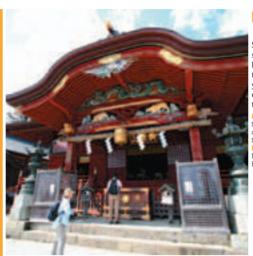


# Mt. Mitake

Historically revered, the sacred Mt. Mitake towers 929m above the entrance to Chichibu-Tama-Kai Nationa Park. The peak offers views of the high rise district of central Tokyo, Mount Tsukuba, Boso Peninsula, and the Yokohama Landmark Tower. Easy access to a treasure trove of wild birds, insects, and plant life makes it



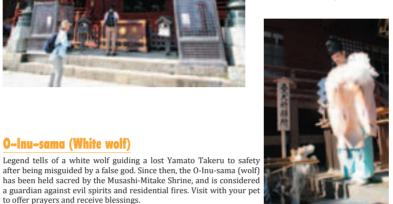
O-Inu-sama (White wolf)

#### Musashi Mitake Shrine

eated at the peak of Mt. Mitake, this shrine is dedicated to the temple built treasure hall within.

ss: Go to Mitake station on the JR Ome Line insfer to Nishi Tokyo Bus toward Cable-shita and sembark at the last stop. Take the cable car to the power of the cable car to the one: 0428-78-8500 Hours: 9:30-16:30 Holione: (Treasure Hall is closed weekdays) Admisee (¥300 for Treasure Hall entry)

by Buddhist priest Gyōki in ĥonor of the mountain deity Zao Gongen in the year 736. National treasures and other objects of interest are on display at the



Cable Car(Mitake—Tozan Railway)

Departing Takimoto station, the cable car gains 407m of elevation over a distance of 1,107m, to arrive at Mitake-san station in six minutes. The average grade is 22 degrees with a maximum grade of 25 degrees, and is the steepest climb in the Kanto area. Average temperature is 6°C lower than downtown Tokyo, a refreshing summer respite.

Cosyo, a Terriesting summer respires.

Cosess: Miake station on the IR Ome Line, transfer to Nishiokyo Bus toward Cable-shita and disembark at the last stop, allk 2 min. Address: Ome City Mitake 2-483 Phone: 0428-78-121 Hours: 7:30-18:30 Fare: Adult one-way V590, round-trip V560 Parding: Car: 132 hourly fees apply), Bus: 2 (V2,500 per day)

# Mt. Mitake Shopping Street

**Renge-Shoma Flowers** 

Renge-shoma flowers are perennials of the

Ranunculaceae, or buttercup family, and are

native to deciduous forests on the Pacific side

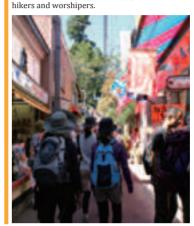
of Japan. Delicate pearly flowers of 3-4 cm

length adorn the slender stems of 50,000 plants

of Mt. Mitake. The Mitake-san Renge-shoma Festival takes place between late-July and mid-September, and offers a large array of events. Access: Mitake station, JR Ome Line, transfer to Nishi-Tokyo Bus toward Cable-shita and disembark at the last stop. Take the cable car to the top, walk 2 min. Phone Number: 0428-78-9363 (Mitake Visitor Center)

(False Anemone)

Located at the entrance gate of Musashi-Mitake Shrine, this shopping area is popular with both



902m high Mt. Hinode offers a broad vista of Okutama, the Chichibu mountain range, and the Kanto Plain. A one hour walk from the top of Mt. Mitake, the ridgeline also offers access to Yoshino Baigo (Plum Village).

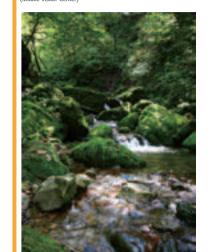
ess: One hour from Mt. Mitake cable car station Phone: 0428 78-9363 (Mitake Visitor Center) Parking: Use Mitake Cable Car pay



#### Rock Garden

The Rock Garden covers a 1.5km expanse between Nanayo-no-taki Falls and Ayahiro-notaki Falls. Small and large formations such as the Tengu (goblin) Rock scatter the area, and a crystal clear stream weaves between mosscovered stones leading into a magical world of valleys. The close vicinity to the cable car station and easy walk make this one of the most popular hiking courses of Mt. Mitake.

