

TOKYO ACCESSIBLE RESTAURANT

東京都飲食店 バリアフリーガイド This guidebook introduces cafes, restaurants, and bars in Tokyo that are working on barrier-free facilities. We hope that everyone can enjoy sightseeing in Tokyo with peace of mind by using this guidebook.

About the lcons





Entrance width 80 cm +

Entrance width 80 cm or more



Wheelchair accessible

Interior is wheelchair accessible



Space under table

The space under the table is about 65 cm high, 70 cm wide, and 45 cm deep



Steps up to 2 cm

Entrance paths are flat or have steps of not more than 2 cm in height



Restroom on the same floor

Restroom is located inside or on the same floor



Chair mobility Chairs can be moved



Wheelchair accessible restroom

Wheelchair accessible restroom or ostomate friendly restroom is available (including other floors in the building)

Menu & customer service



Menu with photos

Photos are on the menu



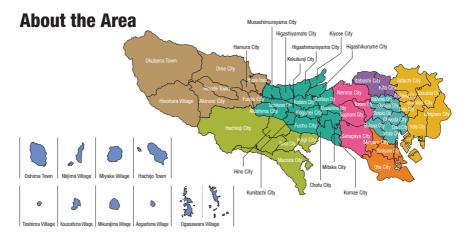
Foreign language menu

English and other foreign language menus are available



Braille menu

Braille menu is available



MAP

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Subway Map 6

Metropolitan Center Area

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Joto Area 26

Jonan Area

42

Josai Area

48

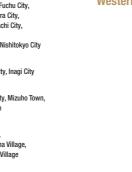
Johoku Area 52

Northern Tama Area 55

Southern Tama Area 63

Western Tama Area 66

> Island Area 67





Allergy-friendly

Allergies can be accommodated upon request in advance



Halal-friendly

Halal options are available upon request in advance



Meals

Vegetarian-friendly

Vegetarian or vegan options are available upon request in advance



Communication in writing

Communication in writing is possible

Metropolitan Center Area

Chiyoda City, Chuo City, Minato City, Shinjuku City, Bunkyo City, Shibuya City, Toshima City

Joto Area

Taito City, Sumida City, Koto City, Arakawa City, Adachi City, Katsushika City, Edogawa City

Jonan Area Shinagawa City, Meguro City, Ota City

Josai Area Setagaya City, Nakano City, Suginami City, Nerima City

Johoku Area Kita City, Itabashi City

- The information described in this guidebook is provided by each establishment in January 2024.
 Please note that the Information in this guidebook is subject to change without notice.
- Please check the official website or social media of each establishment for the latest information.
- (If the English version of the site is not available, the Japanese version is provided.)
- . The scale of the map on each page varies depending on the location of the establishment

Sign language Staff members can use

sign language

Northern Tama Area

Tachikawa City, Musashino City, Mitaka City, Fuchu City, Akishima City, Chofu City, Koganei City, Kodaira City, Higashimurayama City, Kokubunji City, Kunitachi City, Komae City, Higashiyamato City, Kiyose City, Higashikurume City, Musashimurayama City, Nishitokyo City

Southern Tama Area

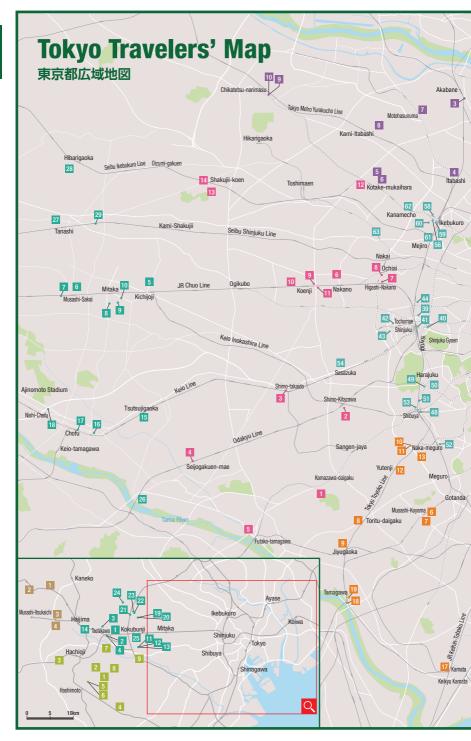
Hachioji City, Machida City, Hino City, Tama City, Inagi City

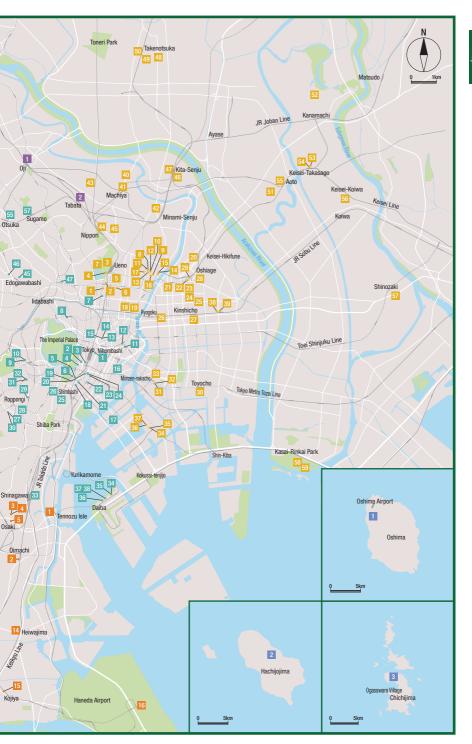
Western Tama Area

Ome City, Fussa City, Hamura City, Akiruno City, Mizuho Town, Hinode Town, Hinohara Village, Okutama Town

Island Area

Oshima Town, Toshima Village, Niijima Village, Kouzushima Village, Miyake Village, Mikurajima Village, Hachijo Town, Aogashima Village, Ogasawara Village





Tokyo Railway and Subway Map

To Kawagoe/Sakado/Yorij 東京都鉄道路線図 Seibu Seibuen Line Narimasu Seihuen O To Hon-Kawagoe To Hanno/Seibu Chichibu Shimo-Akatsuk Kori Hattonosu Shiromaru Oku-Tama Sawai Mitake Kawai Shin-Akitsu Futamatao Ishigamimae Hinatawada Miyanohira Ikusabata Ome To Wako-shi 😑 To Minami-Urawa/ To Komagawa/ C Tobu Nerima Higashi-Ome Nishi-Funabashi Takasaki Akitsu Kabe Chikatetsu-narimasu JR Ome Line Kami Itabashi 둲 Tamako Musashino Kumegawa 0zaku Musashi Musashi Chikatoteu-akateuka Tokiwadai Musashi Kiyose Kumagawa Higashi-Akiru Murarhi, Vamata Higashi-Kurume Hibarigaoka Hoya 0izum Shakuji Nerima £. vakamu rabasr Hamura Heiwadai i Mida Naka Itabashi HISUKAIO Akigawa - Fussa I dSdK ii Gakuen Takano -Masuk ,ii Koen -Hikida Hikawadai 0yama Ushihama S Ikebukuro R Subway Hagiyama Shin-Kodaıra Seibu Shinjuku Line Seibu Kamikitadai O JR Itsukaichi Line nigasi Framausi Kotakemukaihara Kanamecho Senkawa Shi O 0 0 0 Sakura Kaido / Fukutoshir Haijima - lachikawa Ugawa Kami Higashitushim Musashisek Nami Hanakogane Tanash Selbu-Yagisawa LIN Musashi-Sunagawa Kodaira Kita To Sanamiko/Otsuki/Kofu logi i-Shakujii Komiya -igusa Shimo-Igusa Hikarigaoka 🔉 Ī 0me Kaido Kita-Hachioji BUT EMB-BUB Saginomiya Nerima-Kasugacho Chuo Takanoda Hitotsubashi Gakuen JR Hachiko L Koigakubo 🗸 Toritsu-Kasei Toshimaen (zumi Taiikukan C Akishim Kokubunji Suragava Nanaba Nogata C MUSESTI-Kogane **MUSASINI-SAKA** Line Shin-Sakurada noiac Subway jashi-Koganei Nakagam lachihi Numabukuro E itaka Keio-Hachioji Ç Kichijoji Nishi-Higashi-Nakagami Ioshima Keio Line Nerima Oedo Nishi DTakamatsu DTachikawa-Kita kachi hi-Hachioji Nishi Line Takac Higashi-fuch 5 Tachikawa rama-Reien Shin-Koganei Sakurada Inokashira-koer Kitafuchu Fucht Tama C Hachioji Mitaka-dai C Shin-Egota Toyoda Shiraitodai C Tachikau Arai Yakushimae Kuqavama akaosanguch Keio Line Ochiai-Keio i-Kunitachi Asagaya Fujimigaoka Ogikubo agasak Fuchukeiba Yagawa 🖯 Koenji Nakano Musashinoda y Yamada Mejirodai Chitose-Hazama Shibasaki-Taiikukan Line seimommae Takaido Nakai Yaho C Та Tohitakvu 0 Koshu Kaido C Nishifu C Hamadayama Kitano Nishi-Chofu Sutsulidaoks Shibasak varasuyama 1 1 Sengawa Kokuryo Nishi-Fifuki Manganji 🗘 Fuda Katakura Bubaigawar OShin-Hakano OHigashi-Koenji OShin-Koenji OMinami-Asagi Hinashi-Nakano Fuchuhommach Fifukucho Nakagawara Hachioii minamino Inam-Asaga/ Nakano-Sakau Mog aen Chof Keio Keio-tamagawa Aihara Nishi-Shinjuku Minamidaira Takahatafudo eki-Sakurao Hirayamajoshikoer Kein Innkashira Line Nakano-shimbashi 🖓 Nakano-Fujimicho 🖓 ÷ Nak Nishi-shinjuku-Minami-Tama E Meidaimae токопата Inagi-Naganuma Kami-Kitazawa
 Hashiman-yama Honancho Tama-dobuts **C** Roka Sakurajosui Kani-Klazawa Matsubara C Yanokuchi Keio-Yomiuri-Land Higashi-Daitahashi Chun-Dainaku · Meisei-Dainaku 🔿 tsuhara -koen To Musashi Kosuqi/Kawasaki Inagi 5 Otsuka · Teikvo-Daigaku Shindaita Chitose-Funabash ocnomae Keio-Tama Center Keio Nagayama Matsugaya 🔾 Hatanava Hatsudai **____** C To Hashimot SUIMORITIZZAN Yamashita Minami-Osawa Nelo-noninouch **Tamasaka** Sasazika 0 Odakyu Tama Center Odakyu Nagayama Odakvu Tama Line Kyodo Yoyogi-Uehara Karakida Tama Center C ○ Seijogakuen-mae
○ Kitami Minami-Shinjuku
 Sangubashi
 Nyogi-hachiman ya no Saka O Gotokuji Kamimachi O Luji Setagaya O Luji Komae Miya no Saka Kamimachi Higashi Izumitamaga Sosnigaya-okun Setagaya-ualia Tsurukawa ien-mae To Sagami Ono/Odawara/Katase Enoshima 0 _{.i}-Kitazawa Machida Odakyu Odawara Line Shinser Ikenoue ı Jinia Mae 🔾 -Todaimae Naruse Sh ç To Shin-Yokohama Higashi-Kanagawa 0 0 Wa Yoyogi-koen JR Line -Grandberry Park Suzukakeda Yoga Salvara stimmachi 1012312-030300 ISUKUSNINO Sandeniak lkejiri Ohashi — Musashino Line lokyu - Yamanote Line — Utsunomiya Line/Takasaki Line Futakotamagawa Tokyu Denen-toshi Lin — Keihin-Tohoku Line 📒 Ueno-Tokyo Line — Keiyo Line Kaminoge 5 Oimachi — Chuo Line (Rapid) — Yokohama Line Saikvo Line Kuhombuts /ugaoka Todorol Oyamada 0 IO MIZUTOKUCIII Sobu Line (Local) — Nambu Line Joban Line/Joban Line(Rapid) Yutenji Gakuga Torritsu-daigalou 5 Na Ka ITEN — Ome Line/Itsukaichi Line Yokosuka Line/Sobu Line(Rapid) — Joban Line(Local) a-naidao - Chuo Line - Shonan-Shinjuku Line Tokyu Toyoko Line - Hachiko Line — Tokaido Line To Hiyoshi/Yokohan C Nishi-Koyama C Musashikoyama okvu Meauro Line loku Senzoku Denenchotu Private Railway Lines Tamagawa **UO Kayama** ewefewer Yukigaja-Otsuka-— Seibu Haiiima Line — Tokvu Tovoko Line — Tama Monorai EDGRA-MAKANODI JR Yokosuka Line / Sobu Ishikawada Mitakeyama Sendoria Kitasenzo - Seibu Kokubunji Line 🛛 — Tokyu Tamagawa Line 5 - Toden Arakawa Line Nagahan To Yokohama/Kuriha Numabe Hatanodai Seihu Seihuen Line — Tokyu Ikegami Line - Dinkai Line JR Shonan Shiniuku Line To Yokohama/Oda Seihu Tamako Line — Tokvu Oimachi Line — Tokvo Monorai JR Keihin-Tohoku Li Ebara-mach — Seihu Shiniuku Line — Tokyu Denen-toshi Line To Yokohama/Ofuna — Yurikamome IR Tokaido Line - Seibu Ikebukuro Line — Tokyu Setagaya Line — Keisei Line Nakanohu To Yokohama/Atami Unoki Kuqahara — Seibu Toshima Line - Tohu Toio Line Keisei Kanamachi Line Shimomaruko O Chidori-cho K<u>eikyu Line</u> - Seibu Yurakucho Line - Tobu Skytree Line - Hokuso Line To Yokohama/Misakiguchi Musashi-nitta 🔿 🔿 Ikegami — Seibu Tamaqawa Line - Tobu Daishi Line Tsukuba Exoress Haneda Hasunuma Yaguchi-no-— Keio Line — Tohu Kameido I ine - Saitama Bailway Saitama Stadium Line Nishimagome Magome watashi — Keio Inokashira Line — Odakvu Tama Line - Nippori-Toneri Liner Rokugodote Shin-Seibijo Airport Kamata – Keikvu Line - Odakvu Odawara Line Omori Ten Zoshiki C t lerminal KUDASI Haneda Airport Terminal 1 Subwav -Keikyu Line 😑 Ginza Line — Yurakucho Line 🛛 — Toei Asakusa Line OKojiya Otori **Q** Heiwajima Omorikaigan Keikyu Kamata 🗢 Marunouchi Line 🗢 Hanzomon Line 🗢 Toei Mita Line Anamori-Inan umorimaci lacmalgawa Samezu Haneda Airport Terminal 1 & 2 C 🔵 Hihiva I ine — Namboku Line — Toei Shiniuku Line

Haneda Airport Terminal 2 O

Seibijo

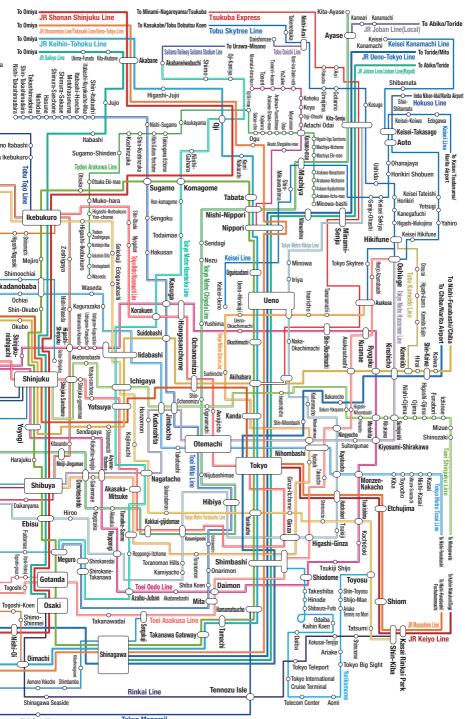
Showajima

Ryutsu Center

💳 Tozai Line

- Chivoda Line

👄 Fukutoshin Line 🛛 👄 Toei Oedo Line



Subway Map

Oi-Keibajo-Mae

Tokyo Monorail

TOKYO STATION BUFFET TISOUZANMAI DAIMARUTOKYO

TOKYO STATION BUFFET 馳走三昧 大丸東京店

©03-6895-2858

https://tabelog.com/tokyo/A1302/A130201/13146400/ 12F Daimaru Tokyo, 1-9-1 Marunouchi, Chiyoda-ku

Lunch	11:00-16:00 (L015:30)	
Dinner	16:00-22:00 (L021:00)	
Closing Days	No regular closing day	
Access	Directly connected to To	
	Station and subway	

A large buffet restaurant offering mainly Japanese cuisine using seasonal ingredients with an all-you-can-eat red snow crab optional plan. Sixty different dishes, mainly Japanese, are prepared for all-you-can-eat.











Chinese Qing Cai Marunouchi BRICK SQUARE

Tokyo JR

チャイニーズ青菜 丸の内ブリックスクエア店

©03-6269-9080

https://kiwa-group.co.jp/chintsai marunouchi/ 2F Marunouchi BRICK SQUARE. 2-6-1 Marunouchi, Chiyoda-ku

Lunch	11:00-15:00 (L014:30)
Dinner	MonSat. 17:00-23:00 (L022:00)
	Sun. /Holidays 17:00-22:00 (L021:30)
Closing Days	According to the building closing day
Access	5-minute walk from Tokyo JR Station and subway
	5-minute walk from Yurakucho JR Station and subway
	2-minute walk from Nijubashimae Subway Station

A standard Chinese restaurant where you can enjoy a wide variety of seasonal vegetables along with meat and fish dishes.





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Renrenren

人人人 東京ビルTOKIA店

©03-5252-7361

https://kiwa-group.co.jp/renrenren_tokyo/ 2-7-3 Marunouchi, Chivoda-ku

11:00-16:00 (throughout)
-23:00 (L022:00)
Fri. only -4:00 (L03:00)
No regular closing day
7-minute walk from
Yurakucho JR Station and subway

A new sensational Chinese caferestaurant-bar for various situations from lunch to midnight.



