



TOKYO MUSLIM

Travelers' Guide 2024-2025

Pray • Eat • Shop • Stay



Welcome to TOKYO!





Welcome to Tokyo!

The Tokyo Muslim Travelers' Guide is designed to make your visit to Tokyo as comfortable, The restaurants, lodgings, places of worship, and shops in this guide do their utmost to This guide also presents you with opportunities to experience Japan's traditional culture Even establishments which primarily cater to Japanese customers are often able to accommodate Staff may be able to make changes such as menu substitutions, so please feel free to ask if We wish you, our Muslim friends, an enjoyable and truly memorable stay in Tokyo!

enjoyable, and meaningful as possible.
accommodate the lifestyles and customs of Muslim guests.
and cuisine.
the needs of Muslims.
you need anything at all.

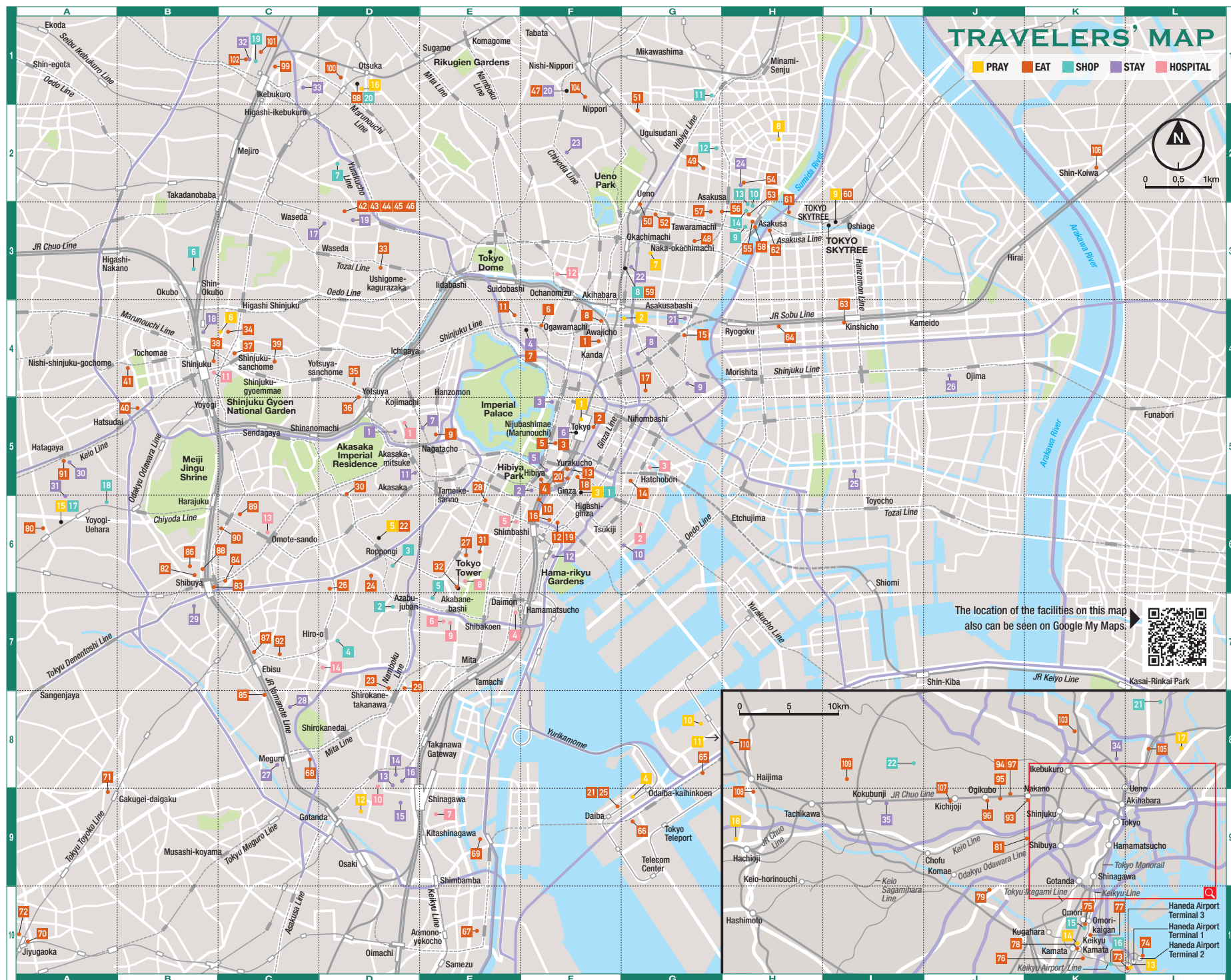
Icon Guide

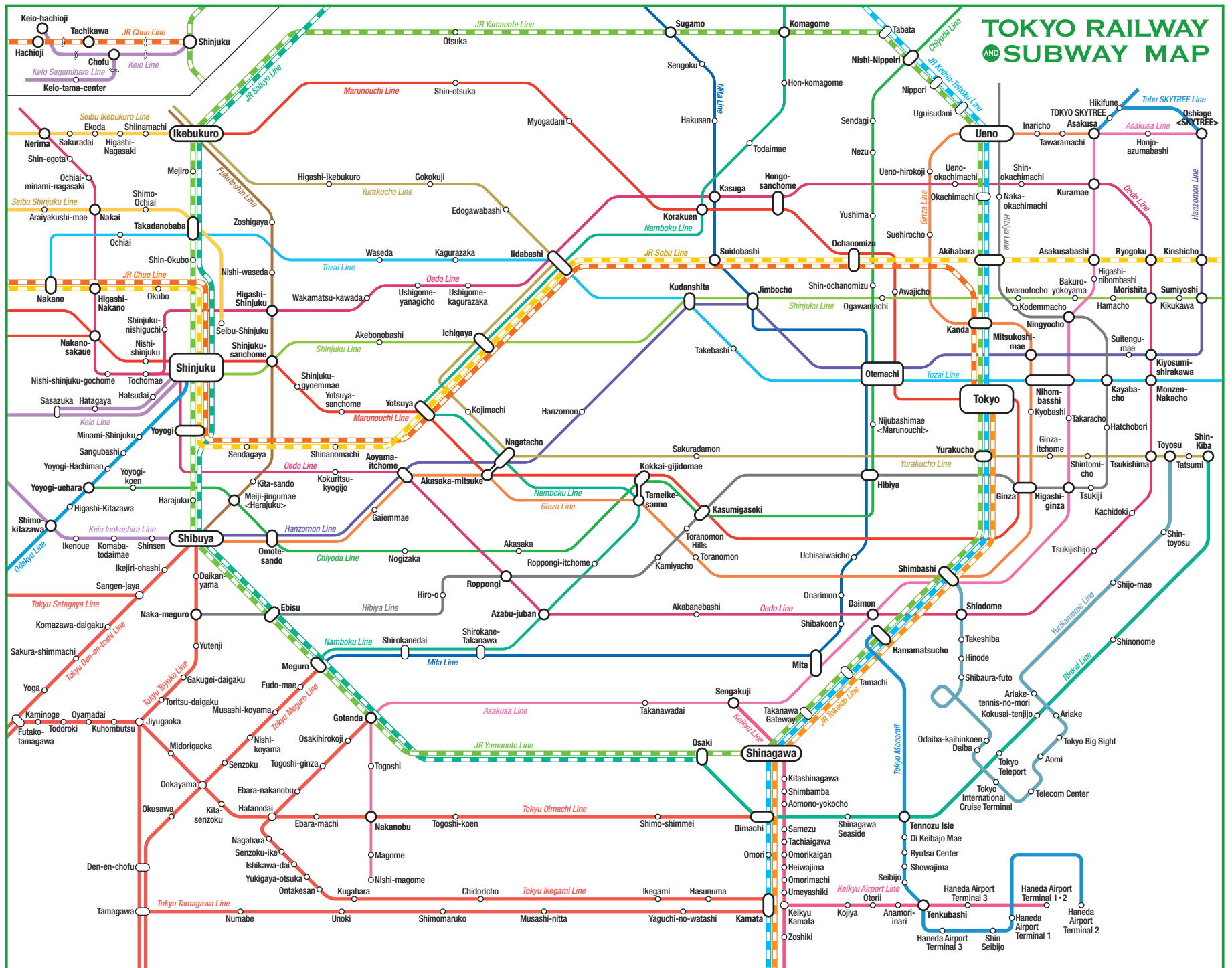
Muslim restaurant owner	Muslim staff	Muslim chef(s)	No pork	English assistance available	English menu available	Food ingredients are indicated	Halal-certified meat	Separate kitchens for halal food preparation	Dedicated cooking utensils for halal food	Dedicated cutlery for halal food
Disposable eating utensils provided	Vegetarian dishes available	Pork-free dishes/products available	Alcohol-free dishes/products available	Alcoholic beverages not available	Non-alcoholic beverages available	Alcohol served separately	Halal seasonings used	Private room	Staff with knowledge of Islamic customs	Qibla direction indicated
								Consumption tax Consumption tax at shops, restaurants, etc. is 10%. Please note whether the tax is included in the indicated price depends on the shop and product. Foods and beverages are subject to the reduced tax rate of 8% in some cases. Visit the following website for more information. https://www.nta.go.jp/english/taxes/consumption_tax/01.htm#t10		
Dedicated area for salat	Items for prayer available on request	Facilities provided for ceremonial cleansing	Dedicated rooms for Muslim guests	Muslim-appropriate rooms can be reserved	Muslim-friendly menu available	Free Wi-Fi	TAX FREE TAX-FREE			

Note 1: For further information, please directly contact the restaurants, lodgings, places of worship, and shops listed. Note 2: This guidebook is based on the information provided by the establishments as of November 2023. Please bear in mind that details are subject to change without prior notice.

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Dining—JAPANESE FOOD



Sushi

Sushi is one of the most famous and delicious Japanese dishes. Tokyo has one of the best selections of fresh fish in the world, making it worth to taste.



Tempura

Tempura is made using a batter of flour and water, and usually deep-fried in vegetable oil. Vegetables, fish, and shrimp are common tempura ingredients.



Soba

Soba is a type of noodle made with buckwheat flour, usually served with a dipping sauce or in soy sauce-based soup. It is a traditional Japanese dish that is often Muslim-friendly.



Ramen

Generally, ramen consists of wheat noodles, served in a meat or fish-based broth, topped with sliced pork, eggs, etc., but there are a number of restaurants that offer ramen without pork. There are also vegetarian and vegan ramen shops with the indication of ingredients.

! Be Careful!



Many dishes in Japan may contain alcohol (adding a condiment called “mirin”), pork, or gelatin even if not stated on the menu. This includes major Japanese condiments such as soy sauce and soy sauce-based soup, as they may include alcohol. Some restaurants offer a detailed list of ingredients available for reference. Also, some sushi restaurants can make sushi without mirin (a kind of alcohol) upon request.

Convenience Stores

Some foods contain preservatives and other non-halal ingredients, but there are a variety of affordable and delicious Muslim-friendly options available.



Tips for Getting by Smoothly in Japan

Exploring a new culture can sometimes be both surprising and frustrating.

To help navigate any potential difficulties, here are some tips for getting around in Japan.

On the Train

When using public transportation (buses and trains, etc.), avoid speaking loudly or talking on the phone as it may disturb others. Make sure to put your phone in silent mode. You should turn off your phone completely in the priority seating area on a crowded train. In inner-city areas, some train cars are exclusively for women during certain hours and days.

In Town

Littering, smoking on the street, and smoking while walking are strictly prohibited in certain areas. Throw any trash you may have in the public bins provided, or take it home with you. Smokers should only smoke in designated areas. When buying tickets, using transportation, and entering facilities or stores, stand in line and wait for your turn.

Taking Photos

Taking photos while traveling in Japan can be a fun thing to do. However, be careful as Japan may have some different rules from those of your own country. Selfie sticks are not allowed in public places. Respect the rules and regulations of each facility. Avoid running out into the street or stepping into private properties such as residential areas or farmlands. When you decide to upload photos on social media and the like, first pause and consider whether there might be any possible invasion of people's privacy rights.

Using Toilets



止 — Stop
おしり — Wash bottom
ビデ — Bidet
乾燥 — Drying function
大 — Large flush
小 — Small/eco flush



Put your phone in silent mode



Quiet please



Do not throw rubbish



No smoking



No photography



Photography permitted

A number of public restrooms feature wheelchair-accessible toilets and diaper changing tables. Many toilets in Japan have a toilet seat with bidet functions like Washlet. Here is the image of control buttons of the main functions typically seen in a public restroom.

PRAY

Throughout Tokyo, you'll find several places of worship, from majestic dome-ceilinged mosques to prayer rooms owned and operated by Muslims in Tokyo. They also serve as a place of gathering for Muslims who wish to pray together, as well as an ideal way to meet and share information.

