

TOKYO

Sightseeing Guide



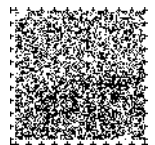
Sensoji Temple and TOKYO SKYTREE®



Kaedebashi Bridge, Mitake Valley



Niihima



Uni-Voice audio codes for this guide are printed on the bottom right of right-side pages and the bottom left of left-side pages.
Read them using a Uni-Voice compatible app on your device to get access to audio content.

Get out and enjoy Tokyo!

Here we provide eleven recommended sightseeing courses, plus information on tourist spots, souvenirs, and other attractions in each of Tokyo's 62 municipalities, divided into eight regions.

Tips for Enjoying Tokyo Tourism

Barrier-free

The Tokyo Metropolitan Government is actively working to make tourism accessible to all, so that the elderly, foreign travelers, people with impairments, and everyone else can relax and enjoy the sights of the city. This guidebook uses pictograms to provide accessibility information for each attraction.

Tokyo Sightseeing Accessibility Guide

This website suggests thirty sightseeing courses that take you to several popular attractions in Tokyo. Accessibility information is provided along the travel route along with tourist information for nearby facilities. Pick the one that suits your interests and mobility!



Tokyo accessible tourism portal site

This website provides useful information for sightseers in Tokyo while presenting some of the cutting-edge accessibility initiatives of companies in the metro area. When you visit, be sure to check out the promotional video on accessible tourism in Tokyo on the top page!



Cool Spots

The Tokyo metro area is full of spots where you can cool off and relax during your travels. Look for the symbol in the maps shown in this guidebook.

Sites equipped with misting systems or other cooling features

Taito City	Area around the Asakusa Culture Tourist Information Center, Komagata Park, Asakusabashi Park
Koto City	Toyosu Park, Toyosu Rokuchome Park, Toyosu Rokuchome Daini Park, Toyosu Gururi Park, road in front of the Gas Science Museum
Setagaya City	Kamiyoga Park*, Setagaya Business Square
Shibuya City	Shibuya Stream

*Pergola only

Mind the heat when you're out sightseeing or watching the events!

- Avoid the heat
- Stay hydrated
- Know your limits

(Source: Heat Stroke Environmental Health Manual 2018. Ministry of the Environment, Heat Illness Prevention Information website)

If you are showing signs of heat stroke

If you experience lightheadedness, vomiting, or convulsions, you may be suffering from heat stroke. Get into the shade or other cool spot or head indoors, loosen your clothing, and rest.

The Tokyo area is full of shaded green parks. Use them to take a break, rest, and cool off. If you or a fellow traveler begins to lose consciousness, call an ambulance immediately.

Entertainment

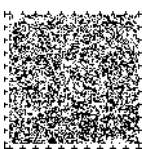
Entertainment information site

This portal site makes it easy to get information on entertainment happening in the Tokyo area. Check out stage performances, concerts, flower arranging, ninja experiences, and more. You can even make event reservations and pay for tickets through the site!



Night Views & Entertainment

Nighttime is a great time to get out and enjoy the city. In addition to its famous night views, Tokyo offers state-of-the-art activities, eating and drinking districts, and more. Look for the 🌃 symbol next to the attractions presented in this guidebook and the spots described in the TOKYO NIGHT Story section. Don't miss out on the fun happening in Tokyo after dark!



Recommended sightseeing plans

Explore the Olympic Stadium / Tokyo Metropolitan Gymnasium area on foot	▶ P.3
Explore the Yoyogi National Stadium area on foot	▶ P.5
Explore the Nippon Budokan area on foot	▶ P.7
Explore the Tokyo International Forum area on foot	▶ P.9
Explore the Oi Hockey Stadium area on foot	▶ P.11
Explore the Kokugikan area on foot	▶ P.13
Explore the Equestrian Park area on foot	▶ P.15
Explore the Musashino Forest Sport Plaza, Tokyo Stadium, and Musashinonomori Park area on foot	▶ P.17
Explore the area around the Asaka Shooting Range on foot	▶ P.19
Explore the Kasai Canoe Slalom Centre area on foot	▶ P.21
Explore the Bay Area on foot	▶ P.23

Information on icons

Explanation of pictograms

- Address
- Travel time on foot
- Phone number
- Travel time by train
- Cost
- Travel time by bus

Information accessibility pictograms

- Wheelchair-accessible toilet available
- Ostomate facilities available
- Nursing area available
- Communication available by writing board or paper
- Tactile maps / braille explanations available

TOKYO 62: Explore the many faces of Tokyo's municipalities ▶ P.27~

We've divided Tokyo into eight areas so we can showcase the best features of each region!

Sightseeing spots around venues outside of Tokyo ▶ P.87~

Hokkaido / Miyagi / Fukushima / Ibaraki / Chiba / Saitama / Kanagawa / Shizuoka and Yamanashi

Helpful information ▶ P.95~

Tokyo event calendar / attractions by category / disaster information / Tokyo Railway Network Map

Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Reading the sightseeing course information



1 Shinjuku Gyoen National Garden

Once part of an Edo-era feudal lord's home, this massive green space has since been turned into a public park. The grounds feature both Japanese and Western garden elements and offer wonderful views of the surrounding skyscrapers.

11 Naito-machi, Shinjuku-ku
 Shinjuku-Gyoenmae Station (and others), Tokyo Metro Marunouchi Line
 03-3350-0151

Admission fee



Map number

Indicates location on the detailed map.

Closest train station / bus stop

Gives a recommended travel route for reference.

Cost

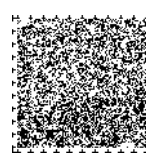
Indicates whether the attraction is free or requires a fee. Please contact the facility directly for details.

Accessibility information

Indicated using icons.

QR codes

Use your device to read the QR codes for access to facility websites and more.



Note: Due to the spread of COVID-19, certain venues and facilities may be closed. When planning a visit, we recommend confirming whether they are open in advance.

Note: Traffic information is subject to change in case of natural disaster or seasonal change.

Note: Most of the information provided in this guide was current as of January 2021. Note: Some devices may not be able to read the QR codes shown.

※本誌掲載の地図は、測量法に基づく国土地理院長承認を得て作成しました。(使用)R 1JHs 949J

Explore the Olympic Stadium / Tokyo Metropolitan Gymnasium area on foot



Copyright: JAPAN SPORT COUNCIL



Discover both nature and culture amidst the bustling heart of Tokyo

Olympic Stadium/ Tokyo Metropolitan Gymnasium

Sendagaya Station,
JR Sobu Line



About 7 minutes' walk

1 Shinjuku Gyoen National Garden



About 15 minutes' walk

2 Kabukicho



About 4 minutes' walk

3 Godzilla Head



About 20 minutes' walk

4 Tokyo Metropolitan Government Building Observatory



©Shinjuku Gyoen National Garden



©TCVB

1 Shinjuku Gyoen National Garden

Once part of an Edo-era feudal lord's home, this massive green space has since been turned into a public park. The grounds feature both Japanese and Western garden elements and offer wonderful views of the surrounding skyscrapers.

📍 11 Naitomachi, Shinjuku-ku
🚉 Shinjuku-gyoenmae Station (and others), Tokyo Metro Marunouchi Line

☎ 03-3350-0151

🎫 Admission fee



2 Kabukicho

Anything and everything you'd want to eat or drink can be found in the shopping districts around Shinjuku Station—in Kabukicho Ichibangai, Omoide Yokochi, Golden Gai... the list goes on. Kabukicho in particular is known around the world as one of the city's busiest quarters.

📍 1 Kabukicho, Shinjuku-ku (and elsewhere)

🚉 Shinjuku Station, JR Yamanote Line (and others)



3 Godzilla Head

This Godzilla head was made in 2015 to commemorate 60 years of Godzilla and has become a landmark in Kabukicho. From the outdoor terrace on the 8th floor of the building the giant Godzilla looks on with its mouth open wide.

📍 Shinjuku Toho Bldg. 1-19-1 Kabukicho, Shinjuku-ku

🚉 Shinjuku Station, JR Yamanote Line (and others)



4 Tokyo Metropolitan Government Building Observatory

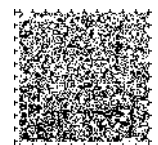
Designed by Kenzo Tange and constructed in 1990, the Tokyo Metropolitan Government Building No. 1 offers sweeping views of the city from its 45th-floor observatory 202 meters above the ground. You can also visit the Tokyo Tourist Information Center located on the first floor.

📍 2-8-1 Nishi Shinjuku, Shinjuku-ku

🚉 Tochohmae Station, Toei Oedo Line

☎ 03-5320-7890

🎫 Admission is free



Venture a little further by train

Shinjuku Station → JR Chuo Line → Nakano Station
About 6 minutes

Nakano Broadway



Nakano Broadway offers a mix diverse shopping opportunities, from the miscellaneous goods and fresh food items the locals buy every day to specialty shops stocked with anime goods and figurines. It's the next best place to Akihabara when it comes to Japan's fandom subculture.

📍 5-52-15 Nakano, Nakano-ku

🚉 Nakano Station, JR Chuo Line

☎ 03-3388-7004



Explore the Yoyogi National Stadium area on foot



Copyright: JAPAN SPORT COUNCIL



Experience cutting-edge trends in one of the most vibrant districts of Tokyo

Yoyogi National Stadium

Harajuku Station, JR Yamanote Line



About 4 minutes' walk

1

Meiji Jingu



About 5 minutes' walk

2

Takeshita Street



About 5 minutes' walk

3

Ota Memorial Museum of Art



About 17 minutes' walk

4

Shibuya Scramble Crossing

Venture a little further by train



Shibuya Station Tokyu Toyoko Line Naka-Meguro Station
About 4 minutes

A prime cherry blossom spot lined with fashion-forward shops
Megurogawa River



For more information, read about Nakameguro, Daikanyama, and Ebisu in the Southern Tokyo section (page 53)



Shibuya Station JR Yamanote Line Ebisu Station
About 3 minutes

A commercial complex with both natural spaces and cultural facilities
Yebisu Garden Place



For more information, read about Nakameguro, Daikanyama, and Ebisu in the Southern Tokyo section (page 53)



1 Meiji Jingu

Dedicated to Emperor Meiji and Empress Shoken, Meiji Jingu celebrated the 100th year of their enshrinement in 2020. The groves here are cultivated, but still offer a serenity that will make you forget you're in the middle of two of Tokyo's busiest districts.

1-1 Yoyogi Kamazono-cho, Shibuya-ku

Harajuku Station, JR Yamanote Line

03-3379-5511



2 Takeshita Street

Just across the street from JR Harajuku Station is Takeshita-dori, a 350-meter stretch of food and fashion options popular among Tokyo's trend-setting youth. Head here to feel the pulse of Japan's trendiest youth culture.

1 Jingumae, Shibuya-ku (and elsewhere)

Harajuku Station, JR Yamanote Line



3 Ota Memorial Museum of Art

One of the only museums dedicated to ukiyo-e ("pictures of the floating world") even in Tokyo, the Ota Memorial Museum of Art showcases the collection of fifth-generation industrialist Seizo Ota.

1-10-10 Jingumae, Shibuya-ku

Meiji Jingumae (Harajuku) Station, Tokyo Metro Chiyoda Line (and others)

03-5541-8600 (Hello dial)

Admission fee



4 Shibuya Scramble Crossing

Head to this intersection in front of Shibuya Station to see upwards of a thousand people crossing at a time. Thronged with people at all hours of the day and night, it is famous for being the busiest intersection in the world.

Dogenzakashita, Shibuya Crossing, Shibuya-ku

Shibuya Station, JR Yamanote Line (and others)

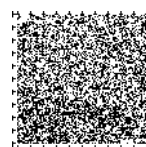


● Statue of Hachiko, the faithful dog

In the 1920s, this Akita dog continued to wait at Shibuya Station for his owner to arrive back—for nine years after his owner passed away. Today, the statue has become a beloved symbol of the Shibuya area.

2-1 Dogenzaka, Shibuya-ku

Shibuya Station, JR Yamanote Line (and others)



Explore the Nippon Budokan area on foot



Visit famous gardens and wander through charming, entertainment-filled streets

Nippon Budokan

🚉 Kudanshita Station,
Toei Shinjuku Line
(and others)



About 19 minutes' walk

1 Kanda-Jimbocho Used Bookstore Street



About 17 minutes' walk

2 Tokyo Dome City



About 4 minutes' walk

3 Koishikawa Korakuen Gardens



About 13 minutes' walk

4 Kagurazaka Road



1 Kanda-Jimbocho Used Bookstore Street

There are a lot of universities in this part of the city, making it somewhat of a college town and giving rise to lines of used and new bookstores. In fall, the Jimbocho Book Festival and the Kanda Used Book Festival are held here.

📍 2 Kanda-Jimbocho, Chiyoda-ku
(and elsewhere)

🚉 Jimbocho Station, Toei Mita Line
(and others)



2 Tokyo Dome City

Tokyo Dome City is an urban entertainment complex built around the Tokyo Dome, Japan's first multipurpose all-weather stadium. There are all kinds of shops here in addition to an amusement park, bathhouse, museum, hotel, and restaurants.

📍 1-3-61 Koraku, Bunkyo-ku

🚉 Suidobashi Station, JR Sobu Line (and others)
☎ 03-5800-9999

🎫 Admission is free



3 Koishikawa Korakuen Gardens

Built in the 1600s, Koishikawa Korakuen is one of the finest *daimyo* gardens in Japan. Around a central pond called Daisensui are planted various cherry trees, Japanese maples, and other distinctive plants designed to be visible in every season.

📍 1-6-6 Koraku, Bunkyo-ku

🚉 Iidabashi Station, JR Sobu Line
(and others)

☎ 03-3811-3015

🎫 Admission fee



4 Kagurazaka Road

Once a lively geisha district, Kagurazaka now blends old and new by combining historical shops with modern eateries and a host of other delights. Duck down one of the cobbled backstreets and you'll find vestiges of the Edo period lingering to this day.

📍 3 Kagurazaka, Shinjuku-ku (and elsewhere)

🚉 Kagurazaka Station, Tokyo Metro Tozai Line
(and others)



Venture a
little further
by train

🚉 Jimbocho Station → Toei Mita Line → Sugamo Station
About 9 minutes

Sugamo Jizo-dori Shopping Street



Often dubbed "Harajuku for Grandmas", this bustling district is full of shops and places of worship—many of which have been around since the mid-Edo period. It's particularly lively on *ennichi* days (those numbered with a 4) each month.

📍 3 and 4 Sugamo, Toshima-ku (and elsewhere)

🚉 Sugamo Station, JR Yamanote Line
(and others)



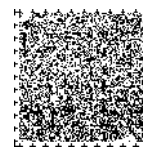
Togenuki Jizoson (Kogan-ji Temple)



Affectionately referred to as Togenuki Jizo, the principal deity revered at this temple is the Bodhisattva of longevity. People believe that even praying to an image made in its likeness will bring them healing.



📍 3-35-2 Sugamo, Toshima-ku
🚉 Sugamo Station, JR Yamanote Line (and others)
☎ 03-3917-8221



Explore the Tokyo International Forum area on foot



Tokyo International Forum

3-5-1 Marunouchi, Chiyoda-ku



Explore a central Tokyo district that seamlessly integrates old and new

Tokyo International Forum

Yurakucho Station,
JR Yamanote Line
(and others)



About 10 minutes' walk

1 The East Gardens of the Imperial Palace



About 9 minutes' walk

2 Marunouchi Station Building at Tokyo Station



About 22 minutes' walk

Ginbura! (Wandering around Ginza)



3 Nihombashi Bridge



About 12 minutes' walk

4 Kabukiza Theatre

Ginbura! (Wandering around Ginza)

Between noon and nightfall on Saturdays, Sundays, and public holidays, the main street through the Ginza district becomes a pedestrian's paradise. Lines of noble established department stores and luxury brand shops offer endless shopping delights.



©TCVB



1 The East Gardens of the Imperial Palace

Sprawling for some 210,000 square meters, the East Gardens of the Imperial Palace cover an area about four and a half times the size of the Tokyo Dome. This is a lush green oasis where you can also see some historical sites, like traditional Japanese gardens or the stone wall that once belonged to the Edo Castle tower.

1-1 Chiyoda, Chiyoda-ku

Otemachi Station, Toei Mita Line

(and others)

03-3213-1111

Admission is free



2 Marunouchi Station Building at Tokyo Station

This iconic red-brick station building was restored to its original form in 2012. The plaza in front of the station has stone benches and in summer, a broad lawn with water features that make it the perfect place to take a break and relax.

1-9-1 Marunouchi, Chiyoda-ku

Tokyo Station (Marunouchi exit),
JR Yamanote Line (and others)



©TCVB

3 Nihombashi Bridge

Nihombashi Bridge, constructed in the early days of the Edo period, was the starting point of the five major roads across Japan, including the famed Tokaido. Today, the bridge has a double stone arch construction, and the word "Nihombashi" imprinted on one of its pillars is that of Tokugawa Yoshinobu, known to history as "the last shogun".

1-1 Nihombashi/1 Nihombashi - 1 Nihombashi
Muromachi, Chuo-ku

Nihombashi Station, Tokyo Metro Ginza Line (and others)



©TCVB

The central pillar of the bridge is the base point for measuring all national highways in Japan and bears two winged statues of the mythical *kirin*.



4 Kabukiza Theatre

When the Kabukiza Theatre opened its doors in 1889, it was the world's only performance hall dedicated to the classical Japanese dance-drama artform of kabuki. A tower was added in 2013 to transform the site into a multipurpose complex.

4-12-15 Ginza, Chuo-ku

Higashi Ginza Station, Toei Asakusa Line (and others)

03-3545-6800



About 15 minutes' walk from the Kabukiza Theatre

Hama-rikyu Gardens

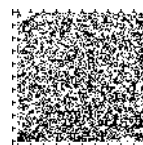
One of the most important *daimyo* gardens of the Edo period, the Hama-rikyu Gardens boast two duck reserves and Shioiri-no-Ike, the only Edo garden pond remaining in the city that still draws its water from the sea. The Nakashima Teahouse at the pond serves traditional matcha green tea to visitors.

1-1 Hamarikyu Teien, Chuo-ku

Shiodome Station, Toei Oedo Line

03-3541-0200

Admission fee



Explore the Oi Hockey Stadium area on foot



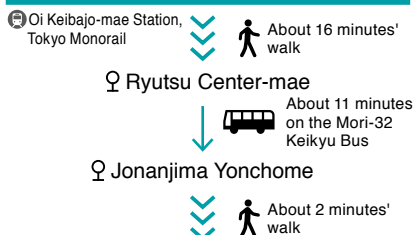
Oi Hockey Stadium

📍 4-1-19 Yashio, Shinagawa-ku, 1-2-1 Tokai, Ota-ku



Encounter living creatures and enjoy the seaside views of Tokyo Bay

Oi Hockey Stadium



1 Jonanjima Seaside Park

This 440-meter coastline overlooks Tokyo Bay. It's a seaside park where you can watch boats going in and out of the harbor, and it's an excellent vantage point to witness the many airplanes flying into and out of Haneda Airport.

4-2-2 Jonanjima, Ota-ku
 Jonanjima Yonchome stop on the Keikyū Bus (Mori 32 Route) from Heiwajima Station, Keikyū Main Line or JR Omori Station
 ☎ 03-3799-6402



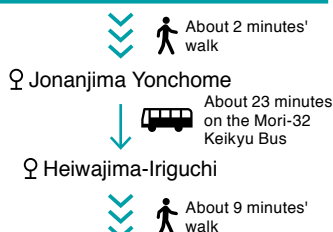
2 Shinagawa Aquarium

So much to see including the familiar marine life of Tokyo Bay, enormous sand tiger shark and the seal hall that you can take a look at from underwater in 360 degrees! Enjoy dolphin and sea lion shows in the stadium area as well.

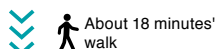
3-2-1 Katsushima, Shinagawa-ku
 Omori Kaigan Station, Keikyū Main Line
 ☎ 03-3762-3433
 ¥ Admission fee



1 Jonanjima Seaside Park



2 Shinagawa Aquarium



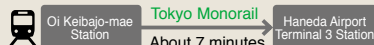
3 Oi Racecourse



3 Oi Racecourse

Popularly known as the Tokyo City Keiba, this horse track was the first to host nighttime races. Known as "twinkle races", they are a popular attraction alongside one of the Kanto region's largest illumination events, which you can also enjoy here.

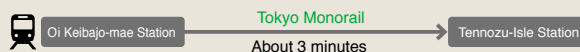
2-1-2 Katsushima, Shinagawa-ku
 Oi Keibajo-mae Station, Tokyo Monorail
 ☎ 03-3763-2151
 ¥ Admission fee



Haneda Airport



For more information, read about Ota and Shinagawa in the Southern Tokyo section (page 55)



Tennozu Isle



Repurposed warehouses, shops, galleries, hip cafés, restaurants, street art and enticing creative spaces make Tennozu Isle the perfect place to spend the day. There's even a pier and a wooden boardwalk along the canal to explore.



2 Higashi Shinagawa, Shinagawa-ku
 Tennozu-Isle Station, Tokyo Monorail (and others)

Venture a little further by train

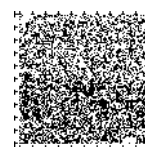


Tokyo Tower



Tokyo Tower is a 333-meter high communications tower that was built in 1958 and remains a tourist landmark. Both the main deck (at 150 meters) and the top deck (at 250 meters) offer lovely views of the cityscape.

4-2-8 Shibakoen, Minato-ku
 Hamamatsucho Station (and others), Tokyo Monorail (and others)
 ☎ 03-3433-5111
 ¥ Admission fee



State-of-the-art Tokyo meets the culture, history, and food of old Edo

Kokugikan Arena

Ryogoku Station,
JR Sobu Line (and
others)



About 3 minutes'
walk

1 Tokyo Metropolitan Edo-Tokyo Museum



About 19 minutes'
walk

2 Sumidagawa Terrace



About 5 minutes'
walk

3 Sensoji Temple and Nakamise



About 20 minutes'
walk

4 TOKYO SKYTREE TOWN®



©TCVB

1 Tokyo Metropolitan Edo-Tokyo Museum

This museum showcases the history of Edo and Tokyo. In the permanent "Edo Zone" exhibit, you can see a full-scale mode of Nihombashi Bridge as it was in the Edo period as well as recreated streetscapes from the time.

📍 1-4-1 Yokoami, Sumida-ku

🚶 Ryogoku Station, JR Sobu Line (and others)

☎ 03-3626-9974

🎫 Admission fee



2 Sumidagawa Terrace

The Sumida River has been intimately tied to the lives of the local people since the Edo period, and pedestrian paths have been put in along both of its banks. Sumidagawa Terrace is a prime vantagepoint for seeing the lit-up Tokyo Skytree and the river's lovely bridges at night.

📍 Between 1 Yanagibashi and 2 Komagata, and around 1 Hanakawado, Taito-ku

☎ 03-3553-7240



3 Sensoji Temple and Nakamise

Boasting nearly 1,400 years of history, Sensoji is one of the oldest temples in Tokyo. It was once a hotbed of Edo culture, and still retains vestiges of that former role today. Many festivals and events are held here each season, such as the hozuki (Chinese lantern plant) market in July.

📍 2-3-1 Asakusa, Taito-ku

🚶 Asakusa Station, Toei Asakusa Line (and others)

☎ 03-3842-0181



The temple approach that links the Kaminarimon Gate to the main hall is a bustling shopping street whose vendors have been selling crafts, souvenirs, and snacks since the Edo period. Once the crowds die down at night, it's worth seeing the kabuki scenes painted on the shop shutters.

📍 1-20 Asakusa, Taito-ku (and elsewhere)

🚶 Asakusa Station, Toei Asakusa Line (and others)



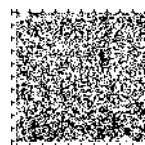
4 TOKYO SKYTREE TOWN®

This tower offers many attractions including the Tokyo Solamachi® shopping complex, an aquarium and planetarium, and the Tokyo Skytree East Tower® office buildings around the core 634-meter high Tokyo Skytree® communications tower.

📍 1-1 Oshiage, Sumida-ku

🚶 TOKYO SKYTREE Station, Tobu SKYTREE Line

For more information, read about the Sumida River in the Eastern Tokyo section (page 31)



Souvenirs and specialties



● Ryogoku Edo Noren

Ryogoku Edo Noren recreates a traditional Edo-period street, with soba, tempura, and other Japanese restaurants around a sumo ring. Some of the businesses here have even been around since the Edo period, giving visitors a true taste of what food culture was like in the old capital.

📍 1-3-20 Yokoami, Sumida-ku

🚶 Ryogoku Station, JR Sobu Line (and others)

(direct connections)

☎ 03-6658-8033



Take a side trip

Rows of shops specializing in everything you need for cooking

Kappabashi Kitchenware Town®



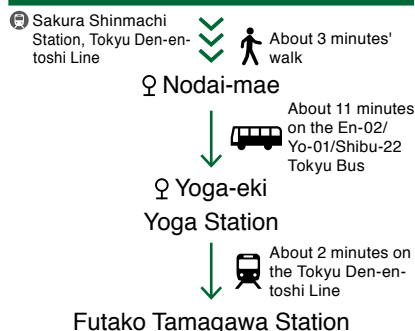
For more information, read about Ueno in the Eastern Tokyo section (page 33)

Explore the Equestrian Park area on foot

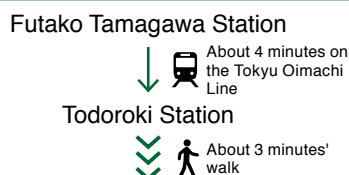


Discover nature and history in this quiet residential area

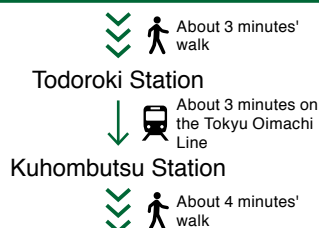
Equestrian Park



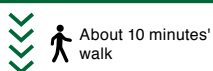
1 Futako Tamagawa Rise Shopping Center



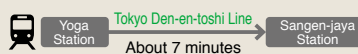
2 Todoroki Valley Park



3 Kuhombutsu (Joshin-ji Temple)



4 Jiyugaoka



Sangen-jaya



Affectionately dubbed "Sancha", this district of old-school shopping streets and retro townscapes is also known for being a fashionable place.

- 📍 Area around Sangen-jaya Station (2-15 Taishido, Setagaya-ku)
- 🚉 Sangen-jaya Station, Tokyu Den-en-toshi Line (and others)



1 Futako Tamagawa Rise Shopping Center

This commercial complex has its own pedestrian walkway leading from Futako Tamagawa Station, and includes a shopping center, movie theater, hotel, and other facilities. It seamlessly harmonizes a refined urban sophistication with the natural beauty that surrounds it.

- 📍 2-21-1 Tamagawa, Setagaya-ku
- 🚉 Futako Tamagawa Station, Tokyu Den-en-toshi Line (and others)
- ☎ 03-3709-9109



2 Todoroki Valley Park

The only valley within the 23 special wards of Tokyo, Todoroki is located right next to a quiet residential area and serves as a tranquil oasis of thick groves and natural springs amidst the urban bustle.

- 📍 1-22 and 2-37/38 Todoroki, Setagaya-ku
- 🚉 Todoroki Station, Tokyu Oimachi Line
- ☎ 03-3704-4972 (Tamagawa Park Management Office)



3 Kuhombutsu (Joshin-ji Temple)

Constructed in 1678, Joshin-ji gets its name Kuhombutsu (Nine Buddhas) from the nine statues of Amida Buddha enshrined there. It still looks the same as it did in the 17th century, making it a culturally important place of worship.

- 📍 7-41-3 Okusawa, Setagaya-ku
- 🚉 Kuhombutsu Station, Tokyu Oimachi Line
- ☎ 03-3701-2029



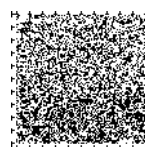
4 Jiyugaoka

Chic cafés and fashionable clothing and home goods shops line this shopping district, which is a favorite among the women of Tokyo. Lines of cherry trees and flower gardens decorate cobbled walking paths featuring European-style outdoor cafés.

- 📍 Area around Jiyugaoka Station (1 Jiyugaoka, Meguro-ku)
- 🚉 Jiyugaoka Station, Tokyu Toyoko Line (and others)



Venture a little further by train



Explore the Musashino Forest Sport Plaza, Tokyo Stadium, and Musashinonomori Park area on foot



Tokyo Stadium

📍 376-3 Nishimachi, Chofu-shi



Musashinonomori Park

📍 3 Asahi-cho, Fuchu-shi/Nishimachi, Chofu-shi /5 and 6 Osawa, Mitaka-shi

Musashino Forest Sport Plaza

📍 290-11 Nishimachi, Chofu-shi



Explore history ensconced in the natural beauty of Musashino

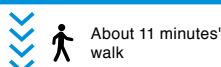
Musashino Forest Sport Plaza / Tokyo Stadium / Musashinonomori Park

Musashino Forest Sport Plaza and Tokyo Stadium
Tobitakyu Station, Keio Line

Musashinonomori Park
Tama Station, Seibu Tamagawa Line



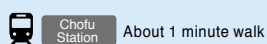
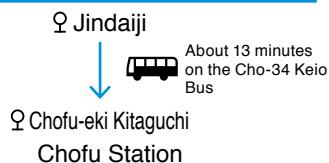
1 National Astronomical Observatory



2 Jindai Botanical Gardens



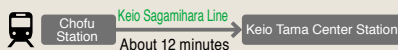
3 Jindaiji Temple



AEON Cinema THEATUS Chofu



For more information, read about Chofu and Fuchu in the Eastern Tama section (page 60)



Sanrio Puroland



For more information, read about Hino, Tama, and Inagi in the Eastern Tama section (page 73)



1 National Astronomical Observatory

This research facility is central to the study of astronomy in Japan. Part of the campus is open to the public, and offers a chance to see historical buildings as well as learn about the results of the institution's research activities.

2-21-1 Osawa, Mitaka-shi
Tenmondai-mae stop on the Odakyu Bus from Chofu Station, Keio Line
0422-34-3600(rep.)
Admission is free



2 Jindai Botanical Gardens

Tokyo's only botanical gardens offer some 100,000 specimens in 4,800 varieties that delight in every season. The rose garden is the perfect place to visit in spring and fall, and was even presented with the Award of Garden Excellence at the 2009 World Rose Convention.

5-31-10 Jindaiji-Motomachi, Chofu-shi (and elsewhere)
Jindai Shokubutsu Koen-mae stop on the Odakyu Bus from Chofu Station, Keio Line
042-483-2300
Admission fee



3 Jindaiji Temple

Jindaiji is home to the Crowned Amitabha Tathagata statue, the oldest Buddhist statue in East Japan and the only national treasure housed in a Tokyo Metropolitan area temple. The grounds are still steeped in the ancient charm of Musashino, featuring abundant natural springs and lush greenery. There are lines of famous soba and souvenir shops along the approach to the temple, which draws many faithful visitors day in and day out.

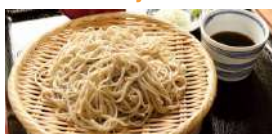
5-15-1 Jindaiji-Motomachi, Chofu-shi
Jindaiji stop on the Keio Bus from Chofu Station, Keio Line
042-486-5511

Admission is free (admission fee required for visiting the Shakado)



Souvenirs and specialties

Jindaiji Soba



The history of this celebrated soba stretches back to the Edo period. You can try it at one of the nearly two dozen soba shops lining the approach to the gate of Jindaiji Temple.