ACCESS MAP





Morton's The Steakhouse Marunouchi

Morton's The Steakhouse 丸の内

©03-6270-3900

https://www.mortons.com/

2F Marunouchi Nijubashi Bldg.. 3-2-3 Marunouchi, Chiyoda-ku

Lunch	11:00-15:30 (L014:00)	
Dinner	17:00-23:30 (L022:00)	
Closing Days	According to the building closing day	
Access	Directly connected to	
	Tokyo JR Station and subway	

An enduring popularity in the United States, the home of steak, cherishing the belief that consistent quality and pride, making every customer a VIP.





WERSITE





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CHINESE RESTAURANT MEI MEI 5

梅梅 日比谷シャンテ店

©03-6550-8734

https://kiwa-group.co.jp/meimei_hibiya/ B2F Hibiya Chanter, 1-2 Yurakucho, Chiyoda-ku

Business Hours 11:00-22:00 (L021:00) Closing Days According to the building closing day Access 8-minute walk from Yurakucho JR Station

A dumpling restaurant where you can enjoy what you like in your favorite style: boiled handmade dumplings, Xiaolongbao with hot soup, and steamed dumplings.







Boulangerie JEAN FRANÇOIS Tokyo Midtown Hibiya

Boulangerie JEAN FRANÇOIS 東京ミッドタウン日比谷店

©03-5157-0270

https://bread-jeanfrancois.com/1308/

B1F TOKYO MIDTOWN HIBIYA. 1-1-2 Yurakucho, Chiyoda-ku

Business Hours 10:00-21:00

Closing Days According to the building closing day Directly connected to Hibiya Subway Station Access 4-minute walk from Yurakucho Subway Station 5-minute walk from Yurakucho JR Station 5-minute walk from Ginza Subway Station A bakery inheriting the skills and spirit of Chef Jean-François Le Mercier, who won the award for the best chef in France, is proud of more than 40 different mellow and fragrant breads.





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cafe Triomphe

カフェ・トリオンプ

©03-6380-9540

https://sweettrip.biz/

1F. 5-6-4 Sotokanda, Chivoda-ku

Business Hours	11:30-21:00 (L020:30)
Lunch	11:30-14:00 (L014:00)
Closing Days	Closed on Saturdays, Sundays,
	holidays, and occasional holidays.
Access	2-minute walk from Suehirocho Subway Station
	6-minute walk from Okachimachi JR Station
	7-minute walk from Akihabara JR Station

A cozy cafe with classical music in the background offering coffee, tea, cake, food, and light meals.

WERGITE





Book House Cafe

Book House Cafe

©03-6910-0819

https://bookhousecafe.jp/ 1F Kitazawa Bldg, 2-5 Kanda-Jimbocho, Chiyoda-ku

Business Hours	11:00-18:00 (L017:00)	
Closing Days	No regular closing day	
Access	1-minute walk from	
	Jimbocho Subway Station	

Specializing in picture books with more than 10,000 titles. Brightly lit picture book cafe during the day, and a picture book bar at night, offering a space surrounded by picture books. The bar is open from 20:00 to 23:00 on weekdays.

WEBSITE









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Asian Bistro Dai TOKYO GARDEN TERRACE

アジアンビストロ Dai 東京ガーデンテラス店

©03-6256-9975

https://www.pleasure-company.com/asian_bistro/ 2F Kioi Terrace, 1-3 Kioicho, Chiyoda-ku

Lunch	11:30-15:00 (L015:00)
Dinner	15:00-23:00 (L022:00)
Closing Days	Year-end and New Year holidays only
Access	0-minute walk from
	Nagatacho Subway Station







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BENJAMIN STEAK HOUSE KIOICHO

ベンジャミンステーキハウス 東京ガーデンテラス紀尾井町店

©03-3263-5544

https://www.benjaminsteakhouse.jp/kioi-eng/ 4F TOKYO GARDEN TERRACE KIOICHO. 1-3 Kioicho, Chiyoda-ku

Lunch Dinner	11:30-15:00 (L014:00) MonSat. 17:00-22:30 (L021:30)
	Sun./Holidays/the last day of
	long holidays 17:00-22:00 (L021:00)
Closing Days	No regular closing day
Access	Directly connected to Nagatacho Subway Station 9-minute walk from Akasaka-mitsuke Subway Station

The third steakhouse from New York in Japan. The USDA-certified top grade Prime Beef is aged for a long time using a unique method. The steak is broiled quickly at a high-temperature and is delicious.

WEBSITE



ACCESS MAP









Café Chez André du Sacré-Coeur

カフェ シェ・アンドレドゥ・サクレクール

©03-6228-1053

http://park7.wakwak.com/~chezandrescoeur/english/index.html

1-8-5 Nihonbashi-Ningvocho, Chuo-ku

Business Hours	11:00-20:30 (L019:00)
	Lunch 11:00-14:30
	Dinner 17:00-20:30
Closing Days	Sun./Mon./Holidays
Access	1-minute walk from Ningyocho Subway Station
	3-minute walk from Suitengumae Subway Station

Café Chez André du Sacré-Coeur welcomes children to a casual French café in the old town of Ningyo-cho. The cafe is familiar to residents and tourists.





WEBSITE

Yakiniku Happy Ningyocho 12

焼肉はっぴい人形町店

©03-6661-7308

https://www.yakiniku-happy.jp/shop/1 1F Shigemoto Bldg.,

1-4-13 Nihonbashi-Ningyocho, Chuo-ku

Lunch	11:30-15:00	
Dinner	15:00-22:00 (L021:00)	
Closing Days	Year-end and New Year holidays	
Access	3-minute walk from	
	Ningyocho Subway Station	

Authentic yakiniku is offered at a bargain price for the city center.

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> > WEBSITE

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ACCESS MAP





Metropolitan Center Area

CRAFTROCK BREWPUB&LIVE

CRAFTROCK BREWPUB&LIVE

©03-5542-1069

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https://craftrock.jp/brewpub/store/

1F COREDO Muromachi Terrace. 3-2-1 Nihonbashi-Muromachi, Chuo-ku

Weekdays	Lunch 11:00-15:00 (L014:00)
	Dinner 17:00-23:00 (L022:00)
Sat./Sun.	11:00-23:00
Closing Days	According to the building closing day
Access	Directly connected to Mitsukoshimae Subway Station
	Directly connected to Shin-Nihombashi JR Station

Offering an original beer, freshly brewed here !!



ACCESS MAP	WERSITE

WEBSITE



Gino Sorbillo Artista Pizza Napoletana

Gino Sorbillo Artista Pizza Napoletana

©03-6910-3553

https://www.instagram.com/sorbillopizza_japan/

1F COREDO Muromachi Terrace. 3-2-1 Nihonbashi-Muromachi, Chuo-ku

Business Hours	11:00-23:00 (L021:30)
Lunch	11:00-14:00
Closing Days	According to the building closing day
Access	Directly connected to Mitsukoshimae Subway Station
	Directly connected to Shin-Nihombashi JR Station

Pizza prepared by an authentic Italian chef using authentic Italian ingredients.







15 linoji いい乃じ

©03-6225-2120

https://iinoji.zetton.co.jp/ 1F COREDO Muromachi Terrace. 3-2-1 Nihonbashi-Muromachi, Chuo-ku

Business Hours 11:00-15:00 (L014:00) 17:00-23:00 (L022:00) Closing Days According to the building closing day Access

Directly connected to Mitsukoshimae Subway Station Directly connected to Shin-Nihombashi JR Station

Various types of seating, such as high table seating and tatami seating, are available. Customers who prefer regular table seating are advised to make a reservation.





ACCESS MAP







DE ICHIBA hatchobori

肉バル DE ICHIBA 八丁堀店

© 03-6803-0861

https://www.chimney.co.jp/restaurant/detail/?id=1231# 1F/2F Kameshimabashi Bldg., 2-30-17 Hatchobori Chuo-ku

Lunch 11:30-15:00 (L014:30) Dinner 17:00-23:00 (L022:30) Closing Days Sun./Holidays 2-minute walk from Access Hatchobori JR Station and subway A meat bar where a wide variety of wines are paired with meat dishes. A lunch menu offers authentic Western cuisine, including hamburger steak and a rice omelet. Perfect bar for dinner and dates.









Brillante Távora Dai Kachidoki

ブリランテタヴォラDai勝どき店

©03-6910-1699

https://www.pleasure-company.com/wine_bistro/ 109-B. 4-6-2 Kachidoki, Chuo-ku

Lunch	11:00-15:00 (L014:30)
Dinner	17:00-23:00 (L022:00)
Closing Days	No regular closing day
Access	5-minute walk from
	Kachidoki Subway Station

A wide variety of dishes, including Spanish tapas that goes well with alcohol, fresh pasta, and grilled dishes using Japanese black beef. Suitable for families and girls'







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SUSHI TAKAYA 鮨 たかや

©03-3573-8030

http://www.kutani-ginza.com/ja/ B1F Ginza Lee Bldg., 7-3-9 Ginza, Chuo-ku

Lunch	12:00-14:00 (L013:30)
Dinner	17:30-22:30 (L021:00)
Closing Days	Irregular closing
Access	5-minute walk from Ginza Subway Station
	5-minute walk from Shimbashi JR Station
	5-minute walk from Yurakucho JR Station and subway

This restaurant purchases seasonal ingredients called Hashiri (the beginning of the season) and offers dishes with a little more effort and ingenuity to bring out the original flavor.













ACCESS MAP WEBSITE

Restaurant Noah 19

レストラン ノア

©03-3561-2230

https://gurunavi.com/en/g293417/rst/ 2F Inns 2, 2-2 Ginza Nishi, Chuo-ku

Business Hours	Mon./Tue./Wed. 11:30-22:00
	Thu./Fri./Sat. 13:00-22:00
Closing Days	Sun./Holidays
Access	2-minute walk from Yurakucho JR Station

Come and try it! Hamburger steak with a taste that has been preserved since 1978!

ACCESS MAP







BULLDOG GINZA CRAFT BEER

ブルドック 銀座 クラフトビール

© 03-3564-0996

https://ginza-bulldog.com/ 2F Inns 1, 3-1 Ginza Nishi, Chuo-ku

Weekdays 15:00-23:00 (L022:00) Sat./Sun./Holiday 12:00-23:00 (L022:00) Closing Days No regular closing day 1-minute walk from Yurakucho JR Station Access Directly connected to Ginza Subway Station

Offering a craft beer here, beer pub, and sports bar. It is designed with the image of a British pub in mind and offers substantial meals and a place to enjoy sports.



WEBSITE

WERSITE



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Bar Espanol LA BODEGA Ginza

Bar Espanol LA BODEGA 銀座店

© 03-6264-5456

https://bar-espanol-labodega-ginza.com/index.html 10F TOKYU PLAZA GINZA, 5-2-1 Ginza, Chuo-ku

Lunch 11:00-16:00 Dinner 17:00-23:00 (L021:45) Closing Days Irregular closing 1-minute walk from Ginza Subway Station Access 2-minute walk from Hibiya Subway Station 2-minute walk from Yurakucho Subway Station 4-minute walk from Yurakucho JR Station

Offering a variety of authentic Spanish cuisine using fresh seafood, classic paella, and sangria with seasonal fruits.

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HAKONE AKATSUKIAN GINZA MITSUKOSHI

箱根暁庵 銀座三越店

©03-6228-6918

https://akatsukian.jp/shop-ginza

11F Ginza Mitsukoshi New Bldg.. 4-6-16 Ginza, Chuo-ku

Business Hours 11:00-21:00 (L020:00) Closing Days No regular closing day Access 3-minute walk from Ginza Subway Station

Soba made freshly by artisans using delicious water is firm and full of flavor. The restaurant is dedicated to serving delicious soba and mills its own carefully selected buckwheat seeds on a millstone every day.















雲南キノコ火鍋 御膳房 銀座店

© 03-6228-6231

https://www.gozenbo.com/gozenbo-ginza 11F GINZA TRECIOUS, 2-6-5 Ginza, Chuo-ku

Weekdays	Lunch 11:30-15:00 (L014:30)
	Dinner 17:00-23:00 (L022:00)
Sat./Sun./Holiday	11:30-22:00 (L021:00)
	* Lunch L015:00
Closing Days	Only lunch on 12/31, 1/1
Access	0-minute walk from Ginza-itchome Subway Station
	5-minute walk from Ginza Subway Station
	4-minute walk from Yurakucho JR Station

Gozenbo Ginza offers Yunnan mushroom hotpot as well as authentic Yunnan cuisine of the Gozenbo Roppongi. Mushroom hot pot, which has been praised as a "beauty treatment" for women since ancient times, has the effect of beautifying the skin and strengthening the immune system.









Yuba and Tofu Cuisine Umenohana Ginza Namikidori

梅の花 銀座並木诵店

©03-3538-2226

https://umenohana-restaurant.co.jp/n_english/ 5F Namikidori Bldg., 2-3-6 Ginza, Chuo-ku

Lunch	11:00-16:00 (L015:00)
Dinner	17:00-22:00 (L021:00)
Closing Days	Year-end and New Year holidays
Access	3-minute walk from Ginza Subway Station
	5-minute walk from Yurakucho JR Station

Offering dishes using carefully selected yuba (beancurd sheet), tofu, and seasonal ingredients. Wheelchair-accessible private table rooms are available.



ACCESS MAP











BISTRO 222

BISTRO 222

©03-6432-4336

https://s.tabelog.com/tokyo/A1301/A130103/13226712/dtlphotolst/

2F SHINTORA-DORI CORE. 4-1-1 Shimbashi, Minato-ku

Weekdays	Lunch 11:30-14:30 (L014:00)
	Dinner 17:00-23:00 (L022:00)
Sat./Sun./Holiday	Lunch 12:00-15:00 (L014:30)
	Dinner 17:00-22:30 (L022:00)
Closing Days	Sun./Irregular closing
Access	5-minute walk from Shimbashi JR Station and subway

A bistro to enjoy dishes full of unique ideas, seasonal ingredients. and natural wine. Casual French restaurant to enjoy creative and playful dishes and meats carefully grilled over charcoal.









Tacos Way 26

Tacos Way

©03-6257-1901

https://www.cardenas.co.jp/shop/restaurant/tacosway-toranomon/

2F Toranomon Hills Business Tower. 1-17-1 Toranomon, Minato-ku

Business Hours 11:00-22:00 (L021:00) Lunch 11:00-15:00 Dinner 15:00-22:00 Sat./Sun./Holidays only 11:00-21:00 (L020:00) Closing Days Year-end and New Year holidays/According to the building closing day 3-minute walk from Toranomon Subway Station Access 4-minute walk from Toranomon Hills Subway Station

Authentic tacos that are very popular in L.A. have arrived in Japan for the first time! Enjoy the authentic taste from both eat-in or takeout. Chairs can be moved depending on the table location.









Kyoto Ichinoden Roppongi Hills

京都一の傳 六本木ヒルズ店

©03-6432-9808

https://www.ichinoden.jp/en/ 5F Roppongi Hills West Walk, 6-10-1 Roppongi, Minato-ku

Lunch 11:00-15:00 (L014:30) 17:00-23:00 (L021:00) Dinner Closing Days Wed./Year-end and New Year holidays 1-minute walk from Roppongi Subway Station Access 7-minute walk from Nogizaka Subway Station

Offering course meals with Kyoto-style grilled fish for lunch and seasonal Kyoto-style dinner making the most of the unique flavors of seasonal ingredients.



WERGITE

WERGITE





28

Japanese Restaurant Hishinuma

日本料理 菱沼

©03-3568-6588

https://hishinuma-japanese-restaurant.business.site/ B1F AXIS Bldg., 5-17-1 Roppongi, Minato-ku

Business Hours 18:00-23:00 (L020:30) Closing Days Sun./Holidays 7-minute walk from Roppongi Subway Station Access 7-minute walk from Roppongi-itchome Subway Station 7-minute walk from Azabu-juban Subway Station Enjoy traditional Japanese cuisine, puffer fish, suppon dishes, and more than 130 types of wine.





29

Edition · Koji · Shimonura

エディション・コウジ・シモムラ

©03-5549-4562

https://www.koji-shimomura.jp/en 1F Roppongi T-CUBE, 3-1-1 Roppongi, Minato-ku

Lunch	12:00-15:30 (L013:00)
Dinner	18:00-22:00 (L019:30)
Closing Days	Wed.
Access	5-minute walk from
	Roppongi-itchome Subway Station

A restaurant where many people can enjoy French cuisine. Assistance available for the steps in the restaurant











Golden Tiger ROPPONGI

ゴールデンタイガー六本木

©03-5772-5580

https://kiwa-group.co.jp/goldentiger/ 1F Roppongi Hills Hill Side. 6-10-1 Roppongi, Minato-ku

Business Hours	11:00-23:00 (L022:00)	
Closing Days	According to the building closing day	
Access	5-minute walk from	
	Roppongi Subway Station	

plus beef, lamb, chicken, and pork dishes. Enjoy a selection of wines and Chinese liquor while appreciating the











Shinhyonbuen

新兄夫苑 シンヒョンブエン 赤坂店

©03-6426-5593

https://tabelog.com/tokyo/A1308/A130801/13283559/ 1F Akasaka SK Bldg., 2-14-8 Akasaka, Minato-ku

Business Hours 11:00-5:00 Closing Days No regular closing day 3-minute walk from Akasaka Subway Station Access

6-minute walk from Akasaka-mitsuke Subway Station 5-minute walk from Tameike-sanno Subway Station namul, kakuteki, and kimchi together.





32

Yakiniku Nikugen Akasaka

熟成焼肉 肉源 赤坂店

©03-5797-7390

https://www.nikugen.jp/english/ 2F Akasaka Mita Building.