1 JR EAST Travel Service Center

東京駅 JR東日本 駅たびコンシェルジュ東京

MAP F-5
Musalla

Hours: 10:00-17:00
Closed days: Open 365 days
Address: 1-9-1 Marunouchi, Chiyoda City
Access: Tokyo (JR, Subway)



ACCESS MAP



2 Masjid Nusantara-Akihabara

マシジヌサンタラ秋葉原

MAP G-4
Masjid

Hours: 10:00-19:00
Closed days: Open 365 days
Address: Yamaume Bldg. 5F, 2-17 Kanda-Sudacho, Chiyoda City
Access: Akihabara (JR, Subway, TX)



WEBSITE



ACCESS MAP



3 Matsuya Ginza

松屋銀座

MAP F-5
Musalla

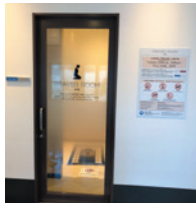
Hours: Varies depending on the facility
Closed days: Varies depending on the facility
Address: 3-6-1 Ginza, Chuo City
Access: Ginza (Subway)



WEBSITE



ACCESS MAP



4 DECKS Tokyo Beach

デッキス東京ビーチ

MAP G-9
Musalla

Hours: 11:00-21:00
Closed days: No fixed holiday
Address: 1-6-1 Daiba, Minato City
Access: Odaiba-kaihinkoen (Yurikamome), Tokyo Teleport (Rinkai)



WEBSITE



ACCESS MAP



5 TOKYO MIDTOWN

東京ミッドタウン

MAP D-6
Musalla

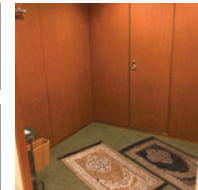
Hours: 11:00-21:00
Closed days: Jan. 1
Address: 9-7-1 Akasaka, Minato City
Access: Roppongi (Subway), Nogizaka (Subway)



WEBSITE



ACCESS MAP



6 Masjid Al-Ikhlas Kabukicho

マスジダル=イフラス歌舞伎町

MAP C-4
Masjid

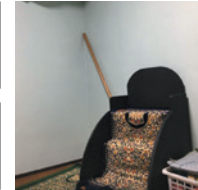
Hours: 4:00-22:00
Closed days: Open 365 days
Address: 1-3-10 Kabukicho, Shinjuku City
Access: Shinjuku (JR, Subway, Keio, Odakyu)



WEBSITE



ACCESS MAP



7 As-Salaam Masjid

アッサラームマスジド

MAP G-3
Masjid / Musalla

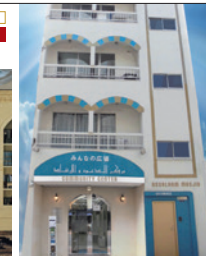
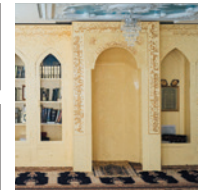
Hours: 11:00-21:00
Closed days: Open 365 days
Address: As-Salaam Bldg., 4-6-7 Taito, Taito City
Access: Okachimachi (JR), Naka-okachimachi (Subway), Shin-okachimachi (Subway, TX), Ueno-okachimachi (Subway), Ueno-hirokoji (Subway)



WEBSITE



ACCESS MAP



8 Dar Al-Arqam Masjid

ダール・ル=アルカム マスジド(浅草マスジド)

MAP H-2
Masjid / Musalla

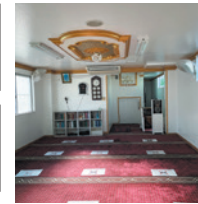
Hours: 4:00-23:00
Closed days: Open 365 days
Address: 1-9-12 Higashi-Asakusa, Taito City
Access: Minami-Senju (JR, Subway, TX), Asakusa (Subway, Tobu, TX)



WEBSITE



ACCESS MAP






9 TOKYO SKYTREE TOWN
東京スカイツリータウン

MAP G-13 Musalla

☎0570-55-0102
<https://www.tokyo-solamachi.jp/en/>

Hours: Musalla: 10:00–21:00
Closed days: No fixed holiday
Address: 1-1-2 Oshiage, Sumida City
Access: TOKYO SKYTREE (Tobu), Oshiage (SKYTREE) (Subway, Keisei)

ACCESS MAP




10 SMALL WORLDS
スモールワールドズ

MAP G-8 Musalla

☎03-5843-8660
<https://smallworlds.jp/en/>

Hours: Musalla: 9:00–19:00
Closed days: Jan. 1
Address: Ariake Butsuryu Center, 1-3-33 Ariake, Koto City
Access: Ariake-tennis-no-mori (Yurikamome), Kokusai-tenjiro (Rinkai)

ACCESS MAP

11 Sumitomo Fudosan Shopping City "Ariake Garden"
住友不動産ショッピングシティ有明ガーデン

MAP G-8 Musalla

☎0570-077-711
<https://www.shopping.sumitomo-rd.com/ariake/shopping>

Hours: Shop, Musalla: 10:00–21:00 Restaurant: 11:00–23:00
Closed days: No fixed holiday
Address: 2-1-8 Ariake, Koto City
Access: Ariake (Yurikamome), Kokusai-tenjiro (Rinkai)

ACCESS MAP





12 Japan Muslim Association (Islamic Culture Exchange Center in Japan)
宗教法人日本ムスリム協会 (日本イスラーム文化交流会館)

MAP D-9 Masjid / Musalla

☎03-6277-3561
www.muslim.or.jp

Hours: 10:00–18:00
Closed days: Sat, Sun, holidays
Address: 3-17-23 Higashi-Gotanda, Shinagawa City
Access: Gotanda (JR, Subway, Tokyo)

ACCESS MAP





13 Haneda Airport Terminal 3
羽田空港第3ターミナル

MAP L-10 Musalla

☎03-5757-8111
<https://tokyo-haneda.com/en/>

Hours: Open 24 hours
Closed days: Open 365 days
Address: 2-6-5 Haneda Airport, Ota City
Access: Haneda Airport Terminal 3 (Keiiku, Tokyo Monorail)

ACCESS MAP





14 Kamata Masjid
(社団法人) 蒲田マシジド

MAP K-10 Masjid

☎080-4004-7786
www.kamatamasjid.com

Hours: 15 min. before Fajr–22:00
Closed days: Open 365 days
Address: 5-1-2 Kamata, Ota City
Access: Kamata (JR, Tokyo)

ACCESS MAP





15 Tokyo Camii & Diyanet Turkish Culture Center
東京ジャーミイ・ディヤナト トルコ文化センター

MAP A-6 Masjid / Musalla

☎03-5790-0760
<https://tokyocamii.org/>

Hours: 10:00–18:00 (Fajr, Zohar, Asar, Maghrib & Isha prayer time open)
Closed days: Open 365 days
Address: 1-19 Oyamacho, Shibuya City
Access: Yoyogi-uehara (Subway, Odakyu)

ACCESS MAP








16 Masjid Otsuka
マシジド大家

MAP D-1 Masjid / Musalla

☎03-3971-5631
<https://www.islam.or.jp/en/>

Hours: Fajr–Isha
Closed days: Open 365 days
Address: 3-42-7 Minami-Otsuka, Toshima City
Access: Otsuka (JR), Shin-otsuka (Subway), Otsuka-ekimae (Toden)

ACCESS MAP




17 Makki Masjid Tokyo
マッキーマシジド東京 (モスク)

MAP J-1 Masjid

☎03-5670-7426
www.masjid-finder.jp/pray/16/

Hours: Open 24 hours
Closed days: Open 365 days
Address: 5-22-14 Yotsugi, Katsushika City
Access: Ohanajaya (Keisei)
* For Men Only

ACCESS MAP

18 Al Tawheed Masjid Hachioji
ハ王子マシジド

MAP H-9 Masjid

☎042-620-5551/070-7471-0007
www.altawheedmasjidhachioji.jp/

Hours: 9:00–18:00
Closed days: Open 365 days
Address: Najido Bldg., 36-6 Hiraokacho, Hachioji City
Access: Hachioji (JR), Keio-hachioji (Keio)

ACCESS MAP





EAT

Besides the most well-known Japanese foods such as sushi, sashimi, and tempura, Tokyo offers a culinary cornucopia of regional and international dining. Choose any type of restaurant, from casual eateries to long-standing, traditional dining establishments, or even restaurants specializing in your native country's cuisine!



Muslim Friendly Dining

1 Al Mina

アルミナ

☎03-3526-2489
www.almina-restaurant.com

MAP F4
Middle Eastern food



Lunch ¥1,000 Dinner ¥3,500

Hours: 11:30-14:30 (L.O. 13:30) (Reservation only), 17:00-22:00 (L.O. 21:00)
Closed days: No fixed holiday
Address: Genki Bldg., 2-2-3 Kanda-Tacho, Chiyoda City
Access: Kanda (JR, Subway)



WEBSITE



ACCESS MAP



2 Banger's Spice Bistro & Cafe Tokyo Station

バンゲラススパイスビストロ&カフェ東京駅

☎03-6665-9673
https://www.bangeraskitchen.com/bsbc/

MAP F5
Middle Eastern food



Lunch ¥1,300 Dinner ¥2,500

Hours: 11:00-23:00 (Food L.O. 22:15, Drink L.O. 22:30)
Closed days: According to the facility's closed days
Address: GRANSTA YAEKITA 1F, 1-9-1 Marunouchi, Chiyoda City
Access: Tokyo (JR, Subway)



WEBSITE



ACCESS MAP



3 Blanc Rouge /THE TOKYO STATION HOTEL

ブラン ルージュ/東京ステーションホテル

☎03-5220-0014

https://www.thetokystationhotel.jp/restaurants/shop/restaurant-blancrouge/

MAP F5
Western food



WEBSITE

Lunch ¥12,000 Dinner ¥15,000

Hours: 11:30-15:00 (L.O. 14:00), 17:30-21:00 (L.O. 20:00)
Closed days: Open 365 days
Address: 1-9-1 Marunouchi, Chiyoda City
Access: Tokyo (JR, Subway)



ACCESS MAP



4 INDIAN RESTAURANT DIYA TOKYO MIDTOWN HIBIYA

インド料理DIYA 東京ミッドタウン日比谷店

☎03-6550-8765

https://r.gnavi.co.jp/72vxeze20000/

MAP F5
Other foods



WEBSITE

Lunch ¥1,340 Dinner ¥2,970

Hours: 11:00-16:00, 16:00-22:30 (L.O. 21:30)
Closed days: Jan. 1, Varies depending on the facility
Address: Tokyo Midtown Hibiya 2F, 1-1-2 Yurakucho, Chiyoda City
Access: Hibiya (Subway)



ACCESS MAP



5 Maharaja Marunouchi

マハラジャ丸の内

☎03-5221-8271

https://www.maharaja-group.com/en/

MAP F5
Indian



Lunch ¥980 Dinner ¥1,500

Hours: 11:00-22:00 (L.O. 21:30) (Mon-Fri), 11:00-20:00 (L.O. 19:30) (Sat, holidays)
Closed days: Sun
Address: 2-1-1 Marunouchi, Chiyoda City
Access: Tokyo (JR, Subway), Nijubashimae (Subway)



WEBSITE



ACCESS MAP



6 Mazulu Halal Beef Noodle

馬子禄牛肉面

☎03-6811-7992

https://lanzhou-lamian.com/english

MAP F4
Ramen



Lunch ¥1,050 Dinner ¥1,050

Hours: 11:00-15:00, 17:00-20:30
Closed days: Open 365 days
Address: 1-3-18 Kanda-Jimbocho, Chiyoda City
Access: Jimbocho (Subway)



WEBSITE



ACCESS MAP



7 SAKURA CAFE JIMBOCHO

サクラカフェ神保町

☎03-3261-3939
www.sakura-cafe.asia/jimbocho/

MAP F-4
Cafe



Lunch ¥900 Dinner ¥1,000

Hours: 11:30–21:00

Closed days: Open 365 days

Address: Sakura Hotel Jimbocho, 2-21-4 Kanda-Jimbocho, Chiyoda City

Access: Jimbocho (Subway)



WEBSITE



ACCESS MAP



8 Siddique Akihabara Kandasudacho

シディーク秋葉原 神田須田町店

☎03-5296-9310
www.siddique.co.jp

MAP F-4
Asian food



Lunch ¥950 Dinner ¥1,250

Hours: 11:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: Asaga Bldg. 1-2F, 1-7-15 Kanda-Sudacho, Chiyoda City

Access: Akihabara (JR, Subway, TX), Kanda (JR, Subway), Iwamotocho (Subway)

*Jimbocho branch is also nearby.



WEBSITE



ACCESS MAP



11 TORKARI JIMBOCHO

トルカリ神保町

☎03-6721-5514
www.torkar.jp/en/

MAP F-4
Curry



Lunch ¥1,100 Dinner ¥2,100

Hours: 11:00–15:00, 17:00–22:30 (L.O. 22:00) (Mon–Fri), 11:00–15:00, 17:00–22:00 (L.O. 21:30) (Sat)

Closed days: Sun

Address: PHOENIX Jimbocho Bldg. B1–1F, 2-34 Kanda-Jimbocho, Chiyoda City

Access: Jimbocho (Subway), Kudanshita (Subway), Suidobashi (JR)



WEBSITE



ACCESS MAP



12 Annam Indian Restaurant Ginza

アナム本格インド料理銀座

☎03-6280-6708
https://annam-indian-restaurant.owst.jp/en/

MAP F-6
Asian food



Lunch ¥1,000 Dinner ¥2,000

Hours: 11:00–15:30 (L.O. 15:00), 17:00–23:00 (L.O. 22:30) (Mon–Tue), 11:00–15:30 (L.O. 15:00), 17:00–23:30 (L.O. 23:00) (Wed–Fri), 11:00–24:00 (L.O. 23:30) (Sat, Sun, holidays)

Closed days: Open 365 days Address: Ginza 8-chome No. 10 Bldg. B1F, 8-10-8 Ginza, Chuo City

Access: Ginza (Subway), Shimbashi (JR, Subway, Yurikamome)



WEBSITE



ACCESS MAP



9 Siddique Hanzomon

シディーク半蔵門店

☎03-3262-3370
www.siddique.co.jp

MAP E-5
Asian food



Lunch ¥950 Dinner ¥1,500

Hours: 11:00–15:00, 17:00–22:30 (L.O. 22:00)

Closed days: Sun, holidays

Address: 2-12-2 Hirakawacho, Chiyoda City

Access: Nagatacho (Subway), Hanzomon (Subway)



WEBSITE



ACCESS MAP



10 SOLEIL HIBIYA OKUROJI

SOLEIL 日比谷 OKUROJI 店

☎03-6205-8873
https://soleil.kitchen/

MAP E-6
Other foods



Lunch ¥1,100 Dinner ¥5,000

Hours: 11:30–14:00, 14:00–17:00, 17:00–22:00 (L.O. 21:30)

Closed days: New Year holidays

Address: HIBIYA OKUROJI (H-8), 1-7-1 Uchisaiwaicho, Chiyoda City

Access: Yurakucho (JR, Subway), Shimbashi (JR, Subway, Yurikamome)



WEBSITE



ACCESS MAP



13 Bangera's Kitchen

バンゲラスキッチン

☎03-3561-5516
https://www.bangeras-kitchen.com/en/

MAP E-5
Asian food



Lunch ¥1,800 Dinner ¥5,000

Hours: 11:00–17:00 (L.O. 16:40), 17:00–23:00 (L.O. 22:15)

Closed days: Jan. 1, Varies depending on the facility

Address: Ginza Inz 2F, 2-2 Ginza-Nishi, Chuo City

Access: Ginza (Subway), Yurakucho (JR, Subway)



WEBSITE



ACCESS MAP



14 Bangera's Spice Bistro & Cafe Hatchobori

バンゲラススパイスビストロ&カフェ八丁堀

☎03-6222-9998
https://www.bangeras-kitchen.com/bsbc/

MAP G-5
Middle Eastern food



Lunch ¥1,300 Dinner ¥2,500

Hours: 11:30–15:00 (L.O. 14:30), 17:00–22:00 (L.O. 21:15)

Closed days: Sat, Sun, holidays

Address: SK Bldg. 1F, 4-8-12 Hatchobori, Chuo City

Access: Hatchobori (JR, Subway)