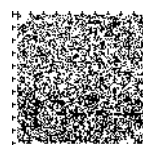


Yomiuriland

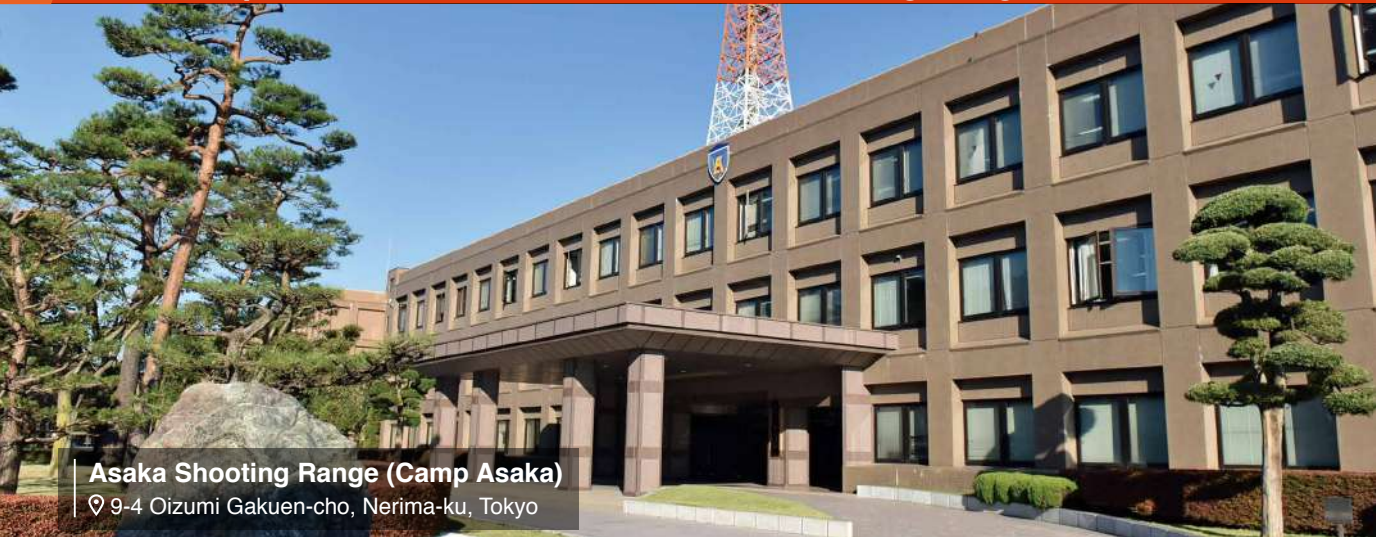


For more information, read about Hino, Tama, and Inagi in the Southern Tama section (page 74)

Venture a little further by train



Explore the area around the Asaka Shooting Range on foot



Asaka Shooting Range (Camp Asaka)

📍 9-4 Oizumi Gakuen-cho, Nerima-ku, Tokyo

出典：防衛省陸上自衛隊東部方面隊



Immerse yourself in an area that lets you play, interact, and relax

Asaka Shooting Range

Wakoshi Station,
Tobu Tojo Line



About 11 minutes' walk

1 Rikkunland (JGSDF Public Information Center)



About 15 minutes' walk

♀ Minami Odori



About 22 minutes on the Izumi-32 Seibu Bus

♀ Oizumi Gakuen-eki Kitaguchi

Oizumi Gakuen Station



About 8 minutes on the Seibu Ikebukuro Line

Nerima Station



About 1 minute on the Seibu Toshima Line

Toshimaen Station



About 3 minutes' walk

2 Toshimaen Niwanoyu



About 3 minutes' walk

Toshimaen Station



About 7 minutes on the Toei Oedo Line

Ochiai Minami Nagasaki Station



About 5 minutes' walk

3 Toshima City Tokiwaso Manga Museum



About 5 minutes' walk

Ochiai Minami Nagasaki Station



About 5 minutes by Kanto Bus Ike-11

Shiinamachi Station



About 3 minutes on the Seibu Ikebukuro Line

Ikebukuro Station



About 8 minutes' walk

4 Sunshine City



1 Rikkunland (JGSDF Public Information Center)

This information center showcases the domestic and overseas activities of the Japan Ground Self-Defense Force through pictures, exhibits, and more. There is a 3D theater an exciting simulations that let you pilot a tank or a helicopter. You can even try on a military uniform.

♀ Oizumi Gakuen-cho, Nerima-ku

♀ About 20 minutes' walk from Wakoshi

Station, Tobu Tojo Line (and others)

☎ 03-3924-4176

¥ Admission is free



2 Toshimaen Niwanoyu

Enjoy an entire day of relaxation at this bathing facility located next to the Japanese garden spread across nearly an acre with bathing zones using natural hot springs, bade pools and saunas that promote health and a restaurant serving seasonal flavors.

♀ 3-25-1 Koyama, Nerima-ku

♀ Toshimaen Station, Seibu Ikebukuro Line (and others)

☎ 03-3990-4126

¥ Admission fee



3 Toshima City Tokiwaso Manga Museum

Tokiwaso is a legendary apartment where the masters of modern manga writer came together in their youth. Inside of the apartment, there is a floor for experiencing the real atmosphere of those days and a planned exhibition corner.

♀ 3-9-22 Minami-Nagasaki, Toshima-ku

(P.40 MAP-3E)

♀ Ochiai-minami-nagasaki Station, Toei Oedo Line.

☎ 03-6912-7706

¥ Admission is free (admission fee required during special exhibition times)



4 Sunshine City

Sunshine City is an Ikebukuro landmark and multipurpose commercial facility that centers on Sunshine 60, a high-rise building that towers some 240 meters above the city. There is plenty to do here between the aquarium, observatory, planetarium, and other attractions.



For more information, read about Ikebukuro in the Western Tokyo section (page 44)

Venture a little further by train



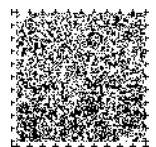
Toei Animation Museum

The Toei Animation Museum is a tribute to the Toei Animation company, and showcases the work of the studio since its founding as well as its latest projects. Head here to encounter priceless original works, animation cells, and other fascinating treasures from the world of anime.

♀ 2-10-5 Higashi Oizumi, Nerima-ku

♀ About 15 minutes' walk from Oizumi Gakuen Station, Seibu Ikebukuro Line

☎ 03-5905-5115 ¥ Admission is free



Kasai Canoe Slalom Centre
 6-1-1 Rinkai-cho, Edogawa-ku

📍 6-1-1 Rinkai-cho, Edogawa-ku



Experience amusement park attractions and traditional Japanese arts

Kasai Canoe Slalom Centre

Kasai-Rinkai Park Station, JR Keiyo Line
 About 7 minutes' walk

1 Diamond and Flower Ferris Wheel

About 8 minutes' walk

2 Tokyo Sea Life Park

About 9 minutes' walk
 ♀ Kasai-Rinkai Koen-eki-mae
 ↓
 About 13 minutes on the Sho-76 Toei Bus
 ♀ Kasai-eki-mae

3 Tokyo Metro Museum

♀ Kasai-eki
 ↓
 About 18 minutes on the Sho-76 Keisei Bus
 ♀ Keiyo-guchi
 ↓
 About 3 minutes' walk

4 Shunkaen Bonsai Museum



E-cycle rental and return locations

- ① Bicycle parking at the north exit of Hirai Station (5-18-8 Hirai, Edogawa-ku / ☎03-5247-4461)
- ② Bicycle parking at Higashi Ojima Station (1-5-2 Komatsugawa, Edogawa-ku / ☎03-3636-7623)
- ③ Central bicycle parking at Funabori Station (4-1-21 Funabori, Edogawa-ku / ☎03-5675-2250)
- ④ Bicycle parking at the west exit of Ichinoe Station (7-36 Ichinoe, Edogawa-ku / ☎03-3674-5400)
- ⑤ Bicycle parking at the south exit of Mizue Station (2-2-1 Mizue, Edogawa-ku / ☎03-3676-7738)
- ⑥ Bicycle parking at the west exit of Shinozaki Station (7-20-19 Shinozaki-machi, Edogawa-ku / ☎03-3677-4101)
- ⑦ Bicycle parking at the south exit of Nishi Kasai Station (6-15-1 Nishi Kasai, Edogawa-ku / ☎03-3877-9052)
- ⑧ Bicycle parking at the west exit of Kasai Station (5-43-15 Nakakasai, Edogawa-ku / ☎03-3804-2037)
- ⑨ East bicycle parking Kasai Rinkai Park Station (6-3-6 Rinkai-cho, Edogawa-ku / ☎03-5675-1810)
- (Not shown)
 Bicycle parking No. 1 at Koiva Station (6-17-6 Minami Koiva, Edogawa-ku / ☎03-5693-0560)
 Bicycle parking No. 2 at Keisei Koiva Station (6-32-3 Kita Koiva, Edogawa-ku / ☎03-5622-7265)



1 Diamond and Flower Ferris Wheel

At 111 meters in diameter and 117 meters high, this is one of the largest Ferris wheels in Japan. You'll not only get the expected vistas of Tokyo Bay, but also sweeping views that include the faraway Boso Peninsula and Mt. Fuji (ride time is about 17 minutes).

♀ 6-2 Rinkai-cho, Edogawa-ku inside Kasai-Rinkai Park

Kasai-Rinkai Park Station, JR Keiyo Line

☎03-3686-6911

¥ Admission fee



2 Tokyo Sea Life Park

Tokyo Sea Life Park is one of the premier aquariums in Japan, with schools of bluefin tuna swimming in its doughnut-shaped tank and one of the country's largest penguin habitats. There are over 600 sea creatures here from all over the world.

♀ 6-2-3 Rinkai-cho, Edogawa-ku inside Kasai-Rinkai Park

Kasai-Rinkai Park Station, JR Keiyo Line

☎03-3869-5152

¥ Admission fee



3 Tokyo Metro Museum

From the history of the subway to the latest technologies, you can learn much in this "look, touch, move" interactive museum. You can even drive a simulator from a platform built exactly like a real train and feel the motion of a subway as it moves.

♀ 6-3-1 Higashi Kasai, Edogawa-ku
 Beneath the elevated tracks of Kasai Station, Tokyo Metro Tozai Line

Kasai Station, Tokyo Metro Tozai Line

☎03-3878-5011

¥ Admission fee



4 Shunkaen Bonsai Museum

Tucked away in a park that feels like a hideout from the busy city streets, the Shunkaen Bonsai Museum has spectacular examples of traditional Japanese bonsai cultivation on display. You can also interact with preserved old Japanese house or participate in a bonsai workshop.

♀ 1-29-16 Niihori, Edogawa-ku

Keiyo-guchi stop on the Keisei Bus from Mizue Station, Toei Shinjuku Line

☎03-3670-8622

¥ Admission fee



Grab a rental bicycle and pedal to your next stop.



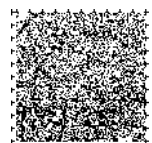
Edogawa City has rental cycles available at several of its bicycle parking lots so that residents and visitors can use them to get around town.

Note: Visit the Edogawa City e-cycling website for pricing, what you'll need to rent a bike, rental contract information, and more (use the QR code on the right)

⌚ 4:30 AM to 1:00 AM the next day (until 1:30 AM at Koiva and Hirai stations)

¥ Regular bicycles ¥210/day (24 hours)

Electric-assist bicycles ¥340/day (24 hours)



Explore the Bay Area on foot



1



2



3



4



5



6



7



8



9

1 Ariake Arena

📍 1-11-1 Ariake, Koto-ku

2 Ariake Tennis Park

📍 2-2-22 Ariake, Koto-ku

3 Odaiba Marine Park

📍 1 Daiba, Minato-ku

4 Shiokaze Park

📍 1 Higashiyashio, Shinagawa-ku

5 Sea Forest Park

📍 3, uminomori, Koto-ku
*Sea Forest Park is currently undergoing renovation and is normally closed to the public.

6 Sea Forest Waterway

📍 3-6-44, uminomori, Koto-ku

7 Yumenoshima Park Archery Field

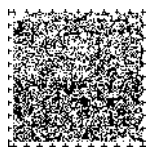
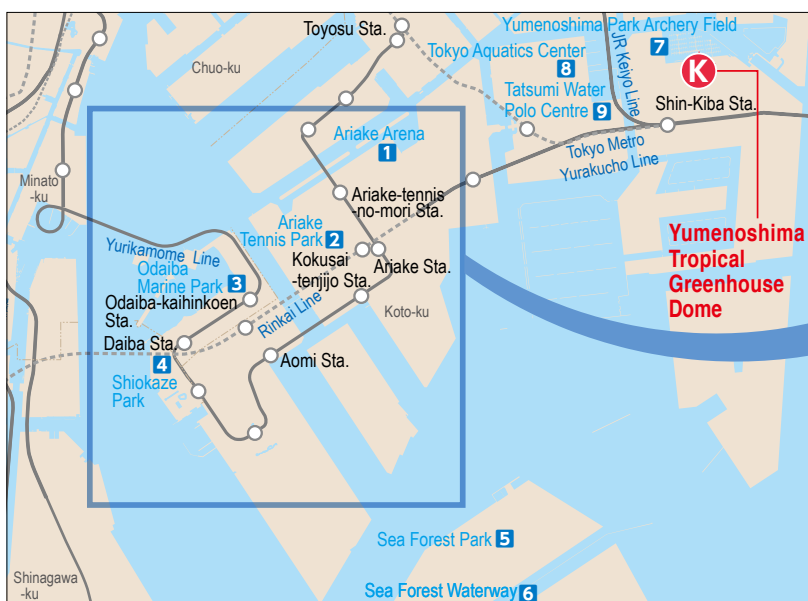
📍 2-1-4 Yumenoshima, Koto-ku

8 Tokyo Aquatics Centre

📍 2-2-1 Tatsumi, Koto-ku

9 Tatsumi Water Polo Centre

📍 2-8-10 Tatsumi, Koto-ku



Explore Tokyo's Bay Area, which offers a nearly endless array of things to do and see.



Ariake Arena / Ariake Tennis Park / Odaiba Marine Park / Shiokaze Park / Sea Forest Park / Sea Forest Waterway / Yumenoshima Park Archery Field / Tokyo Aquatics Centre / Tatsunai Water Polo Centre



A Rainbow Bridge

The Rainbow Bridge is a 798-meter suspension bridge that connects mainland Tokyo with the Rinkai subcenter area. It is an iconic symbol of Tokyo Bay, and you can watch the ships travel through the harbor or take in the beautiful nighttime cityscape from the lower deck, which has a pedestrian walkway called the Rainbow Promenade.

📍 Kaigan~Daiba, Minato-ku

🚶 Rainbow Promenade

Shibaura side: Shibaura-futo Station, Yurikamome Line

daiba side: About 15 minutes' walk from Odaiba Kaihin Koen Station, Yurikamome Line

☎ 03-5463-0223



B Odaiba Marine Park

You can take in sweeping views of the Bay Area from the sandy beaches along this quiet inlet. It's a perfect place to visit at day's end, when you can take in the sunset from the seaside park, see the Rainbow Bridge lit up at night, and enjoy the sparkling city lights reflected in the surface of the water.

📍 1-5 Daiba, Minato-ku (and elsewhere)

🚶 Odaiba Kaihin Koen Station, Yurikamome Line

☎ 03-5531-0852

¥ Admission is free



C Madame Tussauds Tokyo

Experience the renowned British gallery boasting over 250 years of history. Snap a shot with your favorite Hollywood celebrity or sports hero from the more than 70 life-size wax figures on display.

📍 DECKS Tokyo Beach Island Mall 3F

1-6-1 Daiba, Minato-ku

🚶 Odaiba Kaihin Koen Station, Yurikamome Line

☎ 0800-100-5346

¥ Admission fee



D Ferris Wheel in Odaiba Palette Town

The panoramic views from this Ferris wheel, which stands as a symbol of Palette Town, include Tokyo Tower, TOKYO SKYTREE®, the Rainbow Bridge, and other iconic Tokyo landmarks. It also lights up beautifully at night.

📍 1-3-15 Aomi, Koto-ku

🚶 Aomi Station, Yurikamome Line

☎ 03-5500-2655

¥ Admission fee



E MORI Building DIGITAL ART MUSEUM: teamLab Borderless

teamLab Borderless is a cooperated project between teamLab and Mori Building. An experiential museum engaging your five senses and whole body in a complex world in three dimensions of transforming art and blending boundaries.

📍 1-3-8 Aomi, Koto-ku

🚶 Aomi Station, Yurikamome Line

☎ 03-6368-4292

¥ Admission fee



F MEGA WEB

This experiential theme park invites you to "see, ride, and feel" the world of mobility. With themes ranging from next-generation technologies to the history of cars, this three-facility complex is fun for all ages.

📍 1-3-12 Aomi, Koto-ku

🚶 Aomi Station, Yurikamome Line

☎ 03-3599-0808

¥ Admission is free



Water bus

There are two water buses in Odaiba. The Tokyo Mizube Cruising Line features a route from Asakusa to Odaiba and around Arakawa, while TOKYO CRUISE offers event-themed cruises and more.

Tokyo Mizube Cruising Line
Tokyo Metropolitan Park Association

☎ 03-5608-8869

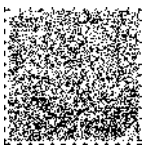
¥ Fare



TOKYO CRUISE
Tokyo Cruise Ship Company

www.suijobus.co.jp

¥ Fare



Tokyo Water Taxi

This compact boat allows free navigation of metropolitan waterways, rivers and sea making it a new mode of tourist mobility for Tokyo. It can also be used to avoid crowds.

Note: Requires reservation. Pets (small to large) and bicycles allowed.

Tokyo Water Taxi Inc.

☎ 03-6673-2528 (Tokyo Sales Office)

¥ Fare





G DiverCity Tokyo Plaza

DiverCity Tokyo Plaza is a "theatrical city space" designed for entertainment, relaxation, amazement, and wonder. The life-sized Unicorn Gundam Statue is sure to impress.

📍 1-1-10 Aomi, Koto-ku
🚉 Tokyo Teleport Station, Rinkai Line
☎ 03-6380-7800



H Museum of Maritime Science

The concept behind this maritime museum is the culture of ships and the sea. There is an outdoor exhibition area featuring the Soya (Japan's first Antarctic research vessel), plus an Exhibition Annex that is also open to the public (the exhibits in the main building are currently closed).

📍 3-1 Higashi Yashio, Shinagawa-ku
🚉 Tokyo International Cruise Terminal Station, Yurikamome Line
☎ 03-5500-1111
¥ Admission is free



I Miraikan - The National Museum of Emerging Science and Innovation

Experience current ongoing science and technology at various scales at this national science museum of robotics, biology, space and earth environments. Planned exhibitions and talk events are also regular features.

📍 2-3-6 Aomi, Koto-ku
🚉 Telecom Center Station, Yurikamome Line
☎ 03-3570-9151
¥ Admission fee Note: Admission requires reservation



J Oedo Onsen Monogatari

Fed by a natural hot spring bubbling up from 1,400 meters underground, this leisure complex offers many different bathing experiences—including outdoor baths and saunas. The Hirokoji area recreates a bustling Edo-period everyday urban living neighborhood, and is a great place to grab a bite or even stay overnight.

📍 2-6-3 Aomi, Koto-ku
🚉 Telecom Center Station, Yurikamome Line
☎ 03-5500-1126
¥ Admission fee



K Yumenoshima Tropical Greenhouse Dome

Yumenoshima Tropical Greenhouse Dome is a greenhouse located in Tokyo's municipal Yumenoshima Park. It uses excess heat from the nearby incineration plant to create a huge indoor tropical rainforest environment teeming with a variety of exotic plants.

📍 2-1-2 Yumenoshima, Koto-ku
🚉 About 13 minutes' walk from Shin-Kiba Station, JR Keiyo Line (and others)
☎ 03-3522-0281
¥ Admission fee



Souvenirs and specialties

● Tokyo Metropolitan Central Wholesale Market, Toyosu Market



Toyosu Market opened in October 2018 and boasts Japan's largest selection of seafood. You can watch the auctions and events held here or take advantage of its many shops and eateries.

📍 6 Toyosu, Koto-ku
🚉 Shijo-mae Station, Yurikamome Line
☎ 03-3520-8211



For more information, see the Eastern Tokyo section (page 36)



TOKYO NO KABA (KABA3)
Fuji Express
☎ 03-3455-2211
(Fuji Express)
¥ Fare



● Amphibious buses in Odaiba

Sightseeing buses travel over both land and water through the Odaiba area. There are two options whose routes take you through the area and close to the Rainbow Bridge—the TOKYO NO KABA (KABA3) bus and the SKY Duck.

SKY Duck
SKY BUS TOKYO
☎ 03-3215-0008
(Odaiba Sky Tourist Information)
¥ Fare



● Yakatabune (Party boat)

Tokyo Yakatabune Association



Travel around the Sumida river and Tokyo bay, taking in all of the Edo atmosphere
¥ Fare

Tokyowan Yugyosen Business Association



Edo Yakatabune Inc.

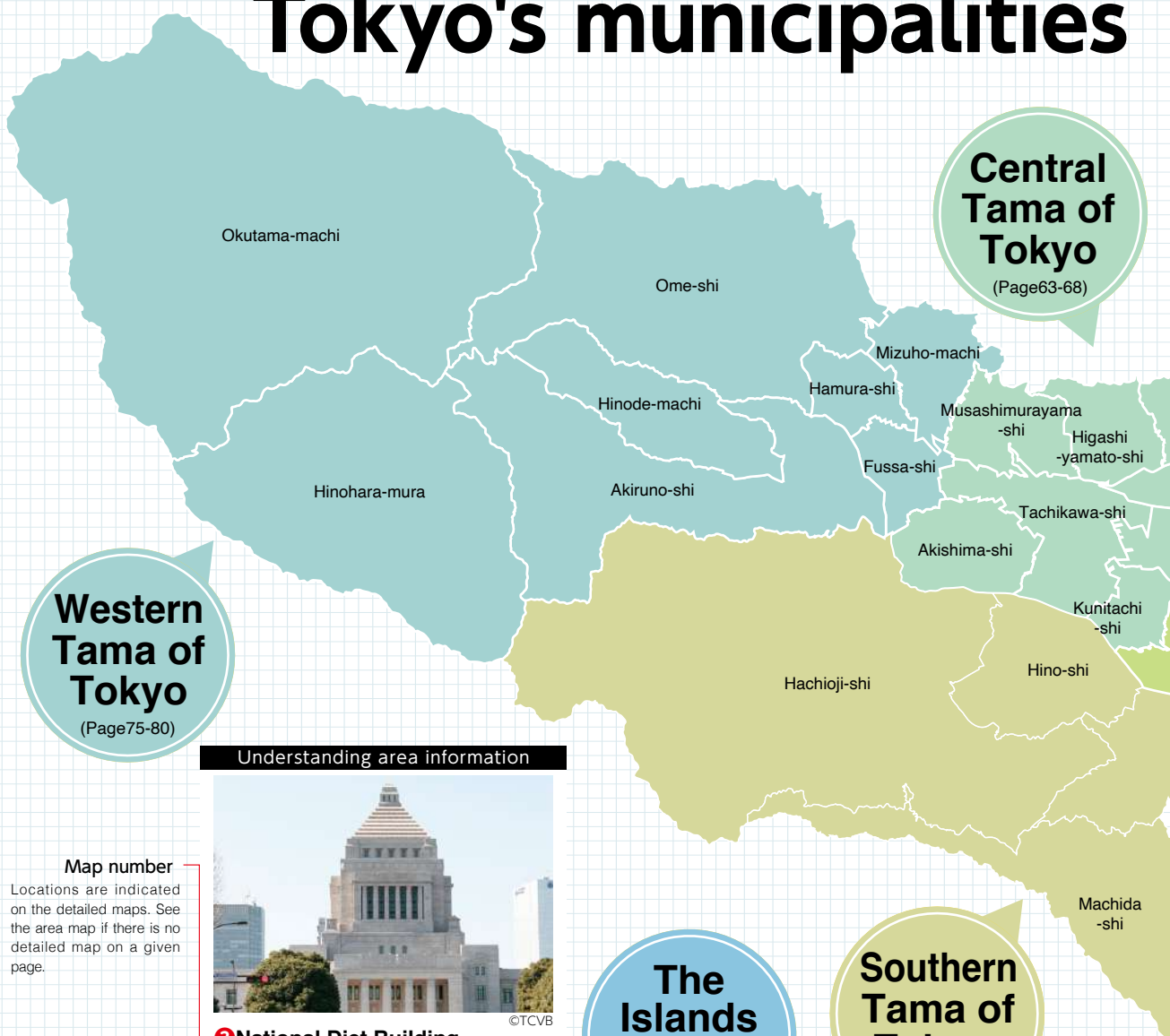


Enjoy cruises and various kinds of marine transport in Tokyo. Use the Suitown Tokyo website to find out about ways you can fully enjoy traveling the waters of Tokyo.



TOKYO62:

Explore the many faces of Tokyo's municipalities



**Central
Tama of
Tokyo**
(Page63-68)

**Western
Tama of
Tokyo**
(Page75-80)

Understanding area information



©TCVB

③ National Diet Building

Constructed in 1936, the current National Diet Building is the seat of the Japanese government and politics. Tours of both the House of Representatives (to your left as you face the front of the building) and the House of Councillors (to your right) are available.

📍 1-7-1 Nagata-cho, Chiyoda-ku (P.40 MAP-5G)

🚶 Kokkai-gijidomae Station (and others), Tokyo Metro Marunouchi Line

☎ ([House of Councillors] 03-3581-3111
[House of Representatives] 03-3581-5111
(03-3581-0069 on Saturdays, Sundays,
and national holidays)

🆓 Admission is free



QR code

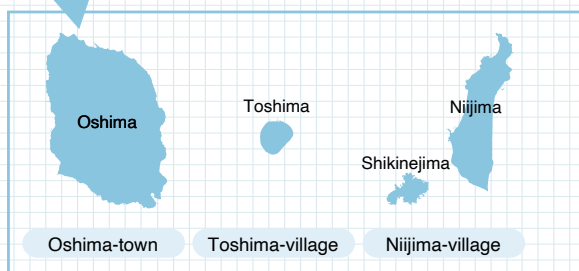
Accessibility

Look for the icons indicating barrier-free access. An explanation of the icons can be found on page 2.

Use your phone or other electronic device to read the QR codes and get access to individual facility websites and more.

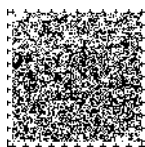
**The
Islands
of Tokyo**
(Page81-86)

**Southern
Tama of
Tokyo**
(Page69-74)



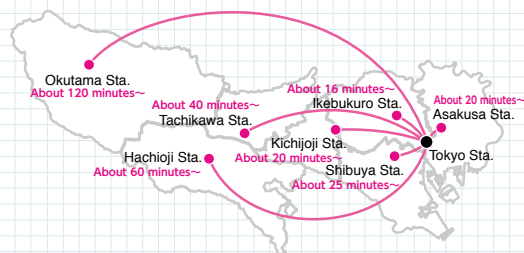
Map number
Locations are indicated on the detailed maps. See the area map if there is no detailed map on a given page.

Cost
This publication only indicates whether a location is free or requires an admission fee. Contact individual facilities for details.



Many faces and easy access

There are 62 local government bodies within the Tokyo Metropolis, including the islands. Each is unique, with its own distinct historical, cultural, and natural features. The city boasts an advanced transportation network that includes air and ship routes in addition to railways and roads, offering easy access everywhere—including the unspoiled natural beauty of the Tama area and Tokyo's remote islands. The following pages divide Tokyo into eight major areas and describe the best features of each region.



Western Area

(Page39-48)

Eastern Area

(Page29-38)

Eastern Tama of Tokyo

(Page57-62)

Southern Area

(Page49-56)

Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Kozushima

Miyakejima

Mikurashima

Hachiojima

Aogashima

Chichijima

Hahajima

Kozushima-village

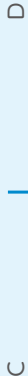
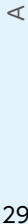
Miyake-village

Mikurashima-village

Hachijo-town

Aogashima-village

Ogasawara-village



—





©TCVB



©TCVB

① Yakatabune(Party boat) along the Sumida River

The Sumida River was also affectionately called Ookawa by the local people of Edo, and you can still see the traditional *yakatabune* boats crisscrossing it today. They're perfect for cruising around in cotton kimono on warm summer evenings.

(P.29・30 MAP-3A~6B)

Sumida River Area

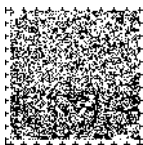
Explore an area still steeped Edo traditions and culture

The area along the Sumida River is dotted with places to enjoy the history and traditional culture of Edo, as well as some great spots to grab a bite.

Explore Asakusa by Rickshaw in a Kimono



There are many kinds of Japanese tradition that you can experience in Asakusa, including wearing kimonos, tea ceremony, iaido, and rickshaw rides.



② Sumo Museum

See pictures of past yokozuna covering the walls at the Sumo Museum, dedicated to collecting, preserving, and exhibiting materials related to Japan's national sport.

📍 Kokugikan 1F 1-3-28 Yokoami, Sumida-ku

(P.30 MAP-5B)

🚶 Ryogoku Station, JR Sobu Line (and others)

☎ 03-3622-0366

¥ Admission is free



③ Japanese Sword Museum

One of the top museums dedicated to Japanese swords, the collection on display here includes armor and antique scrolls as well as different types of swords and fittings. Many of the items are nationally designated or certified as National Treasures, Important Cultural Properties, or works of art.

📍 1-12-9 Yokoami, Sumida-ku (P.30 MAP-5B)

🚶 Ryogoku Station, JR Sobu Line (and others)

☎ 03-6284-1000

¥ Admission fee





4 The Sumida Hokusai Museum

This museum showcases the works of Katsushika Hokusai, the celebrated ukiyo-e woodblock artist of the late Edo period, and his students. You can even see originals from Hokusai and his students during special exhibits held five times a year.

📍 2-7-2 Kamezawa, Sumida-ku (P.30 MAP-5B)

🚶 Ryogoku Station, JR Sobu Line (and others)

☎ 03-6658-8936

¥ Admission fee



5 Kyu-Yasuda Gardens

This strolling garden was originally created for a daimyo, with a pond that in the Edo period was connected to the Sumida River. Although no longer fed by the river, pumps allow the water level to rise and fall, recreating the original effect.

📍 1-12-1 Yokoami, Sumida-ku (P.30 MAP-5B)

🚶 Ryogoku Station, JR Sobu Line (and others)

☎ 03-5608-6291

¥ Admission is free



6 Kameido Tenjin Shrine

This shrine is dedicated to Sugawara no Michizane, revered as the god of learning, and is affectionately known as Kameido no Tenjin-sama or Kameido Tenmangu. During exam season in January and February, you'll find crowds of students coming here to pray for academic success.

📍 3-6-1 Kameido, Koto-ku (P.30 MAP-5C)

🚶 About 15 minutes' walk from Kinshicho

Station, JR Sobu Line (and others)

☎ 03-3681-0010

¥ Admission is free



7 TOKYO SKYTREE TOWN®

TOKYO SKYTREE TOWN® is a large building complex that runs east-west for the 400 meters or so that links TOKYO SKYTREE Station and Oshiage (Skytree-mae) Station. It has an area of about 36,900 square meters.



© TOKYO-SKYTREETOWN



© TOKYO-SKYTREETOWN



● TOKYO SKYTREE®

At 634 meters, TOKYO SKYTREE® is the world's tallest standalone communications tower and a new symbol of the city. The TEMBO DECK, located 350 meters off the ground, and the TEMBO GALLERIA at 450 meters offer sweeping panoramas of the Kanto region.

📍 1-1-2 Oshiage, Sumida-ku (P.29 MAP-4C)

🚶 TOKYO SKYTREE Station (and others), Tobu SKYTREE Line

☎ 0570-55-0634

¥ Admission fee



● Tokyo Solamachi®

This commercial facility is found at the base of TOKYO SKYTREE®. More than 300 shops with rich variety including fashion, miscellaneous goods, gourmet and more. Come experience this lively downtown space.

📍 1-1-2 Oshiage, Sumida-ku (P.29 MAP-4C)

🚶 TOKYO SKYTREE Station (and others), Tobu SKYTREE Line

☎ 0570-55-0102



● Sumida Aquarium

The Sumida Aquarium features a giant Ogasawara tank that recreates the ocean habitat of the Ogasawara islands and one of Japan's largest goldfish exhibits. There is also an indoor open pool where you can see penguins and fur seals up close.

📍 1-1-2 Oshiage, Sumida-ku (P.29 MAP-4C)

🚶 TOKYO SKYTREE Station (and others), Tobu SKYTREE Line

☎ 03-5619-1821

¥ Admission fee



Souvenirs and specialties

Dozeu-nabe and Yanagawa-nabe



Hotpot dishes from the Edo period are the signature food in Asakusa. Dozeu-nabe and Yanagawa-nabe are made using freshwater loach, a dining experience that will transport you back to the days of the old Eastern capital.

Kaminari Okoshi



Syrup, sugar, peanuts, and other ingredients are added to toasted rice cakes to create this Japanese confection, which is thought to have been first sold around the Kaminarimon gate in the late Edo period. Today, they're widely known as a signature Tokyo souvenir.

Chanko-nabe



Nutritious chanko-nabe hotpots are a daily staple of sumo wrestlers. Many retired wrestlers now run chanko-nabe restaurants in the Ryogoku area.

©TCVB

Anmitsu



Anmitsu is sweetened jelly topped with red bean paste, a signature Japanese dessert. You can get it at Japanese-style dessert cafés in Ueno, Asakusa, and elsewhere around the city.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



©TCVB

Ueno

Diverse culture and traditions with plenty of shopping to explore

Steep yourself in art and culture at Ueno-no-Mori, or enjoy some of the best shopping districts in the city.