2-14-33 Akasaka, Minato-ku

Lunch	11:00-16:00 (L015:30)
Dinner	16:00-23:00 (L022:00)
Closing Days	12/31 • 1/1
Access	1-minute walk from
	Akasaka Subway Station

A warm Brooklyn-style yakiniku restaurant with private rooms. Enjoy modern Japanese-style barbecue incorporating Japanese cooking techniques and over 30 wines from more than 10 countries. including Japanese wines



ACCESS MAP







Offering a wide range of dumplings night view of Tokyo Tower.





WEBSITE

Enjoy the authentic taste of ribs,

WCCT

AW55 33

AW55 アトレ品川店

©03-6717-0914

https://aw-kitchen.com/1646/en/ Atre Shinagawa 4F, 2-18-1 Konan, Minato-ku

Weekdays	Lunch 11:00-14:30
	Dinner 14:30-23:00 (L022:00)
Sat./Sun./Holiday	11:00-22:00 (L021:00)
Closing Days	According to the building closing day
Access	1-minute walk from Shinagawa JR Station

A casual restaurant of AWkitchen focusing on meat dishes as well as vegetables. A salad bar and pasta made with plenty of specialty vegetables for lunch and an one plate is available for dinner in addition to pasta.











Ittougaiyakiniku Daigo Odaibaten 一頭買焼肉 醍醐 お台場店

(03-3599-2929

https://yakiniku-daigo.com/shop_info/odaiba/ 6F Decks Tokyo Beach Seaside Mall,

1-6-1 Daiba, Minato-ku

Lunch 11:00-15:00 (L014:30) Dinner 17:00-23:00 (L022:00) Closing Days According to the building closing day 2-minute walk from Odaiba Kaihinkoen Station on Urikamome Access 5-minute walk from Daiba Station on Urikamome 7-minute walk from Tokyo Teleport Station on Rinkai Line

At Daigo Odaiba, enjoy delicious food and a beautiful night view overlooking the Rainbow Bridge.





50





Big Chef

ビッグシェフ

© 03-3599-6571

https://www.hotpepper.jp/strJ000035794/ 5F Decks Tokyo Beach Seaside Mall,

1-6-1 Daiba, Minato-ku

Lunch Dinner	11:00-16:00 (L015:00) 17:30-21:00 (L020:00)
Closing Days	According to the building closing day
Access	2-minute walk from Odaiba Kaihinkoen Station on Urikamome 5-minute walk from Daiba Station on Urikamome
	7-minute walk from Tokyo Teleport Station on Rinkai Line

No doubt everyone from children to adults will be satisfied. Popular hamburger steak and omelet rice combination, and a set of substantial beef steak and deep-fried shrimp.





YORIMICHI Odaiba 36

YORIMICHI Odaiba

©03-6426-0234

https://www.yorimichi.team-d.info/ 6F AQUA City Odaiba, 1-7-1 Daiba, Minato-ku

Business Hours	11:00-23:00	(
Closing Days	According to the building closing day	
Access	1-minute walk from Daiba Station on Yurikamome	
	6-minute walk from Tokyo Teleport Station on Rinkai Line	

Offers casual bowls of rice topped with exquisite ingredients from super high-end restaurant suppliers. Italian and French cuisine chefs cook with ingredients suitable for Japanese cuisine. Stop by and have a great time!





WEBSITE

ACCESS MAP









GREEN ASIA TOKYO

GREEN ASIA TOKYO

©03-6426-0633

https://www.hotpepper.jp/strJ001153828/ 6F AQUA City Odaiba, 1-7-1 Daiba, Minato-ku

Business Hours	11:00-23:00 (L022:00)
Closing Days	According to the building closing day
Access	1-minute walk from Daiba Station on Yurikamome 6-minute walk from Tokyo Teleport Station on Rinkai Line

Offering popular Thai, Indonesian, and Vietnamese cuisine, creative dishes with Asian taste, halal meat dishes, and vegan and vegetarian menus.







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39

Korean BBQ Restaurant KollaBo AQUA CITY ODAIBA

©03-6426-0717

5F AQUA City Odaiba, 1-7-1 Daiba, Minato-ku

Lunch	Weekdays 11:00-15:00
	Sat./Sun./Holidays11:00-15:30
Dinner	Weekdays 15:30-23:00
	Sat./Sun./Holidays 16:00-23:00
Closing Days	According to the building closing day
Access	1-minute walk from Daiba Station on Yurikamome 6-minute walk from Tokyo Teleport Station on Rinkai Line

Taste of 16 authentic Korean



ACCESS MAP









Yamashita Honki Udon Shinjuku Kabukicho

山下本気うどん 新宿歌舞伎町

©03-5291-3002

https://yamashita-honki-udon.com/

Kado Bldg, 2F/3F/4F. 1-21-12 Kabukicho, Shinjuku-ku

Open 24 hours
Irregular closing
1-minute walk from Seibu-Shinjuku Station on Seibu Line
4-minute walk from Shinjuku Subway Station
4-minute walk from Shinjuku-nishiguchi Subway Station

Noodles are made in-house every day, and freshly cooked udon is served. Thin, smooth udon noodles go down so easily. The crispy tempura using carefully selected flour is a gem. Try it with rock salt and dipping sauce.





WEBSITE

WEBSITE

ACCESS MAP

炭火焼肉・韓国料理 KollaBoアクアシティお台場店

https://tabelog.com/tokyo/A1313/A131306/13205108/

restaurants her includes charcoa ganjang gejang, c and other exquisite	ll-grilled meats, cheese dak galb,

Shabusai Shinjuku Marui Annex 4

しゃぶ菜 新宿マルイアネックス

©03-5362-7831

https://shabu-sai.com/1023/

8F Shinjuku Marui ANNEX, 3-1-26 Shinjuku, Shinjuku-ku

Business Hours	11:00-22:00 (Last entry 21:00)
Closing Days	According to the building closing day
Access	10-minute walk from Shinjuku JR Station 1-minute walk from Shinjuku-sanchome Subway Station

All-you-can-eat shabu-shabu and sukiyaki restaurant.

ACCESS MAP







SYABU-YO Shinjuku NOWA Bldg.

しゃぶ葉 新宿NOWAビル店

©03-5312-8592

https://store-info.skylark.co.jp/skylark/map/198426 6F Shiniuku NOWA Bldg.. 3-37-12 Shinjuku, Shinjuku-ku

Business Hours 11:00-23:00 (L022:30) Closing Days According to the building closing day 1-minute walk from Shinjuku JR Station Access

An all-you-can-eat shabu-shabu restaurant offering delicious meat, fresh vegetables, and desserts. Enjoy 10,000 different ways to taste the meat with a wide variety of sauces and condiments



ACCESS MAP



WERSITE



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wc 북	wc ਪੈੱਖ	MENU ਹਿ	menu A	MENU :
/	Ę	6	¥2	HALAL

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Musashinomori Diner Shinjuku Chuo Park

むさしの森Diner新宿中央公園店

©03-5909-0588

https://store-info.skylark.co.jp/mmcoffee/map/198279 2-11-5 Nishishiniuku. Shiniuku-ku

Business Hours 7:00-22:00 (L021:00) Closing Days No regular closing day 4-minute walk from Access Tochomae Subway Station

The specialty coffee and pancakes are popular and also a full meal menu is served. A local community café where customers can relax. inspired by a highland resort.



ACCESS MAP





Istin Alle





MORETHAN TAPAS LOUNGE

MORETHAN TAPAS LOUNGE

©03-6300-0174

https://www.mothersgroup.jp/en/shop/morethan_dining.html 1F HOTEL THE KNOT TOKYO Shinjuku, 4-31-1 Nishishinjuku, Shinjuku-ku

Lunch	11:00-15:15
Cafe	15:30-17:00 (L016:30)
Dinner	17:00-23:00 (L022:00)
Closing Days	According to the building closing day
Access	13-minute walk from Shinjuku JR Station
	10-minute walk from Hatsudai Station on Keio Line
	5-minute walk from Tochomae Subway Station

An all-day dining restaurant. Enjoy a foreign atmosphere while in Japan.







CEN DIVERSITY HOTEL&CAFE 44 CEN DIVERSITY HOTEL&CAFE

5-minute walk from Nishi-shinjuku-gochome Subway Station

© 03-6278-9901

https://hotelcen.com/cafe/

1-5-19 Hvakunincho, Shiniuku-Ku CEN DIVERSITY HOTEL 1E

Business Hours 8:00-22:00 Closing Days No regular closing day 5-minute walk from Shin-Okubo JR Station Access 5-minute walk from Okubo JR Station

4-minute walk from Seibu-Shinjuku Station on Seibu Line 12-minute walk from Shinjuku JR Station

The café latte made with carefully selected coffee beans and fruit tea would be the pride of any other cafe. This adult hideaway cafe is recommended for dates, work, and relaxation.







Cafe bunbun 45

カフェ ブンブン

©03-5940-2822

https://team-lien.com/service/bunbun.html 2-16-15 Kohinata, Bunkvo-ku

Business Hours	9:00-17:00
Closing Days	Year-end and New Year holidays /
	According to the building closing day
Access	5-minute walk from
	Edogawabashi Subway Station

A cafe where people with disabilities work not only to provide food and drinks, but also to expand their ties with the local community by organizing gallery and local events to provide a place of expression.



WEBSITE

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46 LE PAIN FRANCAIS Sekiguchi

関ロフランスパン

©03-3943-1665

https://www.sekiguchipan.co.jp/index_tenpo.html

2-3-3 Sekiguchi, Bunkvo-ku

Business Hours	Weekdays/Sat. 8:00-18:00
	Sun./Holiday 8:00-17:00
Closing Days	Year-end and New Year holidays
Access	6-minute walk from
	Edogawabashi Subway Station

A bakery established in 1888 and has been loved by local residents for 136 years.



ACCESS MAP



WEBSITE







-Social Café- Sign with Me × very berry soup

ソーシャルカフェ サインウイズミー × ベリーベリースープ

©03-5615-8764

Due to being operated by sign language users, only fax accepted. https://signwithme.in/

1F Kumin Center, 4-15-14 Hongo, Bunkyo-ku

Business Hours	11:00-17:00
Closing Days	Irregular closing
Access	5-minute walk from Kasuga Subway Station

The only soup cafe in the world that operates with sign language as its official language. Offering soup with lots of ingredients for health and beauty. Many customers who do not speak sign language prefer its calm space







AWkitchen figlia shibuya scramble square 48

AWkitchen figlia 渋谷スクランブルスクエア店

©03-6419-3380

https://aw-kitchen.com/1643/en/

13F Shibuya Scramble Square, 2-24-12 Shibuya, Shibuya-ku

Lunch 11:00-15:00 (L015:00) Cafe 15:00-16:30 16:30-17:00 (Drinks only) 17:00-23:00 (L022:00) Dinner Closing Days According to the building closing day Access 3-minute walk from Shibuya JR Station and subway

Vegetables from producers all over Japan and homemade fresh pasta are recommended. Feel the 20-year history of AWKitchen, a vegetable and pasta restaurant, and enjoy their specialty dishes as they continue to evolve.



WERGITE





ECO FARM CAFE 632

Business Hours 11:00-20:00 (L019:00) Closing Days Year-end and New Year holidays

エコファームカフェ632

© 03-3498-0632

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Access

https://tabelog.com/tokyo/A1306/A130601/13010652/ 6-32-10 Jingumae, Shibuya-ku

7-minute walk from Harajuku JR Station

1-minute walk from Meiji-jingumae Subway Station

Ingredients are own cultivated, pesticide-free vegetables. All generations can feel at home in this restaurant.

WEBSITE

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Yasaiya-Mei, Omotesando hills

やさい家めい 表参道ヒルズ本家

©050-1807-6493

https://yasaiya-mei.com/1647/en/

3F Omotesando Hills main Bldg., 4-12-10, Shibuya-ku

Lunch	11:00-16:00 (L015:00)
Dinner	17:00-22:30 (L021:30)
	* Fri./Sat. only -23:00 (L022:00)
Closing Days	Irregular closing
Access	5-minute walk from Omote-sando Subway Station

A Japanese cuisine restaurant that opened in 2006 offers seasonal dishes and set menus for lunch and tomato sukiyaki for dinner, using delicious vegetables from producers all over Japan.









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HAINAN JEEFAN RESTAURANT 5 海南鶏飯食堂5

©03-5468-2711

https://route9g.com/1360 3F MIYASHITA PARK North, 6-20-10 Jingumae, Shibuya-ku

Lunch	11:00-16:00
Dinner	16:00-23:00 (L022:00)
Closing Days	According to the building closing day
Access	3-minute walk from
	Shibuya JR Station and subway

Singapore specially, Hainan Chicken Rice Restaurant 5. Our greatest mission is to cover and convey as accurately as possible the colorful patchwork of food cultures that are attracting the world's attention.



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Nouvelle Ethnique ATHA

Nouvelle Ethnique ATHA

©03-5422-8103

https://www.pleasure-company.com/atha/ 6F GEMS Ebisu, 1-11-5 Ebisu, Shibuya-ku

Mon Fri.	15:00-23:00
Sat./Sun./Holiday	11:30-23:00
	(Lunch -15:00)
Closing Days	Mon. (If Mon. is a holiday,
	the following Tue. will be closed)
Access	1-minute walk from Ebisu JR Station

The chef adds a French essence to ethnic cuisine filled with the taste of Asian countries and creates new style dishes. We welcome you for everyday dining, dates, anniversaries, gatherings, entertainment, special occasion lunches, and dinners.



P WEBSITE







Nan Xiang Steamed Bun Restaurant

南翔饅頭店 西武渋谷店

Sold to the second seco

http://nansho-mantouten.createrestaurants.com/en/

B2F SEIBU Shibuya A, 21-1 Udagawacho, Shibuya-ku

Lunch	11:00-16:00 (L015:30)
	· ,
Dinner	17:00-21:00 (L020:30)
Closing Days	According to the building closing day
Access	2-minute walk from
	Shibuya Station on JR and Tokyu Line

Nan xiang xiaolongbao restaurant was established in Shanghai more than 100 years ago. The Tokyo branch is also famous, and people are still lining up outside.











Kinoji 54

55

喜の字

©03-5371-3690

http://www.kinoji-sasazuka2.jp/ 1FA Aota Bldg., 3-19-2 Sasazuka, Shibuya-ku

Business Hours	18:00-23:30
	(Closing time/LO may vary daily)
Closing Days	Irregular closing
Access	8-minute walk from
	Sasazuka Station on Keio Line

Offering a course meal tailored to the customer using seasonal ingredients. Kinoji provides a convenient place for everyone for various occasions, such as a quick drink or a relaxed kaiseki (traditional Japanese multi-course meal).











Garlic Mania

Garlic Mania

© 03-6903-6966

https://s.tabelog.com/tokyo/A1323/A132302/13283492/ 1F Green Pia Otsuka.

2-29-3 Kitaotsuka. Toshima-ku

Lunch 11:30-15:00 (L014:30) Dinner 15:30-23:00 (L022:00) Closing Days Mon. 5-minute walk from Otsuka JR Station Access

A casual restaurant that offers creative garlic dishes, including the famous garlic toast made with fermented butter, and rib steak served with a special garlic sauce.



WEBSITE





ALTEATRO 56

アル・テアトロ

©03-3984-2221

https://alteatro-ikebukuro.com/ 2F Tokyo Metropolitan Theatre.

1-8-1 Nishi-Ikebukuro, Toshima-ku 11.00-15.00 (1.014.30) Lunch

Lunon	11.00 13.00 (2014.00)
Cafe	14:30-17:00 (L016:30)
Dinner	17:00-21:00 (L020:00)
Closing Days	Irregular closing
Access	1-minute walk from Ikebukuro JR Station

Excellent cuisine prepared by authentic chefs, and you can choose your wine from a wide variety of mainly Italian wines. Enjoy a la carte or a course meal at Alte Atro



ACCESS MAP



WEBSITE







FUKUSHIMAYA 福島家

57

(03-3918-3330 https://fukushima-ya.jp/

2-1-1 Sugamo, Toshima-ku

Business Hours	9:30-18:00
Closing Days	Wed./twice a month on other days
Access	1-minute walk from Sugamo JR Station

A Japanese confectionery shop on the Nakasendo Road since the end of the Edo period. Over 200 varieties of quality fresh confections, which are sold annually, are made based on the sample book handed down through the generations. Seasonal fresh traditional sweets are served with matcha tea.





WEBSITE







58

SHINJIDAI IKEBUKURONISHIGUCHI

新時代 池袋西口店

©03-3982-9358

https://tabelog.com/tokyo/A1305/A130501/13272107/ 1F Kishino Bldg., 2-1-1 Ikebukuro, Toshima-ku

Weekdays	17:00-5:00 (L04:00)
Sat./Sun./Holiday	15:00-5:00 (L04:00)
Closing Days	No regular closing day
Access	1-minute walk from
	Ikebukuro JR Station and subway

The famous Denkushi was invented by the founder, and total sales exceeded 200 million skewers. ★Crunchy texture and removed excess fat, leaving only collagen. Denkushi fever is happening at the same time all over Japan!









59

Sainoan LUMINE Ikebukuro

菜の庵 ルミネ池袋

©03-5954-8287

https://shop.create-restaurants.co.jp/1267/

9F Lumine Ikebukuro. 1-11-1 Nishi-Ikebukuro, Toshima-ku

Lunch 11:00-17:00 (L017:00) Dinner 17:00-22:00 (L021:30) Closing Days According to the building closing day 1-minute walk from Ikebukuro JR Station Access

All-you-can-eat beef, pork, and fresh vegetables in the visually pleasing restaurant with a variety of fresh vegetables on display! Offering deliciousness to your heart's content.



ACCESS MAP

WEBSITE







THE CELLAR TOKYO

©03-6384-7345

https://www.thecellartokyo.com/ 3-4-5 Nishi-Ikebukuro, Toshima-ku

Business Hours	19:00-2:00
Closing Days	Sun.
Access	5-minute walk from
	Ikebukuro JR Station and subway

The cellar offers California wines, a wide range of beer, whiskey, shochu, and cocktails.







