exhibitions gallery, and an event hall. The adjacent Shin-koto Incineration Plant provides heat for the greenhouse.

2-1-2 Yumenoshima, Koto-ku Shin-kiba (Subway, JR, Rinkai Line)
9:30-17:00 (Admission until 16:00) Mon (or the following weekday when it falls on a national/substitute holiday), New Year holidays (Dec. 29-Jan. 3)
¥ Adult ¥250 (¥200), Junior high school student ¥100 (¥80) *( ) indicates group rates for 20 or more people Brochures (English, Chinese, Korean)
Reservation required for groups +81-3-3522-0281
https://www.yumenoshima.jp/en/botanicalhall



Image: Tokyo Metropolitan Government Bureau of Environment

❸ Tokyo Metropolitan Government Waste Landfill Site

This is where Tokyo's waste is sent for final disposal. It's an ideal place to consider the issue of waste disposal in large cities. Following a presentation that gives an overview of landfill facilities, it is possible for visitors who have their own vehicular transport to visit a landfill site, a large waste-crushing process facility, and a non-flammable waste-processing facility.

2-4-76 Umi-no-mori, Koto-ku From Tokyo Teleport Station (Rinkai Line) or Telecom Center Station (Yurikamome), take a route bus bound for Chuo Bohatei and get off at Kankyo-kyoku Chubo Godo Chosha-mae. 9:00-10:00, 13:10-14:10 *Start times for visits Please refer to the official website ¥ Free Brochures (English, Chinese) *Interpreter Required Reservations required via the official website
+81-3-3570-2230 https://www.tokyokankyo.jp/learn/umetate/



❹ JICA Global Plaza

Model course 4

The Plaza offers programs featuring interactive exhibits that teach visitors about the current living environment in developing countries, global issues, and international collaboration; as well as workshops and lectures by people who have worked on projects in developing countries.

10-5 Ichigaya Honmuracho, Shinjuku-ku (inside JICA Ichigaya Bldg.)
Ichigaya (JR, Subway) 10:00-18:00 (Experience Zone)
1st and 3rd Sun, New Year holidays (Dec. 29-Jan. 3) ¥ Free
English Guidance Available Reservations required for group visits. Reservations not required for individuals +81-3-3269-9090
https://www.jica.go.jp/english/index.html



❺ WATERS takeshiba

Model course 6

Located in the waterfront area nearby Hama-rikyu Gardens, this complex facility has various tenants, including Shiki Theatre, a special theatre for Shiki Theatre Company, a hotel, and a commercial facility, as well as a dock for the Water Bus. There is an artificial tidal flat, where efforts are currently being made for environmental regeneration of Tokyo Bay, which used to be called "Edomae," making it a great place to learn about the environment.

1-10-30 Kaigan, Minato-ku
Hamamatsucho (JR, Tokyo Monorail)/Daimon (Subway)/Takeshiba (Yurikamome)
Varies depending on the store No fixed holiday
https://www.waters-takeshiba.jp/en/



©SMALL WORLDS

❻ SMALL WORLDS

Model course 6

One of the biggest indoor miniature parks in Asia. There are various kinds of inquiry learning programs under the themes of SDGs, career education, STEAM education, international understanding, and cutting-edge technologies, offering a place for voluntary learning through experiences.

Ariake Butsuryu Center, 1-3-33 Ariake, Koto-ku
Ariake-tennis-no-mori (Yurikamome)/Kokusai-tenjijo (Rinkai Line)
9:00-20:00 (Special hours for visitors in educational groups)
Please refer to the official website ¥ 18 years old and older ¥3,200, 12-17 years old ¥2,100, 4-11 years old ¥1,700, 3 years old and younger: free
English (some programs unavailable; guide arrangement recommended by the applicant) Reservation required via the official website
https://www.smallworlds.jp/en/



Photo courtesy of Forestry and Forest Products Research Institute

❼ Tama Forest Science Garden

Model course 8

The Cherry Tree Preservation Forest and Arboretums are open to the public, while the Forest Science Museum features exhibits on forest research findings and specimens of plants and animals. Guided tours of the grounds are offered throughout the year. For the latest information on forest-related lectures, nature observation events, and special exhibitions, please visit the official website.

1833-81 Todori-machi, Hachioji City Takao (JR, Keio)
9:30-16:00 (Admission until 15:30) Mon (or the following day when it falls on a national/substitute holiday), New Year holidays(Dec. 26-Jan. 6)
¥ Adult ¥200, Child free / For April only: Adult ¥300, Child ¥100
Guide arrangement recommended by the applicant
+81-42-661-0200
https://www.ffpri.go.jp/tmk/en/



❽ Tokyo Sewerage Museum "Rainbow"

Model course 3

This hands-on facility allows visitors to learn about the role of Tokyo's sewerage system and the importance of the water environment. Using full-scale sewer pipes and other equipment, visitors can experience sewer maintenance work, such as cleaning and repairing equipment and operating machinery. Visitors can also observe how wastewater flows through transparent drainage pipes in the facility's exhibits.

Ariake Water Reclamation Center 5F, 2-3-5, Ariake, Koto-ku Odaiba-kaihinkoen (Yurikamome)/Kokusai-tenjijo (Rinkai Line) 9:30-16:30 (Admission until 16:00)
Mon (or the following day when it falls on a national/substitute holiday), New Year holidays *Open every day during the summer vacation, open on Sep. 10 and Oct. 1
¥ Free Brochures (English, Chinese, Korean) Reservation required for groups
+81-3-5564-2458
https://www.nijinogesuidoukan.jp/en/



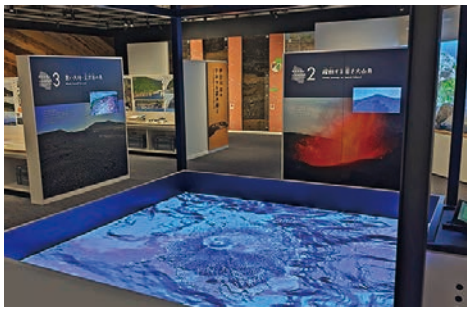
❾ JIDAIYA

Model course 6

JIDAIYA offers various cultural experience programs, such as rickshaw and kimono experience, in Asakusa. In the "SDGs with Furoshiki" program, you can learn how to use furoshiki (Japan's traditional wrapping cloth) for wrapping and other purposes, which allows you to practice the SDGs without any hassles while being exposed to traditional Japanese culture. You can also learn about the history of rickshaw, the ultimate ecological vehicle in alignment with the SDGs, and get a chance to actually drive a rickshaw as an occupational experience.

2-3-5 Kaminarimon, Taito-ku Asakusa (Subway, Tobu, Tsukuba Express)
10:00-17:00 (Services may be available by request outside business hours)
¥ Fees apply *Please refer to the official website for pricing) A full-time English instructor is available Reservations required via phone, email, or the official website
+81-3-3843-0890 https://jidaiya.biz/index-e.html

*Information is as of Aug. 2026. Check beforehand as situations may change.



❶ IZUOSHIMA MUSEUM - GEO NOUS –

Model course 5

Opened as the main facility of the Izu Oshima Geopark, this museum introduces the island's origins, geology, terrain, rich ecosystems, and a way of life shaped by living in harmony with nature. In the exciting Projection VR Theater, you can experience the dynamic landscapes created by volcanic eruptions. It's a museum full of discoveries where you can learn while enjoying the charm of Oshima.

