



TOKYO ACCESSIBLE RESTAURANT

東京都飲食店
バリアフリーガイド



About the Icons

80cm

Entrance width 80 cm
or more



Entrance paths are flat or have steps of not more than 2 cm in height



Chairs can be moved



Interior is wheelchair accessible



The space under the table is about 65 cm high, 70 cm wide, and 45 cm deep



Available at the
table-check



Wheelchair accessible restroom or ostomate friendly restroom is available (including other floors in the building)



Photos are on the menu

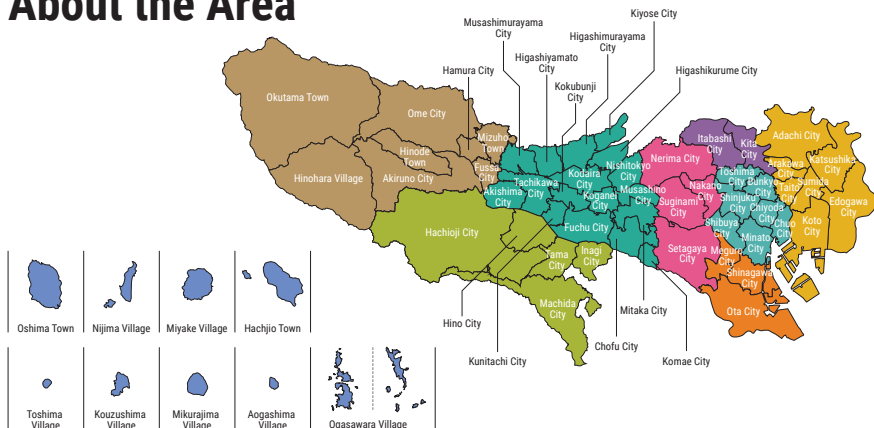


English and other foreign
language menus are available



Braille menu is available

About the Area



Metropolitan Center Area

16

Joto Area

28

Jonan Area

42

Josai Area

52

Johoku Area

60

Northern Tama Area

76

Southern Tama Area

86

Western Tama Area

94

Island Area

102

Meals



Allergy-friendly

Allergies can be accommodated upon request in advance



Vegetarian-friendly

Vegetarian or vegan options are available upon request in advance



Halal-friendly

Halal options are available upon request in advance



Communication in writing

Communication in writing is possible



Sign language

Staff members can use sign language

Metropolitan Center Area

Chiyoda City, Chuo City, Minato City, Shinjuku City, Bunkyo City, Shibuya City, Toshima City

Joto Area

Taito City, Sumida City, Koto City, Arakawa City, Adachi City, Katsushika City, Edogawa City

Jonan Area

Shinagawa City, Meguro City, Ota City

Josai Area

Setagaya City, Nakano City, Suginami City, Nerima City

Johoku Area

Kita City, Itabashi City

Northern Tama Area

Tachikawa City, Musashino City, Mitaka City, Fuchu City, Akishima City, Chofu City, Koganei City, Kodaira City, Higashimurayama City, Kokubunji City, Kunitachi City, Komae City, Higashiyamato City, Kiyose City, Higashikurume City, Musashimurayama City, Nishitokyo City

Southern Tama Area

Hachioji City, Machida City, Hino City, Tama City, Inagi City

Western Tama Area

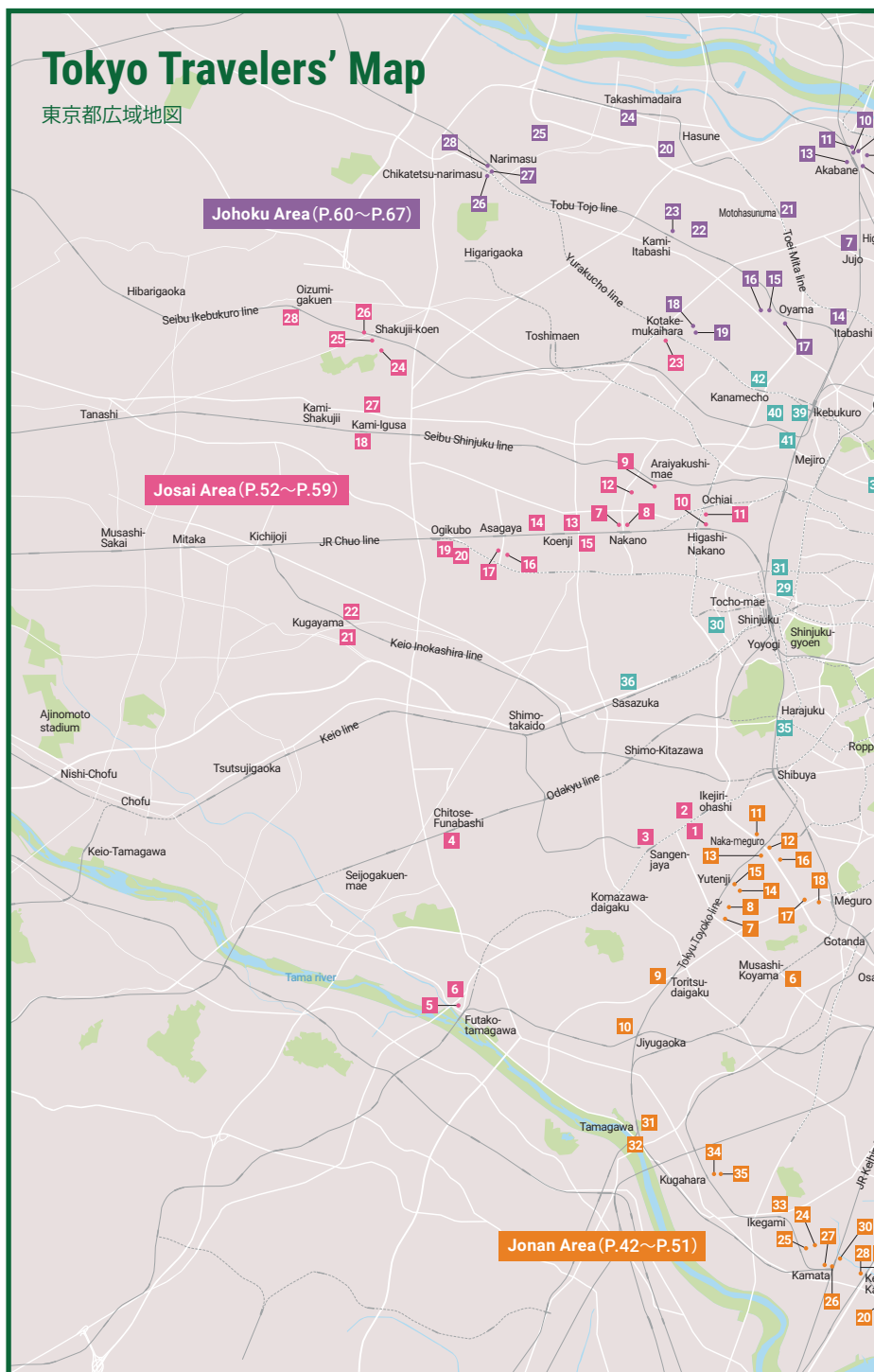
Ome City, Fussa City, Hamura City, Akiruno City, Mizuho Town, Hinode Town, Hinohara Village, Okutama Town

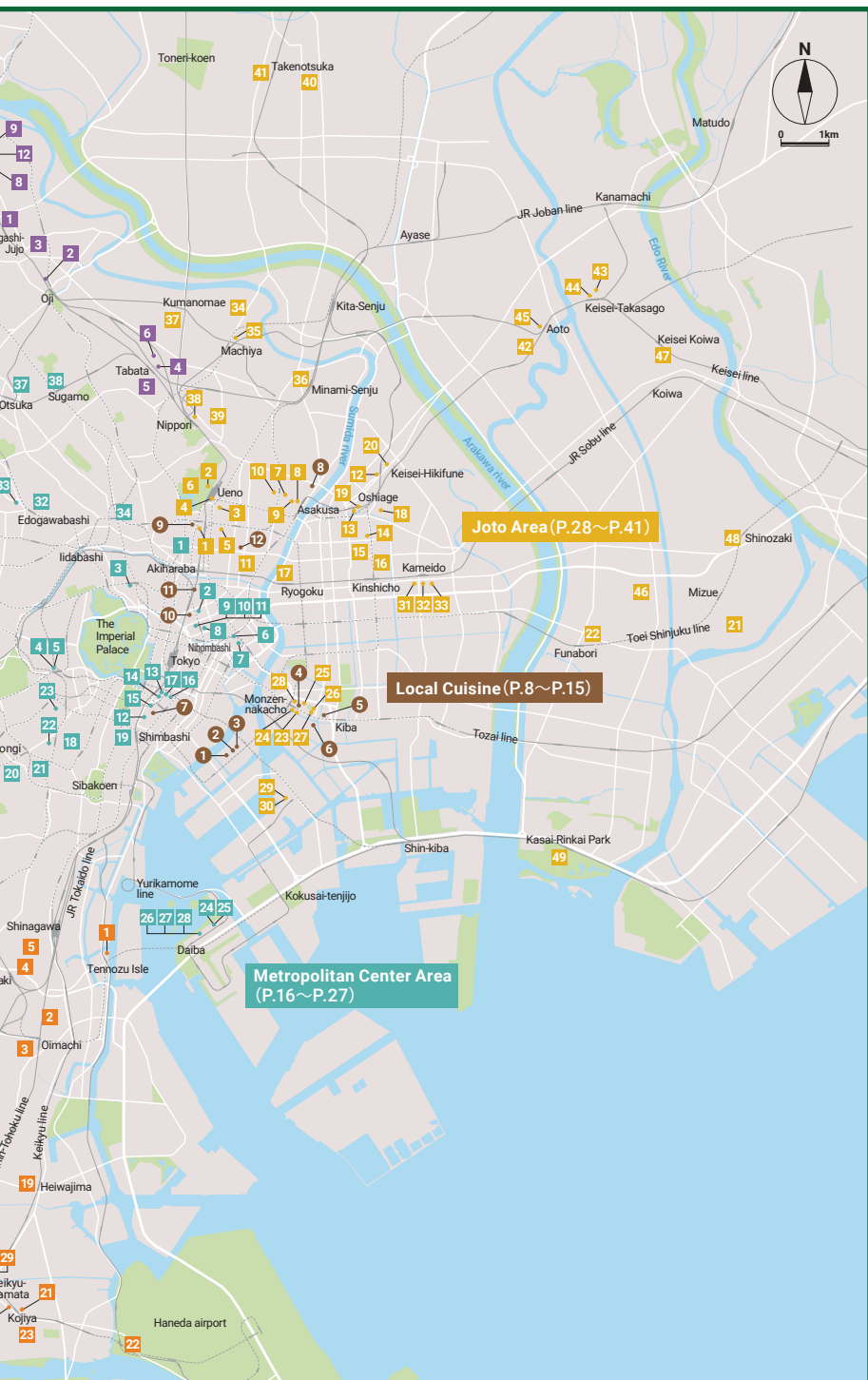
Island Area

Oshima Town, Toshima Village, Nijima Village, Kouzushima Village, Miyake Village, Mikurajima Village, Hachijo Town, Aogashima Village, Ogasawara Village

Tokyo Travelers' Map

東京都広域地図





Tokyo Travelers' Map

東京都広域地図





Monja

A budget-friendly gourmet star born from “moji-yaki”.



Overview & History

Originating in Tsukushima, monja is a dish made from a batter of wheat flour and water mixed with other ingredients and fried on a griddle. Like okonomiyaki, it is a flour-based food fried on a griddle, but the thick liquid is less dense, with a higher ratio of water to flour. Originally eaten as a snack for children in the late Edo period, there are various explanations of the name, including a story that children who could not get paper and tools for practicing writing due to the supply shortages during the food crisis in the decade after World War II would eat fried “mojiyaki” by mixing wheat flour with water and drawing characters (“moji”) on a griddle with the batter, and “moji” was corrupted into “monja.”

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/search_menu/menu/34_3_tokyo.html)

Monja

1

tsukushima monja koboreya bettei

月島もんじゃこぼれや 別邸

☎ 03-5534-8719

<https://tsukushima-monja-koboreya.com/>

1F The City Tsukushima,
3-7-12 Tsukushima, Chuo-ku

Lunch 11:00-16:00

Dinner 17:00-23:00 (LO22:00)

Closing Days Irregular closing

Access 4-minute walk from
Tsukushima subway station

The broth is created by simmering a dozen ingredients for five hours. The flavor is truly one-of-a-kind, and the appearance is striking. The restaurant takes great care in using fresh seafood shipped directly from Toyosu and bits of fried tempura batter sourced from a Michelin-listed restaurant.



ACCESS MAP



WEBSITE



2

もんじゃおかめひょつとこ店



WEBSITE



<https://www.monjya-okame.jp/>

3-8-10 Tsukishima, Chuo-ku

Weekdays 10:30-14:00

17:00-22:00 (L021:00)

Sat./Sun./Holidays 10:30-22:00 (LO21:00)

Closing Days Mon.

Access 3-minute walk from Tsukishima subway station



3

もんじゃ まるた2番街



WEBSITE



<https://maruta2bangai.owst.jp/en/>

#110, 1-22-1 Tsukishima, Chuo-ku

Business Hours 11:00-22:30 (LO22:00)

Closing Days Irregular closing

Access 2-minute walk from
Tsukishima subway station

While the recent trend is to add a variety of ingredients, monja in its early stage mainly consisted of cabbage, corn, bits of fried tempura batter, and red pickled ginger. First, take out the ingredients from the batter mixture, which consists of your choice of ingredients, flour, water, broth, (and optionally sauce), and grill them. Next, form a donut-shaped ring with the grilled ingredients and pour the batter mixture into the center. Let the batter simmer for a while, then mix in the ingredients. Using a small spatula, peel off the mixture once it is grilled to your preferred consistency and enjoy. Adding seasonal vegetables is also a great option.

Supervisor

Culinary researcher and entrepreneur from Izumo City, Shimane Prefecture. She has been managing Ebisu Sonoyama, a by-invitation-only restaurant, for about 15 years since 2006. She has also appeared in magazines and on TV shows, published books, developed products, given lectures, and held cooking classes. At the same time, she also serves as a mental and psychology counselor, a nutrition education advisor, and a goodwill ambassador in various regions of Japan.



FUKAGAWAMESHI



An iron-rich traditional Edo dish selected for the 100 Best Regional Rustic Dishes.

Overview & History

Fukagawameshi is one of the 100 Local Cuisines of Farming and Fishing Villages as selected by the Ministry of Agriculture, Forestry, and Fisheries and is also recognized as one of Japan's five major rice dishes. The Fukagawa area, which thrived as a fishing town during the Edo era, was known for its abundance of shellfish, particularly clams. Fukagawameshi originated as a rice dish prepared for fishermen to enjoy during their work. There are three types of rice dishes considered to be the origin of Fukagawameshi. The first dish is bukkake-meshi where seawater is diluted with fresh water, boiled on the fishing boat, and served as a clear soup with clams, leeks, and tofu and then poured over cold rice. The second is takikomi-gohan, which is simply rice cooked with unshelled clams. The third is ichizen-meshi, where a soup made of unshelled clams and leeks boiled with miso is served over rice with the clam shells.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/keikaku/syokubunka/k_ryouri/search_menu/menu/34_1_tokyo.html)

FUKAGAWAMESHI

4

Fukagawa Iseya

深川伊勢屋 本店

Try the unique Fukagawameshi of a Japanese confectionery shop. In this version, rice is mixed with mochi rice for a chewy texture, while the umami flavor of clams infuses the rice.



☎ 03-3641-0695

<https://www.iseya.ne.jp/>

1-8-12 Tomioka, Koto-ku

Business Hours 11:00-17:00 (LO16:15)

Closing Days Tue.

Access Near Monzen-nakacho subway station



ACCESS MAP



WEBSITE



FUKAGAWAMESHI

5

Fukagawa Issui

深川一穂 (いっすい)

This is a traditional Edo-style Fukagawameshi enjoyed by fishermen and made with a light white miso-based broth. Enjoy it while soaking in the downtown atmosphere and the warmth of the local people.

☎ 03-3643-2255

<https://tabelog.com/en/tokyo/A1313/A131303/13033190/>

#101, 2-8-8 Kiba, Koto-ku

Lunch 11:30-13:45 (LO13:30)**Dinner** 17:30-23:00 (LO22:30)**Closing Days** Sun./Holidays

Access 3-minute walk from Kiba subway station
7-minute walk from Monzen-nakacho subway station



ACCESS MAP



WEBSITE

FUKAGAWAMESHI

6

FUKAGAWAMESHI HACHIROUEMON

深川めし 八郎右衛門



Enjoy the fluffy, hot Fukagawameshi made with organic Koshihikari rice and carefully selected, additive-free seasonings—all skillfully cooked together and steamed at high temperature and pressure. The cooking process begins only after receiving an order.

☎ 03-6458-8284

<https://tabelog.com/en/tokyo/A1313/A131303/13281079/>

1F Kagechika Bldg, 3-30-1 Botan, Koto-ku

Weekdays Lunch 11:30-14:00

Dinner 18:00-22:00

11:30~19:00

Sat./Sun./Holidays Irregular closing

Closing Days Irregular closing
Access 8-minute walk from Monzen-nakacho subway station

8-minute walk from Kiba subway station



ACCESS MAP



WEBSITE

Nutrition & Health Information

Clams are rich in taurine and iron, low in fat, and high in protein. The broth in which they are cooked is also packed with flavorful ingredients and nutrients. This makes it a key element of Fukagawameshi, which provide delicious nutrition from

both the broth and the rice as a whole. Clams offer a variety of health benefits, including supporting liver function, reducing excess neutral fat and blood cholesterol while promoting blood circulation and metabolism, improving complexion, and helping to alleviate fatigue and anemia. The broth has a rich, nourishing flavor that is not too light.

Food writer



Ms. Sonoyama Makie



SUKIYAKI

A culmination of Japanese culinary culture concentrated in a single pot. Experience the flavors of Japan's nature and seasons in a mouthful.

Overview & History

The word sukiyaki is believed to originate from eating fish or shellfish cooked on the blade of a plow ("suki") in place of a griddle. There is a theory that modern Kanto-style sukiyaki is a fusion of the Kansai cooking method, in which the beef is stir-fried in beef fat melted in a heated pot before adding the remaining ingredients and seasonings, and the Kanto cooking method, in which sukiyaki stock is brought to a boil before adding the meat and vegetables at the same time.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/search_menu/menu/34_17_tokyo.html)

SUKIYAKI

7

Ginza Hanadaikon

銀座 花大根

☎ 03-6274-6464

<https://g.co/kgs/FCjLAsc>

B1F Takahashi Bldg, 6-7-4 Ginza, Chuo-ku

Lunch 11:30~14:30 (LO14:00)
The restaurant will close once the menu sells out.

Dinner 17:30~22:30 (LO21:00)
Closing Days Mon.

Access 3-minute walk from Ginza subway station
10-minute walk from Yurakucho JR station
10-minute walk from Higashi-Ginza subway station

The meat served at renowned restaurants is offered at affordable prices. Araucana hens lay rare pale blue eggs every three days, which are known for their distinctive rich flavor. Customers can take home the elegant chopsticks they use in the restaurant.



ACCESS MAP



WEBSITE



SUKIYAKI

8

Chinya Asakusa Honten

ちんや 浅草本店

This sukiyaki restaurant has the longest history in Asakusa. Start with the meat infused with the aroma of Senju leek. Then, add zaku—a plate filled with carefully selected ingredients—into the slightly sweetened sukiyaki broth.

☎ 03-3841-0010

<https://chinya.co.jp/en/>

2-16-1 Hanakawado, Taito-ku

Weekdays 11:00-15:00
16:30-21:30 (LO20:00)

Sat./Sun./Holidays 11:00-21:30 (LO20:00)

Closing Days Irregular closing

Access 3-minute walk from
Asakusa subway station
12-minute walk from
Asakusa Tsukuba express station



ACCESS MAP



WEBSITE



SUKIYAKI

9

Ningyocho Imahan Uenohirokojiten

人形町今半 上野広小路店

This beef hot pot restaurant first opened here in Tokyo in 1895. The expert in selecting top-quality black wagyu chooses the best-tasting cuts free from any bias toward the production site or brand. These carefully selected wagyu are served in sukiyaki and other Japanese dishes.

☎ 03-5688-0754

<https://imahan-tokyo.com/official/uenohirokoji/>

6F Huli Ueno-hirokoji Bldg,
1-20-11 Ueno, Taito-ku

Weekdays Lunch 11:30-15:00 (LO15:00)
Dinner 17:00-22:00 (LO21:00)

Sat./Sun./Holidays 11:00-22:00 (LO21:00)

Closing Days Irregular closing

Access 1-minute walk from Ueno-hirokoji
subway station
3-minute walk from Okachimachi
JR station



ACCESS MAP



WEBSITE



Nutrition & Health Information

A standard sukiyaki offers a well-balanced mix of ingredients, including beef, crown daisy, tofu, leeks, mushrooms, shirataki, eggs, and more. With around ten ingredients in one pot, it is a nutritionally ideal dish that provides all the essential nutrients, such as proteins (important for muscle building), iron, and vitamins A, C, and B1, lecithin, allicin, and dietary fiber. Adding Tokyo chili peppers enhances the flavor, making it even more delicious.

Food writer



Ms. Sonoyama Makie

BETTARAZUKE

These white radish pickles are packed with the power of fermentation and koji (malted rice). It pairs perfectly with tea rice, meals, and sake.



Overview & History

These whitish pickles were also a favorite food of the 15th shogun, Tokugawa Yoshinobu. The leading theory is that they began as daikon radish lightly pickled with rice syrup and koji malt that were sold in the Edo period. "Bettara" comes from its sticky surface, and is said to have originated when a young man swung pickles around saying "Bettari tsuku yo" ("They will stick!"), and the words caught on. Even today, many stalls line Nihonbashi's Bettara Ichi market every year.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/j/keikaku/syokubunka/k_youri/search_menu/menu/34_8_tokyo.html)

BETTARAZUKE 10 Owariya 尾張屋

The Bettara Market takes place in this area, and this is a long-awaited event the owner of Owariya has looked forward to since childhood. Since bettarazuke is quite sweet, a recommended way to enjoy it is by sprinkling it with shichimi (seven spices) and serving it as a side dish. The light-flavored oden simmered in exquisite broth is also excellent!

☎ 03-3251-4320

<https://tabelog.com/en/tokyo/A1310/A131002/13000345/>

1-6-4 Kajicho, Chiyoda-ku

Business Hours 11:30-13:00
17:00-21:30 (LO21:00)

Closing Days Sat./Sun./Holidays

Access 2-minute walk from Kanda JR station



ACCESS MAP



WEBSITE



BETTARAZUKE 11 koiki sakaba

小粋酒場

This restaurant serves the best dishes in every season! The owner updates his handpicked selection of sake from various regions of Japan to perfectly complement the seasonal dishes. They pair excellently with bettarazuke, available only from fall to spring. Smoking is allowed.

☎ 03-3525-4822

<https://www.hotpepper.jp/strJ001117025/>

Nissin Bldg 1, 2-11-19 Kajicho, Chiyoda-ku

Mon. to Thu. 15:00-22:00 (LO21:00)

Fri. 15:00-23:00 (LO22:00)

Closing Days Sat./Sun./Holidays

Access 3-minute walk from Kanda JR station



ACCESS MAP



WEBSITE



BETTARAZUKE 12 gunjimiso tsukemonoten

郡司味噌漬物店

Chosen by Japan Airlines for in-flight meals on international first-class flights! The distinctive flavor of this bettarazuke, with its moderate sweetness, has been preserved since the Edo period. Made from radishes grown in Japan and with the skin left on, this bettarazuke retains its original flavor and texture.

☎ 03-3851-1783

<http://gunjimiso.com/>

1-14-2 Torigoe, Taito-ku

Business Hours 9:00-18:00

Closing Days Sun/2nd & 4th Mon.

Access 8-minute walk from Asakusabashi JR station



ACCESS MAP



WEBSITE



Nutrition & Health Information

"Koji," or rice malt, the key ingredient in bettarazuke, contains koji mold that boosts beneficial bacteria in the intestines. As a result, eating bettarazuke can help improve gut microbiome health. Additionally, with digestive enzymes, potassium, vitamin C, and other nutrients found in

both the radish and koji, it offers impressive health benefits. These include aiding digestion, preventing upset stomach, reducing bloating, lowering blood pressure, providing antimicrobial effects, promoting smooth blood circulation, preventing arteriosclerosis, and enhancing immunity. However, because of its high carbohydrate content, it should be eaten in moderation and ideally paired with low-carbohydrate vegetables.



Ms. Sonoyama Makie

1 cafe Triomphe

カフェ・トリオンブ

☎ 03-6380-9540

<https://sweettrip.biz/>

1F, 5-6-4 Sotokanda, Chiyoda-ku

Business Hours 11:30-21:00 (LO20:30)

Lunch 11:30-14:00 (LO14:00)

Closing Days Sat./Sun./Holiday/Irregular closing

Access 2-minute walk from Suehirocho Subway Station

6-minutes walk from JR Okachimachi

7-minutes walk from JR Akihabara

A cozy café in a back alley with classical music in the background offering coffee, tea, cake, food, and light meals. Reservations are required for staff assistance.



ACCESS MAP



WEBSITE



2 toriryori botan

鳥料理 ぼたん

☎ 03-6384-0299

<https://tabelog.com/en/tokyo/A1310/A131002/13302175/>

3F GEMS Shin-Nihombashi,

1-9-19 Kajicho, Chiyoda-ku

Business Hours 17:00-22:00 (LO20:30)

Closing Days Sun./Holidays

Access 4-minute walk from Kanda JR station

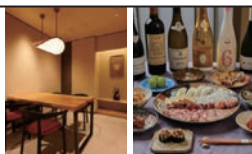
Inherited 130 years of tradition, and we pursue even more possibilities. Offering a high-grade course meal with a variety of chicken dishes, including our signature chicken sukiyaki. Enjoy a luxurious time with wine and sake carefully selected by the sommelier.



ACCESS MAP



WEBSITE



3 Book House Cafe

Book House Cafe

☎ 03-6910-0819

<https://bookhousecafe.jp/>

1F Kitazawa bldg., 2-5 Kandajinbocho, Chiyoda-ku

Business Hours 11:00-18:00 (LO17:00)

Closing Days No regular closing

Access 1-minute walk from

Jinbocho subway station

Specializing in picture books with more than 10,000 titles. Brightly lit picture book café during the day, and a picture book bar at night, offering a space surrounded by picture books.



ACCESS MAP



WEBSITE



4 AsianBistroDaiTokyogardenterrace

アジアンビストロ Dai 東京ガーデンテラス店

☎ 03-6256-9975

https://www.pleasure-company.com/asian_bistro/

2F Kioi Terrace, 1-3 Kioicho, Chiyoda-ku

Offering authentic Asian cuisine and wine in a unique bistro-style setting.