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MAC's CARROT 61

マックスキャロット

©03-3565-3668

https://s.tabelog.com/tokyo/A1305/A130502/13012444/ 1F Koun Bldg., 3-16-16 Mejiro, Tohima-ku

Business Hours	Tue. to Thu./Sun. 11:00-21:00 (L020:30)
	Fri./Sat. 11:00-22:00 (L021:30)
Closing Days	Mon. (If Mon. is a holiday,
	the following Tue. will be closed)
Access	2-minute walk from Mejiro JR Station

Welcome to Mac's Carrot! The cafe experienced in holding parties for the visually impaired.

> ACCESS MAP





Metropolitan Center Area



ペルファボーレ

©03-3959-3970

https://s.tabelog.com/tokyo/A1322/A132202/13108899/ 1-18-12 Kanamecho, Toshima-ku

Lunch 11:30-16:00 (L015:00) Dinner 18:00-23:00 (L022:00) Closing Days Tue. 3-minute walk from Access Kanamecho Subway Station

Spaghetti is served in a frying pan to keep it warm while eating or can be served on a plate. A restaurant for the main course of delicious spaghetti.

WEBSITE







63

Aiya Ochiaiminaminagasaki

藍屋 落合南長崎店

© 03-3565-7731

https://store-info.skylark.co.jp/aiya/map/130479

2F i Terrace Ochiaiminaminagasaki. 4-5-20 Minaminanasaki Toshima-ku

4-3-20 Williaminayasaki, Tushima-ku		haar
	11:00-22:30 (L022:00) According to the building closing day	hosp
Access	2-minute walk from	
	Ochiai-minami-nagasaki Subway Station	

A Japanese restaurant offering delicious authentic Japanese cuisine with special attention to ingredients and provenance with a pitable and warm ambiance.











YAKINIKU YANSANDO PARCO_ya UENO

焼肉 陽山道 パルコヤ上野店

©03-6284-2880

https://yansando.jp/parcoya-ueno/ 6F PARC0_ya, 3-24-6 Ueno, Taito-ku

Lunch	11:00-15:00 (L015:00)
Dinner	15:00-22:00 (L021:00)
Closing Days	No regular closing day
Access	3-minute walk from Okachimachi JR Station
	1-minute walk from Ueno-hirokoji Subway Station

Loved in Ueno, Tokyo, for 60 years. The authentic yakiniku restaurant, Long-established Yakiniku YANSANDO, reliably sources high-quality A5-rank meat from its own sources and pursues astisfaction through uncompromising taste.









2

Lunch

Dinner

Access

3

4

Tempura&sushi Toroichi

すしと天ぷらとろー 御徒町本店

©050-5487-4102

Business Hours 11:00-6:00

https://sushi-restaurant-1386.business.site/ 4-1-4 Ueno, Taito-ku

> 11:00-17:00 (L017:00) 17:00-6:00 (L06:00)

2-minute walk from Okachimachi JR Station

Offering freshly fried tempura and artisanal sushi.





Forestier Seiyoken

Closing Days No regular closing day

フォレスティーユ精養軒

©03-3821-9151

https://www.seiyoken.co.jp/restaurant/t-bunka/index.html

Tokyo Bunka Kaikan premises, 5-45 Ueno Koen, Taito-ku

Business Hours	11:00-17:00 (L016:30)
	or 11:00-19:00 (L018:30)
	* Changes according to performances
	at the Tokyo Bunka Kaikan.
Closing Days	Irregular closing
Access	1-minute walk from Ueno JR Station and subway

Offering a full set menu and an extensive a la carte menu of mainly Western cuisine for pre-theater dining and afterwards.



ACCESS MAD





WERGITE

WEBSITE









Hinasushi Ueno no Mori Sakura Terrace

高級寿司食べ放題 雛鮨 上野の森さくらテラス

03-5816-3260 https://hina-sushi.com/en/

nttps://nina-susni.com/en/

2F Ueno no Mori Sakura Terrace, 1-54 Ueno-koen, Taito-ku

Lunch	11:00-17:00 (L016:30)
Dinner	17:00-23:00 (L022:30)
Closing Days	According to the building closing day
Access	1-minute walk from Ueno JR Station and subway
	1-minute walk from Keisei Ueno Station on Keisei Line

All-you-can-eat fine sushi, a longstanding favorite of customers. Enjoy your favorite sushi from the beginning. The fresh sushi toppings change every month.





BISTRO NOHGA

BISTRO NOHGA

©03-6284-2417

5

https://www.nohgahotel.com/ueno/en/ 1F NOHGA HOTEL UENO TOKYO, 2-21-10 Higahiueno, Taito-ku

Breakfast 7:00-10:30 (L010:00) Lunch 11:30-14:00 Cafe 14.00-18.00 2nd Tue, 11:00-17:00 (L016:00) Dinner 18:00-22:30 (course L020:30) Closing Days 2nd Tue, 17:00-7:00 3-minute walk from Ueno Subway Station Access 5-minute walk from Ueno JR Station

Located on the first floor of the hotel, Bistro Nohga uses carefully selected seasonal and local ingredients. Delicious dishes with gentle flavors will delight your body and mind.



ACCESS MAP







cafe CREATEA

カフェ CREATEA

©03-6803-2501

https://createa.jp/

4-18-12 Taito, Taito-ku

Business Hours Lunch	10:00-19:00 (L018:30) 12:00-15:00 (L014:30)
	· · · · · ·
Closing Days	Sat./Sun./Holidays/Year-end and New Year holidays
Access	7-minute walk from Okachimachi JR Station
	3-minute walk from Naka-okachimachi Subway Station
	4-minute walk from Shin-okachimachi Station on Tsukuba Express
	6-minute walk from Ueno-okachimachi/Ueno Subway Station
	8-minute walk from Ueno-hirokoji Subway Station

A hideaway cafe with a handmade interior with the theme of "craftsmanship" offers special coffee made using a particular process!



WEBSITE







6

Ueno Seiyoken

ト野精養軒 本店 レストラン(洋食)

©03-3821-2181

https://www.seiyoken.co.jp/global/en/index.html 4-58 Ueno-koen. Taito-ku

Weekdays 11:00-17:00 (L016:00) Closing Days Mon. Access

Sat./Sun./Holiday 10:30-18:00 (L017:00) 5-minute walk from Lleno JR Station 5-minute walk from Ueno Subway Station

8-minute walk from Ueno-okachimachi Subway Station 5-minute walk from Keisei Ueno Station on Keisei Line

Ueno Seiyoken has been a pioneer in authentic Western cuisine loved by many people for many years and has maintained its traditional taste.



ACCESS MAP



WEBSITE





3 Forestier Seivoken Ueno Seiyoken 4 Hinasushi Ueno no Mori Sakura Terrace 5 BISTRO NOHGA Tempura&sushi Toroichi YAKINIKU YANSANDO cafe CREATEA PARCO ya UENO

8

Ittougaiyakiniku Gen Asakusahonten

一頭買焼肉 玄 浅草本店

©03-5826-2929

https://gen-gen-gen.com/ 2F Hulic Asakusa 1 Chome Bldg., 1-42-4 Asakusa, Taito-ku

Lunch Dinner	11:45-15:00 (L014:30) 16:30-22:15 (L021:45) Sat./Sun./Holidays 16:30-21:50 (L021:15)
	Sal./Sull./Hulluays 10:30-21:50 (LU21:15)
Closing Days	No regular closing day
Access	1-minute walk from Asakusa Station on Tsukuba Express
	8-minute walk from Asakusa Station on subway and Tobu Line

sushi restaurant SushiWAKA

浅草すし若 雷門店

(050-5493-7154

https://sushiwaka.sakanaya-group.com/ 1F/2F Oban Bldg., 1-18-8 Asakusa, Taito-ku

Lunch	11:00-16:00
Dinner	16:00-2:00 (L01:30)
Closing Days	No regular closing day
Access	3-minute walk from Asakusa Subway Station

The final part of sightseeing in Asakusa is the relaxed Japanese culture experience with highquality sake and sushi.

Ittogai Yakiniku Gen Asakusa Honten is a yakiniku restaurant in Asakusa, one of the most

famous old towns in Tokyo. Enjoy reasonably

priced, high-quality meat carved from whole,

top-quality, black Japanese cattle, which is strictly scrutinized by meat professionals.

回湖底回

ACCESS MAP

WEBSITE





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WEBSITE



10

11

28

9

Russian cuisine Larousse

ロシヤ料理 ラルース

©03-3841-3383 https://larousse-asakusa.com/

1-39-2 Asakusa, Taito-ku

Lunch	11:30-14:00 (L014:00)
Dinner	14:00-22:30 (L020:30)
Closing Days	Tue. (If Tue. is a holiday,
	the following Wed. will be closed)
Access	3-minute walk from Asakusa Station on Tsukuba Express 6-minute walk from Asakusa Station on Tobu Line

In business for 40 years, the restaurant offers standard Russian dishes of beef stroganoff, borscht, pirozhki, and cabbage rolls. Gatherings for anniversaries, birthdays, and other occasions are welcome.



ACCESS MAP







toriyoshishoten asakusasushiyadoriten

鳥良商店 浅草すしや通り店

©03-5830-0561

https://toriyoshishoten.jp/1486/ 15 Teluce Meilines 1 10 0 Appluines Telle Inc

IF TOKYO Kaikali,	1-12-9 Asakusa,	Tailo-Ku

Business Hours	12:00-4:00 (LO2:30)
Closing Days	No regular closing day
Access	2-minute walk from Asakusa Station on Tsukuba Express
	5-minute walk from Tawaramachi Subway Station

The menu boasts a lineup that lets you enjoy all the tastes of chicken dishes, including the signature dish fried chicken wings as well as chicken kuwayaki, oyakodon, and chicken soba. The restaurant allows customers to order by smartphone.









Seafood Restaurant MEXICO Asakusa

シーフードレストラン メヒコ 浅草店

©03-3843-6052

http://mehico.com/shop/other6.html 1F Sawadava Bldg., 1-39-5 Asakusa, Taito-ku

Weekdays	Lunch 11:00-15:00 (L014:30)
	Dinner 17:00-23:00 (L022:00)
Sat./Sun./Holiday	11:00-23:00 (L022:00)
	* No lunch menu on Sat./Sun./Holidays
Closing Days	Mon.
Access	3-minute walk from Asakusa Station on Tsukuba Express
	3-minute walk from Asakusa Station on Tobu Line

The history of Restaurant Mexico always includes the crab pilaf. Offering traditional dishes. Proud of their particular taste.









14

Lunch

Dinner

Access

isomarusuisan asakusashinnakamisedori

磯丸水産 浅草新仲見世通り店

©03-5806-5817

https://isomaru.jp/1449/ 1F/2F Shamoto Bldg., 1-23-7 Asakusa, Taito-ku

Business Hours	Except Sat. 12:00-21:30 (L021:00)
	Sat. 12:00-2:00 (L01:30)
Closing Days	No regular closing day
Access	5-minute walk from Asakusa Subway Station
	5-minute walk from Asakusa Station on Tobu Line
	1-minute walk from Asakusa Station on Tsukuba Express

The joy of grilling right in front of you! The famous Isomaruyaki! Enjoy grilling fresh shellfish that have just been pulled out of the water tank and the most popular crab miso shell. You can order by phone.







Yakiniku gyu-isshin asakusa EKIMISE

焼肉 牛壳心 浅草EKIMISE店

© 03-6231-6839

https://www.hotpepper.jp/strJ001278731/ 7F Asakusa EKIMISE, 1-4-1 Hanakawado, Taito-ku

11:00-15:00 (L015:00)

15:00-22:00 (L021:30) Closing Days According to the building closing day

> 2-minute walk from Asakusa Subway Station Directly connected to Asakusa Station on the Tobu Line

Located on the seventh floor of Asakusa Ekimise directly connected to Tobu Asakusa Station. A smokeless roaster is used to avoid the cooking smell. At the counter seats with a good view, you can see the Sky Tower, a landmark of this old town.

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WEBSITE







66DINING asakusaekimise

洋食 66DINING 六本木六丁目食堂 浅草EKIMISE店

©03-5826-6625

15

16

https://www.chimney.co.jp/campaign/66-asakusa/# 7F Asakusa EKIMISE, 1-4-1 Hanakawado, Taito-ku

Lunch	11:00-16:00
Dinner	16:00-22:00 (L021:00)
Closing Days	According to the building closing day
Access	1-minute walk from Asakusa Subway Station

A casual restaurant to enjoy authentic Western food. Chef's recommendation is excellent hamburger steak and crab cream croquette! You must try them. Offering lunch plates for adults, not kid's plates!





ACCESS MAP





sushi restaurant Sushisen asakusa

築地すし鮮 浅草雷門店

©03-5830-1020

https://g420329.gorp.jp/ 1F Hulic&New Kaminarimon. 2-16-9 Kaminarimon, Taito-ku

Business Hours	11:00-5:00 (L04:30)
Lunch	11:00-15:00
Closing Days	No regular closing day
Access	5-minute walk from Asakusa Station
	on subway and Tobu Line

Offering the finest tuna. This sushi restaurant is open until late at night.





17

18

30

Fleur de Sarrasin

Fleur de Sarrasin フルールドサラザン

© 03-6876-1851

http://www.fleurdesarrasin.tokyo/ 1F Inpalace1, 2-14-2 Nishiasakusa, Taito-ku

Lunch	11:45-15:00 (L014:00)
Dinner	17:45-23:00 (L022:00)
Closing Days	Irregular closing
Access	1-minute walk from Asakusa Station on Tsukuba Express
	5-minute walk from Tawaramachi Subway Station
	8-minute walk from Asakusa Subway Station

★Specializing in Japanese buckwheat galette and Japanese craft cider. ★ Soba (buckwheat) noodles are milled on the restaurant's own millstone every morning. Ciders are purchased directly from various regions, and 40+ varieties are always offered.



ACCESS MAP

WEBSITE







Le Marais(マレ)

©03-5829-8533 https://www.marais.jp/

1F Fam Bldg., 1-25-12 Asakusabashi, Taito-ku

Business Hours	TueSat. 11:30-23:00 (L022:00) Sun./Holidays 11:00-22:00 (L021:00)
Closing Days	Mon.
Access	2-minute walk from Asakusabashi JR Station
	5-minute walk from Asakusabashi Subway Station

A bistro to enjoy luxurious French cuisine with delicious wine in a casual and relaxed ambiance. The chef's passion is reflected in the restaurant's handwritten daily menu!













atelier de cafe table 19

atelier de cafe table

©03-5839-2440

https://de-table.com/

1F APA Hotel Asakusabashi Ekimae. 1-27-9 Asakusabashi, Taito-ku

	7:00-10:00 (L09:30)
Lunch	11:00-17:00 (L016:30)
Closing Days	Sun./Holidays
Access	3-minute walk from
	Asakusabashi JR Station and subway

The cafe prepares a coffee menu so that customers can ask for a particular flavor. The coffee is then blended and served.

WEBSITE

ACCESS MAP





Coffee Ya 20

珈琲家

(090-5779-6460

https://tabelog.com/tokyo/A1312/A131203/13148740/ 2-13-7 Higashi-Mukojima, Sumida-ku

Weekdays	6:00-17:00
Sat./Sun.	8:00-17:00
Closing Days	Thu.
Access	1-minute walk from
	Hikihune Station on Tobu Line

A cafe you will want to visit whenever you are nearby. Take a break with elegant flavor coffee. Assistance available for the steps in the restaurant.



ACCESS MAP





sandaimeamimoto UOSEN-SUISAN honjoazumabashi

三代目網元 魚鮮水産 本所吾妻橋店

©03-5819-0202

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https://www.hotpepper.jp/strJ003388919/

1F Kenmabuchi Azumabashi Bldg., 2-1-5 Azumabashi, Sumida-ku

Weekdays	Lunch 11:30-14:00
	Dinner 16:00-23:00 (L022:30)
Sat./Sun.	11:30-23:00 (L022:30)
Closing Days	Year-end and New Year holidays
Access	2-minute walk from
	Honjo-azumabashi Subway Station

particular focus on ingredients for seafood dishes and exceptional cuisine ♪

回義

Offering fresh sashimi with a



Oyster Market Kakiichiba TOKYO SKYTREE Ekimae

オイスターマーケット 牡蠣市場 とうきょうスカイツリー駅前店

25

©03-6658-8805

https://capricciosa.com/

4F Olinas Kinshicho, 4-1-2 Taihei, Sumida-ku

Business Hours	11:00-22:00 (L021:30)
Closing Days	According to the building closing day
Access	3-minute walk from Kinshicho subway station
	5-minute walk from Kinshicho JR Station

カプリチョーザ オリナス錦糸町

CAPRICCIOSA Olinas Kinshicho

32











NEKOZUKI 24

Closing Days Irregular closing

厚焼きホットケーキのお店 ねこづき

Mon.-Thu. 8:00-11:30

11:30-15:00

Fri./Sat./Sun./Holidays 9:00-11:30

7-minute walk from Oshiage subway station

Mon.-Fri. -19:30 (L019:00) Sat./Sun./Holidays -18:00 (L017:30)

©03-6456-1392

https://www.instagram.com/nekozuki2019/ 1F Mivaguchi House, 3-14-2 Taihei, Sumida-ku

Business Hours	Tue./Wed./Thu./Sat./Sun./Holidays
	11:00-17:00 (L016:00)
Closing Days	Mon./Fri./other irregular closing
Access	7-minute walk from
	Kinshicho JR Station and subway

Pancakes are made to order, one by one, from the batter. The owner, who loves cats, carefully fries and serves the best pancakes.



ACCESS MAP

Capricciosa means "whimsy" in

Italian. The best Italian cuisine from the authentic Trattoria

restaurant in southern Italy, where you can enjoy food with lots of

people.