617 Kandayashiki, Motomachi, Oshima-machi Get off at Izuoshima Museum Geonos-mae bus stop 9:30–16:30 (Admission until 16:00)
Wed (or the following weekday when it falls on a national/substitute holiday), Dec. 28–Jan. 1, temporary closures ¥ Permanent exhibition and film viewing included Adult ¥820 (¥620 for group), Elementary–High school student, senior (age 70+), and visitors with a disability certificate plus one companion ¥410 (¥310 for group)
Guide arrangement recommended by the applicant +81-4992-7-5300
https://izuoshima-geonous.org/



Furusato-taiken Hall

❷ Furusato-taiken Hall

Model course 5

This facility is a unique place where visitors can relax in a pastoral setting, primarily experiencing the natural environment and culture of Oshima. Specific workshops include camellia oil extraction, plant dyeing, and traditional local performing arts such as Gojinka Daiko drumming (for groups of two or more).

125-4 Aza Kitanoyama, Motomachi, Oshima-machi Get off at Furusato Taikenkan Iriguchi bus stop Open only when experience reservations have been made ¥ Paid
Guide arrangement recommended by the applicant
Reservations required via LINE by the day before for groups of two or more. Groups are advised to make reservations well in advance. *Please refer to the official website.
https://www.island-net.jp/taikenkan/
*Experiences are offered once in the morning (starting at 10:00 or 11:00) and once in the afternoon (starting at 13:30).
*Some experiences may not be available due to farming activities or product manufacturing schedules. Please inquire when making a reservation.



Odoriko no Sato Museum

❸ Odoriko no Sato Museum

The Odoriko no Sato Museum has two sections: the Former Minatoya Ryokan and the Former Jinnomaru Residence, both of which were built during the Meiji Period. Go through them slowly and deliberately as you take in the atmosphere of times past.

Former Minatoya Ryokan: 1 Habuminato, Oshima-machi Former Jinnomaru,Residence: 7 Habuminato, Oshima-machi Get off at Habuminato bus stop Former Minatoya Ryokan 9:00-16:00, Former Jinnomaru Residence 9:00-16:00 ¥ Free
Guide arrangement recommended by the applicant
+81-4992-2-1446(Tourism Section, Oshima Town)
https://www.town.oshima.tokyo.jp/soshiki/kankou/habu-harbor.html



❹ Oshima Native History and Traditional Crafts Museum

At this local museum, visitors learn about the formation, history, and people of Oshima. The museum houses some 600 pieces of folk materials including descriptions of the volcanoes of Oshima, "Oshima and the Sea," "Pottery and Stone Tools of the Jomon Period," "Women's Customs," and "Festivals of Oshima."

30-5 Aza Jino-oka, Motomachi, Oshima-machi
Get off at Kyodo Shiryokan Iriguchi bus stop 9:00-16:30
¥ Adult ¥200 (¥140) ,Elementary school student ¥100 (¥70) *( ) indicates group rates for 15 or more people *Prices may vary
Guide arrangement recommended by the applicant +81-4992-2-3870
https://www.town.oshima.tokyo.jp/soshiki/kyouiku/kyodo-shiryo.html



Palais La Mer (Oshima Seashell Museum)

❺ Palais La Mer (Oshima Seashell Museum)

This is an unusual museum in Japan. It houses not only shells from Izu and the Ogasawara Islands but also 50,000 beautiful shells in 4,000 different varieties from Japan and countries around the world, of which 10,000 shells from 2,400 species are on display. It also showcases many shell fossils, folk crafts incorporating shells, etc.
Currently closed for renovations. Scheduled to reopen in April 2027.

Aza Kuddachi, Sashikiji, Oshima-machi(inside Oshima-machi Labor Welfare Hall)
Get off at Kinrofukushi Kaikan-mae bus stop 9:00-17:00 Wed
¥ Adult ¥400, Junior high school and elementary school student ¥200 *Discounts for groups of 20 or more; prices may vary
Guide arrangement recommended by the applicant
+81-4992-4-0501 https://www.town.oshima.tokyo.jp/-palais/



Tokyo Islands Tourism Promotion Council : Examples of group lodging for educational travel and sports events

www.tokyo-islands.com/corp/

Address Access Hours Closed ¥ Fees Foreign language assistance Reservations Telephone number Website

Initiatives at Tokyo Metropolitan Oshima High School

Approximately 1,000 camellia trees representing around 380 varieties are maintained by students at Oshima High School. The garden offers a diverse collection of camellias and serves as an educational space where students learn about cultivation and gardening. The students also guide visitors around the garden.
In collaboration with local companies, the school develops products using oil extracted from camellias grown on its grounds. These activities are examples of the school's proactive efforts to engage with the local community.





©tcvb

*Information is as of Aug. 2026. Check beforehand as situations may change.



Source: Bank of Japan Website

❶ Bank of Japan Head Office

Model course 7

The Bank of Japan Head Office, erected in 1896, was the first modern national architecture (National Important Cultural Property) to be built by a Japanese architect. As part of a one-hour guided tour, visitors can also view the underground vault, which was used until 2004.

2-1-1 Nihonbashi Hongoku-cho, Chuo-ku
Mitsukoshimae (Subway)/Tokyo, Kanda (JR, Subway)
9:30-, 11:00-, 13:45- (Tue and Thu only), 15:15- Sat, Sun, national holidays, New Year holidays(Dec. 29-Jan. 4) *temporary closures ¥Free Inquire for English
Reservation required via the official website
+81-3-3277-2815(Hours: Mon to Fri 9:30-16:30)
https://www.boj.or.jp/en/about/services/kengaku.htm



❷ National Diet Building (Sangiin)

Model course 1

The Japanese Diet is held in this building. Here, Japan's only legislative body makes laws and determines fiscal budgets. Note how the building is symmetrical on both sides. On the left facing the front is the House of Representatives, while the right side is occupied by the House of Councilors (formerly the House of Lords).

1-7-1 Nagata-cho, Chiyoda-ku Nagatacho, Kokkai-gijidomae (Subway)
9:00-16:00(Visiting Hours) Sat, Sun, national holidays, New Year holidays
¥Free Brochures (English, Chinese, Korean, Russian, French, Spanish)
For groups, call in advance and submit the application form by fax
+81-3-5521-7445
https://www.sangiin.go.jp/eng/info/dbt/



❸ Tokyo Metropolitan Wholesale Market Toyosu Market

Model course 1

Toyosu Market comprises three blocks: block 7 with the seafood wholesaling building, block 6 with the seafood auctions building, and block 5 with the fruit and vegetable wholesaling building. The new market has been designed to ensure food safety, while implementing efficient logistics and first-rate environmental measures.

6-chome, Toyosu, Koto-ku (address varies depending on the block)
Shijo-mae (Yurikamome) Toyosu Market PR Corner 8:30-14:30 (until 11:30 on Sat), Visitor Walkway 5:00-17:00, Rooftop Green Plaza 5:00-23:00
Please refer to the official website ¥Free Brochures (English, Chinese, Korean)
Group visits by elementary and junior high schools require phone reservations (in other cases, visits are free and do not require a reservation) +81-3-3520-8205
https://www.english.metro.tokyo.lg.jp/w/016-101-003992



❹ Haneda Chronogate

Haneda Chronogate is one of the largest logistics terminals in Yamato Group, located close to Haneda Airport. This terminal integrates a speedy transportation network of land, sea, and air and value-added services.