1 Tokyo Metropolitan Ueno Park

This was Japan's first park when it opened in 1876, and the grounds are home to a zoo and several museums. It is a famous location for cherry blossoms in spring, and the lotuses that bloom in Shinobazu Pond in summer are spectacular as well. Renting a boat is a great way to take in the scenery around the water.

📍 4 Ueno-koen and 3 Ikenohata, Taito-ku (and elsewhere) (P.29 MAP-4B)

🚶 Ueno Station (and others), JR Yamanote Line (and others)

☎ 03-3828-5644



写真提供: (公財)東京動物園協会

2 Ueno Zoological Gardens

This was Japan's very first zoo, located in Ueno Park. Encounter some of the world's most unique animals, living in an environment that retains its natural beauty.

📍 9-83 Ueno-koen, Taito-ku (P.29 MAP-4A・B)

🚶 Ueno Station, JR Yamanote Line (and others)

☎ 03-3828-5171

🎫 Admission fee



3 Ameyoko

One of the most famous shopping districts in Tokyo, Ameyoko features some 400 shops crowded along the tracks linking JR Ueno Station to Okachimachi Station. Everything you could possibly want is here, from food to brand-name items.

📍 6-10-7 Ueno, Taito-ku (and elsewhere) (P.29 MAP-4・5B)

🚶 Ueno Station (and others), JR Yamanote Line (and others)



4 Kappabashi Kitchenware Town®

This shopping district runs for about 800 meters and boasts over a century of history. It is lined with around 160 shops selling food-related items, from chef's knives and other bladed tools to Japanese cookware, fake food models, cooking utensils, and more.

📍 3-18-2 Matsugaya, Taito-ku (and elsewhere) (P.29 MAP-4B)

🚶 Tawaramachi Station, Tokyo Metro Ginza Line



Souvenirs and specialties

Edo Cut Glass



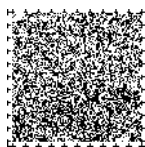
©TCVB

Edo Picture Paddles



©TCVB

Tokyo's *shitamachi*, or working-class neighborhoods, in places like Sumida City, Taito City, and Katsushika City are a hub for artisans making traditional Edo crafts like *kiriko* cut glass and wooden picture paddles. You can buy them at the Katsushika Traditional Crafts Center and other locations in the area.





1 Kochi-Kame Statues

©秋本治・アトリエビーだま・集英社

The area around JR Kameari Station has a total of fifteen bronze statues of characters from the popular manga series *KochiKame: Tokyo Beat Cops*.

📍 3 Kameari, Katsushika-ku (and elsewhere) (P.29 MAP-2D)

🚉 Kameari Station, JR Joban Line 📞 03-3838-5558



葛飾柴又寅さん記念館・山田洋次ミュージアム©松竹

2 Katsushika Shibamata Tora-san Museum and Yoji Yamada Museum / TORAsan Café

At the Tora-san Museum see the sets and production items of the film series *Otoko wa Tsurai yo* ("It's Tough Being a Man"). On the premises, you can learn about the director at the Yoji Yamada Museum. The TORAsan Café, which opened in April 2019, has a variety of related goods for sale.

📍 6-22-19 Shibamata, Katsushika-ku (P.29 MAP-3D)

🚉 Shibamata Station, Keisei Kanamachi Line

📞 03-3657-3455 🎫 Admission fee



3 Taishakuten Daikyoji Temple

Founded in 1629 at the start of the Edo period, Daikyoji Temple is dedicated to Sakra, one of the gods of protection in the Buddhist tradition, and has long been a favorite among the local people. It's also known for its connection to the Japanese film series *Otoko wa Tsurai yo* ("It's Tough Being a Man").

📍 7-10-3 Shibamata, Katsushika-ku (P.29 MAP-3D)

🚉 Shibamata Station, Keisei Kanamachi Line

📞 03-3657-2886

🎫 Admission is free



4 Taishakuten-Sando

Monzen-machi is lined with longstanding shops that have been around since the Edo period, creating a local cityscape with Shibamata atmosphere. Taishakuten-Sando and the surrounding Shibamata area was also the first place in Tokyo to be nationally designated as an Important Cultural Landscape.

📍 7-3, 6, 7 Shibamata, Katsushika-ku (and elsewhere)

(P.29 MAP-3D)

🚉 Shibamata Station, Keisei Kanamachi Line



5 Yamamoto-tei

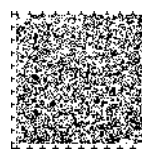
Early-modern Japanese-style buildings are seamlessly integrated with a pure Japanese-style garden at this former residence, which is the perfect place to slow down and take it easy while taking in the views of the Shoin Gardens.

📍 7-19-32 Shibamata, Katsushika-ku (P.29 MAP-3D)

🚉 Shibamata Station, Keisei Kanamachi Line

📞 03-3657-8577

🎫 Admission fee



Shibamata and Kameari

Urban living neighborhood with a retro atmosphere and down-home feel

Soak in the warmth of Tokyo's urban neighborhoods, whose history is intimately tied to their development along the river.



©松竹

Statue of Futen Tora and Miokuru Sakura in front of Shibamata Station, Keisei Kanamachi Line

📍 4-8-14 Shibamata, Katsushika-ku

(P.29 MAP-3D)

🚉 Shibamata Station, Keisei Kanamachi Line



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



Tsukiji and Fukagawa

Delight in the history and cuisine of Tokyo

This area has long been considered "Japan's kitchen", making it a great place to experience traditional Edo cuisine.

1 Tsukishima Monja Street

Monjayaki is a dish that you cook yourself on a teppan grill, and it's one of the signature flavors of Tokyo's everyday urban living neighborhoods. The area around Tsukishima is home to Monja Street, which is lined with restaurants specializing in *monjayaki*.

📍 3 Tsukishima, Chuo-ku (and elsewhere) (P.30 MAP-6B)

🚶 Tsukishima Station, Toei Oedo Line (and others) ☎ 03-3532-1990

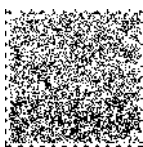


2 Tsukiji Outer Market

Known as "Japan's kitchen" for a long time, the Tsukiji Market relocated to Toyosu in 2018, but the outer market still has about 460 shops where you can enjoy sushi made with fresh-caught seafood, seafood rice bowls, and more.

📍 4-16-2 Tsukiji, Chuo-ku (and elsewhere) (P.30 MAP-6A)

🚶 Tsukijishijo Station, Toei Oedo Line
☎ 03-6264-1925



3 Tsukiji Uogashi

This fresh seafood market primarily features Tsukiji's intermediate wholesalers, bringing with them the bustling energy of Tokyo's famed seafood trade. The Uogashi Shokudo in the Odawara-bashi Building offers foods sourced from the Tsukiji Market.

📍 6-26-1 Tsukiji, Chuo-ku (Odawara-bashi Building)
6-27-1 Tsukiji, Chuo-ku (Kaikobashi Building)

(P.30 MAP-6A・B)
🚶 Tsukijishijo Station, Toei Oedo Line
☎ 03-3561-5191

🆓 Admission is free



4 Tsukiji Hongwan-ji Temple

This Buddhist temple was founded in the Jodo Shinshu Hongwanji tradition with its roots in the Nishi Hongwanji temple of Kyoto. The main hall was constructed taking inspiration from ancient Buddhist architecture of Asia and India, the many carved features creating an oriental atmosphere.

📍 3-15-1 Tsukiji, Chuo-ku (P.30 MAP-6B)

🚶 Tsukiji Station, Tokyo Metro Hibiya Line
☎ 0120-792-048

🆓 Admission is free





photo: Kenta Hasegawa

5 Museum of Contemporary Art Tokyo

This museum hosts various distinctive collections displaying a range of modern art influences and large scale international exhibits, and host exhibits related to a broad range of modern art.

📍 4-1-1 Miyoshi, Koto-ku inside Kiba Park
(P.30 MAP-6B・C)

🚶 Kiyosumi-shirakawa Station, Tokyo Metro Hanzomon Line (and others)

☎ 050-5541-8600 (Hello Dial)

💰 Admission fee



6 Fukagawa Edo Museum

This museum exhibits artifacts from the Edo period. There is a recreated street scene from the 1800s as well as daily items that were actually used in shops and nagaya townhomes for you to experience firsthand.

📍 1-3-28 Shirakawa, Koto-ku (P.30 MAP-5B)

🚶 Kiyosumi-shirakawa Station, Tokyo Metro Hanzomon Line (and others)

☎ 03-3630-8625

💰 Admission fee

Note: Closed September 2021 to May 2022



7 Kiyosumi Gardens

Landscaped hills, fascinating stones, and traditional rock gardens surround a pond fed by the waters of the Sumida River in one of the finest examples of a Meiji-era garden. Enjoy views of seasonal flowers and many kinds of birds around in the garden.

📍 2 and 3 Kiyosumi, Koto-ku
(P.30 MAP-5・6B)

🚶 Kiyosumi-shirakawa Station, Toei Oedo Line (and others)

☎ 03-3641-5892 💰 Admission fee



Tokyo Bay

Catch the night views of the bay at one of the most scenic spots in the city

The Bay Area brings with it the countless attractions of the Tokyo waterfront, punctuated by views of the uniquely shaped Tokyo Gate Bridge. The best time to see it is at night, when it lights up and looks just like two dinosaurs floating in the sea.



● Tokyo Gate Bridge

The Tokyo Gate Bridge is a truss bridge that spans 2,618 meters, taking the Rinkai Tokyo Port Seaway across Tokyo Bay. It is sometimes called the Dinosaur Bridge, since the design looks like two dinosaurs facing off. Pedestrians are also able to cross the bridge.

📍 3-1 Wakasu, Koto-ku (and elsewhere)
(P.30 MAP-8C)

🚶 Wakasu Kyamuppu-jo stop on the Toei Bus from Shin-Kiba Station, JR Keiyo Line (and others)

☎ 03-5463-0223



● Wakasu Seaside Park and Koto City Wakasu Park

This seaside park along Tokyo Bay is a great place to enjoy golf, fishing, cycling, and more. It's also an excellent location to catch close-up views of the Tokyo Gate Bridge.

📍 3-1-2 Wakasu, Koto-ku (and elsewhere)
(P.30 MAP-8C)

🚶 Wakasu Kyamuppu-jo stop on the Toei Bus from Shin-Kiba Station, JR Keiyo Line (and others)

☎ 03-3522-3225 (Wakasu Seaside Park)
03-5569-6701 (Wakasu Park)

💰 Admission is free
(some areas require a fee)



Souvenirs and specialties

Eat and shop at Toyosu Market, one of the largest seafood markets in the world



● Toyosu Market Gurume

Toyosu Market Gurume is home to 39 eateries serving Japanese favorites like sushi and tempura as well as Italian, Chinese, café selections, and more. All of them prepare their dishes with fresh ingredients sourced directly from the neighboring Toyosu Market.

📍 6-3 Toyosu, Koto-ku (and elsewhere) (P.30 MAP-7B)

🚶 Shijo-mae Station, Yurikamome Line
☎ 03-6633-0030



● Uogashi Yokocho

Uogashi Yokocho is a sales cooperative of about 70 specialty purveyors within the Toyosu Market. Stock up on Japanese cooking essentials like seaweed, dried bonito shavings, pickles, and Japanese-style omelets, or shop for daily essentials like knives, kitchenware, and medicine.

📍 6-5 Toyosu, Koto-ku
(P.30 MAP-7B)

🚶 Shijo-mae Station, Yurikamome Line
☎ 03-6633-0308

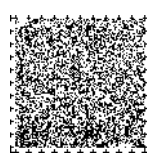


Fukugawa Meshi



©TCVB

Sometimes called *asari-meshi*, this dish is made by stewing asari clams, green onions, and other vegetables in miso and then pouring it over a steaming bowl of rice. Sometimes the *asari* clams are steamed with the rice when it cooks. It's a home-cooked favorite that got its start among the Fukugawa fisherman in the Edo period.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



① Old-school Bathhouses

Adachi City is home to nearly thirty public bathhouses. Some were built in the early Showa-era and retain their retro flair, while others are more modern, complete with jacuzzi baths and saunas. It's a great place to enjoy a variety of Japanese bathing experiences.

📍 Takara-yu (an old-school Japanese bathhouse) (27-1 Senju Motomachi, Adachi-ku / (P.29 MAP-3B)

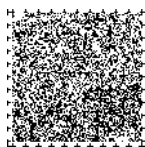
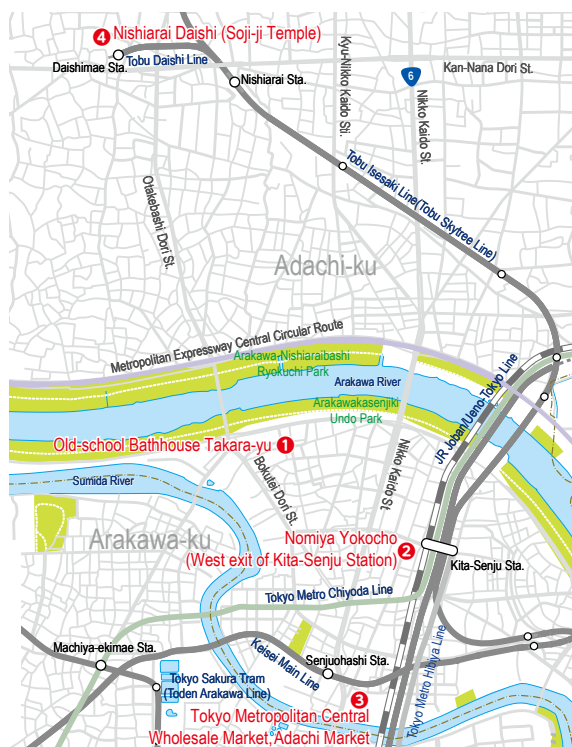
/ 🚶 Senju Sakuragi stop on the Tobu Bus from Kita-Senju Station, JR Joban Line (and others)) /

☎ 03-3881-2660 🎫 Admission fee

Kita-Senju

Tucked-away streets where the 20th century meets the 21st

Old-school bathhouses and markets offer a taste of daily city life.



② Nomiya Yokochi (West exit of Kita-Senju Station)

Go out the west exit of Kita-Senju Station and you'll find yourself deep in a street of pubs and bars. There's a mix of everything here, from old-school tapas bars to hip izakaya pubs in renovated old homes.

📍 2 Senju, Adachi-ku (and elsewhere) (P.29 MAP-3B)

🚶 Kita-Senju Station, JR Joban Line (and others)



③ Tokyo Metropolitan Central Wholesale Market, Adachi Market

Known as the "fish market of Senju", this location of the Tokyo Wholesale Market has long been a popular favorite. It opens to the public once every two months on Adachi Market Day, drawing crowds of people every time. You can eat at the restaurants serving sushi, *teishoku* sets, and other dishes in the Shokudo Building even when the market is closed to the public.

📍 50 Senju Hashido Machi, Adachi-ku (P.29 MAP-3B)

🚶 Senjuhashi Station, Keisei Main Line

☎ 03-3879-2750

🎫 Admission is free



④ Nishiarai Daishi (Soji-ji Temple)

Said to be constructed in 826, this historical temple is widely known by its nickname, Nishiarai Daishi. Counted among the Great Three Daishi Temples of Kanto, it is packed with worshippers coming to offer prayers at the New Year.

📍 1-15-1 Nishi Arai, Adachi-ku (P.29 MAP-2B)

🚶 Daishimae Station, Tobu Daishi Line

☎ 03-3890-2345

🎫 Admission is free





Yuyake Dandan

1 Yanaka Ginza Shopping District and Yuyake Dandan

This shopping area steeped in retro charm retains its old-school look and back-alley feel. The short line of shops is just 170 meters in length, but gives a real taste of bygone life in the city. A famous spot for watching the sunset called Yuyake Dandan is located just as you step through the entrance, and it's a great place to take in the old-fashioned nostalgia of Japan's shotengai districts.

📍 3-13 Yanaka, Taito-ku (and elsewhere) (P.29 MAP-4A)

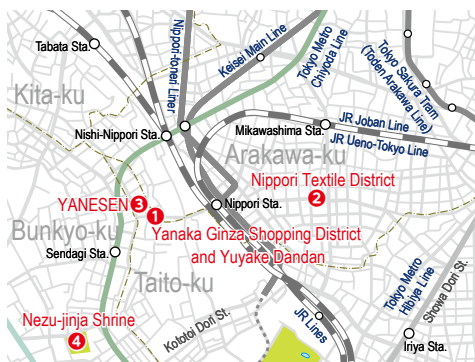
🚶 Nippori Station, JR Yamanote Line (and others)



Yanaka, Nezu, and Sendagi

Get a taste of traditional Japanese culture as you feel the pulse of life in Tokyo's backstreets

The Yanesen area takes its name from the three neighborhoods that converge here--Yanaka, Nezu, and Sendagi. It is a great place to see scenes from old Tokyo.



Western Area



2 Nippori Textile District

Running for about a kilometer along either side of Nippori Chuo-dori Street are lines of textile shops selling everything fabric-related, from textile goods to clothing accessories.

📍 3 to 6 Higashi Nippori, Arakawa-ku (and elsewhere) (P.29 MAP-4B)

🚶 Nippori Station, JR Yamanote Line (and others)



3 YANESSEN Tourist Information Culture Center

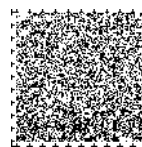
The Yanesen area (made up of Yanaka, Nezu and Sendagi) has opportunities for local tourism information and Japanese cultural experiences. Try your hand at calligraphy, tea ceremony, flower arrangement and Yanesen tours.

📍 3-13-7 Yanaka, Taito-ku (Yomise-dori Shopping Street) (P.29 MAP-4A)

🚶 4 minutes' walk from Sendagi Station, Tokyo Metro Chiyoda Line / 6 minutes' walk from Nippori Station, JR Yamanote Line (and others)

☎ 03-5834-7025

🆓 Admission is free



4 Nezu-jinja Shrine

It is said that this ancient shrine was consecrated by the legendary priest Yamato Takeru no Mikoto. All of its structures have been preserved from the Edo period, and it has been nationally designated as an Important Cultural Property. It is also one of the best spots in the city to see azaleas bloom.

📍 1-28-9 Nezu, Bunkyo-ku (P.40 MAP-3G)

🚶 Nezu Station, Tokyo Metro Chiyoda Line

☎ 03-3822-0753

🆓 Admission is free



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Western Area



Major Route Legend

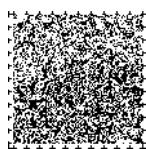
Tokyo Metro Lines

- Marunouchi Line
- Namboku Line
- Hanzomon Line
- Chiyoda Line
- Tozai Line
- Hibiya Line
- Yurakucho Line
- Ginza Line
- Fukutoshin Line

Toei Subway Lines

- Mita Line
- Shinjuku Line
- Oedo Line
- Asakusa Line

Along the JR Chuo Line (P.45,46)



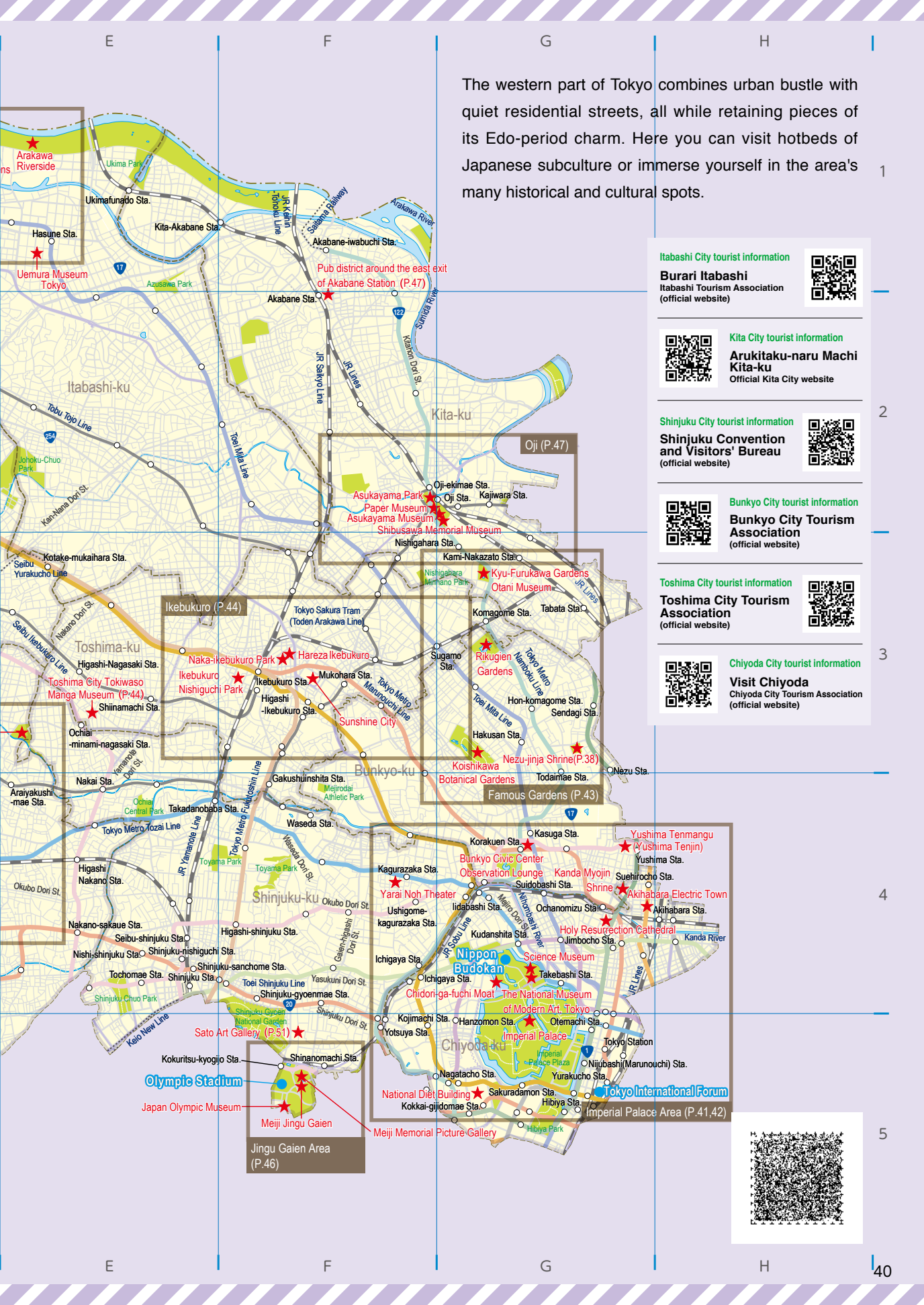
Suginami City tourist information
Suginami Gaku Club
 Official Suginami City
 information site



Nerima City tourist information
Totte-oki no Nerima
 Nerima Center for Tourism, Nerima City Industrial
 Development Public Corporation
 (official website)



Nakano City tourist information
Nakano-ku Tourism Association
 (official website)



The western part of Tokyo combines urban bustle with quiet residential streets, all while retaining pieces of its Edo-period charm. Here you can visit hotbeds of Japanese subculture or immerse yourself in the area's many historical and cultural spots.

Itabashi City tourist information

Burari Itabashi
Itabashi Tourism Association
(official website)



Kita City tourist information

Arukitaku-naru Machi
Kita-ku
Official Kita City website



Shinjuku City tourist information

Shinjuku Convention and Visitors' Bureau
(official website)



Bunkyo City tourist information

Bunkyo City Tourism Association
(official website)



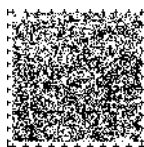
Toshima City tourist information

Toshima City Tourism Association
(official website)



Chiyoda City tourist information

Visit Chiyoda
Chiyoda City Tourism Association
(official website)



1

2

3

4

5

40



1 The Imperial Palace

Built on the site of the former Edo Castle, which housed the Tokugawa shogunate, the Imperial Palace is home to the Imperial Family. The double bridge can be seen from the plaza in front of the palace. The bridge in front is the *seimon ishibashi* (main entrance stone bridge), and the one in the rear is the *seimon tetsubashi* (main entrance iron bridge). They are only used for official Imperial Court events, such as ceremonial appearances on New Year's Day.

📍 1-1 Chiyoda, Chiyoda-ku

(P.40 MAP-4・5G)

🚶 Tokyo Station Marunouchi Central Exit, JR and other Lines

☎ 03-3213-1111

🆓 Admission is free



Imperial Palace Area

Edo history and culture blended seamlessly into a modern metropolis

This part of the city has been the hub of Japanese government and politics since the Edo period, and still pulses with the history and culture of that era.



2 Chidori-ga-fuchi Moat

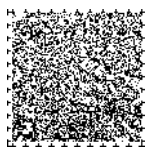
The lush green walkway along the northwestern moat of the Imperial Palace is one of the top spots in Tokyo for viewing cherry blossoms. The pedestrian path here is designed for easy wheelchair access.

📍 2 Kudan Minami to 2 Sanbancho, Chiyoda-ku (P.40 MAP-4G)

🚶 Kudanshita Station, Toei Shinjuku Line (and others)

☎ 03-5211-3650

🆓 Admission is free



3 National Diet Building

Constructed in 1936, the current National Diet Building is the seat of the Japanese government and politics. Tours of both the House of Representatives (to your left as you face the front of the building) and the House of Councillors (to your right) are available.

📍 1-7-1 Nagata-cho, Chiyoda-ku (P.40 MAP-5G)

🚶 Kokkai-gijidomae Station (and others), Tokyo Metro Marunouchi Line

☎ House of Councillors 03-3581-3111

House of Representatives 03-3581-5111 (03-3581-0069 on Saturdays, Sundays, and national holidays)

🆓 Admission is free



4 The National Museum of Modern Art, Tokyo

With over 13,000 items rotated in sets of about 200 each season, the works of the Museum of Modern Art, Tokyo (MOMAT) collection give visitors an overview of more than a century of Japanese art history.

📍 3-1 Kitanomaru-koen, Chiyoda-ku (P.40 MAP-4G)

🚶 Takebashi Station, Tokyo Metro Tozai Line

☎ 050-5541-8600 (Hello Dial)

🎫 Admission fee





5 Science Museum

This interactive learning center teaches visitors about science and industrial technology. The museum shop has a great selection of science-related souvenirs, such as dried space food.

📍 2-2-1 Kitanomaru-koen, Chiyoda-ku (P.40 MAP-4G)

🚶 Takebashi Station, Tokyo Metro Tozai Line

☎ 03-3212-8544

💰 Admission fee



6 Holy Resurrection Cathedral (Nikolai-do)

Constructed in 1891, the Nikolai-do Orthodox Cathedral is the main site for the Orthodox Church of Japan. The church is named after its Russian founder, St. Nicholas. The Byzantine-style cathedral has been nationally designated as an Important Cultural Property.

📍 4-1-3, Kanda-surugadai, Chiyoda-ku (P.40 MAP-4G)

🚶 Ochanomizu Station, JR Chuo Line (and others)

☎ 03-3295-6879

💰 Admission fee



7 Kanda Myojin Shrine

Follow in the footsteps of a key Edo-period shogun at this historically important shrine. Kanda Myojin Shrine is a historical temple founded in 730 to honor the protective deity of Edo. Its annual Kanda Festival is one of the three most important Edo festivals. The grounds are designed to allow for easy wheelchair access.

📍 2-16-2 Soto Kanda, Chiyoda-ku (P.40 MAP-4G)

🚶 Ochanomizu Station, JR Chuo Line (and others)

☎ 03-3254-0753

💰 Admission is free



8 Akihabara Electric Town

Akihabara is one of the world's leading electronics centers and famous for being the source of much of Japan's subculture. Crammed with shops specializing in anime, manga, and video game products, it is a must-go for anyone who loves Japan's geeky otaku culture.

📍 4 Sotokanda, Chiyoda-ku (and elsewhere)

(P.40 MAP-4G + H)

🚶 Akihabara Station, JR Yamanote Line (and others)



9 Yari Noh Theater

Nationally registered as a cultural treasure, this theater offers a chance to see traditional Noh performances and farces (kyogen) or try *shimai* (plainclothes) and *utai* (recital) classes. In addition to regular seating, you can experience Noh in a more traditional way from old-style tatami seats as well.

📍 60 Yaraicho, Shinjuku-ku (P.40 MAP-4F)

🚶 Kagurazaka Station, Tokyo Metro Tozai Line

☎ 03-3268-7311



10 Bunkyo Civic Center Observation Lounge

Twenty-five floors up at about 105 meters above the ground, The Bunkyo Civic Center was built to offer relaxation and spectacular views. Take in a panorama that includes TOKYO SKYTREE® to the east and Mt. Fuji and the skyscrapers of Shinjuku to the west.

📍 1-16-21 Kasuga, Bunkyo-ku (P.40 MAP-4G)

🚶 Korakuen Station, Tokyo Metro Marunouchi Line (and others)

☎ 03-3812-7111

💰 Admission is free



11 Yushima Tenmangu (Yushima Tenjin)

This shrine is dedicated to the god of learning, Sugawara no Michizane, who has long been widely and affectionately referred to as Yushima no Tenjin-sama. The grounds are particularly beautiful during plum blossom season, and its copper *torii* gate has been designated a historical cultural property.

📍 3-30-1 Yushima, Bunkyo-ku (P.40 MAP-4G)

🚶 Yushima Station, Tokyo Metro Chiyoda Line

☎ 03-3836-0753

💰 Admission is free



Souvenirs and specialties

Chiyoda City Original Products

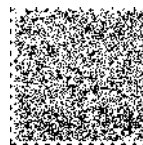


Sakura Bath (right) is made from ingredients extracted from the Chidori-ga-fuchi Yoshino cherry, or Kuromatsu Bath (left) made from extracts of black pine from the Kokyogaien National Garden.

Edo Kanda Soba



Kanda has a long historical tradition stretching back more than 350 years to the Edo period. The people of Edo loved the flavor of the soba here, and there are many longstanding soba shops that carry on the tradition even today.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



Famous Gardens

Immerse yourself in the beauty of Japanese gardens

Explore the many Japanese gardens that Tokyo has to offer, including signature Edo-period creations and those that seamlessly blend Japanese and Western elements.



② Rikugien Gardens

Built in the late 17th and early 18th centuries, Rikugien Gardens are one of the most celebrated gardens of the Edo Period. They are designed for strolling, with ponds and manmade hills designed to look like lakes, rivers, mountains, and fields.

📍 6-16-3 Hon-Komagome, Bunkyo-ku (P.40 MAP-3G)

🚶 Komagome Station, JR Yamanote Line (and others)

☎ 03-3941-2222

¥ Admission fee



③ Koishikawa Botanical Gardens

The gardens here are the oldest botanical gardens in Japan. Originally Koishikawa Oyakuen, these gardens were originally created in 1684 as a place for the Edo government to grow medicinal herbs. The massive grounds are home to some 4,000 plant species.

📍 3-7-1 Hakusan, Bunkyo-ku (P.40 MAP-3G)

🚶 Hakusan Station, Toei Mita Line

☎ 03-3814-0138

¥ Admission fee



① Kyu-Furukawa Gardens

Designated as one of the most scenic spots in Japan, this captivating garden preserves its Western-style building, Western-style garden, and Japanese garden just as they were when they were originally constructed in the late 1800s. The design blends traditional and early-modern techniques as well as Japanese and Western elements.

📍 1 Nishigahara, Kita-ku (P.40 MAP-3G)

🚶 Kami-Nakazato Station, JR Keihin-Tohoku Line

☎ 03-3910-0394

¥ Admission fee



● Otani Museum

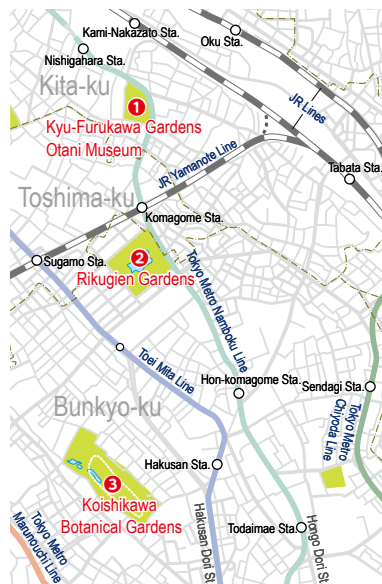
This Western-style building located in the Kyu-Furukawa Gardens was constructed in 1917 and is a true work of art. Currently only the first floor can be toured.