ACCESS MAP



WEBSITE











cafe kohana 23

cafe kohana **© 03-3626-0221**

Breakfast

Lunch

Dinner

Access

To go with the delicious food, live https://www.facebook.com/CafeKohana/?locale=ja_JP jazz performances are held several times a month. The cafe has a 1F Matsumaru Bldg., 3-11-14 Yokokawa, Sumida-ku fresh vegetable farmers' market. Enjoy food and music.





WEBSITE





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Weekdavs 12:00-14:30 (L014:00) 17:00-21:00 (L020:00) Sat./Sun./Holiday 12:00-21:00 (L020:00) Closing Days Irregular closing 3-minute walk from Oshiage subway station Access 3-minute walk from Tokyo Skytree Station on Tobu Line

selection of sake and wines to





HANANOMAI In front of the Edo-Tokyo Museum 26

花の舞 江戸東京博物館前店

©03-5619-4488

https://izakaya-hananomai.com/hakubutukan-mae/

1-1-15 Kamezawa, Sumida-ku

Lunch	11:30-15:00 (L014:30)
Dinner	16:00-23:00 (L022:30)
Closing Days	No regular closing day
Access	5-minute walk from Ryogoku JR Station
	2-minute walk from Ryogoku subway station

Offering fresh sashimi and sushi, off course chanko nabe (Japanese stew that especially sumo wrestlers love to eat), you cannot miss it in Ryogoku. A full-size sumo ring here provides a dining experience with a real sumo atmosphere.









UOSEI Kinshicho

九州人情酒場 魚星 錦糸町駅南口店

© 03-6659-2303

27

https://kyushu-uosei.com/kinshicho/

4F Kinshicho Ekimae Plaza Bldg., 3-8-7 Kotobashi Sumida-ku

Business Hours Mon.-Thu. 16:00-23:00 (L022:30) Fri./the day before the holiday 16:00-5:00 (L04:30) Sat. 12:00-5:00 (L04:30) Sun/Holidays 12:00-23:00 (L022:30) Closing Days No regular closing day Access 2-minute walk from Kinshicho subway station Enjoy the specialties and local gourmet foods of Kyushu, a treasure trove of food, such as horse meat and motsunabe (offal hot pot), all while still in Tokyo. Enjoy a rich and mellow shochu together.









genbacafe1451

現場喫茶

©03-6657-0911

https://genbacafe.tokyo/ 1-45-1 Oshiage, Sumida-ku

Business Hours 9:00-18:00 (L017:30) Closing Days Mon./Tue. 5-minute walk from Oshiage subway station Access 8-minute walk from Tokyo Skytree Station on Tobu Line A cafe that looks like a construction site, run by a real construction company, Takahashi Kogyo. Enjoy the unique ambiance and unparalleled food and drinks!

ACCESS MAP

回戏

WEBSITE





Series the Sky

Series the Sky

©03-6658-8444

29

https://series-the-sky.com/en/ 31F Tokyo Solamachi, 1-1-2 Oshiage, Sumida-ku

Lunch	11:00-15:00 (L014:00)
Dinner	17:00-23:00 (L021:00)
Closing Days	According to the building closing day
Access	Directly connected to Tokyo Skytree Station on Tobu Line
	Directly connected to Oshiage Station on subway and Keisei Line

The Chinese restaurant Series second location combines traditional Cantonese cooking techniques with spices from Asian countries acquired through training in Hong Kong, Shanghai, Singapore, and Indonesia.





ACCESS MAP







BIKURA HOTEL ROUTE INN tokyotoyocho store

美蔵 ホテルルートイン東京東陽町店

(050-5576-8113

https://www.hotpepper.jp/strJ000659066/ 1F HOTEL ROUTE-INN Grand TOKYO TOYOCHO, 2-3-12 Toyo, Koto-ku

Business Hou	s 17:00-23:00 (L022:30)
	* Sun./Holidays only -22:00 (L021:30)
Closing Day	s No regular closing day
Access	3-minute walk from Toyocho subway station

The restaurant is attached to the accommodation at Hotel Route Inn. Hotel guests and non-guests can enjoy the signature tuna.









POPOLAMAMA (monzennakacho)

ポポラマーマ 門前仲町店

© 03-3820-4417 https://www.popolamama.com/index.php 1F Tomioka Y Bldg., 1-7-6 Tomioka, Koto-ku

Business Hours	11:00-22:00
	* Shortened hours during Year-end
	and New Year holidays
Closing Days	No regular closing day
Access	1-minute walk from Monzen-nakacho subway station

A fresh pasta specialty restaurant in business for 29 years. Feel free to drop in and enjoy the chewy fresh pasta.





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THAI Food yum yum Monzennakacho

タイ屋台居酒屋 ヤムヤム

©03-6458-5455

https://www.instagram.com/monnaka yamyam/

1-7-5 Tomioka, Koto-ku

Business Hours	11:00-14:00
	17:00-23:00
Closing Days	No regular closing day
Access	2-minute walk from
	Monzen-nakacho subway station
	,

The Thai chef, who has worked at a four-star hotel in Thailand, prepares authentic Thai Isaan using plenty of pesticide-free vegetables and herbs directly purchased from contract farmers in Miyakojima.



ACCESS MAP



WEBSITE





TO-TEN-KO 33 東天紅 深川店 **©03-3641-0125** You will be welcomed in a heartfelt https://www.totenko.co.jp/restaurant/fukagawa/ way. 5F Akafudado Fukagawa Bldg., 2-10-1 Monzen-nakacho, Koto-ku Weekdavs Lunch 11:30-15:00 (L014:00) Dinner 17:00-21:00 (L020:00) Sat./Sun./Holiday 11:30-21:00 (L020:00) Closing Days Irregular closing (About twice a month) Access 1-minute walk from Monzen-nakacho subway station ACCESS MAP WEBSITE



炭火焼肉 猿楽 豊洲店

©03-5859-0572

34

https://www.yakiniku-sarugaku.com/ 1F Lalaport Toyosu 3, 2-2-1 Toyosu, Koto-ku

Business Hours	11:00-22:00 (L021:00)
Closing Days	According to the building closing day
Access	3-minute walk from Toyosu subway station
	5-minute walk from Toyosu Station on Yurikamome
5.1	3-minute walk from Toyosu subway station

A variety of especially delicious innards carefully selected from only the finest quality innards by the connoisseur of a specialty shop. A5 rank Wagyu beef and fresh innards are offered for lunch as well.







80cm	2cm	₿	ڈ∢	র্দ্র
wc 북	wc ਪੈੱਖ	MENU ਹਿ	menu A	MENU :
/	Ð	6	1	HALAL

35

XiaoFeiYang Toyosu

中国火鍋専門店 小肥羊 豊洲店

© 03-5859-0341 https://xfy.co.jp/

1F Toyosu Bayside Cross Tower. 2-2-1 Toyosu, Koto-ku

Business Hours	11:00-22:30 (LO21:30) * Fri./Sat./Sun./Holidays only -23:00 (L022:00)
Closing Days	According to the building closing day
Access	5-minute walk from Toyosu subway station

Only those who have been given the title of "hot pot master" can make Xiao Fai Yang's hot pot soup. This hot pot soup is made with a secret recipe that makes meat iuicier and seafood more flavorful!









HAKATA SYOKUSAI HYOUTEI Lalaport TOYOSU

博多食彩 表邸 ららぽーと豊洲店

©03-6910-1559

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https://bentendotoyosu.gorp.jp/ 3F Lalaport Toyosu, 2-4-9 Toyosu, Koto-ku

Lunch	11:00-16:00
Dinner	16:00-22:00 (L021:00)
Closing Days	According to the building closing day
Access	5-minute walk from Toyosu Subway Station

A selection of Hakata's best dishes welcome customers.





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@TOKYO GRILL HARBOUR

@東京グリルハーバー

©03-6910-1433

https://kiwa-group.co.jp/tokyogrillharbour/ 3F Lalaport Toyosu, 2-4-9 Toyosu, Koto-ku

Lunch	11:00-16:30 (L016:30)
Dinner	17:00-22:00 (L021:00)
Closing Days	According to the building closing day
Access	5-minute walk from Toyosu Subway Station

An open, resort-style restaurant overlooking the sea, sparkling waves, and the traffic of passing ships through the windows. The menu boasts a wide variety of dishes that include exciting steak and grilled meats.

ACCESS MAP









Seafood Japanese Cuisine Sakana-douraku

さかな道楽 亀戸店

Business Hours 11:00-2:00 (L01:00) Closing Days No regular closing day 1-minute walk from

©03-3681-4418 https://g420308.gorp.jp/ 3F Kameido Kaikan, 2-20-7 Kameido, Koto-ku A Japanese seafood restaurant with a fish tank. Ingredients are delivered directly from the market.





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Access

YASUBE Kameido

大衆食堂 安べゑ 亀戸駅前店

Kameido Station on JR and Tobu Line

©03-5628-5519

https://taisyu-yasube.com/kameido/ JR premises, 5-1-1 Kameido, Koto-ku

Business Hours	11:00-23:00 (L022:00)
Closing Days	No regular closing day
Access	1-minute walk from Kameido JR Station

A wide variety of lemon sours and hot meat tofu are specialties. Good for any occasion with affordable a la carte dishes and all-day set menus.



ACCESS MAP



WEBSITE

WEBSITE





Mobile Care & ochaCafe

Mobile Care&お茶Cafe

©03-6807-9873

https://www.mobile-care.jp/ 3-20-17 Machiya, Arakawa-ku

Business Hours	11:30-20:30
Closing Days	Mon./Thu./Sun./Year-end and
	New Year holidays/Obon Holidays
Access	5-minute walk from Machiya Station
	on subway and Keisei Line

Mobile-Care & Ocha Cafe, opened in Machiya in spring 2021, is a hybrid shop specializing in walking health care products and chiffon cakes made with carefully selected eggs.









TOKYO L.O.C.A.L BASE

TOKYO L.O.C.A.L BASE

©03-6807-7748

https://tokyolocal.me/

1-3-12 Machiya, Arakawa-ku

Mon Thu.	11:00-18:00 (L017:30)
Fri.	11:00-23:00 (L022:00)
Sat.	10:00-23:00 (L022:00)
Sun./Holiday	10:00-22:00 (L021:00)
Closing Days	No regular closing day
Access	5-minute walk from Machiya Station on subway and Keisei Line

A stylish yet popular diner menu. Based on the concept of an old town diner, the menu includes hearty omelet rice, pasta, and many dishes.







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ayrton cafe

あいるとんかふぇ

©03-3801-9008

https://s.tabelog.com/tokyo/A1324/A132401/13134845/

1F Takahashi Bldg.. 7-2-15 Minamisenju, Arakawa-ku

Business Hours 7:30-19:30 (L019:00) Closing Days Mon. Access 2-minute walk from Minami-Senju JR Station and subway A cozy cafe with Ayrton Senna on the poster watching over. All foods, including homemade bread, pizza and buns made with delicious flour from Hokkaido, a comforting taste.





NATURAL CAFE KOHIKIYA

natural cafe こひきや

Sold to the second seco

http://kohikiya.tokyo/ 5-20-15 Higashiogu, Arakawa-ku

Business Hours	11:30-14:30 (L014:00)
	* Sat. only -17:00 (L016:00)
Closing Days	Sun./Mon./Holidays
Access	5-minute walk from Akado-shogakkomae/ Kumanomae Station on Nippori-Toneri Liner

A cafe based on the concept of Have a Delicious Time. Relaxing ambiance with safe and secure meals that do not contain any chemical seasonings.

ACCESS MAP







44 IZAKAYA YOSUKE

居酒屋 酔助

()03-4362-9833

hrttps://www.hotpepper.jp/strJ003324718/ 2F Nippori Ekimae Tochu Bldg., 2-19-7 Nishinippori, Arakawa-ku

 Weekdays
 15:00-23:30 (L023:00)

 Sat/Sm./Moliday
 12:00-23:30 (L023:00)

 Closing Days
 Irregular closing

 Access
 1-minute walk from Nippori JR Station

The owner procures fresh vegetables and fish from the market and serves them in ways that suit the ingredients. An izakaya with a completely private room where you can enjoy your meal without worying about others.



WERSITE

WEBSITE

WEBSITE





45

café mogii+

cafe mogii+

©03-5604-5129

https://www.instagram.com/cafe_mogii.plus/ 5-1-1 Higashinippori, Arakawa-ku

Business Hours 11:30-18:00 (L017:00) Closing Days Mon./Sun./Holidays Access 8-minute walk from Nippori JR Station 7-minute walk from Mikawashima JR Station 8-minute walk from Juguisudani JR Station

A special moment spent with a galette made from Japanese buckwheat flour!

ACCESS MAP





46 MONJI Kitasenju

両国だしもんじゃ もんじ 北千住東口店

© 03-5284-9878

https://chimney-brand.com/monji-kitasenjyu/

3F Bikriya Asahicho Building, 40-27 Senju Asahicho, Adachi-ku

 Weekdays
 16:00-23:30 (L022:30)

 Sat/Sur/Moliday
 12:00-23:30 (L022:30)

 Closing Days
 No regular closing day

 Access
 2-minute walk from Kita-Senju JR Station

Enjoy monja, a Tokyo old town gourmet food, made with the special dashi used for chanko nabe. A variety of ingredients and toppings will keep you coming back for more.











GYOUNTEI 47

暁雲亭 北千住マルイ店

©03-6806-1318

https://kiwa-group.co.jp/gyountei_kitasenju/ 9F Kitasenju Marui, 3-92 Senju, Adachi-ku

Business Hours	11:00-22:00 (L021:00)
Closing Days	According to the building closing day
Access	1-minute walk from
	Kita-Senju JR Station and subway

Gyountei is a Chinese restaurant to enjoy a la carte dishes, warm noodles, and handmade dim sum carefully prepared one by one by an authentic dim sum master. The four-colored Xiaolongbao made from natural ingredients boasts dim sum with gentle colors and flavors.



ACCESS MAP







Big Hammer 48

李大锤 ビッグハンマー

©03-5851-8090

https://tabelog.com/tokyo/A1324/A132404/13278741/ THE VALUE SHARED HOTEL TAKENOTSUKA. 3-16-10 Takenotsuka Adachi-ku

Business Hours 11:00-23:00 (L022:30) Closing Days No regular closing day 8-minute walk from Access Takenotsuka Station on Tobu Line A Chinese restaurant specializing in hot and spicy pot and stir-fries. Enjoy the authentic taste of Szechuan cuisine.



WEBSITE



49

Cafe Hot'n

Cafe Hot' n

()090-4430-3500

https://tabelog.com/tokyo/A1324/A132404/13233864/

1F Takeichi No.1 Bldg., 1-30-16 Takenotsuka, Adachi-ku

Business Hours 9:00-17:00 (L016:30) Closing Days Sun. 3-minute walk from Access Takenotsuka Station on Tobu Line Spend a warm and cozy time with dishes made from carefully selected ingredients and homemade cakes.









50 Otodama

おとだま

©03-3856-0905

https://tabelog.com/tokyo/A1324/A132404/13248836/ 1F. 2-2-3 Takenotsuka. Adachi-ku

Business Hours	9:00-16:00
	Lunch 11:30-14:00
Closing Days	Mon./Sun.
Access	1-minute walk from
	Takenotsuka Station on Tobu Line

Offering hand-brewed coffee, light meals, cakes, and a daily lunch special. Very cozy cafe. Wheelchair users and customers on their own are welcome!









51

CAFE GARDEN カフェ ガーデン

©03-3694-9022 https://tabelog.com/tokyo/A1324/A132403/13046048/ 6-18-2 Tateishi, Katsushika-ku

Business Hours	10:00-18:00 (L017:30)
	Lunch 11:00-16:00
Closing Days	Mon./Sun./Holidays
Access	6-minute walk from Keisei-Tateishi/
	Aoto Station on Keisei Line

A bakery with cafe featuring oven-baked pizza, pasta, and freshly baked bread! Pasta and afternoon tea are served in a good old-Europe style cafe.





WEBSITE



Jonathan's Mizumoto 52

ジョナサン 水元店

(03-5876-2510

Access

53

Lunch

Dinner

Access

https://store-info.skylark.co.jp/jonathan/map/020509 2-9-5 Higashimizumoto, Katsushika-ku

Business Hours Breakfast 7:00-10:30

Izakaya YU-YU

居酒屋ゆうゆう **©03-5699-6599**

5-30-11 Takasago, Katsushika-ku

Closing Days No regular closing day

11:30-14:00 (L013:30)

* until 22:00 on Sun.(L021:00)

(Lunch unavailable on Sun.) 1-minute walk from Keisei-Takasago Station on Keisei Line

* Closed on Sun. 17:00-3:00 (L02:00)

http://yu-yu.website/

- Weekdays Lunch 10:30-17:00 (L017:00) Dinner 17:00-24:00 (L023:00) * Breakfast available every day, lunch available only on weekdays, regular menu on holidays
- Closing Days No regular closing day
 - 1-minute walk from Shibare-Jizo bus stop

Particular about carefully selected ingredients and a sense of health that offers high-quality meals in a variety of genres. Expanding locations mainly in urban areas.











15-minute walk from Kanamachi JR Station







Enjoy the very elegant taste at a

reasonable price in this izakaya.

ACCESS MAP



Kissa Hakujuuji 54

喫茶 白十字

©03-3600-6583

https://tabelog.com/tokyo/A1324/A132403/13076480/ 1F Hakujuji Bldg.,

5-29-13 Takasago, Katsushika-ku

Business Hours	8:20-19:00
	Wed. only 8:00-19:00
Closing Days	Sun.
Access	0-minute walk from
	Keisei-Takasago Station on Keisei Line

Installed a large medical air purifier to protect from infectious diseases. Breakfast from 510 yen, 13 Lunch dishes from 890 yen, and cake set from 720 yen on Fridays and rainy days. Booth seating for 70 people.