11-1, Haneda Asahicho, Ota-ku Anamori-inari (Keikyu)/Tenkubashi (Keikyu, Tokyo Monorail) 10:00-11:30, 14:00-15:30 *Please refer to the official website
Mon (or the following day when it falls on a national/substitute holiday), New Year holidays, Mid-August (Obon) ¥Free Subtitled videos (English, Chinese), Self-guided booklets (English, Chinese) Reservation required; the maximum number of people per group is 10 +81-3-6756-7180
https://www.yamato-hd.co.jp/facilities/en/haneda-chronogate/



Source: Waseda University

❺ Waseda University

Model course 1

Waseda University is one of the leading educational institutions in Japan, renowned for the high quality of its teaching and research. Campus tours are available in which Waseda student guides explain historical episodes and student life; tour participants also have the chance to visit sites that are usually not open to the public, such as the Okuma Auditorium clock tower, etc.

1-104 Totsuka-cho, Shinjuku-ku Waseda (Subway) To check what time guided tours are held, please refer to the website or call the phone number below ¥Free
English Reservations required via the official website +81-3-5286-1276
https://www.waseda.jp/top/en/about/work/campus-tours



❻ Daiichi Sankyo Kusuri Museum

Here you can have fun learning about medicine through CG images and interactive games. As well as studying how medicines work and how they are developed, visitors can discover the history of Nihombashi, an area that has been synonymous with the medicine business since the Edo period.

3-5-1 Nihonbashi-honcho, Chuo-ku
Mitsukoshimae (Subway)/Shin-Nihombashi (JR) 10:00-17:30
Mon (or the following day when it falls on a national/substitute holiday), New Year holidays *Please refer to the official website ¥Free Audio support (English, Chinese) Open by reservation only
https://www.kusuri-museum.com/



©INTERMEDIATHEQUE

❼ INTERMEDIATHEQUE

Model course 10

Located in the "K I T T E," a commercial complex adjacent to Tokyo Station, which partially preserves and redevelops the old Tokyo Central Post Office building, this museum exhibits academic samples from the University of Tokyo. The museum exhibits samples and materials in a variety of fields, including archaeology, geology, and contemporary art. The space is characterized by its rich design, which stimulates intellectual curiosity.

KITTE 2F-3F, 2-7-2 Marunouchi, Chiyoda-ku Tokyo (JR, Subway)/Nijubashimae<Marunouchi> (Subway) 11:00-18:00, (until 20:00 on Fri-Sat)
Mon (or the following day when it falls on a national holiday), New Year holidays, temporary closures ¥Free Guide arrangement by the applicant recommended
+81-47-316-2772 https://www.intermediatheque.jp/en



teamLab, Floating Flower Garden: Flowers and I areof the Same Root, the Garden and I are One
© teamLab

❽ teamLab Planets TOKYO

Model course 10

An immersive art museum created through digital technology. Visitors can feel art with their whole body as they walk barefoot through a wealth of wondrous works that weave water and flowers into a fantastical space, renowned throughout Japan and the world.

teamLab Planets TOKYO, 6-1-16 Toyosu, Koto-ku Shintoyosu (Yurikamome)
8:00-22:00 No fixed holiday ¥Adult ¥3,800-, High school and junior high school students ¥2,800, Children (ages 4-12) ¥1,500, Free for children under 3, Disability discount ¥1,900- English, Traditional/Simplified Chinese, Korean, Thai
Tickets can be purchased from the official ticket site
https://teamlabplanets.dmm.com/en



❾ NHK Museum of Broadcasting

Model course 7

Opened in 1956 as the first broadcasting museum in the world, this museum has been serving as a place to learn about the history of broadcasting for its advances and developments over about 100 years. It features experiences as an announcer or weather forecaster in a studio as well as exhibitions under different themes, including dramas, music programs, and children's programs.

2-1-1 Atago, Minato-ku
Kamiyacho, Toranomon Hills, Toranomon, Onarimon (Subway) 9:30-16:30
Mon (except national holidays), New Year holidays *Please refer to the official website
¥Free Brochures (English) Reservation required by phone
+81-3-5400-6900 https://www.nhk.or.jp/museum/english/about.html

*Information is as of Aug. 2026. Check beforehand as situations may change.



⑩ NTT History Center of Technologies

Model course 7

Owned by the NTT group, one of Japan's biggest telecommunications company groups, this museum exhibits a huge number of historical assets of the group. With the display of rare old telephone machines and the history of portable phones across four floors, you can learn how the telecommunication technologies have advanced.

NTT Musashino R&D Center, 3-9-11 Midori-cho, Musashino City
Mitaka (JR)/Higashi-Fushimi (Seibu) Group Visits: Mon-Fri 10:00-17:00 (reservation required) Public Admission: Thu-Fri 13:00-17:00 (no reservation required; groups should contact in advance) National holiday *Please refer to the official website ¥ Free Floor guides (English, Chinese, Korean)
Reservations required via phone or the official website +81-422-59-3311
https://hct.rd.ntt/english/



⑪ Printing Museum, Tokyo

This museum showcases the history of printing—from its origins through the present day—all over the world. It also illustrates the value of print media as a communications media, the value of print media, and all of its possibilities.

Toppan Koishikawa Head Office Bldg., 1-3-3 Suido, Bunkyo-ku Edogawabashi (Subway)/Iidabashi (JR, Subway) 10:00-18:00 (Admission until 17:30) Mon (or the following day when it falls on a national/substitute holiday), New Year holidays, during the exhibition change period *Please refer to the official website ¥ Adult ¥500 (¥450), College student ¥200 (¥150), High school student ¥100 (¥50) *( ) indicates group rates for 20 or more people *Admission fees may change during special exhibitions; please refer to the official website English, Chinese, Korean Reservations required for groups via the official website +81-3-5840-2300
https://www.printing-museum.org/en/



©The National Museum of Western Art

⑫ The National Museum of Western Art

Model course 11

This is Japan's only national museum showcasing the art of the Western world. The Main Building, designed by architect Le Corbusier, was registered as a World Cultural Heritage Site in 2016. Visitors can enjoy the history and beauty of Western art.

7-7 Ueno-koen, Taito-ku Ueno (JR, Subway)/Keisei-Ueno (Keisei)
9:30-17:30 (until 20:00 on Fri and Sat) *Admission until 30 min. before closing
Mon (or the following weekday when it falls on a national/substitute holiday), New Year holidays ¥ Permanent Exhibition: Adult ¥500, College student ¥250 *Free for high school students and younger (under 18), seniors (65+), individuals with disabilities, and one accompanying person (ID required for verification), Special Exhibitions:Additional fees apply English, Chinese, Korean
Permanent Exhibitions: For groups, reservations are required via the official website
050-5541-8600(Hello Dial) https://www.nmwa.go.jp/en/



Source: National Museum of Nature and Science

⑬ National Museum of Nature and Science

Model course 1

This is Japan's only national comprehensive science museum and one of the country's leading science museums. It features two permanent exhibition galleries: the Japan Gallery and the Global Gallery. Each floor has a different exhibition theme, with displays including dinosaur fossils, taxidermy specimens, and the history of science and technology.