WEBSITE



ACCESS MAP



15 Dakshin Higashi Nihombashi

南インド料理ダクシン東日本橋

☎03-3249-9155

<https://dakshin.jp/en/>

MAP G-4

Asian food



Lunch ¥1,000 Dinner ¥3,000

Hours: 11:00–22:00 (L.O.) (Tue–Fri), 11:00–14:30 (L.O.), 17:30–21:00 (L.O.) (Sat, Sun, holidays)

Closed days: Mon

Address: 1-12-1 Nihonbashi-Bakurocho, Chuo City

Access: Higashi-nihombashi (Subway), Bakurocho (JR)



WEBSITE



ACCESS MAP



16 KHAN KEBAB BIRYANI

カーンケバブ ビリヤニ銀座店

☎03-6280-6242

<https://tabelog.com/tokyo/A1301/A130103/13170211/>

MAP F-6

Asian food



Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00–15:00, 17:00–22:30

Closed days: Open 365 days

Address: Hakuhinkan Bldg. 6F, 8-8-11 Ginza, Chuo City

Access: Ginza (Subway), Shimbashi (JR, Subway, Yurikamome)



WEBSITE



ACCESS MAP



17 LUXE BURGERS Sunny's Table

リュクスバーガーズ & サニーステーブル

☎03-6206-2466

<https://lux-burgers.com/halal/>

MAP G-4

Other foods



Lunch ¥1,200 Dinner ¥2,000

Hours: 11:30–21:00

Closed days: Open 365 days

Address: Nihonbashi Kobunacho Bldg. 1F, 6-13 Nihonbashi-Kobunacho, Chuo City

Access: Ningyocho (Subway), Kodenmacho (Subway), Mitsukoshimae (Subway)



WEBSITE



ACCESS MAP



18 Nirvanam Ginza Branch

ニルヴァナム 銀座

☎050-5487-9995

<https://gc3h308.gorp.jp/>

MAP F-5

Other foods



Lunch ¥1,320 Dinner ¥2,500

Hours: 11:00–15:00 (L.O. 14:30) (Mon–Fri), 11:00–16:00 (L.O. 15:30) (Sat, Sun, holidays), 17:00–22:00 (L.O. 21:45)

Closed days: No fixed holiday

Address: Ginza Velviakan Bldg. 7F, 2-4-6 Ginza, Chuo City

Access: Ginza-itchome (Subway)



WEBSITE



ACCESS MAP



19 Tenderloin

デンダーロイン

☎03-6264-5990

<https://providencepooch.wixsite.com/tenderloin>

MAP F-6

Western food



Dinner ¥6,500

Hours: 18:00–5:00

Closed days: Sun

Address: Ginza 8-chome No. 10 Bldg. B1F, 8-10-8 Ginza, Chuo City

Access: Shimbashi (JR, Subway, Yurikamome)
*Kitashinchi Yakiniku Satsuma Roppongi branch and Ginza branch are also in Tokyo.



WEBSITE



ACCESS MAP



21 GREEN ASIA TOKYO AquaCity Odaiba

GREEN ASIA TOKYO AquaCity Odaiba

☎03-6426-0633

<https://greenasia-tokyo.apage.jp/>

MAP F-9

Asian food



Lunch ¥1,500 Dinner ¥2,500

Hours: 11:00–23:00

Closed days: Open 365 days

Address: AquaCity Odaiba 6F, 1-7-1 Daiba, Minato City

Access: Daiba (Yurikamome), Tokyo Teleport (Rinkai)



WEBSITE



ACCESS MAP



20 TENDON GINZA ITSUKI

天井専門 銀座いつき

☎03-6263-2988

www.grandcuisine.jp/group3

MAP F-5

Japanese food



Lunch ¥1,100 Dinner ¥1,100

Hours: 11:00–16:00 (L.O. 15:30), 17:30–21:00 (L.O. 20:40)

Closed days: Jan. 1

Address: Ginza Inz1 2F, 3-1 Ginza-Nishi, Chuo City

Access: Yurakucho (JR, Subway)



WEBSITE



ACCESS MAP



22 HAL YAMASHITA TOKYO

HAL YAMASHITA 東京本店

☎03-5413-0086

www.halyamashita.com/en/

MAP D-6

Japanese food



Lunch ¥4,500 Dinner ¥17,000

Hours: 11:00–15:00 (L.O. 14:30), 17:30–23:00 (L.O. 22:00)

Closed days: Mon, Varies depending on the facility

Address: Tokyo Midtown 1F D-0119, 9-7-4 Akasaka, Minato City

Access: Roppongi (Subway)



WEBSITE



ACCESS MAP



23 Himalaya Curry Shirokane

ヒマラヤカレー白金店

☎03-5791-1197

<https://tabelog.com/tokyo/A1316/A131602/13091604/>

MAP D-7

Curry



Lunch ¥950 Dinner ¥1,500

Hours: 11:00-16:00, 16:00-25:00

Closed days: Open 365 days

Address: Shirokane Village 1F,

1-29-13 Shirokane, Minato City

Access: Shirokane-takanawa (Subway)

*Sangubashi branch is also in Tokyo.



WEBSITE



ACCESS MAP

**24 INDIAN RESTAURANT DIYA ROPPONGI HILLS**

インド料理DIYA 六本木ヒルズ店

☎03-6438-1177

www.diya-dining.jp/

MAP D-6

Other foods



Lunch ¥1,100 Dinner ¥3,000

Hours: 11:00-16:00, 16:00-23:00 (L.O. 22:00)

Closed days: Open 365 days

Address: Roppongi Hills Hillside B1F, 6-10-1

Roppongi, Minato City

Access: Roppongi (Subway)



WEBSITE



ACCESS MAP

**27 Nirvanam Kamiyacho Branch**

ニルワナム 神谷町

☎03-3433-1217

www.nirvanam.jp

MAP E-6

Asian food



Lunch ¥1,320 Dinner ¥2,500

Hours: 11:00-15:00 (L.O. 14:30), 17:30-22:30 (L.O. 22:00)

Closed days: Open 365 days

Address: Kyuei Bldg. 2F, 3-18-21 Toranomon,

Minato City

Access: Kamiyacho (Subway)



WEBSITE



ACCESS MAP

**28 Nirvanam Toranomon Branch**

ニルワナム 虎ノ門

☎050-5485-9761

<https://nirvanamtoranomon.gorp.jp/>

MAP E-6

Other foods



Lunch ¥1,320 Dinner ¥2,500

Hours: 11:00-15:00 (L.O. 14:30), 17:30-22:30 (L.O. 22:00)

Closed days: Open 365 days

Address: Toranomon Jitsugyo Kaikan B1F, 1-1-

20 Toranomon, Minato City

Access: Toranomon (Subway)



WEBSITE



ACCESS MAP

**25 Indian Restaurant Mumbai AQUA CITY ODAIBA**

インド料理ムンバイアークアシティお台場+Tandoori Grill

☎03-6457-1566

<https://mumbai-odaiba.com/>

MAP E-9

Asian food



Lunch ¥1,300 Dinner ¥2,500

Hours: 11:00-23:00 (L.O. 22:00)

Closed days: No fixed holiday

Address: AQUA CITY ODAIBA 6F, 1-7-1 Daiba,

Minato City

Access: Daiba (Yurikamome), Tokyo Teleport

(Rinkai)



WEBSITE



ACCESS MAP

**26 Japanese BBQ USHIZAKA**

炭火焼肉うしざか

☎03-6452-6929

https://instagram.com/yakiniku_ushizaka?gshid=MzRiODBiNWZkA==

MAP D-6

Yakiniku



Dinner ¥8,000

Hours: 17:00-23:00 (L.O. 22:00) (Mon-Thu), 17:00-3:00 (L.O. 2:00) (Fri, Sat, Sun)

Closed days: Open 365 days

Address: Tamaru Bldg. B1, 4-3-2

Nishi-Azabu, Minato City

Access: Hiro-o (Subway), Roppongi (Subway)



WEBSITE



ACCESS MAP

**29 SAMRAT Curry House Takanawa**

サムラート カレーハウス 高輪店

☎03-5420-9230

www.samrat.co.jp/

MAP D-7

Curry



Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00-25:00 (L.O. 24:30)

Closed days: New Year holidays

Address: 1-2-1 Takanawa, Minato City

Access: Shirokane-takanawa (Subway)



WEBSITE



ACCESS MAP

**30 SAMRAT Minamiaoyama**

サムラート南青山店

☎03-3408-5656

www.samrat.co.jp/

MAP D-5

Curry



Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00-22:30 (L.O. 22:00)

Closed days: New Year holidays

Address: Toei Apartment 1F, 1-3-6 Minami-

Aoyama, Minato City

Access: Aoyama-itchome (Subway)



WEBSITE



ACCESS MAP



31 Shoujin Cuisine DAIGO

精進料理 醍醐

☎03-3431-0811

https://atago-daigo.jp/index_en.html

MAP E-6

Japanese food



WEBSITE

Lunch ¥20,000 Dinner ¥25,000

Hours: 11:30–15:00 (L.O. 13:00), 17:00–22:00 (L.O. 20:00)

Closed days: New Year holidays

Address: Atago Forest Tower, 2-3-1 Atago, Minato City

Access: Kamiyacho (Subway)



ACCESS MAP



32 Siddique Palace Tokyo Tower

シディーパレス東京タワー店

☎03-6403-1808

www.siddique.co.jp

MAP E-6

Curry



WEBSITE

Lunch ¥1,200 Dinner ¥2,000

Hours: 11:00–15:00, 17:00–22:00 (L.O. 21:30) (Mon-Fri),

11:00–22:00 (L.O. 21:30) (Sat, Sun, holidays)

Closed days: Open 365 days

Address: Foot Town in Tokyo Tower 2F, 4-2-8

Shibakoen, Minato City

Access: Akabanebashi (Subway)

*Haneda branch is also in Tokyo.



ACCESS MAP



35 Halal Ramen Shinjuku

ハラルラーメン 新宿

☎070-9006-1802

MAP D-4

Ramen



¥1,500

Hours: 11:30–15:00, 17:00–22:00 (L.O. 21:30)

Closed days: Wed

Address: Ueno Bldg. B1F, 1-23 Yotsuya, Shinjuku City

Access: Yotsuya (JR, Subway)



ACCESS MAP



36 Jingsukan Tarim

ジンギスカン たりむ

☎03-6873-9180

www.jingsukan-tarim.com

MAP D-4

Yakiniku



WEBSITE

Dinner ¥2,000

Hours: 17:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: Aban Bldg. Sakasu 17 2F, 1-1-6 Yotsuya, Shinjuku City

Access: Yotsuya (JR, Subway)



ACCESS MAP



33 Abu Essam

アブイサーム

☎03-5946-8014

<https://abuessam.jp/>

MAP D-3

Middle Eastern food



WEBSITE

Lunch ¥1,100 Dinner ¥1,100

Hours: 11:00–15:00, 16:00–22:00

Closed days: Tue

Address: Y's Kagurazaka 101, 111-1 Yaraicho, Shinjuku City

Access: Kagurazaka (Subway), Ushigome-kagurazaka (Subway)



ACCESS MAP



34 Genki Taisho wagyu

元気大将

☎03-6233-8857

https://www.instagram.com/genki_taishou_haial/

MAP C-4

Yakiniku



WEBSITE

Dinner ¥5,000

Hours: 16:00–24:00

Closed days: Open 365 days

Address: Sankei 59 Bldg., 2-9-3 Kabukicho, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu), Shin-Okubo (JR)



ACCESS MAP



37 KEBAB ye

ケbab家

☎03-3356-5691

<https://kebabye-tokyo.com/>

MAP C-4

Turkish



WEBSITE

Lunch ¥1,100 Dinner ¥2,000

Hours: 11:30–21:30 (L.O. 21:00) (Mon–Thu, Sat, Sun), 14:00–21:30 (L.O. 21:00) (Fri)

Closed days: Tue

Address: No.6 Sanwa Bldg. Annex 1F, 3-6-7 Shinjuku, Shinjuku City

Access: Shinjuku-sanchome (Subway)



ACCESS MAP



38 Menya Kaijin Shinjuku

麺屋海神 新宿店

☎03-3356-5658

<https://menya-kaijin.tokyo/english-menu/>

MAP B-4

Ramen



WEBSITE

Lunch ¥1,000 Dinner ¥1,170

Hours: 11:00–15:00, 16:30–23:30 (Mon–Fri), 11:00–23:30 (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Sanraku Bldg. 2F, 3-35-7 Shinjuku, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu)



ACCESS MAP



39 RAMEN HONOLU SHINJUKUGYOENMAE

麺屋帆のる新宿御苑前店

☎03-5357-7664

https://instagram.com/honolu_shinjukugyoen?igshid=0GQ5Zdc20DK2ZA==

MAP C-4

Ramen



¥1,500

Hours: 11:30–15:00 (L.O. 14:30), 17:00–21:00 (L.O. 20:30)

Closed days: No fixed holiday

Address: Daia Palace Shinjuku-itchoe B1F,

1-31-3 Shinjuku, Shinjuku City

Access: Shinjuku-gyoenmae (Subway),
Shinjuku-sanchome (Subway)

WEBSITE



ACCESS MAP



40 Silkroad Tarim Uyghur Restaurant

シルクロードタリム ウイグルレストラン

☎03-6276-7799

www.oasis-tarim.com/foods/index_en.html

MAP B-5

Asian food



Lunch ¥1,000 Dinner ¥1,000

Hours: 17:00–23:00 (L.O. 22:30) (Tue–Fri), 12:00–15:00 (L.O. 14:30), 17:00–23:00 (L.O. 22:30) (Sat, Sun, holidays)

Closed days: Mon (Open on national holidays)

Address: Nishi-Shinjuku Pearl Bldg. 103, 3-15-

8 Nishi-Shinjuku, Shinjuku City

Access: Hatsudai (Keio)

WEBSITE



ACCESS MAP



41 Takuan Botantei

たくあん・牡丹亭

☎03-5354-3071

<https://t.gnavi.co.jp/g304303/>

MAP B-4

Japanese food



Lunch ¥1,200 Dinner ¥8,000

Hours: 11:30–15:00, 17:00–22:00

Closed days: Dec. 31, Jan. 1–3

Address: Nishi-Shinjuku Park-heights 1F, 4-15-

1 Nishi-Shinjuku, Shinjuku City

Access: Tochomae (Subway), Nishi-shinjuku-
gochoe (Subway), Shinjuku (JR, Subway,
Keio, Odakyu)