ACCESS MAP





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56

Sansankudo

三三九度

©03-3838-3210

https://sansankudo.net/ 3-39-10 Aoto, Katsushika-ku

Business Hours	Lunch 11:30-15:00 (L014:30) Dinner 15:00-23:00 (L022:00)
Closing Days	Wed.
Access	1-minute walk from Aoto Station
	on Keisei Line

Enjoy seasonal dishes with a blend of Japanese and Western flavors that include fresh sashimi, boiled fish, and finely chopped fish with miso, plus a wide range of drinks.









five loaves cafe koiwa

five loaves cafe ファイブローブスカフェ 小岩店

©03-3657-2205

https://five-loaves-cafe.business.site/ 1F Sato Bldg., 2-11-7 Kitakoiwa, Edogawa-ku

Business Hours 10:30-19:00 (L018:30) Closing Days Sun. 3-minute walk from Access Keisei-Koiwa Station on Keisei Line Meals and drinks that are gentle to the body and mind, also safe and secure for children. Heartfelt meals are prepared to increase the power of the ingredients without cutting corners.











J	chen hanohano チン ハノハノ					0	N KON
	638-8454 hano-edogawa.com/	A Western-style restaura renovated in a small f	factory in		5	P.	
5-6-2 Shinoz	zakimachi, Edogawa-ku	Shinozaki-cho, Edogawa-	, ,				
Lunch	Wed./Thu./Sat./Sun. 11:30-14:30 (L014:00)	Specialty is roast sirloin t	ueei.	80cm	2cm	周→	
Dinner	Wed./Thu./Fri./Sat./Sun. 17:30-22:00 (L021:00)		Қаза	wc	wc ਲੈਜ਼	MENU 181	
Closing Days	Mon./Tue.				त्त्व	0	
Access	5-minute walk from Shinozaki Subway Station		WERSITE	/	E	6	

ACCESS MAP

PARKLIFE CAFE & RESTAURANT 58

PARKLIFE CAFE & RESTAURANT

©03-6808-0070

https://parklifecafe.zetton.co.jp/ 6-2-1 Rinkaicho, Edogawa-ku

Business Hours	10:00-17:00 (L016:30)	
Closing Days	Year-end and New Year holidays	
Access	7-minute walk from	
	Kasai-Rinkai Park JR Station	

A unique Hawaiian food you can try at the cafe and restaurant in the central plaza of the park.







CRYSTAL CAFE

CRYSTAL CAFE

©03-5878-1327 https://crystalcafe.zetton.co.jp/ 6-2-1 Rinkaicho, Edogawa-ku

Business Hours	Mar-Nov 10:00-17:00 (L016:30)
	Dec-Feb 11:00-16:00 (L015:30)
Closing Days	Wed. (only from Dec. to Feb.)
Access	7-minute walk from
	Kasai-Rinkai Park JR Station

A restaurant where you can casually enjoy a picnic by purchasing a picnic set with a free picnic sheet.



ACCESS MAP WEBSITE







KODAWARIYAMA Tennozu Isle

こだわりやま 天王洲アイル店

©03-5769-0788

https://www.chimney.co.jp/restaurant/detail/?id=152#

1F Ocean Square. 2-2-20 Higashishinagawa, Shinagawa-ku

Lunch	11:30-14:00 (L013:30)
Dinner	17:00-23:00 (L020:00)
Closing Days	Sat./Sun./Holidays
Access	5-minute walk from Tennozu Isle Station
	on Tokyo Monorail/Rinkai Line

An izakaya that welcomes even one person, focusing on ingredients and freshness, including yakitori (Japanese skewered chicken).









UOSEI Oimachi Garden 2

さかな酒場 魚星 阪急大井町ガーデン店

©03-5709-7786

https://sakana-uosei.com/hankyuoimachi/#carousel2 2F Hankyu Oimachi Garden, 1-50-5 Oi, Shinagawa-ku

Business Hours	11:00-23:00 (L022:00)
Closing Days	No regular closing day
Access	2-minute walk from Oimachi JR Station

Fresh seafood purchased from the Toyosu Market is offered at a reasonable price. The restaurant has an open-air atmosphere, serving not only sashimi, but also seasonal seafood, such as kaisendon (fresh seafood bowls) and simmered fish









Grill Harvester Ohsaki

デルソーレSHOP グリルハーベスター大崎店

©03-5422-8731

3

https://grill-harvester.com/ 1F Osaki Bright Core, 5-5-15 Kitashinagawa, Shinagawa-ku

Lunch	11:00-15:00 (L014:30)
Dinner	17:00-21:00 (L020:00)
Closing Days	Irregular closing
Access	5-minute walk from Osaki JR Station

A pioneer of pizza connecting the world with deliciousness, also an ethnic bread specialty with a direct-from-factory sales shop. Enjoy authentic pizza and grilled food!





WEBSITE

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Aloha Table Osaki 4

アロハテーブル 大崎

©03-6277-2564

https://alohatable-osaki.business.site/

1F Osaki Bright Core. 5-5-15 Kitashinagawa, Shinagawa-ku

Weekdays 11:30-15:00 (L014:15) Sat./Sun./Holiday 11:00-22:00 (L021:00) Closing Days According to the building closing day 5-minute walk from Osaki JR Station Access 13-minute walk from Gotanda JR Station

Eniov loco moco and authentic Hawaiian loco foods in a spacious and comfortable restaurant with a wide space between seats.







Ichibandori Gate City Ohsaki

一番どり ゲートシティ大崎店

©03-5437-5994

https://a449103.gorp.jp/ 2F Gate City Ohsaki West Tower, 1-11-1 Osaki, Shinagawa-ku

Lunch	11:30-14:30 (L014:00)
Dinner	17:00-23:00 (L022:00)
Closing Days	Sat./Sun./Holidays
Access	5-minute walk from Osaki JR Station

Enjoy a variety of dishes using fresh Japanese young chicken and high-quality alcoholic drinks. A relaxing and heartwarming Japanese modern space.







Sushikappou Tomoe 6 鮨割烹 ともえ

©03-3782-2274

https://tabelog.com/tokyo/A1317/A131710/13072382/ 1F Martle Court Musashikoyama, 2-6-18 Koyama, Shinagawa-ku

Lunch 11:45-14:00 (L014:00) Dinner 17:30-21:00 (L020:30) Closing Days Wed. Access 3-minute walk from Musashi-koyama Station on Tokyu Line Offering the signature nigiri (sushi) using fresh fish, kappo, and kaiseki cuisine. Available for banquets and meetings for several to 30 people. Families with children are also welcome.

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WEBSITE









Access

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DOSUKOISAKABA TAMAKAIRIKI MUSASHIKOYAMA

どすこい洒場 玉海力 武蔵小山店

© 03-3785-6501 https://musashikoyama-tamakairiki.com/ 3-23-10 Koyama, Shinagawa-ku

Business Hours 17:00-22:00 Closing Days Irregular closing Welcomes customers with smiles and good service to provide a pleasant time with family members and friends.





SOLO NOI sul nuje

5-minute walk from

SOLO NOI sul nuje (ソロ ノイ スルヌジェ)

Musashi-koyama Station on Tokyu Line

©03-6421-2875

https://instagram.com/solonoi sulnuje?igshid=OGQ5ZDc2ODk2ZA== 1F Office TMU Bldg., 1-7-3 Nakane, Meguro-ku

Lunch 11:30-15:00 (L014:00) * Sat./Sun./Holidays only L014:30 Dinner 17:00-22:00 (L021:00) * Fri./Sat./the day before the holiday L021:30 Closing Days Tue. 1-minute walk from Toritsu-daigaku Station on Tokyu Line Access

Enjoy authentic pizzas that are carefully baked by certified Neapolitan pizza artisan in the wood-fired oven of Stefano Ferrara, a master Neapolitan craftsman.



ACCESS MAP

回答







News Cafe 9

News Cafe

©03-3725-6450

https://www.instagram.com/newscafetokyo/?hl=ja #401 Hachikou Bldg., 2-9-11 Jiyugaoka, Meguro-ku

Mon Sat.	12:00-20:00 (L019:00)
Sun./Holiday	12:00-19:00 (L018:00)
Closing Days	Tue./Wed.
Access	5-minute walk from Jiyugaoka Station on Tokyu Line

American diner style restaurant. The owner goes to the United States every year to travel around and eat, then faithfully reproduces the authentic taste. Vegetarian and vegan options are also offered.



ACCESS MAP





10

Mark Matsuoka Grill Nkameguro

マークマツオカグリル 中目黒

©03-6451-2922

https://www.markmatsuoka.tokyo/nakameguro/ 1F Suzubo Bldg., 1-16-12 Kamimeguro, Meguro-ku

Lunch 11:00-16:00 (L015:00) Dinner 16:00-22:00 (L021:00) Closing Days Year-end and New Year holidays/Irregular closing Access 5-minute walk from Naka-meguro Station on subway and Tokyu Line

The chef, who studied in France. creates innovative dishes full of originality by fusing elements of Japanese cuisine. Carefully selected beef is sublimated into innovative dishes.



ACCESS MAP







BACIONE

BACIONE バッチョーネ

© 03-3791-2334 https://bacione.owst.jp/en/

1F. 1-16-2 Kamimeguro, Meguro-ku

Lunch Dinner	12:00-14:00 18:00-22:00 (L021:00)	u
Shop	12:00-20:30	
Closing Days	Mon. (If Mon. is a holiday,	
	the following Tue. will be closed)	
Access	3-minute walk from Naka-meguro Station on subway and Tokyu Line	

A la carte menu and many dishes change daily. The ingredients purchased that day are served in the most delicious way.









Chicken BBQ & Natural Wine Cotori

鳥焼肉と自然派ワイン Cotori

©03-6412-7428

https://cotori.tokyo/ #101 casagridio, 2-10-3 Yutenji, Meguro-ku

Mon Sat.	17:00-24:00 (L023:00)
Sun./Holiday	16:00-23:00 (L022:00)
Closing Days	Thu./Irregular closing
Access	2-minute walk from
	Yutenji Station on Tokyu Line

Offering grilled chicken not yakitori. Each table is equipped with a special roaster so there is almost no smoke or odors.

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Onda Tokyo

©03-5734-1987

https://www.onda.tokyo/ #1B Sakura House, 1-8-12 Nakameguro, Meguro-ku

Lunch 12:00-15:00 (L013:00) Dinner 18:00-23:00 (L020:00) Closing Days Sun. 6-minute walk from Naka-meguro Station Access on subway and Tokyu Line

Meals with the essence of Italy using ingredients with the hearts of the producers that are purchased from all over Japan. Offering a sense of Japan's seasonal flavors with dishes prepared by Chef Nakamura.





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WEBSITE

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Kushikatsu Sengyo Sake Hirataya

串かつ・鮮魚・酒 ひらたや

© 03-6404-6866

https://hirataya-inc.com/kuchikatsu/ 1F Sanko Shoji Bldg., 6-27-1 Omorikita, Ota-ku

Business Hours 11:30-3:00 (L02:30) Closing Days No regular closing day 1-minute walk from Access Heiwajima Station on Keikyu Line Utilizing the extensive industry experience, specialized knowledge, and unique network to pursue the creation of wonderful izakava that is full of the happy smiles of customers, while responding to their various requests and needs



ACCESS MAP





GRECIAL 15

野菜とイタリアンダイニング・カフェ グリシアル

©03-3745-6073

https://www.grecial.jp/ 1F, 4-31-16 Nishikojiya, Ota-ku

I unch 11:30-15:00 (L014:30) Dinner 17:30-22:00 (L021:00) Closing Days Wed. (Lunch only on Mon./Tue.) 3-minute walk from Kojiya Station on Keikyu Line Access 9-minute walk from Keikyu Kamata Station on Keikyu Line For a truly barrier-free environment, GRECIAL supports people with disabilities and terrace seating is guide dog-friendly. The soup pasta warms the mind and body and is recommended for a delicious and enjoyable time.











GINZA KIYA 16

銀座木屋 羽田空港店

©03-6428-9200

https://tokyo-haneda.com/en/ 3F Haneda Airport Terminal 2, 3-4-2 Hanedakuko, Ota-ku

Business Hours	6:00-21:00 (L020:30)
Closing Days	No regular closing day
Access	10-minute walk from Haneda Airport
	Terminal 1 · 2 Station on Keikyu Line

Specialty homemade udon soup stock (dashi) and homemade firm-textured udon. You can also enjoy authentic fresh soba and light meals with sake. Many different rice bowls are also superb.







17

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Tatsumi

多津美

©03-3731-3216

https://tabelog.com/tokyo/A1315/A131503/13017744/ 7-48-8 Nishikamata, Ota-ku

Business Hours 11:30-14:30 (L014:00) Closing Days Sun. 2-minute walk from Kamata Station Access on JR and Tokyu Line

NORA BAKERY

Business Hours Tue./Thu./Fri. 9:00-19:00 (L018:00)

ノラベーカリー **©03-6459-7037**

https://norabakery.com/

1-55-10 Denenchofu. Ota-ku

This Japanese restaurant has been on the Kamata shopping street for a long time. Don't miss the exquisite pork cutlet.

A simple bakery that mainly uses

Japanese wheat and organic

ingredients.





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Cafe ruscello 19

カフェ ルシェロ

©03-5755-5397

https://instagram.com/seseragicafe?igshid=OGQ5ZDc2ODk2ZA== 1-53-12 Denenchofu, Ota-ku

Business Hours	Breakfast 8:30-11:30 (L011:00)
	Lunch 11:30-14:00 (L013:30)
	Cafe 8:30-18:00 (L017:00)
Closing Days	2nd Thu.
Access	1-minute walk from
	Tamagawa Station on Tokyu Line

A cafe boasts of its home-roasted coffee and freshly baked breads.







©03-5432-7062

https://mr-farmer.jp/1652/en/ 1-1-2 Komazawakoen, Setagaya-ku

Business Hours	7:00-21:00 (L020:00)	
Closing Days	No regular closing day	
Access	15-minute walk from	
	Komazawa-daigaku Station on Tokyu Line	

A cafe that serves lots of vegetables with the concept of "Beauty and Health start with Food." A wide selection of salads, pasta and pizza are popular. The terrace seating is pet friendly. Plenty of takeout menus.



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ACCESS MAP

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/		61	1	HALAL

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Oribe Shimokitazawa

織部 下北沢店

©03-5432-9068 https://oribe-shimokita.tumblr.com/ 1F, 2-2-3 Kitazawa, Setagaya-ku

Business Hours 11:00-19:00 (L018:30) Closing Days No regular closing day 4-minute walk from Shimo-Kitazawa Station Access on Odakyu Line and Keio Line

A pottery and coffee shop. Spacious seating for relaxing, not typical of Shimokitazawa, and works by craftspeople for sale. Terrace seating is pet-friendly, so customers with pets are welcome.



ACCESS MAP





3

FROMENT D'OR Shimotakaido

フラマンドール 下高井戸店

©03-3323-9955

https://www.saint-germain.co.jp/brand/froment/

In front of Keio Shimo-takaido Sta. exit. 3-29-17 Matsubara, Setagaya-ku

Business Hours	MonSat. 7:00-21:00 (L020:00)
	(Breakfast 7:00-10:00)
	Sun./Holidays 8:00-20:00 (L019:00)
	(Breakfast 8:00-10:00)
	Eat-in is available until 19:00 every day (L018:00)
Closing Days	No regular closing day
Access	In front of the ticket gate at Shimo-takaido Station on Keio Line

A bakery and cafe mainly located on the station premises and buildings in the Tokyo metropolitan area. The cafe, which has an authentic bakery, offers a selection of breads and flavors you never tire of, even if you come every day







TANTO TANTO Seijo Corti 4

タントタント成城コルティ店

©03-5490-7881

https://tanto-tanto.com/1657/en/ 4F, 6-5-34 Seijo, Setagaya-ku

Lunch	11:00-15:30 (L015:00)	a
Dinner	17:00-22:00 (L021:00)	u
Closing Days	According to the building closing day	
Access	Directly connected to	
	Seijogakuen-mae Station on Odakyu Line	2

An Italian restaurant that focuses on authentic Italian ingredients and cooking methods. Offering homemade pizza and pasta using seasonal ingredients. An a la carte menu is also available for dinner.







Asian Cafe & Diner Vivid Ajia

Asian Cafe & Diner Vivid Ajia

©03-6411-7258

https://www.hotpepper.jp/strJ001224602/

CLOCHETTE CAFE

クロシェットカフェ

https://www.clochette-cafe.com/

Business Hours 10:00-19:30 (L019:00)

1F Sun Cuore, 4-3-1 Nakano, Nakano-ku

5-minute walk from Nakano JR Station

15-minute walk from Araiyakushi-mae Station on Seibu Line 15-minute walk from Numabukuro Station on Seibu Line

©03-5343-5088

Closing Days Sat.

Access

1F Santopia Tamagawa, 3-20-8 Tamagawa, Setagaya-ku

Business Hours 10:00-22:00 (L021:00) Closing Days No regular closing day Access 5-minute walk from Futako-tamagawa Station on Tokyu Line



Authentic ethnic cuisine! Here is

the place to enjoy foods created by genuine ethnic cuisine chefs!







Clochette Cafe's freshly baked

dessert.

ACCESS MAP WEBSITE



homemade waffles are very popular! Enjoy the fragrant herbal tea with a sweet and delicious

WEBSITE











6

Space & Cafe PolePoleza

Space&Cafe ポレポレ坐

©03-3227-1445

https://pole2za.com/ 1F PolePoleza Bldg., 4-4-1 Higashinakano, Nakano-ku

Business Hours	11:00-20:30 (L020:00)
Closing Days	2nd and 4th Tue.
Access	2-minute walk from
	Higashi-Nakano JR Station and subway

A cafe that offers delicious foods, drinks, and fun times that holds various events, including movies !!.