Lunch 11:30-15:00 (LO15:00)

Dinner 15:00-23:00 (LO22:00)

Closing Days Year-end and New Year holidays

Access 0-minute walk from

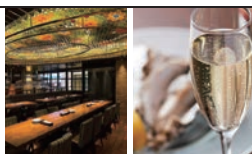
Nagatacho subway station



ACCESS MAP



WEBSITE



5 BENJAMIN STEAK HOUSE KIOICHO

ベンジャミンステーキハウス 東京ガーデンテラス紀尾井町店

☎ 03-3263-5544

<https://benjaminsteakhouse.jp/english/>

4F Tokyo Garden Terrace Kioicho, 1-3 Kioicho, Chiyoda-ku

Mon. to Sat. Lunch 11:30-15:00 (LO14:00)
Dinner 17:00-22:30 (LO21:30)

Sun./Holidays Lunch 11:30-15:00 (LO14:00)
Dinner 17:00-22:00 (LO21:00)

Closing Days No regular closing

Access Directly connected to Nagatacho subway station
9-minute walk from Akasaka-mitsue subway station

The third steakhouse from New York in Japan. The USDA-certified top grade Prime Beef is aged for a long time using a unique method. The steak is broiled quickly at a high-temperature and is delicious.



ACCESS MAP



WEBSITE



6 Yakiniku Happy Ningyocho

焼肉はっぴい 人形町店

☎ 03-6661-7308

https://www.yakiniku-happy.jp/wp-content/themes/mngtr_basic/img/pdf/english.pdf

1F Shigemoto bldg.,
1-4-13 Nihonbashi-Ningyocho, Chuo-ku

Weekdays 16:00-23:30

Sat./Sun./Holidays 12:00-23:30 (LO23:00)

Closing Days Year-end and New Year holidays

Access 3-minute walk from Ningyocho subway station

Authentic yakiniku is offered at a bargain price for the city center.



ACCESS MAP



WEBSITE



7 Café Chez André du Sacré-Coeur

カフェ シェ・アンドレドゥ・サクレクール

☎ 03-6228-1053

<http://park7.wakwak.com/~chezandrescoeur/english/index.html>

1-8-5 Nihonbashi-Ningyocho, Chuo-ku

Business Hours 11:00-20:00 (LO18:30)

Lunch 11:00-14:30

Dinner 17:00-20:00

Closing Days Mon./Sun./Holidays

Access 1-minute walk from Ningyocho subway station
3-minute walk from Suitengumae subway station

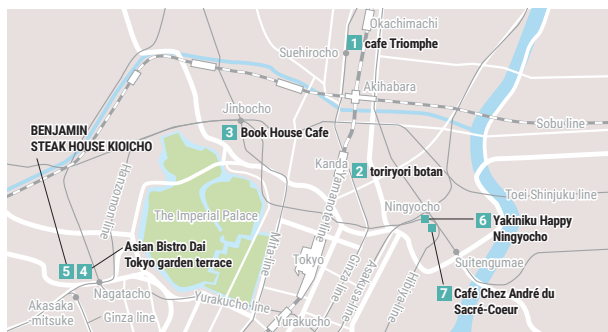
Café Chez André du Sacré-Coeur welcomes children to a casual French café in the old town of Ningyo-cho. The café is familiar to residents and tourists.



ACCESS MAP



WEBSITE



8

soba kappo inata

蕎麦割烹 稲田

☎ 03-6262-1490

<https://inataya.co.jp/restaurant/muromachi/>3F Coredo Muromachi1,
2-2-1 Nihonbashi-Muromachi, Chuo-ku**Weekdays** Lunch 11:00-15:00 (LO14:30)
Dinner 17:00-23:00 (LO22:00)**Sat./Sun./Holidays** 11:00-23:00 (LO22:00)**Closing Days** Irregular closing**Access** Directly connected to Mitsukoshimae subway station
Directly connected to Shin-Nihombashi JR station

Offering soba with a specialty dashi and delicate Japanese meals cooked by artisans. Enjoy delicious sake and gourmet food in a town where long-established shops gather, which is perfect for adults!



ACCESS MAP



WEBSITE



9

CRAFTROCK BREWPUB&LIVE

CRAFTROCK BREWPUB&LIVE

☎ 03-5542-1069

<https://craftrock.jp/brewpub/store/>1F Coredo Muromachi Terrace,
3-2-1 Nihonbashi-Muromachi, Chuo-ku**Weekdays** Lunch 11:00-15:00 (LO14:00)
Dinner 17:00-23:00 (LO22:00)**Sat./Sun.** 11:00-23:00**Closing Days** According to the building closing days**Access** Directly connected to Mitsukoshimae subway station
Directly connected to Shin-Nihombashi JR station

Offering an original beer freshly brewed here!!



ACCESS MAP



WEBSITE



10

Fujin Tree

フージンツリー コレド室町テラス店

☎ 03-6262-5611

<https://fujintree.jp/en/>2F Coredo Muromachi Terrace,
3-2-1 Nihonbashi-Muromachi, Chuo-ku**Weekdays** 11:00-22:00 (LO21:00)**Closing Days** Irregular closing/Jan.1**Access** Directly connected to Mitsukoshimae subway station

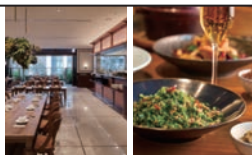
Enjoy exquisite Taiwanese cuisine with champagne. Just like the one-Michelin-starred Taipei flagship restaurant, we use plenty of fresh vegetables, seasoned well, and healthy, mild taste with little oil. A cozy, creative, and relaxing ambience.



ACCESS MAP



WEBSITE



11

Gino Sorbillo Artista Pizza Napoletana

Gino Sorbillo Artista Pizza Napoletana

☎ 03-6910-3553

<https://tabelog.com/en/tokyo/A1302/A130202/13239411/>1F Coredo Muromachi Terrace,
3-2-1 Nihonbashi-Muromachi, Chuo-ku**Weekdays** 11:00-23:00 (LO21:30)**Lunch** 11:00-14:00**Closing Days** According to the building closing days**Access** Directly connected to Mitsukoshimae subway station
Directly connected to Shin-Nihombashi JR station

Pizza using authentic Italian ingredients based on the recipe of the main store in Naples.



ACCESS MAP



WEBSITE



12 SUSHI TAKAYA

鮨 たかや

☎ 03-3573-8030

<https://www.kutani-ginza.com/en/>

B1F Ginza Lee bldg., 7-3-9 Ginza, Chuo-ku

Lunch 12:00-14:00 (LO13:30)**Dinner** 17:30-22:30 (LO21:00)**Closing Days** Irregular closing**Access** 5-minute walk from Shimbashi JR station

5-minute walk from Yurakucho JR station

5-minute walk from Ginza subway station

Purchasing seasonal ingredients called Hashiri (the beginning of the season) and offers dishes with a little more effort and ingenuity to bring out the original flavor. Reservations are required for vegetarian and halal food options.



ACCESS MAP



WEBSITE



13 Restaurant Noah

レストラン ノア

☎ 03-3561-2230

<https://gurunavi.com/en/g293417/rst/>

2F Ginza Inns2, 2-2 Ginza Nishi, Chuo-ku

Mon. to Wed. 11:30-22:00**Thu. to Sat.** 13:00-22:00**Closing Days** Sun./Holidays**Access** 2-minute walk from Yurakucho JR station

Come and try it! Hamburger steak with a taste that has been preserved since 1978!



ACCESS MAP



WEBSITE



14 BULLDOG GINZA CRAFT BEER

ブルドック 銀座クラフトビール

☎ 03-3564-0996

<https://ginza-bulldog.com/>

2F Ginza Inns1, 3-1 Ginza Nishi, Chuo-ku

Weekdays 15:00-23:00 (LO22:00)**Sat./Sun./Holidays** 12:00-23:00 (LO22:00)**Closing Days** No regular closing**Access** 1-minute walk from Yurakucho JR station

Directly connected to Ginza subway station

Offering a craft beer here as a beer pub and sports bar. British pub interior and offers substantial meals and a place to enjoy sports.



ACCESS MAP



WEBSITE



15 Bar Espanol LA BODEGA Ginza

Bar Espanol LA BODEGA 銀座店

☎ 03-6264-5456

<https://bar-espanol-labodega-ginza.com/index.html>

10F Tokyo Plaza Ginza, 5-2-1 Ginza, Chuo-ku

Lunch 11:00-16:00

Dinner 17:00-23:00 (LO21:45)

Closing Days According to the building closing days

Access 4-minute walk from Yurakucho JR station

1-minute walk from Ginza subway station

2-minute walk from Hibiya subway station

2-minute walk from Yurakucho subway station

Offering a variety of authentic Spanish cuisine using fresh seafood, the classic paella, as well as sangria with seasonal fruits.



ACCESS MAP



WEBSITE



16 UNNANKINOKOHINABE GOZENBOU GINZATEN

雲南キノコ火鍋 御膳房 銀座店

☎ 03-6228-6231

<https://www.gozenbo.com/gozenbo-ginza>

11F Ginza Trecious bldg., 2-6-5 Ginza, Chuo-ku

Weekdays Lunch 11:30-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:00)

Sat./Sun./Holidays 11:30-22:00 (LO21:00) *Lunch LO15:00

Closing Days Dec.31 dinner to Jan.1

Access 0-minute walk from Ginza-itchoe subway station

5-minute walk from Ginza subway station

Gozenbo Ginza offers a Yunnan mushroom hotpot dish, as well as authentic Yunnan cuisine of the Gozenbo Roppongi. Mushroom hot pot has been praised as a "beauty treatment" for women since ancient times and has the effect of beautifying the skin and strengthening the immune system.



ACCESS MAP



WEBSITE



17 Yuba and Tofu Cuisine Umenohana Ginza Namikidori

梅の花 銀座並木通店

☎ 03-3538-2226

https://umenohana-restaurant.co.jp/n_english/

5F Namiki-dori bldg., 2-3-6 Ginza, Chuo-ku

Lunch 11:00-16:00 (LO15:00)

Dinner 17:00-22:00 (LO21:00)

Closing Days Year-end and New Year holidays

Access 5-minute walk from Yurakucho JR station

3-minute walk from Ginza subway station

Offering dishes using carefully selected yuba, tofu, and seasonal ingredients. Wheelchair-accessible private table rooms are available. Reservations are required for allergy-friendly dishes.



ACCESS MAP



WEBSITE



18 Trattoria TOSCANA

Trattoria TOSCANA 神谷町店

☎ 03-5404-5252

<https://tabelog.com/en/tokyo/A1307/A130704/13112199/>

2F Shiroyama Trust Tower,

4-3-1 Toranomon, Minato-ku

Lunch 11:15-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:00)

Closing Days Sat./Sun./Holidays

Access 3-minute walk from Kamiyacho subway station

Welcoming customers with our sincerity in cooking and friendly service for local people to maintain their health. With the concept of memorable dishes, all our dishes are cooked with sincerity!



ACCESS MAP



WEBSITE



19 BISTRO 222

BISTRO 222

☎ 03-6432-4336

<https://tabelog.com/en/tokyo/A1301/A130103/13226712/>

2F Shintora-dori CORE, 4-1-1 Shimbashi, Minato-ku

Weekdays Lunch 11:30-14:30 (LO14:30)

Dinner 17:00-23:00 (LO22:00)

Sat./Sun./Holidays Lunch 12:00-15:00 (LO14:30)

Dinner 17:00-22:30 (LO22:00)

Closing Days Sun. (Irregular closing)**Access** 5-minute walk from Shimbashi JR station

A casual bistro to enjoy fresh fish and meat dishes with natural wines with innovative, unusual ideas and presentations.



ACCESS MAP



WEBSITE



20 Kyoto Ichinoden Roppongi Hills

京都一の傳 六本木ヒルズ店

☎ 03-6432-9808

<https://www.ichinoden.jp/en/>

5F Roppongi Hills West Walk,

6-10-1 Roppongi, Minato-ku

Lunch 11:00-15:00 (LO14:30)**Dinner** 17:00-23:00 (LO21:00)**Closing Days** Wed./Year-end and New Year holidays**Access** 1-minute walk from Roppongi subway station

7-minute walk from Nogizaka subway station

Offering course meals with Kyoto-style grilled fish for lunch and seasonal Kyoto-style dinners that make the most of the unique flavors of seasonal ingredients. Reservations are required for vegetarian and halal food options.



ACCESS MAP



WEBSITE



21 Japanese Restaurant Hishinuma

日本料理 菱沼

☎ 03-3568-6588

<https://www.restaurant-hishinuma.jp/>

B1F AXIS bldg., 5-17-1 Roppongi, Minato-ku

Business Hours 18:00-23:00 (LO20:30)**Closing Days** Sun./Holidays**Access** 10-minute walk from Roppongi-itchome subway station

Enjoy traditional Japanese cuisine, puffer fish, suppon (soft-shelled turtle) dishes, and more than 130 different wines.



ACCESS MAP



WEBSITE



22

Edition・Koji・Shimonura

エディション・コウジ・シモムラ

☎ 03-5549-4562

<https://www.koji-shimonura.jp/en>

1F Roppongi T-CUBE, 3-1-1 Roppongi, Minato-ku

Lunch 12:00-15:30 (LO13:00)**Dinner** 18:00-22:00 (LO19:30)**Closing Days** Wed.**Access** 5-minute walk from

Roppongi-itchome subway station

A restaurant where many people enjoy French cuisine.



ACCESS MAP



WEBSITE



23

Shinhyonbuen

新兄弟苑 シンヒョンブエン 赤坂店

☎ 03-6426-5593

<https://tabelog.com/en/tokyo/A1308/A130801/13283559/>

1F Akasaka SK bldg., 2-14-8 Akasaka, Minato-ku

Business Hours 11:00-5:00**Closing Days** No regular closing**Access** 3-minute walk from Akasaka subway station

5-minute walk from Tameike-sanno subway station

6-minute walk from Akasaka-mitsuke subway station

Enjoy the authentic taste of ribs, namul, kakuteki, and kimchi together.



ACCESS MAP



WEBSITE



24

Ittougaiyakniku Daigo Odaibaten

一頭買焼肉 醍醐 お台場店

☎ 03-3599-2929

https://yakniku-daigo.com/shop_info/odaiba/

6F DECKS Tokyo Beach Seaside Mall,

1-6-1 Diaba, Minato-ku

Lunch 11:00-15:00 (LO14:30)**Dinner** 17:00-23:00 (LO22:00)**Closing Days** According to the building closing day**Access** 2-minute walk from

Odaiba-kaihinkoen Yurikamome station

7-minute walk from Tokyo Teleport Rinkai station

At Daigo Odaiba, enjoy delicious food and a beautiful night view overlooking the Rainbow Bridge.



ACCESS MAP



WEBSITE



25

Big Chef

ビッグシェフ

☎ 03-3599-6571

<https://www.hotpepper.jp/strJ000035794/>

5F DECKS Tokyo Beach Seaside Mall,

1-6-1 Diaba, Minato-ku

Lunch 11:00-16:00 (LO15:00)**Dinner** 17:30-21:00 (LO20:00)**Closing Days** According to the building closing day**Access** 2-minute walk from

Odaiba-kaihinkoen Yurikamome station

5-minute walk from Daiba Yurikamome station

8-minute walk from Tokyo Teleport Rinkai station

No doubt, everyone from children to adults will be satisfied! Popular hamburg steak and omelet rice combination, and a set of hearty beef steak and deep-fried shrimp!



ACCESS MAP



WEBSITE



26 YORIMICHI Odaiba

YORIMICHI Odaiba

☎ 03-6426-0234

<https://tabelog.com/en/tokyo/A1313/A131306/13275005/>

6F Aqua City Odaiba, 1-7-1 Daiba, Minato-ku

Business Hours 11:00-23:00

Closing Days According to the building closing day

Access 5-minute walk from Daiba Yurikamome station
8-minute walk from
Odaiba-kaihinkoen Yurikamome station

Offers casual bowls of rice topped with exquisite ingredients from super high-end restaurant suppliers. Italian and French cuisine chefs cook with ingredients suitable for [Japanese] cuisine. Stop by and have a great time! Reservation is required for allergy-friendly dishes.



ACCESS MAP



WEBSITE



27 GREEN ASIA TOKYO

GREEN ASIA TOKYO

☎ 03-6426-0633

<https://www.hotpepper.jp/strJ001153828/>

6F Aqua City Odaiba, 1-7-1 Daiba, Minato-ku

Business Hours 11:00-23:00 (LO22:00)

Closing Days According to the building closing day

Access 2-minute walk from Tokyo Teiport Rinkai station
5-minute walk from Oumi Yurikamome station
14-minute walk from Kokusai-tenjiro Rinkai station

Offering popular Thai, Indonesian, and Vietnamese cuisine, creative dishes with an Asian taste, halal meat dishes, and vegan and vegetarian menus.



ACCESS MAP



WEBSITE



28 Korean BBQ Restaurant KollaBo AQUA CITY ODAIBA

炭火焼肉・韓国料理 KollaBo アクアシティお台場店

☎ 03-6426-0717

<https://tabelog.com/en/tokyo/A1313/A131306/13205108/>

5F Aqua City Odaiba, 1-7-1 Daiba, Minato-ku

Weekdays 11:00-22:00 (LO21:30)

Sat./Sun./Holidays 11:00-23:00 (LO22:15)

Closing Days According to the building closing day

Access 3-minute walk from Daiba Yurikamome station
3-minute walk from
Odaiba-kaihinkoen Yurikamome station
5-minute walk from Tokyo Teiport Rinkai station

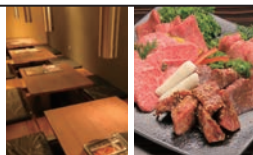
Taste of 16 authentic Korean restaurants here. The line-up includes charcoal-grilled meats, ganjang-gejang, cheese dak galb, and other exquisite dishes!



ACCESS MAP



WEBSITE



29

Yamashita Honki Udon Shinjuku Kabukicho

山下本気うどん 新宿歌舞伎町

☎ 03-5291-3002

<https://yamashita-honki-udon.com/>

2F/3F/4F Kado bldg., 1-21-12 Kabukicho, Shinjuku-ku

Business Hours Open 24 hours**Closing Days** Irregular closing**Access** 1-minute from Shinjuku Seibu station

4-minute from Shinjuku subway station

4-minute from Shinjuku-nishiguchi subway station

Noodles are made here every day, and freshly cooked udon is served. Thin, smooth udon noodles go down so easily. The crispy tempura using carefully selected flour is a gem. Try it with rock salt and dipping sauce.



ACCESS MAP



WEBSITE



30

MORETHAN TAPAS LOUNGE

MORETHAN TAPAS LOUNGE

☎ 03-6300-0174

https://www.mothersgroup.jp/shop/morethan_dining.html

1F The Knot Tokyo Shinjuku, 4-31-1 Nishishinjuku, Shinjuku-ku

Lunch 11:00-15:15**Café Time** 15:30-17:00 (LO16:30)**Dinner** 17:00-23:00 (LO22:00)**Closing Days** According to the building closing day**Access** 13-minute walk from Shinjuku JR station

10-minute walk from Hatsudai Keio station

5-minute walk from Tocho-mae subway station

5-minute walk from Nishi-shinjuku-gochome subway station

An all-day dining restaurant. Enjoy a foreign atmosphere while in Japan.



ACCESS MAP



WEBSITE



31

CEN DIVERSITY HOTEL&CAFE

CEN DIVERSITY HOTEL&CAFE

☎ 03-6278-9901

<https://hotelcen.com/cafe/>

1F CEN DIVERSITY HOTEL,

1-5-19 Hyakunincho, Shinjuku-ku

Business Hours 8:00-22:00**Closing Days** No regular closing**Access** 5-minute walk from Shin-Okubo JR station

5-minute walk from Okubo JR station

12-minute walk from Shinjuku JR station

4-minute walk from Shinjuku Seibu station

The café latte made with carefully selected coffee beans and fruit tea would be the pride of any other café. This adult hideaway café is recommended for dates, work, and relaxation.



ACCESS MAP



WEBSITE



32

Cafe BUNBUN

カフェBUNBUN

☎ 03-5940-2822

<https://team-lien.com/service/bunbun.html>

2-16-15 Kohinata, Bunkyo-ku

Business Hours 9:00-17:00**Closing Days** Year-end and New Year holidays

According to the building closing day

Access 5-minute walk from

Edogawabashi subway station

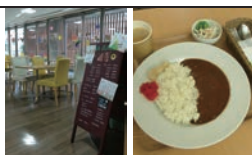
A café where people with disabilities work not only to provide food and drinks but also to expand the local community's activities by organizing gallery and local events to provide a place of expression.



ACCESS MAP



WEBSITE



33 LE PAIN FRANCAIS Sekiguchi

関口フランスパン

☎ 03-3943-1665

https://www.sekiguchipan.co.jp/index_tenpo.html

2-3-3 Sekiguchi, Bunkyo-ku

Weekdays/Sat. 8:00-18:00

Sun./Holidays 8:00-17:00

Closing Days Year-end and New Year holidays

Access 6-minute walk from

Edogawabashi subway station

A bakery established in 1888 and has been loved by local residents for 136 years.



ACCESS MAP



WEBSITE



Metropolitan
Center Area

34 -Social Café- Sign with Me × very berry soup

ソーシャルカフェ サインウィズミー × ベリーベリースープ

☎ 03-5615-8764

Please contact via fax, for this place is operated by a signer.

<https://signwithme.in/>

1F Community Center, 4-15-14 Hongo, Bunkyo-ku

The only soup café in the world that operates with sign language as its official language. Offering soup with lots of ingredients for health and beauty. Many customers who do not speak sign language prefer its calm space.

Business Hours 11:00-17:00

Closing Days Irregular closing

Access 5-minute walk from Kasuga subway station



ACCESS MAP



WEBSITE



35 ECO FARM CAFE 632

エコファームカフェ632

☎ 03-3498-0632

<https://tabelog.com/en/tokyo/A1306/A130601/13010652/>

6-32-10 Jingumae, Shibuya-ku

Ingredients are our own cultivated, pesticide-free vegetables. All generations can feel at home in this restaurant.

Business Hours 11:00-21:00 (LO20:00)

Closing Days Year-end and New Year holidays

Access 7-minute walk from Harajuku JR station

1-minute walk from

Meiji-jingumae subway station



ACCESS MAP



WEBSITE



36

Kinoji

喜の字

☎ 03-5371-3690

<http://www.kinoji-sasazuka2.jp/>

#A 1F Aota bldg., 3-19-2 Sasazuka, Shibuya-ku

Business Hours 18:00-23:30

Closing Days Irregular closing

Access 8-minute walk from
Sasazuka Keio station

Offering a course meal tailored to the customer using seasonal ingredients. Kinoji provides a convenient place for everyone for various occasions, such as a quick drink or a relaxed kaiseki.



ACCESS MAP



WEBSITE



37

Garlic Mania

Garlic Mania

☎ 03-6903-6966

<https://tabelog.com/en/tokyo/A1323/A132302/13283492/>

1F Green pia Otsuka, 2-29-3 Kitaotsuka, Toshima-ku

Lunch 11:30-15:00 (LO14:30)

Dinner 15:30-23:00 (LO22:00)

Closing Days Mon.

Access 5-minute walk from Otsuka JR station

A casual restaurant that offers creative garlic dishes including our signature garlic toast made with fermented butter, and rib steak served with a special garlic sauce.



ACCESS MAP



WEBSITE



38

FUKUSHIMAYA

福島家

☎ 03-3918-3330

<https://fukushima-ya.jp/>

2-1-1 Sugamo, Toshima-ku

Business Hours 9:30-18:00

Closing Days Wed. (two more days in a month)

Access 1-minute walk from Sugamo JR station

A Japanese confectionery shop along the Nakasendo Road that has been in business since the end of the Edo period. More than 200 varieties of high-grade Japanese fresh confectioneries are sold every year. Handmade from a confectionery sample book passed down for generations. Seasonal fresh traditional sweets are served with matcha tea.



ACCESS MAP



WEBSITE



39

Sainoan LUMINE Ikebukuro

菜の庵 ルミネ池袋

☎ 03-5954-8287

<https://shop.create-restaurants.co.jp/1267/>9F LUMINE Ikebukuro,
1-11-1 Nishiikebukuro, Toshima-ku

Lunch 11:00-17:00 (LO17:00)

Dinner 17:00-22:00 (LO21:30)

Closing Days According to the building closing day

Access 1-minute walk from Ikebukuro JR station

All-you-can-eat beef, pork, and fresh vegetables in the visually pleasing restaurant with a variety of fresh vegetables on display! Offering deliciousness to your heart's content.



ACCESS MAP



WEBSITE



40 THE CELLAR TOKYO

THE CELLAR TOKYO

☎ 03-6384-7345

<https://www.thecellartokyo.com/>

3-4-5 Nishiikebukuro, Toshima-ku

Business Hours 19:00-2:00

Closing Days Sun.

Access 5-minute walk from Ikebukuro JR station

The cellar offers California wines, a wide range of beer, whiskey, shochu, and cocktails.



ACCESS MAP



WEBSITE



41 MAC's CARROT

マックスキャロット

☎ 03-3565-3668

<https://tabelog.com/en/tokyo/A1305/A130502/1301244/>

1F Koun bldg., 3-16-16 Mejiro, Toshima-ku

Tue. to Thu./Sun. 11:00-21:00 (LO20:30)

Fri./Sat. 11:00-22:00 (LO21:30)

Closing Days Mon. (If Mon. is a holiday, the following Tue. will be closed)

Access 2-minute walk from Mejiro JR station

Welcome to MAC's CARROT! The cafe experienced in holding parties for the visually impaired. Reservations are required for allergy-friendly dishes.



ACCESS MAP



WEBSITE



42 Perfavore

ペルフアボーレ

☎ 03-3959-3970

<https://tabelog.com/en/tokyo/A1322/A132202/13108899/>

1-18-12 Kanamecho, Toshima-ku

Lunch 11:30-16:00 (LO15:00)

Dinner 18:00-23:00 (LO22:00)

Closing Days Tue.

Access 3-minute walk from Kanamecho subway station

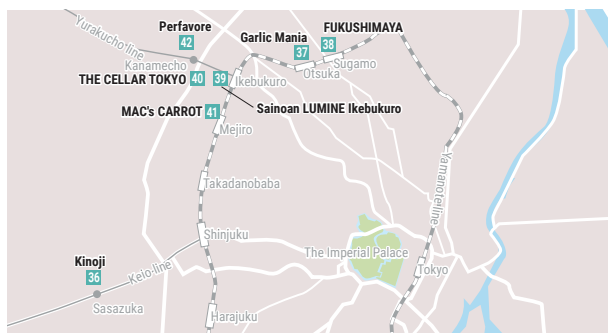
Spaghetti is served in a frying pan to keep it warm while eating or can be served on a plate. The restaurant for a main course of delicious spaghetti.