WEBSITE



ACCESS MAP



42 Casual Dining The Bistro /Hotel Chinzanso Tokyo

カジュアルダイニングザ・ビストロ/ホテル椿山荘東京

☎03-3943-5489

<https://www.hotel-chinzanso-tokyo.com/dining/bistro/>

MAP D-3

Western food



Lunch ¥5,400 Dinner ¥7,700

Hours: 11:30–22:00 (L.O.)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

WEBSITE



ACCESS MAP



43 Italian Restaurant IL TEATRO /Hotel Chinzanso Tokyo

イタリア料理 イル・テアトロ/ホテル椿山荘東京

☎03-3943-5489

<https://www.hotel-chinzanso-tokyo.com/dining/ilteatro/>

MAP D-3

Western food



Lunch ¥6,800 Dinner ¥14,400

Hours: 6:30–10:30 (L.O.), 12:00–14:30 (L.O.),
17:30–20:30 (L.O.), Dinner Course (L.O. 20:00)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

WEBSITE



ACCESS MAP



45 Ryotei Kinsui /Hotel Chinzanso Tokyo

料亭 錦水/ホテル椿山荘東京

☎03-3943-5489

<https://www.hotel-chinzanso-tokyo.com/dining/kinsui/>

MAP D-3

Japanese food



Lunch ¥23,000 Dinner ¥36,000

Hours: 11:30–20:00 (L.O.)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

WEBSITE



ACCESS MAP



44 Japanese MIYUKI /Hotel Chinzanso Tokyo

日本料理「みゆき」/ホテル椿山荘東京

☎03-3943-5489

<https://www.hotel-chinzanso-tokyo.com/dining/miyuki/>

MAP D-3

Japanese food



Lunch ¥7,000 Dinner ¥10,700

Hours: 11:30–13:30 (L.O.), 17:30–21:00 (L.O.)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

*Reservation required for the Halal-certified meat

WEBSITE



ACCESS MAP



46 Stone Grill MOKUSHUNDO /Hotel Chinzanso Tokyo

石焼料理「木春堂」/ホテル椿山荘東京

☎03-3943-5489

<https://www.hotel-chinzanso-tokyo.com/dining/mokushundo/>

MAP D-3

Japanese food



Lunch ¥8,700 Dinner ¥11,700

Hours: 11:30–14:30 (L.O.), 17:30–20:00 (L.O.) (Mon–Fri),
11:30–15:00 (L.O.), 17:30–20:00 (L.O.) (Sat, Sun, holidays)

Closed days: Mon (Open on national holidays)

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

WEBSITE



ACCESS MAP



47 SAKURA CAFE & RESTAURANT NIPPORI

サクラカフェ&レストラン日暮里

☎03-5685-6111
www.sakura-cafe.asia/nippori/

MAP F-1
Cafe



Lunch ¥1,000 Dinner ¥1,500

Hours: Open 24 hours
Closed days: Open 365 days
Address: Sakura Hotel Nippori, 3-43-15 Sendagi, Bunkyo City
Access: Sendagi (Subway), Nippori (JR, Keisei), Nishi-Nippori (JR, Subway)



WEBSITE



ACCESS MAP



48 Ayam-YA Shin-Okachimachi

Ayam-YA 新御徒町店

☎03-4360-3672
www.haigaigourmet.jp/restaurant/805

MAP G-3
Ramen



Lunch ¥1,080 Dinner ¥1,280

Hours: 11:00–15:00 (L.O. 14:30), 17:00–21:30 (L.O. 21:00)
Closed days: Open 365 days
Address: 1F, 3-10-3 Motoasakusa, Taito City
Access: Shin-okachimachi (Subway, TX)



WEBSITE



ACCESS MAP



51 Halal Sakura

Halal Sakura

☎03-6802-3171
https://www.instagram.com/halal_sakura?igshid=MjxvmdrbzV3b3Fp

MAP G-2
Middle Eastern food



Lunch ¥1,100 Dinner ¥4,000

Hours: 12:00–21:00 (L.O. 20:30)
Closed days: Open 365 days
Address: Ruto Negishi Daini Bldg. 1F, 2F, 2-18-11 Negishi, Taito City
Access: Uguisudani (JR), Nippori (JR, Keisei)



WEBSITE



ACCESS MAP



52 Halima kebab biryani

ハリマ ケバブ ビリヤニ

☎03-6672-1796
https://tabelog.com/tokyo/A1311/A131101/13168753/

MAP G-3
Asian food



Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00–15:00, 17:00–22:30
Closed days: Open 365 days
Address: Ueno M Bldg. 1F, 3-36-7 Higashi-Ueno, Taito City
Access: Inaricho (Subway), Ueno (JR, Subway)



WEBSITE



ACCESS MAP



49 Cafeteria Spice Jaya

カフェテリア スパイスジャヤ

☎03-3841-3823
https://spicejaya.owst.jp/en/

MAP G-2
Asian food



¥1,280

Hours: 11:00–15:00 (L.O. 14:30), 17:00–20:30 (L.O. 20:00)
Closed days: Mon, Tue
Address: Floral Ueno-Matsugaya 103, 4-26-14 Matsugaya, Taito City
Access: Iriya (Subway), Asakusa (TX, Subway, Tobu)



WEBSITE



ACCESS MAP

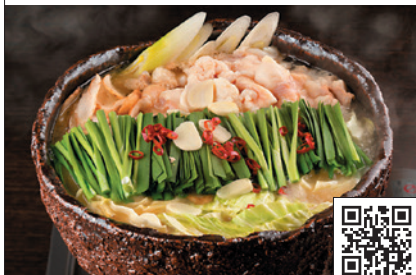


50 HAKATAMAEROBATAISSHOU TOKYUENO

博多前坪はた一承 東京上野

☎03-5830-3785
https://isho-ueno.com/en/

MAP G-3
Izakaya



Lunch ¥2,000 Dinner ¥6,000

Hours: 16:00–24:00 (L.O. 23:00) (Mon–Fri), 11:30–14:30 (L.O. 14:00), 17:00–24:00 (L.O. 23:00) (Sat, Sun, holidays)
Closed days: Jan.1
Address: FUNDES Ueno 8F, 7-2-4 Ueno, Taito City
Access: Ueno (JR, Subway)



WEBSITE



ACCESS MAP



53 Japanese Greentea Shop Masudaen Sohonten

増田園総本店

☎03-3841-0840
https://masudaengreentea.stores.jp/

MAP H-3
Cafe



Lunch ¥500

Hours: 8:30–19:00
Closed days: Tue
Address: 1-1-17 Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX)



WEBSITE



ACCESS MAP



54 SAKURA CAFE ASAKUSA

サクラカフェ浅草

☎03-3847-8111
www.sakura-cafe.asia/asakusa/

MAP H-2
Original dishes



Lunch ¥1,000 Dinner ¥1,500

Hours: 12:00–21:00
Closed days: Open 365 days
Address: Sakura Hostel Asakusa 1F, 2-24-2 Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX), Tawaramachi (Subway)



WEBSITE



ACCESS MAP



55 Saray Kebab Kaminarimon
サライケバブ 雷門店

☎03-3844-1370
www.saray.jp/

MAP H-3
Turkish



Lunch ¥600 Dinner ¥600

Hours: 11:00–24:00
Closed days: Open 365 days
Address: 2-19-12 Kaminarimon, Taito City
Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



56 Saray Kebab Nishi-Asakusa
サライケバブ 西浅草店

☎03-3844-1370
www.saray.jp/

MAP H-3
Turkish



Lunch ¥600 Dinner ¥600

Hours: 11:00–26:00
Closed days: No fixed holiday
Address: 1F, 2-14-18 Nishi-Asakusa, Taito City
Access: Asakusa (TX, Subway, Tobu), Tawaramachi (Subway)

ACCESS MAP



59 Yuusyokuya Boo
遊食家 Boo

☎03-6240-1220
www.uamou.com/boo/

MAP G-3
Western food



Lunch ¥950 Dinner ¥2,500

Hours: 11:30–14:00 (L.O. 13:40), 17:00–23:00 (L.O. 22:00)
(Mon–Fri), 11:00–20:00 (L.O. 19:00) (Sat, Sun, holidays)
Closed days: New Year holidays
Address: 2k540 AKI-OKA ARTISAN N-4, 5-9 Ueno, Taito City Access: Okachimachi (JR), Akihabara (JR, Subway, TX), Suehirocho (Subway), Naka-okachimachi (Subway)

ACCESS MAP



60 INDIAN RESTAURANT AMARA TOKYO SKYTREE TOWN SOLAMACHI
インド料理 AMARA 東京スカイツリータウン/ソラマチ店

☎03-5809-7161
https://amara.co.jp/

MAP I-3
Other foods



Lunch ¥1,550 Dinner ¥1,890

Hours: 11:00–23:00 (L.O. 22:00)
Closed days: Open 365 days
Address: TOKYO SKYTREE TOWN/Solamachi 6F, 1-1-2 Oshiage, Sumida City
Access: TOKYO SKYTREE (Tobu), Oshiage (SKYTREE) (Subway, Keisei)

ACCESS MAP



57 Shochikuen Cafe
松竹園カフェ

☎03-6802-8355
https://shochikuen.com/

MAP G-3
Cafe



Lunch ¥1,200 Dinner ¥1,500

Hours: 9:30–16:30
Closed days: Open 365 days
Address: 2-7-6 Nishi-Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



58 Wagyu Yakiniku PANGA Asakusa
和牛焼肉ばんが浅草店

☎03-6231-6229
https://sites.google.com/view/halalwaguyakiniku-asakusa

MAP H-3
Yakiniku



Dinner ¥10,000

Hours: 17:00–22:30 (L.O. 21:30)
Closed days: Mon
Address: Kaminarimon Bldg. 4F, 2-1-13 Kaminarimon, Taito City
Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



61 LAND_A
LAND_A

☎03-5637-0107
https://land-a.jp/

MAP H-3
Other foods



Lunch ¥1,500 Dinner ¥4,000

Hours: 9:00–20:00 (L.O. 19:30) *Lunch 11:00–14:30 (Mon–Fri), 11:00–15:30 (Sat, Sun, holidays)
Closed days: Open 365 days
Address: Tokyo Mizumachi WEST ZONE W1, 1-2-4 Mukojima, Sumida City
Access: Asakusa (Subway, Tobu, TX), Horjo-azumabashi (Subway)

ACCESS MAP



62 Sumida River Kitchen.
スミダリバーキッチン

☎03-3622-5582
www.facebook.com/Organic-store-Cafe-Dining-Sumida-River-Kitchen-602442643227442/

MAP H-3
Cafe



Lunch ¥1,000 Dinner ¥2,000

Hours: 11:30–14:00 (L.O.), 17:30–20:00 (L.O.)
Closed days: Sun, holidays
Address: 1F, 1-15-4 Azumabashi, Sumida City
Access: Asakusa (Subway, Tobu)

ACCESS MAP



63 Tokyo Muslim Restaurant

東京穆斯林飯店(トーキョームスリムハンテン)

☎03-5669-0934

<https://t.gravi.co.jp/k031adr40000/>

MAP E-4

Chinese



Lunch ¥900 Dinner ¥4,000

Hours: 11:00–15:00 (L.O. 14:30), 17:00–23:00 (L.O. 22:30)

Closed days: Mon

Address: 2-18-6 Kotobashi, Sumida City

Access: Kinshicho (JR, Subway)

WEBSITE



ACCESS MAP

**64 Tokyo ramen Kumahachi**

両国の小粋な長屋ラーメン熊八

☎080-7852-5511

MAP H-4

Ramen



Lunch ¥980 Dinner ¥980

Hours: 11:30–14:00, 18:00–21:30

Closed days: Mon, Sun

Address: 2-15-1 Midori, Sumida City

Access: Ryogoku (JR, Subway)



ACCESS MAP

**65 Nirvanam Ariake Branch**

ニルワナム 有明

☎03-5962-4825

www.nirvanam.jp

MAP G-8

Asian food



Lunch ¥1,200 Dinner ¥2,500

Hours: 11:00–15:00 (L.O. 14:30), 17:30–22:00 (L.O. 21:30)

Closed days: Open 365 days

Address: TOC Ariake Bldg. 3F, 3-5-7 Ariake,

Koto City

Access: Kokusai-tenjijo (Rinkai), Ariake
(Yurikamome), Tokyo Big Sight (Yurikamome)

WEBSITE



ACCESS MAP

**66 SOJIBO "DiverCity Tokyo Plaza"**

そじ坊 ダイバーシティ東京プラザ店

☎03-5520-1310

www.facebook.com/HFRSjiboDC/

MAP G-9

Japanese food



Lunch ¥1,000 Dinner ¥1,000

Hours: 11:00–23:00

Closed days: Open 365 days

Address: DiverCity Tokyo Plaza 6F, 1-1-10

Aomi, Koto City

Access: Daiba (Yurikamome), Tokyo Teleport
(Rinkai)

WEBSITE



ACCESS MAP

**67 Halal Sakura Shinagawa**

Halal Sakura 品川シーサイド店

☎03-5460-5540

www.ovalgarden.com/shop/b003_2/

MAP E-10

Middle Eastern food



Lunch ¥1,100 Dinner ¥3,000

Hours: 11:00–20:00 (L.O. 19:30)

Closed days: New Year holidays

Address: Shinagawa Seaside Forest

Oval Garden, 4-12-4 Higashi-Shinagawa,

Shinagawa City

Access: Shinagawa Seaside (Rinkai), Aomono-
yokocho (Keikyu)

WEBSITE



ACCESS MAP

**69 SABERA TIKKA BIRIYANI**

サベラティッカビリヤニ天洲アイル

☎03-6433-2544

<https://tabelog.com/tokyo/A1314/A131404/13200848/>

MAP E-9

Asian food



Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00–15:00, 17:00–22:30

Closed days: Open 365 days

Address: Tennozu Yusen Bldg. 1F, 2-2-20

Higashi-Shinagawa, Shinagawa City

Access: Tennozu Isle (Yurikamome, Rinkai)



WEBSITE



ACCESS MAP

**68 Indonesian Restaurant CABA MEGURO**

インドネシア料理 チャベ目黒店

☎03-6432-5748

<https://cabe-eco.com/en/home-en/>

MAP C-8

Asian food



Lunch ¥1,000 Dinner ¥3,000

Hours: 11:30–15:00 (L.O. 14:30), 17:30–22:30 (L.O. 22:00)

Closed days: Sun, holidays

Address: No.1 Tanaka Bldg. 2F, 3-5-4 Kami-

Osaki, Shinagawa City

Access: Meguro (JR, Subway, Tokyu)



WEBSITE



ACCESS MAP

**70 SAMRAT Jiyugaoka**

サムラート 自由が丘店

☎03-6421-3568

www.samrat.co.jp/

MAP A-10

Curry



Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00–22:30 (L.O. 22:00)

Closed days: New Year holidays

Address: No.2 Genta Bldg. 2F, 1-12-3

Jiyugaoka, Meguro City

Access: Jiyugaoka (Tokyu)