WEBSITE







Kizen Cafe & Bar

葵禅カフェ&バー

©03-6753-5858

https://www.kizencafe.com/

4-15-2 Higashinakano, Nakano-ku

Business Hours	11:00-22:00 (L021:30)
Closing Days	Mon.
Access	1-minute walk from Ochiai Subway Station
	6-minute walk from Nakano JR Station

Offering original seasonal dim sum dishes using plenty of Chinese ingredients. A kid's menu is available. Everyone from small children to the elderly is welcome.

ACCESS MAP









9

cafe henri fabre

カフェ アンリ・ファーブル

(03-3223-7330

https://www.instagram.com/cafe_henri_fabre_koenji/ 2F Za Koenji, 2-1-2 Koenjikita, Suginami-ku

Business Hours 11:30-19:00 (L018:30) Closing Days Year-end and New Year holidays 5-minute walk from Koenji JR Station Access

A cafe on the second floor of Za-Koenii, a chocolate-colored theater visible from the Chuo Line. Flan, home-made cake, suginamiyasai pasta, and curry.



ACCESS MAP





JULES VERNE COFFEE 10

JULES VERNE COFFEE

©03-5356-9810

http://r.goope.jp/camino-coffee/ #A106, 4-2-24 Koeniikita, Suginami-ku

Business Hours	12:00-17:00
Closing Days	Mon./Tue.
Access	8-minute walk from Koenji JR Station
	9-minute walk from Asagaya JR Station

A home-roasted coffee shop offers a wonderful time with sweets that ao well with coffee for coffee lovers.











J-COFFEE KOUENJI ٢

J-COFFEE 高円寺

©03-5377-3333

https://www.instagram.com/jcoffee2020/ 5-33-7 Koenjiminami, Suginami-ku

Business Hours	8:30-17:30 (L017:00)
Closing Days	Sat./Sun./Holidays
Access	7-minute walk from Koenji JR Station

A place for relaxation and socializing for local residents so feel free to stop by. Free Wi-Fi and a wheelchair accessible restroom are available.



ACCESS MAP









まちのパーラー

©03-6312-1333

https://www.facebook.com/profile.php?id=100063568959033 1F, 2-40-4 Kotakecho, Nerima-ku

Business Hours	8:30-22:00 (L021:00) until 18:00 on Mon.
Closing Days Access	Tue. 5-minute walk from Kotake-mukaihara Station on subway and Seibu Line

A bakery and cafe to enjoy natural wine along with dishes and breads using Japanese wheat and homemade yeast to bring out the flavor of its ingredients.



WEBSITE





13

MINNANO-Cafe Smile VIVIFY

みんなのカフェ すまいる・VIVIFY

© 03-6310-3034

https://smile-vivify.com/ #A102, 3-2-8 Shakujijimachi, Nerima-ku

Weekdays 11:00-17:00 (L016:30) Sat./Sun./Holiday 12:00-17:30 (L017:00) Closing Days No regular closing day 8-minute walk from Access Shakujii-koen Station on Seibu Line The cafe values each individual's time. The cafe values the time and space for customers to relax.











MOTOMACHI COFFEE Shakujii Park "HANARE" 14

元町珈琲 石神井公園の離れ

©03-3997-0078

https://motomachi-coffee.jp/concept/ 7-1-2 Shakujiimachi, Nerima-ku

Business Hours	7:00-21:00 (L020:00)	
Closing Days	No regular closing day	
Access	1-minute walk from	
	Shakujii-koen Station on Seibu Line	
	1-minute walk from	

Customers will feel like they are in their favorite second home, so the restaurant is named Hanare.

WEBSITE

WEBSITE

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ACCESS MAP







VIEW & KITCHEN QUAD17

VIEW & KITCHEN QUAD17

(070-9030-3172

https://www.quad17.com/ 17F Kitatopia, 1-11-1 Oji, Kita-ku

Business Hours	10:00-21:30
	(Reservations only from 17:00 to 21:30)
Closing Days	Irregular closing
Access	2-minute walk from Oji JR Station
	Directly connected to Exit 5 of Oji Subway Station









Josai Area Johoku Area

2

Izunoryoushibaru Otameshiya

伊豆の漁師バル おためし屋

©03-6807-7553

https://uejimagroup.com/otameshiya/

1F Twin Building Tabata B. 1-13-9 Higashitabata, Kita-ku

Lunch	11:30-14:30 (L014:00)
	* MonFri. only
Dinner	17:00-22:30 (L022:00)
Closing Days	Sun./Holidays/2nd & 4th Mon.
Access	3-minute walk from Tabata JR Station

A seafood izakaya to enjoy delicious sake and dishes of golden red sea bream. The signature dish kinmedai no nitsuke (simmered sea bream) is a highly recommended dish prepared with traditional local flavor.









PENNA ROSSO

ペンナロッソ

©03-3903-5579

https://tabelog.com/tokyo/A1323/A132305/13012304

1F Minamiakabane Green Heights. 1-4-9 Akabaneminami, Kita-ku

Lunch 10:30-14:00 (L014:00) Dinner 17:00-22:00 (L021:00) Closing Days Tue. Access 3-minute walk from Akabane JB Station Established in 1993 and owned for two generations, the restaurant is loved by local people. Enjoy a variety of Italian home dishes from appetizers to desserts.









AIDA 4 AIDA

©03-6915-5730

https://tabelog.com/tokyo/A1322/A132201/13132544/

1-49-8 Itabashi. Itabashi-ku

Tue Fri.	Lunch 11:00-14:30 (L014:30)
	Dinner 18:00-23:00 (L022:00)
Sat./Sun./Holiday	Lunch 11:00-15:00 (L015:00)
	Dinner 17:00-22:00 (L021:00)
Closing Days	Mon.
Access	2-minute walk from Shin-itabashi Subway Station
	4-minute walk from Itabashi JR Station
	7-minute walk from Shimo-itabashi Station on Tobu Line

The special hamburger steak is freshly minced, mixed, and grilled at the restaurant. Offering all homemade dishes. A restaurant that welcomes customers with a warm ambiance.





WEBSITE





Nana-Terrace

5

6

ななテラス

©03-5926-7945

https://nana-terrace.jimdofree.com/ 3-7-7 Mukaihara, Itabashi-ku

Lunch 11:30-14:00 (L013:30) 17:00-19:30 (L019:00) Dinner Closing Days Irregular closing 9-minute walk from Kotake-mukaihara Access Station on subway and Seibu Line

Nana-Terrace is a community exchange center visited by multiple generations. In addition to offering delicious food, Nana-Terrace operates an exchange space that connects diverse people through a variety of events.



ACCESS MAP





cafe nenene

カフェ ねねね

© 03-5964-5477

https://s.tabelog.com/tokyo/A1322/A132202/13252528/ 1F Kokorone Itabashi, 3-7-9 Mukaihara, Itabashi-ku

Business Hours	11:30-15:00 (L014:30)	
Closing Days	Sat./Sun./Holidays	
Access	8-minute walk from Kotake-mukaihara	
	Station on subway and Seibu Line	

At Cafe Nenene, people with developmental or mental disabilities work together. Offering meals that are gentle to the body and mind. while valuing the connections with the ingredients' producers.







KUROGE WAGYU USHINOSUKE

肉焼亭 うしのすけ

©03-5970-1129

https://gurunavi.com/en/gc9b800/rst/

2F Felde Motohasunuma. 22-8 Hasunumacho, Itabashi-ku

Business Hours 16:00-23:00 (L022:30) * Sat./Sun. only 12:00-Closing Days Irregular closing Access 1-minute walk from Motohasunuma Subway Station Offering a wide variety of fresh and reasonably priced rare cuts of beef. This yakiniku restaurant offers meat carved from whole. top-quality, A5 grade black Japanese cattle.

WEBSITE









Yakiniku King Itabashi Maenocho

焼肉きんぐ 板橋前野町店

©03-6454-5390

https://www.yakiniku-king.jp/ 2F, 6-10-6 Maenocho, Itabashi-ku

Business Hours	17:00-23:00 (L022:00)	
	Sat./Sun./Holidays 11:00-23:00 (L022:00)	
Closing Days	12/31 • 1/1	
Access	13-minute walk from Tokiwadai Station on Tobu Line	
	12-minute walk from Kami-itabashi Station on Tobu Line	

Ordering is easy using a touch screen, and all dishes are served to your table by our staff. A restaurant specializing in all-you-can-eat yakiniku in a table-order buffet style.







9

麺屋 きころく 成増店

(03-3975-2469 https://twitter.com/kikoroku

Tue Fri.	11:00-15:00
	17:00-22:00
Sat./Holiday	11:00-20:00
Sun.	11:00-15:00
Closing Days	Mon.
Access	1-minute walk from Narimasu Subway Station

https://s.tabelog.com/tokyo/A1322/A132204/13029950/

3F Goko No.1 Bldg., 2-12-8 Narimasu, Itabashi-ku

1-minute walk from Narimasu Station on Tobu Line

3-minute walk from Narimasu Subway Station

Seasonal limited menu is popular and well received. The tsukemen (dipping ramen) shop offers vegetable potage soup of seafood, pork bones, and homemade noodles.











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ACCESS MAP WEBSITE

Conveniently located near the station. A popular restaurant centered on pizza and pasta that can be enjoyed by both children and adults.





ACCESS MAP

Johoku Area

Menya Kikoroku

2-10-7 Narimasu, Itabashi-ku

PACCHINO

Business Hours 11:00-15:00 (L014:00) 17:00-22:00 (L021:00)

Closing Days Tue.

Access

パッキーノ **©03-3977-4192**

10

ue Fri.	11:00-15:00
	17:00-22:00
at./Holiday	11:00-20:00
un.	11:00-15:00
losing Days	Mon.
ccess	1-minute walk from Narimasu Subway Station

1 Teppanyaki Senju

鉄板焼 千珠

©080-2087-0619

https://senju-tachikawa.owst.jp/en/ 3-4-3 Akebonocho, Tachikawa-shi

 Business Hours
 18:00-22:30 (LO20:30)

 Closing Days
 Wed./No regular closing day only in Dec.

 Access
 10-minute walk from Tachikawa JR Station

Teppanyaki Senju has been in Tachikawa, Tokyo, for 30 years. A long-established restaurant with an abundance of natural wine and dishes using local ingredients.









3

SHI-AN GYOZA

西安餃子 ルミネ立川店

©042-548-9271

https://shian-gyoza-tachikawa.owst.jp/en/

8F Lumine Tachikawa, 2-1 Akebonocho, Tachikawa-shi

 Business Hours
 11:00-21:00 (L020:00)

 Closing Days
 According to the building closing day

 Access
 1-minute walk from Tachikawa JR Station

Welcome! Delicious authentic Chinese dumplings! XI'an dumplings with vegetables and spices!





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Sumiyaki Dai Tachikawa

炭焼き大 立川グリーンスプリングス店

©042-512-5800

https://www.pleasure-company.com/sumiyaki/

1F Tachikawa Green Springs, 3-1 Midoricho, Tachikawa-shi

Lunch	11:00-15:00 (L015:00)
Dinner	15:00-22:00 (L021:00)
Closing Days	No regular closing day
Access	5-minute walk from Tachikawa JR Station

Char-grilled yakitori made from Japanese chicken (Iwai chicken from Iwate), fresh sashimi, sushi, maki, and seasonal dishes with ingredients from the Toyosu Market. Also dishes with a Western essence. A restaurant to enjoy diverse snacks and small plates that qo well with alcoholic drinks.



ACCESS MAP



Teppanyaki Senju

WEBSITE







Northern Tama Area

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和ごはんとカフェ chawan

©042-548-3531

https://www.ecute.jp/en/ ecute Tachikawa, 3-1-1 Shibasakicho, Tachikawa-shi

Lunch	10:00-15:00
Dinner	MonSat. 15:00-21:30
	Sun./Holidays 15:00-21:00
Closing Days	According to the building closing day
Access	1-minute walk from Tachikawa JR Station



What awaits customers is a cozy

space with colorful and healthy

dishes.









6

Crayonhouse organic restaurant HIROBA

クレヨンハウス オーガニックレストラン[広場]

©0422-27-1377

https://www.crayonhouse.co.jp/shop/pages/restaurant_eng.aspx 2-15-6 Kichijojihoncho, Musashino-shi

Business Hours	Lunch 11:00-14:30
	Tea time 14:40-17:30
	Dinner 17:30-21:00
Closing Days	No regular closing day
Access	6-minute walk from
	Kichijoji Station on JR and Keio Line

Buffet-style lunch and dinner. Daily menu using organic ingredients. All buffet dishes are suitable for vegans other than meat or fish dishes.







Marugame Udon MUSASHI SAKAI 丸亀製麺 武蔵境

©042-254-1150

https://jp.marugame.com/en/ 1-19-1 Sakai, Musashino-shi

Business Hours	Weekdays 10:30-22:00 (L021:30)	
	Sat./Sun./Holidays 10:00-22:00 (L021:30)	
Closing Days	No regular closing day	
Access	5-minute walk from	
	Musashi-Sakai JR Station	

Marugame Seimen provides customers with the delicious flavor of freshly made noodles and udon to create smiles. The Musashi Sakai branch has 35 terrace seats for a different Marugame Seimen experience.



WEBSITE

9.60







Cafe Sacai

Cafe Sacai

©0422-27-8536

https://www.instagram.com/cafesacai

4-1-16 Kvonancho, Musashino-shi

	11:00-21:00 (L020:20)		
Closing Days	Tue./other irregular closing,		
	check SNS for details		
Access	8-minute walk from		
	Musashi-Sakai JR Station		

A cafe to enjoy a relaxing time without pretentiousness. Homemade foods, the coffee is special to satisfy customers all the time at lunch, teatime, and dinner,









ACCESS MAP

CAFE HI FAMIGLIA 8

CAFE HI FAMIGLIA

©0422-38-8311

https://hi-famiglia.com/ 3-38-4 Shimorenjaku, Mitaka-shi

Business Hours 11:00-21:00 Closing Days Tue. Access 6-minute walk from Mitaka JR Station This is a place where everyone can have a fruitful time with the usual coffee, usual cakes, and usual meals that await in the usual environment







9

Hoshi-to-Kaze Cafe'

星と風のカフェ

©0422-44-2255

http://www.hanano-kai.jp/hoshi-cafe/ 1F Mitaka Ekimae Welfare Housing,

3-8-13 Shimorenjaku, Mitaka-shi Business Hours 11:30-18:00 (L017:00) Closing Days Mon./Sun./Holidays 7-minute walk from Mitaka JR Station Selling handmade products made at welfare centers for people with disabilities located in Mitaka City and neighboring cities. There is also a cafe in the shop to have a relaxing and comfortable time.



ACCESS MAP





10

Access

Cultiver

Cultiver

©0422-69-0038

https://cultivertokyo.com/ 3-1-27 Shimoreniaku, Mitaka-shi

Lunch	12:00-15:30 (L013:30)
Dinner	18:00-22:00 (L019:30)
Closing Days	Mon. (including holidays)
Access	5-minute walk from Mitaka JR Station

The restaurant that entertains customers with the best of the season offers healthy dishes with vegetables from Kitavama Farm in Fujinomiya City, Shizuoka.





ACCESS MAP









Northern Tama Area

Cafe Orange Boots

カフェ オレンジブーツ

©042-319-9732

https://orangeboo2.com/ 5F Le Signe, Fuchu City Citizen Activities Center Platz, 1-100 Miyamachi, Fuchu-shi

Business Hours	9:30-20:00 (L019:30)
	* Sat./Sun./Holidays only 11:00-
Closing Days	Year-end and New Year holidays/
	According to the building closing day
Access	1-minute walk from Fuchu Station on Keio Line

12

TOHOKU FARM

和食バイキング東北牧場

©042-333-7115

https://www.hotel-continental.co.jp/dining/restaurant-tohoku-farm/ 1-5-1 Fuchucho, Fuchu-shi

Breakfast	7:00-9:30				
Lunch	11:30-15:00 (L014:30)				
Dinner	17:00-22:00 (L021:30)				
Closing Days	No regular closing day				
Access	1-minute walk from				
	Fuchu Station on Keio Line				

A buffet restaurant named after Tohoku Bokujo, a directly managed farm in Aomori. Enjoy dishes made with vegetables, herbs, eggs, and wild plants from the Tohoku Farm to your heart's content.

The spacious interior and open

space are highly praised by many customers. A restaurant that

boasts dishes with plenty of

vegetables and homemade

回航回

WEBSITE

dressing.

ACCESS MAP









13

Eel Kabayaki & Japanese Cuisine UOMOTO

うなぎ・日本料理 魚元

()042-362-2029 https://uomoto.tokyo/ 2-14-14 Fuchucho, Fuchu-shi

Lunch	11:30-14:30 (L013:45)			
Dinner	17:00-21:00 (L020:00)			
Closing Days	Mon.			
Access	5-minute walk from			
	Fuchu Station on Keio Line			

A Japanese restaurant established from the end of the Edo period to the

beginning of the Meiji period and offers specialty eel from Lake Hamana, Dining in a tasteful space with a Japanese garden is perfect for filial piety.



回線回 (A)

WEBSITE







焼肉 丑輪

©042-519-7959 https://gh1d300.gorp.jp/

1F Horin Bldg., 2-23-1 Jogawaracho, Akishima-shi

	17:00-23:00 (L022:30) Lunch 12:00-14:30 (L014:00) Dinner 17:00-22:00 (L021:30)
Closing Days	Tue.
Access	8-minute walk from Akishima JR Station

Ushimitsu proposes not only delicious but also safe and delicious yakiniku based on the concept of a vakiniku restaurant that will be loved by the community for many vears to come. Three generations want to pass on fullness and satisfaction









SORA to DAICHI to 15

空と大地と

©03-5314-7082

https://soradai.kenseikai-group.or.jp/ 2-27-1 HigashiTsutsujigaoka, Chofu-shi

Business Hours 10:30-15:00 (L014:00) Closing Days Sun. Access 2-minute walk from Tsutsujigaoka Station on Keio Line Sora to Daichi to offers meals that cares for customers health as much as possible but does not try too hard.