ACCESS MAP



WEBSITE



1

YAKINIKU YANSANDO PARUKOYA UENOTEN

焼肉 陽山道 パルコヤ上野店

☎ 03-6284-2880

<https://yansando.jp/parcuya-ueno/>

6F PARCO ya Ueno, 3-24-6 Ueno, Taito-ku

Lunch 11:00-15:00 (LO15:00)**Dinner** 15:00-22:00 (LO21:00)**Closing Days** No regular closing**Access** 3-minute walk from Okachimachi subway station

1-minute walk from Ueno-hirokoji subway station

Loved in Ueno, Tokyo, for 60 years. The authentic yakiniku restaurant, Long-established Yakiniku Yansando, reliably sources high-quality A5-rank meat from our own sources and pursues satisfaction through uncompromising taste.



ACCESS MAP



WEBSITE



2

Forestier Seiyoken

フォレスティーク精養軒

☎ 03-3821-9151

<https://www.seiyoken.co.jp/restaurant/t-bunka/index.html>

Tokyo Bunka Kaikan, 5-45 Uenokoen, Taito-ku

Business Hours 11:00-17:00 (LO16:30)

11:00-19:00 (LO18:30)

(Subject to change due to concerts etc. at Tokyo Bunka Kaikan)

Closing Days According to the building closing day**Access** 1-minute walk from Ueno JR station

Offering a full set menu and an extensive a la carte menu of mainly Western cuisine for pre-theater dining and afterwards. Vegetarian support requires confirmation in advance by phone.



ACCESS MAP



WEBSITE



3

Bistro NOHGA

BISTRO NOHGA

☎ 03-6284-2417

<https://www.nohgahotel.com/ueno/en/>

1F NOHGA HOTEL UENO TOKYO,

2-21-10, Higashiueno, Taito-ku

Breakfast 7:00-10:00**Lunch** 11:30-14:00**Café Time** 14:00-18:00**Dinner** 18:00-22:30 (LO20:30)**Closing Days** Irregular closing**Access** 5-minute walk from Ueno JR station

3-minute walk from Ueno subway station

Located on the 1st floor of the hotel. Bistro NOHGA uses carefully selected seasonal and local ingredients. Delicious dishes with gentle flavors will delight your body and mind. Consult us on allergies and vegetarian meals when making the reservation.



ACCESS MAP



WEBSITE



4

Hard Rock CAFE

ハードロックカフェ 上野駅東京

☎ 03-5826-5821

<https://cafe.hardrock.com/tokyo-uyeno-eki/>

1F Atré Ueno, 7-1-1 Ueno, Taito-ku

Business Hours 8:00-23:00 (LO22:00)**Lunch** 10:00-14:00 (LO14:00)**Closing Days** Irregular closing**Access** 1-minute walk from Ueno JR station

Stop by for a cold beer, a juicy burger, and great live entertainment! Our spacious interior is packed with memorabilia from some of the best musical legends of all time. Enjoy our world-class flavors and impeccable service!



ACCESS MAP



WEBSITE



5 cafe CREATEA

カフェ CREATEA

☎ 03-6803-2501

<https://createa.jp/>

4-18-12 Taito, Taito-ku

Business Hours 10:00-19:00 (LO18:30)

Lunch 12:00-15:00 (LO14:30)

Closing Days Sat./Sun./Holidays/Year-end and New Year holidays

Access 7-minute walk from Okachimachi JR station

3-minute walk from Naka-okachimachi subway station

6-minute walk from Ueno-okachimachi/Ueno subway station

8-minute walk from Ueno-hirokoji subway station

4-minute walk from Shin-okachimachi Tsukuba Express station

A hideaway café with a handmade interior with the theme of "craftsmanship" offers special coffee made using a particular process!



ACCESS MAP



WEBSITE



6 Ueno Seiyoken

上野精養軒 本店 レストラン (洋食)

☎ 03-3821-2181

<https://www.seiyoken.co.jp/global/en/index.html>

4-58 Uenokoen, Taito-ku

Tue. to Thu. 11:00-17:00 (LO16:00)

Sat./Sun./Holidays 10:30-18:00 (LO17:00)

Closing Days Mon

Access 5-minute walk from Ueno JR station

5-minute walk from Ueno subway station

8-minute walk from Ueno-okachimachi subway station

5-minute walk from Keisei-Ueno station

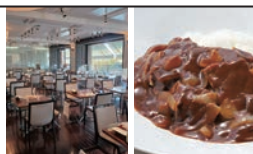
Ueno Seiyoken has been a pioneer in authentic Western cuisine loved by many people for many years and has maintained its traditional taste.



ACCESS MAP



WEBSITE



7 Ittougaiyakiniiku Gen Asakusahonten

一頭買焼肉 玄 浅草本店

☎ 03-5826-2929

<https://gen-gen-gen.com/>

2F Hulic Asakusa ichhome bldg.,

1-42-4 Asakusa, Taito-ku

Lunch 11:45-15:00 (LO14:30)

Dinner 16:30-22:15 (LO21:45)

Sat./Sun./Holidays 16:30-21:50 (LO21:15)

Closing Days No regular closing

Access 8-minute walk from Asakusa subway station

1-minute walk from Asakusa Tsukuba Express station

8-minute walk from Asakusa Tobu station

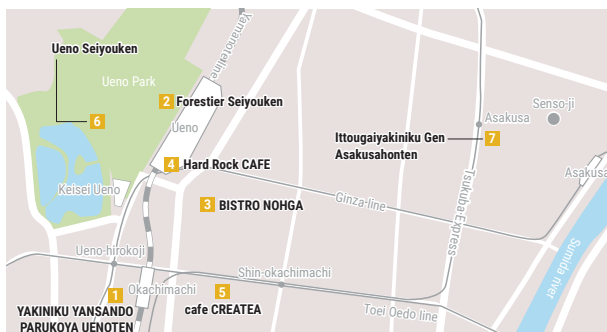
Ittougai Yakiniiku Gen Asakusa Honten is a yakiniku restaurant in Asakusa, one of the most famous old towns in Tokyo. Enjoy reasonably priced, high-quality meat carved from whole, top-quality Wagyu from black cattle, which is strictly scrutinized by meat professionals.



ACCESS MAP



WEBSITE



8

Russian cuisine Larousse

ロシア料理 ラルース

☎ 03-3841-3383

<https://larousse-asakusa.com/>

1-39-2 Asakusa, Taito-ku

Lunch 11:30-14:00 (L014:00)

Dinner 14:00-22:30 (L020:30)

Closing Days Tue. (If Tue. is a holiday, the following Wed. will be closed)

Access 3-minute walk from Asakusa Tsukuba

Express station

6-minute walk from Asakusa Tobu station

In business for 40 years, the restaurant offers standard Russian dishes of beef stroganoff, borscht, pirozhki, and cabbage rolls. Gatherings for anniversaries, birthdays, and other occasions are welcome.



ACCESS MAP



WEBSITE



9

Seafood Restaurant MEHICO Asakusa

シーフードレストラン メヒコ 浅草店

☎ 03-3843-6052

<http://mehico.com/shop/other6.html>

1F Sawadaya bldg., 1-39-5 Asakusa, Taito-ku

Lunch 11:00-15:00 (L014:30)

Dinner 17:00-23:00 (L022:00)

Sat./Sun./Holidays 11:00-23:00 (L022:00)

Closing Days Mon.

Access 3-minute walk from Asakusa Tsukuba

Express station

3-minute walk from Asakusa Tobu station

The history of Restaurant MEXICO always includes the crab pilaf. Offering traditional dishes. Proud of their particular taste.



ACCESS MAP



WEBSITE



10

Fleur de Sarrasin

Fleur de Sarrasin フルールドサラザン

☎ 03-6876-1851

<http://www.fleurdesarrasin.tokyo/>

1F Inpalace 1, 2-14-2 Nishiasakusa, Taito-ku

Lunch 11:45-15:00 (L014:00)

Dinner 17:45-23:00 (L022:00)

Closing Days Irregular closing

Access 1-minute walk from Asakusa Tsukuba Express station

5-minute walk from Tawaramachi subway station

8-minute walk from Asakusa subway station

★Specializing in Japanese buckwheat galette and Japanese craft cider. ★Soba (buckwheat) noodles are milled on our own millstone every morning. Ciders are purchased directly from various regions, and more than 40 varieties are always offered.



ACCESS MAP



WEBSITE



11

Le Marais

Le Marais (マレ)

☎ 03-5829-8533

<https://www.marais.jp/>

1F Fam bldg., 1-25-12 Asakusabashi, Taito-ku

Tue. to Sat. 11:30-23:00 (L022:00)

Sun./Holidays 11:00-22:00 (L021:00)

Closing Days Mon.

Access 2-minute walk from Asakusabashi JR station

5-minute walk from Asakusabashi JR station

A bistro to enjoy luxurious French cuisine with delicious wine in a casual and relaxed ambiance. The chef's passion is reflected in the restaurant's handwritten daily menu!



ACCESS MAP



WEBSITE



15 NEKOZUKI

厚焼きホットケーキのお店 ねこづき

📞 03-6456-1392

<https://www.instagram.com/nekozuki2019/>

1F Miyaguchi House, 3-14-2 Taihei, Sumida-ku

Business Hours 11:00-17:00 (LO16:00)

Closing Days Mon./Fri./Irregular closing

Access 7-minute walk from Kinshicho JR station

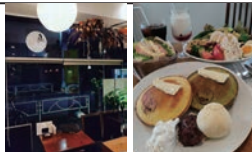
Pancakes are made to order, one by one, from the batter. The owner who loves cats carefully fries and serves the best pancakes.



ACCESS MAP



WEBSITE



16 CAPRICCIOSA ORINASU KINSHICHO

カプリチオーザ オリナス錦糸町店

📞 03-6658-8805

<https://olinas-kinshicho.capricciosa.com/>

4F Olinas Kinshicho, 4-1-2 Taihei, Sumida-ku

Business Hours 11:00-22:00 (LO21:30)

Closing Days According to the building closing day

Access 5-minute walk from Kinshicho JR station
3-minute walk from Kinshicho subway station

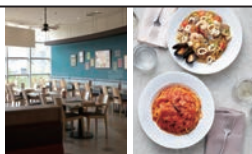
Capricciosa means "whimsy" in Italian. The best Italian cuisine from the authentic Trattoria restaurant in southern Italy, where you can enjoy food with lots of people.



ACCESS MAP



WEBSITE



17 CRUISE AND THE CAFE

クルーズ アンド ザ カフェ

📞 03-6659-2580

<https://www.tokyowaterways.com/en/cruise-and-the-cafe>

1F Hulic Ryogoku River Center,

1-2-13 Yokoami, Sumida-ku

Business Hours 10:30-18:00

Closing Days Irregular closing/Year-end and New Year Holidays (Check website for more about business hours)

Access 3-minute walk from Ryogoku JR station
7-minute walk from Ryogoku subway station

Taste a truly delicious coffee in the café designed to resemble the interior of a ship. Alcoholic beverages are also available. Visit here for a waiting lounge before a river cruise or enjoy our spacious cafe to enrich your break.



ACCESS MAP



WEBSITE



18 genbacafe1451

現場喫茶

📞 03-6657-0911

<https://genbacafe.tokyo/>

1-45-1 Oshiage, Sumida-ku

Business Hours 9:00-18:00 (LO17:30)

Closing Days Mon./Tue.

Access 5-minute walk from Oshiage subway station
8-minute walk from Tokyo Skytree Tobu station

A café that looks like a construction site, run by a real construction company, Takahashi Industries Co., Ltd. Enjoy the unique ambiance and unparalleled food and drinks!



ACCESS MAP



WEBSITE



22 YUKINOKAMA COFFEE

雪の珈琲

☎ 03-6808-5055

<https://yukinokamacoffee.com/concept.html>

1F Crest form Funabori South Stage,
4-12-8 Funabori, Edogawa-ku

Business Hours 12:00-22:00 (LO21:00)

Closing Days Wed.

Access 6-minute walk from Funabori subway station

The coffee is brewed with an espresso machine imported from Seattle, and Yukimuro coffee for limited hours is recommended. Offering a wide range of alcoholic beverages specializing in Niigata, such as wine stored in snow, beer, cocktails, and highballs at the bar.



ACCESS MAP



WEBSITE



23 POPOLAMAMA (monzennakacho)

ポポラママ 門前仲町店

☎ 03-3820-4417

<https://www.popolamama.com/index.php>

1F Tomioka Y bldg., 1-7-6 Tomioka, Koto-ku

Business Hours 11:00-22:00 (Close early during year-end and New Year Holidays)

Closing Days No regular closing

Access 1-minute walk from Monzen-nakacho subway station

A fresh pasta specialty restaurant in business for 30 years. Feel free to drop in and enjoy the chewy fresh pasta.



ACCESS MAP



WEBSITE



24 THAI Food yum yum Monzennakacho

タイ屋台居酒屋 ヤムヤム

☎ 03-6458-5455

https://www.instagram.com/monnaka_yamyam/

1-7-5 Tomioka, Koto-ku

Lunch 11:00-14:00

Dinner 17:00-23:00

Closing Days No regular closing

Access 2-minute walk from Monzen-nakacho subway station

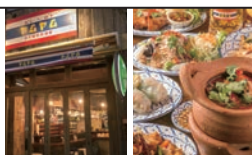
The Thai chef, who has worked at a four-star hotel in Thailand, prepares authentic Thai Isaan using plenty of pesticide-free vegetables and herbs directly purchased from contract farmers in Miyakojima.



ACCESS MAP



WEBSITE



25 Hanamizuki Monzennakacho

花水木 門前仲町

☎ 070-4397-2131

<https://the-ayumi.jp/2024/07/16/store-article-hanamizuki/>

1-12-4 Tomioka, Koto-ku

Business Hours 17:30-22:30 (LO22:00)

Closing Days Sun./Holiday

Access 1-minute walk from Monzen-nakacho subway station

The predecessor was a first-class Japanese restaurant Mimaki. That was a famous restaurant where politicians and entertainers visited every day when the Tomioka area was bustling as a geisha district. Only high-quality meat carefully selected with the owner's strict attention is served.



ACCESS MAP



WEBSITE



26 sinasoba haruko

志那そば晴弘

☎ 03-3642-8037

<https://tabelog.com/en/tokyo/A1313/A131303/13008015/>
1F Takeuchi 1st bldg., 1-21-9 Tomioka, Koto-ku

Weekdays 11:30-14:00
18:00-22:00 (LO21:45)

Sat./Sun. 11:30-14:45
17:00-21:00 (LO20:45)

Closing Days Tue. (Wed. irregularly close)

Access 5-minute walk from Monzen-nakacho subway station

A light soy sauce-flavored soup with delicious dashi. A popular shop especially crowded on Saturdays, Sundays, and holidays. The waiting time outside the restaurant may be long.



ACCESS MAP



WEBSITE



Joto Area

27 Monnaka Sakaba kusihiro

もんなか酒場 串人

☎ 03-3642-3311

<https://www.hotpepper.jp/strJ001201983/>
1-22-26 Tomioka, Koto-ku

Business Hours 16:00-23:00 (LO22:00)

Closing Days Irregular closing

Access 2-minute walk from Monzen-nakacho subway station

Always very fresh Japanese chicken is carefully skewered and grilled ♪ Enjoy our proud yakitori! An assortment is also available for a great deal! Comfortable tables and chairs are spread out with plenty of room to spare.



ACCESS MAP



WEBSITE



28 TO-TEN-KO

東天紅 深川店

☎ 03-3641-0125

<https://www.totenko.co.jp/restaurant/fukagawa/>
5F Akafudado Fukagawa bldg.,
2-10-1 Monzennakacho, Koto-ku

Weekdays Lunch 11:30-15:00 (LO14:00)
Dinner 17:00-21:00 (LO20:00)

Sat./Sun./Holidays 11:30-21:00 (LO20:00)

Closing Days Irregular closing (Apprx. two days a month)

Access 1-minute walk from Monzen-nakacho subway station

You will be welcomed in a heartfelt way.



ACCESS MAP



WEBSITE



29 Sumibiyakiniku Sarugaku Toyosuten

炭火焼肉 猿楽 豊洲店

☎ 03-5859-0572

<https://www.yakiniku-sarugaku.com/>

1F Lalaport Toyosu 3, 2-4-9 Toyosu, Koto-ku

Business Hours 11:00-22:00 (LO21:00)

Closing Days According to the building closing days

Access 3-minute walk from Toyosu subway station

5-minute walk from Toyosu

Yurikamome station

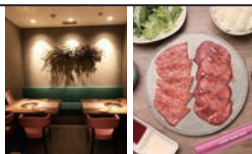
A variety of especially delicious innards carefully selected from only the finest quality innards by the connoisseur of a specialty shop. A5 rank Wagyu beef and fresh innards are offered for lunch as well.



ACCESS MAP



WEBSITE



30 HAKATA SYOKUSAI HYOUTEI RARAPOTO TOYOSUTEN

博多食彩 表郎ららぽーと豊洲店

☎ 03-6910-1559

<https://bentendotoyosu.gorp.jp/>

3F Lalaport Toyosu, 2-4-9 Toyosu, Koto-ku

Lunch 11:00-16:00

Dinner 16:00-22:00 (LO21:00)

Closing Days According to the building closing days

Access 5-minute walk from Toyosu subway station

A selection of Hakata's best dishes welcomes customers.



ACCESS MAP



WEBSITE



31 itarian kameido osuteriahana

イタリアン 亀戸 オステリアハナ

☎ 03-5628-6321

<https://osteriahana.com/>

#106, 1-36-4 Kameido, Koto-ku

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-22:00 (LO21:00)

Closing Days 3rd Wed.

Access 5-minute walk from Kameido JR station

Appreciate the Italian cuisine as if you were invited to a fashionable friend's house. A slightly lower seat that is easy to use for children and the elderly.



ACCESS MAP



WEBSITE



32 kowloongeu restaurant

九龍城飯店

☎ 03-6715-4304

https://www.instagram.com/kuronjyouhanten_official

6-23-2 Kameido, Koto-ku

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:30)

Closing Days Mon.

Access 3-minute walk from Kameido JR station

Just a three-minute walk from Kameido Station! Offering more than 100 all-you-can-eat Chinese dishes, such as pepper steak, shrimp chili egg, twice-cooked pork, and fried rice. Anyone can enjoy the all-you-can-drink lineup including traditional beer and Shaoxing wine!



ACCESS MAP



WEBSITE



36 ayrton café

あいるとんかふえ

☎ 03-3801-9008

<https://tabelog.com/en/tokyo/A1324/A132401/13134845/>

1F Takahashi bldg., 7-2-15 Minamisenju, Arakawa-ku

Business Hours 7:30-19:30 (LO19:00)

Closing Days Mon.

Access 2-minute walk from Minami-Senju JR/
subway station

A cozy café with Ayrton Senna on the poster watching over. All foods, including homemade bread, pizza, and buns made with delicious flour from Hokkaido offers a comforting taste.



ACCESS MAP



WEBSITE



37 NATURAL CAFE KOHIKIYA

natural cafe こひきや

☎ 03-6807-7512

<http://kohikiya.tokyo/free/english>

5-20-15 Higashiogu, Arakawa-ku

Business Hours 11:30-14:30 (LO14:00)

Sat. 11:30-17:00 (LO16:00)

Closing Days Sun./Mon./Holidays

Access 5-minute walk from Akado-shogakkomae
Nippori-Toneri Liner station
5-minute walk from Kumanomae
Nippori-Toneri Liner station

A cafe based on the concept of Have a Delicious Time. A relaxing ambiance with safe and secure meals that do not contain any chemical seasonings.



ACCESS MAP



WEBSITE



38 IZAKAYA YOSUKE

居酒屋 酔助

☎ 03-4362-9833

<https://www.hotpepper.jp/strJ003324718/>

2F Nippori ekimae Tochu bldg.,

2-19-7 Nishinippori, Arakawa-ku

Weekdays 15:00-23:30 (LO23:00)

Sat./Sun./Holidays 12:00-23:30 (LO23:00)

Closing Days Irregular closing

Access 1-minute walk from Nippori JR/
Keisei station

The owner procures fresh vegetables and fish from the market and serves them in ways that suit the ingredients. An izakaya with a completely private room where you can enjoy your meal without worrying about others.



ACCESS MAP



WEBSITE



39 café mogii+

café mogii+

☎ 03-5604-5129

https://www.instagram.com/cafe_mogii.plus/

5-1-1 Higashinippori, Arakawa-ku

Business Hours 11:30-18:00 (LO17:00)

Closing Days Mon./Sun./Holidays

Access 8-minute walk from Nippori JR/Keisei station
7-minute walk from Mikawajima JR station
8-minute walk from Uguisudani JR station

A special moment spent with a galette made from Japanese buckwheat flour!



ACCESS MAP



WEBSITE



40 Malanotora Takenotsuka

麻辣の虎 竹ノ塚店

☎ 03-5851-8090

<https://tabelog.com/en/tokyo/A1324/A132404/13278741/>

THE VALUE SHARED HOTEL TAKENOTSUKA,
3-16-10 Takenotsuka, Adachi-ku

Business Hours 11:00-23:00 (LO22:30)

Closing Days No regular closing

Access 8-minute walk from Takenotsuka
Tobu station

A Chinese restaurant specializing in hot and spicy pot and stir-fry dishes. Enjoy the authentic taste of Sichuan cuisine.



ACCESS MAP



WEBSITE



Joto Area

41 Otodama

おとだま

☎ 03-3856-0905

<https://tabelog.com/en/tokyo/A1324/A132404/13248836/>

1F, 2-2-3 Nishitakenotsuka, Adachi-ku

Business Hours 9:00-16:00

Lunch 11:30-14:00

Closing Days Mon./Sun.

Access 1-minute walk from Takenotsuka
Tobu station

Offering hand-brewed coffee, light meals, cakes, and a daily lunch special. Very cozy café. Wheelchair users and customers on their own are welcome!



ACCESS MAP



WEBSITE



42 CAFE GARDEN

カフェ ガーデン

☎ 03-3694-9022

<https://tabelog.com/en/tokyo/A1324/A132403/13046048/>

6-18-2 Tateishi, Katsushika-ku

Business Hours 10:00-17:00 (LO16:30)

Lunch 11:00-16:00

Closing Days Mon./Sun./Holidays

Access 6-minute walk from Tateishi Keisei station
North exit
6-minute walk from Aoto Keisei station

A bakery with a café featuring oven-baked pizza, pasta, and freshly baked bread! Pasta and afternoon tea are served in a good, old-European style café.



ACCESS MAP



WEBSITE



43 Izakaya YU-YU

居酒屋 ゆうゆう

☎ 03-5699-6599

<http://yu-yu.website/>

Corpo Yoshino, 5-30-11 Takasago, Katsushika-ku

Lunch 11:30-14:00 (LO13:30)

Dinner 17:00-27:00 (LO26:00)

Sun. 17:00-22:00 (LO21:00)

Closing Days No regular closing (Lunch close on Sun.)

Access 1-minute walk from Keisei-Takasago station

Enjoy the very elegant taste at a reasonable price in this izakaya.



ACCESS MAP



WEBSITE



44 Kissa Hakujuuji

喫茶 白十字

☎ 03-3600-6583

<https://tabelog.com/en/tokyo/A1324/A132403/13076480/>

1F Shirojuji bldg., 5-29-13 Takasago, Katsushika-ku

Business Hours 8:30-19:00

Only on Wed. 8:00-19:00

Closing Days Sun.

Access 0-minute walk from

Keisei-Takasago station

Installed a large medical air purifier to protect from infectious diseases. Breakfast from 510 yen, 13 lunch dishes from 890 yen, and cake sets from 720 yen on Fridays and rainy days. Booth seating for 70 people.



ACCESS MAP



WEBSITE



45 Sansankudo

三三九度

☎ 03-3838-3210

<https://sansankudo.net/>

3-39-10 Aoto, Katsushika-ku

Lunch 11:30-15:00 (LO14:30)

Dinner 15:00-23:00 (LO22:00)

Closing Days Wed.

Access 1-minute walk from Aoto Keisei station

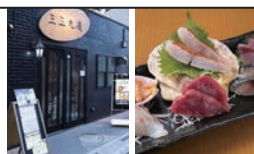
Enjoy seasonal dishes with a blend of Japanese and Western flavors, including fresh sashimi, boiled fish, and finely chopped fish with miso, plus a wide range of drinks.



ACCESS MAP



WEBSITE



46 choujyuan

長寿庵

☎ 03-3654-6739

<https://choujyuan.com/>

3-29-5 Nishiichinoe, Edogawa-ku

Lunch 11:00-14:30 (LO14:00)

Dinner 17:00-20:00 (LO19:30)

Closing Days Thu./3rd Fri.

Access 20-minute walk from Ichinoe subway station
6-minute walk from Nishi Ichinoe Sanchoe bus stop (Toei bus)

The local gourmet dish of Komatsuna soba and udon is a healthy new specialty of Edogawa. Offering the standard menu, a variety of lunch dishes at a reasonable price.



ACCESS MAP



WEBSITE



1

THE CRUISE CLUB TOKYO

ザ・クルーズクラブ東京

☎ 03-3450-4300

<https://cctokyo.co.jp/english/>

1F Seafort Square, 2-3-16 Higashishinagawa, Shinagawa-ku

Business Hours Cruise(Inboard)

Sat./Sun./Holidays Lunch Cruise 12:00-13:40

Afternoon Cruise 14:15-15:00 (Sat./Sun./Holiday only)

Dinner Cruise 18:00-20:00 Night Cruise 20:45-21:45

Weekdays

Dinner Cruise 18:30-20:30 Night Cruise 21:15-22:15

Check Website for Club House plan

Closing Days

Irregular closing

Access

2-minute walk from Tennozu Isle Tokyo monorail station

5-minute walk from Tennozu Isle Rinkai station

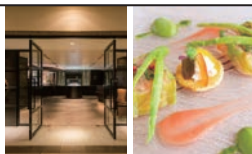
A trip aboard the Cruise Club Tokyo is a dramatic dream time. Liberate your mind from everyday life and take a moment to embark on a fantastic journey. Experience an elegant time with fabulous food and space.



ACCESS MAP



WEBSITE



2

Oimachi Honma

大井町ほんま

☎ 03-6718-4040

<https://dajingtinghonma.webnode.jp/>

6-8-26 Minamishinagawa, Shinagawa-ku

Business Hours Lunch 12:00-13:30

Dinner 18:00-23:00

Closing Days

Irregular closing

Access

5-minute walk from Oimachi JR station

Appreciate the dishes carefully prepared by a guy born in the Showa period. Offering the popular Grilled Harami (skirt steak) & liver, the signature Harami kushi (on a skewer), stewed meats, and seasonal dishes. The shop owner is the chef, and with no other staff, it may take some time.