WEBSITE



ACCESS MAP



71 Saray Kebab Gakugeidaigaku
サライケバブ 学芸大学店

☎03-6452-2829
www.saray.jp/

MAP A-9
Turkish



Lunch ¥600 Dinner ¥600

Hours: 11:00–23:00
Closed days: No fixed holiday
Address: 3-14-6 Takaban, Meguro City
Access: Gakugei-daigaku (Tokyu)



WEBSITE



ACCESS MAP



72 TOKYO VEGAN RESTAURANT “T's Restaurant”
T'sレストラン

☎03-3717-0831
https://ts-restaurant.jp/english/

MAP A-10
Original dishes



Lunch ¥1,600 Dinner ¥3,000

Hours: 11:30–21:00 (L.O. 20:30)
Closed days: New Year holidays
Address: Luz Jiyugaoka B1F, 2-9-6 Jiyugaoka, Meguro City
Access: Jiyugaoka (Tokyu)



WEBSITE



ACCESS MAP



75 Mughlai Cuisine Restaurant Mashal
インド宮廷料理Mashal

☎03-6450-0177
https://mashal.jp/

MAP K-10
Curry



Lunch ¥1,600 Dinner ¥3,500

Hours: 11:00–15:00 (L.O. 14:30) (Mon, Wed–Fri), 11:00–16:00 (L.O. 15:30) (Sat, Sun, holidays), 17:00–21:30 (L.O.)
Closed days: Tue
Address: Luz Omori 3F, 1-10-14 Omori-Kita, Ota City
Access: Omori (JR)



WEBSITE



ACCESS MAP



76 Pakistani Restaurant Zaika
パキスタンハラル家庭料理ザイカ


☎03-3744-1066
https://zaika-tokyo.jp/

MAP K-10
Middle Eastern food




Lunch ¥800 Dinner ¥1,500


Hours: 11:30–14:30 (L.O.), 17:00–21:30 (L.O.)
Closed days: Open 365 days
Address: 3-2-6 Minami-Kamata, Ota City
Access: Kojiya (Keikyu)



WEBSITE



ACCESS MAP



73 KEBAB STAND
けばぶ工房

☎03-6459-9377
https://tokyo-haneda.com/en/shop_and_dine/detail/tenant_00002.html

MAP L-10
Turkish



Lunch ¥1,000 Dinner ¥1,000

Hours: 7:00–22:00
Closed days: Open 365 days
Address: Haneda Airport Terminal 3 4F, 2-6-5 Haneda Airport, Ota City
Access: Haneda Airport Terminal 3 (Keikyu, Tokyo Monorail)



WEBSITE



ACCESS MAP



74 Mrs Istanbul
ミセス イスタンブール

☎03-5756-6183
https://tokyo-haneda.com/en/shop_and_dine/detail/tenant_00202.html

MAP L-10
Turkish



Lunch ¥1,200 Dinner ¥1,200

Hours: 8:00–20:00 (L.O. 19:30)
Closed days: Open 365 days
Address: Haneda Airport Terminal 2 3F, 3-4-2 Haneda Airport, Ota City
Access: Haneda Airport Terminal 1-2 (Keikyu), Haneda Airport Terminal 2 (Tokyo Monorail)



WEBSITE



ACCESS MAP



77 YILDIZ KEBAB
コルディスケバブ

☎03-6424-9797
https://www.yildiz-kamata.com/

MAP K-10
Turkish



Lunch ¥600 Dinner ¥700

Hours: 10:30–25:00
Closed days: Open 365 days
Address: 2-2-14 Omori-Naka, Ota City
Access: Umeiyashiki (Keikyu)



WEBSITE



ACCESS MAP



78 YILDIZ Turkish Restaurant
コルディストルレストラン

☎03-6424-9797
www.yildiz-kamata.com/

MAP K-10
Turkish



Lunch ¥500 Dinner ¥2,000

Hours: 11:30–15:00, 17:30–23:30
Closed days: Tue
Address: No.1 Taiyo Bldg. 2F, 5-18-3 Kamata, Ota City
Access: Kamata (JR, Tokyu)



WEBSITE



ACCESS MAP



79 Asian Cafe & Diner Vivid Ajia Futakotamagawa

アジアンカフェ&ダイナー ヴィヴィッドアジア 二子玉川

☎03-6411-7258
https://vivid-ajia.1net.jp/

MAP J-10
Asian food



Lunch ¥1,200 Dinner ¥2,000

Hours: 10:00–22:00 (L.O. 21:00)

Closed days: Open 365 days

Address: Santopia Tamagawa 1F, 3-20-8 Tamagawa, Setagaya City

Access: Futako-tamagawa (Tokyu)



WEBSITE



ACCESS MAP



80 Deli Shop Uchimura

デリショップ うちむら

☎03-3468-2715
https://tabelog.com/tokyo/A1318/A131811/13095642/

MAP A-6
Middle Eastern food



Lunch ¥700 Dinner ¥800

Hours: 11:00–15:00, 17:00–20:30

Closed days: Sun, 1st/3rd Mon

Address: 3-2-11 Kitazawa, Setagaya City

Access: Higashi-Kitazawa (Odakyu), Yoyogi-uehara (Subway, Odakyu)



WEBSITE



ACCESS MAP



83 CARVAAN TOKYO

カールヴァーン トウキョウ

☎03-6451-1772
https://carvaan.jp/

MAP B-6
Mediterranean, Arabian



Lunch ¥3,000 Dinner ¥5,000

Hours: 11:00–15:30 (L.O. 14:30), 17:00–23:00 (Food L.O. 21:30, Drink L.O. 22:00)

Closed days: Jan.1, Varies depending on the facility

Address: Shibuya Scramble Square 12F, 2-24-12 Shibuya, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio)



WEBSITE



ACCESS MAP



84 FAR EAST BAZAAR Shibuya Hikarie

FAR EAST BAZAAR 渋谷ヒカリエ店

☎03-6434-1511
https://fareastbazaar.net/

MAP C-6
Cafe



¥648

Hours: 10:00–21:00

Closed days: Jan. 1

Address: Shibuya Hikarie ShinQs B2F, 2-21-1 Shibuya, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio)

*Futako-Tamagawa branch is also in Tokyo.



WEBSITE



ACCESS MAP



81 Food Therapy Diner Chabuzen

薬膳食堂ちゃぶ膳

☎080-6603-8587
https://food-therapy-diner-chabuzen.business.site/

MAP K-9
Ramen



Dinner ¥1,500

Hours: 17:00–22:00

Closed days: Mon

Address: 6-16-20 Daita, Setagaya City

Access: Shindaita (Keio)



WEBSITE



ACCESS MAP



82 CARVAAN Delicatessen & Beer stop

カールヴァーン・デリカテッセン & ビアストップ

☎03-3477-4775
https://carvaan.jp/shop/shibuchika/

MAP B-6
Middle Eastern food



Lunch ¥1,500 Dinner ¥2,000

Hours: 10:00–21:00

Closed days: Jan. 1

Address: Shibuya Tokyu Foodshow B1F, 1-12-1 Dogenzaka, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio), Shinsen (Keio)



WEBSITE



ACCESS MAP



85 Halal Ramen Honolu Ebisu

帆のる恵比寿店

☎03-5734-1667
http://halalramen-honolu.net/

MAP C-5
Ramen



¥1,500

Hours: 11:30–15:00 (L.O. 14:30), 17:00–21:30 (L.O. 21:00)

Closed days: No fixed holiday

Address: ABC Amerikabashi Bldg. 1F, 1-23-1 Ebisu-Minami, Shibuya City

Access: Ebisu (JR, Subway)



WEBSITE



ACCESS MAP



86 Kiwamiya Shibuya PARCO

極味や 渋谷パルコ店

☎03-5422-3122
www.kiwamiya.com/shoplist/shibuya-parco

MAP B-6
Western Style



Lunch ¥2,000 Dinner ¥2,000

Hours: 11:30–23:00 (Mon–Fri), 11:00–22:30 (Sat, Sun, holidays) *L.O. 20:00–20:30 (Depending on the situation)

Closed days: Varies depending on the facility

Address: Shibuya PARCO PART1 B1F, 15-1 Udagawacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio)



WEBSITE



ACCESS MAP



87 KO-SO CAFE BIORISE

KO-SO CAFE BIORISE

☎03-3409-3405

<https://www.ko-so-cafe.jp/>

MAP C-7

Cafe



Lunch ¥1,500 Dinner ¥2,000

Hours: 11:00–21:00 (L.O. 20:30)

Closed days: Wed

Address: Lions Plaza Ebisu 1F, 3-25-3 Higashi, Shibuya City

Access: Ebisu (JR, Subway)



WEBSITE



ACCESS MAP



88 Milan Nataraj Shibuya

自然派インド料理 ミラン・ナタラジ渋谷店

☎03-6416-9022

<https://nataraj.co.jp/en/>

MAP B-6

Curry



Lunch ¥1,190 Dinner ¥2,500

Hours: 11:30–23:00 (L.O. 22:30)

Closed days: New Year holidays

Address: Iwamoto Bldg. 3F, 1-22-7 Jinnan, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio)



WEBSITE



ACCESS MAP



91 SAKURA CAFE HATAGAYA

サクラカフェ 幡ヶ谷

☎03-3469-5211

www.sakura-cafe.asia/hatagaya/

MAP A-5

Original dishes



Lunch ¥1,000 Dinner ¥1,500

Hours: Open 24 hours

Closed days: Open 365 days

Address: Sakura Hotel Hatagaya, 1-32-3 Hatagaya, Shibuya City

Access: Hatagaya (Keio)



WEBSITE



ACCESS MAP



92 Tokitarazu

Tokitarazu

☎03-6277-1577

<https://tokitarazu.com/en/>

MAP C-7

Japanese foods



Lunch ¥1,500 Dinner ¥5,000

Hours: 11:30–15:00 (L.O. 14:30), 17:30–23:00 (L.O. 22:00)

(Mon–Sat)

Closed days: Mid-August (Obon), New Year holidays

Address: 1-4-10 Hiroo, Shibuya City

Access: Ebisu (JR, Subway)



WEBSITE



ACCESS MAP



89 Mr.HALAL

Mr.HALAL

☎080-8436-3889

<https://www.mr-halal.com/>

MAP C-6

Other foods



¥1,000

Hours: 11:30–20:00

Closed days: Open 365 days

Address: Rhythm Omotesando Kitchen Car, 4-30-2 Jingumae, Shibuya City

Access: Harajuku (JR), Meiji-jingumae (Harajuku) (Subway)



WEBSITE



ACCESS MAP



90 Nataraj Harajuku Omotesando

自然派インド料理 ナタラジ原宿表参道店

☎03-6427-7515

<https://nataraj.co.jp/en/>

MAP C-6

Curry



Lunch ¥1,290 Dinner ¥2,800

Hours: 11:30–23:00 (L.O. 22:30)

Closed days: New year holidays

Address: Q Plaza HARAJUKU 8F, 6-28-6 Jingumae, Shibuya City

Access: Harajuku (JR), Meiji-jingumae (Harajuku) (Subway)



WEBSITE



ACCESS MAP



93 Kebabcafe Ertugrul

ケバカフェ エルトウルレル

☎03-6382-8895

<https://restaurant-44367.business.site/>

MAP K-9

Turkish



Lunch ¥800 Dinner ¥800

Hours: 11:00–21:00 *Close when sold out

Closed days: Wed, New Year holidays, other days

Address: 3-33-14 Nakano, Nakano City

Access: Nakano (JR, Subway)



WEBSITE



ACCESS MAP



94 BolBol Persian Restaurant in Tokyo

BolBol

☎03-3223-3277

<https://bolbol.jp/english.html>

MAP J-9

Persian



Lunch ¥900 Dinner ¥1,300

Hours: 11:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: Hachiji Bldg. 2F, 3-2-15 Koenji-Kita, Suginami City

Access: Koenji (JR)



WEBSITE



ACCESS MAP



95 Iran.Persian Cuisine JameJam

イラン・ペルシャ料理 ジャーメジャム

☎03-3311-3223

<https://jamejam.jp/en/menu-2/>

MAP J-9

Middle Eastern food



Lunch ¥1,000 Dinner ¥2,000

Hours: 11:30~14:30 (L.O. 14:00), 17:00~22:30 (L.O. Food 21:30, Drink 22:00)

Closed days: No fixed holiday

Address: 2-20-7 Asagaya-Minami, Suginami City

Access: Asagaya (JR), Minami-asagaya (Subway)



WEBSITE



ACCESS MAP



96 Nataraj Ogikubo

自然派インド料理 ナタラジ荻窪店

☎03-3398-5108

<https://nataraj.co.jp/en/>

MAP J-9

Curry



Lunch ¥1,150 Dinner ¥2,300

Hours: 11:30~23:00 (L.O. 22:30)

Closed days: New Year holidays

Address: Fukumura Sangyo Bldg. B1F, 5-30-6 Ogikubo, Suginami City

Access: Ogikubo (JR, Subway)



WEBSITE



ACCESS MAP



97 Rumi Persian & Original Indian Restaurant in Tokyo

Rumi

☎03-5356-6640

<https://rumi-tokyo.com/>

MAP J-9

Indian



Lunch ¥800 Dinner ¥1,200

Hours: 11:00~23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: Hachiji Bldg. 1F, 3-2-15 Koenji-Kita, Suginami City

Access: Koenji (JR)



WEBSITE



ACCESS MAP



98 Bengali Bistoro Sunali Minami Otsuka

ベンガルビストロスナリ 南大塚店

☎03-6876-0103

www.facebook.com/rahmania.sunali

MAP D-1

Asian food



Lunch ¥700 Dinner ¥1,500

Hours: 7:00~23:45

Closed days: Open 365 days

Address: Monarch Mansion Otsuka 101, 3-47-2 Minami-Otsuka, Toshima City

Access: Otsuka (JR)



WEBSITE



ACCESS MAP



99 Grill Hunter

グリルハンター

☎03-3987-7110

<https://s.tabelog.com/tokyo/A1305/A130501/13037061/>

MAP C-1

Western food



Lunch ¥1,200 Dinner ¥2,000

Hours: 11:00~23:00

Closed days: Open 365 days

Address: 89th Tokyo Bldg. B1F, 1-40-9 Higashi-Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)

*Shinjuku branch, Shimbashi branch and Gotanda branch are also in Tokyo.