7-20 Ueno-koen, Taito-ku Ueno (JR, Subway)/Uguisudani (JR)/Keisei-ueno (Keisei) 9:00-17:00 (Admission until 16:30) Mon (or the following day when it falls on a national/substitute holiday), New Year holidays (Dec. 28-Jan. 1) *Please refer to the official website ¥ Adult ¥630, High school student, technical college student and younger, 65 years and older: free *Except for special exhibitions
Brochures (English, Chinese, Korean, Thai), Audio guide (English, Chinese, Korean)
For groups, reservations required via the official website
050-5541-8600 https://www.kahaku.go.jp/english/



⑭ Tokyo National Museum

Model course 9

Founded in 1872, this is the oldest museum in Japan, with six exhibition halls displaying antiques and archaeological artifacts from Japan and other Asian countries. The museum boasts an extensive collection of approximately 120,000 items, including around 90 National Treasures and 650 Important Cultural Properties.

13-9 Uenokoen, Taito-ku Ueno (JR, Subway)/Uguisudani (JR) 9:30-17:00 (until 20:00 on Fri and Sat) *Admission until 30 min. before closing Mon (or the next weekday when it falls on a national/substitute holiday), year-end, temporary closures and openings ¥ Adult ¥1,000, College student ¥500, High school student and younger: free *Extra charge for special exhibitions Brochures (English, Chinese, Korean, French, German, Spanish), App (English, Chinese, Korean) Reservation required for school programs (conducted in Japanese only) 050-5541-8600
https://www.tnm.jp/?lang=en



⑮ The Japanese Sword Museum

Model course 9

This museum preserves and displays Japanese swords from various periods and schools. It includes swords designated as National Treasures and Important Cultural Properties, allowing visitors to appreciate them not only as weapons but also as works of art. The museum also has a collection of equipment and armor related to swords.

1-12-9 Yokoami, Sumida-ku Ryogoku (JR, Subway) 9:30-17:00 (Admission until 16:30) Mon (or the following day when it falls on a national holiday), New Year holidays, exhibition renewal period ¥ Regular exhibitions: Adult ¥1,000 (¥700), College student/High school student/Technical college student ¥500, Junior high school student and younger: free *( ) indicates group rates for 20 or more people
Brochures (English), some exhibits have English explanations
For school groups, etc., contact the facility +81-3-6284-1000
https://www.touken.or.jp/english/



©Nihon Sumo Kyokai

⑯ Sumo Museum

Model course 1

This museum collects, preserves, and exhibits (3 times/year) materials related to sumo, from woodblock prints and banzuke sumo wrestler rankings to ceremonial aprons.

1F Ryogoku Kokugikan, 1-3-28 Yokoami, Sumida-ku Ryogoku (JR, Subway)
10:00-16:30 (Admission until 16:00) Sat, Sun, national holidays (open on certain days), temporary closures *Please refer to the official website
¥ Free *Sumo tickets are required during the Tokyo Grand Sumo Tournament
Guide arrangement recommended by the applicant +81-3-3622-0366
https://www.sumo.or.jp/EnSumoMuseum/



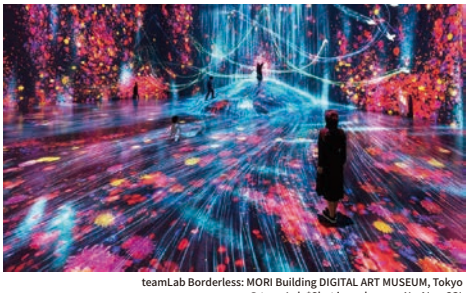
Photo / Tiaji Yamazaki

⑰ Takao 599 Museum

Model course 8

This is a museum where you can learn about the animals, plants, and the history of Mt. Takao as well as manners for mountain climbing. Various special exhibitions and experience-based events are offered on an irregular basis. The huge lawn space has a place where kids can play with water, offering a place of rest and relaxation for visitors.

2435-3 Takao-machi, Hachioji City Takaosanguchi (Keio)
Apr.-Nov. 8:00-17:00, Dec.-Mar. 8:00-16:00 *Admission until 30 min. before closing
Open 365 days *May be closed for maintenance ¥ Free *Some of the facilities apply fees A full-time English-speaking staff member is available. Brochures (English, Simplified/Traditional Chinese, Korean)
+81-42-665-6688 https://www.takao599museum.jp/?lang=en



teamLab Borderless: MORI Building DIGITAL ART MUSEUM, Tokyo
© teamLab *Shot in real space. No AI or CGI.

⑱ teamLab Borderless: MORI Building DIGITAL ART MUSEUM

Model course 4

Created by the art collective teamLab, this "museum without a map" features artworks that move beyond boundaries to form one continuous world. As you wander, explore, and discover, you can immerse yourself in this borderless world of art. One of the highlights is encountering new scenes and artworks with every step.

B1F Garden Plaza B, Azabudai Hills, 5-9 Toranomon, Minato-ku Kamiyacho, Roppongi-itchome (Subway) 8:30-21:00 *Admission until 20:00. Please refer to the official website No fixed holiday ¥ Adult from ¥3,400-, Junior high and high school student ¥2,800, Child (ages 4–12) ¥1,500, Ages 3 and under: free, Visitors with disabilities from ¥1,700- Admission guide video (English, Simplified Chinese, Korean)
Reservations required for groups via dedicated group application page: https://jtb-entertainment.net/tour/2024/group-teamlabborderless/
https://www.teamlab.art/e/tokyo/

Address Access Hours Closed ¥ Fees Foreign language assistance Reservations Telephone number Website

Model course 1

Discover the Heart of Japan

DAY1

11:30
① Kokyo Gaien National Gardens
A well-known spot for cherry blossom viewing



Source:Kokyo Gaien National Gardens Office

12:30
② National Diet Building (Sangiin)
Seat of the Japanese government



14:00
③ Watch a sumo match or visit the Sumo Museum
The raw power of this national sport



©Nihon Sumo Kyokai

Accommodation

DAY2

9:30
④ Tokyo Metropolitan Wholesale Market Toyosu Market
Wholesale market for Japanese food



12:00
⑤ School group activities in Shibuya
Birthplace of cutting-edge culture



17:00
⑥ Tokyo Tower
See Tokyo from the symbol of the city



Accommodation

DAY3

9:00
⑦ Waseda University
A historic university founded in 1882



Source:Waseda University

11:00
⑧ National Museum of Nature and Science
Japan's only national comprehensive science museum



Photo courtesy of National Museum of Nature and Science

12:30
⑨ Ganso Shokuhin Sample-ya Kappabashi Store
Food sample making experience



To the station/airport

Inquiry learning

Before your visit
As the nation's capital, Tokyo is the center of politics, economics, and much more. Here we take a look at the various-and-sundry facilities and interesting spots the city has, and what kinds of people and things these places bring in from around Japan.

On-site
Tours are available to give visitors an understanding of the role of the various institutions behind Japan's political and economic spheres through interview opportunities with key people. Note that visitors are expected to have some knowledge ahead of time.

Post-visit
Choose an industry or sector in the place you are living, and research its role both in Japan and overseas.

Key person supporting our lives in Tokyo

Ganso Shokuhin Sample-ya Kappabashi Store

Food samples originated from Japan's food culture and the skills of its artisans. Through this hands-on experience, we hope you will discover the joy and ingenuity of craftsmanship, as well as the delicate artistry unique to Japan. We hope you will take home both what you have learned and fond memories of your time in Tokyo.