ACCESS MAP



WEBSITE



3

PARK COFFEE

PARK COFFEE

☎ 03-6754-4286

<https://www.parkcoffee-oimachi.com>

1-8-3 Oi, Shinagawa-ku

Mon./Tue./Thu. 8:00-18:00

Wed./Fri. 8:00-20:00

Sat./Sun./Holidays 10:00-18:00

Closing Days No regular closing

Access

2-minute walk from Oimachi JR station

This concept is a playground where even adults can stop by. This is a place where diverse cultures come and go. Meet friends and play beyond the barriers like when you were a child.



ACCESS MAP



WEBSITE



4

CAFE & HALL Ours

CAFE & HALL Ours

☎ 03-6409-6867

<https://ourscafe.jp/>

5-7-2 Kitashinagawa, Shinagawa-ku

Business Hours 10:00-18:00

Closing Days Tue.

Access

5-minute walk from Osaki JR station

Providing the dual public aspects of a café and rental space, an indispensable place for the new town of Osaki to foster its community. Offering services tailored to the needs of various people in the town.



ACCESS MAP



WEBSITE



5 Zarusobadokoro Ikinukian Shouri

筑蕎麦処 粋庵 彰利

☎ 03-6277-2076

<https://r.goope.jp/ikinukian/about>

#103 Garden city Shinagawa Gotenyama,
6-7-29 Kitashinagawa, Shinagawa-ku

Business Hours 11:00-15:00

Closing Days Sat./Sun./Holidays

Access 7-minute walk from Osaki JR station
Free shuttle bus from
Shinagawa/Gotanda JR station

Fifteen years since opening in Shiba Park, homemade, additive-free and large size 500 g soba, which inherits the spirit of a zaru soba restaurant! Seven different special soba tsuyu (dashi + soy sauce to eat with soba) overturns the concept of soba.



ACCESS MAP



WEBSITE



6 DOSUKOISAKABA TAMAKAIRIKI MUSASHIKOYAMATEN

どすこい酒場 玉海力 武蔵小山店

☎ 03-3785-6501

<https://musashikoyama-tamakairiki.com/>

3-23-10 Koyama, Shinagawa-ku

Business Hours 17:00-

Closing Days Irregular closing

Access 5-minute walk from
Musashi-koyama Tokyo station

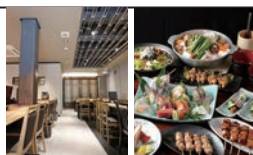
Welcomes customers with smiles and good service to provide a pleasant time with family members and friends.



ACCESS MAP



WEBSITE



7 OVERWHELM HAMBURGER and BAR STAND

OVERWHELM HAMBURGER and BAR STAND

☎ 03-6451-2400

https://www.instagram.com/overwhelm_hamburgershop/

1-16-14 Chuocho, Meguro-ku

Business Hours 11:00-24:00 (LO23:30)

Closing Days No regular closing

Access 7-minute walk from
Gakugei-daigaku Tokyo station

Enjoy the hand-chopped patty burgers, handmade ketchup, and pickles in a colorful and fashionable space. The menu includes the unique Beef & Broccoli Cheeseburger or Kids Burger Plate for children, suitable for family meals ☺



ACCESS MAP



WEBSITE



8 linne yutenji

linne yutenji

☎ 050-5592-7223

https://www.instagram.com/linne_yutenji

#102 IZAN bldg., 2-3-6 Chuocho, Meguro-ku

Lunch 11:30-15:00 (LO14:30)

Dinner 18:00-0:00 (LO23:00)

Closing Days Irregular closing

Access 9-minute walk from Yutenji Tokyu station

A small dining that locals go to, which pops up in the town. Offering various genres of dishes using seasonal ingredients. Welcomes you with warm hospitality, so feel free to visit.



ACCESS MAP



WEBSITE



9 SOLO NOI sul nuje

SOLO NOI sul nuje (ソロノイスルヌジェ)

☎ 03-6421-2875

<https://instagram.com/solonoisulnuje>

1F Office Toritsu-daigaku bldg.,

1-7-3 Nakane, Meguro-ku

Lunch 11:30-15:00 (LO14:00)

(Sat./Sun./Holidays LO14:30)

Dinner 17:00-22:00 (LO21:00)

(Fri./Sat./Day before a holiday LO21:30)

Closing Days Tue.

Access 1-minute walk from

Toritsu-daigaku Tokyu station

Enjoy authentic pizzas that are carefully baked by certified Neapolitan pizza artisans in the wood-fired oven of Stefano Ferrara, a master Neapolitan craftsman.



ACCESS MAP



WEBSITE



10 News Cafe

News Cafe

☎ 03-3725-6450

<https://www.instagram.com/newscafetokyo/>

4F Hakko bldg., 2-9-11 Jiyugaoka, Meguro-ku

Mon./Thu./Fri./Sat. 12:00-20:00 (LO19:00)

Sun./Holidays 12:00-19:00 (LO18:00)

Closing Days Tue./Wed.

Access 5-minute walk from Jiyugaoka Tokyu station

American diner-style restaurant. The owner goes to the United States every year to travel around and eat, then faithfully reproduces the authentic taste. Vegetarian and vegan options are also offered.



ACCESS MAP



WEBSITE



11 Mark Matsuoka Grill Nakameguro

マークマツオカグリル 中目黒

☎ 03-6451-2922

<https://www.markmatsuoka.tokyo/nakameguro/>

1F Suzubo bldg., 1-16-12 Kamimeguro, Meguro-ku

Lunch 11:00-16:00

Dinner 16:00-22:00 (LO21:00)

Closing Days Year-end and New Year holidays/
Irregular closing

Access 5-minute walk from
Naka-meguro subway/Tokyu station

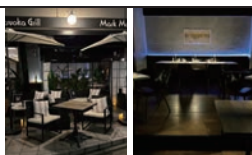
The chef, who studied in France, creates innovative dishes full of originality by fusing elements of Japanese cuisine. Carefully selected beef is sublimated into innovative dishes.



ACCESS MAP



WEBSITE



12 Togumon

中目黒焼肉 登牛門

☎ 03-6451-2939

<https://tabelog.com/en/tokyo/A1317/A131701/13290371/>

B1F Nakameguro Arena,
1-23-1, Kamimeguro, Meguro-ku

Business Hours 16:00-23:00 (LO22:30)

Closing Days Irregular closing

Access 2-minute walk from
Naka-meguro Tokyo station

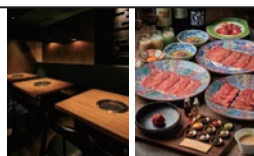
[Authorized to serve raw Wagyu beef ☺] The Wagyu equation leads to the pinnacle of deliciousness with an original dish that hides subtle sensitivity and elaboration. Welcomes with omotenashi (hospitality) that maximizes the potential of Wagyu beef for all customers. Have a special time filled with a blissful taste for your body and mind.



ACCESS MAP



WEBSITE



13 nakame on the beach

ナカメオンザビーチ

☎ 03-6451-0115

<https://nakame-on-the-beach.com>

#101 Friend bldg., Nakameguro,
2-16-12 Kamimeguro, Meguro-ku

Lunch 11:30-14:00 (LO13:30)

Dinner 17:00-23:00 (LO22:00)

Closing Days No regular closing

Access 3-minute walk from
Naka-meguro Tokyo station

Nakame on the beach is a Japanese bistro and bar located in the middle of the Nakameguro shopping street in Tokyo. Enjoy the dishes made with ingredients from Shimoda. Pet friendly and kid friendly. Opening hours and detailed menu are updated on social media.



ACCESS MAP



WEBSITE



14 Chicken BBQ & Natural Wine Cotori

鳥焼肉と自然派ワイン Cotori

☎ 03-6412-7428

<https://cotori.tokyo/>

#101 casagradio, 2-10-3 Yutenji, Meguro-ku

Lunch Mon. to Sat. 17:00-24:00 (LO23:00)

Dinner Sun./Holidays 16:00-23:00 (LO22:00)

Closing Days Thu./Irregular closing

Access 2-minute walk from Yutenji Tokyo station

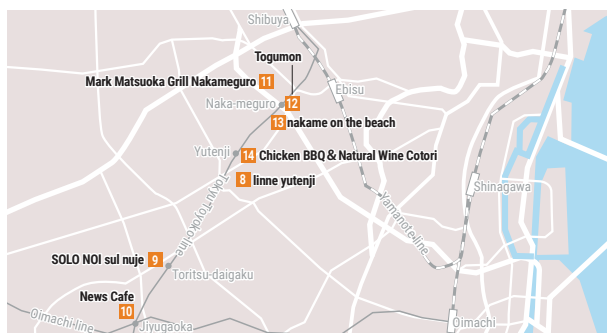
Offering grilled chicken not yakitori. Each table is equipped with a special roaster so there is almost no smoke or odor. Consult us on allergies and vegetarian meals when making the reservation.



ACCESS MAP



WEBSITE



15 Curry&Spice HANAKO

せきねん家 (Curry&Spice HANAKO)

☎ 080-4629-5136

https://www.instagram.com/curryspice_hanako

1F, 2-14-1 Yutenji, Meguro-ku

Lunch Mon./Tue./Wed./Sat./Sun.

11:00-15:00 (LO14:30)

Thu./Fri 11:00-14:30 (LO14:00)

Dinner Mon./Tue./Wed. 18:00-21:00 (LO20:30)

Closing Days Irregular closing

Access 1-minute from Yutenji Tokyu station

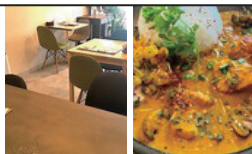
A spice curry shop in front of Yutenji Station. All handmade, no chemical seasonings or flour. Offering mild and strong flavor curry that makes use of ingredients. We cook with sincerity so you can have a pleasant time through food.



ACCESS MAP



WEBSITE



16 Onda Tokyo

Onda Tokyo

☎ 03-5734-1987

<https://www.onda.tokyo/>

#1B Sakura House, 1-8-12 Nakameguro, Meguro-ku

Lunch 12:00-15:00 (LO13:00)

Dinner 18:00-23:00 (LO20:00)

Closing Days Sun.

Access 6-minute from Naka-meguro subway/
Tokyu station

Meals with the essence of Italy using ingredients with the hearts of the farm producers from all over Japan. Offering a sense of Japan's seasonal flavors with dishes prepared by Chef Nakamura.



ACCESS MAP



WEBSITE



17 COFFEE BASE MEGURO

COFFEE BASE MEGURO

☎ 03-6826-9569

<https://www.instagram.com/coffeebase.meguro/>

1F LUMIEC MEGURO, 2-8-8 Meguro, Meguro-ku

Business Hours 7:00-18:00

Morning 7:00-10:00 (LO10:00)

Lunch 10:00-15:00 (LO15:00)

Closing Days Irregular closing

Access 7-minute walk from Meguro JR station

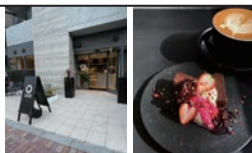
Offering home-roasted specialty coffee under the motto "beyond coffee" and "pet friendly." Enjoy the beans of your choice and how you like them according to your mood on the day.



ACCESS MAP



WEBSITE



18 i-rottah

イ・ロッタ (i-rottah)

☎ 03-3779-1138

<https://tabelog.com/en/tokyo/A1316/A131601/13003385/>

1F Meguro DK West,

1-5-21 Shimomeguro, Meguro-ku

Lunch 11:30-14:00 (LO13:30)

Dinner 17:30-22:00 (LO20:45)

Closing Days Wed. (open if there is a holiday on the week)/
Sun./Holidays.

Access 4-minute walk from Meguro JR station

Loved in Meguro for 25 years and proud of its wood-fired Neapolitan pizza and Italian regional cuisine. Offering a variety of homemade pasta! A calm and comfortable atmosphere.



ACCESS MAP



WEBSITE



19 Kushikatsu Sengyo Sake Hirataya

串かつ・鮮魚・酒ひらたや

☎ 03-6404-6866

<https://hirataya-inc.com/>

1F Sanko Shoji bldg., 6-27-1 Omorikita, Ota-ku

Business Hours 11:30-3:00 (LO2:30)

Closing Days No regular closing

Access 1-minute walk from Heiwajima Keiiku station

Utilizing the extensive industry experience, specialized knowledge, and unique network to pursue the creation of a wonderful izakaya that is full of the happy smiles of customers, while responding to their various requests and needs.



ACCESS MAP



WEBSITE



20 GRECIAL

野菜とイタリアンダイニング・カフェ グリシアル

☎ 03-3745-6073

<https://www.grecial.jp/>

1F, 4-31-16 Nishikojima, Ota-ku

Lunch 11:30-15:00 (LO14:30)

Dinner 17:30-22:00 (LO21:00)

Closing Days Wed.

Access 3-minute walk from Kojiya Keiiku station
9-minute walk from Keiiku-Kamata station

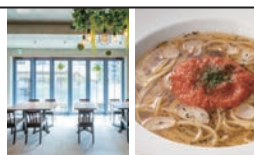
For a truly barrier-free environment, Greal supports people with disabilities, and the terrace seating is guide dog friendly. The soup pasta warms up your mind and body and is recommended for a delicious and enjoyable time.



ACCESS MAP



WEBSITE



21 CHINMIROU

珍珠楼 桜谷駅前店

☎ 03-5705-3939

<https://chinmiro-koujiya.foodre.jp/>

4-14-14 Nishikojima, Ota-ku

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:30)

Closing Days No regular closing

Access 1-minute walk from Kojiya Keiiku station

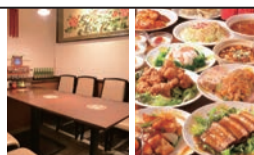
Appreciate the most popular Hanaed gyoza, our signature menu item, and we are proud of our Chinese cuisine. We welcome a banquet booking for any occasion, even small groups!!



ACCESS MAP



WEBSITE



22 HANEDA SKY BREWING

HANEDA SKY BREWING

☎ 03-5579-7350

<https://www.haneda.beer/>

2F Haneda Innovation City,
1-1-4 Haneda Airport, Ota-ku

Lunch Weekdays 11:00-14:00 (LO14:00)

Sat./Sun./Holidays 11:00-15:00

Dinner 16:00-23:00 (LO22:30)

(Café opens between lunch and dinner time)

Closing Days Irregular closing

Access 2-minute walk from Tenkubashi
Keiikyu station(directly connected)

Craft beer brewed in 1-1, Haneda Airport! Offering a variety of ingredients from all over Japan with beer from Haneda! Beer is brewed in Innovation City. The restaurant attached to the brewery offers many different dishes that go well with beer, including homemade pizza and meat specialties.



ACCESS MAP



WEBSITE



23 Steak House BUFFALO

ステーキハウス バッファロー

☎ 03-3742-2622

<https://www.buffalo1992.com/english.html>

2-6-18 Haginaka, Ota-ku

Lunch 11:30-14:00 (LO13:45)

Dinner 17:30-21:00

Closing Days Irregular closing

Access 4-minute walk from
Kojiya Keiikyu station

Enjoy tender and tasty Wakuhime Beef! It is grilled with Bincho charcoal, and the grilling method makes a difference to the taste. While waiting for the steak, enjoy sake and delicious a la carte dishes. For wheelchair customers, reservations are recommended for smooth guidance.



ACCESS MAP



WEBSITE



24 HASUNUMA KITCHEN

蓮沼キッチン

☎ 03-3733-3504

<http://hasunuma-kitchen.com/>

6-24-5 Nishikamata, Ota-ku

Business Hours 10:00-15:00 (LO14:30)

Closing Days Sat./Sun./Holidays

Access 3-minute walk from Hasunuma
Tokyu station

Hasunuma Kitchen is operated as a disability welfare service that supports people who have difficulty working due to mental disorders, such as alcoholism and schizophrenia, so they can work again and participate in society.



ACCESS MAP



WEBSITE



25 cafe Columbia

コロンビア茶房

☎ 03-3735-3051

<https://lwy5.buzama.com/coffee/>

7-16-1 Nishikamata, Ota-ku

Business Hours 8:00-20:00

Closing Days Sun.

Access 0-minute walk from Hasunuma
Tokyu station

Take a moment to unwind with coffee.



ACCESS MAP



WEBSITE



26 STEAK HOUSE B&M

ステーキハウス B&M グランデュオ蒲田店

☎ 03-5713-6283

<https://www.steakbm.com/>

7F Grand duo Kamata West bldg.,

7-68-1 Nishikamata, Ota-ku

Lunch 11:00-15:00

Dinner 15:00-22:00 (LO21:30)

Closing Days According to the building closing day

Access Near Kamata JR/Tokyu station

Offering all handmade original products, such as sauces, dressings, dips, hamburger patties, and even the sausages where we grind the meat and stuff into intestines. Experience the amazing taste that you cannot find anywhere else.



ACCESS MAP



WEBSITE



27 Tatsumi

多津美

☎ 03-3731-3216

<https://tabelog.com/en/tokyo/A1315/A131503/1301774/>

7-48-8 Nishikamata, Ota-ku

Business Hours 11:30-14:30 (LO14:00)

Closing Days Sun.

Access 2-minute walk from
Kamata JR/Tokyu station

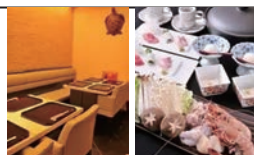
The Japanese restaurant located on the Kamata shopping street for a long time. Don't miss the exquisite pork cutlets.



ACCESS MAP



WEBSITE



28 Rai Fu Ichiba

来富市場 蒲田本店

☎ 03-5703-1988

<https://raifuichiba.owst.jp/en/>

2F Asuto With, 4-10-14 Kamata, Ota-ku

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:30)

Closing Days Irregular closing

Access 1-minute walk from
Keikyū Kamata station

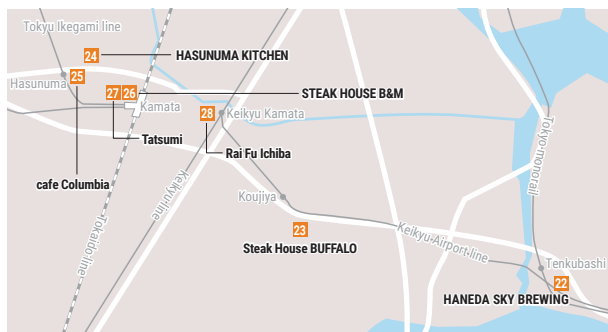
Offering a variety of Chinese cuisine, including Beijing duck, classic, and unique dishes! Sichuan, Fujian, Shanghai, and Hong Kong-style Chinese foods that will satisfy even first-time customers! Excitement that can only be experienced here awaits you!



ACCESS MAP



WEBSITE



29

WORLD BAR Tsubasa

完全個室 蒲田の餃子 & 肉バル Tsubasa (ツバサ) 蒲田店

☎ 03-6428-7864

<https://worldbartsubasa.owst.jp/en/>

3F Asuto with, 4-10-14 Kamata, Ota-ku

Business Hours 17:00-23:00 (LO22:30)

Closing Days Irregular closing

Access 1-minute walk from
Keikyu Kamata station

Tubasa's beef steak is very juicy, chewy yet tender. The chewy texture is an excellent gem! Another Tubasa specialty is cheese fondue gyoza! It even comes with quattro cheese pizza, and it is premium!



ACCESS MAP



WEBSITE



30

KAMATA TENHO

蒲田 香和

☎ 03-6424-7701

<https://tenhou0801.jp/>

1F, 5-1-3 Kamata, Ota-ku

Business Hours 12:00-24:00 (LO22:00)

Closing Days Irregular closing

Access 3-minute walk from Kamata JR station

The relaxing, hideaway ambience of the restaurant creates a comfortable space where you can spend adult time. Offering a wide variety of seasonal dishes and a wide selection of sake, feel free to visit us.



ACCESS MAP



WEBSITE



31

fu-haku

fu-haku

☎ 03-5755-5397

<https://fu-haku.jp/>

Denenchofu seseragi park,

1-53-12 Denenchofu, Ota-ku

Morning 8:30-11:00 (LO10:30)

Lunch 11:00-18:00 (LO17:30)

Dinner Dinner is available only Fri., Sat., and
a day before holiday

18:00-22:00 (LO21:30)

Closing Days 2nd Thu.

Access Near Tamagawa Tokyu station

Denenchofu Seseragi Park. The park used to be Tamagawa-en, and then it was converted into a private tennis club. Now, it is a park surrounded by water, greenery, and a rich natural environment. Located in a corner of the park, a 30-second walk from Tokyu Tamagawa Station.



ACCESS MAP



WEBSITE



32

NORA BAKERY

ノラベーカリー

☎ 03-6459-7037

<https://norabakery.com/>

1-55-10 Denenchofu, Ota-ku

Business Hours 9:00-19:00 (LO18:00)

Closing Days Mon./Irregular closing

Access 3-minute walk from
Tamagawa Tokyu station

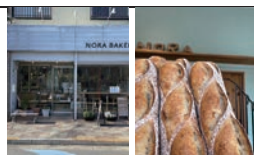
A bakery producing simple breads mainly using Japanese wheat and organic ingredients.



ACCESS MAP



WEBSITE



33 Re.beer

Re.beer

☎ 03-6410-6778

<https://www.haneda.beer/>

1F, 4-31-16 Ikegami, Ota-ku

Lunch 11:30-14:00 (LO14:00)**Cafe Time** 14:00-17:00**Dinner** 17:00-23:00 (LO22:00)**Closing Days** No regular closing**Access** 3-minute walk from
Ikegami Tokyu station

A Japanese food, craft beer, and sake shop in Ikegami. This craft beer is freshly made in-store using Ota City's brewing equipment developed at a small factory in Ota! Enjoy rare sakes with Japanese food.



ACCESS MAP



WEBSITE



34 Bistro Aleutian

ビストロ・アリューシャン

☎ 080-9533-0511

<https://www.instagram.com/bistro.aleutian/>

3-39-4 Kugahara, Ota-ku

Business Hours 17:00-23:00 (LO22:00)**Closing Days** Mon./2nd and 3rd Tue.**Access** 4-minute walk from
Kugahara Tokyu station

With attention to detail, such as preparing and cooking the ingredients, selecting wine, and offering great hospitality, we will create a place where everyone can gather to have fun and enjoy a good meal! That's why we were born: Bistro Aleutian!



ACCESS MAP



WEBSITE



Jonan Area

35 Hanuman

ハヌマン 久が原店

☎ 03-6410-2448

<https://www.hotpepper.jp/str.J001044644/>

3-40-4 Kugahara, Ota-ku

Lunch 10:00-15:00**Dinner** 17:00-23:00**Closing Days** No regular closing**Access** 5-minute walk from
Kugahara Tokyu station

The ethnic restaurant offers a wide range of Indian, Thai, and Vietnamese cuisines. Curry and cheese naan are popular! You can also choose the spiciness you like! There are also courses with all-you-can-drink and takeout. Birthday surprises are also available by reservation!



ACCESS MAP



WEBSITE



1

LiLiBET TEA HOUSE

LiLiBET TEA HOUSE

☎ 03-6805-3349

<https://lilibet.online/>

2-36-5-1 Ikejiri, Setagaya-ku

Morning 9:30-11:00**Lunch** 11:00-19:00 (LO18:00)**Closing Days** Tue.**Access** 7-minute walk from
Ikejiri-ohashi Tokyu station

Offering British-style dishes, such as crepe-like pancakes, salad plates, and chicken tikka masala. Some dishes can be sugar-free.



ACCESS MAP



WEBSITE



2

Pasta Alba

パスタ アルバ池尻大橋

☎ 03-6805-2723

https://www.instagram.com/pastaalba_official/

3-16-5 Ikejiri, Setagaya-ku

Business Hours 11:00-21:30 (LO21:00)**Closing Days** Wed. (Lunch only)**Access** 9-minute walk from
Ikejiri-ohashi Tokyu station

Takes a week to make bacon that goes well with fresh pasta! Taste it with carbonara and amatriciana! We also process tuna!! Enjoy our homemade bacon and processed tuna together with chewy pasta.



ACCESS MAP



WEBSITE



3

Cafe JOY

喫茶JOY

☎ 03-3411-6675

<https://tabelog.com/en/tokyo/A1317/A131706/13131214/>1F Setagaya Sangyo Plaza,
2-16-7 Taishido, Setagaya-ku**Business Hours** 10:00-17:00**Closing Days** 2nd Sat./Sun./Holidays/12/28-1/5**Access** 3-minute walk from
Sangen-jaya Tokyu station

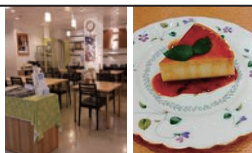
A café run by NPO JOY where people with disabilities can experience working. Providing a range of tourism brochures for Setagaya and selling products from facilities for disabled people and Setagaya souvenirs.



ACCESS MAP



WEBSITE



4

soba itijin

そばー仁

☎ 03-5799-6517

<http://r.goopen.jp/soba-itijin/about>

2-26-11 Sakuragaoka, Setagaya-ku

Lunch 11:30-14:30 (LO14:00)**Dinner** 17:30-21:30 (LO21:00)**Closing Days** Mon./Sun.**Access** 3-minute walk from
Chitose-Funabashi Odakyu station

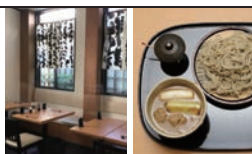
A soba restaurant using homemade flour. A 3-minute walk from Chitose Funabashi Station. Comfortable ambiance for a woman to spend time in and kid friendly. Reservations are recommended for wheelchair users.



ACCESS MAP



WEBSITE



5 Herbal Chinese STEAMAN

Herbal Chinese STEAMAN

☎ 03-6805-6464

<https://steaman-futakotamagawa.jp/>

2F AG Futakotamagawa,
3-14-8, Tamagawa, Setagaya-ku

Lunch 11:30-15:00 (LO14:30)

Dinner Mon. to Thu./Sun. 17:30-22:00 (LO21:00)
Fri./Sat. 17:30-23:00 (LO22:00)

Closing Days Year-end and New Year holidays/Tue.

Access 4-minute walk from
Futako-tamagawa Tokyu station

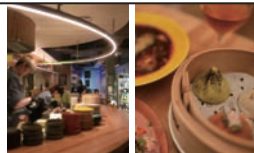
The combination of bamboo and cyberpunk represents a new style of cuisine that is a fusion of Chinese and French cuisine. Offering a special atmosphere exquisitely harmonized with contradictory materials, such as natural bamboo, futuristic stainless steel, and neon.



ACCESS MAP



WEBSITE



6 Asian Cafe & Diner Vivid Aja

Asian Cafe & Diner Vivid Aja

☎ 03-6411-7258

<https://www.hotpepper.jp/strJ001224602/>

1F Santopia Tamagawa,
3-20-8 Tamagawa, Setagaya-ku

Business Hours 11:00-22:00 (LO21:00)

Closing Days No regular closing

Access 5-minute walk from Futako-tamagawa
Tokyu station

Authentic ethnic cuisine! Here is the place to enjoy foods created by genuine ethnic cuisine chefs!