📍 1-27-39 Nishigahara, Kita-ku inside the Kyu-Furukawa Gardens (P.40 MAP-3G)

🚶 Kami-Nakazato Station, JR Keihin-Tohoku Line

☎ 03-3910-8440

¥ Admission fee



Souvenirs and specialties

Bunkyo Food Brands: Bunkyo Gourmet Map



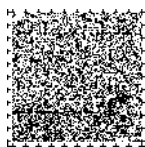
This publication lists more than a hundred of the most delicious eateries in Bunkyo City across every category, from Japanese and Western food to ethnic cuisine, noodles, Japanese and Western confections, cafés, sweets, and more.



Fuminomiyako Yukari no Bunjin Meika



Bunkyo is known for its many longstanding schools and scholastic traditions. These confections are themed after some of the area's greatest scholars, such as Ogai Mori and Natsume Soseki.



1 Sunshine City

Sunshine City is an Ikebukuro landmark. It combines a commercial complex with a variety of leisure facilities.



● Sunshine Aquarium

This aquarium is on a building roof based on the concept of a sky oasis. It is popular for the sky penguins that swim as if flying in the sky of the city.

- 📍 Rooftop of World Import Mart Building, Sunshine City, 3-1 Higashi-Ikebukuro Toshima-ku (P.40 MAP-3F)
- 🚶 Higashi-Ikebukuro Station, Tokyo Metro Yurakucho Line
- ☎ 03-3989-3466
- ¥ Admission fee



● Sky Circus Sunshine 60 Observatory

With no high buildings around it, this experiential viewpoint offers views of Tokyo in 360 degrees and many technology-based experiences including VR (virtual reality) content.

- 📍 Sunshine 60 Building 60F, Sunshine City, 3-1 Higashi-Ikebukuro Toshima-ku (P.40 MAP-3F)
- 🚶 Higashi-Ikebukuro Station, Tokyo Metro Yurakucho Line
- ☎ 03-3989-3457
- ¥ Admission fee



● Konica-Minolta Planetarium "Manten"

The latest optical projection devices and laser projectors recreate high precision images that feel so realistic. Both the cloud sheet and grass sheet special sheets are perfect for laying down and watching the show.

- 📍 Rooftop of World Import Mart Building, Sunshine City, 3-1 Higashi-Ikebukuro Toshima-ku (P.40 MAP-3F)
- 🚶 Higashi-Ikebukuro Station, Tokyo Metro Yurakucho Line
- ☎ 03-3989-3546
- ¥ Admission fee



Ikebukuro

Ikebukuro is a subcenter of Tokyo and a vibrant theater district

Enjoy the district's outdoor theaters and newly-opened stage areas.



2 Hareza Ikebukuro

Hareza is a vibrant, international source of cultural information that brings together eight distinctive theater spaces. See the website for details.

- 📍 1-19-1 Higashi-Ikebukuro, Toshima-ku (P.40 MAP-3F)
- 🚶 Ikebukuro Station, JR Yamanote Line (and others)
- ☎ Differs depending on facility
- ¥ Differs depending on facility



3 Naka-Ikebukuro Park

This park is set up as a front courtyard for Hareza Ikebukuro. The design is fully integrated with the surrounding facilities and features pavements and benches made from natural materials.

- 📍 1-16-1 Higashi-Ikebukuro, Toshima-ku (P.40 MAP-3F)
- 🚶 Ikebukuro Station, JR Yamanote Line (and others)
- ¥ Admission is free



4 Ikebukuro Nishiguchi Park

Ikebukuro Nishiguchi Park has an outdoor theater capable of supporting a variety of events, an on-stage jumbotron, and more. It is also known for its cafés equipped with informational features.

- 📍 1-8-26 Nishi-Ikebukuro, Toshima-ku (P.40 MAP-3F)
- 🚶 Ikebukuro Station, JR Yamanote Line (and others)
- ☎ 03-3981-0534
- ¥ Admission is free

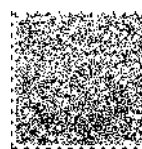


● Toshima City Tokiwaso Manga Museum

This museum is a reproduction of the Tokiwa-so apartment building that was once home to many of Japan's most prominent manga artists, including Osamu Tezuka, Fujiko F. Fujio, Fujiko A. Fujio, Shotaro Ishinomori, and Fujio Akatsuka.

Note: Reservations prioritized. For details see the website.

- 📍 3-9-22 Minami-Nagasaki, Toshima-ku (P.40 MAP-3E)
- 🚶 Ochiai-minami-nagasaki Station, Toei Oedo Line
- ☎ 03-6912-7706
- ¥ Admission is free (admission fee required during special exhibition times)



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



1 JR Chuo-Sobu Line: The shopping districts of Nakano, Koenji, Asagaya, Ogikubo, and Nishi-Ogikubo

The areas around these five stations on the JR Chuo-Sobu Line are full of a variety of distinctive shops. There are arcade-type shopping streets known for their festivals and other events, as well as districts lined with shops specializing in curios and knickknacks. As you explore them, you'll find plenty of examples of both modern and traditional Japan.

Areas around JR Nakano Station, Koenji Station, Asagaya Station, Ogikubo Station, and Nishi-Ogikubo Station
(P.39 MAP-4B~D)

Along the JR Chuo Line

Explore welcoming shopping districts and distinctive parks

The neighborhoods along the JR Chuo Line are a study in opposites, featuring modern shopping districts crammed with distinctive shops alongside historical parks and shrines.



Note: JR Chuo Line Rapid trains operate differently on holidays and do not stop at Koenji, Asagaya or Nishi-Ogikubo stations on weekends and holidays. On such days, use trains stopping at each station on the JR Chuo-Sobu Line.



2 Nakano Shiki-no-Mori Park

One of the largest parks in Nakano City, Shiki-no-Mori also serves as a disaster evacuation site for the adjacent office buildings and university. The grassy lawn is a

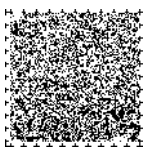
great place to relax and take a break in the middle of the day.

4-12/13 Nakano, Nakano-ku
(P.39 MAP-4D)

Nakano Station, JR Chuo Line (and others)

03-3228-8032

Admission is free



3 Tetsugakudo Temple Garden of Philosophy

Philosopher Inoue Enryo, founder of Toyo University, constructed this park in 1904. Many of the buildings within it have names that allude to philosophy. Designated as a national scenic beauty in 2020.

1-34-28 Matsugaoka, Nakano-ku (P.40 MAP-3E)

Araiakushimae Station, Seibu Shinjuku Line

03-3951-2515

Admission is free



4 Asagaya Shinmei-gu Shrine

Constructed around 1190, Asagaya Shinmei-gu has been a place for community worship since the Edo Period, and is one of the largest shrines connected to Ise Grand Shrine in Tokyo.

1-25-5 Asagaya Kita, Sugami-ku (P.39 MAP-4C~D)

Asagaya Station, JR Chuo Line (and others)

03-3330-4824

Admission is free





5 Araiakushi Baishoin Temple

Founded in 1586, this historical temple is a favorite of the local people, who have long referred to it simply as "Araiakushi". On the first Sunday of the month, vendors gather on the grounds for an antique fair, which is famous for being the longest-running in the Kanto region.

📍 5-3-5 Arai, Nakano-ku (P.39 MAP-4D)

🚶 Araiakushi-mae Station, Seibu Shinjuku Line

☎ 03-3386-1355

🆓 Admission is free



6 Tokyo Polytechnic University Suginami Animation Museum

This is the first place in Japan designed for people of all ages to learn about and experience the world of Japanese animation. The exhibits cover a wide range of topics, including the history and future of Japanese anime.

📍 Suginami Kaikan Building 3F

3-29-5 Kamiogi, Suginami-ku (P.39 MAP-4C)

🚶 Ogikubo Keisatsu-sho-mae stop on the Kanto Bus from Ogikubo Station North Exit, JR Chuo Line (and others)

☎ 03-3396-1510

🆓 Admission is free



● Omiya Hachimangu

Founded in the middle of the 10th century, Omiya Hachimangu is one of the three most important shrines in Musashi Province (present-day Tokyo and its suburbs). It is also known as "the navel of Tokyo" since it is located at the approximate center of population density of the metropolis. People come here to pray for safe childbirth and good luck in raising children.

📍 2-3-1 Omiya, Suginami-ku (P.39 MAP-5D)

🚶 Nishi-eifuku Station, Keio Inokashira Line

☎ 03-3311-0105

🆓 Admission is free



1 Meiji Jingu Gaien

The Meiji Memorial Picture Gallery is the center of sports facilities including the Meiji Shrine baseball diamond and a skating rink as well as a row of ginkgo trees famous for their yellow leaves that is a local symbol.

📍 1-1 Kasumigaoka-machi, Shinjuku-ku (P.40 MAP-5F)

🚶 Shinanomachi Station, JR Chuo Line (and others)

☎ 03-3401-0312 (rep)



Jingu Gaien Area

A restful grove near the Olympic Stadium

This sprawling park is home to multiple cultural and athletic facilities, plus one of the loveliest ginkgo groves in Tokyo—making it perfect for taking a stroll.



2 Meiji Memorial Picture Gallery

This building stands as a symbol of Jingu Gaien. It houses paintings that share the story and accomplishments of Emperor Meiji and his wife Empress Shoken from the end of the Edo period through the Meiji years.

📍 1-1 Kasumigaoka-machi, Shinjuku-ku (P.40 MAP-5F)

🚶 Shinanomachi Station, JR Chuo Line (and others)

☎ 03-3401-5179

🆓 Admission fee

Note: Closed during the Tokyo Olympic games (July 12 to September 9, 2021)



3 Japan Olympic Museum

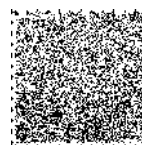
See the Olympic torch, medals, and other memorabilia from past Games on display as you learn about the history of the Olympic and Paralympic games.

📍 4-2 Kasumigaoka-machi, Shinjuku-ku (P.40 MAP-5F)

🚶 Gaienmae Station, Tokyo Metro Ginza Line

☎ 03-6910-5561

🆓 Admission fee



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



1 Asukayama Park

One of the best places in Tokyo to enjoy the cherry blossoms in springtime, Asukayama park is also home to several cultural facilities, including the Paper Museum, the Asukayama Museum, and the Shibusawa Memorial Museum. There is even a 16-person monorail called the Ascargot that will take you from the park entrance to the top of the hill.

📍 1 Oji, Kita-ku (and elsewhere) (P.40 MAP-2F・G)

🚶 Oji Station, JR Keihin-Tohoku Line (and others)

☎ 03-3908-9275

💰 Admission is free



Oji

Enjoy the area's Edo-period vacation spots and museums

Explore the area around Asukayama Park, which became widely known among the everyday people of Edo once the shogunate opened it to the public.



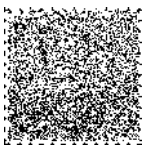
● Tokyo Sakura Tram (Toden Arakawa Line)

One of only two streetcars remaining in Tokyo, the Tokyo Sakura Tram is a single car that runs for about an hour and makes 30 stops. From the windows you can enjoy scenes of everyday urban living in neighborhoods that haven't lost their retro charm.

📍 Stops between Waseda in Shinjuku-ku to Minowabashi in Arakawa-ku

☎ 03-3816-5700

💰 Admission fee



● Pub district around the east exit of Akabane Station

The Akabane Ichibancho shopping district and the OK Yokocho, and other areas around the east exit of Akabane Station are full of homey eateries. Look for the red lanterns outside--these mark the izakaya pubs.

📍 1 Akabane, Kita-ku (and elsewhere) (P.40 MAP-1・2F)

🚶 Akabane Station, JR Saikyo Line (and others)



2 Paper Museum

This is one of the few museums in the world dedicated to paper of all kinds, including its history, culture, and industry. Everything is on display here, though all ages and styles representing a wide range of paper culture.

📍 1-1-3 Oji, Kita-ku inside Asukayama Park

(P.40 MAP-2F)

🚶 Oji Station, JR Keihin-Tohoku Line

(and others)

☎ 03-3916-2320

💰 Admission fee



3 Asukayama Museum

The Asukayama Museum is one of the three museums in Asukayama Park, along with the Paper Museum and the Shibusawa Memorial Museum. It teaches visitors about the nature, history, and culture of Kita City and the neighboring areas.

📍 1-1-3 Oji, Kita-ku inside Asukayama Park (P.40 MAP-2G)

🚶 Oji Station, JR Keihin-Tohoku Line

(and others)

☎ 03-3916-1133

💰 Admission fee



4 Shibusawa Memorial Museum

Opened in 1982, this museum is dedicated to the accomplishments and thought of Eiichi Shibusawa, a leader in business. There are two Taisho-era buildings in the Old Shibusawa Garden (namely, the Bankoro Cottage and the Seien Bunko Library) that are open to the public.

📍 2-16-1 Nishigahara, Kita-ku inside Asukayama Park (P.40 MAP-2G)

🚶 Oji Station, JR Keihin-Tohoku Line

(and others)

☎ 03-3910-0005

💰 Admission fee



Takashimadaira

Explore the nature of Arakawa and the history of the Showa era

Explore the history of the Showa era alongside modern Tokyo in an area known for its new residential developments.



1 Arakawa Riverside

This green space with its many kinds of athletic spaces is habitat to many birds, and fish as well as wild grasses and flowers, affording opportunities to come into contact with nature. The embankment stretches for a long way, making for a nice walk through flowers along the river.

📍 Near 1-13 Shingashi, Itabashi-ku (P.39-40 MAP-1D~F)
🚶 Takashimadaira Station (and others), Toei Mita Line
☎ 03-3579-2251



2 Itabashi Botanical Gardens

This greenhouse is set up like a museum that recreates the tropical rainforests of Southeast Asia. It's a fun place to learn about all kinds of tropical environments, from the oceans to the mountains.

📍 8-29-2 Takashimadaira, Itabashi-ku (P.39 MAP-1D)
🚶 Takashimadaira Station, Toei Mita Line
☎ 03-5920-1131
💰 Admission fee



3 Uemura Museum Tokyo

Learn about the achievement of Naomi Uemura, the first explorer to reach the highest points on five continents.

Note: Scheduled for temporary closure at end of August 2021 due to moving.

Inquiries while closed: Itabashi-ku (03-3579-2651)

📍 2-21-5 Hasune, Itabashi-ku (P.40 MAP-1E)

🚶 Hasune Station, Toei Mita Line

☎ 03-3969-7421

💰 Admission is free



Venture out a little farther

● Koizumi Farm

The only farm in the Greater Tokyo Area, Koizumi has ice cream made from fresh-squeezed milk and about 40 dairy cows. Visitors can look around the farm.



📍 2-7-16 Oizumi Gakuencho, Nerima-ku (P.39 MAP-2B)

🚶 Oizumi Gakuen Station, Seibu Ikebukuro Line

☎ 03-3922-0087 💰 Admission is free



● Tokyo Winery

Opened in 2014, this is the first winery to come to Tokyo. The fermentation rooms are in the back of the shop, which makes wine using grapes from all over Japan in addition to local fruit from Nerima, Kiyose, and Kunitachi.



📍 2-8-7 Oizumi Gakuencho, Nerima-ku (P.39 MAP-2B)

🚶 Oizumi Gakuen Station, Seibu Ikebukuro Line

☎ 03-3867-5525



Souvenirs and specialties

A list on featured products selected by the municipality and local organization.

The best products in Nakano



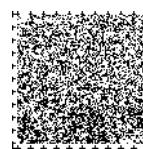
Digital brochure



Recommended products from Nerima Neri-kore



The best products in Itabashi, selected by local residents



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Southern Area

2

3

4

5

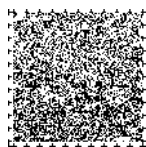
Major Route Legend

Tokyo Metro Lines

- Marunouchi Line
- Namboku Line
- Hanzomon Line
- Chiyoda Line
- Tozai Line
- Hibiya Line
- Yurakucho Line
- Ginza Line
- Fukutoshin Line

Toei Subway Lines

- Mita Line
- Shinjuku Line
- Oedo Line
- Asakusa Line



Setagaya City tourist information

Enjoy! Setagaya

Setagaya Machinaka Tourism & Exchange Association
(tourist information site)



Meguro City tourist information

Meguro Meguro

Meguro Tourism Association
(official website)



Shibuya City tourist information

Play! Diversity Shibuya

Shibuya City Tourism Association
(official website)



Minato City tourist information

Visit Minato City

Tokyo Minato City Travel & Tourism Association
(official website)



Shinagawa City tourist information

Shinagawa Tourism Association

(official website)

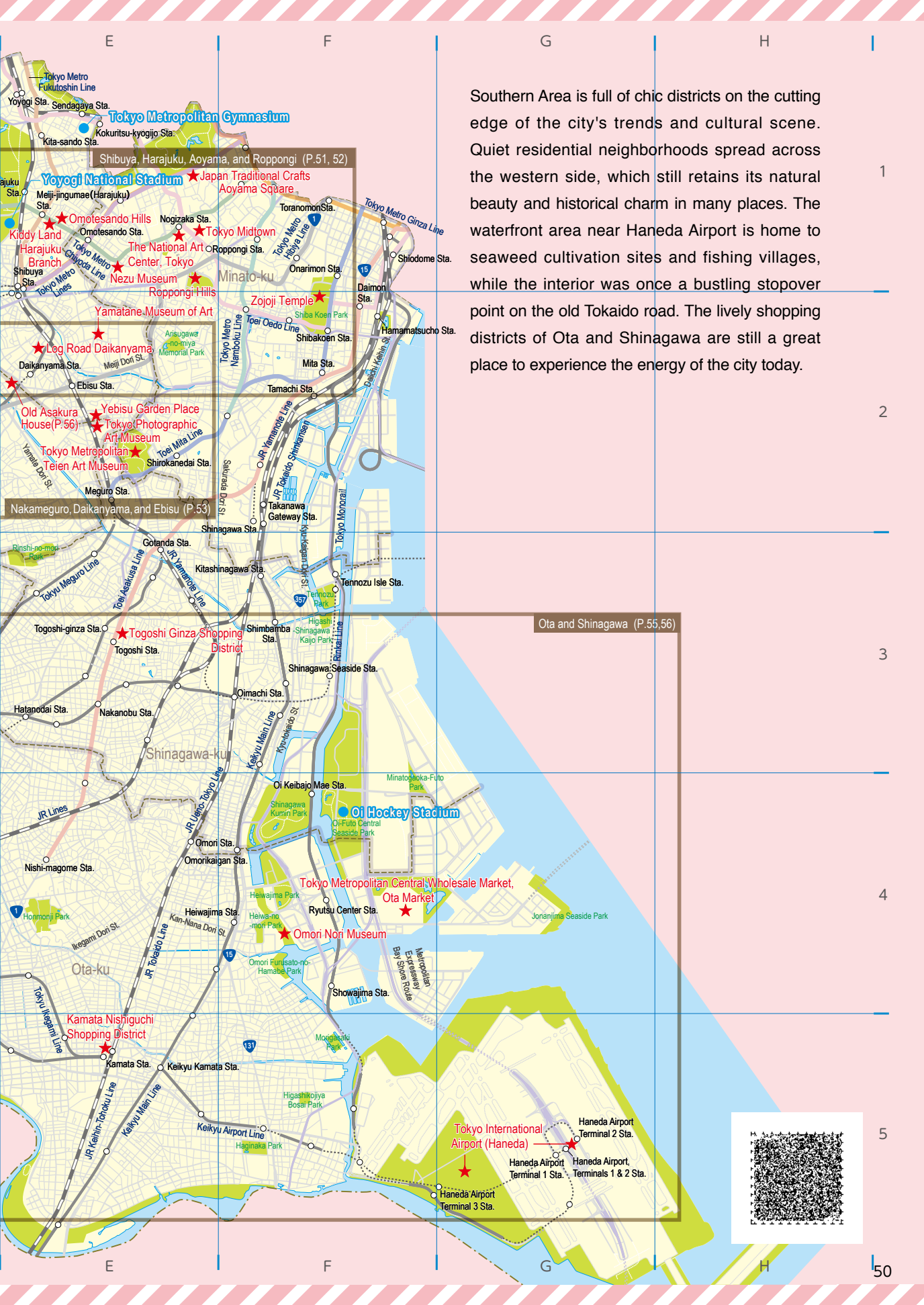


Ota City tourist information

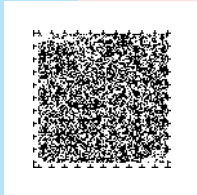
OTA Navi

Ota Tourist Association
(official website)





Southern Area is full of chic districts on the cutting edge of the city's trends and cultural scene. Quiet residential neighborhoods spread across the western side, which still retains its natural beauty and historical charm in many places. The waterfront area near Haneda Airport is home to seaweed cultivation sites and fishing villages, while the interior was once a bustling stopover point on the old Tokaido road. The lively shopping districts of Ota and Shinagawa are still a great place to experience the energy of the city today.



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Southern Area



① Omotesando Hills

Omotesando Hills is the heart of Japan's fashion and art scene, with cultural and commercial facilities turning out the latest trends. This cavernous shopping complex extends from three floors below to three floors above the ground, and offers nearly a hundred specialty shops to choose from.

📍 4-12-10 Jingumae, Shibuya-ku (P.50 MAP-1E)

🚶 Omotesando Station, Tokyo Metro Ginza Line (and others)

☎ 03-3497-0310

🎫 Admission is free



Shibuya, Harajuku, Aoyama, and Roppongi

Tour the cutting edge of Tokyo's cultural scene

Here, chic streets pulsing with Tokyo's cutting-edge culture exist alongside historical sites and natural beauty. The area also offers opportunities to experience traditional Japanese arts and crafts.

Western Area



② Sato Art Gallery

A celebration of young creators centered on curator plans with individual exhibitions and group exhibitions shown daily. Workshops and art lessons are also held irregularly.

📍 31-10 Daikyo-cho, Shinjuku-ku (P.40 MAP-5F)

🚶 Shinanomachi Station on the JR Sobu Line (and others)

☎ 03-3358-6021

🎫 Admission fee



③ Yamatane Museum of Art

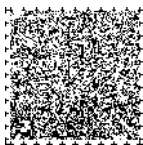
When the Yamatane Museum of Art opened, it was Japan's first art museum featuring permanent exhibitions of Japanese-style paintings. Its collection of some 1,800 works includes those by modern and contemporary Japanese artists.

📍 3-12-36 Hiroo, Shibuya-ku (P.50 MAP-2E)

🚶 Ebisu Station, JR Yamanote Line (and others)

☎ 03-5541-8600 (Hello Dial)

🎫 Admission fee



④ Kiddy Land Harajuku Branch

This shop is full of playful heart expressing a global perspective and fun dreams with commercial products including fancy goods, character goods and toy variety.

📍 6-1-9 Jingumae, Shibuya-ku (P.50 MAP-1E)

🚶 Meiji Jingumae Station on the Tokyo Metro Chiyoda Line (and others)

☎ 03-3409-3431



©TCVB

⑤ Yoyogi Park

Yoyogi Park was originally Olympic Village for the 1964 Summer Olympics in Tokyo. Three years later, it reopened as Yoyogi Park, and is still a favorite spot for rest and relaxation.

📍 Yoyogikamizono-cho/2 Jinnan, Shibuya-ku (and elsewhere) (P.49・50 MAP-1D・E)

🚶 Yoyogi-koen Station (and others), Tokyo Metro Chiyoda Line

☎ 03-3469-6081

🎫 Admission is free





6 Tokyo Midtown

Tokyo Midtown is an urban complex with a wide variety of commercial and public facilities in 6 buildings and a broad green space. Enjoy seasonal events and design art found throughout.

📍 9-7-1 Akasaka, Minato-ku (P.50 MAP-1E)
 🚶 Roppongi Station, Toei Oedo Line (and others)
 ☎ 03-3475-3100
 💰 Admission is free



7 The National Art Center, Tokyo

The National Art Center is one of Japan's largest exhibition spaces, featuring diverse exhibits as well as a collection of art-related information and documents available to the public. As the name implies, it is museum that truly functions as a center for art.

📍 7-22-2 Roppongi, Minato-ku (P.50 MAP-1E)
 🚶 Nogizaka Station, Tokyo Metro Chiyoda Line
 ☎ 050-5541-8600 (Hello Dial)
 💰 Admission fee



8 Roppongi Hills

Roppongi Hills is a multifunction complex featuring an art museum, movie theater, hotel, restaurants, and more. There is an indoor observation point, "Tokyo City View" on the 52nd floor and a rooftop "SkyDeck" outdoor observation area offering amazing panoramic views of the city at night.

📍 6-10-1 Roppongi, Minato-ku (P.50 MAP-1E)
 🚶 Roppongi Station, Tokyo Metro Hibiya Line (and others)
 ☎ 03-6406-6000
 💰 Admission is free



9 Nezu Museum

The Nezu Museum, dedicated to a vast collection of over 7,400 works of Japanese and East Asian art, synthesizes traditional art forms, modern Japanese architecture, and a Japanese landscape garden into one harmonious complex.

📍 6-5-1 Minami Aoyama, Minato-ku (P.50 MAP-1E)
 🚶 Omotesando Station, Tokyo Metro Ginza Line (and others)
 ☎ 03-3400-2536
 💰 Admission fee
 (online advance reservation system)



10 Zojoji Temple

Zojoji is the famed temple complex of the Tokugawa shogun family, and houses the tombs of six Tokugawa shoguns. Its main gate, Sangedatsumon, has been designated an Important Cultural Property. It represents traditional Buddhist architecture and is the only original temple structure not to have been destroyed by fire.

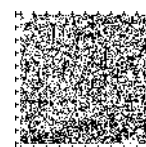
📍 4-7-35 Shiba-koen, Minato-ku (P.50 MAP-2F)
 🚶 Onarimon Station (and others), Toei Mita Line
 ☎ 03-3432-1431
 💰 Admission is free



11 Japan Traditional Crafts Aoyama Square

The galleries and shops at Aoyama Square feature ceramics, textiles, paper, and other traditional crafts from all over Japan. There are even opportunities to see the artisans at work, so you can experience their exquisite craftsmanship up close.

📍 1F 8-1-22 Akasaka, Minato-ku (P.50 MAP-1E)
 🚶 Aoyama-itchome Station, Toei Oedo Line (and others)
 ☎ 03-5785-1301
 💰 Admission is free



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



1 Yebisu Garden Place

This commercial complex features the Tokyo Photographic Art Museum, Ebisu Beer Memorial Hall, Westin Hotel Tokyo, event halls and more. There are many restaurants, cafes and broad open spaces with natural environment for spending slow times.

📍 4-20 Ebisu, Shibuya-ku (P.50 MAP-2E)

🚶 Ebisu Station, JR Yamanote Line (and others)

☎ 03-5423-7111

💰 Admission is free



Nakameguro, Daikanyama, and Ebisu

A haven for shopping, culture, and arts

Explore fashionable shopping in Daikanyama and along the Nakameguro River, or head to the art complexes and restaurants of Ebisu.



2 Megurogawa River

This riverside district is one of the most famous places to see cherry blossoms in the city, and offers plenty of stylish restaurants, cafes, fashion boutiques, and other diverse shopping options.

📍 1 Ohashi, Meguro-ku (and elsewhere) (P.49 MAP-2D)

🚶 Nakameguro Station (and others), Tokyu Toyoko Line (and others)



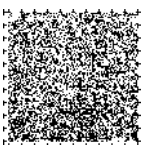
3 Log Road Daikanyama

Delight in a leisurely meal as you stroll along this old railway line, now converted into a modern urban boardwalk or create relaxed, picnic-like experience by getting some coffee and bites to go and enjoying them in one of the area's rooftop eating spaces.

📍 13-1 Daikanyama-cho, Shibuya-ku (P.50 MAP-2E)

🚶 Daikanyama Station, Tokyu Toyoko Line

💰 Admission is free



4 Tokyo Photographic Art Museum

The Tokyo Photographic Art Museum is Japan's first museum specializing in photographic art. In addition to its three exhibition halls, there are screenings of high-quality films in the first-floor movie theater. Visitors can access the museum library for free.

📍 1-13-3 Mita, Meguro-ku inside Yebisu Garden Place (P.50 MAP-2E)

🚶 Ebisu Station, JR Yamanote Line (and others)

☎ 03-3280-0099

💰 Admission fee



5 Tokyo Metropolitan Teien Art Museum

This museum is housed in an Art Deco style building which itself is considered a work of art. Surrounded by three lush garden areas, it is a delight in all seasons.

📍 5-21-9 Shirokanedai, Minato-ku (P.50 MAP-2E)

🚶 Meguro Station, JR Yamanote Line (and others)

☎ 050-5541-8600 (Hello Dial)

💰 Admission fee





1 Gotokuji Temple

Gotokuji is the family temple for the Ii clan, who served as major daimyo under the Tokugawa shogunate. The tomb of Ii Naosuke is here, and it has been designated a historical site by the Tokyo government. It is also hailed as the birthplace of the *maneki-neko*, or lucky cats, and here you can see thousands of them of all sizes.

📍 2-24-7 Gotokuji, Setagaya-ku (P.49 MAP-2C)

🚶 Miyanosaka Station, Tokyu Setagaya Line

☎ 03-3426-1437

💰 Admission is free



Setagaya

Discover history and nature in this quiet residential district

The natural beauty of Musashino is preserved in Setagaya, where you can also experience the history of the Tokyo Olympic Games.



2 Tokyo Olympic Memorial Gallery

Located within the Komazawa Olympic Park, this gallery features exhibits related to the Olympic Games. The permanent exhibition gives visitors free access to actual items used during the Games as well as photos and videos of the competitions.

📍 1-1 Komazawa Koen, Setagaya-ku inside the Komazawa Olympic Park General Sports Ground Gymnasium (P.49 MAP-3C)

🚶 20 minutes' walk from Komazawa-daigaku Station, Tokyu Den-en-toshi Line

☎ 03-3421-6199

💰 Admission is free



3 Hasegawa Machiko Art Museum

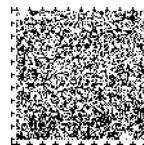
Exhibitions of the collected art works of Machiko Hasegawa, creator of *Sazae-san* and her sister. The annex on the opposing building, the Machiko Hasegawa Memorial hall, has exhibits including permanent features featuring the works and daily life of Machiko as well as various other exhibitions.

📍 1-30-6 Sakura-shimmachi, Setagaya-ku (P.49 MAP-3C)

🚶 Sakura-shimmachi Station, Tokyu Den-en-toshi Line

☎ 03-3701-8766

💰 Admission fee



4 Kinuta Park

Located near a quiet residential district, Kinuta Park features wide-open lawns and is a great place to go birdwatching. The Setagaya Art Museum is located on the park grounds.

📍 1-1 Kinuta-koen, Setagaya-ku (P.49 MAP-2・3B)

🚶 About 20 minutes' walk or Bijutsukan stop on the Tokyu Bus from Yoda Station, Tokyu Den-en-toshi Line

☎ 03-3700-0414

💰 Admission is free



5 Setagaya Art Museum

The Setagaya Art Museum offers wide-ranging exhibits and events year-round. Tucked away in the greenery of Kinuta Park, it is a great place to discover art while enjoying the changing seasons.

📍 1-2 Kinuta-koen, Setagaya-ku (P.49 MAP-2B)

🚶 Bijutsukan stop on the Tokyu Bus from Yoda Station, Tokyu Den-en-toshi Line

☎ 03-3415-6011

💰 Admission fee



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Southern Area



●Haneda Airport, Terminals 1 & 2

Terminals 1 & 2 are used for domestic flights, and are linked via an underground walkway filled with shops, restaurants, banks, hotels, and more. The observation deck offers 360° views of the planes as the take off and land, giving Haneda the feel of an "airport city" where you can happily spend the day.

📍 Haneda Airport, Ota-ku (P.50 MAP-5G)

🚶 Haneda Airport Terminal 1 & Terminal 2 Stations, Tokyo Monorail (and others)
☎ 03-5757-8111 (Haneda Airport terminal information)



●Haneda Airport, Terminal 3 (International)

Terminal 3 is home to a diverse collection of commercial facilities, making it a hub for Japan's traditional culture, futuristic technology, and entertainment. And since it's made to look like an Edo-period streetscape, you'll feel like you've traveled back in time as you enjoy the many dining and shopping options.

📍 Haneda Airport, Ota-ku (P.50 MAP-5G)

🚶 Haneda Airport Terminal 3 Station, Tokyo Monorail (and others)
☎ 03-5757-8111 (Haneda Airport terminal information)



Ota and Shinagawa

Stroll through the bustling shopping districts in the neighborhoods around Haneda airport.

The Ota and Shinagawa areas, home to Tokyo's gateway to the sky at Haneda Airport, are a great place to experience Tokyo's charming working-class neighborhoods and bustling shopping districts.