Ganso Shokuhin Sample-ya Kappabashi Store Store Manager

Kaori Sato

Model course 2

Discover the Past and Present Through Traditional Culture

DAY1

① 11:30 Senso-ji Temple

Tokyo's oldest temple



©Sensoji Temple

② 14:00 Wanariya

Experience the tradition of indigo dyeing



③ 16:00 Edo-Tokyo Open Air Architectural Museum

A number of historically significant buildings with cultural value



Source:Edo-Tokyo Open Air Architectural Museum

Accommodation

DAY2

④ 10:00 TOKYO SKYTREE®

Broadcasting tower with a 360-degree view of Tokyo



©TOKYO-SKYTREETOWN

⑤ 12:00 Tokyo Metropolitan Edo-Tokyo Museum

Learn about the history of Edo and Tokyo



⑥ 17:00 Yakata-bune (excursion boats)

Experience the traditional Japanese culture



Accommodation

DAY3

⑦ 10:00 Meiji Jingu (Shinto Shrine)

A shrine surrounded by abundant greenery in the heart of the city



⑧ 11:00 School group activities in Harajuku and Omotesando

The birthplace of youth culture and center of sophisticated fashion





To the station/airport

Inquiry learning

☑ Before your visit

Research how people lived during the Edo period and explore the culture of the time. Think about the technologies and creative solutions they used to support their daily lives.

☑ On-site

Learn about the daily lives and ingenuity of people during the Edo period through hands-on indigo dyeing and visits to historic buildings and streets.

☑ Post-visit

Reflect on what you saw and experienced during your visit, and think about how the wisdom and ingenuity passed down from the Edo period are still applied in everyday life today.

☆ Key person supporting our lives in Tokyo

Tokyo Metropolitan Edo-Tokyo Museum

Throughout the history of Edo and Tokyo, many aspects of people's daily lives, culture, and wisdom have been passed down through generations. Through our exhibits, we hope you will gain insight into how people lived in the past and discover connections to life today. We invite you to explore Tokyo's history and gain new knowledge and perspectives along the way.



Tokyo Metropolitan Edo-Tokyo Museum

Haruka Maruyama

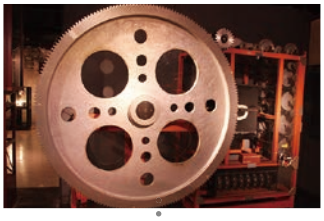
Model course 3

Think About the Future of the Earth

DAY1

1 11:00 Science Museum

Learn science through seeing and touching



2 13:00 Space Travelium TeNQ

Explore space and the future.





Accommodation

DAY2

3 10:00 National Museum of Emerging Science and Innovation (Miraikan)

A treasure-trove of knowledge
*Closed for renovations through April 22, 2027.



Source: National Museum of Emerging Science and Innovation (Miraikan)

4 12:00 School group activities in Odaiba

A variety of shopping, dining and leisure spots at the waterfront



5 15:00 The Hydrogen Information Center "Tokyo Hydrogen Museum"

Learn about the future of Tokyo from the perspective of an invisible substance: hydrogen

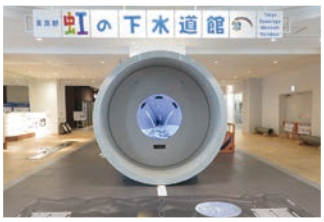


Accommodation

DAY3

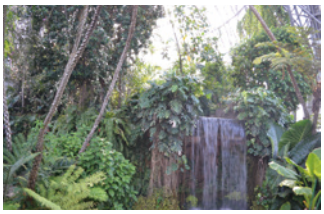
6 10:00 Tokyo Sewerage Museum "Rainbow"

Let's learn about the role of Tokyo's sewer system and the importance of the water environment.



7 14:00 Tokyo Yumenoshima Tropical Greenhouse Dome

Cultivating over 1,000 varieties of tropical plants
Take in the magnificent nature in the metropolis





To the station/airport

Inquiry learning

Before your visit
Research the different types of science and technology that support our daily lives. Also, think about technologies related to the environment and energy.

On-site
Through visits to various facilities, learn about science and technology in a wide range of fields, including space, energy, and the water environment. Think about how these technologies help us in our daily lives.

Post-visit
Reflect on what you have learned and summarize how science and technology contribute to society and the environment.

Key person supporting our lives in Tokyo

Science Museum

The science and technology that support our daily lives are the result of the ingenuity and challenges of many different people. Through our exhibits and hands-on experiences, we hope you will enjoy making new discoveries and take this opportunity to think about the future of society and your own potential.



Science Museum
Yu Kurai

Model course 4

Discover What Tokyo Shares with the World

DAY1

11:00
① MUFG STADIUM (Japan National Stadium)
Experience the legacy of the city's international conventions, witnessed by people around the world



©JNSE

13:00
② Japan Olympic Museum
Learn about the historic event from various perspectives



©JOC

15:00
③ BUNSHIN Robot Café DAWN ver.β
A cafe where you can learn about living together with technology



©OryLab Inc.

Accommodation

DAY2

10:00
④ JICA Global Plaza
Learn about global issues and experience connections with developing countries



15:10
⑤ Senso-ji Temple
Tokyo's oldest temple



©Sensoji Temple

16:30
⑥ TOKYO SKYTREE®
Broadcasting tower with a 360-degree view of Tokyo



©TOKYO-SKYTREETOWN

Accommodation

DAY3

10:00
⑦ Tokyo Rinkai Disaster Prevention Park Sona Area Tokyo
Learning about how to survive well after an earthquake





*Disaster Prevention Experience Zone

14:00
⑧ teamLab Borderless: MORI Building DIGITAL ART MUSEUM
An art museum where you can explore a world without boundaries



teamLab Borderless: MORI Building DIGITAL ART MUSEUM, Tokyo © teamLab *Shot in real space. No AI or CGI.

To the station/airport

Inquiry learning

☑ Before your visit
Ahead of the Olympic and Paralympic Games Tokyo 2020, the city's capacity to accept tourists, as well as tourism resources, were developed. Consider what changes and impact Tokyo 2020 has had on the townscape and the people.

☑ On-site
Let's ponder the legacy of Tokyo for the future. There are numerous things we can learn that are entirely unique to the city of Tokyo, particularly the specific steps the city took to build its capacity to accept visitors from around the world. These include touring sports facilities, learning about initiatives pertaining to barrier-free facilities, as well as safety and reliability.

☑ Post-visit
Find out what your home area has to offer the world, and also consider what kinds of initiatives are needed to pass it on to future generations.

Key person supporting our lives in Tokyo

Tokyo Rinkai Disaster Prevention Park Sona Area Tokyo

At the disaster prevention simulation area, take a moment to imagine the place you live in the wake of an earthquake. We also hope that this experience will help you to consider what steps you would need to take to survive such a disaster.