ACCESS MAP



WEBSITE



7 CLOCHETTE CAFE

クロシェットカフェ

☎ 03-5343-5088

<https://www.clochette-cafe.com/>

1F Sancuore, 4-3-1 Nakano, Nakano-ku

Business Hours 10:00-19:30 (LO19:00)

Closing Days Sat.

Access 5-minute walk from Nakano JR station
15-minute walk from Araiya-kushi-mae
Seibu station
15-minute walk from Numabukuro
Seibu station

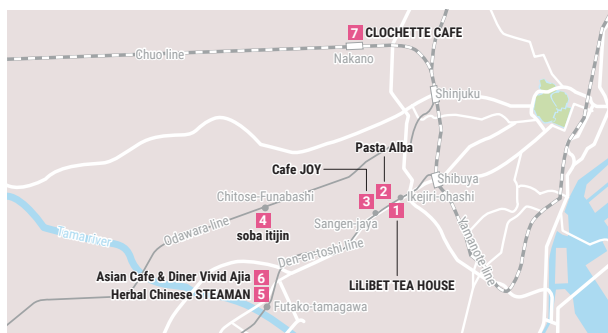
CLOCHETTE CAFE's freshly baked homemade waffles are very popular! Enjoy the fragrant herbal tea with a sweet and delicious dessert.



ACCESS MAP



WEBSITE



8 sarashinasouhonten kitagutiten

さらしな総本店 北口店

📞 03-3389-4218

<https://tabelog.com/en/tokyo/A1319/A131902/13012893/>

5-56-7 Nakano, Nakano-ku

Business Hours 11:00-20:30 (LO20:15)

Closing Days No regular closing

Access 4-minute walk from Nakano JR station

A handmade soba restaurant that has been around for more than 60 years. The interior is like an old private house and you can enjoy an atmospheric, relaxing meal.



ACCESS MAP



WEBSITE



9 Fruit Harbor

フルーツハーバー

📞 03-6825-2970

https://www.instagram.com/fruit_harbor

1F Akiyama bldg.,

3-40-10 Kamitakada, Nakano-ku

Business Hours 10:00-17:00

Closing Days Mon./Tue./Wed./Thu.

Access 1-minute walk from Araiakushi-mae Seibu station

A specialty shop for colorful and lovely fruit sandwiches! The sweetness of the large, carefully selected seasonal fruits, the light fresh cream, and the saltiness of bread are exquisitely matched! Home-roasted coffee and high-quality tea go well with fruit sandwiches! A relaxing space to enjoy a little luxury in everyday life.



ACCESS MAP



WEBSITE



10 Space & Cafe PolePoleza

Space & Cafe ポレポレ坐

📞 03-3227-1445

<https://pole2za.com/>

1F PolePoleza bldg.,

4-4-1 Higashinakano, Nakano-ku

Business Hours 11:00-20:30 (LO20:00)

Closing Days 2nd and 4th Tue.

Access 2-minute walk from Higashi-Nakano JR station
2-minute walk from Higashi-Nakano subway station

A café that offers delicious foods, drinks, and fun times that holds various events, including movies!!



ACCESS MAP



WEBSITE



11 Kizen Cafe & Bar

葵禅カフェ&バー

📞 03-6753-5858

<https://www.kizencafe.com/>

4-15-2 Higashinakano, Nakano-ku

Business Hours 11:00-22:00 (LO21:30)

Closing Days Mon.

Access 1-minute walk from Ochiai subway station
6-minute walk from Nakano JR station

Offering original seasonal dim sum dishes using plenty of Chinese ingredients. A kids' menu is available. Everyone from small children to the elderly is welcome.



ACCESS MAP



WEBSITE



12 Pizzer Citraba

Pizzer Citraba

☎ 03-5942-8296

<https://www.pizzercitraba.com/>

1-31-11 Arai, Nakano-ku

Weekdays Lunch 11:30-14:00 (LO14:00)
Dinner 17:00-23:00 (LO22:00)

Sat./Sun./Holidays Lunch 11:30-15:00
Dinner 15:00-23:00 (LO22:00)

Closing Days Tue. (Subject to change if Tue. is a holiday)

Access 10-minute walk from Arai yakushi-mae
Seibu station

Enjoy dishes prepared by authentic Italian chefs and a wide selection of drinks. Homemade pizza is baked in the kiln, juicy fried chicken, and a selection of gems. Craft beer and a variety of drinks are also tempting ☺ The bright, spacious restaurant is available for various occasions.



ACCESS MAP



WEBSITE



13 cafe henri fabre

カフェアンリ・ファブール

☎ 03-3223-7330

https://www.instagram.com/cafe_henri_fabre_koenji/

2F Za Koenji, 2-1-2 Koenjikita, Suginami-ku

Business Hours 11:30-19:00 (LO18:30)

Closing Days No regular closing, Year-end and
New Year holidays

Access 5-minute walk from Koenji JR station

A café on the second floor of Za-Koenji, a chocolate-colored theater visible from the Chuo Line. Flan, home-made cake, Suginami vegetable pasta curry, and other dishes are recommend.



ACCESS MAP



WEBSITE



14 JULES VERNE COFFEE

JULES VERNE COFFEE

☎ 03-5356-9810

<http://r.goope.jp/camino-coffee/>

#A106 R-Lieto Koenji,
4-2-24 Koenjikita, Suginami-ku

Business Hours 12:00-17:00

Closing Days Mon./Tue.

Access 8-minute walk from Koenji JR station
9-minute walk from Asagaya JR station

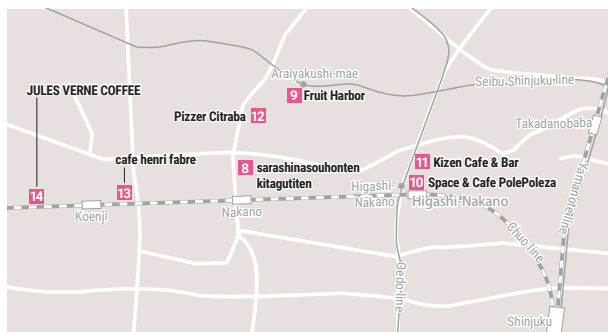
The home-roasted coffee shop offers a wonderful time with sweets that go well with coffee for coffee lovers.



ACCESS MAP



WEBSITE



15 J-COFFEE KOUENJI

J-COFFEE 高円寺

☎ 03-5377-3333

<https://www.instagram.com/jcoffee2020/>

5-33-7 Koenjiminami, Suginami-ku

Business Hours 8:30-17:30 (LO17:00)

Closing Days Sat./Sun./Holidays

Access 7-minute walk from Koenji JR station

A place for relaxation and socializing for local residents, so feel free to stop by. Free Wi-Fi and a wheelchair accessible restroom are available.



ACCESS MAP



WEBSITE



16 Toraya Chinzan

とらや椿山

☎ 03-3314-1331

<http://www.toraya-chinzan.com/>

1-33-5 Asagayaminami, Suginami-ku

Business Hours 9:30-18:00 (LO17:30)

Closing Days Irregular closing

Access 2-minute walk from Minami-asagawa subway station

A long-established Japanese confectionery shop founded in 1925. Aiming to make confectionery that is loved by many customers. All ingredients are made only in Japan, and only those that have passed our particular standards are used.



ACCESS MAP



WEBSITE



17 FRESCO COFFEE ROASTERS

フレスココーヒーロースターズ

☎ 03-5397-6267

<https://www.caffe-fresco.net/>

3-31-1 Asagayaminami, Suginami-ku

Business Hours Weekdays/Holidays 12:00-20:00

Sat./Sun. 10:30-20:00

Closing Days Wed./2nd and 4th Tue.

Access 5-minute walk from Asagaya JR station

Home-roasted coffee shop. Mainly selling coffee beans. Enjoy the coffee in the shop or take out.



ACCESS MAP



WEBSITE



18 unagi nosuke kamiigusaten

うなぎ乃助 上井草店

☎ 070-4200-2391

https://syways.jp/shop/unagi-nosuke_kamiigusa/

1F Court06, 3-32-5 Kamiigusa, Suginami-ku

Business Hours Lunch 11:00-14:00 (LO14:00)

Dinner 17:00-20:00 (LO20:00)

Closing Days Irregular closing

Access 1-minute walk from Kami-Igusa Seibu station

Unaginosuke is an eel specialty restaurant to enjoy carefully selected hearty eel with a rich flavor at a reasonable price.



ACCESS MAP



WEBSITE



22

YOINOFUNE

ヨイノフネ

☎ 03-6826-9895

<https://yoinofune.jp/>#103 Matsumura bldg.,
4-1-4 Kugayama, Suginami-ku

Business Hours 17:00-24:00 (LO23:00)

Closing Days Wed.

Access 1-minute walk from Kugayama Keio station

Offering high-class Japanese cuisine using seasonal ingredients and carefully selected sake. The luxurious interior and comfortable space are open until late, so you can drop in anytime. The dishes are made with special ingredients and prepared by skilled artisans with great care and effort.



ACCESS MAP



WEBSITE



23

Machi-no Parlour

まちのパーラー

☎ 03-6312-1333

<https://www.facebook.com/profile.php?id=100063568959033>

1F, 2-40-4 Kotakecho, Nerima-ku

Business Hours 8:30-22:00 (LO21:00)

Close at 18:00 on Mon.

Closing Days Tue.

Access 5-minute walk from
Kotake-mukaihara subway/Seibu station

A bakery and café to enjoy natural wine along with dishes and breads using Japanese wheat and homemade yeast to bring out the flavor of its ingredients.



ACCESS MAP



WEBSITE



24

MINNANO-Cafe Smile VIVIFY

みんなのカフェ すまいる・VIVIFY

☎ 03-6310-3034

<https://smile-vivify.com/>#A102 Lakeside Shakujii-koen,
3-2-8 Shakujii-machi, Nerima-ku

Weekdays 11:00-17:00 (LO16:30)

Sat./Sun./Holidays 12:00-17:30 (LO17:00)

Closing Days No regular closing

Access 8-minute walk from
Shakujii-koen Seibu station

Each individual's time is very precious. The café values the time and space for customers to relax.



ACCESS MAP



WEBSITE



25

TOKYO MEET Shakujii Kouen

TOKYO MEAT 酒場 石神井公園店

☎ 03-5923-0050

<https://tokyomeat-shakujii Kouen.com/>

3-18-13 Shakujii-cho, Nerima-ku

Business Hours Tue. to Fri. 17:00-23:00 (LO22:00)

Sat. 11:30-23:00 (LO22:00)

Sun./Holidays 11:30-22:30 (LO21:30)

Closing Days Mon.

Access 1-minute walk from
Shakujii-koen Seibu station

A good Italian bar to enjoy fresh pasta dishes for lunch and Italian small plates and drinks for dinner! We strive to be a restaurant loved by Shakujii Park locals and workers with heartfelt customer service and authentic cuisine. Reservations are required for wheelchair access.



ACCESS MAP



WEBSITE



26 MOTOMACHI COFFEE Shakujii Park"HANARE"

元町珈琲 石神井公園の離れ

☎ 03-3997-0078

<https://motomachi-coffee.jp/concept/>

7-1-2 Shakujicho, Nerima-ku

Customers will feel like they are in their favorite second home, so the restaurant is named Hanare (annex).

Business Hours 7:00-21:00 (LO20:00)

Closing Days No regular closing

Access 1-minute walk from Shakujii-koen Seibu station



ACCESS MAP



WEBSITE



27 nippachisoba marushima

二八そば 丸嶋

☎ 03-3995-1201

<https://28sobamarushima.com/>

2-36-4 Shimoshakujii, Nerima-ku

Entering from the elegant entrance, you will find a high-quality Japanese space. The menu offers a wide variety of hearty dishes.

Lunch 11:00-15:00 (LO15:00)

Dinner 17:00-20:00 (LO20:00)

Closing Days Mon.

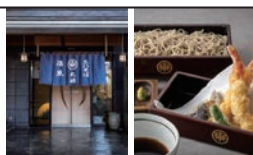
Access 7-minute walk from Kami-Igusa Seibu station



ACCESS MAP



WEBSITE



28 Toscana Ooizumigakuen

スパゲッティ専門店とすかーな 大泉学園前店

☎ 03-5935-8077

<https://toscana-ooizumigakuen.com/>

#103 Esquire Ooizumi-gakuen,

5-41-13 Higashioizumi, Nerima-ku

A spaghetti restaurant in the town that has been loved by the people for 31 years. Offering more than 60 types of spaghetti that have remained unchanged since the company's beginning, appetizers, and main dishes that go well with alcoholic drinks. Choose a meal with excitement and make a dish that is not on the menu by choosing different toppings.

Lunch Weekdays 11:15-15:00 (LO14:30)

Sat./Sun. 11:15-16:00 (LO15:00)

Dinner Weekdays 17:00-22:00 (LO21:30)

Sat./Sun. 17:00-21:30 (LO 21:00)

Closing Days Tue.

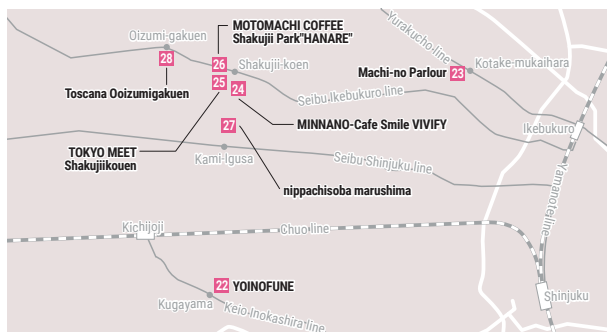
Access 1-minute walk from Ooizumi-gakuen Seibu station



ACCESS MAP



WEBSITE



1

ADRIA

アドリア洋菓子店

☎ 03-3911-5767

<https://www.adriatic.co.jp>

4-17 Higashijujo, Kita-ku

Business Hours 10:00-19:30
(Morning 10:00-11:30)

Closing Days Mon./Tue.**Access** 1-minute walk from Higashi-Jujo JR station

Offering a wide variety of sweets with various tastes and textures, as well as seasonal sweets, preserving the traditional taste and creating new taste. With the concept of making cakes loved by all generations, our sweets will make you smile.



ACCESS MAP



WEBSITE



2

VIEW & KITCHEN QUAD17

VIEW & KITCHEN QUAD17

☎ 070-9030-3172

<https://www.quad17.com/>

17F Kitatopia, 1-11-1 Oji, Kita-ku

Business Hours 10:00-21:30
(17:00 to 21:30 Reservation only)

Closing Days Irregular closing

Access 2-minute walk from Oji JR station
Directly connected from Oji subway station

A Tokyo view from the northernmost point that can only be seen from here. Enjoy the superb scenery of Mt. Fuji along with tasteful foods. Consult us on allergies or vegetarian and vegan meals when making the reservation.



ACCESS MAP



WEBSITE



3

gokan-an

五感庵 gokan-an

☎ 03-6903-0502

<https://www.instagram.com/gokan.an/>

1F, 4-2-9 Oji, Kita-ku

Lunch 11:30-14:00
Tea Time 14:00-18:00 (L017:30)

Closing Days Mon./Thu./Sun.

Access 15-minute walk from Oji JR station
12-minute walk from Higashi-Jujo JR station
9-minute walk from Oji-kamiya subway station

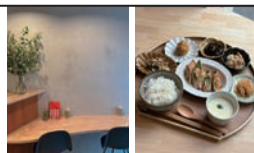
Offering handmade deli food, lunchboxes, rice balls, and sweets. Enjoy the colors, aromas, and textures. Taste our full-hearted dishes with all five senses. We hope that the meal here will elicit a delicious smile.



ACCESS MAP



WEBSITE



4

Izunoryoushibaru Otameshiya

伊豆の漁師バレ おためし屋

☎ 03-6807-7553

<https://uejimagroup.com/otameshiya/>

1F Twin bldg Tabata B, 1-13-9 Higashitabata, Kita-ku

Lunch 11:30-14:30 (L014:00)
Dinner Mon. to Sat. only 17:00-22:30 (L022:00)

Closing Days Sun./Holidays**Access** 3-minute walk from Tabata JR station

A seafood izakaya to enjoy carefully selected Izu's local sake and dishes of golden red sea bream from Izu. The signature dish Kinmedai no nitsuke (boiled sea bream) prepared with traditional local flavor is highly recommended.



ACCESS MAP



WEBSITE



5 Ohtani Coffee

オータニコーヒー

☎ 03-3824-3900

<https://tabelog.com/en/tokyo/A1323/A132301/13138488/>

1-12-15 Tabata, Kita-ku

Business Hours 9:30-17:30

Closing Days Tue.

Access 6-minute walk from Tabata JR station

A calm café within 5-minute walk from Tabata Station. After the ticket gate walk to the left. Original blend coffee is available for takeout, and beans are for sale.



ACCESS MAP



WEBSITE



6 9 Hamberger & Dining Bar

9 Hamberger & Dining Bar

☎ 080-4924-2629

<https://www.instagram.com/nine9tabata>

2-8-3 Tabata, Kita-ku

Weekdays 5:00-14:30 (LO14:00)

Sat./Sun./Holidays 5:00-17:00 (LO16:00)

Closing Days Mon.

Access 5-minute walk from Tabata JR station

A special patty kneaded with our original blend. It is juicy, not too heavy, and has an easy-to-eat taste. We always purchase fresh ingredients, changing the production area and variety depending on the season, and the patties are kept fresh. The French fries, a recipe that we researched and created, are a gem.



ACCESS MAP



WEBSITE



7 Umaimonya

うまいもんや

☎ 03-3908-1510

<https://tabelog.com/en/tokyo/A1323/A132304/13120676/>

1-9-1 Jujonakahara, Kita-ku

Lunch 11:00-14:00 (LO13:45)

Dinner 17:00-24:00 (LO23:00)

Closing Days Irregular closing/

Year-end and New Year holidays

Access 3-minute walk from Jujo JR station

12-minute walk from Higashi-Jujo JR station

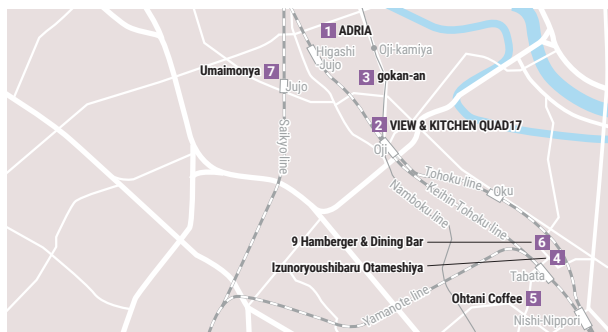
Reopened next to where it used to be! Enjoy not only okonomiyaki and yakisoba, but also authentic Kansai regional dishes, such as Wagyu beef steak, modern yaki, tonpeiyaki, dote yaki, and other dishes, in a calm atmosphere.



ACCESS MAP



WEBSITE



8 PENNA ROSSO

ペンナロッソ

☎ 03-3903-5579

<https://tabelog.com/en/tokyo/A1323/A132305/13012304/>

1F South Akabane Green Heights, 1-4-9
Akabaneminami, Kita-ku

Lunch 10:30-14:00 (L014:00)

Dinner 17:00-22:00 (L021:00)

Closing Days Tue.

Access 3-minute walk from Akabane JR station

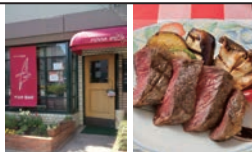
Established in 1993 and owned for two generations, the restaurant is loved by local people. Enjoy a variety of Italian home dishes from appetizers to desserts. Consult us on allergies and vegetarian, vegan, and halal meals when making the reservation.



ACCESS MAP



WEBSITE



9 Raclette × Raclette

ラクレット×ラクレット

☎ 03-5939-9378

<http://www.colors-of-life.co.jp>

1F Casa Green, 1-30-3 Akabane, Kita-ku

Lunch 11:30-15:00 (L014:00)

Dinner 17:00-23:00 (L022:00)

Closing Days Wed.

Access 7-minute walk from Akabane JR station

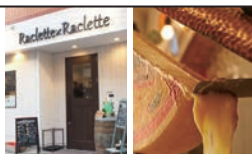
The restaurant mainly serves Western-style food. It can adjust the flavor, cut into easy-to-eat sizes, and texture can be adjusted according to the customer's request. Bright premises and comfortable sofa seats. Toothpicks and paper cups are available. Feel free to contact us by phone! If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE



10 Lit

大衆肉ビストロLit

☎ 03-6903-9199

<https://www.instagram.com/lit11149/>

1-40-6 Akabane, Kita-ku

Lunch 11:30-15:00 (L014:00)

Dinner 17:00-23:00 (L022:30)

Closing Days Irregular closing

Access 5-minute walk from Akabane JR station
5-minute walk from
Akabane-iwabuchi subway station

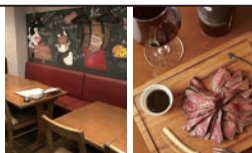
Enjoy low-temperature cooking and elaborate meat dishes at a reasonable price. You will be very pleased in this clean and stylish bistro!! Our friendly staff will consult about food and drinks requests. *Course menus are available for various banquets.



ACCESS MAP



WEBSITE



11 MALTA58

丸太小屋

☎ 03-6454-4050

<https://malta58.owst.jp/en/>

1-41-14 Akabane, Kita-ku

Business Hours 17:00-23:00 (L022:30)

Closing Days Irregular closing

Access 5-minute walk from Akabane JR station

The stylish interior with indirect warm color lighting is very popular for girls' gatherings, dates, and anniversaries! If you let us know in advance, we can cooperate as much as possible with your special plan! The terrace is recommended for sunny days.



ACCESS MAP



WEBSITE



12 CAFE&BAR FERNA

CAFE&BAR FERMA

☎ 090-5755-8315

<https://cafeandbar-ferna.owst.jp/en/>

2-14-8 Akabane, Kita-ku

Lunch 11:00-17:00 (LO16:00)

Dinner 18:00-23:00 (No last order)

Closing Days Irregular closing

Access 5-minute walk from Akabane JR station

Experience a sophisticated lunch menu that is unique to central Tokyo, Instagrammable desserts. Enjoy freshly squeezed fruit sours (cocktail) and premier whiskey in the stylish bar at night.



ACCESS MAP



WEBSITE



13 CAFE&NEON new-mon

カフェ&ネオ大衆new-mon

☎ 080-1213-1556

<https://ggad901.gorp.jp/>

1F Bibio, 1-6-1 Akabanenishi, Kita-ku

Lunch 11:00-17:00

Dinner 17:00-23:00 (LO22:00)

Closing Days Irregular closing

Access 2-minute walk from Akabane JR station

What sets us apart from the other bars and izakayas is the desire to entertain our customers from the heart and have a good time. We provide a service that will leave a small warm light in the hearts of all visitors.



ACCESS MAP



WEBSITE



14 AIDA

AIDA

☎ 03-6915-5730

<https://tabelog.com/en/tokyo/A1322/A132201/13132544/>

Fine Ita 1st bldg., 1-49-8 Itabashi, Itabashi-ku

Lunch Tue. to Fri. 11:00-14:30 (LO14:30)

Sat./Sun./Holidays 11:00-15:00 (LO15:00)

Dinner Tue. to Fri. 18:00-23:00 (LO22:00)

Sat./Sun./Holidays 17:00-22:00 (LO21:00)

Closing Days Mon.

Access 2-minute walk from Shin-itabashi subway station

4-minute walk from Itabashi JR station west exit

7-minute walk from Shimo-itabashi Tobu station

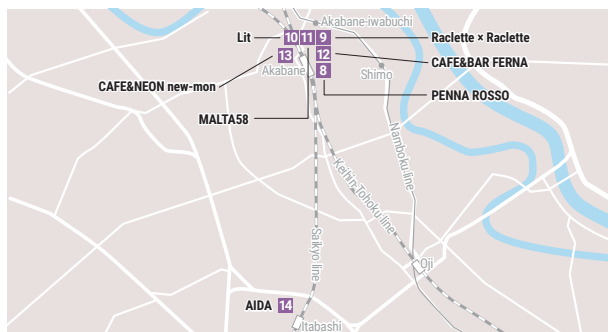
The special hamburg steak is freshly minced, mixed, and fried at the restaurant. Our hospitality is in all the homemade dishes. A restaurant that welcomes customers with a warm ambiance.



ACCESS MAP



WEBSITE



19 cafe nenene

カフェ ねねね

☎ 03-5964-5477

<https://tabelog.com/en/tokyo/A1322/A132202/13252528/>

1F Kokorone Itabashi, 3-7-9 Mukaihara, Itabashi-ku

Business Hours 11:30-15:00 (LO14:30)

Closing Days Sat./Sun./Holidays

Access 8-minute walk from Kotake-mukaihara subway/Seibu station

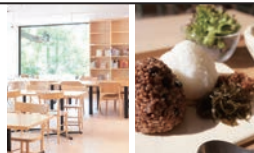
At Café Nenene, people with developmental or mental disabilities work together. Offering meals that are gentle to the body and mind, while valuing the connections with the ingredients' producers.



ACCESS MAP



WEBSITE



20 Roger's Kitchen

Roger's Kitchen Cafe Tokyo ロジャースカフェ

☎ 03-6454-5765

<https://tabelog.com/en/tokyo/A1322/A132205/13252825/>

1F Yamashita bldg., 1-12-12 Hasune, Itabashi-ku

Lunch 11:30-15:00 (LO14:30)

Dinner 17:00-21:00 (LO20:30)

Closing Days Mon./Tue.

Access 8-minute walk from Nishidai/Hasune subway station
3-minute walk from Nishidai-Kosatenminami bus stop (Kokusai Kogyo bus)

The signature dishes use Sri Lankan spices. The healthy curry dishes with the concentrated taste of vegetables go well with the hopper made from rice flour! A lunch buffet and course menu are suitable for any occasion. With a stylish atmosphere, live music events are often held.



ACCESS MAP



WEBSITE



21 KUROGE WAGYU USHINOSUKE

肉焼亭 うしのすけ

☎ 03-5970-1129

<https://gurunavi.com/en/gc9b800/rst/>

2F Velde Motohasunuma,
22-8 Hasunumacho, Itabashi-ku

Business Hours 16:00-23:00 (LO22:30)

Sat./Sun. 12:00-23:00 (LO22:30)

Closing Days Irregular closing

Access 1-minute walk from Motohasunuma subway station

Offering a wide variety of fresh and reasonably priced rare cuts of beef. This yakiniku restaurant offers meat carved from whole, top-quality, A5 grade black Japanese cattle.



ACCESS MAP



WEBSITE



22

Yakiniku King Itabashi Maenochō

焼肉king 板橋前野町店

📞 03-6454-5390

<https://www.yakiniku-king.jp/shop/215>

2F, 6-10-6 Maenochō, Itabashi-ku

Weekdays 17:00-23:00 (LO22:00)

Sat./Sun./Holidays 11:00-23:00 (LO22:00)

Closing Days No regular closing, Year-end and New Year holidays

Access 13-minute walk from Tokiwadai Tobu station

12-minute walk from Kami-itabashi Tobu station

Ordering is easy using a touch screen, and all dishes are served to your table by our staff. A restaurant specializing in all-you-can-eat yakiniku in a table-order buffet style.