WEBSITE



ACCESS MAP



101 PAKISTAN RESTAURANT MARHABA

パキスタンレストラン マルハバ

☎03-3987-1031

MAP C-1

Asian food



Lunch ¥1,000 Dinner ¥1,500

Hours: 11:00~15:00, 17:00~22:30 (Mon~Sat), 11:30~21:00 (Sun, holidays)

Closed days: Wed

Address: Palace Garden Milano 1F, 2-63-6 Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)



ACCESS MAP



100 Indian Bangladesh Dining Sunali Higashi Ikebukuro

インド・ Bangladesh デイニング スナリ

☎03-6882-3943

www.facebook.com/indiabangla.sunali/

MAP D-1

Asian food



Lunch ¥700 Dinner ¥1,500

Hours: 11:00~23:45

Closed days: Open 365 days

Address: 2-4-7 Higashi-Ikebukuro, Toshima City

Access: Otsuka (JR), Mukohara (Tokyo Sakura Tram)



WEBSITE



ACCESS MAP



102 SAKURA CAFE & RESTAURANT IKEBUKURO

サクラカフェ&レストラン池袋

☎03-5391-2330

www.sakura-cafe.asia/ikebukuro/

MAP C-1

Original dishes



Lunch ¥980 Dinner ¥1,280

Hours: 7:00~23:00

Closed days: Open 365 days

Address: Sakura Hotel Ikebukuro Annex 1F, 2-39-10 Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)



WEBSITE



ACCESS MAP



103 HIKARUYA

ひかる屋

☎03-6826-9744

MAP K-8
Izakaya

¥1,200

Hours: 12:00-17:00, 17:00-24:00

Closed days: Wed

Address: Otani Mansion 201, 1-24-10

Jujo-Nakahara, Kita City

Access: Jujo (JR)



ACCESS MAP

**104 Zakuro**

レストラン ザクロ

☎03-5685-5313

<https://nippori-zakuro.com/en/>MAP E-1
Middle Eastern food

Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00-21:00

Closed days: Wed

Address: 3-13-2 Nishi-Nippori, Arakawa City

Access: Nippori (JR, Keisei), Sendagi (Subway)



WEBSITE



ACCESS MAP

**107 Menya Kaijin Kichijoji**

麺屋海神 吉祥寺店

☎042-241-0315

<https://menya-kaijin.tokyo/english-menu/>MAP J-9
Ramen

Lunch ¥1,000 Dinner ¥1,600

Hours: 11:00-15:00, 16:30-22:00 (Mon-Fri), 11:00-22:00

(Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Kumamoto Bldg. 2F, 1-5-9 Kichijoji-

Minamicho, Musashino City

Access: Kichijoji (JR, Keio)



WEBSITE



ACCESS MAP

**108 Indian Bangla Restaurant. Asian Gandhi Akishima**

アジ庵 ガンジー 昭島店

☎042-546-2485

www.hotpepper.jp/strJ000813665/MAP H-9
Asian food

Lunch ¥800 Dinner ¥1,600

Hours: 11:30-15:00 (L.O. 14:30), 17:00-21:30 (L.O. 21:00)

Closed days: Mon (or the following Tue when it falls on a

national holiday)

Address: 3-4-9 Midoricho, Akishima City

Access: Akishima (JR)



WEBSITE



ACCESS MAP

**105 Saray Kebab Kitasenju**

サライケバブ 北千住店

☎070-1366-1015

www.saray.jp/MAP E-8
Turkish

Lunch ¥600 Dinner ¥600

Hours: 10:00-23:00

Closed days: No fixed holiday

Address: 2-49 Senju, Adachi City

Access: Kita-Senju (JR, Subway, TX)



WEBSITE



ACCESS MAP

**106 BIMi Supermarket**

美味スーパー

☎03-5654-6418

MAP E-2
Turkish

¥500

Hours: 10:00-24:30

Closed days: Open 365 days

Address: Kikuya Bldg. 1F, 1-2-11 Nishi-

Shinkoiwa, Katsushika City

Access: Shinkoiwa (JR)



ACCESS MAP

**109 Bhawana**

パワナ

☎042-312-1275

<https://tabelog.com/tokyo/A1328/A132804/13161874/>MAP I-8
Other foods

Lunch ¥820 Dinner ¥1,180

Hours: 11:00-23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: 43-10 Takanodai, Kodaira City

Access: Takanodai (Seibu)



WEBSITE



ACCESS MAP

**110 Indian Bangla Restaurant. Asian Gandhi Hamura**

アジ庵 ガンジー 羽村店

☎042-579-2485

www.hotpepper.jp/strJ000247456/MAP H-8
Asian food

Lunch ¥800 Dinner ¥1,600

Hours: 11:00-15:00 (L.O. 14:30), 17:00-21:30 (L.O. 21:00)

Closed days: Mon (or the following Tue when it falls on a

national holiday)

Address: 1-1-2 Shinmeidai, Hamura City

Access: Hamura (JR)



WEBSITE



ACCESS MAP



TOKYO Traditional SWEETS

Traditional sweets known as “wagashi” are an integral part of Japanese culture passed down through generations. Made mainly with plant-based ingredients such as rice, beans, and flour, there are many that suit Muslim lifestyles as well. Let’s take a look at some of the tastiest!



Daifuku 大福

A wagashi made with red bean paste wrapped in *mochi* (glutinous rice cake). Recently, the popularity of daifuku filled with bean paste and various kinds of fruit has inspired a range of specialty shops to open.



Sakuramochi 桜餅

A Japanese treat of red bean paste in pink mochi wrapped in salted cherry blossom leaves. Although still called sakuramochi, the appearance and ingredients differ from Kanto to Kansai regions. The Kanto style is more common in Tokyo, with a thin dough made from wheat flour.

*Some ingredients may contain gelatin, other pork-derived seasonings or alcohol. Please check with each store for details.



Kaminari 雷おこし —okoshi

A Japanese sweet made by mixing steamed puffed rice with syrup and sugar. This specialty of Asakusa makes a great souvenir. The crunchy puffed rice and the soft sticky syrup are a great combo that creates a unique sensation.



Dorayaki だら焼き

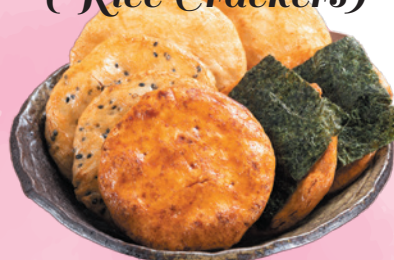
A Japanese snack of red bean paste sandwiched in a subtly sweet, rounded pancake-like wrap. Other than the classic bean paste, dorayaki are also available with many different kinds of fillings and flavors, such as chocolate and cream.



Warabimochi わらびもち

This mochi has a delicious chewy texture made from bracken-root flour dusted with *kinako* (roasted soybean powder) and brown sugar syrup. A growing number of shops now offer “warabi mochi drinks,” matching sweet drinks like matcha milk or milk tea filled with warabimochi.

Senbei せんべい (Rice Crackers)



These crackers of flattened rice flour are seasoned with soy sauce or miso while being grilled. These crunchy, salty aromatic treats are an addictive, popular snack.

Dango

団子

Rice or grain flour is rolled, then steamed or boiled to create this delectable Japanese sweet. Choose from sweet flavors like “mitarashi” (sweet, salty sugar and soy sauce) and red bean paste, or try a savory taste such as soy sauce and miso.



Kakigori かき氷 (Shaved Ice)

A cool treat made with finely shaved ice topped with syrup. The deluxe versions are eye-catching and they are topped with rich cream or fruit instead of syrup. Tokyo has many shaved ice specialty shops, offering not only in summer but all year long.

Red bean paste and other ingredients are sandwiched between fragrantly baked wafers in this delicacy. Monaka comes in all kinds of flavors since the crispy, simple-tasting dough matches almost any filling. Ice monaka, filled with ice cream, is a popular goodie available at convenience stores.

Monaka もなか



Wearing kimono

Kimono is a traditional garment and the national dress of Japan. You can feel Japanese culture directly through traditional colors, beautiful patterns that remind you of each season of Japan, conventional motifs of flowers and birds as well as auspicious motifs, and so on. There are many kimono rental shops around tourist spots, such as Asakusa, Harajuku, and other places. In recent years, in addition to traditional patterns, currently fashionable ones have been gaining popularity.



Women can feel at ease being helped to get dressed only by female staff, and also may be given good advice for coordinating, for example, with a hijab. Select your favorite one, from traditional types to vogue, or pop “kawaii” ones, and enjoy walking around the town in kimono!

Photo: Courtesy of Asakusa Kimono Rental Daikichi

Tokyo's Unique Experiences:
Enjoy a Variety
in Tokyo!

Superb scenery and delicious food. There are so many attractions of travel, and “experiencing” activities and services (*taiken* in Japanese) unique to local areas will make your trip more memorable.

Hair Salon for Muslimah

Do you want to have your hair cut or cared for during travel? Generally, it may be difficult for Muslim women to have their

hair cut at ordinary hair salons, without being seen by men that are not family members. In such cases, visiting Muslimah-friendly hair salons is recommended. At such salons, you can receive services such as haircut, shampoo, and other treatments in a relaxed manner. Only female staff take care of you. The inside of the salon cannot be seen from the outside. Some salons even lock the door so it won't be opened by sudden, unexpected visitors, and also prepare non-alcoholic hair care products as well as a prayer space. When you come to Tokyo, why not visit such a hair salon and compare it to those in your own country?

Photo: Courtesy of YUKI WORK



Japanese Calligraphy



Since introduced from China in ancient times, calligraphy has developed as one of the traditional arts of Japan. Using *sumi* (Indian ink) and an ink brush, people write characters on a sheet of paper, striving for beautiful shapes and expressiveness. Though there are a variety of techniques, it is important for you to express your own idea of beauty with your own style, and not to aim at a universal standard of what is skillful or unskillful. Writing *kana*, or Japanese original letters, is also a distinctive character of Japanese calligraphy. As the West, the Middle East, and other areas of the world have calligraphy culture too, comparing them may be interesting. Straighten up your back and try writing your name and favorite words. In most calligraphy experience facilities, you can bring your work home with you as a souvenir.

Photo: Courtesy of Asakusa Jidaiya



of Activities

You may have more chances to interact with local people. And indoor activities are good even in bad weather. The more you experience such activities, the more you can enjoy Tokyo!

Halal Nails



Some people want to enjoy fashion by decorating their nails. Japanese nail artists' techniques are highly regarded in the world at large, not only in Japan. By using not only the basic design of one color or French manicure with classic nail polish, but also adding fancy patterns and gradations, Japanese nail culture has developed in a unique way. Nowadays in Japan, many people enjoy gel nails, and gorgeous and decorative designs and even setting stones and the like on the nail are popular. Tokyo has a shop using alcohol-free, water permeable, or breathable nail polish. It can be removed with hot water, without using polish removers, so you can enjoy nail decoration without any anxiety. As this polish is weaker and easier to remove than usual types, keep in mind to move your hands more gently.

Photo: Courtesy of Soleil



11 Kintaroame-Honten

金太郎飴本店

MAP G-1

Food

☎03-3872-7706
www.kintarou.co.jp

Hours: 9:00-17:00
Closed days: Sat, Sun, holidays
Address: 5-16-12, Negishi, Taito City
Access: Minowa (Subway)



 WEBSITE
  ACCESS MAP



12 Osama-do honten


王様堂本店



MAP G-2


Food

☎03-3876-3303
www.osamado.co.jp

Hours: 10:00-17:00
Closed days: Sat, Sun, holidays, Jan. 1-3
Address: 2-6-8 Senzoku, Taito City
Access: Iriya (Subway), Asakusa (TX, Subway, Tobu)



 WEBSITE
  ACCESS MAP



17 Tokyo Camii Halal Market

東京ジャーミイ ハラルマーケット


MAP A-6

Food, other goods

☎03-5790-0760

Hours: 10:00-19:00
Closed days: Open 365 days
Address: 1-19 Oyamacho, Shibuya City
Access: Yoyogi-uehara (Subway, Odakyu)



 ACCESS MAP



18 YUKI WORK

YUKI WORK

MAP A-6

Service

☎03-5738-7818
https://www.yukiwork.com/

Hours: 10:30-20:00
Closed days: Tue
Address: Yoyogi-uehara tt Bldg. 2F, 10-8 Moto-Yoyogicho, Shibuya City
Access: Yoyogi-uehara (Subway, Odakyu), Yoyogi-koen (Subway)
*Hair salon
*Reservation required



 WEBSITE
  ACCESS MAP



13 SPARKLE Asakusa honten


SPARKLE 浅草本店



MAP H-3


Food, Clothing, other goods

☎03-6802-7661
https://sparkle-info.com/

Hours: 10:00-19:00
Closed days: Open 365 days
Address: 1-37-2 Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX)
*T-shirts & Souvenirs SPARKLE Haneda store is also in Tokyo.



 WEBSITE
  ACCESS MAP



14 Tokiwado Kaminari Okoshi Honpo Kaminarimon Main Store

常盤堂雷おこし本舗 雷門本店

MAP H-3

Food

☎03-3841-5656
https://tokiwado.tokyo/

Hours: 10:00-18:30
Closed days: Open 365 days
Address: 1-3-2 Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX)
*Kaminari 5656 Kaikan store is also nearby.



 WEBSITE
  ACCESS MAP



19 Al-Flah Supermarket


アルフラ スーパーマーケット


MAP C-1


Food

☎03-3985-9784

Hours: 11:00-23:00
Closed days: Open 365 days
Address: Onoya Bldg. 4F, 2-41-2 Ikebukuro, Toshima City
Access: Ikebukuro (JR, Subway, Seibu, Tobu)



 ACCESS MAP



20 Rahmania Halal Super Market

ラマニアハラルスーパーマーケット

MAP D-1

Food, other goods

☎03-6806-7276
www.facebook.com/rahmania.supermarket/

Hours: 8:00-25:00
Closed days: Open 365 days
Address: 3-47-2 Minami-Otsuka, Toshima City
Access: Otsuka (JR), Mukohara (Tokyo Sakura Tram)



 WEBSITE
  ACCESS MAP



15 Soleil

ネイルケアサロン ソレイユ

MAP K-10

Service

https://perachi.com/landing_pages/view/soleil1203

Hours: 9:00-19:00
(Reservation required via e-mail: soleil.nail.1203@gmail.com)
Closed days: No fixed holiday
Address: Omori-Nishi, Ota City (details informed after reservation)
Access: Omori (JR), Heiwajima (Keikyu)
*Halal nails



 WEBSITE
  ACCESS MAP



16 Sumitomo Fudosan Shopping City HANEDA AIRPORT GARDEN

住友不動産ショッピングシティ羽田エアポートガーデン

MAP K-10

Food, Clothing, other goods/service

☎0570-033-577
https://www.shopping.sumitomord.com/haneda/shopping/

Hours: Varies depending on the store
Closed days: Open 365 days
Address: 2-7-1, Haneda Airport, Ota City
Access: Haneda Airport Terminal 3 (Keikyu, Tokyo Monorail)



These icons are available at some stores.