Tokyo Rinkai Disaster Prevention Park Management Center Director
Ryusuke Hasebe

Model course 5

Protecting Tokyo's Natural Environment

DAY1

1 14:15 Takeshiba Passenger Ship Terminal



2 16:00 Great section of tephra layers

Distinct for its striped pattern formed by hundreds of eruptions



3 17:00 Furusato-taiken Hall

Experience island life



Furusato-taiken Hall

Accommodation

DAY2

4 9:00 Mt. Mihara

The mountain is a symbol of Oshima



©TCVB

5 13:00 School exchange



6 15:00 Oshima camellia flower petal dyeing

Learn all about camellia blossoms, the symbol of Oshima



Accommodation

DAY3

7 10:00 IZUOSHIMA MUSEUM - GEO NOUS -

Learn while enjoying the charms of Izu Oshima





8 17:15 Takeshiba Passenger Ship Terminal



To the station/airport

Inquiry learning

Before your visit

Research the traditions preserved in your local area and the things your town is proud of. Prepare materials so you can compare them with what you see and learn during your visit.

On-site

Learn about Oshima's traditions, culture, natural environment, and unique local characteristics.
Through visits and hands-on experiences, discover what makes Oshima special and learn about the efforts of local people. Look for similarities and differences between Oshima and your own community.

Post-visit

Through pre-excursion studies and learning on-site, consider the charm of your local area and what you'd like to preserve about it. Also consider why you would like to preserve the things you note and how you would do so.

Key person supporting our lives in Tokyo

IZUOSHIMA MUSEUM - GEO NOUS -

One of Izu Oshima's greatest attractions is its rich natural environment, shaped by volcanic activity, and the way of life that has developed alongside it. Through your visit to our museum, we hope you will gain a deeper appreciation of the power and gifts of nature and take this opportunity to reflect on the wisdom of living in harmony with nature.



IZUOSHIMA MUSEUM - GEO NOUS -

Yosuke Ikeda

Model course 6

Focus on initiatives for diversity and the environment

DAY1

1 11:10 WATERS takeshiba

Tokyo's new waterfront. Study efforts to revive the Takeshiba Tidelands ecology



2 14:00 SMALL WORLDS

One of the largest "Edutainment" miniature parks in Asia



©SMALL WORLDS

3 16:30 Odaiba Marine Park

Beautiful sunset at a park surrounding a cove



Accommodation

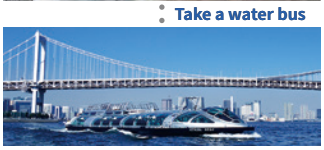
DAY2

4 10:30 Kawasaki Robostage

Contemplate the coexistence of humans with robots at this cutting-edge robot showroom



Take a water bus



TOKYO CRUISE SHIP CO., LTD

5 13:30 JIDAIYA

Get to know "furoshiki," often called "the ultimate eco bag"



6 15:00 School group activities in Asakusa

Tokyo's cultural hub where tradition and vitality merge



Accommodation

DAY3

7 11:00 Some-no-sato OCHIAI (Futaba-en)

Try dyeing techniques from craftsmen at this centuries-old institution in Ochiai, Shinjuku





14:00 Tokyo Station



To the station/airport

Inquiry learning

☑ Before your visit
What are SDGs and what kinds of initiatives are being taken to achieve them in Japan and around the world? Find out here.

☑ On-site
Visit places to learn about long-existing traditional techniques as well as cutting-edge technologies of today, and think about how these relate to support for SDGs.

☑ Post-visit
Using what we learned in the preliminary and on-site activities, we think about and discuss how all of us can contribute to SDGs initiatives.

Key person supporting our lives in Tokyo

JIDAIYA

Traditional Japanese values that are rooted in reverence for nature, restoration, and reuse are celebrated at Jidaiya in many ways, from workshops with the symbol of "reuse," furoshiki, to the ultimate eco-friendly mobility, rickshaws. By raising awareness of Japanese culture, we hope to help promote SDGs (Sustainable Development Goals).



Japan Culture Expert, Jidaiya Inc.
Aozora Seto

Model course 7

Learn ways to ensure safe, secure lives for all

DAY1

12:30
① NTT History Center of Technologies

Learn about the history and technology of telecommunications, necessities of modern life



15:30
② SUNSHINE60 OBSERVATORY TENBOU-PARK

A panoramic view of Tokyo from the 60th floor observation deck



16:00
③ School group activities in Ikebukuro

Treasure house of subculture and fine arts



Accommodation

DAY2

9:30
④ Ikebukuro Life Safety Learning Center

Learn about disaster prevention on this tour





15:00
⑤ Bank of Japan Head Office

Learn about the role and operations of Japan's central bank



Source:Bank of Japan Website

Accommodation

DAY3

10:00
⑥ Meteorological Science Museum

Learn about weather, earthquakes, and disaster prevention



Source: Japan Meteorological Agency

11:45
⑦ NHK Museum of Broadcasting

Learn about the history and development of broadcasting



15:00
Tokyo Station



To the station/airport

Inquiry learning

☑ Before your visit
Let's think about what it takes to protect people's lives and allow everyone to lead fulfilling lifestyles.

☑ On-site
Study natural disasters including earthquakes, and learn the best ways to act and think during such crises. Also, learn the history of telecommunications and other essential infrastructure.

☑ Post-visit
Parts of our daily lives we often take for granted should be reconsidered as we think about the work needed to ensure safe and secure lives for all.

Key person supporting our lives in Tokyo

Meteorological Science Museum

At the Meteorological Science Museum, learn the basics of weather and earthquakes, and gain insights on disaster prevention. Learn a lot in a fun way by also asking questions to guides who are certified meteorologists!



Director, Meteorological Science Museum
Harerun

Model course 8

Enjoy the contrast between the lushly green Tama area and the city center

DAY1

11:00
1 Tokyo Metropolitan Government Building Observatories

Panoramic views of Tokyo from the observation deck of the Tokyo Metropolitan Government Building, a Tokyo landmark



14:00
2 Showa Kinen Park

Enjoy seasonal flowers and events





Accommodation

DAY2

9:00
3 TAKAO 599 MUSEUM

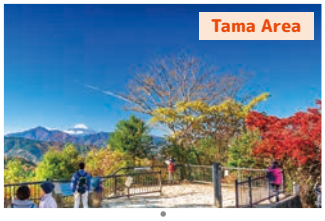
Learn about the flora, fauna and history of Mt. Takao



Photo / Tiaji Yamazaki

10:10
4 Mt. Takao

A famous hiking spot close to the city center



14:50
5 Tama Forest Science Garden

Learn about forests and the timber industry



Photo courtesy of Forestry and Forest Products Research Institute

Accommodation

DAY3

10:00
6 School group activities in Harajuku and Omotesando

Let's look for spots full of greenery even in the city center



14:00
7 Hama-rikyu Gardens

An enchanting contrast of an Edo era nobleman's garden against a backdrop of skyscrapers



Photo courtesy of Tokyo Metropolitan Park Association

15:30
Tokyo Station



To the station/airport

Inquiry learning

☑ Before your visit
Where is the Tama area located in Tokyo? What are its special features? Let's find out together.

☑ On-site
In addition to seeing abundant nature, visit facilities to study natural and environmental sciences and differences between the city and the natural environment.

☑ Post-visit
Japan has many places of rich natural beauty, so let's consider and discuss what efforts are needed to continue to protect this wealth of natural wonders.

Key person supporting our lives in Tokyo

TAKAO 599 MUSEUM

Unique videos and exhibits show features of Mt. Takao rarely found anywhere in the world, from its diverse ecosystem, to history and culture. I hope everyone enjoys this chance to discover new and surprising things.