ACCESS MAP



WEBSITE



23

Kissa Sakamoto

喫茶さかもと

📞 03-3934-4018

<https://kissasakamoto.sakura.ne.jp/>

1F Tokiwa Corp., 4-30-4 Tokiwadai, Itabashi-ku

Business Hours 11:00-18:30 (LO18:30)

Closing Days Mon./Tue./3rd Sun.

Access 2-minute walk from Kami-itabashi Tobu station

A café for reading a book in a comfortable ambience while listening to jazz. Mainly plays 50s jazz, please feel free to read the books on the shelves. One or two people visiting is recommended.



ACCESS MAP



WEBSITE



24

Cafe TAPLOW

カフェ・タプロー

📞 090-8341-5783

<https://tabelog.com/en/tokyo/A1322/A132205/1310704/>

2-28-1 Takashimadaira, Itabashi-ku

Business Hours 12:00-18:00

Closing Days Thu./1st Sun.

Access 10-minute walk from Takashimadaira subway station

The café set a major goal of revitalizing the Takashimadaira area. Most of the customers are in their 50s to 70s, and recently, the number of young customers is increasing. The café has become a place to relax for many elderly singles living in the Takashimadaira apartment complex.



ACCESS MAP



WEBSITE



25

Hibikian

ひびき庵

📞 03-6780-0001

<https://soba-hibikian.com/>

5-34-33 Akatsuka, Itabashi-ku

Lunch 11:30-14:00 (LO14:00)

Dinner 17:30-21:00 (LO20:30)

Closing Days Tue./Wed.

Access 15 minute walk from Nishi-takashimadaira subway station
1-minute walk from Kuritsubijutsukan bus stop (Kokusai Kogyo bus)

Carefully selected buckwheat still with the husks then ground by a stone mill. All handmade soba noodles are fragrant and a proud delicacy. Each seat is placed with plenty of room so you can relax and enjoy. Handicap-accessible. A shop that you want to visit with your family.



ACCESS MAP



WEBSITE



26 myungdong

焼肉明洞(やきにくみよんどん)

☎ 03-3939-0296

<https://www.myungdong.biz/sp/shop/>

1-28-19 Narimasu, Itabashi-ku

Lunch 11:00-13:00 (LO12:40)

Dinner 16:00-23:00 (LO22:00)

Closing Days Irregular closing

Access 2-minute from Narimasu subway station

Providing mainly Imari beef from Saga Prefecture, which has the sweetness of fine, high-quality fat, strong aroma, and rich flavor. For wheelchair users, please make a reservation in advance. Please avoid Saturdays and Sundays as much as possible because of the congestion.



ACCESS MAP



WEBSITE



27 Menya Kikoroku

麺屋 きころく 成増店

☎ 03-3975-2469

<https://twitter.com/kikoroku>

D'or Bonheur Narimasu,
2-10-7 Narimasu, Itabashi-ku

Tue. to Fri. Lunch 11:00-15:00

Dinner 17:00-22:00

Sat./Holidays 11:00-20:00

Sun. 11:00-15:00

Closing Days Mon.

Access 1-minute from Narimasu subway station

Seasonal limited menu is popular and well received. Tsukemen (dipping ramen) shop offers vegetable potato soup of seafood, pork bones, and homemade noodles.



ACCESS MAP



WEBSITE



28 PACCHINO

パッキーノ

☎ 03-3977-4192

<https://tabelog.com/en/tokyo/A1322/A132204/13029950/>
3F Goko 1st bldg., 2-12-8 Narimasu, Itabashi-ku

Lunch 11:00-15:00 (LO14:00)

Dinner 17:00-22:00 (LO21:00)

Closing Days Tue.

Access 1-minute from Narimasu Tobu station
3-minute from Narimasu subway station

Conveniently located near the station. A popular restaurant centered on pizza and pasta that can be enjoyed by both children and adults.



ACCESS MAP



WEBSITE



JINDAIJI SOBA



Jindaiji Soba is even mentioned in the Guide to Famous Sites in Edo. The flavor of Jindaiji Edo's intelligentsia adored.

Overview & History

The history of Jindaiji Soba noodles dates back to the Edo period, though there are multiple theories about its origins. The soil around Jindaiji Temple was not suitable for rice cultivation, so farmers grew buckwheat instead and offered it to the temple as a form of tax. The soil in this area is well-suited for growing buckwheat, and its abundant spring water makes it ideal for producing high-quality buckwheat. Additionally, the spring water was perfect for processing soba noodles. The buckwheat grown in the Jindaiji area was large, white, and sweet with around 1.5 kg of grains yielding a substantial amount of flour. The third Tokugawa shogun, Iemitsu, and Imperial Prince Kobennoho are said to have praised Jindaiji buckwheat highly. Additionally, Ōta Nanpo, a poet and fiction writer from the Edo period, promoted it, helping to boost the popularity of Jindaiji soba noodles.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/area_stories/tokyo.html)

JINDAIJI SOBA

13

Jindaiji soba Ikkyuan

深大寺そば 一休庵

Specializing in handmade soba noodles, with its own flour mill located in Chofu City, Tokyo. This restaurant serves soba noodles made entirely from scratch, starting with unhusked buckwheat.

☎ 042-482-6773

<http://jindaiji19an.com/index.html>

5-11-2 Jindaijimotomachi, Chofu-shi

Weekdays 11:00-15:00

Sat./Sun./Holidays

11:00-15:30

Closing Days Mon. (If Mon. is national holiday, close next week day.)

Access 3-minute walk from Jindaiji bus stop
(The bus from Chofu, Kichijoji, Tsutsujigaoka, or Mitaka station)



ACCESS MAP



WEBSITE



JINDAIJI SOBA
14**Sobagochisou Monzen**
そばごちそう門前

Located near the Jindaiji area in Chofu City, which preserves the atmosphere of Musashino, the historic vast wilderness of the Kanto region. Soba noodles were once considered a feast, served as a gesture of hospitality. This history is reflected in the name of the restaurant. Handmade, coarse-ground soba noodles are available in limited quantities.

☎ 042-487-1815

https://www.monzen.tokyo/

5-13-5 Jindaijimotomachi, Chofu-shi

Weekdays 11:00-16:00**Sat./Sun./Holidays** 10:30-16:00**Closing Days** Mon./Fri.

Access 1-minute walk from Jindaiji bus stop
(The bus from Chofu, Kichijoji, Tsutsujigaoka, or Mitaka station)



ACCESS MAP



WEBSITE

JINDAIJI SOBA
15**Suijinen**
水神苑

Operating for half a century within the grounds of Jindaiji Temple, this restaurant serves soba noodles at the end of its seasonal cuisine course. Enjoy a menu featuring seasonal ingredients while appreciating the view of a Japanese garden that showcases the beauty of all four seasons. The medicinal cuisine, known for being both delicious and healthy, is also popular.



☎ 042-486-0811

https://www.musashinokk.co.jp/suijin-en/

5-10-3 Jindaijimotomachi, Chofu-shi

Weekdays Lunch 11:30-15:00 (LO14:30)

Dinner 17:00-22:00 (LO19:30)

Sat./Sun./Holidays 11:00-22:00 (LO19:30)**Closing Days** Wed.**Access** 1-minute walk from Jindaiji bus stop (Odakyu bus)

ACCESS MAP



WEBSITE

**Nutrition & Health Information**

"In addition to compounds like rutin and choline, buckwheat soba noodles also contain dietary fiber and B-complex vitamins, so they also help relieve constipation and fatigue, and aid dieting." However, since most of the nutrients in buckwheat are water soluble and end up dissolving in the water when boiled, do not forget the water the noodles are boiled in. Additionally, eating them with grated daikon radish helps to digest the noodles, and boosts absorption of the buckwheat's nutrients.



Ms. Sonoyama Makie



KATE UDON

A rustic flavor and chewy texture imparted by local flour.

Overview & History

This traditional dish consumed in Musashino since the Edo period is cold udon noodles made from locally-grown wheat flour eaten with a warm soup of dashi stock flavored with soy sauce. The key feature is that it is served with local vegetables called “kate.” As water was scarce at the time, there were few rice paddies. Instead, they mainly cultivated grains such as sanwa millet, foxtail millet, and wheat, and where people gathered for New Year or the Obon Festival, it was customary to make udon noodles by hand with local flour from grain harvested in the fields.

Source: Created by processing content from the Kodaira City website.
(<https://www.city.kodaira.tokyo.jp/kurashi/012/012203.html>)

KATE UDON
16

KIYOKAWA
清川

Homemade cold noodles served with hot soup. Try the traditional kate udon, served with a side dish of accompanying vegetables!

☎ **042-461-0275**

<https://tabelog.com/en/tokyo/A1328/A132804/13074092/>

1-10-8 Koganei, Kodaira-shi

Business Hours 11:00-15:00 (LO14:25)
Thu./Fri./Sat. 17:30-20:00 (LO19:25)

Closing Days Wed.

Access 30-second walk from Hana-Koganei
Seibu station



ACCESS MAP



WEBSITE

KATE UDON

17

Murayama Mangetsu udon

村山 満月うどん

☎ 042-560-3559

<https://www.mangetsuudon.com/>

1-12-10 Mitsuki, Musashimurayama-shi

Business Hours 11:00-15:00 (LO14:30)

Closing Days Mon./Tue.

Access 2-minute from Choenji bus stop (Tachikawa bus from Tachikawa JR station)



ACCESS MAP



WEBSITE

Enjoy freshly pounded and boiled country-style udon noodles. The dipping sauce style is the restaurant's specialty since it best highlights the flavor of the udon. The wheat is a blend of 100% domestically produced varieties, including Norin No. 61. All dishes are prepared with care and sincerity to bring smiles to customers' faces.



KATE UDON

18

ENZA

エン座

The flour is produced at a mill with a 180-year-old waterwheel. The owner, originally from this area, carefully selects seasonal vegetables and flour sourced from local producers, ensuring traceability. This approach helps circulate resources within the region.

☎ 03-3995-1577

<https://www.udon-enza.com/index.html>5-12-16 Shakujicho, Nerima-ku
Shakujikocho Furusato Museum

Business Hours 11:00-close when noodles run out

Closing Days Mon./1st Tue.

Access 15-minute walk from
Shakujii-koen station on Seibu line

ACCESS MAP



WEBSITE

Nutrition & Health Information

Udon made from locally produced flour is especially rich in carbohydrates and B vitamins, making it a great source of energy. The kate or vegetables that accompany udon mainly consist of Japanese mustard spinach, spinach, eggplant, and other local specialties. In recent years, more restaurants have been serving meat soup with pork as well. Since these ingredients complement the vitamins A and C and dietary fiber that are lacking in udon, it makes for a local cuisine with well-balanced nutritional value.

Food writer



Ms. Sonoyama Makie

FUSSA DOG



Hot power food. Quickly recharge your stamina with this energizing meal.

Overview & History

Fussa Dog is a signature local specialty of Fussa. Fussa City is home to the U.S. Yokota Air Base, and you often come across American residents in the city. In 2011, the Fussa Dog was created as a local gourmet twist on the classic hot dog, a popular choice among Americans. By definition, the Fussa Dog must use wieners from one of the two ham and sausage producers in Fussa City. (Its standard length is set at 16 cm, inspired by National Route 16, which runs alongside Yokota Air Base. The diameter is 23 mm, chosen because "Fussa" sounds similar to 2 and 3 in Japanese.) Beyond these requirements, the choice of buns, sauces, and toppings is flexible. Currently, around nine shops in the city serve the Fussa Dog.

Source: Created by processing content from the Fussa City Chamber of Commerce and Industry website. (<https://fussadog.jp/dog/>)



Stuben ohtama

シトゥーベン・オータマ

☎ 042-551-1325

<https://syutolu-benno-tama.owst.jp/en/>

785 Fussa, Fussa-shi

Wed./Thu. 11:30-14:30 (LO14:00)

17:00-21:30 (LO20:30)

Fri. 11:30-14:30 (LO14:00)

17:00-22:00 (LO21:00)

Sat./Sun./Holidays 11:30-15:30 (LO15:00)

17:00-21:30 (LO20:30)

Closing Days Mon./Tue.

Open on holidays.

May be closed on other days.

Access 3-minute walk from Fussa JR station



ACCESS MAP



WEBSITE

This restaurant is directly operated by Otama Ham. Fussa Dog, made with wieners from the on-site production facility, is served here. The restaurant also serves a tempting selection of 10 beers, primarily craft varieties.



FUSSA DOG

20

Hitoyo

小料理ひとよ

The restaurant serves homemade dishes prepared by the female owner in a charming Japanese-style setting. It also offers a Japanese-inspired Fussa Dog, topped with miso-infused scallions and shiso leaves.

☎042-530-7959

23 Honcho, Fussa-shi

Business Hours 17:00-23:00

Closing Days Mon.

Access 7-minute walk from Fussa JR station



ACCESS MAP



WEBSITE



FUSSA DOG

21

Shiro Uta Cafe

しろうたカフェ

Japan's first Castle Talk Show Cafe opened in 2022. Talk shows featuring different castles as well as live music performances are held. Seven types of Fussa Dogs are available.



☎090-6000-3908

<https://shirouta.sakura.ne.jp/wp/>

2F Medical beans, 158 Ushihama, Fussa-shi

Weekdays 12:00-21:00 (LO20:30)

Sat./Sun. 12:00-19:30 (LO19:00)

Closing Days Thu.

Access 2-minute walk from Ushihama JR station



ACCESS MAP



WEBSITE



Supplementary information

These restaurants primarily use wieners made from carefully selected Japanese pork. Some are smoked with mountain cherry chips, while others are flavored with a secret ingredient—sake from a local brewery, Fussa Ham. Both types of wieners deliver a sizzling burst of flavor that spreads in your mouth with every bite. Each restaurant offers its own unique flavors, including salsa-style sauce, meat sauce, miso-infused scallions, chili con carne, and more. Try them all and find your favorite!

Food writer



Ms. Sonoyama Makie

OKUTAMA WASABI



Mizu wasabi grows vigorously in the mountain streams of Okutama, with its many mighty trees and mountains.

Overview & History

Located in the northwest of Tokyo Prefecture's Tama region, the town of Okutama is home to the headwaters of the Tama River, and while it has the largest area among the municipalities in Tokyo Prefecture, the majority of the township is mountain forest. This ingredient has been grown here since the Edo period, and it is also used to make Edomae sushi. The spring water of Okutama is oxygen-rich, making it the ideal environment for wasabi, and it is appealing for the firmness and potent spiciness the cold waters produce. In the Guide to Famous Sites in Musashi ("Musashi meisho zue"), it is said to be the specialty of Umezawa Village, and it is written that it was transported to the Kanda Aomono Ichiba produce market.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/area_stories/tokyo.html)



Sobadokoro Waraku

そば処和樂

☎ 0428-33-0141

<https://tabelog.com/en/tokyo/A1330/A133002/13067239/>

8-20-9 Shinmachi, Ome-shi

Lunch 11:00-15:00 (LO14:30)**Dinner** 17:00-20:30 (LO19:30)**Closing Days** Wed./Irregular closing**Access** 20-minute walk from Ozaku JR station
near Hiramatsu bus stop (Nishi Tokyo bus)

ACCESS MAP



WEBSITE

Broth made from Rishiri kelp and fermented bonito shavings from Makurazaki offers a rich flavor and aroma that enhance the finest qualities of the ingredients. In this exquisite dish, the tangy kick of Okutama wasabi enhances the full flavor of the ingredients.



OKUTAMA WASABI

23

wasabi shokudo

わさび食堂

A food truck run by a wasabi farmer of Okutama. They serve a simple wasabi bowl and special wasabi sausage hot dogs made with their own homegrown wasabi.



<https://tokyowasabi.com/foodtruck/>

Okutama station square, 210 Hikawa, Okutama-machi, Nishitama-gun

Business Hours 9:30-15:00

Subject to change depending on weather

Closing Days Mon. to Fri.

(Subject to change depending on the month)

Access 1-minute walk from Oku-Tama JR station



ACCESS MAP



WEBSITE



OKUTAMA WASABI

24

okutama wasabi hongo yamashiroya

奥多摩わさび本舗 山城屋

☎0428-83-2368

<https://www.yamashiroya.co.jp/>

717-3 Hikawa, Okutama-machi, Nishitama-gun

Business Hours 9:00-17:00

Closing Days Irregular closing, Year-end and New Year holidays

Access 6-minute walk from Oku-Tama JR station



ACCESS MAP



WEBSITE



Wasabi has been cultivated in Okutama, a secluded oasis of Tokyo, since the Edo period. A popular item, wasabi-zuke (pickled wasabi) is made using traditional methods that bring out the best qualities of the ingredients.



Nutrition & Health Information

It is a native Japanese vegetable native and a type of herb. It has powerful anti-microbial abilities, dispersing toxins in the digestive system, etc., and not only is it essential for eating raw fish, it also works to suppress cancer and inhibit metastasis. The spicy compound isothiocyanate and the antioxidant compounds present in the leaves and stalk as well as the root are effective at thinning the blood, helping to improve circulation.

Food writer



Ms. Sonoyama Makie

1 Teppanyaki Senju

鉄板焼 千珠

☎ 090-5196-1870

<https://senju-tachikawa.owst.jp/en/>

3-4-3 Akebonocho, Tachikawa-shi

Business Hours 18:00-22:30 (LO20:30)

Closing Days Wed. (No regular closing in Dec.)

Access 10-minute walk from Tachikawa JR station

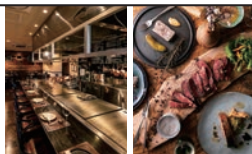
Teppanyaki Senju has been in Tachikawa, Tokyo, for 30 years. A long-established restaurant with an abundance of natural wine and dishes using local ingredients. Consult us on vegetarian, vegan, and halal meals when making the reservation.



ACCESS MAP



WEBSITE



2 SHI-AN GYOZA

西安餃子 ルミネ立川店

☎ 042-548-9271

<https://shian-gyoza-tachikawa.owst.jp/en/>

8F LUMINE Tachikawa, 2-1 Akebonocho, Tachikawa-shi

Business Hours 11:00-21:00 (LO20:00)

Closing Days According to the building closing day

Access 1-minute walk from Tachikawa JR station

Welcome! Delicious authentic Chinese dumplings! Shi-An dumplings with vegetables and spices!



ACCESS MAP



WEBSITE



3 chawan

和ごはんカフェ chawan

☎ 042-548-3531

<https://www.skylark.co.jp/en/chawan/index.html>

ecute Tachikawa,

3-1-1 Shibasakicho, Tachikawa-shi

Business Hours Mon. to Sat. 10:00-21:00 (LO20:30)

Sun./Holidays 10:00-20:00 (LO19:30)

Lunch 10:00-17:00

Closing Days According to the building closing day

Access 1-minute walk from Tachikawa JR station

What awaits customers is a cozy space with colorful and body-friendly dishes.



ACCESS MAP



WEBSITE



4 unagi takeda

うなぎ たけ田

☎ 042-524-8663

<https://gcr6100.gorp.jp/>

3-9-18 Shibasakicho, Tachikawa-shi

Lunch 11:30-14:30 (LO14:00)

Dinner 17:00-20:00 (LO19:00)

Closing Days Wed.

Access 5-minute walk from Tachikawa JR station

our pufferfish and only purchase carefully selected ones! Eel deteriorates quickly after being filleted; we fillet a live eel after receiving an order. Freshly prepared eel is superb!



ACCESS MAP



WEBSITE



8

RISTORANTE IMAI

リストランテイマイ

☎ 042-22-2210

<http://www.ristoranteimai.com/>

2-19-4 Kichijojihoncho, Musashino-shi

Lunch Weekdays 12:00-
Last entrance 13:00 (LO14:30)

Sat./Sun./Holidays 11:30-

Last entrance 13:00 (LO14:30)

Dinner Sat./Sun./Holidays 18:00-22:00
(Last entrance 19:30)

Closing Days Tue./1st & 3rd Wed. (If holidays, close other day)

Access 5-minute walk from Kichijoji JR station

A 5-minute walk from Kichijoji Station. The hideaway Italian restaurant RISTORANTE IMAI stands quietly on the path. Offering authentic Italian cuisine that makes use of ingredients that are particular to a production area. Indulge in luxury.



ACCESS MAP



WEBSITE



9

Crayonhouse organic restaurant HIROBA

クレヨンハウス オーガニックレストラン「広場」

☎ 0422-27-1377

https://www.crayonhouse.co.jp/shop/pages/restaurant_eng.aspx

2-15-6 Kichijojihoncho, Musashino-shi

Lunch 11:00-14:30

Tea Time 14:40-17:30

Dinner 17:30-21:00

Closing Days No regular closing

Access 6-minute walk from Kichijoji JR station
6-minute walk from Kichijoji Keio station

Buffet-style lunch and dinner. Daily menu using organic ingredients. Except for the meat (or fish) dishes, all dishes are suitable even for vegans. Consult us on halal meals when making the reservation.



ACCESS MAP



WEBSITE



10

Cafe Sacai

Cafe Sacai

☎ 0422-27-8536

<https://instagram.com/cafesacai>

4-1-16 Kyonanchō, Musashino-shi

Business Hours 11:00-21:00 (LO20:20)

Closing Days Tue./Irregular closing

Access 8-minute walk from
Musashi-Sakai JR station

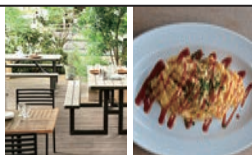
A café where you can enjoy a relaxing time without pretentiousness. With homemade foods, the coffee is special to satisfy customers all the time at lunch, teatime, and dinner.



ACCESS MAP



WEBSITE



11

CAFE HI FAMIGLIA

CAFE HI FAMIGLIA

☎ 0422-38-8311

<https://hi-famiglia.com/>

3-38-4 Shimorenjaku, Mitaka-shi

Business Hours 11:00-21:00

Closing Days Tue.

Access 6-minute walk from Mitaka JR station

We make this a place where everyone can have a fruitful time; the usual coffee, usual cakes, and usual meals await in the usual environment.



ACCESS MAP



WEBSITE



12 Hoshi-to-Kaze Cafe'

星と風のカフェ

☎ 0422-44-2255

<http://www.hanano-kai.jp/hoshi-cafe/>

1F Mitaka ekimae fukushijutaku,
3-8-13 Shimorenjaku, Mitaka-shi

Business Hours 11:30-18:00 (LO17:00)

Closing Days Mon./Sun./Holidays

Access 7-minute walk from Mitaka JR station

Selling handmade products made at welfare centers for people with disabilities located in Mitaka and neighboring cities. There is also a café in the shop that offers a relaxing and comfortable time.



ACCESS MAP



WEBSITE



13 Cultiver

Cultiver

☎ 0422-69-0038

<https://cultivertokyo.com/>

3-1-27 Shimorenjaku, Mitaka-shi

Lunch 12:00-15:30 (LO13:30)

Dinner 18:00-22:00 (LO19:30)

Closing Days Mon./incl. holidays

Access 5-minute walk from Mitaka JR station

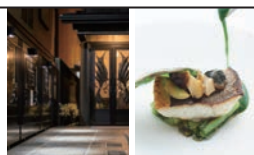
The restaurant that entertains customers with the best of the season offers healthy dishes with vegetables from Kitayama Farm in Fujinomiya City, Shizuoka. Consult us on allergy meals when making the reservation. Reservations for vegetarian meals are required at least one week in advance. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE



14 Cafe Slow

カフェスロー

☎ 042-401-8505

<https://cafeslow.com/>

2-20-10 Higashimotomachi, Kokubunji-shi

Lunch 11:00-15:30 (LO15:00)

Tea Time 15:30-17:00 (LO16:30)

Event Time Depends on each event

Closing Days Mon.

Access 5-minute walk from Kokubunji JR station

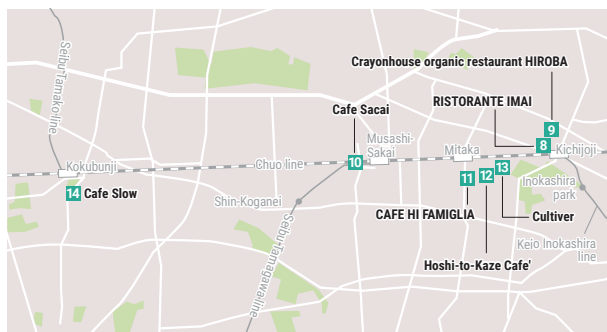
Established in 2001 as a place where customers can spend a happy time experiencing nature while eating delicious rice or drinking aromatic coffee. The view from the big window is that of the forest, the weather that day, the river flowing below it, and a place to listen to birdsongs. A place where you might think you were in nature. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE



15 Cafe Orange Boots

カフェ オレンジブーツ

☎ 042-319-9732

<https://orangeboo2.com/>

5F Fuchu Platz, 1-100 Miyamachi, Fuchu-shi

Weekdays 9:30-20:00 (LO19:30)

Sat./Sun./Holidays 11:00-20:00 (LO19:30)

Closing Days Year-end and New Year holidays/

Access According to the building closing day
1-minute walk from Fuchu Keio station

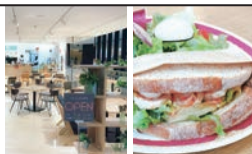
The spacious interior and open space are highly praised by many customers. A restaurant that boasts dishes with plenty of vegetables and homemade dressing.



ACCESS MAP



WEBSITE



16 TOHOKU FARM

和食バイキング東北牧場

☎ 042-333-7115

<https://www.hotel-continental.co.jp/tohokubokujo.jp/>

1-5-1 Fuchucho, Fuchu-shi

Morning 7:00-9:30

Lunch 11:30-15:00

Dinner 17:00-22:00

Closing Days No regular closing

Access 1-minute walk from Fuchu Keio station

A buffet restaurant named after Tohoku Bokujo, our farm in Aomori. Enjoy dishes made with vegetables, herbs, eggs, and wild plants from the Tohoku Farm to your heart's content.



ACCESS MAP



WEBSITE



17 Eel Kabayaki & Japanese Cuisine UOMOTO

うなぎ・日本料理 魚元

☎ 042-362-2029

<https://uomoto.tokyo/>

2-14-14 Fuchucho, Fuchu-shi

Lunch 11:30-14:30 (LO13:45)

Dinner 17:00-21:00 (LO20:00)

Closing Days Mon.

Access 5-minute walk from Fuchu Keio station

A Japanese restaurant established between the end of the Edo period to the beginning of the Meiji period and offers specialty eel from Aichi Prefecture. Dining in a tasteful space with a Japanese garden is perfect for filial piety. Consult us on allergies and vegetarian and halal meals when making the reservation.