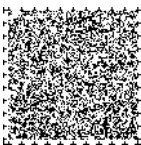


●Kamata Nishiguchi Shopping District

The two streets located outside the West Exit of Kamata Station, Sun Road and Sunrise, offer a heartwarming stopover where visitors can both relax and feel energized. A variety of events are also held in this area year-round.

📍 7 Nishikamata, Ota-ku (and elsewhere) (P.50 MAP-5E)

🚶 Kamata Station, JR Keihin-Tohoku Line (and others)
☎ 03-3733-4951



●Tokyo Metropolitan Central Wholesale Market, Ota Market

Ota Market is one of eleven wholesale markets in the Tokyo metro area. It offers a comprehensive selection of fresh fruit, seafood, flowers, and more, and boasts Japan's largest selection of fruits and flowers.

📍 3-2-1 Tokai, Ota-ku (P.50 MAP-4F)

🚶 Ota Shijo stop on the Keikyu Bus from Omori Station, JR Tokaido Line (and others)

☎ 03-3790-8301

¥ Admission is free



●Ota City Katsu Kaishu Memorial Museum

The Seimei Bunko Library has been preserved as a nationally-designated Tangible Cultural Property, and in September 2019 it opened as a memorial museum. The exhibits here showcase the achievements of Katsu Kaishu and his relationship to Ota City from the end of the Tokugawa shogunate to the Meiji period.

📍 2-3-1 Minami Senszoku, Ota-ku (P.49 MAP-3D)

🚶 Senszoku-ike Station, Tokyu Ikegami

Line

☎ 03-6425-7608

¥ Admission fee



●Togoshi Ginza Shopping District

Measuring 1.3 kilometers and offering an incredibly diverse collection of some 400 shops, the bustling Togoshi Ginza is the longest shopping district in Japan. The Togoshi Ginza croquettes are famous here, so make sure to try them.

📍 3-1-18 Togoshi, Shinagawa-ku (and elsewhere)

(P.50 MAP-3E)

🚶 Togoshi-ginza Station (and others),
Tokyu Ikegami Line

☎ 03-3788-1474



Tokyo retains many historical structures that have been designated as cultural properties.



●Former Kosaka Residence

This villa built in 1937 once belonged to Junzo Kosaka, a Japanese politician active in the House of Representatives. It is a Japanese-style wooden structure that is mostly one story, featuring a thatch roof that makes it look like an old Japanese farmhouse.

📍 4-41-21 Seta, Setagaya-ku (P.49 MAP-3B)

🚶 Seikado Bunko stop on the Tokyu Bus from Futako-tamagawa Station, Tokyu Den-en-toshi Line (and others)

☎ 03-3709-5471

¥ Admission is free



●Old Asakura House

The former owner of the Old Asakura House, Torajiro Asakura, was a politician who was serving as councilor of the Tokyo Metropolitan Assembly when he built it in 1919. Visitors can enjoy its Taisho-era charm and take a stroll through its lovely gardens.

📍 29-20 Sarugaku-cho, Shibuya-ku

(P.50 MAP-2E)

🚶 Daikanyama Station, Tokyu Toyoko Line

☎ 03-3476-1021

¥ Admission fee



●Former Maeda Family's Principal Residence

The Maeda clan served as daimyo for the Fiefdom of Kaga (now Ishikawa Prefecture). Marquis Maeda Toshinari, the 16th head of the Maeda family, constructed this residence in the early Showa period. It adds European elements like brick facing and tile to a classical Japanese structure.

📍 4-3-55 Komaba, Meguro-ku (P.49 MAP-1D)

🚶 Komaba-todaimae Station, Keio Inokashira Line

☎ (Western Building) 03-3466-5150

(Japanese Building) 03-5722-9775

¥ Admission is free



Souvenirs and specialties

Setagaya Miyage



This booklet features the best products related to Setagaya. It's packed with information on souvenirs that capture the unique charm of the area.



Top 100 Ota Souvenirs



The best of the best souvenirs from Ota have been selected for this list, which is posted online. There are plans to post 115 great options in 2020.



Hanetsuki Gyoza



Hanetsuki gyoza are dumplings made to have crispy "wings", delightfully chewy wrappers, and juicy, mouthwatering filling. They were originally created in the Kamata area of Ota City.

Shinagawa Miyage



Shinagawa Miyage are the focus of this booklet, which features products that capture the dynamism, flavors, and artistic achievements of the area.



Shinagawaken Beer

Shinagawa is said to have been the site of Japan's first beer brewery, and this local brew is made using Japan's oldest yeast, known as Edo-kobo.



Shinagawa Maki

Shinagawa is famous for having been a key seaweed production district, and Shinagawa maki are small rice crackers wrapped in local nori. They make the perfect snack when strolling around the area.



●Omori Nori Museum

Explore the history of Ota City's traditional seaweed production culture, which has a continuous history from the mid-Edo period. The seaweed production tools from Omori and the surrounding areas that are on display have been designated as Important Tangible Folk Cultural Properties of Japan.

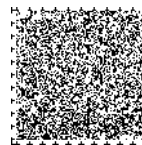
📍 2-2 Heiwanomori-koen, Ota-ku (P.50 MAP-4F)

🚶 About 15 minutes' walk from Heiwajima Station,

Keikyu Main Line

☎ 03-5471-0333

¥ Admission is free



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

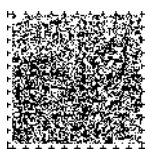
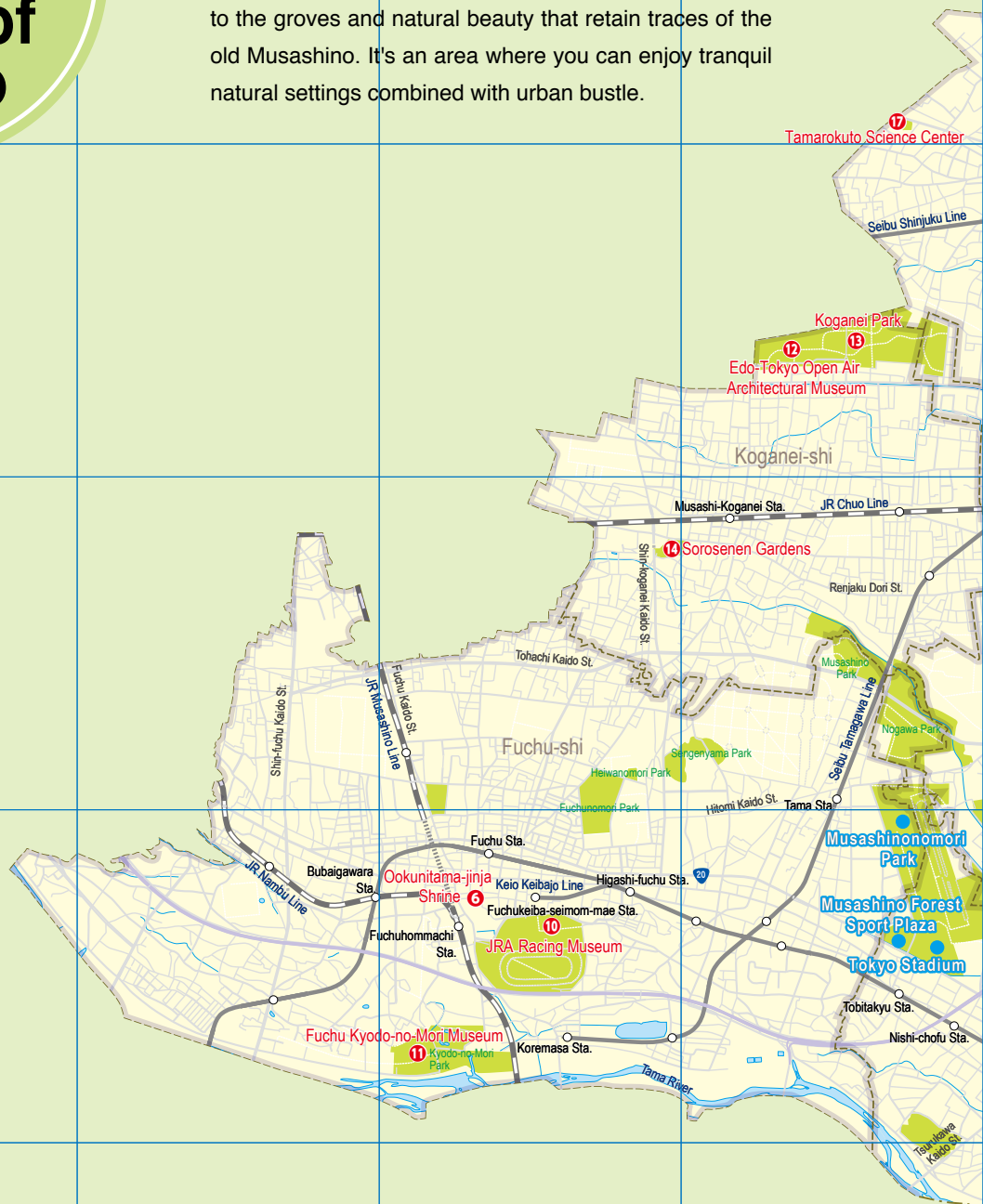
Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Eastern Tama of Tokyo

Just a small distance from the heart of the metropolis lies a once-forested area famous for being one of the best places to take a stroll in the Tokyo suburbs--thanks to the groves and natural beauty that retain traces of the old Musashino. It's an area where you can enjoy tranquil natural settings combined with urban bustle.





Fuchu City tourist information

Fuchu Tourism Association
(official website)



Chofu City tourist information

Chofu Tourism NAVI
Chofu City Tourism Association
(official website)

Koganei City tourist information

Koganei City Tourism Association
(official website)



Nishitokyo City tourist information

Official Nishitokyo City website

Mitaka City tourist information

Mitaka City Tourism Association
(official website)

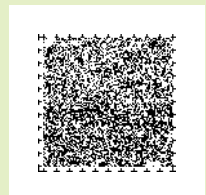


Musashino City tourist information

Mukan
Musashino City Urban Tourism Corporation
(official website)

Komae City tourist information

Komae Tourist Guide
Komae Tourism Association
(official website)



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Musashino and Mitaka

Discover nature and historical sites in these bustling cities

Musashino and Mitaka are lively cities that have preserved their natural beauty. You can also visit historical and anime-related sites here.



1 Kichijoji Station Shopping District

Sunroad and Daiya shopping streets stretch outward from the North exit of the rotary. You can also visit Harmonica Alley for a retro Showa-era vibe. Have fun wandering the mazelike backstreets lined with tiny shops.

📍 1 Kichijoji Honcho, Musashino-shi (and elsewhere)
(P.58 MAP-2・3F)

🚶 Kichijoji Station, JR Chuo Line (and others)



2 Harmonica Alley

Harmonica Alley is named because the lines of tiny shop entrances resemble the reeds of a harmonica. The area got its start when it opened in front of the station just after the war, and it still retains its retro Showa-era vibe.

📍 1 Kichijoji Honcho, Musashino-shi (and elsewhere)
(area around the north exit of JR Kichijoji Station)
(P.58 MAP-2・3F)

🚶 Kichijoji Station, JR Chuo Line (and others)



3 Inokashira Park

Inokashira Park was created as Japan's first suburban park, and still functions as a green oasis for the homes built alongside it. Inokashira Lake has been prized for its scenic beauty since the Edo period, and offers boating opportunities today.

📍 1 Gotenyama, Musashino-shi (and elsewhere), 3-5 Inokashira, Mitaka-shi (and elsewhere) (P.58 MAP-3F)

🚶 Inokashira-koen Station, Keio Inokashira Line

☎ 0422-47-6900

💰 Admission is free



4 Musashino Hachimangu Shrine

After their town was burned down in the Great fire of Meireki in 1657, Edo residents constructed a new village called Kichijoji, and this shrine was dedicated to its guardian deity.

📍 1-1-23 Kichijoji Higashicho, Musashino-shi
(P.58 MAP-2F)

🚶 Kichijoji Station, JR Chuo Line (and others)

☎ 0422-22-5327

💰 Admission is free



5 Ghibli Museum, Mitaka

This maze-like museum transports you into the world of Ghibli Studios, famous for creating films such as *My Neighbor Totoro* and *Spirited Away*. Reservations for a specific date and time must be made to enter.

📍 1-1-83 Shimorenjaku, Mitaka-shi (P.58 MAP-3F)

🚶 Mitaka no Mori Ghibli Bijutsukan stop on the Odakyu Bus from Mitaka Station, JR Chuo Line (and others)

☎ 0570-055777

💰 Admission fee



Souvenirs and specialties

TAKA-1 (Mitaka Select One)



TAKA-1 offers many signature Mitaka products, like cookies and jams made with its famous kiwi fruits or hand towels printed with Poki, a Mitaka character.

Musashino Premium



Musashino Premium is a local brand designed to showcase the best of the city's souvenir products. There are 32 products that carry the "Musashino Premium" designation, and 16 marked as "Super Premium".



Inokashira Senbei (rice crackers)

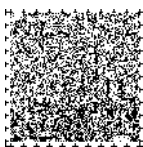


Inokashira Senbei were the signature product of a rice cracker shop that went out of business in 1957, but they were revived in 2004. They are toasted individually by hand. (Recommended Musashino Premium product)

Musashino Flour Udon (dried noodles)



Musashino Flour Udon are made with flour grown locally on the Musashino Plateau. They are known for their delightfully springy texture and floury aroma. (Recommended Musashino Premium product)



Chofu and Fuchu

Enjoy the history of Musashi Province and the Tokyo Racecourse

Experience the fun of horse racing as you dive into the history of ancient shrines.



6 Ookunitama-jinja Shrine

Ookunitama-jinja was built to honor Ookunitama no Okami, the protective deity of Musashi Province (an area which is now located in Tokyo and its suburbs). This great deity is said to have founded Musashi Province, and the temple is known for matchmaking, protection, and purification.

📍 3-1 Miyamachi, Fuchu-shi (P.57 MAP-4C)

🚶 Fuchu Station, Keio Line

☎ 042-362-2130

¥ Admission is free



7 JAXA Chofu Aerospace Center

The Chofu Aerospace Center is a research facility operated by the Japan Aerospace Exploration Agency (JAXA), and it has an exhibition area where you can learn about aerospace research activities. The most popular attraction is a simulator that allows you to drive to a space station or travel to the moon.

📍 7-44-1 Jindaiji Higashimachi, Chofu-shi (P.58 MAP-3E)

🚶 Koken-mae stop on the city bus from

Chofu Station, Keio Line

☎ 050-3362-2600 (Tour desk)

¥ Admission is free



8 Kitaro Square and Tenjin-dori Shopping District

This park has objects and playthings featuring characters from *GeGeGe no Kitaro*, the famous manga series by Shigeru Mizuki. There are also statues placed throughout the Tenjin-dori Shopping District on the north side of Chofu Station.

📍 1-58-5 Shimoishiwara, Chofu-shi (western side of Tsurukawa-kaido St.) (and elsewhere), Tenjin-dori Shopping District (P.58 MAP-4E)

🚶 Chofu Station, Keio Line

☎ 042-481-7183



9 AEON Cinema THEATUS Chofu

One of the largest cinema complexes in the Tama region and a landmark in Chofu, a city of film, with its long history of filming locations and movie related industry. This facility is equipped with the latest in theatre technology.

📍 Building C, Torie Keio Chofu, 2-61-1 Kojima-cho, Chofu-shi (P.58 MAP-4E)

🚶 Chofu Station, Keio Line

☎ 042-490-0039

¥ Admission fee



10 JRA Racing Museum

The JRA Racing Museum has exhibits that showcase the unique attractions of horse racing as well as presenting the history and setup of the sport in an easy-to-follow way. It's the perfect place to experience the delights of horse racing from multiple perspectives.

📍 1-1 Hiyoshicho, Fuchu-shi inside the Tokyo Racecourse (P.57 MAP-4C)

🚶 Fuchu-Keiba-Seimon-mae Station, Keio Line

☎ 042-314-5800

¥ Admission is free (Admission fee on Tokyo race days)



11 Fuchu Kyodo-no-Mori Museum

The Fuchu-Kyodo-no-Mori Museum consists of a single forest covering some 140,000 square meters of the site, plus a planetarium, multiple historical buildings that have been relocated here from around the city, a plum garden, and more. It is a great place to experience the history, folk customs, and natural beauty of Fuchu.

📍 6-32 Minamicho, Fuchu-shi (P.57 MAP-4C)

🚶 Kyodo-no-Mori seimon-mae stop on the Keio Bus from Bubaigawara Station, Keio Line (and others)

☎ 042-368-7921

¥ Admission fee



Souvenirs and specialties

Fuji Minori Grape Ale Beer



This craft beer is a smooth beverage with a warming fruity sweetness that comes from grapes grown in Fuchu City.

Tokyo Fuchu Ice Cream

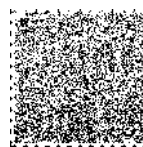


Tokyo Fuchu Ice Cream was developed by a local citizens' group called the Fuchu Umemon Research Circle. It's packed with Fuchu-grown blueberries.

Plum products



A variety of original plum products made with plums grown on-site are sold at the Fuchu Kyodo-no-Mori Museum, including plum candy, plum jams, and dried plums.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Koganei, Nishitokyo, and Komae

Stroll through the traces of history that Musashino left behind

Ancient scenes of Musashino stretch across this area, which is dotted with numerous historical temples and shrines.



12 Edo-Tokyo Open Air Architectural Museum

Thirty historical structures of profound cultural importance line the streets of this outdoor museum, which recreates the area farmhouses and townscapes of long ago. Stroll through to see what life was like back then.

📍 3-7-1 Sakura-cho, Koganei-shi (P.57 MAP-2D)
🚶 Koganei-koen Nishiguchi stop on the Seibu Bus from Musashi-Koganei Station, JR Chuo Line
☎ 042-388-3300
💰 Admission fee



13 Koganei Park

This popular municipal park is known for its nearly 1,700 cherry blossoms, which people come out to picnic under in spring. It is listed among the hundred best cherry blossoms sites in Japan.

📍 1-13-1 Sekino-cho, Koganei-shi (and elsewhere) (P.57 MAP-2D)
🚶 Koganei-koen Nishiguchi stop on the Seibu Bus from Musashi-Koganei Station, JR Chuo Line
☎ 042-385-5611
💰 Admission is free



14 Sorosenen Gardens

These gardens were part of a villa owned by Shogoro Hatano, a Meiji-era businessman and politician. It is a green space that makes expert use of the natural springs and distinctive cliff formations of the Musashino Plateau.

📍 3-2-28 Nukui Minami-cho, Koganei-shi (P.57 MAP-3C)
🚶 About 15 minutes' walk from Musashi-Koganei Station, JR Chuo Line
☎ 042-385-2644
💰 Admission fee



15 Tanashi Jinja Shrine

The Tanashi area grew as a post station on the Ome Kaido highway back in the early Edo period. Tanashi Jinja is a historical shrine that was constructed at the end of the thirteenth century to honor Ryuujin, the dragon god.

📍 3-7-4 Tanashicho, Nishitokyo-shi (P.58 MAP-2E)
🚶 Tanashi Station, Seibu Shinjuku Line
☎ 042-461-4442
💰 Admission is free



16 Higashifushimi Inari Shrine

Constructed in 1929, this is the only shrine in Eastern Japan where the great god Fushimi Inari of Kyoto is also enshrined. The vermillion main hall punctuating the greenery of the shrine grounds is a sight to see.

📍 1-5-38 Higashi-Fushimi, Nishitokyo-shi (P.58 MAP-2E)
🚶 Seibu-Yagisawa Station, Seibu Shinjuku Line
☎ 042-461-1125
💰 Admission is free



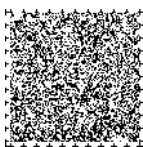
17 Tamarokuto Science Center

This hands-on museum is designed so that visitors can have fun observing, experiencing, and making things through science. Science Egg, one of the largest planetarium domes in the world helps you to enjoy the stars of the heavens and impactful large-scale images.

📍 5-10-64 Shibakubo-cho, Nishitokyo-shi (P.57 MAP-1D)
🚶 Tamarokuto Kagakukan stop on the Hana Bus from Tanashi Station, Seibu Shinjuku Line
☎ 042-469-6100
💰 Admission fee



Koganei Springs



Koganei City is an area of abundant natural beauty fed by natural springs that bubble up from under the Kokubunji cliffs. The pond at Sorosenen Gardens, the crystalline Kami-ike Pond at Nukui Shrine, and the three springs in the Bijutsu-no-Mori greenspace behind Hake-no-Mori Museum are particularly important, and have been selected among the top 57 famed springs of Tokyo.



18 Komae Historical Home Park (Muikara Historical Home Park)

The former main Arai family home and the former *nagayamon* row house of the Takagi family, both traditional Japanese structures, have been relocated and reproduced at Komae Historical Home Park. The Arai home is a farmhouse with a thatched roof originally constructed at the end of the eighteenth century, creating a wonderfully relaxing space.

📍 2-15-5 Motoizumi, Komae-shi (P.58 MAP-5F)

🚶 Komae Station, Odakyu Odawara Line

☎ 03-3489-8981

¥ Admission is free



19 Senryuji Temple

Senryuji Temple was founded by the famed Japanese monk Roben, and was even marked on the Edo *meisho zue*, a map from the late Edo period noting famous locations. The Koyasu-Jizo statue in the main hall is also known as Mawari-no-Jizo, and draws numerous worshippers.

📍 1-6-1 Motoizumi, Komae-shi (P.58 MAP-5F)

🚶 Komae Station, Odakyu Odawara Line

☎ 03-3489-6778

¥ Admission is free



20 Gyokusenji Temple

Thought to be constructed in 1504, this temple is home to the Taishaku-do hall that enshrines a deity known as Oshamoji-sama, said to have the power to miraculously cure whooping cough. The Yamakadowaki linden tree has been designated by the city as a natural monument.

📍 3-10-23 Higashi-izumi, Komae-shi (P.58 MAP-5F)

🚶 Izumi-Tamagawa Station, Odakyu

Odawara Line

☎ 03-3480-2330

¥ Admission is free



Souvenirs and specialties

Komae brand produce



Komae grows edamame, tomatoes, *komatsuna* greens, and other delicious, safe, and reliable agricultural products using its own unique Good Agricultural Practices (GAP).

Komae edamame



Edamame is one of the signature products of Komae, and it is used to make everything from sparkling sake to ice cream and sweet bean jelly. You can also just boil it and eat it for a deliciously aromatic snack.

Koganei specialty rhubarb



Rhubarb is a recent specialty crop of Koganei, and it's being used to make jams and other products. You can buy rhubarb jam at the local JA store and other local shops.

Koganei mascot Kokin-chan goods



Kokin-chan is the official mascot of Koganei City, created by anime film producer Hayao Miyazaki. You can buy stuffed Kokin-chan toys, coin purses, lapel badges, and more.

Nishitokyo produce

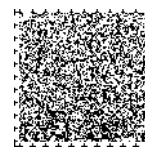


There are more than a hundred farmers' markets and other outlets selling local Nishitokyo produce of all kinds throughout the city. Cabbage and Hoya pears are particularly famous here.

Nishitokyo Shifuku-no-Ippin (ultimate Nishitokyo specialty products)



This list published by Nishitokyo City and the Nishitokyo Chamber of Commerce features products and services designated as being the best of the best in the area. The 2020 edition gives 29 products that are the high points of takeout gourmet that can be brought home from the store.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Central Tama of Tokyo

You can still see traces of the Musashino Plateau in the a series of river terraces that make up the so-called Kokubunji cliffs in the Central Tama area. It is a region with abundant water and greenery where you can relax and enjoy the beautiful scenery while soaking up its rich history.





Higashiyama City tourist information

Official Higashiyama City website



Kiyose City tourist information

Official Kiyose City website



Higashikurume City tourist information

Official Higashikurume City website



Tachikawa City tourist information

Tachikawa Bureau of Tourism official website



Kokubunji City tourist information

Kokubunji Bureau of Tourism official website



Akishima City tourist information

Akishima Tourism & City Planning Association
(official website)

Kodaira City tourist information

Kodaira NAVI
Kodaira Tourism & City Planning Association
(official website)



Kunitachi City tourist information

Kunitachi NAVI
Kunitachi Tourism Association
(official website)

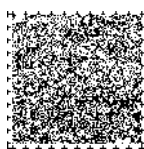


Higashimurayama City tourist information

Fun in Higashimurayama Official Higashimurayama City website

Musashi-Murayama City tourist information

Official Musashi-Murayama City website



1

2

3

4

5

64

Tachikawa and Akishima

Relax and enjoy the great outdoors in cities alive with a modern bustle

Tachikawa and Akishima offer opportunities for fun around the clock. Explore gardens and natural beauty in the largest park in Tokyo, or take advantage of a wide variety of outdoor leisure activities.



① Tachikawa Velodrome

Tokyo's most recognizable cycling stadium opened in 1951, and is famous as the birthplaces of the Keirin Grand Prix. The grounds include an outdoor viewing area called Shimin-no-Oka that anyone can use.

📍 3-32-5 Akebono-cho, Tachikawa-shi
(P.63 MAP-4D)

🚶 About 15 minutes' walk from Tachikawa Station, JR Chuo Line (and others)

☎ 042-524-1121

🎫 Admission fee



② Tachikawa Manga Park

At Tachikawa Manga Park, visitors are welcome to browse classic manga from every era. At Café Manga, which boasts one of the largest collections of educational manga, you can enjoy food and drink as you read.

📍 3-2-26 Nishiki-cho, Tachikawa-shi

Tachikawa-shi Kodomo Mirai Center 2F (P.63 MAP-5D)

🚶 About 13 minutes' walk from Tachikawa Station, JR Chuo Line (and others)

☎ 042-529-8682

🎫 Admission fee



③ Mori Park Outdoor Village

This is a new type of commercial facility that puts visitors in contact with the great outdoors. It features a fun, active environment complete with a climbing gym, mini hiking trail, and more.

📍 610-4 Tanaka-cho, Akishima-shi (P.63 MAP-4B)

🚶 Akishima Station, JR Ome Line

☎ 042-541-0700



④ Showa Kinen Park

Built on the former site of the Tachikawa Airfield, Showa Kinen Park is one of Japan's most recognizable national parks. The expansive grounds cover 1.7 million square meters, complete with fields, Japanese gardens, pools, a barbecue garden and more. It's a great place to have fun at any time of year.

📍 3173 Midori-cho, Tachikawa-shi (and elsewhere)
(P.63 MAP-4C)

🚶 About 10 minutes' walk from Tachikawa Station, JR Chuo Line (and others)

☎ 042-528-1751

🎫 Admission fee



⑤ Showa Kinen Park Rainbow Pool

Located within Showa Kinen Park, Rainbow Pool is one of the largest fully-featured play pools in the Tokyo metro area. It has nine pools in total, including a wave pool and manmade river. Bring your bathing suit for access to the park's many great facilities.

📍 Inside Showa Kinen Park (through the Nishi Tachikawa-guchi gate) (P.63 MAP-4C)

🚶 Nishi-Tachikawa Station, JR Ome Line

☎ 042-528-1751

🎫 Admission fee



Souvenirs and specialties

Tachikawa Komachi (Tokyo Udo)



Tachikawa grows more *udo* (Japanese spikenard) than anywhere else in Japan, and you can buy pies, bamboo-leaf sushi, salad dressing, and other products made from *udo* at the areas many souvenir shops.

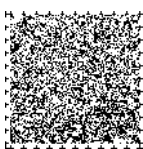
Akishima Kujira (whale) snacks



Haijima Negi Miso

Often called *maboroshi-no-negi* (dream onions), Haijima green onions are a specialty product of Akishima known for being spicy. You can buy miso made with Haijima Negi at tourist information offices and farmers' markets in the area.

A new species of whale was discovered from fossils uncovered in Akishima, so area souvenir shops carry a variety of whale-themed cookies, sweet *manju* buns, and other snacks.



Musashi-Murayama, Higashiyamato, and Higashimurayama

Enjoy Lake Tama and vast botanical gardens

Encounter beautiful blooming plants and gorgeous lakeside scenery in the vast expanses of nature surrounding Lake Tama.



6 Himawari Garden Musashi-Murayama

See the blooms of 100,000 sunflowers. View the many kinds of sunflowers that draw more than 20,000 visitors each year.

📍 1460 Midorigaoka, Musashi-Murayama-shi (P.63 MAP-3C)

🚶 About 10 minutes' walk from Kamikitadai Station, Tama Monorail

☎ 042-565-1111

¥ Admission is free



7 Murayama Onsen Katakuri-no-Yu

Katakuri-no-Yu is fed by a natural spring that bubbles up from 1,500 meters underground. The facility includes various types of baths as well as a pool, restaurant, and more. The restaurant features menu items made with seasonal ingredients.

📍 5-29-1 Honmachi, Musashi-Murayama-shi (P.63 MAP-2C)

🚶 Katakuri-no-Yu stop on the city circuit bus (MM Shuttle) from Kamikitadai Station, Tama Monorail

☎ 042-520-1026

¥ Admission fee



8 Tama Lake (Murayama Reservoir)

Tama Lake is a manmade lake that supplies drinking water to the people of Tokyo. The intake tower has a unique design with a brick cylinder and a domed roof, adding to the picturesque quality of the reservoir. It is counted among the hundred best scenes in modern Tokyo.

📍 4-644 Tamako, Higashiyamato-shi (and elsewhere) (P.63 MAP-2C・D)

🚶 Tamako Station, Seibu Tamako Line
☎ 042-554-2052

¥ Admission is free



9 Former Yoshioka Residence

This is the former home of Japanese painter Kenji Yoshioka. The main house and artists' studio, *nagayamon* row house, central gate, and storehouse were nationally registered as tangible cultural properties in May 2017. It is opened to the public during special events held twice a year.

📍 3-779 Shimizu, Higashiyamato-shi (P.63 MAP-2D)

🚶 Musashi-Yamato Station, Seibu Tamako Line

☎ 042-567-4800 (City Folk Museum)

¥ Admission is free



10 Sayama Park

Located east of the Lake Tama embankment, Sayama Park has lovely groves that are beautiful in every season—particularly when the cherries bloom and the fresh greenery emerges in spring. There are also grassy lawns and playground equipment here, making it a fun destination for people of all ages.

📍 3-17-19 Tamako-cho, Higashimurayama-shi (P.63 MAP-2D)

🚶 Tamako Station, Seibu Tamako Line

☎ 042-393-0154

¥ Admission is free



11 Shofukuji Jizodo

Shofukuji Jizodo, constructed in 1407, is a classic example of Zenshu-yo architecture and the only wooden structure to be designated as a National Treasure. Over 1,100 Jizo statues are enshrined in the hall, which is open to the public during special events held three times a year.

📍 4-6-1 Noguchi-cho, Higashimurayama-shi (P.64 MAP-2E)

🚶 About 11 minutes' walk from HigashiMurayama Station,

Seibu Shinjuku Line

☎ 042-396-3800
(Higashimurayama Furusato History Museum)

¥ Admission is free



Souvenirs and specialties

Murayama Oshima Tsumugi (silk pongee)



The area around Musashi-Murayama has been known since the Edo period as a production region for classic blue-and-white patterned cotton cloth. You can buy kimono made using this traditional craft fabric as well as smaller items like neckties and pen cases.

Tokyo Sayama-cha tea

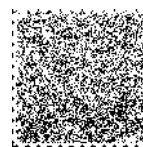


Sayama-cha tea, a specialty product of Higashiyamato, is celebrated for its vibrant green color, bracing aroma, and dense, rich flavor. You can buy it direct from local tea farms throughout the city.

Higashimurayama Kuro (black) Yakisoba



This yakisoba gets its color from a "black sauce" made using squid ink, "black sake" produced in Kagoshima, and blend of other seasonings. It is known as one of the local specialties of Higashimurayama.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Kokubunji, Kodaira, and Kunitachi

Enjoy the specialty products that come from a region rich in history and natural beauty

Kokubunji, Kodaira, and Kunitachi are great places to enjoy specialty products born from the unique characteristics of the region as you explore their natural beauty and the history of Musashi Province.



12 Musashi Kokubunji Temple

Kokubunji were provincial temples built throughout Japan during the Nara period in the 700s, and this one for the old Musashi Province (an area which is now located in Tokyo and its suburbs) still remains today. The Yakushido hall on the temple grounds enshrines a seated wooden statue of the Medicine Buddha that has been nationally designated as an important cultural property.