Access: Mitake station on the JR Ome Line, change to Nishi-Tokyo Bus toward Cable-shita and disembark at the last stop. Take the cable car to the top, 3 hour round trip hike. Phone: 0428-78-9363 (Mitake Visitor Center)



The municipal Visitor Center provides information and advice on how best to experience the local hiking trails, and lush nature. Various exhibits are on display, giving children a fun chance to learn more about the environment. Drop by the center to find

about experience programs and classes.

Access: Mitake station on the JR Ome Line, change to Nishi-Tokyo Bus toward Cable-shita and disembark at the last stop. Take the cable car to the top, walk 15 minutes. Address: Ome City Mitake-san 38-5 Phone Number: 0428-78-9363 (Mitake Visitor Center) Hours: 9:00-16:30 Holidays: Monday (Tues. if Mon. national holiday), New Year holidays Address for Enablasis. Mone Backless: None.

Kotobukiya Momijiya

**☎** 0428-78-8475 Takaratei Honten

**2** 0428-78-8478 Tenbo Shokudo

Kameya

Korisan

**2** 0428-78-8570 ☎ 0428-78-8570 **2** 0428-78-8111

Favorites'

**2** 0428-78-9298

**☎** 0428-78-8703

Takaratei Shiten **2** 0428-78-8450

# Yoshino Baigo (Plum Village) Kasumi-Kyuryo Hill Iwakura-Onsen Hot Springs

On the doortsen of the Chichibu-Tama-Kai National Park, this area is one of the easiest nature-rich spots to reach from downtown Tokyo. Due to an unfortunate outbreak of tree disease in 2009, many of the plums trees have been removed. The area is currently working hard to regain their heritage

Address: Ome City Baigo Phone: 0428-20-0011 (Ome Tourist Information)



#### **Ome Kimono Museum**

■ Mαρ:C-3

The Kimono Museum preserves the heart and beauty representing it's cultural heritage. The collection holds kimonos worn by the imperial family court nobles, townspeople, bridal kimonos and more.

ess: 15 min walk from Hinatawada station, JR Ome ine, or take the city bus from Ome station toward oshino and disembark at Yoshino Baigo, walk 3 min. Address: Ome City Baigo 4-629 Phone: 0428-76-2019 Hours: 10:00-16:00 Holidays: Mon-Thurs (Closed Dec-Jan.), open all March Admission: Adult: V800 Child: V500 (Call 03-3821-2341 for group reservations)

#### Yoshikawa Eiji Memorial ■Map:C-3 A literary master held dear to the hearts of Ome residents, Yoshikawa Eiji once resided in this mansion which he named Soshido, or

'Lawn of Thought". Approximately 300 papers including manuscripts, books, documents, and letters have been preserved as they were left. ccess: 15 min walk from Futamatao station, JR Ome Line Access: 15 min walk from Futamatao station, IR Ome Line, or from Ome station take the city bus toward Yoshino and disembark at Yugi. Address: Ome City Yugi-machi 1-1011 Phone: 0428-76-1575 Hours: 10:00-17:00 (entrance closes 16:30) Months open: March 1 to June 1, Sep. 2 to Nov. 30 Halilalys: Monday (Tues. if Mon. national holiday) Admission: Adult: V500 Student: V400 Elementary age: V300



#### Ome Plum Park ■ Mαρ:D-3

A must see for visitors to Yoshino Baigo plum village, the cozy park symbolizes the local heritage. Due to previous tree disease, all plum trees are presently removed. In their place eve-catching local flora such as field nustard, wintersweet, adonis, and Japanese narcissus cover the slopes vith their blossoms in the spring.

cess: 15 min walk from Hinatawada station, JR Ome ine, or from Ome station take the city bus toward foshino, disembark at Yoshino Baigo and walk a minutes. Address: Ome City Baigo 4-527 Phone: 0428

# **Shiofune-Kannon Temple** Kasumi-Kyuryo Hill



Shiofune-Kannon Temple = Map:F-2 Dubbed the temple of "flowers and history" Shiofune-Kannon is surrounded by a one-thousand year-old cedar grove. Springtime eveals a dazzling assortment of 20,000 azaleas n bloom during April and May. Seasonal blooms

also include hydrangeas and cosmos. also include nyurangeas and cosmos.