ACCESS MAP



WEBSITE



18 Ramen Doppo

麺や独歩 拝島駅前店

https://www.instagram.com/doppo_ramen/

5-1-25 Matsubaracho, Akishima-shi

Lunch 11:00-14:30

Dinner 17:00-21:00

Closing Days Irregular closing

Access 2-minute walk from Haijima JR station

A seafood soup that uses more than 10 kinds of ingredients lavishly. Ramen is particular about each of the toppings! Offering a menu that can be enjoyed by all generations and a spacious shop available for many customers.



ACCESS MAP



WEBSITE



22

Yusui

深大寺 手打ちそば 湧水

☎ 042-498-1323

<https://www.yusui.co.jp/>

5-9-1 Shindaijimotomachi, Chofu-shi

Weekdays 10:30-18:00**Sat./Sun./Holidays** 10:30-19:00**Closing Days** Thu.**Access** 3-minute walk from Shindaiji bus stop (Odakyu bus)

Handmade soba noodles made with Japanese stone mill flour. Offering 90% buckwheat Yusui soba and the 80% buckwheat Jindaiji soba. With a history of more than 400 years, our proud soba is popular among soba connoisseurs. Our special soba tsuyu (dashi + soy sauce to eat with soba) is based on the Kaeshi recipe of Shinsui-an, a soba shop. Enjoy sake and soba yohan (Japanese sweet made of red bean paste, agar, and sugar) as well.



ACCESS MAP



WEBSITE



23

Cafe Gallery Saezuri

Cafe Gallery さえずり

☎ 042-444-8818

<https://cafe-gallery-saezuri.jimdo.free.com/>1F Chofu Central Apartment,
1-3-1 Kokuryocho, Chofu-shi**Business Hours** 10:30-16:00 (LO15:30)**Closing Days** Sat./Sun./Holidays/Irregular closing**Access** 3-minute walk from Fuda Keio station

The café owned by Mejiro Workshop for activities to support independence and promote the social participation of people with disabilities. Wheelchairs and strollers are also welcome. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE



24

tonkatu tonchinkan

とんかつ 豚珍館

<https://tabelog.com/en/tokyo/A1326/A132601/1302542/>

1F CIELO, 1-45-1 Fuda, Chofu-shi

Lunch 11:40-15:00**Dinner** 18:00-21:00**Closing Days** Mon.**Access** 1-minute walk from Chofu Keio station

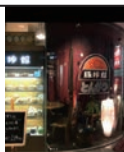
Tonkatsu-ya is located in front of the east exit of Chofu Station. Tonkatsu (deep fried pork) is thick and hearty! The recommended menu is the garlic cutlet set meal! Pork loin meat with garlic that is pickled in olive oil and spices, chopped, is fried.



ACCESS MAP



WEBSITE



25

nihonryori tenhama

日本料理 天濱

☎ 042-489-5440

<https://hitosara.com/0004023765/>

7F PARCO Chofu, 1-38-1 Kojimacho, Chofu-shi

Business Hours 11:00-22:30 (LO22:00)**Lunch** 11:00-15:00**Closing Days** Irregular closing**Access** 5-minute walk from Chofu Keio station

Offering dishes for the four seasons, including kaiseki cuisine and a la carte dishes at affordable prices. Tempura is also a gem. The aroma of sesame oil and the light batter are very healthy. It has a clean, calm atmosphere and available for any occasion, such as gathering with friends, memorial services, and auspicious events, even if you are alone.



ACCESS MAP



WEBSITE



26 NICK STOCK

NICK STOCK トリエ調布店

☎ 042-444-5830

<https://nickstock-trie-keiochofu.com/>

1F Trie KEIO CHOFU B, 2-48-6 Kojimacho, Chofu-shi

Lunch 11:00-15:00**Dinner** 15:00-22:00 (LO21:00)**Closing Days** Irregular closing**Access** 1-minute walk from Chofu Keio station

Delicious meat café and bar! It is recommended for various purposes in a casual atmosphere. With a total weight of 1 kg, Nick Village is a popular choice for banquets with succulent beef, pork, and chicken main dishes! Stewed tender beef tongue unraveled in red wine is also recommended.



ACCESS MAP



WEBSITE



27 Deli&Cafe MomonoMi

デリ&カフェ 桃の実

☎ 042-483-0150

https://instagram.com/momonomi_150

1-31-24 Kamiishiwara, Chofu-shi

Business Hours 10:00-18:00 (LO17:30)**Closing Days** Tue.**Access** 5-minute walk from Nishi-chofu Keio station

Our dish may be not for special occasions, but the store cooks it with all their heart. A store that serves homemade home-style bento.



ACCESS MAP



WEBSITE



28 cafe Laguras

カフェ ラグラス

☎ 042-344-7199

<https://www.cafelaguras.jp>

1F Van Veal, 1-24-14 Mishonochi, Kodaira-shi

Business Hours 10:30-16:00 (LO15:30)**Lunch** 11:30-14:00 (Close when run out)**Closing Days** Wed./Thu. (Open if Wed. or Thu. is a holiday)**Access** 5-minute walk from Kodaira Seibu station

Home-style dishes with a little extra care using ingredients from the Seikatsu Club Co-op and local vegetables grown in Kodaira. Take a break with the deliciousness of the ingredients and seasonal foods. Consult us on halal meals when making the reservation. A universal restroom with an entrance width of 75 cm is available. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE



29 Daidaiya Kodaira south exit

橙や小平南口店

☎ 042-207-9600

<https://r.gnavi.co.jp/p777900/>

#106 Rune Seven, 1-8-1 Misonocho, Kodaira-shi

Lunch 11:30-14:30 (LO14:30)

Dinner 17:00-22:30 (LO21:30)

Closing Days Tue./Wed.

Access 1-minute walk from Kodaira Seibu station

A variety of colorful seasonal dishes. A la carte and courses prepared by our skilled chef. Consult us on allergies and vegetarian and halal meals when making the reservation.



ACCESS MAP



WEBSITE



30 cafe moimoi

cafe moimoi

☎ 042-391-0375

<https://cafe-moimoi.owst.jp/en/>

Éclair Yasaka, 3-10-18 Sakaecho, Higashimurayama-shi

Business Hours 11:30-20:00 (LO20:00)

Closing Days Irregular closing

Access 1-minute walk from Yasaka Seibu station
8-minute walk from Kumegawa Seibu station

Handmade, carefully prepared dishes and cakes.



ACCESS MAP



WEBSITE



31 Dining Amina

Dining Amina

☎ 042-308-1402

<https://dining-amina.net/index.html>

1F, 2-5-3 Sakaecho, Higashimurayama-shi

Business Hours 17:00-23:00 (LO22:30)

Closing Days Sun./Irregular closing

Access 3-minute walk from Kumegawa Seibu station

Welcoming customers with attentive hospitality to help them enjoy the offal hot pot of Shinshu lida beef, creative dishes using handmade ingredients and alcoholic beverages carefully selected by the owner.



ACCESS MAP



WEBSITE



32 LO STIVALE

ロ・スティヴァーレ

☎ 042-394-2369

<http://www.lo-stivale-it.com/>

3-5-9 Noguchicho, Higashimurayama-shi

Lunch 11:30-14:30 (LO14:00)

Dinner 18:00-21:00 (LO20:00)

Closing Days Mon.

Access 10-minute walk from Higashi-Murayama Seibu station

The restaurant offers authentic Italian cuisine focusing on Tuscan cuisine. The ingredients and the space are full of Italian-inspired ingenuity. Enjoy a special moment with a delicious meal.



ACCESS MAP



WEBSITE



33 hikobae memories

ひこばえメモリーズ

☎ 03-5761-4819

<https://instagram.com/hikobaememories>

3-9-6 Higashiizumi, Komae-shi

Business Hours Weekdays 11:30-18:00 (LO18:00)
Sat./Holiday/Year-end and New Year holidays
9:30-19:00 (LO19:00)

Closing Days Thu./Irregular closing(Usually open for holidays)

Access 1-minute walk from Izumi-Tamagawa
Odakyu station

A handmade café to relax comfortably with the blessings of nature in a healing space that makes everyone's dreams come true. You can bring your own musical instruments, and the café is pet friendly. A spacious space away from the hustle and bustle with seasonal menus. Reservations are required for vegetarian options.



ACCESS MAP



WEBSITE



34 MOG MOG no MORI

もぐもぐの森

☎ 042-452-6613

https://instagram.com/mogu_cafe

1F Friendly, 4-17-14 Tanashicho, Nishitokyo-shi

Tue./Wed./Thu. 11:30-16:30 (LO16:00)

Fri. 11:30-15:30 (LO15:00)

Sat. 10:30-16:30 (LO16:00)

Closing Days Sun./Mon./Holidays/Irregular closing

Access 8-minute walk from Tanashi Seibu station

The café jointly owned with a disabled person to be a community-based café that can be used by anyone other than those without disabilities.



ACCESS MAP



WEBSITE



35 Cafe Hureai

喫茶コーナー ふれあい

☎ 042-464-8211

<https://m.facebook.com/nishitokyosyoungaisyafukushi>

1F Yagisawa community center,

1-15-1 Yagisawa, Nishitokyo-shi

Business Hours 10:30-16:15 (LO16:05)

Closing Days Sun./Holidays/According to the building closing

Access 1-minute walk from Seibu-Yagisawa station

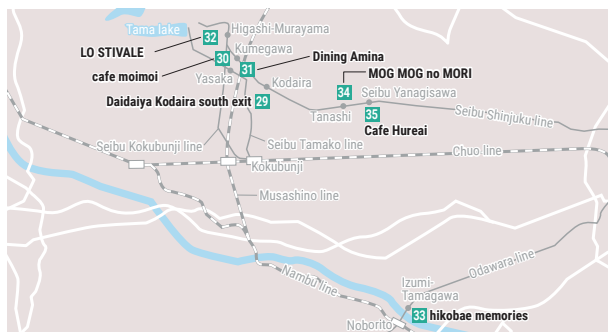
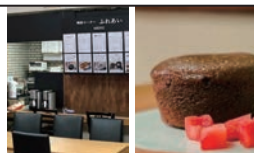
The café Freai in the Yanagisawa Community Center in Nishitokyo opened in 1987 to promote an understanding of people with disabilities in the community. A place for people with disabilities to participate in society.



ACCESS MAP



WEBSITE



1 Crew's cafe

クルーズカフェ

☎ 042-625-0041

<https://www.kounohara.com/crewscafe>

2168-1 Nakanomachi, Hachioji-shi

Business Hours 10:30-12:30
14:00-17:00 (LO16:30)
(Changes depend on seasons)

Closing Days Mon. to Fri.

Access 10-minute walk from Nishi-Hachioji JR station

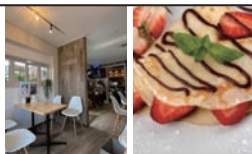
The owner wants guests to feel the ocean's atmosphere, which is reflected in an interior that captures the essence of an seaside café. This is a hole-in-the-wall, back-in-the-alley type of café, designed to give off the feel of a secret hiding place. Once inside, you'll find a cozy space that feels just the right size—not too big nor too small. The custom-made counter seats create the atmosphere of a bar.



ACCESS MAP



WEBSITE



2 APOLLON FRUIT GARDEN

APOLLON FRUIT GARDEN

☎ 042-686-1781

https://www.instagram.com/apollon_fruit_garden

2F Hachioji Opa, 1-12 Asahicho, Hachioji-shi

Business Hours 10:00-22:00 (LO21:00)

Lunch 11:00-15:00

Closing Days Open year-round

Access 30-second walk from Hachioji JR station

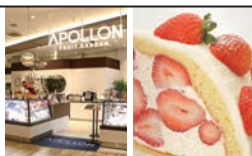
A café where customers can casually enjoy authentic Italian cuisine and seasonal fruits. The café offers parfaits and zuccottes (cakes) filled with fresh fruits. Directly connected to the south exit of JR Hachioji Station.



ACCESS MAP



WEBSITE



3 MIRIS

アーユルヴェーダ家庭料理 ミリス

☎ 042-649-6848

<https://miris-ayurvedic.com/>

7-4 Misakicho, Hachioji-shi

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-22:00 (LO21:30)

Closing Days Sun.

Access 5-minute walk from Hachioji JR station

The restaurant is inspired by Ayurveda, one of the three most renowned traditional systems of medicine, which sees a deep connection between medicine and eating habits. The chefs prepare each dish with gratitude for the ingredient's blessings of the sun and the soil. The restaurant is popular among health-conscious customers. Please enjoy the MIRIS original detox curry with bamboo charcoal, a Sri Lankan Ayurvedic home-style dish.



ACCESS MAP



WEBSITE



4 Kappou Watanabe

割烹 渡邊

☎ 042-620-5080

<https://www.kappou-watanabe.com/>

9-12 Misakicho, Hachioji-shi

Business Hours 18:00-23:00
Last entrance at 21:00, for we serve only pre-fix menu for dinner

Closing Days Sun./Holidays

Access 4-minute walk from Hachioji JR station

The restaurant may not be particularly eye-catching or photogenic, but it serves dishes that highlight the best aspects of seasonal ingredients. The restaurant also serves special seasonal dishes, featuring crabs, pufferfish, matsutake mushrooms, and other ingredients in peak season. Please enjoy your time and the dishes to the fullest.



ACCESS MAP



WEBSITE



5 kurabito maihime

蔵人 舞姫

☎ 042-649-7942

<https://tokyo-hachioji-shuzo.jp/>

10-12 Nakacho, Hachioji-shi

Business Hours 17:00-22:00 (LO21:00)

Closing Days Sun.

Access 8-minute walk from Hachioji JR station

This restaurant aims to serve exceptionally fresh sake, once only available at sake breweries. It is dedicated to enhancing the value of Japanese sake as a drink meant to be enjoyed with meals. Customers can enjoy Tokyo Hachioji Brewery's prototype sake served directly from the sake barrel. Please consult with the restaurant in advance regarding allergies, vegetarian dishes, or halal options before your visit.



ACCESS MAP



WEBSITE



6 teuchisoba kurumaya

手打そば 車家

☎ 042-676-9505

<https://www.soba-kurumaya.co.jp/en/>

3-10 Koshino, Hachioji-shi

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-20:30 (LO20:00)

Closing Days Wed./3rd Thu.

(Close 15:00 on Tue. Close 20:30 on holidays.)

Access 24-minute walk from Keio-horinouchi station
3-minute walk from Sanmori-bashi bus stop(Keio bus)

Our handmade soba noodles are made from husked buckwheat grown by contracted farmers, then stone-ground and milled in our kitchen every morning. One of the restaurant's highlights is its wide variety of healthy Japanese dishes made with seasonal ingredients.



ACCESS MAP



WEBSITE



7 Kona's coffee Tama newtown

コナス珈琲多摩ニュータウン店

☎ 042-674-5001

<https://konas-coffee.com/>

八王子市別所2-40

Weekdays 10:00-22:00 (LO21:00)

Sat./Sun./Holidays 9:00-22:00 (LO21:00)

Closing Days No regular closing

(Opening for Year-end and New Year holidays will be updated on website)

Access 20-minute walk from Keio-horinouchi station

Kona's Coffee is a restaurant that offers Hawaiian cuisine and atmosphere to a diverse range of customers under the concept of being "the closest Hawaii."



ACCESS MAP



WEBSITE



8 kitchen & dining pukupuku

キッチン&ダイニング プクプク

☎ 042-673-7737

<https://gkgs700.gorp.jp/>

C bldg. Keio Retnade Takao,
1231-16 Hatsuzawamachi, Hachioji-shi

Lunch 11:30-15:00 (L014:00)

Dinner 17:00-22:00 (L021:00)

Closing Days Tue.

Access 3-minute walk from Takao JR station
3-minute walk from Takao Keio station

Customers can enjoy casual Italian dishes in a relaxed atmosphere.



ACCESS MAP



WEBSITE



9 GRAN DESEO

グラン・デセオ

☎ 042-649-6480

<http://www.deseo.jp/>

4-7-1 Koyasumachi, Hachioji-shi4-7-1

Lunch 11:00-14:30 (L014:30)

Dinner 17:00-21:00 (L021:00)

Closing Days Irregular closing

Access 2-minute walk from Hachioji JR station

This restaurant offers a fun dining experience with live performances. The restaurant may be closed for live performance events. Please call to confirm.



ACCESS MAP



WEBSITE



10 Cafe Dining Bonheur

カフェ ダイニング ボンヌール

☎ 042-706-8651

<https://www.instagram.com/tsukushino.bon.heur/>

1F Tsukushino No.3 bldg.,
2-26-4 Tsukushino, Machida-shi

Business Hours 11:30-19:00

Lunch 11:30-13:30

Closing Days Irregular closing

Access 2-minute walk from Tsukushino Tokyu station

This glass-walled café restaurant, located in front of Tsukushino Station on the Den-en-toshi Line, offers a calming atmosphere. The restaurant offers a selection of around 20 types of Ronnefeldt tea leaves from Germany, used in five-star hotels worldwide. The restaurant recommends exclusive herb teas that are only available here.



ACCESS MAP



WEBSITE



11 Kushikatsu tukusibo

串カツ専門 つけし坊

☎ 042-796-7693

<https://home.tsuku2.jp/storeDetail.php>

2-26-4 Tsukushino, Machida-shi

Lunch 11:30-14:00 (L014:00)

Dinner 16:30-22:00 (L021:00)

Closing Days Tue.

Access 2-minute walk from Tsukushino Tokyu station

Founded in 1983, this long-established restaurant specializes in creative kushikatsu. The restaurant serves freshly deep-fried kushikatsu one piece at a time at the counter. The most popular kushikatsu is the Tokusen Jyushu Kushikatsu, a special selection of ten different types.



ACCESS MAP



WEBSITE



15 One Day Kitchen

One Day Kitchen

☎ 042-854-0497

[Instagram.com/one_day_kitchen_](https://www.instagram.com/one_day_kitchen/)

1-8-2 Nakamachi, Machida-shi

Lunch 11:00-14:30

Dinner 16:30-19:00

Closing Days Sun.

Access 8-minute walk from Machida JR station

8-minute walk from Machida Odakyu station

This delicatessen, offering daily specials, is located just a short walk from Machida Station. Customers can enjoy a colorful and well-balanced combination of ingredients served on a plate.



ACCESS MAP



WEBSITE



16 Erbetta

エルベッタ

☎ 042-728-0208

<https://erbetta-machida.owst.jp/en/>

1-33-18 Morino, Machida-shi

Lunch 11:30-14:45 (L014:00)

Dinner 17:00-22:00 (L021:00)

Closing Days Sun.

Access 3-minute walk from Machida Odakyu station

5-minute walk from Machida JR station

Erbetta is an Italian restaurant beloved by the locals of Machida for over 20 years. Our specialty is fresh, chewy pasta! Our homemade sausages (charcuterie) are also a consistently popular menu item. ☺ We also offer side dishes made with fresh, locally sourced ingredients. Please enjoy them alongside our great selection of wines!



ACCESS MAP



WEBSITE



17 Trattoria & Pizzeria Dai

トラットリア&ピッツェリア Dai 町田本店

☎ 042-860-6191

<https://www.pleasure-company.com/trattoria-pizzeria/>

1F Kashimaya bldg., 1-34-2 Morino, Machida-shi

Business Hours 11:00-23:00 (L022:00)

Closing Days Irregular closing

Access 5-minute walk from

Machida Odakyu station

Our pizzas are made from scratch, starting with fresh dough and baked in an authentic wood-fired oven. The chef, also known as the Pizzaiolo, serves up the finest pizzas.



ACCESS MAP



WEBSITE



18 grand gateau

グランガトー

☎ 042-727-3517

<https://www.grandgateau-gouda.jp/>

2-8-25 Tamagawagaku, Machida-shi

Business Hours 10:00-18:00 (L017:30)

Closing Days Mon./Tue./Wed.

Access 3-minute walk from

Tamagawagaku-mae Odakyu station

The owner, who studied traditional European confectionery in France, Switzerland, and England, creates beautifully crafted cakes. The menu, which changes on the first of each month, is also a major draw.



ACCESS MAP



WEBSITE



19 Sushi & Shabu-Shabu Yuzu-An Tamasakai

寿司・しゃぶしゃぶ ゆず庵 多摩境店

☎ 050-3188-1879

<https://www.shabu-yuzuan.jp/shop/1>

2-7-2 Oyamagaoka, Machida-shi

Business Hours 11:00-24:00
(Last entrance 22:00)

Closing Days No regular closing

Access 3-minute walk from
Tamasakai Keio Station

A restaurant specializing in all-you-can-eat sushi and shabu-shabu, offering a wide selection of shabu-shabu ingredients, desserts, and seasonal sushi made with the finest ingredients.



ACCESS MAP



WEBSITE



20 Okonomiyaki Honpo Tamasakai

お好み焼本舗 多摩境店

☎ 042-775-7731

<https://www.okonomiyaki-honpo.jp/shop/226>

2-7-1 Oyamagaoka, Machida-shi

Business Hours 11:00-23:00
(Last entrance 22:00)

Closing Days No regular closing

Access 3-minute walk from
Tamasakai Keio Station

This restaurant offers all-you-can-eat okonomiyaki, kushikatsu, and teppanyaki (including steaks, seafood, and more), along with a wide variety of à la carte dishes.



ACCESS MAP



WEBSITE



21 Bamiyan Hinomanganji

バーミヤン 日野万願寺店

☎ 042-589-0120

<https://store-info.skylark.co.jp/bamiyan/map/171536>

4-31-2 Manganji, Hino-shi

Business Hours 10:00-23:30 (LO 23:00)

Closing Days No regular closing

Access 15-minute walk from Manganji
Tama monorail Station

A Chinese restaurant where customers can enjoy a variety of dishes, from gyoza, ramen, and fried rice to authentic Chinese cuisine, all at reasonable prices.



ACCESS MAP



WEBSITE



22

KAGONOYA around Tama Center Station store

かごの屋 多摩センター駅前店

☎ 050-1807-8638

<https://kagonoya.food-kr.com/0577/>

1-2-1 Ochiai, Tama-shi

Weekdays Lunch 11:00-15:30 (LO15:00)
Dinner 17:00-21:30 (LO21:00)

Sat./Sun./Holidays 11:00-22:00 (LO21:30)

Closing Days No regular closing

Access 2-minute walk from Keio-Tama center station

This Japanese restaurant features a menu with set meals and refined dishes unique to Japanese cuisine. This restaurant is perfect for a variety of special occasions, such as a child's weaning ceremony, the start of school celebration, graduations, and birthdays for grandparents.



ACCESS MAP



WEBSITE



23

Lee TanTan Café

Lee TanTan cafe

☎ 042-357-8558

<https://www.hotpepper.jp/strJ000718926/>

6F Cocolia Tama Center, 1-46-1 Ochiai, Tama-shi

Business Hours 11:00-22:00 (LO21:00)

Closing Days Jan. 1

Access 6-minute walk from Odakyu-Tama center station

Families with children are welcome in the spacious restaurant, and free jasmine tea is also offered! The tables, divided by partition walls, offer a private room feel, making it ideal for a small group to relax and unwind. A wide variety of popular authentic Chinese set meals are available for both lunch and dinner!



ACCESS MAP



WEBSITE



24

HATAKE de kitchen

畑de きッチン

☎ 042-400-0915

<https://hatakede.jugem.jp/>

6F Cocolia Tama Center, 1-46-1 Ochiai, Tama-shi

Business Hours 11:00-22:00 (LO21:00)

Closing Days Irregular closing

Access 6-minute walk from Odakyu-Tama center station

Located in Tama Center, this restaurant offers creative vegetable dishes made with freshly picked vegetables. The restaurant is dedicated to satisfying customers, from selecting ingredients to serving the meal. It uses fresh, locally grown vegetables from its directly managed farm, Yumetabae, which produces organic vegetables without the use of agricultural chemicals. It also sources the finest seafood and meat, cooking them carefully before serving to customers.



ACCESS MAP



WEBSITE



25

Densetu Steak Restaurant

伝説のステーキ屋

☎ 042-401-5044

<https://densetu-steak.com/>

917-1 Omaru, Inagi-shi

Densetu Steak Restaurant grills its steaks on lava stones of Mt. Fuji.

Business Hours 11:00-22:00 (LO21:30)

Closing Days Irregular closing

Access 3-minute walk from Minami-Tama JR station



ACCESS MAP



WEBSITE



26 INASHIRO YAKINIKU SEISAKUJO

稲城焼肉製作所

☎ 050-8881-3336

<https://inashiriyakinikuseisakujo.com/index.html>

#201 Fuji bldg., 1045 Oamaru, Inagi-shi

Weekdays Lunch 11:30-14:00 (LO13:30)

Dinner 17:00-22:00 (LO21:30)

Sat. Lunch 11:30-15:00 (LO15:00)

Dinner 15:00-22:30 (LO22:00)

Sun./Holidays Lunch 11:30-15:00 (LO15:00)

Dinner 15:00-22:00 (LO21:30)

Closing Days Thu.

Access 2-minute walk from Minami-Tama JR station

The motto of this restaurant is "Be kind to others." This restaurant offers carefully selected wagyu beef, paired with a variety of alcoholic beverages to complement the meat.



ACCESS MAP



WEBSITE



27 Schlossberg

喫茶 シュロスベルグ

☎ 042-378-7111

<https://tabelog.com/en/tokyo/A1327/A132703/13127799/>

4-6-18 Koyodai, Inagi-shi

Business Hours 10:00-19:00 (LO18:30)

Closing Days 4th Mon.

(If 4th Mon. is a holiday, the following day will be closed)

Access 9-minute walk from Minami-Tama JR station

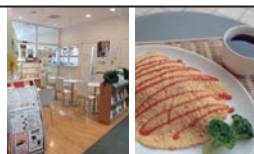
A coffee shop located inside the Inagi City Central Library. Customers can enjoy freshly ground coffee and meals of curry and pasta while reading books from the library.



ACCESS MAP



WEBSITE



28 akariyakosen

手打ち蕎麦あかりや狐仙

☎ 042-379-9225

<https://www.instagram.com/akariyakosen/>

3-10-10 Yanokuchi, Inagi-shi

Lunch 11:30-14:00 (LO13:40)

Dinner 17:30-21:00 (LO20:30)

Closing Days Mon./Tue.

Access 1-minute walk from Yanokuchi JR station

This popular restaurant is known for its signature nihachi soba, which is made using the traditional Edo soba noodle method. Seasonal special soba noodles are also a must-try. The restaurant is also renowned for its selection of local sake from various parts of Japan.



ACCESS MAP



WEBSITE



1 Marugen Ramen Ome

丸源ラーメン 青梅店

☎ 0428-78-4655

<https://www.syodai-marugen.jp/shop/205>

3-24-11 Higashi Ome, Ome-shi

Business Hours 10:30-24:00 (LO23:40)

Closing Days No regular closing,
Year-end and New Year holidays

Access 12-minute walk from Higashi-Ome JR station

Customers can relax and enjoy their meals in a spacious, well-lit setting while savoring the signature dish—aged soy sauce ramen with meat. Each bowl of ramen is freshly cooked to order in its own pot.