 WEBSITE
  ACCESS MAP



21 Kinako Sweets Factory (Watato)

Kinako Sweets Factory (ワタト)

MAP L-8

Food, other goods

☎03-3883-3209
https://watato.net/

Hours: 9:00-17:00
Closed days: Sat, Sun, holidays
Address: 2-18-9 Higashi-Hokima, Adachi City
Access: Rokucho (TX)



 WEBSITE
  ACCESS MAP



22 Machitena Nishi-Tokyo

まちテナ西東京 まちテナショップ

MAP L-8

Clothing, other goods

☎042-452-7305
https://machitenna.com/

Hours: 10:00-20:00 (Mon-Fri), 10:00-19:00 (Sat), 10:00-18:00 (Sun, holidays)
Closed days: Jan. 1
Address: 4-1-2 Tanashicho, Nishi-Tokyo City
Access: Tanashi (Seibu)



 WEBSITE
  ACCESS MAP



STAY

This section covers lodgings in Tokyo, ranging from premium hotels to casual guest houses. Many facilities also provide space for prayer, and can even lend you prayer items. All of the lodgings listed here are able to accommodate the lifestyle and practices of Muslim guests while providing the very best of Japanese hospitality.



1 Hotel New Otani Tokyo
ホテルニューオータニ

☎03-3265-1111
www.newotani.co.jp/tokyo/

Address: 4-1 Kioicho, Chiyoda City
Access: Akasaka-mitsuke (Subway), Nagatacho (Subway)

ACCESS MAP

MAP D-5
Room 1479
Restaurant 37

2 Imperial Hotel, Tokyo
帝国ホテル 東京

☎03-3504-1111
www.imperialhotel.co.jp

Address: 1-1-1 Uchisaiwacho, Chiyoda City
Access: Hibiya (Subway)

ACCESS MAP

MAP F-5
Room 570
Restaurant 13

3 Palace Hotel Tokyo
パレスホテル東京

☎03-3211-5211
www.palacehotel.co.jp

Address: 1-1-1 Marunouchi, Chiyoda City
Access: Otemachi (Subway)

ACCESS MAP

MAP F-5
Room 284
Restaurant 10

4 SAKURA HOTEL JIMBOCHO
サクラホテル神保町

☎03-3261-3939
www.sakura-hotel.co.jp/jimbocho/

Address: 2-21-4 Kanda-Jimbocho, Chiyoda City
Access: Jimbocho (Subway)

ACCESS MAP

MAP F-4
Room 43
Restaurant 1

5 The Peninsula Tokyo
ザ・ペニンシュラ東京

☎03-6270-2888
www.peninsula.com/en/tokyo/

Address: 1-8-1 Yurakucho, Chiyoda City
Access: Hibiya (Subway)

ACCESS MAP

MAP F-5
Room 314
Restaurant 8

6 THE TOKYO STATION HOTEL
東京ステーションホテル

☎03-5220-1111
https://www.thetokystationhotel.jp/

Address: 1-9-1 Marunouchi, Chiyoda City
Access: Tokyo (JR, Subway)

ACCESS MAP

MAP F-5
Room 150
Restaurant 9

7 TOSHI CENTER HOTEL
都市センターホテル

☎03-3265-8211
www.ringa.co.jp/toshicenter/

Address: 2-4-1 Hirakawacho, Chiyoda City
Access: Nagatacho (Subway)

ACCESS MAP

MAP E-5
Room 327
Restaurant 2

9 ITO RYOKAN
伊東旅館

☎03-3666-6675
https://itoryokan.jp/en/

Address: 2-31-3 Nihonbashi-Ningyocho, Chuo City
Access: Ningyocho (Subway), Suitengu-mae (Subway), Hamacho (Subway)

ACCESS MAP

MAP G-4
Room 6
Restaurant 1

11 Best Western Hotel Fino Tokyo Akasaka
ベストウェスタンホテルフィノ東京赤坂

☎03-5575-3711
https://bw-hotels.jp/tokyo-akasaka

Address: 3-7-12 Akasaka, Minato City
Access: Akasaka (Subway), Akasaka-mitsuke (Subway)

ACCESS MAP

MAP D-5
Room 87
Restaurant 1

13 Grand Prince Hotel Shin Takanawa
グランドプリンスホテル新高輪

☎03-3442-1111
www.princehotels.com/shintakanawa/

Address: 3-13-1 Takanawa, Minato City
Access: Shinagawa (JR, Keikyu), Takanawadai (Subway)

ACCESS MAP

MAP D-8
Room 908
Restaurant 7

15 Shinagawa Prince Hotel
品川プリンスホテル

☎03-3440-1111
www.princehotels.com/shinagawa/

Address: 4-10-30 Takanawa, Minato City
Access: Shinagawa (JR, Keikyu)

ACCESS MAP

MAP D-9
Room 3554
Restaurant 14

8 hostel DEN
ホステルデン

☎03-6661-2067
https://hostel-den.jp/

Address: 4-13-8 Nihonbashi-Honcho, Chuo City
Access: Kodemmacho (Subway)

ACCESS MAP

MAP G-4
Room 11
Restaurant 0

10 KOKO HOTEL Tsukiji Ginza
KOKO HOTEL

☎03-5565-5680
https://koko-hotels.com/tsukiji_ginza

Address: 6-8-8 Tsukiji, Chuo City
Access: Tsukiji (Subway)

ACCESS MAP

MAP G-6
Room 188
Restaurant 1

12 Conrad Tokyo
コンラッド東京

☎03-6388-8000
www.conradtokyo.com/

Address: 1-9-1 Higashi-Shinbashi, Minato City
Access: Shiodome (Subway), Yurikamome

ACCESS MAP

MAP F-6
Room 291
Restaurant 5

14 Grand Prince Hotel Takanawa
グランドプリンスホテル高輪

☎03-3447-1111
www.princehotels.com/takanawa/

Address: 3-13-1 Takanawa, Minato City
Access: Shinagawa (JR, Keikyu), Takanawadai (Subway)

ACCESS MAP

MAP D-8
Room 388
Restaurant 6

16 The Prince Sakura Tower Tokyo
ザ・プリンス さくらタワー東京

☎03-5798-1111
www.princehotels.com/sakuratawer/

Address: 3-13-1 Takanawa, Minato City
Access: Shinagawa (JR, Keikyu), Takanawadai (Subway)

ACCESS MAP

MAP D-8
Room 288
Restaurant 2

17 RIHGA Royal Hotel Tokyo
リーガロイヤルホテル東京

☎03-5285-1121
www.rihga.com/tokyo

Address: 1-104-19 Totsukamachi, Shinjuku City
Access: Waseda (Subway)

ACCESS MAP 

MAP: D-3
Room: 131
Restaurant: 4

18 Shinjuku Prince Hotel
新宿プリンスホテル

☎03-3205-1111
www.princehotels.co.jp/shinjuku/

Address: 1-30-1 Kabukicho, Shinjuku City
Access: Seibu-Shinjuku (Seibu), Shinjuku (JR, Subway, Keio, Odakyu)

ACCESS MAP 

MAP: B-4
Room: 571
Restaurant: 3

19 Hotel Chinzanso Tokyo
ホテル椿山荘東京

☎03-3943-1111
https://www.hotelchinzanso-tokyo.com/

Address: 2-10-8 Sekiguchi, Bunkyo City
Access: Edogawabashi (Subway)

ACCESS MAP 

MAP: D-3
Room: 267
Restaurant: 9

20 SAKURA HOTEL NIPPORI
サクラホテル日暮里

☎03-5685-1200
www.sakura-hotel.co.jp/nippori/

Address: 3-43-15 Sendagi, Bunkyo City
Access: Nippori (JR, Keisei), Sendagi (Subway)

ACCESS MAP 

MAP: F-1
Room: 94
Restaurant: 1

21 Henn na Hotel Tokyo Asakusabashi
変なホテル東京浅草橋

☎050-5894-3780
https://www.hennnahotel.com/asakusabashi/

Address: 1-10-5 Asakusabashi, Taito City
Access: Asakusabashi (JR, Subway)

ACCESS MAP 

MAP: G-4
Room: 145
Restaurant: 1

22 Nakagawa inn
旅荘中川

☎03-5826-4430
https://www.facebook.com/nakagawainn/

Address: 5-3-7 Ueno, Taito City
Access: Okachimachi (JR), Akihabara (JR, Subway, TX)

ACCESS MAP 

MAP: G-3
Room: 15
Restaurant: 0

23 RYOKAN SAWANOYA
旅館 澤の屋

☎03-3822-2251
www.sawanoya.com/eigo.html

Address: 2-3-11 Yanaka, Taito City
Access: Nezu (Subway)

ACCESS MAP 

MAP: F-2
Room: 12
Restaurant: 1

24 SAKURA HOSTEL ASAKUSA
サクラホステル浅草

☎03-3847-8111
www.sakura-hotel.co.jp/asakusa/

Address: 2-24-2 Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP 

MAP: H-2
Room: 29
Restaurant: 1

25 Hotel East 21 Tokyo
ホテル イースト21東京

☎03-5683-5683
https://www.hotel-east21.co.jp/

Address: 6-3-3 Toyo, Koto City
Access: Toyocho (Subway)

ACCESS MAP 

MAP: I-5
Room: 394
Restaurant: 7

26 Moosa's Guest Room Tokyo
ムーサーズゲストルーム東京

☎050-5358-1130
https://moosas.net/

Address: MonteRoza*K, 4-7-5 Ojima, Koto City
Access: Ojima (Subway)

ACCESS MAP 

MAP: J-4
Room: 3
Restaurant: 0

27 HOTEL MID IN MEGURO-EKIMAE
ホテルミッドイン目黒駅前

☎03-3490-3111
www.midin.jp/meguro/en/

Address: 1-2-19 Shimo-Meguro, Meguro City
Access: Meguro (JR, Subway, Tokyu)

ACCESS MAP 

MAP: C-8
Room: 65
Restaurant: 0

29 CERULEAN TOWER TOKYU HOTEL
セルリアンタワー東急ホテル

☎03-3476-3000
www.tokyuhotels.co.jp/cerulean-h/

Address: 26-1 Sakuragaokacho, Shibuya City
Access: Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP 

MAP: B-7
Room: 408
Restaurant: 10

31 SAKURA HOUSE: Shibuya Yoyogi Uehara
サクラハウス 渋谷代々木上原 ムスリムハウス

☎03-5330-5250
www.sakura-house.com/

Address: 40-23 Oyamacho, Shibuya City
Access: Yoyogi-uehara (Subway, Odakyu)

ACCESS MAP 

MAP: A-6
Room: 30
Restaurant: 0

33 Sunshine City Prince Hotel
サンシャインシティプリンスホテル

☎03-3988-1111
www.princehotels.co.jp/sunshine/

Address: 3-1-5 Higashi-Ikebukuro, Toshima City
Access: Higashi-Ikebukuro (Subway)

ACCESS MAP 

MAP: C-1
Room: 1091
Restaurant: 4

35 Wild Cherry Blossom -HOSTEL, TOKYO KOGANEI-
Wild Cherry Blossom HOSTEL

☎042-401-1221
https://wildcherryblossomhostel.com/ja/top-ja/

Address: 4-15-14 Nakacho, Koganei City
Access: Musashi-Koganei (JR)

ACCESS MAP 

MAP: I-9
Room: 95
Restaurant: 0

28 The Westin Tokyo
ウェスティンホテル東京

☎03-5423-7000
www.westintokyo.com

Address: 1-4-1 Mita, Meguro City
Access: Ebisu (JR, Subway)

ACCESS MAP 

MAP: C-8
Room: 445
Restaurant: 7

30 SAKURA HOTEL HATAGAYA
サクラホテル幡ヶ谷

☎03-3469-5211
www.sakura-hotel.co.jp/hatagaya/

Address: 1-32-3 Hatagaya, Shibuya City
Access: Hatagaya (Keio)

ACCESS MAP 

MAP: A-5
Room: 81
Restaurant: 1

32 SAKURA HOTEL Ikebukuro
サクラホテル池袋

☎03-3971-2237
www.sakura-hotel.co.jp/ikebukuro/

Address: 2-40-7 Ikebukuro, Toshima City
Access: Ikebukuro (JR, Subway, Seibu, Tobu)

ACCESS MAP 

MAP: C-1
Room: 103
Restaurant: 1

34 SAKURA HOUSE TABATA 2: Muslim-Friendly Share House FOR WOMEN
サクラハウス・田端2 ムスリムフレンドリーシェアハウス女性専用

☎03-5330-5250
www.sakura-house.com/building/tabata-2/share-house-for-muslim-women

Address: 3-27 Tabatashinmachi, Kita City
Access: Tabata (JR)

ACCESS MAP 

MAP: K-8
Room: 4
Restaurant: 0

An accommodation tax is levied when staying at hotels in Tokyo.

Room Charge (per person per night)	Below ¥10,000	Between ¥10,000 to ¥15,000	¥15,000 and above
Tax	Tax-free	¥100	¥200

*The revenue from the accommodation tax is used to enhance the attractiveness of Tokyo as a global city and to fund measures to promote tourism.

31: *The map indicates the place of the accommodation. The place you get the key of the room is near Shinjuku Sta.

Staying calm and taking the necessary steps

What To Do in an Emergency

This information will help you in the event of disasters such as earthquakes, storms, floods, or fires, theft, lost items, and other emergencies.

Earthquakes

What to do

If you feel shaking from an earthquake, remain calm and take steps to protect your body. Act in an orderly manner; do not panic or run.



How to protect yourself

Indoors

Watch out for objects that may fall or topple over. Stay away from anything made of glass such as windows, TVs, or furniture, and protect your body by crouching under a table, etc. Once the shaking has subsided, make sure the gas is turned off and there are no sources of fire. Open doors or windows so that you can evacuate if necessary. Wear slippers or shoes indoors if there are fallen objects.

Outdoors

Make sure you are not near any objects that may fall or topple over. Protect your head using your bag, etc. If you are inside an underground shopping complex and the power goes out, do not panic nor rush for the exit. Instead, wait for the shaking to subside, and then move along the walls toward the emergency exit.

If you are inside an elevator

As soon as you feel any shaking, press the buttons for all of the floors and get off wherever the elevator stops. If you are trapped inside the elevator, use the intercom to call for help. Do not use elevators to evacuate, since you can become trapped inside due to aftershocks or power outages.

Watch out for tsunamis!

An earthquake may be followed by a tsunami. Stay away from waterfronts and low-lying ground. If you are near the sea, immediately flee toward nearby high ground, a tsunami evacuation building, or a taller structure. Tsunamis can also travel against the current of a river. Flee in a direction perpendicular to the river.