TAKAO 599 MUSEUM
Curator,
Deputy Director
Shinya Komota

Model course 9

Learning about Edo Life and Culture

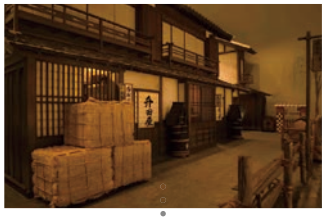
DAY1

11:00

1 Koto City Fukagawa Edo Museum

See what daily life was like in the Edo period.





14:00

2 The Japanese Sword Museum

Learn why Japanese swords are also considered works of art.



Accommodation

DAY2

9:30

3 Rikugien Gardens

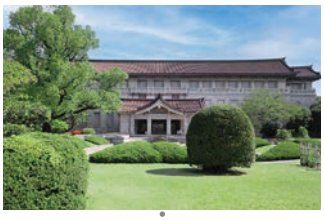
A beautiful traditional garden where nature and culture come together.



13:00

4 Tokyo National Museum

Discover the history of Japan and Asia through famous cultural treasures.



15:00

5 School group activities in Ueno Toshogu Shrine & Kaneiji Temple

Explore the temples, shrines, and spiritual history of the Tokugawa shoguns.



Accommodation

DAY3

10:00

6 Zojoji Temple

A temple with over 600 years of history, associated with the Tokugawa family and home to the graves of six Tokugawa shoguns.



14:00

7 School group activities in Ningyocho

Walk through a traditional area full of old-fashioned charm and merchant culture.



17:00

Tokyo Station



To the station/airport

Inquiry learning

☑ Before your visit
Learn about how people lived during the Edo period, and explore the culture and technologies that supported their daily lives.

☑ On-site
Visit facilities, gardens, and historical buildings that preserve Edo's culture, and learn about the lifestyle and cultural practices of the time. Through historical materials and cultural assets, experience the value of Japanese traditions and technologies.

☑ Post-visit
Compare Edo-period life and culture with the present day, and consider how the wisdom and values passed down from that era can be preserved for the future.

Key person supporting our lives in Tokyo

Zojoji Temple

Founded in 1393, Zojoji is the head temple of the Jodo sect of Japanese Buddhism. Zojoji established a close connection with Tokugawa Ieyasu, the founder of the Tokugawa shogunate, and later became the family temple of the Tokugawa shoguns. With more than 600 years of history, this temple continues to serve as a center for religion and culture, a familiar and welcome presence to people of today.



Zojoji Temple
Visitor Section
Youhei Taima

Model course 10

Experience Ever-Changing Tokyo

DAY1

11:30

1 SKY BUS TOKYO

Take a tour of the city
on an open-top double-decker bus.



15:00

2 Orbitarium

Learn about sustainability in space.





Accommodation

DAY2

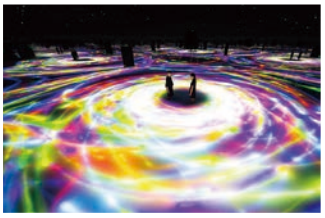
10:00

3 teamLab Planets TOKYO

An immersive art museum where you use
your whole body to experience the artwork.



teamLab, Floating Flower Garden:Flowers and I are TOKYO of the Same Root, the Garden and I are One © teamLab



teamLab, Drawing on the Water Surface Createdby the Dance of Koi and People - Infinity © teamLab

15:00

4 JAXA Chofu Aerospace Center

A research and testing base for aviation
and space technology.



©Japan Aerospace Exploration Agency (JAXA)

Accommodation

DAY3

13:00

5 livedoor URBAN SPORTS PARK (Ariake Urban Sports Park)

Try urban sports that became popular during
the Tokyo 2020 Games.



15:30

6 INTERMEDIATHEQUE

See academic collections and learn about
cutting-edge research.



©INTERMEDIATHEQUE

17:30

Tokyo Station



To the station/airport

Inquiry learning

☑ Before your visit
Investigate how Tokyo has developed over time, the challenges faced by modern cities, and ideas for future urban planning.

☑ On-site
Experience cutting-edge tourist facilities, art, and science and technology sites.
Learn about the city's appeal, its development background, and the technologies and ideas supporting future society.

☑ Post-visit
Based on your on-site experiences, think about how Tokyo and your own community could evolve in the future, and organize your ideas and opinions.

Key person supporting our lives in Tokyo

JAXA Chofu Aerospace Center

This center is dedicated to aeronautical research, showcasing everything from the principles of aircraft to future technologies. Visitors can see experimental aircraft and outdoor exhibits, making it enjoyable for all generations, from children to seniors. We look forward to your visit.



JAXA Chofu Aerospace Center Aeronautics Department, Project Promotion Division

Rie Arase

Model course 11

Learning Anime and the Arts

DAY1

11:00
1 State Guest House Akasaka Palace
Feel the history and diplomacy of Japan at this grand palace.





Source: Cabinet Office the State Guest House website

14:00
2 The National Museum of Western Art
Enjoy the history and beauty of Western art.



©The National Museum of Western Art

Accommodation

DAY2

10:00
3 Kiriko Cut Glass Studio Ojima
Try making Edo Kiriko, a traditional and delicate glass-cutting craft.



13:00
4 School group activities in Asakusa
Explore a cultural hub where tradition and vibrancy come together.



15:30
5 Anime Tokyo Station
Learn about the cultural and artistic value of anime.



Accommodation

DAY3

10:00
6 Toshima City Tokiwaso Manga Museum
Discover the history of manga and how it is created.



©Toshima City Tokiwaso Manga Museum

14:00
7 Suginami Animation Museum, Tokyo Polytechnic University
Learn about the history and production of Japanese animation.



17:00
Tokyo Station



To the station/airport

Inquiry learning

Before your visit
Explore how anime, manga, visual arts, and traditional crafts were created and developed, and examine their impact on society and people.

On-site
Engage with the history of anime and manga, artworks in museums, and the techniques of traditional crafts. Learn experientially about their charms and the diversity of expression.

Post-visit
Reflect on the cultural and artistic experiences you observed and touched, and express your impressions or newfound interests.

Key person supporting our lives in Tokyo

Suginami Animation Museum, Tokyo Polytechnic University

This is a place to learn about the history and production of anime through exhibits and workshops. Opened in Suginami City, the facility celebrated its 20th anniversary in 2025. We aim to continue sharing the joy of anime while nurturing the next generation of creators.