ACCESS MAP



WEBSITE



2 Dining&Gallery MAYUGURA

萌蔵

☎ 0428-21-7291

<https://mayugura.com/>

3-127 Nishiwake-cho, Ome-shi

Weekdays Lunch 11:00-14:00 (LO14:00)
Café time 14:00-17:00 (LO16:30)
Dinner (Mayugura, Reservation only)

Sat./Sun./Holidays Lunch 11:00-14:30 (LO14:30)
Café time 14:30-17:00 (LO16:30)
Dinner (Mayugura, Reservation only)

Closing Days Tue. (Please check on the website or by phone.)

Access 10-minute walk from Higashi-Ome JR station / 10-minute walk from Ome JR station

The restaurant is dedicated to preparing dishes with a meticulous process that brings out the full flavor of fresh ingredients, primarily seasonal vegetables. It also ensures that the dishes are well-balanced nutritionally, with ingredients traced back to their producers whenever possible. All this dedication is aimed at receiving one word from customers: "Delicious!"



ACCESS MAP



WEBSITE



3 Unagi no Unakou

うなぎのうな幸

☎ 0428-85-9495

<https://tabelog.com/tokyo/A1330/A133003/13288894/>

1-30-4 Baigo, Ome-shi

Business Hours 11:00-20:00 (LO19:30)

Closing Days Thu.

Access 16-minute walk from Hinatawada JR station

The restaurant's name is inspired by the wish for customers to "eat eels and be happy." The restaurant purchases fresh live eels produced in Japan and cooks them in the restaurant kitchen to ensure a delicious meal.



ACCESS MAP



WEBSITE



4 Koubairen

梅菓子処 青梅 紅梅苑

☎ 0428-76-1881

<https://www.koubairen.net/>

3-905-1 Baigo, Ome-shi

Weekdays 9:30-17:00 (Café16:30)

Sat./Sun./Holidays 9:30-17:00 (Café17:00)

Closing Days Mon. (If Monday is holiday, next Tue.)

Access 5-minute walk from Hinatawada JR station

Ome is located in the western part of Tokyo. Nestled away from the hustle and bustle of the megacity, this area is rich in nature and cherished by many celebrities. Koubairen, a confectionery shop, is situated at the back of an area adorned with the pale red hues of plum blossoms in full bloom in Ome.



ACCESS MAP



WEBSITE



8

ARATI

アジアン ダイニング & バー アラティ

☎ 042-533-4314

<https://aratiasindainbar.owst.jp/en/>

BOOKS TAMA, 1-3-11 Sakaecho, Hamura-shi

Lunch 11:00-16:00 (L016:00)

Dinner 16:00-22:00 (L022:00)

Closing Days No regular closing

Access 5-minute walk from Ozaku JR station

The most popular is everyone's favorite cheese naan! Rich, melted cheese oozes from the inside. Try the naan, delicious on its own or paired with your favorite curry! Please contact us in advance if you need sign language support.



ACCESS MAP



WEBSITE



9

YuYuTenzan

遊遊天山

☎ 042-578-0203

<https://www.hotpepper.jp/strJ000165570/>

1-3-12 Sakaecho, Hamura-shi

Lunch 11:00-14:00 (L013:45)

Dinner 17:00-22:00 (L021:30)

Closing Days Mon.

Access 5-minute walk from Ozaku JR station

This Chinese restaurant is dedicated to serving handmade dishes with a sincere approach, serving gyoza, delicately scorched rice, and expertly crafted seasonings. The cozy, at-home atmosphere is perfect for both solo diners and banquets. The name Yu-Yu reflects the owner's wish for customers to enjoy a lively and welcoming atmosphere. The restaurant is conveniently located just a five-minute walk from the station and offers parking spaces.



ACCESS MAP



WEBSITE



10

AMERICAN DINER LABOOM

アメリカンダイナー ラブーム

☎ 042-533-4548

https://www.instagram.com/la_boum_623/

#102 City Plaza Hamura,

4-15-11 Gonokami, Hamura-shi

Lunch 11:00-15:00

Dinner 15:00-22:00 (L021:40)

Closing Days Mon.

(If Mon. is a holiday, the following Tue.

Will be closed)

Access 1-minute walk from Hamura JR station

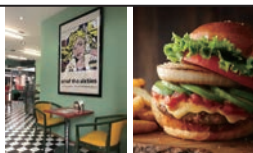
This American-style restaurant is located in front of the east exit rotary at Hamura Station. More than half of the customers at this restaurant are international. The restaurant serves mochiko chicken, a popular dish among locals in Hawaii, along with hamburgers, steaks, and pizzas.



ACCESS MAP



WEBSITE



11

sushiya no kantarou

すし屋の勘太郎

☎ 042-595-1794

<https://sushiya-no-kantarou.gorp.jp/>

485-6 Ina, Akiruno-shi

Lunch time 11:00-14:00

Dinner time 17:00-22:00 (L021:30)

Closing Days Thu./3rd Wed.

Access 2-minute walk from

Musashi-Masuko JR station

This sushi restaurant offers a calm atmosphere suitable for adults. Enjoy a party with a course menu featuring seasonal ingredients the chef takes great pride in! The restaurant offers special tables and course menus for a range of special occasions.



ACCESS MAP



WEBSITE



12 Bistro YOSHIZO

Bistro YOSHIZO

☎ 042-595-3885

<https://www.pizza-yoshizo.com/sp/honten/>
808-13 Ina, Akiruno-shi

Weekdays Lunch 11:30-14:30 (LO13:45)
Dinner 17:00-22:00
(Last entrance 21:00 LO21:30)
Sat./Sun./Holidays Lunch 11:30-15:00 (LO14:15)
Dinner 17:00-22:00
(Last entrance 21:00 LO21:30)

Closing Days Thu.

Access 1-minute walk from Musashi-Masuko JR station

This is a casual Italian restaurant located in Akiruno City, Tokyo. Please contact the restaurant prior to your visit.



ACCESS MAP



WEBSITE



13 Mitsubachi farm cafe

みつばちファームカフェ

☎ 042-519-9327

<https://88838.net/>

37-3 Uenodai, Akiruno-shi

Business Hours 10:30-17:00

Closing Days Wed.

Access 12-minute walk from Musashi-Masuko JR station

The café serves honey milk gelato, characterized by its natural sweetness, along with a variety of honey-based confections and beverages. The peaceful scenery visible from the café windows is both relaxing and soothing.



ACCESS MAP



WEBSITE



14 Shinshu azumino teuchisoba takase

信州安曇野手打ちそば たか瀬

☎ 042-519-5779

https://www.instagram.com/sobaya_takase

508-6 Yamada, Akiruno-shi

Weekdays Lunch 11:00-15:00 (LO14:30)
Dinner 17:00-20:00 (LO19:30)
Sat./Sun./Holidays Lunch 11:00-15:00 (LO14:30)
Dinner 17:00-21:00 (LO20:30)

Closing Days Tue.

Access 10-minute walk from Musashi-Masuko JR station

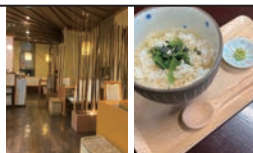
This restaurant serves soba noodles made exclusively from Japanese buckwheat flour, paired with a soup made from fermented dried bonito broth.



ACCESS MAP



WEBSITE



15 Otowa-sushi

音羽鮨

☎ 042-596-0009

<https://otowasushi.com/english/>

50 Itsukaichi, Akiruno-shi

Lunch 11:00-13:00

Dinner 17:00-20:00

Closing Days Wed./Please check the restaurant webpage.

Access 10-minute walk from Musashi-Itsukaichi JR station

This friendly restaurant, established in 1964, offers a varied menu featuring sushi, Chinese food, eel, and more. The restaurant uses seasonal vegetables grown in Akiruno City and is registered as a Locavore Restaurant in Tokyo. It serves dishes that are both flavorful and hearty.



ACCESS MAP



WEBSITE



16 AKIGAWA BASE

AKIGAWA BASE

<https://www.instagram.com/akigawabase>

1402 Tokura, Akiruno-shi

Business Hours 11:00-16:00

Closing Days Irregular closing

Access 1-minute walk from Jurigi bus stop (Nishitokyo bus)

The cute food truck serves hamburgers with thick, juicy patties that are incredibly satisfying! The milky ice cream is also highly recommended.



ACCESS MAP



WEBSITE



17 SAKANAYA-DOJO Akikawa

さかなや道場 秋川駅前店

☎ 042-532-7621

<https://sakanayadojo.com/akikawa/#carousel2>

1F No.9 Green bldg. Akikawa,

1-1-1 Akigawa, Akiruno-shi

Business Hours 16:00-23:00 (LO22:00)

Closing Days No regular holiday

Access 1-minute walk from Akigawa JR station

This restaurant offers fresh, reasonably priced fish, including the popular tuna. Tuna is especially popular among people of all ages, with the menu featuring rare cuts of tuna alongside standard sashimi and sushi dishes.



ACCESS MAP



WEBSITE



18 TOUTOU AN

燈々庵

☎ 042-559-8080

<https://tou-touan.com/about/>

673-4 Amema, Akiruno-shi

Lunch 11:00-15:00

Dinner 17:00-21:00 (LO19:00)

Closing Days Confirmed on the website

Access 10-minute walk from Higashi-Akuru JR station

The restaurant was created by renovating a traditional storehouse from an old family and was built during the Edo period. A beautiful garden greets customers at this relaxing restaurant, which harmoniously blends traditional Japanese architecture with contemporary design. The garden displays the natural beauty of the changing seasons, while the restaurant focuses on offering rustic cuisine. Dinner reservations must be made at least one business day in advance.



ACCESS MAP



WEBSITE



19 Sobaya Igusa

石臼挽手打蕎麦 いぐさ

☎ 042-558-8590

<https://soba-igusa.jimdofree.com/>

673-4 Amema, Akiruno-shi

Lunch 11:00-14:30

Dinner 17:00-21:00 (LO20:30)

Closing Days Wed./Thu.

Access 5-minute by car from Akigawa JR station

The soup is made without the use of chemical seasonings with broth from Rishiri kelp transported directly from Rishiri (Hokkaido). Ingredients are thoughtfully chosen to allow customers to fully experience the essence of each season. The restaurant serves special soba noodles made with a variety of seasonal ingredients that change throughout the year. The restaurant focuses on serving dishes that are made entirely in-house.



ACCESS MAP



WEBSITE



20 KIRIUAN

桐生庵

☎ 042-533-2522

<https://kiriuan-akiruno.com>

125-10 Aburadai, Akiruno-shi

Business Hours 11:00-15:00

Closing Days Wed./3rd Tue.

Access 6-minute walk from Akigawa JR station

The traditional-style storehouse doors and Mashiko pottery welcome customers and offer a unique and relaxing experience with friends and loved ones. The specialty is the three types of soba noodles, which is carefully chosen by the owner, with three types of soba soup.



ACCESS MAP



WEBSITE



21 mizuhomachi koshinkan kissa sutoria

瑞穂町 耕心館 喫茶ストーリーア

☎ 042-568-1505

<https://koshinkan.jp/>

371-1 Oaza Komagatafujiyama,

Mizuho-machi, Nishitama-gun

Business Hours 10:30-21:00 (LO20:00)

Closing Days 3rd Mon./Year-end and New Year holidays

Access 20-minute walk from Hakonegasaki JR station

In this café overlooking a beautiful garden, customers can enjoy a meal or tea while listening to music.



ACCESS MAP



WEBSITE



22 Soba Unagi Wazen Takahashiya

たかはしや

☎ 042-557-0231

<https://tabelog.com/en/tokyo/A1330/A133002/13298149/>

140 Hakonegasaki, Mizuho-machi, Nishitama-gun

Weekdays Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-21:00 (LO20:00)

Sat./Sun./Holidays 11:00-21:00 (LO20:00)

Closing Days Tue.

*The restaurant may be closed for private events or rescheduled holidays.

Access 3-minute walk from Hakonegasaki JR station

The menu features freshly grilled eel, homemade udon and soba noodles, and other dishes that highlight the comforting warmth of homemade food. The large shrimp tempura bowl is particularly popular with international customers. Large shrimp are deep-fried in a crispy batter and drizzled with a special sauce, creating a visually appealing dish that is both hearty and delicious.



ACCESS MAP



WEBSITE



23 Cafe Saseragi

カフェせらぎ

☎ 090-4667-1971

<https://tabelog.com/en/tokyo/A1330/A133004/13173056/>

1F Hinohara-mura office,
467-1 Hionohara-mura, Nishitama-gun

Business Hours 9:00-17:00 (LO16:30)

Closing Days Year-end and New Year holidays

Access 1-minute walk from Honjuku yakubamae bus stop (Nishitokyo bus from JR Musashi-Itsukaichi station)

Located in Hinohara Village Hall, this coffee shop serves delicious coffee brewed with spring water. The master, with 35 years of experience running cafes in Ginza and other areas, serves flavorful coffee. He credits the secret ingredient to Hinohara's spring water.



ACCESS MAP



WEBSITE



24 Yamagohan coffee Hinohara Terrace

山ごはんカフェ ヒノハラテラス

☎ 042-588-4828

<https://www.hinoharaterrace.jp/>

3395 Kanoto, Hinohara-mura, Nishitama-gun

Business Hours Mid. Mar. to Nov. 11:00-16:30 (LO15:30)

Feb. to Early Mar. 11:30-15:30 (LO14:30)

*Subject to change. Please refer to the webpage.

Closing Days Beg. of Month: Mon./Tue./Wed.

Mid. Mar. to Nov.: Mon. Dec. to early Mar.: Mon./Tue.

Access 25-minute by car from Musashi-Itsukaichi JR station
10-minute walk from Kanotoiwa iriguchi bus stop (Nishitokyo bus from JR Musashi-Itsukaichi station)

Fresh, local ingredients are used whenever possible, and the fluffy pancakes are especially popular. Enjoy a heartwarming experience with a delicious meal and a view of Hinohara's beautiful natural scenery. Prior reservation is required for meals with allergy accommodations or vegetarian options.



ACCESS MAP



WEBSITE



25 Hinohara Factory

ひのはらファクトリー

☎ 042-588-5170

<https://www.hinoharafactory.com/>

4023-1 Hinohara-mura, Nishitama-gun

Business Hours Apr. to Nov. 11:00-17:00

Dec. to Mar. 11:00-16:00

Closing Days Mon./Tue. (If Mon., Tue. is a holiday, the following day will be closed)

*4/29-5/5 (Golden week),

7/21-8/31 (During school summer vacation),

Oct. to Nov. (Autumn leaves): Open only on Tue.

Access 1-minute walk from Nacchi bus stop (Nishitokyo bus from Musashi-Itsukaichi JR station)

A facility that combines a kiosk, farmer's market, and café. Visitors can also tour a shochu production facility that uses potatoes from Hinohara Village. The kiosk offers a variety of products such as essential oils, perfumes, room fragrances, face mask sprays, and craft kits made with cypress from Hinohara. They offer a variety of ways to enjoy these products.



ACCESS MAP



WEBSITE





SHIMA SUSHI (BEKKO SUSHI)

Delicious sushi from the Izu Islands, glossy like bekko (tortoiseshell).

Overview & History

A local dish popular in the Izu Islands and Ogasawara Islands, it is typically fish pickled in a soy sauce-based tare (called “zuke”) paired with vinegared rice as a means of preserving freshness when sailing out to sea. It is prepared differently depending on the area, with some using vinegared rice sweetened with sugar or mirin, mustard paste instead of wasabi, or “Shimato shoyu” soy sauce in which unripe Shima Togarashi peppers have been soaked. It is also known as bekko sushi (“tortoise-shell sushi”) for its color.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/search_menu/menu/34_19_tokyo.html)

SHIMA SUSHI

25

Ozekizusi
大関寿司

This Bekko-zushi is made with fresh fish marinated in Izu Oshima's renowned soy sauce, infused with dissolved green chili peppers. The sauce, made from the restaurant's original blend, is a must-try. This rare sushi is limited to a maximum of two pieces per customer.

☎ **04992-4-0372**

<https://www.izu-oshima.or.jp/eat.html>

Kudacchi, Sashikiji, Oshima-cho

Business Hours 11:00-13:30

16:30-20:30

Closing Days Mon.

Access Near Kudacchi bus station
(Ooshima bus)



ACCESS MAP



WEBSITE



SHIMA SUSHI

26

Gyokaisousakuryori jizakanadokoro uohachitei

魚介創作料理 地魚処 魚八亭

After fresh fish is brought to Hachijo Island, it is marinated in soy sauce and made into sushi using rice sweetened with sugar. Instead of wasabi, mustard paste is used, which is a distinctive feature of this sushi.

☎ 04996-2-2807

<https://tabelog.com/tokyo/A1331/A133101/13163950/>

198-1 Mitsune, Hachijo-machi

Business Hours Morning 7:00-10:00

Lunch 11:00-15:00

Dinner 17:00-22:00

Closing Days Irregular closing**Access** 20-minute walk from Hachijojima Airport

ACCESS MAP



WEBSITE

SHIMA SUSHI

27

SHIMASUSHI

島寿司



The restaurant has tables for about 20 people. The restaurant mainly serves lunch, featuring island sushi, Ogasawara sushi with sea turtles (a must-try for visitors), sashimi made from fish caught around the island, papaya kimchi, and other dishes.

☎ 04998-2-2541

<https://www.ogasawaramura.com/en/eat/shimazushi/>
 Aza Higashi-machi, Chichijima, Ogasawara-mura
Business Hours 10:00-14:00 (LO13:30)**Closing Days** When Ogasawara-Marui is setting sail**Access** 5-minute from Futami port

ACCESS MAP



WEBSITE

Nutrition & Health Information

The menu features seasonal fish caught in the waters around Ogasawara, including sea bream, tuna, bonito, swordfish, flying fish, three-line grunt, greater amberjack, and more. These fish are rich in DHA, EPA, minerals, and vitamins, offering a well-balanced mix of protein and healthy fats.

Additionally, since the sushi uses vinegar, a fermented seasoning, it offers potential benefits unique to fermented foods, such as regulating the intestinal environment, boosting immunity, and improving complexion. However, since it contains a generous amount of sugar, it is best to avoid overeating.



Ms. Sonoyama Makie



The Premium shochu. Savor the mellow aroma as you sip shochu.

Overview & History

Shima shochu made in the Izu Islands south of Tokyo is popular among islanders, and shochu-making has deep roots on the islands. The master brewers take into account the harsh conditions unique to the remote islands and are committed to hand craftsmanship, so all of the shochu is full of individuality. There are three types of Tokyo Shimazake manufactured in the Izu Islands: sweet potato shochu, barley shochu, and sweet potato/barley blend shochu. A key feature of all these types is that they are made with “mugi koji,” which uses barley instead of rice as the raw ingredient for the koji malt. In addition, you can use Shima Shochu for cooking as well as drinking. In March 2024, Tokyo Shimazake was designated a geographical indication (GI), which exclusively allows only those products manufactured with the ingredients and production methods characteristic of a specific production area to bear the name of that production area.

Source: Created by processing content from the National Tax Agency website. (<https://www.nta.go.jp/about/organization/tokyo/sake/pdf/shimazake.pdf>)

SHIMA SHOCHU

SHIMA SHOCHU

28

MARUGO

島食堂 マルゴ

☎ 04992-7-5180

<https://tabelog.com/en/tokyo/A1331/A133101/13285486/>

6-10-2 Honson, Nijijima-mura

Business Hours

Lunch 11:30-14:00

Dinner 17:30-20:00

From Golden Week to September

Moning 7:00-9:00

Lunch 11:00-15:00

Closing Days

Mon./Tue.

Access

5-minute by car or 10-minute walk from Nijijima port



ACCESS MAP



WEBSITE

A restaurant where you can enjoy Miyahara Sake Brewery's signature shochu, Shima Jiman. During peak season, the restaurant offers a variety of dishes made with island ingredients. Customers can unwind and enjoy their meal in the restaurant's spacious setting.



SHIMA SHOCHU

29

TeaHouse Non・no

ティーハウスノン・ノ

The Miyake Island shochu, Oyamaichi, is available. A retro-style coffee shop attached to Yamanobe Ryokan offers visitors a chance to enjoy the island's natural beauty with bougainvillea flowers blooming on the terrace.

☎ 04994-5-0317

<https://tabelog.com/en/tokyo/A1331/A133101/13272206/>

1544 Aco, Miyake-mura

Business Hours 11:00-14:00

Closing Days Irregular closing

Access 5-minute walk from Togajinja-mae bus stop (bus from Sabigahama port)



ACCESS MAP



WEBSITE



SHIMA SHOCHU

30

Izakayasousai Eirin

居酒屋創菜 英凛

A rare authentic Chinese restaurant on Hachijo Island. The restaurant offers a variety of island shochu, including Nasake-jima and Yae-tsubaki. Popular dishes include salty gyoza with ashitaba and spicy tantanmen noodles.

☎ 04996-9-5961

<https://www.hachijo.gr.jp/restaurant/eirin/>

2541-2 Ookago, Hachijo-machi, Hachijojima

Business Hours 11:30-13:30

17:30-22:00

Sometimes close early

Closing Days Tue.

Access 7-minute by car from airport

9-minute by car from Sokodo port

2-minute walk from Machiyakuba bus stop



ACCESS MAP



WEBSITE



Nutrition & Health Information

The shochu, free of purines and carbohydrates, helps increase the enzyme urokinase, which dissolves blood clots. When consumed in moderation, it offers health benefits by helping prevent diseases caused by blood clots, such as myocardial infarction and cerebral infarction. Potato and barley

shochu, in particular, are considered especially beneficial for health in this regard. They also help increase good cholesterol, and the aromatic compound linalool in potato shochu is known for its relaxing effects. Of course, it is important to enjoy shochu in moderation.



Ms. Sonoyama Makie

1

Kiyomaru

雑魚や 紀洋丸

☎ 04992-2-1414

https://www.instagram.com/kiyomaru_izuoshima

Manose, Motomachi, Oshima-machi

Lunch 11:30-13:30

Dinner 17:30-20:00

Closing Days Thu./Irregular closing on Sun.

Access 5-minute walk from Motomachi port

The restaurant's name signifies a variety of fishes, and true to its name, it serves rare fishes that are seldom shipped to central Tokyo. The restaurant serves a unique selection of local dishes found only on the islands.



ACCESS MAP



WEBSITE



2

Cafe Bar NABEKICHI

喫茶酒場 なべきち

☎ 04992-7-5318

<https://www.instagram.com/nabekichi.gram/>

1-17-2 Motomachi, Oshima-machi

Lunch 11:00-15:00 (LO14:30)

Dinner 18:00-21:00 (LO20:00)

Closing Days Thu./Sun. dinner

Access 1-minute walk from Motomachi port

The restaurant with a pink exterior is only a one-minute walk from Motomachi Port. This restaurant offers homemade dishes and confections in a refreshing Hawaiian atmosphere! A wide variety of drinks are available, including island sake and cocktails. Please inform the restaurant of any allergies when making your reservation.



ACCESS MAP



WEBSITE



3

YAKINIKU CHIKUBA

焼肉 竹馬

☎ 04992-2-1515

https://www.shimajiman.metro.tokyo.lg.jp/02_shop/info_116/

4-1-2 Motomachi, Oshima-cho

Business Hours 17:30-21:45 (Last order may be at 21:00)
(The last order may be taken earlier under certain conditions.)

Closing Days Sun.

Access Few minute by car from Motomachi port
Near Machiyakuba bus stop (Oshima bus)

Wagyu A5-rank beef is served, including ribs and loin! The beef served here is primarily from well-known brands. Beef tongue is another popular dish! Bekko innards, a local specialty from Izu Oshima Island, is also offered here.



ACCESS MAP



WEBSITE



4

Sawaya cordonblue

さわや コルドンブルー

☎ 090-3992-5241

https://www.shimajiman.metro.tokyo.lg.jp/02_shop/info_038/

676 Koushushima-mura

Lunch 12:00-14:00 (LO13:30)

Dinner 18:30 (Only in winter) 18:00-22:00 (LO20:00)

Closing Days Tue.

Access 10-minute walk from Maehama port

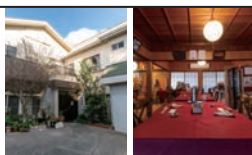
The owner, who had been running a French restaurant in Kyoto for 28 years, moved to Kouzu Island in September 2016. The restaurant serves menu items featuring freshly caught fish and other island ingredients, complemented by a wide selection of wines and whiskeys. Please contact the restaurant in advance to make reservations for allergy-friendly, vegetarian, or halal options.



ACCESS MAP



WEBSITE



5 DONGURI

どんぐり



☎ 04994-2-1410

https://www.shimajiman.metro.tokyo.lg.jp/02_shop/info_055/
237 Kamitsuki, Miyake-mura

The tempura set menu, featuring crispy fried ashitaba herbs, is excellent. It is a Japanese food restaurant where islanders gather.

Business Hours 17:30-22:00 (LO21:30)
(The restaurant may close early.)

Closing Days Tue.

Access Near Yakiba bus stop



ACCESS MAP



WEBSITE



6 camburi

カンブリ



☎ 04994-8-2071

https://www.instagram.com/mikura_camburi/
Mikurajima-mura

An izakaya where customers can enjoy a variety of shochu from the Izu Islands.

Business Hours 18:00-22:00

Closing Days Tue./Wed.

Access Mikurajima



ACCESS MAP



WEBSITE



7 Bonina

Bonina (ボニーナ)



☎ 04998-2-3027

https://www.instagram.com/bonina_ogasawara/
Aza Higashi-machi, Chichijima, Ogasawara-mura

The restaurant has long been a local favorite, known for its high-ceilinged indoor dining area and open-air terrace tables. Popular dishes include those made with island ingredients, homemade pizza, and shao-mai. For lunch, enjoy a poke bowl made with fish caught in the island's waters at a terrace table overlooking the ocean.

Lunch 11:30-14:00 (LO13:30)

Dinner 17:30-23:00 (LO22:00)

Closing Days Irregular closing

Access 3-minute walk from Futami port passenger terminal of Ogasawara-Maru



ACCESS MAP



WEBSITE





TOKYO ACCESSIBLE RESTAURANT



TOKYO
METROPOLITAN
GOVERNMENT

Issued by Welcoming Environment Promotion Section, Tourism Division,
Bureau of Industrial and Labor Affairs, Tokyo Metropolitan Government
2-8-1, Nishi-Shinjuku, Shinjuku-ku, Tokyo 163-8001 Japan
TEL 03-5320-4802

リサイクル適正 (A)
この印刷は、印刷用の紙へ
リサイクルできます。

石油系溶剤を
含まないインキを
使用しています。

TOKYO ACCESSIBLE RESTAURANT
東京都飲食店バリアフリーガイド

Issued in March 2025 Registration number: (6)207