Aceass: 40 m walk from Higashi-Ome station, JR Ome Line, or embark from Ome station on the city bus toward Shiofune-Kannon or Urajuku-cho (alternately, take the Nishi Tokyo bus towards Ozaku-Higashi-guchi), disembark at Shiofune-Kannon Iriguchi, walk 10 min. Address: Ome City Shiofune 194 Phone: 0428-22-6677 Admission-Free (V300 during the Azalea Festival) Parking: Free (V700 during the Azalea Festival)

#### Fukiage-shobu (iris) Park 100,000 Japanese irises of 216 varieties begin

bloom in June to cover this 2.1 hectare park. Park paths are well-groomed providing easy wheelchair

Access: 15 Initi Main (not nigositi-Orine Sador), in Orie Line, of enhance in Ching (mark) but toward Shiofune-Kannon or Urajuku-machi and disembark at Fukiage-Shobu Iriguchi. Address: Ome City Fukiage 425 Phone: 0428-22-1111 Holiday: Wednesday, and Dec. to Feb. open all days during Iris Festival) Hours: 9:00-17:00 Admission:Free (Adult: 1/200, elementary age free during the Iris Festival) Parking: Free (V400 during the Iris Festival) Capacity: Car:56, Handicapped:5, Bus:2





Kasumi-Kyuryo Hills Hiking Course

■ Mαρ:F-2 Geared to the novice hiker, this trail will take you for a stroll along the ridgeline leading from the Kasumi Kyuryo Nature Park (Shiofune-Kannon Temple) to Iwakura-Onsen Hot Springs. coess: Take the Seibu bus toward Hanno (alternately take the ry bus toward Nariki-Kannon) from Higashi-Ome station on the Ome Line, and disembark at Iwakura Onsen. Parking: None



#### Iwakura-Onsen Hot Springs = Map:F-2

A historical site recognized by Ome city for its place in the Yamato Takeru legend. The hot spring water is reputed to leave your skin smooth and beautiful.

Access: Take the Seibu bus toward Hanno (alternately take the city bus toward Nariki-Kannon) from Higashi-Ome station on the JR Ome Line, and disembark at wakura Onsen for a 2 minute walk. Address: Ome City Osoki 5-3158 Parking: 5 cars



A peppering of classic film billboards and retro architecture give a taste of post-war era Japan. Enjoy a rest from the fast-paced city in this nostalgic town center.

**Showa Retro-Sankan Museums** Three museum admission: Adult ¥800 Child: ¥450



#### 🛁 Ome Akatsuka–Fujio Kaikan **Memorial Hall**

Discover everything about Akatsuka Fujio, creator of the famous manga Tensai-Bakabon. Here you will find extensive displays of sketches and merchandise.

Access: 5 min walk from Ome station, JR Ome Line Address: Ome City Sumie-cho 66 Phone: 0428-20-0355 Holiday: Monday (Tues. if Mon. national holiday) New Year holidays Hours: 10:00-17:00 Admission: Adult: V450, elementary/middle school: V250 Groups of 10 or more: Adult: V350, elementary/middle school: V200 Parking: None (pay-parking closeby)



#### **Showa Retro Packaging Museum**

Toys and products from the Showa era provide insight to Japan's bygone days of the 1950's and 60's.

ess: 5 min walk from Ome station, JR Ome Line Ad City Sumie-cho 65 Phone: 0428-20-0355 Holiday: Monday (Tues. if Mon. national holiday) New Year holidays Mours: 10:00-17:00 Admission: Adult: ¥350, elementary/middle school: ¥200 Groups of 10 or more: Adult: ¥300, elementary/middle school: ¥150 Parking: None (pay-parking closeby)