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WEBSITE

ACCESS MAP

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Cafe Gallery Saezuri

Cafe Gallery さえずり

©042-444-8818

https://cafe-gallery-saezuri.jimdofree.com/ 1F Chofu Central Apt., 1-3-1 Kokuryocho, Chofu-shi

Business Hours 10:30-16:00 (L015:30) Closing Days Sat./Sun./Holidays/Irregular closing Access 3-minute walk from Fuda Station on Keio Line

The cafe owned by Mejiro Workshop for activities to support the independence and promote the social participation of people with disabilities. Wheelchairs and strollers are also welcome.



WEBSITE





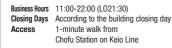
17

UNRYU IPPOUKEN Trie KEIO CHOFU

雲龍一包軒 トリエ京王調布

©042-426-4540

https://kiwa-group.co.jp/unryu_chofu/ 5F Trie Keio Chofu A. 4-4-22 Fuda. Chofu-shi



The Chinese restaurant boasts of dim sum. including Xiaolongbao, which is carefully made one by one by a dim sum master. Eniov a wide variety of dishes, including dumplings and noodles alone, as well as with family, friends, and everyone else.



ACCESS MAP



WEBSITE



Cafe Orange Boots 14 TOHOKU FARM Yakiniku Ushimitsu Chuo Line Eel Kabayaki & Japanese Cuisine UOMOTO 11 12 13 Cafe Gallery Saezuri UNRYU IPPOUKEN Trie KEIO CHOFU 17 16 15 SORA to DAICHI to

Deli&Cafe MomonoMi

デリ&カフェ 桃の実

©042-483-0150

https://instagram.com/momonomi_150 1-31-24 Kamiishiwara, Chofu-shi

Business Hours	10:00-18:00 (L017:30)				
Closing Days	Tue.				
Access	5-minute walk from				
	Nishi-chofu Station on Keio Line				

A lovely small shop to relax with Japanese sweets, such as anmitsu, and coffee.











カフェ ラグラス

©042-344-7199

https://www.cafelaguras.jp/ 1F Vanvert, 1-24-14 Misonocho, Kodaira-shi

Business Hours	10:30-16:00 (L015:30)		
	Lunch 11:30-14:00		
	* Lunch ends when sold out.		
Closing Days	Wed./Thu. (Open on holidays)		
Access	5-minute walk from		
	Kodaira Station on Seibu Line		

Home-style dishes with a little extra care using ingredients from the Seikatsu Club Co-op and local vegetables grown in Kodaira. Take a break with the deliciousness of the ingredients and seasonal foods. A universal restroom with an entrance width of 75 cm is available.







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wc ₩C	wc ਪੈੱਚ	MENU 13	menu A	MENU :::
/		61	1	HALAL

Daidaiya Kodaira south exit 20

橙や 小平南口店

©042-207-9600 https://r.gnavi.co.jp/p777900/ #106 Lune Seven, 1-8-1 Misonocho, Kodaira-shi

11:30-14:30 (L014:30)			
17:00-22:30 (L021:30)			
Tue./Wed.			
1-minute walk from			
Kodaira Station on Seibu Line			

A variety of colorful seasonal dishes. A la carte and courses prepared by the chef.





21

cafe moimoi

cafe moimoi

©042-391-0375

https://cafe-moimoi.owst.jp/en/

3-10-18 Sakaecho, Higashimuravama-shi

Business Hours	11:30-20:00 (L020:00)			
Closing Days	Irregular closing			
Access	1-minute walk from Yasaka Station on Seibu Line			
	8-minute walk from Kumegawa Station on Seibu Line			

Handmade, carefully prepared dishes and cakes.





ACCESS MAP

ACCESS MAP

WEBSITE



Dining Amina 22

Dining Amina

©042-308-1402

https://dining-amina.net/index.html 1F, 2-5-3 Sakaecho, Higashimurayama-shi

Business Hours	17:00-23:00 (L022:30)
Closing Days	Sun./Irregular closing
Access	3-minute walk from Kumegawa Station on Seibu

Welcoming customers with attentive hospitality to help them enjoy the offal hot pot of Shinshu lida beef, creative dishes using handmade ingredients, and alcoholic beverages carefully selected by the owner.









Gusto Higashimurayma Shiyakusyomae ガスト東村山市役所前店

Line

©0570-004-810

https://store-info.skylark.co.jp/gusto/map/017750

1-17-2 Honcho, Higashimurayama-shi

Breakfast	All-day 7:00-10:30 (L010:30)			
Lunch	Weekdays 10:30-17:00 (L017:00)			
	* Regular menu on Sat. and holidays.			
Dinner	17:00-24:00 (L023:30)			
Closing Days	No regular closing day			
Access	10-minute walk from			
	Higashi-Murayama Station on Seibu Line			

A casual restaurant that caters to diverse customers and occasions. Offering various genres of cuisine, mainly Western cuisine, focusing on value for money.





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LO STIVALE

ロ・スティヴァーレ

©042-394-2369 http://www.lo-stivale-it.com/ 3-5-9 Noguchicho, Higashimurayama-shi

Lunch	11:30-15:00 (L014:30)
Dinner	18:00-21:00 (L020:00)
Closing Days	Mon.
Access	10-minute walk from
	Higashi-Murayama Station on Seibu Line

The restaurant offers authentic Italian cuisine focusing on Tuscan cuisine. The ingredients and the space are full of Italian-inspired ingenuity. Enjoy a special moment with a delicious meal.



ACCESS MAP



WEBSITE



Northern Tama Area



Gusto Higashimurayma Shiyakusyomae LO STIVALE Dining Amina cafe moimoi 20 19 - cafe Lagurus Daidaiya Kodaira south exit ------Chuo Line Deli&Cafe MomonoMi

Namaste himal

ナマステ ヒマール 国分寺店

©042-323-2416

https://s.tabelog.com/tokyo/A1325/A132502/13289576/ 1F Fuji Bldg., 2-16-21 Minamicho, Kokubunji-shi

Lunch 11:00-17:00 Dinner 17:00-23:00 Closing Days No regular closing day Access 1-minute walk from Kokubunji JR Station

The popular biryani and melting cheese naan are exquisite! Authentic Indian curry is prepared by the Indian owner.

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hikobae memories

ひこばえメモリーズ

©03-5761-4819

https://instagram.com/hikobaememories

3-9-6 Higashiizumi, Komae-shi

Business Hours	Weekdays 11:30-18:00 (L018:00)
	Sat./Holidays/Year-end and
	New Year holidays 9:30-19:00 (L019:00)
Closing Days	Thu./Irregular closing
	(Generally open on holidays)
Access	1-minute walk from
	Izumi-Tamagawa Station on Odakyu Line

A handmade cafe to relax comfortably with the blessings of nature in a healing space that makes everyone's dreams come true. You can bring your own musical instruments, and the café is pet friendly. A spacious space away from the hustle and bustle with seasonal menus.





WEBSITE





MOG MOG no MORI 27

もぐもぐの森

©042-452-6613

https://instagram.com/mogu_cafe 1F Friendly, 4-17-14 Tanashicho, Nishitokyo-shi

Business Hours	Tue./Wed./Thu./Sat. 11:30-16:30 (L016:00)
	Fri. 11:30-15:30 (L015:00)
Closing Days	Mon./Sun./Holidays
Access	8-minute walk from
	Tanashi Station on Seibu Line

The cafe jointly owned with a disabled person to be a community-based cafe that can be used by anyone other than those without disabilities.



ACCESS MAP



WEBSITE







C-Porte

シーポルテ

©042-445-0122

http://c-porte.aimcraft.jp/

1-6-17 Hibarigaoka, Nishitokyo-shi

Business Hours	11:30-18:00 (L017:00)
Closing Days	Tue./Wed./Thu.
Access	5-minute walk from
	Hibarigaoka Station on Seibu Line

Offering fermented food lunch using handmade fermented seasonings of rice Koji (yeast) that are easy to digest. Seasonal enzyme drinks are also popular. You will be greeted by a friendly dog.











Cafe Fureai 29

喫茶コーナー ふれあい

©042-464-8211

https://m.facebook.com/nishitokyosyougaisyafukushi

1F Yagisawa Community Center, 1-15-1 Yaqisawa, Nishitokyo-shi

Business Hours 10:30-16:15 (L016:05) Closing Days According to the building closing day Access 1-minute walk from Seibu-Yagisawa Station on Seibu Line The cafe Fureai, in the Yagisawa Community Center in Nishitokyo City, opened in 1987 to promote the understanding of people with disabilities in the community. A place for people with disabilities to participate in society.





Kona's Coffee helps customers enjoy Hawaiian food and ambiance

with the concept of "the closest









Kona's coffee Tama newtown

コナズ珈琲 多摩ニュータウン店

©042-674-5001

https://konas-coffee.com/ 2-40 Bessho, Hachioji-shi

Business Hours	Weekdays 10:00-22:00 (L021:00)
	Sat./Sun./Holidays 9:00-22:00 (L021:00)
Closing Days	No regular closing day
Access	20-minute walk from
	Keio-horinouchi Station on Keio Line



ACCESS MAP

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CREAM HONPO Hachioji

クリーム本舗 八王子店

©042-653-9666

https://creamhonpo.crayonsite.net/ 2-5-18 Shimoyugi, Hachioji-shi

	12:00-23:00
Closing Days	No regular closing day
Access	30-minute walk from
	Minami-osawa Station on Keio Line

Enjoy the brûlée crepe made with homemade cream, which won the Food Professional Award 2023, and the unique, smooth creme caramel















4

kitchen & dining pukupuku

キッチン&ダイニング プクプク

©042-673-7737

https://ggks700.gorp.jp/ Keio Retnade Takao C. 1231-16 Hatsuzawamachi, Hachioji-shi

Lunch	11:30-15:00 (L014:00)
Dinner	17:00-22:00 (L021:00)
Closing Days	Tue.
Access	3-minute walk from
	Takao Station on JR and Keio Line

A casual Italian restaurant.



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ACCESS MAP

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WEBSITE



Trattoria & Pizzeria Dai

トラットリア&ピッツェリア Dai 町田本店

©042-860-6191

https://www.pleasure-company.com/trattoria-pizzeria/ 1F Kashimaya Bldg., 1-34-2 Morino, Machida-shi

Business Hours	11:00-23:00 (L022:00)
Closing Days	Irregular closing
Access	5-minute walk from
	Machida Station on Odakyu Line

Pizzas are handmade from the dough and baked in an authentic wood-fired pizza oven. The chef, who is known as "Pizzaiolo," brings you the most delicious pizza!









Sushi & Shabu-Shabu Yuzu-An Tamasakai

寿司・しゃぶしゃぶ ゆず庵 多摩境店

©042-775-6162

https://www.shabu-yuzuan.jp/ 2-7-2 Koyamagaoka, Machida-shi

Lunch 11:00-15:00 (L015:00) Dinner 15:00-24:00 Last entry 22:00 Closing Days 12/31 • 1/1 3-minute walk from Access Tamasakai Station on Keio Line All-you-can-eat sushi and shabu-shabu restaurant specializing in seasonal sushi, a variety of shabu-shabu ingredients. desserts, and more.



ACCESS MAP

WEBSITE







Okonomiyaki Honpo Tamasakai お好み焼本舗 多摩境店

S042-775-7731

https://www.okonomiyaki-honpo.jp/

2-7-1 Koyamagaoka, Machida-shi

Weekdays	Lunch 11:00-16:00 (L016:00)
	Dinner 16:00-23:00 (L022:30)
Sat./Sun./Holiday	Lunch 11:00-15:00 (L015:00)
	Dinner 15:00-23:00 (L022:30)
Closing Days	12/31 • 1/1
Access	3-minute walk from
	Tamasakai Station on Keio Line

An all-you-can-eat restaurant offering okonomiyaki, kushikatsu, teppan-yaki (steak, seafood, etc.), and a wide variety of a la carte dishes.











Bamiyan Hinomanganji

バーミヤン 日野万願寺店

©042-589-0120

https://store-info.skylark.co.jp/bamiyan/map/171536 4-31-2 Manganji, Hino-shi

Business Hours	10:00-24:00 (L023:30)
Closing Days	No regular closing day
Access	15-minute walk from
	Manganji Station on Tama Monorail

A Chinese restaurant to enjoy a variety of dishes including dumplings, ramen, fried rice, and authentic Chinese cuisine at a reasonable price.









KAGONOYA around Tama Center Station store

かごの屋 多摩センター駅前店

S050-1807-8638

https://kagonoya.food-kr.com/0577/

1-2-1 Ochiai, Tama-shi

Lunch Dinner	11:00-15:30 (L015:00) 17:00-21:30 (L021:00)
	* Sat./Sun./Holidays only
	11:00-22:00 (L021:30)
Closing Days	No regular closing day
Access	2-minute walk from
	Keio-tama-center Station on Keio Line

Offering a variety of set menus unique to a Japanese restaurant. Suitable for any celebration, such as Okuizome (first meal for a baby), school entrance or graduation, and longevity.









INASHIRO YAKINIKU SEISAKUJO

稲城焼肉製作所

States 1-3336

https://inashiroyakinikuseisakujyo.com/index.html #201 Fuji Bldg., 1045 Omaru, Inagi-shi

Weekdays	Lunch 11:30-14:00 (L013:30)
	Dinner 17:00-22:00 (L021:30)
Sat./Sun./Holiday	Lunch 11:30-15:00 (L015:00)
Sat.	Dinner 15:00-22:30 (L022:00)
Sun./Holiday	Dinner 15:00-22:00 (L021:30)
Closing Days	Thu.
Access	2-minute walk from Minami-Tama JR Station

"Kind to people" is the motto. A restaurant to enjoy carefully selected Wagyu beef and a lot of alcoholic drinks that go with the meals.

WEBSITE

ACCESS MAP



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Marugen Ramen Ome

丸源ラーメン 青梅店

©0428-78-4655

https://www.syodai-marugen.jp/ 3-24-11 Higashiome, Ome-shi

Business Hours 10:30-24:00 (L023:40) Closing Days 12/31 • 1/1 Access 12-minute walk from Higashi-Ome JR Station In a bright and spacious environment, relax and enjoy the signature food Jukusei Shoyu Ramen Niku Soba (ramen in soy-sauce based soup with meat). Each portion made-to-order in a saucepan.







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Unagi no Unakou うなぎのうな幸

©0428-85-9495

https://tabelog.com/tokyo/A1330/A133003/13288894/ 1-30-4 Baigo, Ome-shi

Business Hours 11:00-20:00 (L019:30) Closing Days Thu. Access 16-minute walk from Hinatawada JR Station

The restaurant name is based on the wish to "make customers happy by eating eels." Alive, fresh, and delicious Japanese eels are purchased and prepared in the restaurant.

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SAKANAYA-DOJO Akigawa

さかなや道場 秋川駅前店

©042-532-7621 https://sakanayadojo.com/akikawa/ 1F, 1-1-1 Akigawa, Akiruno-shi

Business Hours 16:00-23:00 (L022:00) Closing Days No regular closing day 1-minute walk from Akigawa JR Station Access

An izakaya to enjoy the popular tuna and other fresh fish at a reasonable price. In particular, tuna is offered as sashimi and sushi, and other dishes use its rare parts. Very popular among people of all ages.



ACCESS MAP



WEBSITE





KIRIUAN

桐生庵

©042-533-2522

https://kiriuan-akiruno.com/ 125-10 Aburadai, Akiruno-shi

Business Hours	11:00-15:00
Closing Days	Wed./3rd Tue.
Access	6-minute walk from Akigawa JR Station

The traditional Japanese-style warehouse door and Mashiko-ware will welcome guests. Experience an extraordinary relaxing time with precious family and friends. Enjoy the flavor of three different types of soba each made from different buckwheat carefully selected by the owner and three different broths.











Kiyoumaru 1

雑魚や 紀洋丸

©04992-2-1414

https://www.instagram.com/kiyomaru_izuoshima Motomachi Manose, Oshima-machi

Lunch Dinner Access

11:30-13:30 17:30-20:00 Closing Days Thu./Sun./Irregular closing 5-minute walk from Shicho-mae bus stop

The Zako of the restaurant name refers to a variety of fish. Fish that are rarely shipped to Tokyo are also used. Offering various local dishes unique to the island.



Feel Hachijojima through the food that sustains life. The restaurant serves creative

seafood dishes under the theme of "local

sincerity. Offering an easygoing atmosphere.







gyokai sosaku ryori jizakanadokoro uohachitei

魚介創作料理 地魚処 魚八亭

©04996-2-2807

https://uohachitei.com/hachijo/ 198-1 Mitsune, Hachijo-machi

Breakfast	7:00-10:00
Lunch	11:00-15:00
Dinner	17:00-22:00
Closing Days	Irregular closing
Access	20-minute walk from Hachijojima Airport







3

Bonina(ボニーナ)

© 04998-2-3027

Bonina

https://www.instagram.com/bonina_ogasawara/ Chichijima Higashimachi, Ogasawara-mura

Lunch	11:30-14:00 (L013:30)
Dinner	17:30-23:00 (L022:00)
Closing Days	Irregular closing
Access	3-minute walk from Port of
	Futami Passenger Terminal



A restaurant with a high-ceilinged interior and open-air terrace seating that has been loved by the islanders for many years. Dishes made with island ingredients, homemade pizzas and steamed meat dumplings are popular. Enjoy a bowl of poke-don with island fish on the terrace for lunch with a view of the ocean



WEBSITE









Issued by Welcoming Environment Promotion Section, Tourism Division, Bureau of Industrial and Labor Affairs, Tokyo Metropolitan Government 2-8-1, Nishi-Shinjuku, Shinjuku-ku, Tokyo 163-8001 Japan TEL 03-5320-4802 TOKYO ACCESSIBLE RESTAURANT 東京都飲食店パリアフリーガイド Issued in March 2024 Registration number: (5)199