📍 1-13-16 Nishi-Motomachi, Kokubunji-shi (P.64 MAP-5E)

🚶 Nishi-Kokubunji Station, JR Musashino Line (and others)

☎ 042-325-2211

💰 Admission is free



13 Tonogayato Gardens

The Tonogayato Gardens make the most of the natural features of the Musashino Plateau and Kokubunji cliffs, and have been nationally designated as a place of scenic beauty. The garden's Jiro-Benten pond is counted among the 57 best natural springs in Tokyo.

📍 2-16 Minami-cho, Kokubunji-shi (P.64 MAP-4・5F)

🚶 Kokubunji Station, JR Chuo Line (and others)

☎ 042-324-7991

💰 Admission fee



14 Kokubunji Otaka-no-Michi Spring Park and Musashi Kokubunji Temple Remains Museum

This park is full of natural beauty, and also contains a spring-fed pond and historical structures from the late Edo period. The Musashi Kokubunji Temple Remains Museum has artifacts unearthed near the former temple site as well as cultural properties from Kokubunji City on display.

📍 1-13-10 Nishi-Motomachi, Kokubunji-shi (P.64 MAP-5E)

🚶 Nishi-Kokubunji Station, JR Musashino Line (and others)

☎ 042-323-4103

💰 Admission fee



15 Otaka-no-Michi/(Masugatanonike Pond Springs)

Otaka-no-Michi (Falcon Road) got its name from the Owari Tokugawa family who once used it as a falconry site in the Edo period. The clearwater spring at the end of the road (Masugatanonike Pond) has been selected among the 57 best natural springs in Tokyo as well as among the top 100 water sources in Japan.

📍 3 Higashi-Motomachi and 1 Nishi-Motomachi, Kokubunji-shi (and elsewhere) (P.64 MAP-5E)

🚶 About 12 minutes' walk from Kokubunji Station, JR Chuo Line (and others)

☎ 042-325-0111

💰 Admission is free



16 Yabo Tenmangu Shrine

Sugawara no Michizane, widely regarded as "the god of learning", and his son Michitake are enshrined in this temple. Thought to be constructed in the year 903, it is known as the oldest Tenmangu shrine in Eastern Japan.

📍 5209 Yabo, Kunitachi-shi (P.63 MAP-5D)

🚶 Yabo Station, JR Nambu Line

☎ 042-576-5123

💰 Admission is free



17 Kodaira Furusato Mura

The recreated structures and everyday items at Kodaira Furusato Mura provide a glimpse of what traditional life was like in Kodaira City during the early to late Edo period. Try traditional activities such as takeuma stilts or kendama.

📍 3-9-1 Tenjin-cho, Kodaira-shi (P.64 MAP-3F)

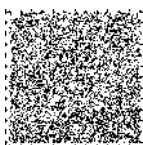
🚶 About 18 minutes' walk from Hana-Koganei Station, Seibu Shinjuku Line

☎ 042-345-8155

💰 Admission is free



Souvenirs and specialties



Blueberry products

Kodaira was the first city in Japan to cultivate blueberries, and there are many different blueberry products for sale in the area—including blueberry sake and blueberry snacks.

Kunitachi Yasai vegetables



There are around 110 family farms in Kunitachi that grow brand-name Kunitachi Yasai vegetables, and often sell them direct from markets set up on their farmland.



18 Kodaira Hirakushi Denchu Art Museum

This museum showcases the work of the talented modern Japanese sculptor Hirakushi Denchu. There is also a quarter-scale model of Kagamijishi, a massive sculpture that took him 22 years to complete.

📍 1-7-5 Gakuen Nishimachi, Kodaira-shi
(P.64 MAP-4E)

🚶 Hitotsubashi-gakuen Station, Seibu Tamako Line

☎ 042-341-0098

¥ Admission fee



19 Japan's largest round mailbox

There are many nostalgic round mailboxes around Kodaira—so many that they have become a symbol of the city. The one in front of the Kodaira Citizens Cultural Hall is about 2.8 meters high, making it the largest functioning mailbox in Japan.

📍 1-8-5 Misonocho, Kodaira-shi

In front of Rune Kodaira (P.64 MAP-3F)

🚶 Kodaira Station, Seibu Shinjuku Line



20 Kodaira-shi Local Sewerage Museum

Learn about the importance, structure, and history of sewer systems at this fascinating museum, which is the only place in Japan where you can actually go inside a sewer pipe buried 25 meters underground to experience the color and smell of greywater firsthand.

📍 1-25-31 Josuihoncho, Kodaira-shi (P.64 MAP-4E)

🚶 Takanodai Station, Seibu Kokubunji Line

☎ 042-326-7411

¥ Admission is free



Kiyose and Higashikurume

Home to the precious clearwater springs that feed the Musashino area

Enjoy the abundant nature and hot springs in this unspoiled area.



21 Kiyose City Museum

Don't just see but view, touch and experience exhibits in this new style of museum. This is one of the few municipal museums in Tokyo that was opened to create new civic culture.

📍 2-6-41 Kamikiyoto, Kiyose-shi (P.64 MAP-1G・H)

🚶 Kiyose Station, Seibu Ikebukuro Line

☎ 042-493-8585

¥ Admission is free



22 Kiyose Keyaki Road Gallery

Keyaki-dori Road extends north from Kiyose Koban-mae intersection, located outside the north exit of Kiyose Station. Along it are 24 sculptures from renowned artists both Japanese and foreign.

📍 Keyaki-dori Road

2-8 Kamikiyoto, Kiyose-shi (and elsewhere)

(P.64 MAP-1・2G)

🚶 Kiyose Station, Seibu Ikebukuro Line

☎ 042-493-8585



23 Ochiai River and Minamisawa Springs

Nearly 10,000 tons of water flow past this waterfront spot each day, feeding the lush groves that extend all around. The clear, gentle flow of the Ochiai River makes it a perfect place to relax and play in the water on hot summer days.

📍 3-9 Minamisawa, Higashikurume-shi (Minamisawa Ryokuchi) (and elsewhere) (P.64 MAP-2・3G)

🚶 Higashi-Kurume Station, Seibu Ikebukuro Line

☎ 042-470-7753

¥ Admission is free



24 Spadium Japon

This spa facility is fed by a natural hot spring that is counted among the top 100 water sources of the most recent Heisei period. It features fifteen different types of baths as well as the largest stone bath in the Kanto area.

📍 2-7-7 Uenohara, Higashikurume-shi (P.64 MAP-2H)

🚶 Higashi-Kurume Danchi stop on the Seibu Bus from Higashi-Kurume Station, Seibu Ikebukuro Line

☎ 042-473-2828

¥ Admission fee

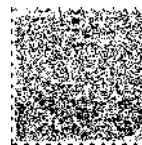


Souvenirs and specialties

Yanagikubo products (specialty flour from Higashikurume)



Yanagikubo wheat, often called "dream wheat", is one of the specialty products of Higashikurume. You can buy udon and soba noodles made from Yanagikubo wheat, as well as manju buns, deep-fried karinto cookies, bread, and more. There are also facewash products made using Yanagikubo wheat bran (the outer covering of the wheat).



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Southern Tama of Tokyo



Hino City tourist information

Hino Tourism Association
(official website)

Tama City tourist information

Official Tama City website



Inagi City tourist information

Inagi Tourism Association
(official website)

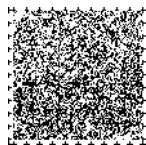
Machida City tourist information

Machida City Tourism Guide
Machida City Tourism & Convention
Bureau (official website)

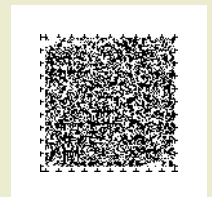


Hachioji City tourist information

Hachioji Visitors & Convention Association
(official website)



This area located along the southern side of the Musashino Plateau retains its unspoiled natural beauty. Mt. Takao and the Tama Hills offer lush Kanto Mountain forests, and there is also a theme park here to enjoy.



Mt. Takao and Hachioji

Relax and enjoy hiking and hot springs

Enjoy hiking and hot springs on Mt. Takao, conveniently located in close proximity to the capital. It's also fun to go shopping at the roadside stations, which offer a wide selection of local produce and specialty products.



1 Mt. Takao

At an elevation of 599 meters, Mt. Takao is a tourist destination full of varied hiking trails that draw numerous visitors each year. There's also a cable car and a chair lift, so anyone can easily get up and enjoy the peak.

📍 Takao-machi, Hachioji-shi (and elsewhere)

(P.69 MAP-3B)

🚶 Takaosanguchi Station, Keio Takao Line



2 Takaosan Yakuo-in Temple

This ancient temple dates back to the year 744 and is located on one of the most sacred mountains in the Kanto area. It boasts several historical structures, including a main gate constructed entirely out of Japanese cypress, a gate flanked by Nio guardian statues, and its main temple building.

📍 2177 Takaomachi, Hachioji-shi (P.69 MAP-3C)

🕒 About 15 minutes' walk from Takaosan Station on the

Takaotozan cable car from Takaosanguchi

Station, Keio Takao Line

☎ 042-661-1115



3 Keio Takaosan Onsen Gokurakuyu

Finish off your Mt. Takao trip with a trip to Keio Takaosan Onsen Gokurakuyu. Located at the base of the mountain, its seven types of baths, including indoor cedar baths and outdoor stone pools, make it the perfect place to relax your tired muscles after your hike.

📍 2229-7 Takaomachi, Hachioji-shi (P.69 MAP-2C)

🚶 Takaosanguchi Station, Keio Takao Line

☎ 042-663-4126

¥ Admission fee



Mt. Takao cable car and chair lift



The cable car at Mt. Takao runs about six minutes each way, with each car holding a maximum of 135 people. With a maximum slope of 31°18', it is Japan's steepest cable car. The chair lift takes up two people at a time and takes about 12 minutes each way.

¥ Admission fee

☎ 042-661-4151

(Takaotozan Railway)



4 Hachioji Takiyama michi-no-eki (Roadside station)

This roadside station is the first and only michi-no-eki to be built in Tokyo. It sells fresh local produce and livestock products, and has a popular souvenir area with a wide selection of Hachioji-brand Japanese snacks and more.

📍 1-592-2 Takiyama-machi, Hachioji-shi (P.69 MAP-1D)

🚶 Michi-no-eki Hachioji Takiyama Iriguchi stop on the Nishi Tokyo Bus from Hachioji Station, JR Chuo Line (and others)

☎ 042-696-1201



5 Konica Minolta Science Dome (Hachioji Children's Museum of Science)

The hands-on exhibits at this science museum are fun even for preschoolers, and the entire facility is designed to inspire kids' interest in science with an International Space Station Mission adventure game and more. The 21-meter diameter planetarium (reservation required) is popular as well.

📍 9-13 Oyoko-cho, Hachioji-shi (P.69 MAP-2D)

🚶 Science Dome stop on the Nishi Tokyo Bus from Hachioji Station, JR Chuo Line (and others)

☎ 042-624-3311

¥ Admission fee



Souvenirs and specialties

Hachioji Ramen



「ハチジョーラーメン」ハチジョー市/CC BY2.1

Hachioji Ramen is a popular homestyle favorite among the locals. It is recognizable by the chopped onions floating in its soy-based broth.

Tororo Soba



「とろろそば」ハチジョー市/CC BY2.1

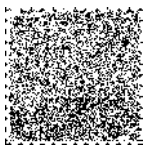
Tororo is grated Japanese yam, and Tororo Soba is a specialty at Mt. Takao. It's available at the many soba shops located from the base of the mountain all the way to the top.

Tokyo Kokeshi



「東京こけし」八王子市/CC BY2.1

Kokeshi dolls are one of Japan's most recognizable traditional folk crafts, but the Tokyo Kokeshi crafted in Hachioji are the only ones made in the capital.



Machida

Get out of the city and into the greenery of Machida, an area beautiful in any season

Enjoy the seasonal greenery of this area throughout the year by visiting one of its many parks, including the newly redeveloped Minami-machida Grandberry Park.



6 Minami-machida Grandberry Park

Minami-machida Grandberry Park opened in November 2019 and is a massive shopping complex housing 240 different shops as well as a movie theater, a richly-green park, museum in a town where everything is a park.

📍 3-4-1 Tsuruma, Machida-shi (and elsewhere) (P.70 MAP-5G)

🚶 Minami-machida Grandberry Park Station, Tokyo Den-en-toshi Line

☎ 042-788-0109 (shopping complex)



7 Kyu-Shirasutei Buaiso

This traditional thatched-roof farmhouse is the former residence of industrialist and postwar politician Jiro Shirasu and his wife Masako. It is open to the public and has a café and restaurant on site.

📍 7-3-2 Nogaya, Machida-shi (P.70 MAP-3G)

🚶 Tsurukawa Itchome stop on the Odakyu Bus from Tsurukawa Station, Odakyu Odawara Line

☎ 042-735-5732

💰 Admission fee



8 Machida City Museum of Graphic Arts

The Machida City Museum of Graphic Arts opened in 1987 as one of the few museums in the world dedicated to prints. It maintains a large collection of ukiyoe works and other Japanese artists as well as Western prints spanning from the Nara period (8th century CE) to today and hosts exhibitions regularly.

📍 4-28-1 Haramachida, Machida-shi (P.70 MAP-5G)

🚶 Kogasaka Center-mae stop on the Kanagawa Chuo Kotsu Bus from Machida Station, Odakyu Odawara Line

☎ 042-726-2771

💰 Admission fee



9 Machida Yakushiike Park Four Seasons Forest

Machida Yakushiike Park Four Seasons Forest is the name of a vast area built around Yakushi-ike Pond that offers something in nature to enjoy in every season. Each area--including the *ebine* "shrimp root" orchid garden, dahlia garden, peony garden, and squirrel garden--has its own distinctive features.



Yakushi-ike Pond

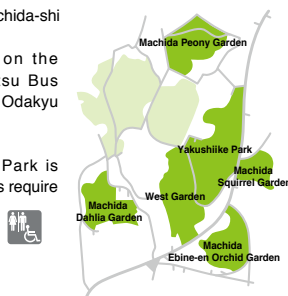
Officially designated as a place of scenic beauty in Tokyo, this is Machida City's best-known park. The area around the arched bridge that spans the pond is designed to offer beauty in every season, including plum and cherry blossoms in spring, iris and lotus blossoms in summer, and brilliant ginkgo and Japanese maple leaves in fall.

📍 3270 Nozutamachi, Machida-shi (P.70 MAP-4G)

🚶 Yakushigaoka stop on the Kanagawa Chuo Kotsu Bus from Machida Station, Odakyu Odawara Line

☎ 042-724-4399

💰 Entry to Yakushi-ike Park is free; the other four parks require an admission fee



Machida Squirrel Garden

Some 200 Taiwan squirrels run free in this expansive park. You can also interact with marmots and rabbits here.

📍 1-733-1 Yakushidai, Machida-shi

🚶 Yakushi-ike stop on the Kanagawa Chuo Kotsu Bus from Machida Station, Odakyu Odawara Line

☎ 042-734-1001



Machida Peony Garden

Machida Peony Garden is filled with some 1,700 peonies and some 600 Chinese peonies. Enjoy the best views during the full bloom period from late April through early May.

📍 2274-1 Nozutamachi, Machida-shi

🚶 Yakushigaoka stop on the Kanagawa Chuo Kotsu Bus from Machida Station, Odakyu Odawara Line

☎ 042-724-4399



West Garden

Opened in April 2020 as a gateway for Machida Yakushi-ike Park Shikisai no Mori. Enjoy barbecue in the panoramic field as well as cafés and restaurants with beautiful views and direct sales of Machida local produce.

📍 3105 Honmachida, Machida-shi

🚶 Imaiyo or Yakushi-ike stops on the Kanagawa Chuo Kotsu Bus from Machida Station, Odakyu Odawara Line

☎ 042-851-8942



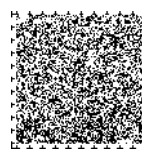
Machida Dahlia Garden

This park is most beautiful in summer and fall, offering two spectacular viewing seasons for its nearly 500 types of blooming dahlias.

📍 1213-1 Yamazaki-machi, Machida-shi

🚶 Imaiyo stop on the Kanagawa Chuo Kotsu Bus from Machida Station, Odakyu Odawara Line

☎ 042-722-0538



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Hino, Tama, and Inagi

Check out the theme parks along the Tama Hills

Zoos and theme parks are among the attractions in this lush area along the Tama River and Tama Hills.



10 Shinsengumi Furusato Historical Museum

This historical museum celebrates the Shinsengumi, which included Hino City natives Hijikata Toshizo and Inoue Genzaburo. The exhibits feature displays on this shogunate police and military force as well as on the late Edo period and Meiji restoration.

📍 4-16-1 Shinmei, Hino-shi (P.70 MAP-2F)

🚶 Hino Nanasho Iriguchi stop on the Keio Bus from Hino Station, JR Chuo Line

☎ 042-583-5100

¥ Admission fee



11 Tama Zoological Park

Tama Zoological Park is a hilly area set up like a nature park. The Insectarium is home to many different species of butterflies, which are allowed to fly freely around a large heated room year-round. It is one of the largest exhibits of its kind in Japan.

📍 7-1-1 Hodokubo, Hino-shi (P.70 MAP-2F)

🚶 Tama-dobutsukoen Station, Tama Monorail (and others)

☎ 042-591-1611

¥ Admission fee



12 Takahata Fudosen Kongoji Temple

A prominent Kanto region temple with a long history affectionately known as the "Ofudo of Takahata." The broad precincts host festivals celebrating hydrangea, fall leaves and more.

📍 733 Takahata, Hino-shi (P.70 MAP-2F)

🚶 Takahata-fudo Station, Keio Line (and others)

☎ 042-591-0032

¥ Admission is free



13 Keio Mogusaen

This garden features beautiful blossoms in all seasons, but is particularly known for its plum trees. On clear days, you can see the skyline in Shinjuku and Mt. Tsukuba from its observation platform.

📍 560 Mogusa, Hino-shi (P.70 MAP-2F)

🚶 Mogusaen Station, Keio Line

☎ 042-591-3478

¥ Admission fee



14 Sanrio Puroland

This indoor theme park is the place to meet Sanrio characters. In addition to the world-famous Hello Kitty, you can see many other cute characters performing in live shows and featured attractions.

📍 1-31 Ochiai, Tama-shi (P.70 MAP-3F)

🚶 Tama Center Station, Keio Line (and others)

☎ 042-339-1111

¥ Admission fee



15 Benesse Star Dome

Sit in Japan's first rotating reclining seats as you enjoy this star-filled planetarium. You can also enjoy sweeping views of the entire Tama area.

📍 Benesse Corporation Tokyo Building 21F

1-34 Ochiai, Tama-shi

(P.70 MAP-3F)

🚶 Tama Center Station, Keio Line (and others)

☎ 042-356-0814

¥ Admission fee



Souvenirs and specialties

Baked Curry Bread



The bakeries in Hino City sell all kinds of baked curry bread made using locally-grown ingredients.



Sakura Poruboron

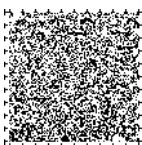


These distinctive sweets have an uncanny deliciousness that comes from the combination of sweet dough and a kiss of locally-sourced cherry-blossom salt. You can buy them at Tama City Hall and other locations in the area.

Tama no Sanpomichi



These fried dough cookies are made with Tama-grown local flour and miso. You can buy them at Tama City Hall and other locations in the area.





16 Tokyo Metropolitan Archaeological Research Center

The Tokyo Metropolitan Archaeological Research Center is a collection and storage for survey records and cultural artifacts from the Tama New Town ruins. In addition to exhibits of these artifacts, the center has the ruins park called "Jomon Village".

📍 1-14-2 Ochiai, Tama-shi (P.70 MAP-3F)

🚶 Tama Center Station, Tama Monorail (and others)

☎ 042-373-5296

¥ Admission is free



17 Former Tama Seiseki Memorial Hall

This western-style memorial hall was built to commemorate Emperor Meiji's multiple imperial visits to the Tama area. Not only will you see statues of the emperor inside the hall, but also calligraphic works from the late Edo and early Meiji periods.

📍 5-1-1 Renkoji, Tama-shi inside Sakuragaoka Park (P.70 MAP-2G)

🚶 Kinenkan-mae stop on the Keio Bus from Seiseki-sakuragaoka Station, Keio Line

☎ 042-337-0900

¥ Admission is free (rentals from galleries require a fee)



18 Yomiuriland

Thrilling rides, themed attractions, and seasonal events combine at this fun-filled park. Five pools and three waterslides open during the summer, while winter nights offer magical illumination events.

📍 4015-1 Yanokuchi, Inagi-shi (P.70 MAP-3H)

🚶 Yomiuriland stop on the Odakyu Bus from Keio-yomiuriland Station, Keio Sagami-hara Line

☎ 044-966-1111

¥ Admission fee



19 Yomiuriland Oka-no-Yu

Located adjacent to Yomiuriland, this is one of the largest day-use public bath facilities in the Tokyo area, featuring nineteen different types of indoor and outdoor baths. The huge men's and women's open-air bathing areas cover a total of nearly 520 square meters and offer a chance to experience nature in every season while relaxing and taking a break from the frantic pace of life.

📍 3302-8 Yanokuchi, Inagi-shi (P.70 MAP-3H)

🚶 Yomiuriland stop on the Odakyu Bus from Keio-yomiuriland Station, Keio Sagami-hara Line

☎ 044-969-1126

¥ Admission fee



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20 Gundam, Char's Zaku, Yatterwan Monument to the works of mechanical designer Kunio Okawara

The stations around Inagi feature large-scale monuments of works by Japan's first mechanical designer, Kunio Okawara, a native of the city who has produced numerous recognizable works.

📍 Gundam and Char's Zaku: Beneath the elevated tracks of Inagi-Naganuma Station, JR Nambu Line (in front of Inagi Hasshin Kichi Pair Terrace) (P.70 MAP-2H)

Yatterwan: Minami-Tama Station, JR Nambu Line (P.70 MAP-2H)

☎ 042-378-2111 (Inagi City Hall)



Souvenirs and specialties

Inagi pears

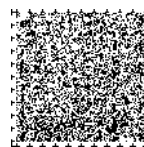


Inagi has such a booming pear cultivation industry that the city is sometimes called "fruit land". You can have fun picking your own Asian pears at orchards throughout the city.



Inagi pear wine

The Inagi varietal of Asian pears (often called *maboroshi-no-nashi*, or "dream pear") is also used to make a fruit wine that's hard to find outside of the city.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

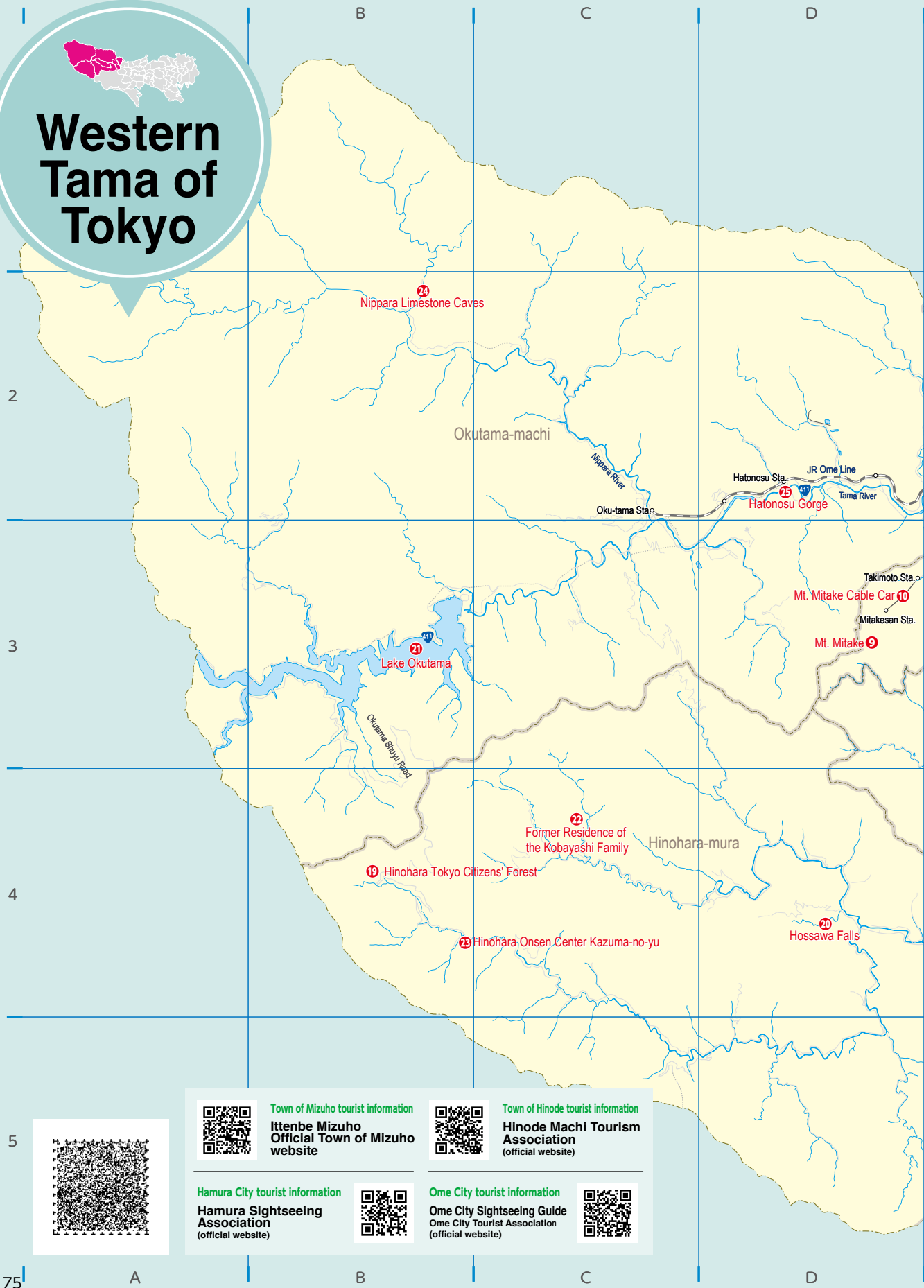
Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Western Tama of Tokyo



Town of Mizuho tourist information
Ittenbe Mizuho
Official Town of Mizuho
website

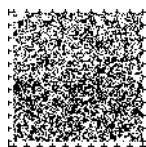


Town of Hinode tourist information
Hinode Machi Tourism
Association
(official website)

Hamura City tourist information
Hamura Sightseeing
Association
(official website)



Ome City tourist information
Ome City Sightseeing Guide
Ome City Tourist Association
(official website)



The Okutama area is home to the national park closest to the Tokyo metro area, making it the most naturally scenic part of the city. Explore the pristine waters of the Tama River and vast, unspoiled nature in an area known for its abundant harvests and delicious specialty products.



Hamura and Fussa

Enjoy the rich natural surroundings of Nishi Tama combined with an exotic urban feel

Get lost in the natural beauty of Nishi Tama, or enjoy the rich international flavor of the shopping districts adjacent to the US Air Base at Yokota.



① Negarami-mae Suiden

Negarami-mae Suiden are the only rice paddies in Hamura, and are planted with tulips during the off-season. These are some of the largest tulip fields in the Kanto area, drawing crowds of visitors to see them at their peak in April.

📍 4 Hanenaka and 4 Hanekami, Hamura-shi (P.76 MAP-3G)

🚌 About 20 minutes' walk from Hamura Station, JR Ome Line

☎ 042-555-9667

¥ Admission is free



② Hamura Zoo

When Hamura Zoo opened in 1978, it was the first zoo to be run by a town rather than a city. It has a cozy atmosphere and about 80 different animal species on display.

📍 4122 Hane, Hamura-shi (P.76 MAP-3H)

🚌 Dobutsu Koen-mae stop on the Community Bus Hamuran Hamura Higashi Course from Hamura Station, JR Ome Line

☎ 042-579-4041

¥ Admission fee



③ Fussa American House

The American military home constructed in a residential area on the west side of Route 16 still looks as it did when it was built in 1958. Visitors are also free to walk around a gallery area with exhibits chronicling the history of Fussa.

📍 G-14 2476-1 Fussa, Fussa-shi (P.76 MAP-4H)

🚌 Ushihama Station, JR Ome Line

☎ 042-513-0432

¥ Admission is free



④ Fussa Base Side Street

Running along Route 16, which flanks the US Air Base at Yokota, the Yokota Base Side Street is lined with abundant international shopping and dining options and is said to be more American than any other shopping district in Japan.

📍 2485 Fussaninomiya, Fussa-shi (and elsewhere) (P.76 MAP-4H)

🚌 Ushihama Station (and others), JR Ome Line

☎ 042-513-0432



Tour the sake breweries of Tama



⑤ Tamura Shuzojo

Founded in 1822, the grounds of this sake brewery are dotted with cultural heritage sites built between the Edo and Meiji periods, and also offers tours of the brewery if you make reservations in advance. Their Kasen sake is regarded as a top Tokyo bottling.

📍 626 Fussa, Fussa-shi (P.76 MAP-4G)

🚌 Fussa Station, JR Ome Line

☎ 042-551-0003

¥ Admission is free



⑥ Ishikawa Shuzo

Founded in 1863, Ishikawa Shuzo brews both sake and beer, and also has a museum, restaurant, and direct outlet on site. Visitors are free to walk the grounds, which are lined with buildings constructed between the Edo and Meiji periods. You can even get a tour of the brewing facilities if you make reservations in advance (for a fee).

📍 1 Kumagawa, Fussa-shi (P.76 MAP-4H)

🚌 About 20 minutes' walk from Hajijima Station, JR Ome Line (and others)

☎ 042-553-0100

¥ Admission is free



Souvenirs and specialties

Fussa Dogs

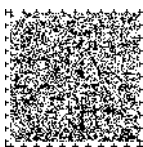


Fussa is home to two huge ham producers, Otama Ham and Fussa Ham, and Fussa dogs are made using their sausages. You can get them at nine different eateries around the city, several of which are in the area around Yokota Air Base.

Tokyo Blues (Fussa craft beer)



Tokyo Blues is a craft beer painstakingly brewed by Ishikawa Shuzo. You can enjoy it at Fussa no Beer Koya, a historical building constructed on the brewery grounds.



Mizuho and Ome

Experience the natural beauty, hot springs of Japan's rural *satoyama* areas as well as some great sake breweries

Satoyama areas are where Japan's rural villages meet its mountains and forests, and have long been treasured for their sacred mountains and healing hot springs. You can also have fun touring the many breweries in this area.



7 Rokudoyama Park

Rokudoyama Park has a 13-meter-high observation tower built at an elevation of 192 meters, offering spectacular views of Mt. Fuji, the Chichibu Mountains, the skyscrapers of Shinjuku, and more. Below you can enjoy the seasonal changes as they sweep over the Sayama Hills.

📍 2355 Ishihata, Mizuho-machi, Nishitama-gun (P.76 MAP-3H)

🚌 About 15 minutes' walk from Mine stop on the Tachikawa Bus from Hakonegasaki Station, JR Hachiko Line

☎ 042-557-7659

¥ Admission is free



8 Sayama Katakuri no Sato

The Sayama Katakuri no Sato facility is a hub for the "Sparkling Mizuho Corridor" which links the town's four major assets: history, natural beauty, scenic townscapes, and tourism. It's known as a place where clusters of trout lilies (*katakuri*) grow, covering the area's vast slopes in blossoms in the spring.

📍 243-1 Komagata-fujiyama, Mizuho-machi, Nishitama-gun (P.76 MAP-3H)

🚌 Hakonegasaki Station, JR Hachiko Line

☎ 042-557-7659

¥ Admission is free



9 Mt. Mitake

Mt. Mitake stands 929 meters high and has long been revered as a sacred mountain. Many worshippers visit Musashi Mitake Shrine at its peak, and it is considered one of the best places to hike in Tokyo.

📍 Mitakesan, Ome-shi (and elsewhere) (P.75 MAP-3D)

🚌 Cable-shita stop on the Nishi Tokyo Bus from Mitake Station, JR Ome Line

☎ 0428-24-2481

¥ Admission is free



10 Mt. Mitake Cable Car

It's about 1.1 kilometers from Takimoto Station partway up Mt. Mitake to Mitakesan Station near the peak. It's a steep slope of up to 25°, and takes about six minutes. The cable car is primarily used by hikers and those headed up the mountain to worship at Musashi Mitake Shrine.

📍 2-483 Mitake, Ome-shi (P.75 MAP-3D)

🚌 Cable-shita stop on the Nishi Tokyo Bus from Mitake Station, JR Ome Line

☎ 0428-78-8121

¥ Admission fee



11 Tour the Sawanoi brewery (Ozawa Shuzo)

Ozawa Shuzo is a Tokyo sake brewery committed to preserving traditional methods. You can take a tour and learn about the entire process that goes into making sake.