Watch out for aftershocks!

A strong earthquake may be followed by multiple aftershocks. Be careful, as aftershocks may cause landslides or the collapse of buildings.

Storms/Floods

Heavy Rain/Violent Storms

Pay attention to weather information. In the event of heavy rain, stay away from rivers and underpasses. If you are near a cliff, watch out for landslides.

Be careful not to fall into open manholes or gutters. If you are in an area that is underground or partially underground and there is a danger of flooding, move to a safe location above ground.



Tornadoes

If you are indoors, close any storm shutters and/or curtains, move away from the windows, and crouch under a sturdy table, etc. If you are outdoors, take shelter inside an underground facility or a sturdy structure made of a material like reinforced concrete, and wait for the tornado to pass.

Fires

What to do

If you notice a fire, alert those around you by shouting "Fire!" (*Kaji da!*) and dial 119 for the fire department. Cover your mouth and nose with a handkerchief, etc. so that you do not breathe in smoke, and stay close to the ground as you move. If you cannot see your surroundings due to smoke, move along the walls. If you are inside a hotel, etc., follow the instructions of staff.

Theft/Lost Items

Report the matter to the police, who will issue a certificate of theft or loss. If you accidentally left an item on a train or bus or inside a taxi, contact the respective operating company.

If your passport is stolen or lost

Contact your country's embassy or consulate to have the passport invalidated and issue an emergency passport or travel document for returning to your home country.

https://www.mofa.go.jp/about/emb_cons/protocol/



If your credit card is stolen or lost

Immediately call the credit-card company's emergency hotline to cancel your card.



Evacuation Shelters

What are evacuation shelters?

Evacuation shelters are spaces that temporarily accept and shelter people who have been forced to leave their homes due to a disaster. They also provide disaster-related information and essential supplies like water. Evacuation shelters are usually located inside a public facility such as a school, and accept foreigners. Travel on foot and take as little with you as possible.



Evacuation Area



Evacuation Shelter



Tsunami Evacuation Area



Tsunami Evacuation Building

Notes on evacuating

When evacuating, travel on foot and take as little with you as possible. Make sure you have valuables such as your passport or residence card, mobile phone, and charger.

Evacuation signage for different types of disasters

When walking around Tokyo, you will probably notice many signs indicating locations or facilities where you should evacuate. When you are near rivers or the sea, also keep an eye out for signage on how to escape a tsunami.

Emergency Information in Foreign Languages

Online Information

Safety tips In total 14 languages such as English, Chinese, Korean, Spanish, and more.

A disaster information app for foreign travelers in Japan provided by the Japan Tourism Agency. You can get push notifications for earthquake early warnings and tsunami warnings, as well as emergency weather warnings for heavy rain, etc. and volcanic eruption information issued for Japan. The app also provides a flowchart for what to do in an evacuation, helpful links such as a list of embassies, and communication cards to use if you cannot communicate in Japanese.

Android <https://play.google.com/store/apps/details?id=jp.co.rcsc.safetyTips.android>
iOS <https://apps.apple.com/app/safety-tips/id858357174>



Android



iOS

Tokyo Fire Department Multilingual Page

English, Chinese, Korean, Thai, Filipino, and Japanese
<https://www.tfd.metro.tokyo.lg.jp/eng/>



Tokyo Metropolitan Government Disaster Prevention Website

English, Chinese, Korean, Portuguese, Spanish, Japanese, and more.
<https://www.bousai.metro.tokyo.lg.jp>



Immigration Services Agency of Japan Website

multilingual
<https://www.isa.go.jp/en/>



Japan Visitor Hotline English, Chinese, Korean, and Japanese

Japan National Tourism Organization (JNTO) operates a visitor hotline 24 hours a day, 365 days a year. Please feel free to call for tourist information or assistance in case of accidents or emergencies.

050-3816-2787
 (24 hours a day)

<https://www.japan.travel/en/plan/hotline/>



NHK World

In addition to your computer, NHK World TV and NHK World Radio are also available on your smartphone or tablet device if you download a specialized free app.

NHK World TV (English) <https://www3.nhk.or.jp/nhkworld/>

NHK World Radio Japan (Japanese and 17 other languages): Find the link for your language on the website above.



Emergency Numbers

Police
Fire
Department

110
119

In the event of a crime or accident

To report a fire or to call for help or an ambulance

List of Hospitals and Clinics With English-Speaking Staff and Female Doctors

It can be tough for Muslim travelers if you happen to become ill or injured during your trip, especially for women. However, there are many hospitals and clinics throughout Tokyo with women doctors on staff. What's more, all of the facilities listed here have English-speaking staff. Enjoy your time in Tokyo with added peace of mind!

*Due to working schedules, we cannot guarantee that female doctors or English-speaking staff are available 24/7.

*Please contact the facility you intend to visit by phone and speak to the staff before arriving.

Internal Medicine

Kioicho Naika Clinic

紀尾井町内科

☎ 03-6265-6500

Weekdays 9:30-12:30, 14:00-17:30

Not available on Friday

Closed days: Sat, Sun, hols

KKD Bldg. 1F, 3-1 Kioicho, Chiyoda City

<https://kioichonaika.jp/>

1 D-5



General Hospital, Emergency

St. Luke's International Hospital

聖路加国際病院

☎ 03-3541-5151

General Internal Medicine 8:30-11:00 Other depart-

ments by appointment only. Emergency department

available 24 hours. Designations for male or female

doctors are not allowed. Closed days: Sat, Sun, hols

9-1 Akashicho, Chuo City

<https://hospital.luke.ac.jp/eng/>

2 G-6



Internal Medicine, Diabetes/Endocrinology, Hepatology/Gastroenterology

Takahashi Clinic

高橋医院

☎ 03-3551-5955

9:30-13:00, 15:00-18:30

Closed days: Mon (afternoon), Fri (morning),

Sat, Sun, hols

Takahashi Bldg. 1F, 3-26-8 Hatchobori,

Chuo City

<http://hatchobori.jp/english/>

3 G-5



Internal Medicine, Allergy, Dermatology

Daimon Medical Clinic

大門メディカルクリニック

☎ 03-6435-6056

Weekdays 12:00-14:15, 16:00-19:00

Closed days: Sat, Sun, hols

Orchid Place 5F, 2-1-16 Hamamatsucho,

Minato City

www.daimonclinic.jp/en/doctor-2/

4 E-7



Internal Medicine, Vaccination, Medical Check-up

International Health Care Clinic

医療法人社団インターナショナルヘルスケアクリニック

☎ 03-3501-1330

Tue-Fri 10:00-12:15, 15:30-18:15

Closed days: Sat, Sun, hols

Sueyoshi Bldg. 3F, 2-10-5 Shimbashi,

Minato City

www.ihc-clinic.jp/en/

5 E-6



General Hospital, Emergency

International University of Health and Welfare, Mita Hospital

国際医療福祉大学三田病院

☎ 03-3451-8121

Accepting new patients 8:30-11:30, 12:30-16:30

ED opens 24/7 (secondary care)

Closed days: Sun, hols

1-4-3 Mita, Minato City

<https://mita.iuhw.ac.jp/english/>

6 E-7



Internal Medicine, Ophthalmology, Travel Medicine, Medical Check-up

Shinagawa East Clinic

品川イーストクリニック

☎ 03-5783-5521

Internal medicine, Travel medicine and Ophthalmology 9:00-13:00,

14:30-17:30 (Reservation required) *Ophthalmology only in Mon,

Thu afternoons Medical check up 9:00- (Reservation required)

Closed days: Sat, Sun, hols

Shinagawa Intercity B Bldg. 2F, 2-15-2 Kounan, Minato City

<http://e-clinic.gr.jp/en/>

7 E-9



General Clinic

Tokyo Medical & Surgical Clinic

トウキョウ メディカル アンド サージカル クリニック

☎ 03-3436-3028

Weekdays 9:00-17:00; Sat 9:00-12:30

Closed days: Sun, hols

32 Shibakoen Bldg. 2F, 3-4-30 Shibakoen,

Minato City

<https://tmssc.jp/>

8 E-6



General Hospital, Emergency

Tokyo Takanawa Hospital

東京高輪病院

☎ 03-3443-9191

Reception hours 8:30-11:30

Language Services 9:00-15:45

Closed days: Sat, Sun, hols

3-10-11 Takanawa, Minato City

<https://takanawa.jcho.go.jp/international-assistance-service/>

10 D-8



General Hospital, Emergency

Juntendo University Hospital

順天堂大学医学部附属順天堂医院

☎ 03-3813-3111

Reception hours for first visit (weekdays) 8:00-11:00, 11:30-15:00

(Saturdays except 2nd Saturday) 8:00-11:00, 11:30-14:30

*Check the website for details. *Please bring a referral letter

from another medical institution.

Closed days: 2nd Sat, Sun, hols, May 15, Year-end and New Year

3-1-3 Hongo, Bunkyo City <https://hosp.juntendo.ac.jp/>

12 F-3



General Hospital, Emergency

Tokyo Metropolitan Hiroo Hospital

東京都立広尾病院

☎ 03-3444-1181 / 03-3446-8331(Reservation)

Weekdays 9:00-17:00; Sat 9:00-11:30

Closed days: Sun, hols

2-34-10 Ebisu, Shibuya City

<https://www.tmh.jp/hiroo/en>

14 D-7



General Hospital, Emergency

Tokyo Saiseikai Central Hospital

東京都済生会中央病院

☎ 03-3451-8211

Mon-Sat 8:00-11:30

Emergency department available 24 hours

Closed days: Sun, hols, 2nd and 4th Sat, Year-end

and New Year

1-4-17 Mita, Minato City

www.saichu.jp/english/home/

9 E-7



Internal Medicine, Pediatrics, Dermatology, Travel Medicine

Navitas Clinic Shinjuku

ナビタスクリニック新宿

☎ 03-5361-8383

Mon-Fri 10:00-13:00, 15:00-20:00 Sat 10:00-14:00;

Sun, hols 10:00-17:00 *Check the website as

consultation hours/days vary by department.

Closed days: Year-end and New Year

NEWoMan Bldg. 7F, 4-1-6 Shinjuku, Shinjuku City

www.navitasclinic.jp/clinic/shinjuku/

11 B-4



Internal Medicine, Pediatrics, Dermatology, Allergy

Miwa Medical Clinic

美和メディカルクリニック

☎ 03-5770-3855

Weekdays 9:20-12:30, 15:30-18:30 Sat 9:20-13:00

Closed days: Thu (morning), 1st, 3rd and 5th Sat,

Sun, hols

Aoyama R Natsuno Bldg. 4F, 4-2-17 Jingumae,

Shibuya City

www.miwamedical.net/

13 C-6



POINT-AND-ASK GUIDE

EAT

肉 Meat	牛肉 Beef	豚肉 Pork	鶏肉 Chicken	羊肉 Lamb/Mutton	魚 Fish	貝 Shellfish
野菜 Vegetables	きのこ Mushrooms	醤油 Soy sauce	味噌 Miso	酢 Vinegar	みりん Mirin	

Q 私はムスリムです。豚肉が食べられません。 I am a Muslim. I cannot eat pork or drink alcohol.	A はい、わかりました。 I understand. That's no problem. 申し訳ありません。当店で対応できません。 I'm very sorry, but we cannot comply with your dietary restrictions.
--	--

Q この店は豚肉を扱っていますか？ Does this shop handle pork products?	A はい YES いいえ NO
---	--------------------------

Q 英語のメニューがありますか？ Do you have an English menu?	A はい YES 申し訳ありません。ございません。 I'm sorry, we do not.
--	--

Q この料理は、アルコールを含む調味料（醤油・味噌・みりん）や豚由来の食材（豚肉、豚骨スープ、ラード、ゼラチン）を使用していますか？ Does this food use seasonings which include alcohol (soy sauce, miso, mirin) or products made from pigs (pork, pork-bone soup, lard, gelatin)?	A YES 使用していません NO
--	-------------------------

Q この料理から _____ を取り除けますか？ Can you remove the _____ from this food?	A はい YES 申し訳ありません。できません。 I'm sorry, we cannot.
--	---

Q お勧め料理はどれですか？ Which dish do you recommend?	A _____ I recommend the _____.
--	-----------------------------------

Q 洗面所はどこですか？ Where is the restroom?	A あちです。 It's over there. ご案内します。 Please, follow me.
--	--

Q (西北西に向けて畳一畳分の広さ) 礼拝をしたいのですが、場所を貸していただけませんか？ I wish to perform prayers. Will you please lend me a prayer space?	A こちらをご利用ください。 Please use this room. 申し訳ありません。ございません。 I'm sorry, but we do not have any rooms.
---	---

STAY

内科 Internal medicine	外科 Surgery	形成外科 Plastic surgery	婦人科 Gynecology	小児科 Pediatrics
耳鼻咽喉科 Otorhinolaryngology	眼科 Ophthalmology/ Eye clinic	歯科 Dentistry	総合病院 General Hospital	救急病院 Emergency Hospital

Q 荷物を預かれますか？ Can you look after my luggage?	A はい、何時までですか？ Yes. What time will you return here? 申し訳ありません。できません。 I'm sorry, we cannot do that.
--	---

Q タクシーを呼んでください。 Will you call a taxi for me?	A はい、どこまで行かれますか？ Certainly. Where would you like to go?
---	--

Q このホテルにはムスリムでも食べられるレストランがありますか？ Does this hotel have any restaurants suitable for Muslim diners?	A はい、こちらです。 Yes, this restaurant is suitable. 申し訳ありません。ありません。 I'm sorry, there are no such restaurants here.
--	---

Q この近くに女性がいる英語対応可能な病院がありますか？ Is there a nearby hospital where there are female, English-speaking doctors?	A あります。 _____ 分ほどかかります。 Please visit the _____. It takes _____ minutes to get there. 近くにありません。 No, there are none nearby.
--	---

SHOP

Q これはいくらですか？ How much does this cost?	A 日本円で _____ 円です。 It costs _____ yen, including tax.
--	---

Q この店は免税になりますか？ Is this store a tax-free store?	A はい、当店は免税店です。 Yes, it is. いいえ、免税店ではありません。 No, it isn't.
--	---

Q クレジットカードは使えますか？ Can I use a credit card here?	A はい、使えます。 Yes, you can. 日本円の現金のみです。 No, we only accept Japanese yen in cash.
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Visa	JCB	MasterCard	Diners Club	American Express	ユニオンペイ UnionPay
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TOKYO MUSLIM

Travelers' Guide 2024-2025

Pray•Eat•Shop•Stay

 Welcome to TOKYO!