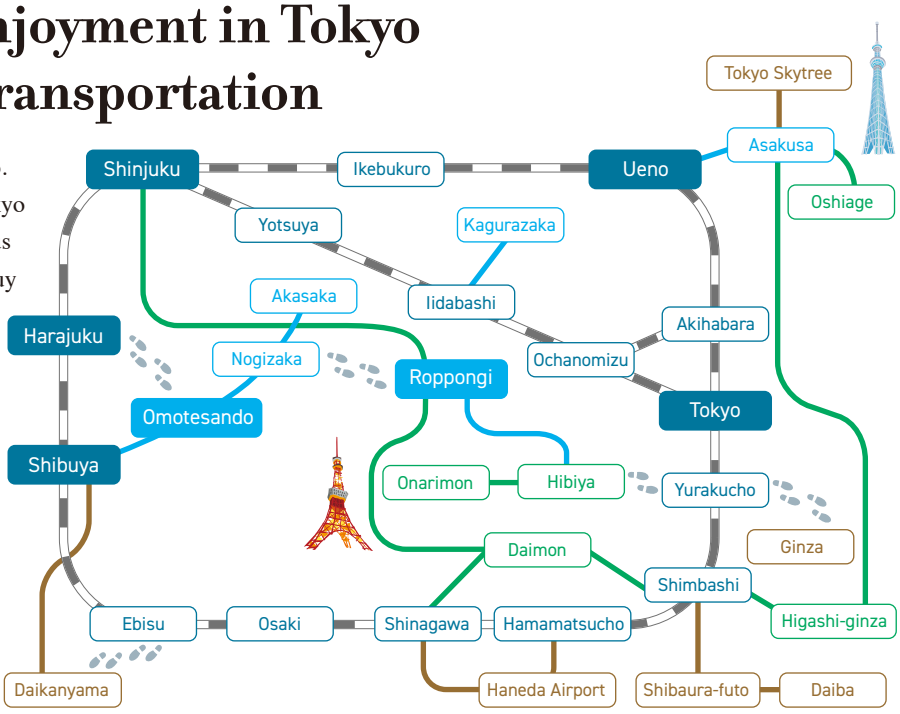


Suginami Animation Museum, Tokyo Polytechnic University Producer

Teru Fujita

Maximize Your Enjoyment in Tokyo by Using Public Transportation

Trains are the best way to get around Tokyo. Besides major lines such as the JR line, Tokyo Metro, and Toei Subway, there are numerous privately run lines as well. Here's how to buy tickets and take the trains.



Legend

- JR Line
- Tokyo Metro
- Toei Subway
- Other lines
- On foot

Types of Tickets

Smart Cards (Pasmo and Suica)

These smart cards are valid on almost all trains and buses in Tokyo. These can be purchased at ticket vending machines at stations and charged in denominations of 1,000 to 5,000 yen, and 10,000 yen. There is a 500-yen deposit charge for these smart cards. When the money on the smart cards runs out, they can be recharged at a ticket vending machine. There are two types of smart card, Pasmo and Suica, sold by different companies, but they both can be used in the same way and throughout the Tokyo area.



Pasmo



Suica

Train Tickets

Regular train tickets can be purchased at ticket vending machines in the station. Check the fare table to find the cost of a ticket from your current station to the destination station.

Taking the Train

Using a Smart Card



・As you enter the train platform area, hold the smart card flat over the card reader at the ticket gate.

・After you get off the train and as you leave the train platform area, once again hold the smart card flat over the card reader at the ticket gate. A certain amount of money will be deducted from the smart card depending on how far you traveled. The amount of money left on the smart card is shown on the display at the ticket gate.

Using a Ticket

・As you enter the train platform area, place your ticket in the ticket slot at the ticket gate. It will come out the other side of the ticket gate so don't forget to take it out. Be careful not to lose your ticket, because you need it to get out of the station you're arriving at.

・After you get off the train and as you leave the train platform area, once again place your ticket in the ticket slot at the ticket gate. Your ticket will automatically be collected so simply exit the ticket gate without your ticket. If you are going to transfer to another train or subway line, your ticket will come out the other side of the ticket gate, so be sure to take it with you.

Check these websites for specially priced train tickets.

JR	https://www.jreast.co.jp/multi/en/index.html
Tokyo Metro	https://www.tokyometro.jp/en/ticket/
Toei Subway	https://www.kotsu.metro.tokyo.jp/eng/tickets/

Basic Information about Tokyo

As Japan experiences earthquakes, typhoons and other natural disasters from time to time, the Tokyo Metropolitan Government strives to share various kinds of information not only in times of crisis, but also in ordinary times so that people can prepare for such situations on a daily basis and be ready to respond appropriately in emergencies. All the latest disaster prevention information is available in 14 languages on the Tokyo Metropolitan Disaster Prevention website. Also, the official Tokyo disaster prevention app (in Japanese, English, Traditional Chinese, Simplified Chinese, and Korean) is a fun way to access a wealth of helpful information for emergencies and basic knowledge about disaster prevention.

■ Tokyo Metropolitan Disaster Prevention website
https://www.bousai.metro.tokyo.lg.jp/

■ Tokyo Metropolitan Disaster Prevention app:
Android https://play.google.com/store/apps/details?id=jp.tokyo.metro.tokyotobousaiapp&pli=1
iOS https://apps.apple.com/jp/app/id1290558619?l=jp

■ Average Temperature and Precipitation

	Celsius (°C)	Fahrenheit (°F)	Precipitation (mm)
January	6.1	43	52.3
February	6.5	43.7	56.1
March	9.4	48.9	117.5
April	14.6	58.3	124.5
May	18.9	66	137.8
June	22.1	71.8	167.7
July	25.8	78.4	153.5
August	27.4	81.3	168.2
September	23.8	74.8	209.9
October	18.5	65.3	197.8
November	13.3	55.9	92.5
December	8.7	47.7	51.0

■ Travel Times to Tokyo

	City	Flight time
Asia	Taipei	3 hr 30 min
	Singapore	7 hr
	Seoul	2 hr 30 min
	Hong Kong	4 hr 30 min
	Beijing	4 hr
	Bangkok	6 hr 30 min
	Kuala Lumpur	7 hr
North America	Chicago	11 hr 30 min
	New York	12 hr 30 min
	San Francisco	9 hr
	Vancouver	8 hr 30 min
Europe	London	12 hr 30 min
	Paris	12 hr 30 min
Oceania	Sydney	10 hr
	Auckland	11 hr

Note: Approximate time it takes from airport to airport

General Health and Safety



Drinking Water

In Tokyo, it's perfectly safe to drink tap water. Bottled mineral water is also easily available from automatic vending machines, convenience stores, and other places around the city.

Japan Visitor Hotline

The Japan National Tourism Organization (JNTO) operates a visitor hotline 24 hours a day, 365 days a year. Call for tourist information or assistance in the event of an accident and emergency. Support is available in English, Chinese, Korean and Japanese.

Phone Number 050-3816-2787
From Overseas +81-50-3816-2787



Emergency Numbers

Police: Dial 110

Ambulance: Dial 119

Related Websites

Tokyo School Trips
https://tokyoschooltrips.com/en/

JAPAN Educational Travel - Japan National Tourism Organization
https://education.jnto.go.jp/en/

GO TOKYO
The Official Travel Guide
https://www.gotokyo.org/en/index.html

TokyoTokyo
https://tokyotokyo.jp/

DESTINATION TOKYO TAMA
https://global.tama.metro.tokyo.lg.jp/

TOKYO Travel Guide
https://www.gotokyo.org/book/en/list/1116/

DESTINATION TOKYO ISLANDS
https://global.shima.metro.tokyo.lg.jp/

TOKYO Brochures
https://www.gotokyo.org/book/en/

Tourist Information Centers
https://x.gd/HtdOH

Tokyo Tourist Information Center - Online Tourist Guide
https://x.gd/rpZob

Tokyo Sightseeing Accessibility Guide
https://x.gd/PKAM9

Tokyo Metropolitan Government Disaster Prevention Information
https://www.bousai.metro.tokyo.lg.jp/

Tokyo Medical Institution and Pharmacy Information Service
https://x.gd/aRbtj

Official Tourism Guide for Japan Travel - Japan National Tourism Organization
https://www.japan.travel/en/

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TCVB 公益財団法人 東京観光財団
Tokyo Convention & Visitors Bureau

https://www.tcvb.or.jp/en/
schooltrip@tcvb.or.jp

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