📍 2-770 Sawai, Ome-shi (P.76 MAP-3E)

🚌 Sawai Station, JR Ome Line

☎ 0428-78-8210

¥ Admission is free



12 Iwakura Onsen Village

Iwakura Onsen is considered to be Tokyo's only hot spring village. It is said that the springs that feed it were tapped 1,200 years ago, and they have been designated as one of the city's historical landmarks. The waters here are known to smooth and beautify the skin.

📍 5-3140 Osoki, Ome-shi (P.76 MAP-2G)

🚌 Iwakura Onsen stop on the Toei Bus from Ome Station, JR Ome Line

☎ 0428-24-2481/0428-20-0011

¥ Admission fee

Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



Souvenirs and specialties

Mizuho-sodachi Cyclamen

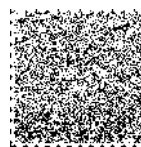


More Mizuho-sodachi Cyclamen are grown here than anywhere else in Tokyo, with the main production area being the greenhouses along the Iwakura Kaido road.



Processed plum products from Ome

Ome City is home to Urme no Koen (Plum Park), the most famous spot for plums in Japan. All kinds of processed plum products are sold here, including plum jam, plum juice, and plum liquor.



Akiruno and Hinode

Explore the stunning natural beauty of the Akigawa Valley

Enjoy the scenic Akigawa Valley, tucked away in a vast forest, as you explore its many attractions, from hot springs to entertainment facilities.



13 Tokyo Summerland

Tokyo Summerland is a world of water fun, with a variety of attractions that include one of Japan's largest lazy rivers and a dome-covered pool that can be used in any kind of weather. There's even a dog run, a driving range, and a day camping area.

📍 600 Kamiyotsugi, Akiruno-shi (P.76 MAP-4G)

🚌 Summerland stop on the Nishi Tokyo Bus from Akigawa Station, JR Itsukaichi Line

☎ 042-558-6511

¥ Admission fee



14 Akigawa Valley

The Akigawa Valley runs a total of 20 kilometers between Akiruno City and the village of Hinohara. It offers pastoral scenes of rural Japan that change in every season, from the fresh greenery of spring to brilliant fall colors. There are also many sightseeing spots nearby, like limestone caves and waterfalls.

📍 1421 Tokura, Akiruno-shi (and elsewhere) (P.76 MAP-4E)

🚌 Jurigi stop on the Nishi Tokyo Bus from Musashi Itsukaichi Station, JR Itsukaichi Line

☎ 042-596-0514



15 Seotonoyu Spa, Akigawa Valley

This hot spring facility features an open-air bath built along the Akigawa River as well as cottages where you can stay overnight. The water here is known for being some of the most alkaline in Japan, and therefore known for promoting beautiful skin.

📍 565 Otsu, Akiruno-shi (P.76 MAP-4E)

🚌 Jurigi stop on the Nishi Tokyo Bus from Musashi Itsukaichi Station, JR Itsukaichi Line

☎ 042-595-2614

¥ Admission fee



16 Akiruno Furusato Kobo

This facility dedicated to traditional Akiruno crafts offers papermaking workshops where you can create *gundoshi* paper, designated as an Intangible Cultural Property by the City of Tokyo. You can also dye Japanese paper and make Japanese fans.

📍 671 Otsu, Akiruno-shi (P.76 MAP-4E)

🚌 Nitago stop on the Nishi Tokyo Bus from Musashi Itsukaichi Station, JR Itsukaichi Line

☎ 042-596-6000

¥ Admission fee



17 Hinode Sanso (US-Japan Leadership Summit Memorial Hall)

This mountain hideaway once belonged to former Prime Minister Yasuhiro Nakasone, and was the site of his meeting with President Reagan in 1983. Everything at the sprawling site is open to the public, including its Seiundo hall, Tenshintei teahouse, and study, is now open to the public.

📍 5270 Oguno, Hinode-machi, Nishitama-gun (P.76 MAP-3F)

🚌 About 15 minutes' by taxi from Musashi-Masuko Station, JR Itsukaichi Line

☎ 042-597-7323

¥ Admission fee



18 Shogai Seishun no Yu Tsuru-tsuru Onsen

This secluded hot spring wells up from 1,500 meters below ground. It is known for its gentle alkaline water, which is said to beautify the skin. The inside of the building uses locally-sourced Japanese cedar and cypress.

📍 4718 Oguno, Hinode-machi, Nishitama-gun (P.76 MAP-3E)

🚌 Tsuru-tsuru Onsen stop on the Nishi Tokyo Bus from Musashi-Itsukaichi Station, JR Itsukaichi Line

☎ 042-597-1126

¥ Admission fee

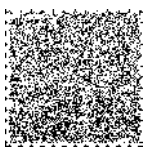


Souvenirs and specialties

Akigawa Beef



Akigawa Beef is a premium brand of Japanese Black wagyu raised at the Takeuchi Pastures in nature-rich rural areas fed by the clear waters of the Akigawa River.



Akigawa Corn



Akigawa Corn is known for its intense sweetness and large kernels. There are many different types of Akigawa Corn, with many of the cornfields lining the Itsukaichi Kaido through Akiruno City.

Kondo Brewed Soy Sauce



This soy sauce uses the underground waters of the pure waters of the Akigawa river that flows through Akiruno City. It is noted for its umami and sharpness with its savory fragrance.

Hinohara and Okutama

Encounter a treasure trove of natural beauty in Tokyo

Experience the vastness of nature that seems impossible in Tokyo. Take a walk through mountains and forests as you surround yourself with unspoiled natural beauty on a grand scale.



19 Hinohara Tokyo Citizens' Forest

Six hiking trails wind through this massive forest, which also has a full range of forest-related facilities like the Shinrinkan forest hall, a woodworking centers, charcoal-making huts, birdwatching huts, and more.

📍 7146 Hinohara-mura, Nishitama-gun (P.75 MAP-4B)

🚌 Tomin-no-Mori stop on the Nishi Tokyo Bus from Musashi-Itsukaichi Station, JR

Itsukaichi Line
☎ 042-598-6006

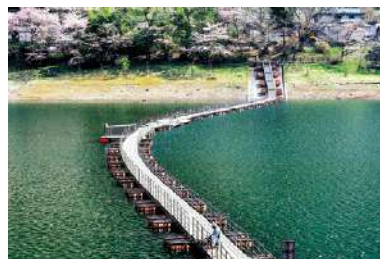


20 Hossawa Falls

This waterfall cascades down 62 meters and is the only waterfall in Tokyo to be selected among Japan's hundred most beautiful. It's located behind the marshlands that serve as the headwaters of the Akigawa River, but you can get there using a pedestrian path.

📍 Motoshuku, Hinohara-mura, Nishitama-gun (P.75 MAP-4D)

🚌 Hossawa-no-Taki Iriguchi stop on the Nishi Tokyo Bus from Musashi-Itsukaichi Station, JR Itsukaichi Line



21 Lake Okutama

This manmade lake formed by Ogouchi Dam is one of Japan's largest reservoirs used as a municipal water source. There are several sightseeing spots and tourist facilities located along its shores.

📍 Hara, Okutama-machi, Nishitama-gun (and elsewhere) (P.75 MAP-3B)

🚌 Okutama-ko stop on the Nishi Tokyo bus from Oku-Tama Station, JR Ome Line



22 Former Residence of the Kobayashi Family

Located along a 750-meter-high ridge that looks out over the mountains, this residence is thought to be the oldest in Hinohara. You can use a monorail to visit the steep slopes.

📍 4994 Hinohara-mura, Nishi Tama-gun (P.75 MAP-4C)

☎ 090-5543-0750

🚌 About 60 minutes' walk from Fujikura stop on the Nishi Tokyo Bus from Musashi-Itsukaichi Station, JR Itsukaichi Line

¥ Admission is free



23 Hinohara Onsen Center Kazuma-no-yu

This day-use hot spring is located close to Ryujin Falls. Visitors to the facility can even play in the Akigawa River before getting in the hot baths.

📍 2430 Hinohara-mura, Nishitama-gun (P.75 MAP-4B)

🚌 Onsen Center stop on the Nishi Tokyo Bus from Musashi-Itsukaichi Station, JR Itsukaichi Line

☎ 042-598-6789

¥ Admission fee



24 Nippara Limestone Caves

These are among the largest caves in the Kanto region, and have been designated a natural monument by the Tokyo Metropolitan Government. With a total length of 1,270 meters and a height difference of 134 meters, the inside of the cave is crowded with stalactites and stalagmites that create an otherworldly atmosphere.

📍 1052 Nippara, Okutama-machi, Nishitama-gun (P.75 MAP-2B)

🚌 About 25 minutes' walk from Higashi-Nippara stop on the Nishi Tokyo Bus from Oku-Tama Station, JR Ome Line

☎ 0428-83-8491

¥ Admission fee



25 Hatonosu Gorge

This clear river tumbles among boulders and interestingly shaped rocks as if filling the spaces between them. A suspension bridge known as Hatonosu Kobashi (pigeon's nest bridge) is the perfect place to take in the area's gorgeous views.

📍 Tanazawa, Okutama-machi, Nishitama-gun (P.75 MAP-2D)

🚌 Hatonosu Station, JR Ome Line



Souvenirs and specialties

Yuzu Wine



This fruit liquor adds the fragrance of Hinohara yuzu to Koshu grape wine. With an alcohol content of 4% and a fresh flavor, this can be enjoyed by those that do not prefer stronger drinks.

Okutama Wasabi



Wasabi grows everywhere in the town of Okutama, which is located near the headwaters of the Tama River. You can buy it as a souvenir in this area.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

The Islands of Tokyo

Tokyo's islands offer views and experiences unlike any you'll find in the metropolis. Watch dolphins swim in the great expanse of blue ocean, see rare plants and animals in lush forests, or see the night sky blanketed in so many stars you'll feel like you're in a planetarium.



Source: Created based on page 7 of the *Handbook of Local Attractions in the Tokyo Islands* (Institute for Tokyo Municipal Research, March 2014)

Head out to Tokyo's islands!

The Tokyo Metropolis includes eleven Pacific islands, each teeming with natural wonders, their own distinct culture, and wonderful specialty products.



Tokyo Islands Tourist Information

Tokyo Islands Tourist Promotion Association (official website)
tokyo-islands.com



Oshima

Oshima Tourism Association

☎ 04992-2-2177



About an hour and 45 minutes away by high-speed ferry, Oshima is the closest island to the metropolitan area. Because it's still an active volcano, there are hot springs everywhere. The island is also famous for its winter camellias, whose beautiful red and white blossoms add a pop from lustrous, deep-green leaves.



●Mt. Mihara

At 758 meters above sea level, Mt. Mihara is an active volcano in the center of the island that still billows smoke from its crater. There's a walking path set up around the perimeter of the crater that lets you witness the power of the volcano with your own eyes.



●Izu-Oshima Volcano Museum

This museum dedicated to volcanos has geologic layer samples between 12,000 and 15,000 years old on display. There are also videos that reveal the awesome power of the major eruption from Mt. Mihara in 1986.



●Ura-Sabaku

See the remnants of intense geologic activity at this fascinating natural park, which is said to be Japan's only true desert. Covered in black sediment ejected from the volcano, it is a desolate landscape that feels as if you're walking on the moon.

Souvenirs and specialties



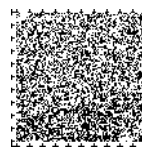
Bekko Sushi

One of the local favorites of the Izu Islands, bekko sushi features seasonal fish marinated in soy sauce and spicy island pepper. The word bekko means tortoiseshell, which refers to the lustrous brown color of the marinated fish.



Ashitaba Leaf

Ashitaba is such a fast-growing plant that people say it will grow its leaves back the next day if you pick them. The ashitaba that grows on Oshima is known for its distinctively sweet flavor and lack of bitterness.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Toshima

Toshima Village Hall

☎ 04992-9-0011



This small, circular island is just eight kilometers around, and covered in some 200,000 camellia trees. Indo-Pacific bottlenose dolphins have been seen living around Toshima Port in recent years, so there are plenty of opportunities to go dolphin-watching or even swim with them.



●Toshima Village Museum

Find out how the people of Toshima Island once lived at the Toshima Village Museum, where you can trace the history of industrial activities in the area from the Jomon period to the modern area through the many daily items on display.



●Mt. Miyatsuka lookout tower

A variety of plants and wild birds make their home on Mt. Miyatsuka, most notably the Japanese camellia. Rising 507 meters above sea level, it is a symbol of the island. From the lookout tower near the summit, you can see as far as the Izu Islands and Mt. Fuji.



●Minami ga Yama Park

This is the best viewpoint on the island. On clear days, you can take in a spectacular view of the islands, from Niiijima all the way to Kozushima, Miyakejima, and Mikurashima.



Souvenirs and specialties



Specialty Toshima Seafood

The rough waters around Toshima Island are rich in seafood. The island specializes in premium lobster and massive turban snails.



Camellia Oil

Toshima produces more camellia oil than anywhere else in Japan—something it has done since the Edo period. It's great for hair and skin, and can also be used in food.

Niiijima

Niiijima Tourism Association

☎ 04992-5-0001



Shikinejima Tourism Association

☎ 04992-7-0170



Niiijima is one of the only places in the world that has *koga* rock, pounded by intense wave action that turns it into brilliant white-sand beaches and draws surfers from Japan and abroad. Neighboring Shikinejima boasts numerous quality hot springs as well as ample opportunities for snorkeling and diving.



●Fujimi Pass Observation Deck (Niiijima)

This pyramid-shaped observation deck is made out of *koga* rock mined from the island. Below is a sweeping view of the uninhabited Jinaijima Island as well as Shikinejima and Kozushima.



●Niiijima Glass Art Center and Glass Museum (Niiijima)

Koga rock is also used to make glass products. Stop by the adjacent Glass Museum to see a wide variety of these works on display.

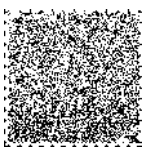


●Jinata Onsen (Shikinejima)

One of Shikinejima's natural hot springs, Jinata Onsen looks like someone carved it out of the craggy rock with a knife blade. They're sometimes called the "internal medicine springs" since the waters are thought to help heal nerve pain and cold sensitivity.



Souvenirs and specialties



Kusaya

Kusaya is a type of dried fish with a distinctive flavor. It is a specialty product in the Izu Islands, particularly Niiijima.



Tataki-age and Tataki-jiru

Tataki is made by taking minced *ao-muroaji* mackerel and other fish caught around the island, adding seasoning, and mixing it into a paste. It is then fried to make *tataki-age* or used to make *tataki-jiru* soup.

Kozushima

Kozushima Tourism Association

☎ 04992-8-0321



Located almost in the center of the Izu Islands, Kozushima welcomes visitors with coves of white-sand beaches and brilliant green pines, rolling hills, beautifully clear ocean waters, and a warm climate. It's a haven for marine sports, hiking, climbing, stargazing, and more.



●Mt. Tenjyo

This trekking spot is one of the more well known destinations on the island. A named holy place on the island from the ancient past, Mt. Tenjyo is now a designated conservation area in a national park. In later May each year, it is a well known location for observing *Rhododendron kaempferi* var. *macrogonema*.



●Starry Skies

The starry skies of the islands are breathtakingly beautiful. In December 2020 it was designated as an International Dark Sky Island by the International Dark Sky Association.



●Kozushima Hot Spring Health Center

This hot spring area makes use of natural rock formations and boasts one of the largest open-air baths in Japan. The smaller outdoor bath offers impressive ocean views.



Souvenirs and specialties



Red Flying Squid Shio Kara

The Japanese flying squid and red flying squid are combined with island chilis to make the local version of *shio-kara*, a pungent fermented dish that is delicious with drinks or on top of rice.



Moriwaka Barley Shochu

This *honkaku*-grade barley shochu is made by storing and aging the distilled liquor in oak casks and then blending it with natural spring water from Mt. Tenjyo.

Miyakejima

Miyakejima Tourism Association

☎ 04994-5-1144



Miyakejima is a volcanic island that offers an intense experience of dynamic geologic activity, as eruptions have shaped the complex formations that create its spectacular scenery. It's the perfect place for those who like to stay active on vacation, with opportunities for rock fishing, diving, bird watching, and more.



●Volcano Walking Path

When Mt. Oyama erupted in 1983, it took out Aiko Elementary and Junior High School, which is now preserved in its burnt-out state. There is also a walking path through the lava field that lets you experience the desolate landscape up close.



●Togahama Beach

Togahama is a popular fishing and diving spot. The Kuroshio Current flows into the seafloor here, creating proliferations of tabletop coral that are said to be the most beautiful in the Izu Islands.



●Miyakejima Nature Center Akakokko-Hall

Miyakejima is known as an island paradise for countless species of wild birds. You can observe many of them at the Akakokko-Hall, particularly the Izu thrush (*akakokko*), which has been designated as a natural treasure.



Souvenirs and specialties



Miyakejima Ashitaba Curry

This boil-in-bag curry is packed with ashitaba leaves grown on Miyakejima. It has a rich flavor, distinctive aromas from the ashitaba, and a little kick of spice. It's extremely popular as a souvenir offering an easy taste of the island.

©三宅島観光協会

Salted Ice Cream and Ashitaba Ice Cream



©三宅島観光協会

Ice cream made with Miyake toasted salt has a light, refreshing flavor and a sweetness that pops from the salt. There is also ice cream made with lots of ashitaba leaf, creating subtle sweet-bitterness that's easy to get hooked on.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo

Mikurashima

Mikurashima Tourist Information Center

☎ 04994-8-2022



The entire island of Mikurashima is covered in forests, and it is one of the world's leading habitats for Indo-Pacific bottlenose dolphins. You can certainly go dolphin-watching here, but there are also experiences that allow you to swim with them as well.



● Watch and swim with the dolphins in Mikurashima

Take a dolphin-watching cruise to see wild Indo-Pacific bottlenose dolphins between late March and mid-November, or take a swim with them.



● Giant Chinquapin Trees of Mikurashima

About 70% of Mikurashima Island is covered in forest, with chinquapin groves dotting the landscape. The Giant Chinquapin Trees of Mikurashima, located in the Nango District, has one of the most impressive specimens in Japan, with a circumference of nearly 14 meters.



● Ebine Park

The collection of nioi-ebine plants recreates the natural blooming conditions. Depending on the season you can view uncommon plants such as *dendrobium moniliforme*, *phalaenopsis japonica*, and *bulbophyllum drymoglossum*.



Souvenirs and specialties



Products made from Mikura boxwood/mulberry

The hard, fine-grained Japanese boxwood that grows on Mikurashima Island is used to make *shogi* pieces and signature stamps. The mulberry that goes on the island is a soft wood that is resistant to moisture, making it better suited to making things like chopsticks and cooking utensils.



Mikurashima Ashitaba Curry/Udon

The local curry is packed with *ashitaba* leaf grown without the use of agricultural chemicals. The leaf is also ground into a powder and added to the flour used to make dried udon noodles.

Hachijojima

Hachijojima Tourism Association

☎ 04996-2-1377



This tropical island is accessible by direct flights from Haneda Airport that take less than an hour. There are endless things to see and do on Hachijojima, including Mt. Hachijo-Fuji (the tallest peak in the Izu Islands), *kihachijo* traditional island silk textiles, hot springs, and more. Colorful freesia flowers bloom here between late March and early April.



● Mt. Hachijo-Fuji

At 854 meters above sea level, Mt. Hachijo-Fuji, a dormant volcano, is the highest peak in the Izu Islands. At the summit, walk around the dramatic volcanic crater, spanning 400 meters in diameter, while taking in the unparalleled views of the horizon.



● Sueyoshi Hot Spring Miharashi-no-yu

Miharashi-no-yu hot spring is located on the southeastern tip of the island. Enjoy the vast expanse of the Pacific Ocean and a blanket of stars at night from the scenic outdoor bath.

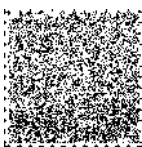


● Uramigataki Waterfall

A path winds behind this cascading waterfall, whose name Uramigataki means "rear view waterfall" in Japanese. Cap off this unique experience with a trip to the nearby Uramigataki Hot Spring.



Souvenirs and specialties



Shima Sushi

Shima Sushi is one of the classic island foods of Izu. Locally caught fish are sliced thin and marinated in soy sauce, then placed over sweetish vinegared rice with hot mustard instead of wasabi.



Kihachijo Textiles

These plant-dyed textiles are a longstanding tradition on Hachijojima. Kihachijo fabrics are handwoven silk textiles that are of course used to make kimono, but also for small accessories like wallets and clutches.

Aogashima

Aogashima Village Office

☎ 04996-9-0111



The entire island of Aogashima is a volcanic crater, within which there is another, smaller volcano, making it one of the few double volcanoes in the world. Drink *aochu*, a shochu made by the smallest village in Japan, or try some Hingya-no-shio salt, made using geothermal steam vents that the locals call *hingya*.



●Maruyama

This inner volcano has two former craters, one large and one small, which were formed during its last major eruption in 1785. There's a walking path that allows you to circle the entire area.



●Aogashima-mura Fureai Sauna

This natural sauna is warmed naturally by geothermal heat from the *hingya* vents. There are also kettles there steaming sweet potatoes and other treats that have always been a favorite among the locals.



●Oyamatembo Park

There is a 400-meter-high observatory on the north side of the outer rim where you can see the composite volcano while taking in sweeping, unobstructed views of the Pacific Ocean.



Souvenirs and specialties

Aochu



Aochu is a type of shochu that has long been a favorite on Aogashima. The flavor is different depending on which *toji* (shochu brewing specialist) was involved, and production is low as it is largely handmade. People sometimes call it *maboroshi-no-shochu*, or "dream shochu".

Hingya-no-Shio Salt



Hingya-no-shio salt is made by drawing seawater out of the Kuroshio Current and boiling it slowly to extract the salt using only geothermal heat from the *hingya* vents. It has a distinctively mild sweetness.

Ogasawara

Chichijima Island: Ogasawara village
Tourism Association
☎ 04998-2-2587



Hahajima Island: Ogasawara
Hahajima Tourism Association
☎ 04998-3-2300



The Ogasawara Islands are an unspoiled natural paradise nearly a thousand kilometers from the center of Tokyo, and was registered as a UNESCO World Heritage Site in 2011. In addition to its unique ecosystems, the surrounding waters are also a place to see coral reefs, sea turtles, dolphins, whales, and more.



●Chihiro-iwa Rock (Chichijima)

At the southern tip of Chichijima are sheer cliffs that rise over 250 meters out of the waters of Maruberiwan. It's often called Heart Rock because the red rock surface looks like a heart when viewed from the ocean.



●Minamijima Island (Chichijima)

This small, uninhabited island is located off the southwest coast of Chichijima. Its submerged karst terrain makes for a beautiful dive site, and many seabirds and sea turtles come here to lay their eggs. You must be accompanied by a certified guide to go onshore.



●Sekimon (Hahajima)

This dense forest still teeming with Hahajima's unique plant and animal life is the perfect place to experience the area's unspoiled natural beauty. It is designated as a forest ecosystem preserve, so you must be accompanied by a certified guide to enter it.

Note: The woods may be accessed March to September (only ridgelines in March).



Souvenirs and specialties

Tropical fruit

Many different fruits are harvested on the island, from passionfruit and island lemons to mangos and papaya. Products made from these fruits—particularly jams—are popular as well.



Mother (seafloor-aged rum)

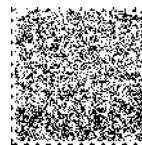


This special island rum is aged on the seafloor for about a year.

Takonoki leaf weaving



The *takonoki* is a plant species endemic to the Ogasawara Islands, and its leaves are used to make an incredibly durable weave. Coin purses and other accessories made from the woven leaves are popular souvenirs.



Eastern Area

Western Area

Southern Area

Eastern Tama of Tokyo

Central Tama of Tokyo

Southern Tama of Tokyo

Western Tama of Tokyo

The Islands of Tokyo



Sapporo Dome

📍 1 Hitsujigaoka, Toyohira-ku, Sapporo City



This natural-turf soccer field is the first in the world to feature a retractable floating pitch system, and is also the northernmost all-weather dome in Japan. It is the home stadium for Sapporo's professional baseball and soccer team.

Getting there from Tokyo

By air: Haneda Airport — (plane) → New Chitose Airport — (JR Rapid Airport train) → Sapporo Station [Minimum travel time: 2 hours 15 minutes~]

Getting to the venue About 10 minutes' walk from Fukuzumi Station, Sapporo Municipal Subway Toho Line



Sapporo Hitsujigaoka Observation Platform

This is one of the best spots in Hokkaido to catch panoramic views of the city of Sapporo and the Ishikari Plains. Inside the tower is a statue of Dr. Clark, known as the father of Hokkaido pioneers and the Hitsujigaoka Rest House, which serves *jingisukan* ("Genghis Khan"), Hokkaido's signature grilled mutton dish.

📍 1 Hitsujigaoka, Toyohira-ku, Sapporo City

🚶 Hitsujigaoka Tenbodai stop on the Hokkaido Chuo bus from Fukuzumi Station, Sapporo Municipal Subway Toho Line

☎ 011-851-3080

🎫 Admission fee



Sapporo Olympic Museum

Enter the world of the Winter Olympics as you experience the history and emotion of the Olympics and Paralympics up close at the Sapporo Olympic Museum. The exhibits here trace the history of the 1972 Winter Games in Sapporo, and there are lots of fun sports simulators that make it feel like you're right there!

📍 1274 Miyanomori, Chuo-ku, Sapporo City

🚶 Okurayama Jump Kyogijo Iriguchi stop on the JR Hokkaido Bus from Maruyama-Koen Station, Sapporo Municipal Subway Tozai Line

☎ 011-641-8585

🎫 Admission fee



Moerenuma Park

Designed by sculptor Isamu Noguchi, Moerenuma Park is set up like a giant sculpture on a site that communicates the vastness of Hokkaido. Experience the natural beauty of every season alongside dynamic, beautiful artforms. The park also offers water play areas in summer and skiing and sledding in winter.

📍 1-1 Moerenuma-koen, Higashi-ku, Sapporo City

🚶 Moerenuma Koen Higashi-guchi stop on the Hokkaido Chuo Bus from Kanjo-Dori-Higashi Station, Sapporo Municipal Subway Toho Line

☎ 011-790-1231

🎫 Admission is free



Miyagi



Sendai Castle Ruins

This is the former site of Sendai Castle (Aoba Castle), which was home to the 16th-century daimyo Date Masamune. The stone walls and reconstructed wakiyagura tower offer glimpses of its once-stately structure. The site of the castle keep offers panoramic views of Sendai City and the Pacific Ocean, while a museum offers digitally-recreated images of the castle.

📍 1 Kawauchi, Aoba-ku, Sendai City

🚶 Sendai Joato Minami Bus Stop on the city bus from Yagiya
Zoological Park Station, Sendai Subway Tozai Line

☎ 022-222-0218

💰 Admission is free (museum requires an admission fee)



Matsushima

Matsushima is counted among the three most beautiful views in Japan, making it one of the country's iconic scenic spots. In addition to sight of the more than 260 islands of all sizes dotting the bay, there are several historically important structures here, such as Entsu-in (nationally designated as an Important Cultural Property) and Zuigan-ji Temple (designated as a National Treasure).

📍 Matsushima-machi, Miyagi-gun

🚶 Matsushima-Kaigan Station, JR Sensei Line

☎ 022-354-2618



Higashi Matsushima 3.11 Disaster Recovery Memorial Museum

This museum is housed in the former JR Nobiru Station building, which was destroyed in the Great East Japan Earthquake. There are exhibits and broadcasts that feature before-and-after photos of the disaster, commemorative videos, and more. It's a great place to learn what the area was like before the earthquake as well as the damage it did and the subsequent recovery and restoration efforts.

📍 56-36 Kitayokei Nobiru, Higashi Matsushima City

🚶 About 15 minutes' walk from Nobiru Station, JR

Sensei Line

☎ 0225-86-2985 💰 Admission is free



Miyagi Stadium

📍 40-1 Date, Sugaya, Rifu-cho, Miyagi-gun



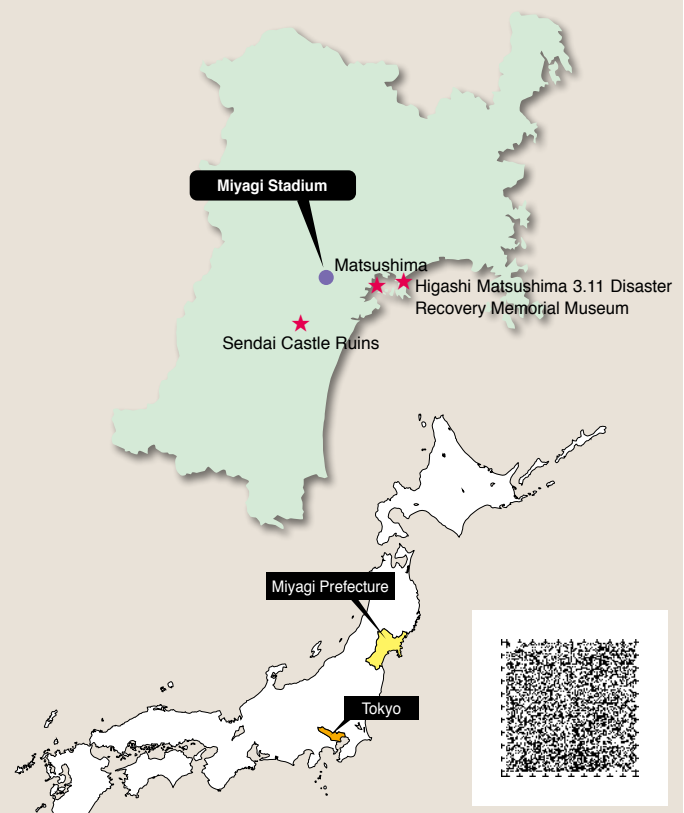
This multi-purpose athletic field can hold around 50,000 spectators. The huge roof covering the rear stands is designed to look like the helmet worn by the 16th-century warrior Date Masamune.

Getting there from Tokyo

By train: Tokyo Station — (bullet train) → Sendai Station — (JR Tohoku Main Line) → Rifu Station [Minimum travel time: 2 hours 20 minutes~]

Getting to the venue

From Rifu Station on the JR Tohoku Main Line, take the Miyagi Kotsu Bus via Sugayadai/Aobadai for about 10 minutes' and get off at the Sugayadai Sancho-me stop. It's about 5 minutes' walk from there.





Fukushima Azuma Baseball Stadium

1 Kamikotoba Sabara,
Fukushima City



Fukushima Azuma Baseball Stadium is part of the Azuma Sports Park, which is divided into four recreational spaces that include athletic areas as well as a historical walk. It is used for both official professional baseball games as well as high school and amateur games.

Getting there from Tokyo

By train: Tokyo Station — (bullet train) → Fukushima Station [Minimum travel time: 1 hour 35 minutes~]

Getting to the venue

About 10 minutes' by car from Fukushima Nishi IC on the Tohoku Expressway
About 20 minutes' by car from JR Fukushima Station
About 30 minutes' by bus from JR Fukushima Station (get on the bus for Sabara from Platform 7 at the Fukushima Station East Exit bus stop)

Fukushima Azuma Baseball Stadium

Bandai-Azuma Skyline

Ouchi-juku Post Station

Aquamarine Fukushima

Tokyo

Fukushima Prefecture



Bandai-Azuma Skyline

The Bandai-Azuma Skyline is a scenic road that winds for about 29 kilometers through the Azuma mountain range. At Jododaira, located near the summit of Mt. Azuma, there is a rest house, visitor center, and astronomical observatory. You can also take a stroll to see Mt. Azuma-kofuji or the marshlands.

Machiniasaka, Fukushima City (Takayu Onsen) to Tsuchiyu Onsen-machi, Fukushima City
Near Uenomachi (Tsuchiyu Onsen)



Ouchi-juku Post Station

Ouchi-juku Post Station was a stopover point for travelers during the Edo period that features a row of thatch-roofed farmhouses where you can eat soba, buy souvenirs, or even stay overnight. The area is nationally designated as an important historical preservation area for traditional buildings, allowing visitors to enjoy the charming townscape much as it once was.

Yamamoto Ouchi, Shimogo-machi, Minamiaizu-gun

About 10 minutes' by taxi from Yunokami-Onsen Station,
Aizu Railway Aizu Line
0241-68-3611



Aquamarine Fukushima

The seas around Fukushima are defined by the meeting of two major ocean currents, which is the overarching theme at this aquarium. Aquamarine Egg is a hands-on learning center for children, and there is also an outdoor exhibit called Janome Beach where you can touch sea creatures. It's a great place to have fun while learning about the local oceans.

50 Tatsumi-cho, Onahama, Iwaki City

AEON Mall Iwaki-Onahama stop on the Shin-Joban Kotsu

Bus from Izumi Station, JR Joban Line

0246-73-2525 Admission fee



Ibaraki



Lapoppo Namegata Farmers' Village

Lapoppo Namegata Farmers' Village is a theme park that is built in a renovated old schoolhouse and offers hands-on agricultural experiences to put visitors in touch with nature. It includes a *yaki-imo* (steamed sweet potato) factory museum and farmer's market offering farm-fresh vegetables, sweet potato desserts, and more.

📍 1561 Uzaki, Namegata City

🚶 Lake Echo/Shirahama Shonen Shizen-no-ke/Namegata Farmers' Village Chuo stop on the Kantetsu Bus from Itako Station, JR Kashima Line

☎ 0299-87-1130 🗺 Admission is free



Kairakuen

Counted among the three most beautiful parks in Japan, Kairakuen was built by Tokugawa Nariaki, head of the Mito clan, in 1842. About 3,000 representatives of about 100 cultivars of plum are present, making this a well known plum tree location. There's so much to see including the Kobuntei House designed by Nariaki Tokugawa himself.

📍 1-3-3 Tokiwa-cho, Mito City

🚶 Kairakuen-mae stop on the Ibaraki Kotsu Bus from Mito Station, JR Joban Line (and others)

☎ 029-244-5454 🗺 Admission fee



Kashima-jingu Shrine

Constructed in 660 BC, Kashima-jingu is thought to be the oldest shrine in the Kanto region and has long been revered by Imperial and shogun households. You can feel the mystical charm of the place along the deeply-forested *okusando* path that runs for 300 meters and at the Mitarashi reflecting pond, which is fed by a gushing natural spring.

📍 2306-1 Kyuchu, Kashima City

🚶 Kashima-jingu Station, JR Kashima Line

☎ 029-982-1209



Ibaraki Kashima Stadium

📍 26-2 Ushiroyama, Jinkoji, Kashima City



This is a full-sized soccer stadium that serves as the home field for Kashima's professional soccer team. The stands are built close to the natural turf field, offering excellent views of the action no matter where you sit.

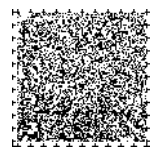
Getting there from Tokyo

By train: Tokyo Station — (JR Sobu Line/Narita Line) → Narita Station — (JR Narita Line) → Sawara Station — (JR Kashima Line) → Kashima Jingu Station [Minimum travel time: 2 hours~]

By expressway bus: Tokyo Station — Kashima Central Hotel, via Kashima Jingu Station to Kashima Soccer Stadium [Minimum travel time: 2 hours 5 minutes~]

Getting to the venue

From JR Kashima Jingu Station, change to the Kashima Rinkai Railway and take it to Kashima Soccer Stadium Station. It's about 2 minutes' walk from there.





Makuhari Messe

2-1 Nakase, Mihama-ku, Chiba City



Makuhari Messe is on a sprawling site measuring nearly 210,000 square meters, making it one of Japan's largest convention venues. The complex consists of the International Exhibition Hall, International Conference Hall, and the Makuhari Event Hall.

Getting there from Tokyo

By train: Tokyo Station — (JR Keiyo Line) → Kaihimakuhari Station [Minimum travel time: 30 minutes~]

Getting to the venue

About 5 minutes' walk from Kaihimakuhari Station, JR Keiyo Line; or about 1 minutes' walk from Makuhari Messe Chuo stop on the Keisei Bus (Maku-01) from Makuharihongo Station

Tsurigasaki Surfing Beach

6961-1 Torami, Ichinomiya-machi, Chosei-gun



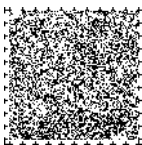
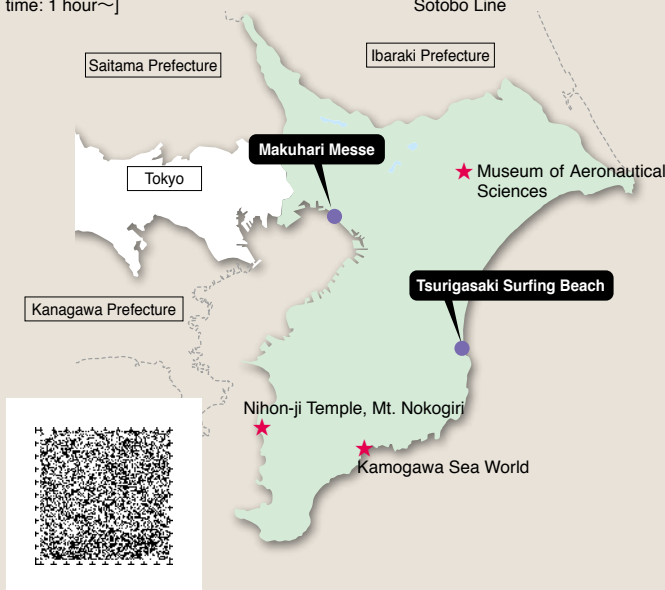
Located at the southernmost end of Kujukuri Beach, the Tsurigasaki coast draws crowds of surfers in search of its quality waves, recognized as some of the best in the world.

Getting there from Tokyo

By train: Tokyo Station — (JR Special Express) → Kazusa-Ichinomiya Station [Minimum travel time: 1 hour~]

Getting to the venue

About 10 minutes' by taxi from Kazusa-Ichinomiya Station, JR Sotobo Line



Nihon-ji Temple, Mt. Nokogiri

Nihon-ji was founded some 1,300 years ago, making it the oldest temple in the Kanto region. The temple grounds encompass the whole of Mt. Nokogiri, and feature a Great Buddha statue (*daibutsu*) carved out of the rock. The Jigoku Nozoki site at the peak offers spectacular views of Tokyo Bay and the Boso Peninsula.

Location: Nokogiri-yama, Kyonan-machi, Awa-gun

About 10 minutes' by taxi (via Omotesando) from Hota Station, JR Uchibo Line

0470-55-1103 Admission fee



Kamogawa Sea World

This aquarium was designed to put visitors in touch with the ocean world. See performances by killer whales, belugas, dolphins, sea lions, and more—or take in the aquatic exhibits featuring some 800 species in simulated natural environments.

Location: 1464-18 Higashi-cho, Kamogawa City

Free shuttle bus from Awa-Kamogawa Station,

JR Sotobo Line

04-7093-4803

Admission fee



Museum of Aeronautical Sciences

This was Japan's first museum dedicated to aeronautical sciences, putting visitors up close to aircraft that they can see and touch. The exhibits feature airplanes and aeronautical instruments as well as hands-on cockpit experiences and an in-flight simulator that lets you cruise through the sky in a huge passenger plane.

Location: 111-3 Iwayama, Shibayama-machi, Sanbu-gun

Koku Kagaku Hakubutsukan stop on the Narita Airport Kotsu Hakubutsukan Line (bus) from Narita Airport Terminal 2

Station, JR Narita Line (and others)

0479-78-0557 Admission fee



Saitama



Omiya Bonsai Art Museum, Saitama

The Omiya Bonsai Art Museum is the world's first publicly-run museum dedicated to bonsai art. Bonsai masterpieces are on display as well as a variety of bonsai-related artifacts, including bonsai pots, miniature landscape stones called *suiseki*, and ukiyo-e featuring bonsai.

📍 2-24-3 Torochō, Kita-ku, Saitama City

🚶 5 minutes' walk from Toro Station, JR Utsunomiya line

☎ 048-780-2091

🎫 Admission fee



Kawagoe Kurazukuri no Machinami Warehouse District

Sometimes called "little Edo", the Kurazukuri no Machinami Warehouse District preserves the *machiya* townhouses of the era in their original form. The streets here are lined with fascinating structures, such as the *toki-no-kane* bell tower (which stands as a symbol of Kawagoe) and the massive tile roofing on black plaster walls. The Kashiya Yokochō area is home to several nostalgic mom-and-pop confectionery shops.

📍 Motomachi, Saiwaicho, and elsewhere in Kawagoe City

🚶 Hon-Kawagoe Station (and others), Seibu Shinjuku Line

☎ 049-222-5556



Kodai Hasu No Sato and Tanbo Art (Ancient Lotus Park and Rice Field Art)

Some 120,000 lotuses in 42 varieties—including *Gyoda* lotuses, designated by the city as a natural treasure—bloom in Kodai Hasu No Sato park between mid-June and early August. You can also see rice field art from the 50-meter-high observation tower in the park (the best time for it is from late July).

📍 2375-1 Kobari, Gyoda City

🚶 Kodai Hasu No Sato stop on the city circuit bus from Gyoda Station, JR Takasaki Line

☎ 048-559-0770

🎫 Admission is free (the Kodai Hasu Kaikan requires an admission fee)

Note: There is a fee for parking when the lotus flowers are blooming



Saitama Super Arena

📍 8 Shintoshin, Chuo-ku, Saitama City



Saitama Super Arena is a versatile venue that hosts concerts and exhibitions as well as sporting events. It is one of Japan's largest multipurpose arenas.

Getting there from Tokyo

By train: Ueno Station — (JR Takasaki Line and others) → Saitama-Shintoshin Station [Minimum travel time: 25 minutes~]

Getting to the venue

About 3 minutes' walk from Saitama-Shintoshin Station, JR Keihin-Tohoku Line/Utsunomiya Line/Takasaki Line
About 7 minutes' walk from Kita-Yono Station, JR Saikyō Line

Saitama Stadium

📍 2-1 Misono, Midori-ku, Saitama City



One of the largest dedicated soccer stadiums in Asia, Saitama Stadium accommodates more fans than any other soccer-only venue in Japan with seats for some 64,000 guests.

Getting there from Tokyo

By train: Akabane-Iwabuchi Station — (Saitama Rapid Railway Line (links directly to the Tokyo Metro Namboku Line)) → Urawa-Misono Station [Minimum travel time: 20 minutes~]

Getting to the venue

About 15 minutes' walk (1.2 km) along a pedestrian walkway from Urawa-Misono Station, Saitama Rapid Railway Line

Kasumigaseki Country Club

📍 3398 Kasahata, Kawagoe City



This lush golf course winds through the Musashino Hills and boasts more than 90 years of history. Japan's first international golf competition was held here in 1957.

Getting there from Tokyo

By train: Ikebukuro Station — (JR Saikyō Line (links directly to the Kawagoe Line)) → Kasahata Station [Minimum travel time: 1 hour~]

Getting to the venue

About 15 minutes' walk from Kasahata Station, JR Kawagoe Line

Asaka Shooting Range

📍 9-4 Oizumi Gakuen-cho, Nerima-ku, Tokyo



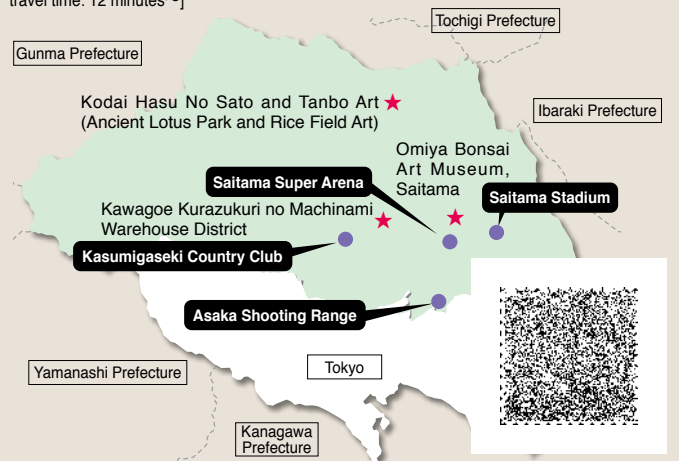
This shooting range is adjacent to Asaka Shooting Range and used for both competitions and practice. Shooting competitions were held here during the 1964 Olympic Games as well.

Getting there from Tokyo

By train: Ikebukuro Station — (JR Tobu Tojo Line) → Wakoshi Station [Minimum travel time: 12 minutes~]

Getting to the venue

About 30 minutes' walk from Wakoshi Station, JR Tobu Tojo Line/Tokyo Metro Yurakucho Line/Fukutoshin Line





International Stadium Yokohama

3300 Kozukue-cho,
Kohoku-ku, Yokohama City



This outdoor, multipurpose stadium is the largest in Japan, with a capacity for about 72,000 spectators. It is the home stadium of the professional soccer team based out of Yokohama.

Getting there from Tokyo

By train: Tokyo Station — (bullet train) → Shin-Yokohama Station [Minimum travel time: 20 minutes~]
Shinagawa Station — (JR Keihin-Tohoku Line/Negishi Line) → Higashi-Kanagawa Station — (JR Yokohama Line) → Kozukue Station [Minimum travel time: 45 minutes~]

Getting to the venue

About 14 minutes' walk from Shin-Yokohama Station, JR Tokaido Shinkansen/JR Yokohama Line
About 1 minutes' walk from the Nissan Stadium-mae stop on the Yokohama City Bus (Route 300 bound for Nakamachidai Station) from Shin-Yokohama Station

Yokohama Baseball Stadium

Yokohama-koen, Naka-ku,
Yokohama City



Located in Yokohama Park, one of the city's prime tourist attractions, Yokohama Stadium was Japan's first multipurpose stadium and is the home field for the city's professional baseball team.

Getting there from Tokyo

By train: Shinagawa Station — (JR Keihin-Tohoku Line/Negishi Line) → Kannai Station [Minimum travel time: 35 minutes~]

Getting to the venue

About 2 minutes' walk from Kannai Station, JR Negishi Line

Enoshima Yacht Harbour

1-12-2 Enoshima,
Fujisawa City



Enoshima was designed to be Japan's first competition harbor, and has since been the site of numerous yacht racing events.

Getting there from Tokyo

By train: Shinagawa Station → (JR Tokaido Main Line) → Fujisawa Station — (Odakyu-Enoshima Line) → Katase-Enoshima Station [Minimum travel time: 55 minutes~]

Getting to the venue

About 18 minutes' walk from Katase-Enoshima Station, Odakyu-Enoshima Line
About 21 minutes' walk from Enoshima Station, Enoshima Electric Railway
About 23 minutes' walk from Shonan-Enoshima Station, Shonan Monorail



Minato Mirai 21

Minato Mirai 21 is a waterfront development in Yokohama, a city that is historically important for being opened to foreign trade in the last years of the Edo period. It is packed with interesting sights, including Yokohama Landmark Tower, a variety of shops, a museum, amusement facilities, and more. Its cosmopolitan streetscapes and cruises through the Port of Yokohama are a great way to enjoy the area's night views.

Y Nishi-ku and Naka-ku, Yokohama City
Y Minato-Mirai Station, Minato-Mirai Line



Kamakura

The Kamakura shogunate based their operations out of this city, which is known for its ancient feel. There are walking paths that put you in touch with the history of the area while enjoying delightful seasonal flowers. Among the many historically important structures in the area are the Kamakura Daibutsu (Great Buddha), Tsurugaoka Hachimangu Shrine, and Hasedera Temple.

Y Yukinoshita, Yuigahama, Hase, and other parts of Kamakura City
Y Kamakura Station, JR Yokosuka Line (and others)

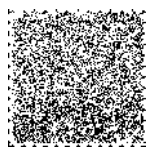
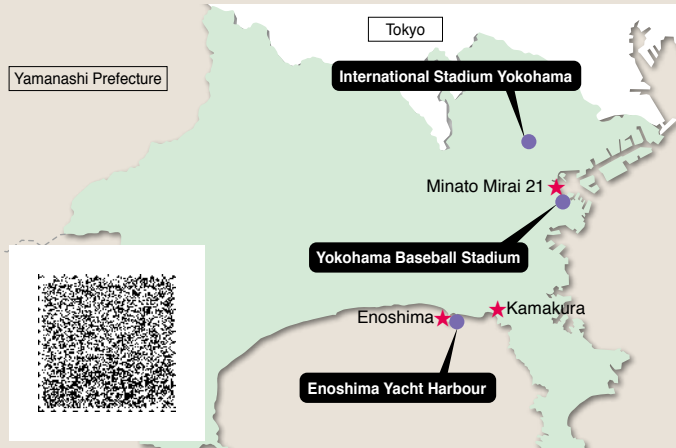


Enoshima

Enoshima is a small offshore island that has long been famous for its scenic beauty and even featured in woodblock prints. There are many sights on the island, including Enoshima Shrine, the Enoshima Lighthouse, and the Enoshima Iwaya caves. It also offers scenic twilights and lovely views of Mt. Fuji by day.

Y Enoshima, Fujisawa City
Y Katase-Enoshima Station (and others), Odakyu-Enoshima Line

0466-22-4141 (Fujisawa City Tourist Association Office)





Shizuoka / Yamanashi



Shuzenji Onsen Village

The Izu Peninsula is known for its many hot spring sites, but Shuzenji is the most historical of all of the spa towns and has received 2 Michelin stars. Along the banks of the Katsura-river that runs through it are lined with historical temples and inns, creating a delightfully charming atmosphere.

📍 Shuzenji, Izu City, Shizuoka Prefecture

🚶 Shuzenji Station, Izu-Hakone Railway
☎ 0558-72-2501



Former Kishi Residence, Higashiyama

Former prime minister Nobusuke Kishi, who brought the 1964 Olympic Games to Tokyo, live out his later years at this residence. It is notable for being designed by Isoya Yoshida in a modern *sukiya* (teahouse) style. There is a Japanese confectionary on site as well as a traditional Japanese garden offering lovely seasonal views.

📍 1082-1 Higashiyama, Gotemba City, Shizuoka Prefecture

🚶 About 15 minutes' by taxi from Gotemba Station,

JR Gotemba Line

☎ 0550-83-0747 📄 Admission fee



Suruga Bay Ferry

This car ferry links the Port of Shimizu to Toi Port on the Izu Peninsula in 70 minutes. It's a scenic cruise that offers lovely views of Mt. Fuji from the coastlines of Suruga Bay. Note: See the website to reserve or for details of riding the ferry.

📍 Board in Shimizu Port at 10-80 Hinode-cho, Shimizu-ku, Shizuoka City, Shizuoka Prefecture

Board in Toiko Port at 2920 Toi, Izu City, Shizuoka Prefecture

🚶 Free shuttle bus from Shimizu Station, JR Tokaido Main Line

📄 Admission fee



Izu Velodrome



The Izu Velodrome is an indoor wooden cycling track. "Velodrome" comes from the Latin words for "cycling course".

📍 1826 Ono, Izu City, Shizuoka Prefecture

Izu MTB Course

This off-road mountain biking course has a total length of 2,500 meters and 85 meters of elevation change.

📍 1826 Ono, Izu City, Shizuoka Prefecture

Getting there from Tokyo

By train: Shinagawa Station — (bullet train) → Mishima Station — (Izu-Hakone Railway Sunzu Line) → Shuzenji Station [Minimum travel time: 1 hour 50 minutes~]

Getting to the venue

Take the Shin-Tokai Bus for 20 minutes' from Shuzenji Station on the Izu-Hakone Railway to the Cycle Sports Center Stop. It's about 1 minutes' walk from there.

Fuji International Speedway



Fuji Speedway is the closest international circuit track to the capital area, fitted with the latest equipment for racing teams and more.

📍 694 Nakahinata, Oyama-cho, Sunto-gun, Shizuoka Prefecture

Getting there from Tokyo

By train: Shinjuku Station — (Odakyu Romancecar (links directly to the Gotemba Line) → Gotemba Station [Minimum travel time: 1 hour 45 minutes ~]

Getting to the venue

About 20 minutes' by taxi from Gotemba Station, JR Gotemba Line

About 25 minutes' on the Fuji Kyuko Bus from Gotemba Station, JR Gotemba Line



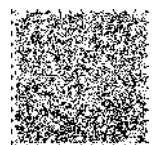
Lake Yamanaka

Yamanaka is the largest of the Fuji Five Lakes and the closest to the mountain. There are scenic spots everywhere, which makes it a popular tourist destination. Take in the lovely morning and evening views, and don't miss the iconic sight of Mt. Fuji reflected in the surface of the lake.

📍 Yamanakako-mura, Minami-tsuru-gun, Yamanashi Prefecture

🚶 Yamanakako Asahigaoka stop on the Fuji Kyuko Bus from Mt. Fuji Station, Fuji Kyuko Otsuki Line (and others)

☎ 0555-62-3100 (Yamanakako Tourist Association)



Tokyo Souvenirs

Find all kinds of things to remember your Tokyo trip by including traditional crafts, stationary and food items.



Designed manhole cover

The city of Tokyo is dotted with manhole covers bearing anime and manga characters tied to specific municipalities or districts. Be sure to look down when you're sightseeing around the city so you can catch a glimpse!



©Tezuka Productions

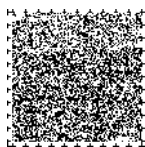
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Tokyo Sports Square



The Tokyo Sports Square is a centralized information distribution hub open during the Tokyo 2020 Olympic Games for domestic and international media as well as tourists and residents to share about the competition, the hosting municipalities and the attractions of Tokyo. Visitors can purchase official licensed Tokyo 2020 goods, learn about the Tokyo 2020 Games, find out about Tokyo produce and things to do and see around Japan as well as participate in a variety of events.

📍 3-8-3 Marunouchi, Chiyoda-ku
 🚶 1 minutes' walk from Yurakucho Station (Kyobashi-guchi exit) on the JR Yamanote/Keihin Tohoku Line. Immediately accessible from Yurakucho Station (Exit D9) on the Tokyo Metro Yurakucho Line.
 3 minutes' walk from Ginza Itchome Station (Exit #1) on the Tokyo Metro Yurakucho Line.

Note: Look for the red-roofed building across from the Tokyo Kotsu Kaikan

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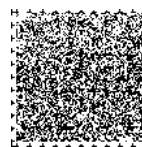
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Useful Websites

● GO TOKYO emergency @GOTOKYOofficial



Go to the Emergencies page on the site to get useful information for emergencies.

● Safety Tips

It provides earthquake information, weather information, volcano warnings, heatstroke information, evacuation shelter information and more, provided in twelve languages for eleven countries.

for Android



for iOS



● Japan Safe Travel @JapanSafeTravel

Japan National Tourism Organization (JNTO) has an official Twitter account providing safety information for foreign visitors in the event of a disaster or other emergency.

● Tokyo Disaster Prevention Information Website



This is the official disaster information site for the Tokyo metro area. Use it to find helpful information in case of emergencies.

● NHK WORLD

In addition to disaster information, the site also provides a wide variety of critical information for living and traveling in Japan.

for Android



for iOS



● Japan Meteorological Agency



Get disaster preparedness information for the entire country in twelve languages for eleven countries.

● Tokyo Medical Institution Information Service "Himawari"



This website allows you to locate medical institutions in Tokyo that can offer medical services in 16 foreign languages in addition to Japanese.

● Free Wi-Fi services

Tokyo has a rapidly growing number of areas that provide Internet access services with public wireless LAN. You can enjoy high-speed wireless Internet connections at a wide variety of locations in the city, including cafes, stations, and airports.

TOKYO FREE Wi-Fi

Where: Around Tokyo

How: Select SSID "FREE_Wi-Fi_and_TOKYO", launch your web browser and tap "Access the Internet here". Then, there are two ways. 1) Register your email address. After provisional registration, receive an email with URL and tap the URL to complete your registration. Or, 2) Select the SNS, and log in via the SNS you selected.



NTT East FREE Wi-Fi Japan

Where: A wide range of areas inside and outside Tokyo

How: Present your passport at an available location, and receive a card with an ID and password required for Wi-Fi Internet access.



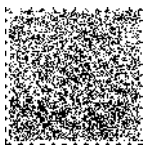
JR-EAST FREE Wi-Fi

Where: Several JR East Japan and Tokyo Monorail stations - JR EAST Travel Service Center - On board the Narita Express

How: - Activate your browser and follow the instructions on the screen to connect to the Internet. For the first time only, you are required to register your e-mail address.



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FREE Wi-Fi Passport

Where: About 400,000 spots in Japan

How: Select "SoftBank" as your roaming provider in advance. Call the dedicated number* and get the password from the audio guidance. Select ".FREE_Wi-Fi_PASSPORT" and enter your ID (phone number) and password at the login screen.

*The dedicated number is different depending on the language. Please see the website.



Japan Connected-free Wi-Fi

Where: Available in airports, trains,

convenience stores, and cafes throughout Japan

How: Install the app and register with the app.



FREESPOT

Where: About 14,000 spots in Japan

How: Select SSID "frespot=SecurityPassword(AES)" and enter the password "frespot". After you successfully connected to FREESPOT, register your device by following the instructions on the screen of the web browser. (SSID may vary from place to place.)



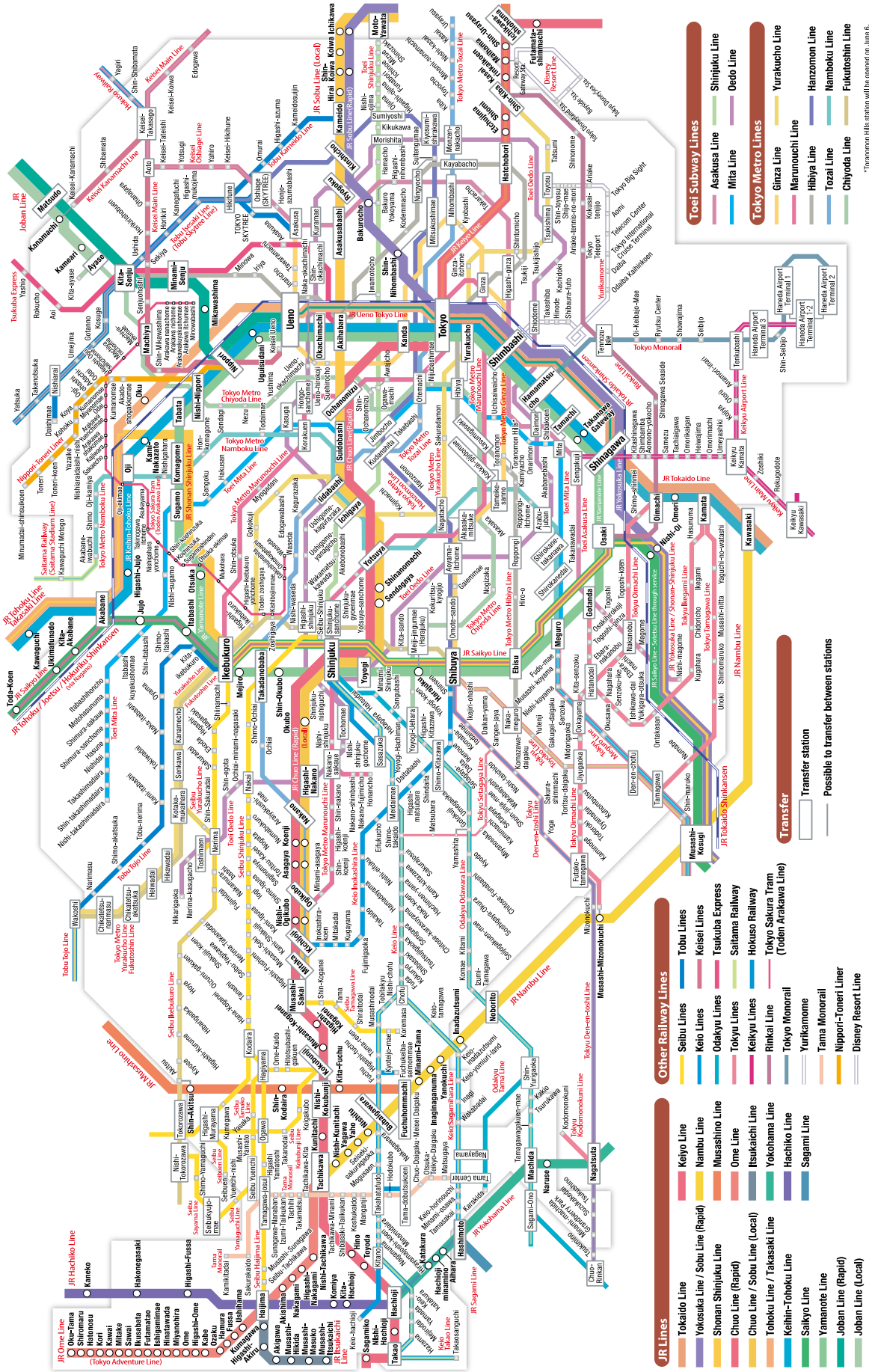
Metro Free Wi-Fi + Toei Subway Free Wi-Fi

Where: 210 subway stations in Tokyo

How: Select the "Metro_Free_Wi-Fi" or "Toei_Subway_Free_Wi-Fi" SSID, launch your web browser, and follow the instructions on the screen (you will be required to register your e-mail address), and you will be connected to the internet.



Tokyo Railway Network Map





Information

Tokyo Tourist Information Center

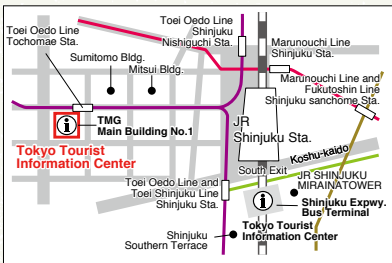
We provide sightseeing information, transportation tips,
and can offer accommodation recommendations.

Need a map? Feel free to drop by!



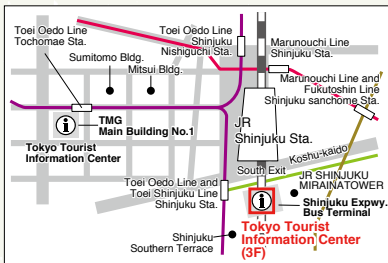
Tokyo Metropolitan Government Main Building No.1, 1F

📍 2-8-1 Nishi Shinjuku, Shinjuku-ku, Tokyo
🕒 9:30~18:30
(Closed for the year-end &
new year season and inspection days)
☎ 03-5321-3077



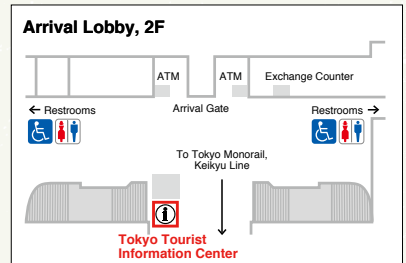
Busta Shinjuku Shinjuku Expressway Bus Terminal, 3F

📍 5-24-55 Sendagaya, Shibuya-ku, Tokyo
🕒 6:30~23:00 (Open 365 days a year)
☎ 03-6274-8192



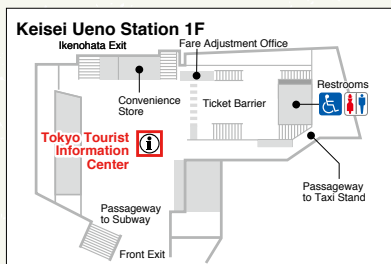
Haneda Airport Terminal 3, 2F

📍 2-6-5 Hanedakuko, Ota-ku, Tokyo
🕒 Open 24 hours (365 days a year)
☎ 03-6428-0653



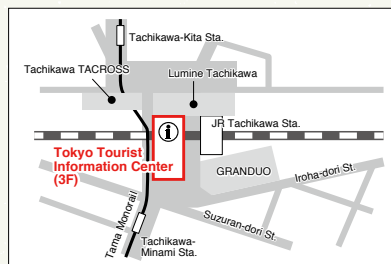
Keisei Ueno In front of the ticket gate

📍 1-60 Ueno Koen, Taito-ku, Tokyo
🕒 8:00~18:30 (Open 365 days a year)
☎ 03-3836-3471



Tama ecute Tachikawa, 3F

📍 3-1-1 Shibasaki-cho, Tachikawa-shi, Tokyo
🕒 Monday through Saturday 10:00~21:30
Sundays and public holidays 10:00~21:00
(open 365 days a year)
☎ 042-527-8611



Related sites

GO TOKYO

<https://www.gotokyo.org/en/>
The official Tokyo travel guide



Olympic and Paralympic Games Tokyo 2020

<https://tokyo2020.org/en/>



Bureau of Olympic and Paralympic Games Tokyo 2020 Preparation

<https://www.2020games.metro.tokyo.lg.jp/eng/>



JAPAN SPORTS JOURNEY

<https://www.sportsjourney.jp/en/>

Information for foreign visitors on
sightseeing and sporting events in
Tokyo and around Japan



Tokyo Tokyo

<https://tokyotokyo.jp/>

Official website of the
Tokyo brand icon



TAMASHIMA.tokyo

<https://tamashima.tokyo/en/>

Information site for the Tama
area and the islands of Tokyo



EAT Tokyo

<https://www.menu-tokyo.jp/menu/>

Your gateway to the cuisine of Tokyo



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