#### Showa Gento-kan Museum ■Map:6-3 Displaying dioramas of Showa era life, and movie billboards from the period.

Access: 5 min walk from Ome station, JR Ome Line Address: Ome City Sumie-cho 9 Phone: 0428-20-0355 Holiday: Monday (Tues. if Mon. national holiday) New Year holidays Mours: 10:00-17:00 Admission: Adult: Y250, elementary/middle school: Y150 Groups of 10 or more: Adult: Y200, elementary/middle school: Y100 Parking: None (pay-parking closeby)

#### Ome Kyuryo Hiking Course ■Map:6-3 The most beloved hiking trail in the city, this trail departs Ome station, and offers multiple

exit points so trekkers may adjust hiking length to their skill level.

Access: 15 min walk from Ome station, JR Ome Line Trail head and end: Honcho to Futamatao Phone: 0428-24-2481 Parking None (pay-parking closeby)





The most magnificent valleys of the Chichibu-Tama-Kai National Park, the Mitake Gorge has been placed in the Top 100 Exquisite and Well Conserved Waters of Japan by the Ministry of the Environment. Well known as a kayaking mecca, youth flock from across Japan for it's watersports. The gorge is also dotted with art museums, cafes, and memorials easily explorable from the riverside walking path.



Ozawa Sake Brewery Tours are available of the traditional Sawanoi sake brewery. Below the brewery is an outdoor riverside garden restaurant serving hand-made tofu and Japanese snacks. The perfect place to relax and sample traditional Japan. ess: 3 minute walk from Sawai station Phone: 0428-78-8210

Monday (Tues. if Mon. is a holiday)



Focused on traditional hair ornaments and combs from the Edo to Showa era, 400 seasonal exhibits include lip totes, purses, wigs, and calligraphy brush cases. The viewing hall provides a breathtaking overlook of the Tama

ccess: 10 min walk from Sawai station, JR Ome Line, or take the city bus from

Access: 10 min walk from Sawai station, JR Ome Line, or take the city bus from Ome station towards Cyokudo Art Museum and disembark at Kushi-Kanzash Museum (Saturdays only) Address: Ome City Yugimachi 3-764-1 Phone: 0428-77-7051 Hollday: Monday (Tues. if Mon. national holiday) New Year holidays Hours: 10:00-16:30 Admission: Adult: 9600, student: ¥500 elementary: ¥300 Par



yokudo Art Museum

Exhibits of modern master Gyokudo Kawai's art portraying the Okutama area, and a recreation of his studio are held on permanent display. cess: 3 min walk from Mitake station, JR Ome Line, or take the city

Access: 3 min walk from Mitake station, JR Ome Line, or take the city bus from Ome station towards Cyokudo Aft Museum and disembark at Gyokudo-Bijutsukan (Saturdays only) Address: Ome City Mitake 1-75 Phone: 0428-78-8335 Holiday: Monday (Tues. if Mon. national holiday) New Year holidays Hours: 10:00-16:00 Admission: Adult: V500, student: V400 elementary: V200

# **Mitake Culture Center**

Moρ:β-3 Situated at the main point of access to the Mitake area, the center offers tourist information, and space available for cultural exchanges, or sports and recreation events. The center also provides storage space for 100 kayaks, and is equipped

with showers for watersport enthusiasts.

Access: 1 minute wulk from Mitake station Phone: 0428-79-0720
Haliday; Every 3rd Monday (Tues. if Mon. is a holiday), Dec. 29th-Jan. 3rd



Closes at 16:00 during Dec. to March

Closed Mondays (P)

**Mitake Gorge Walking Path** 

Starting just below Sawai station, this 4 km path follows the river upstream on both sides to end above Mitake station. Simple

to navigate, the path offers stunning river

views in all seasons, and easy access to the Ozawa Sake Brewery, Mitake Art Museum, Gyokudo Art Museum, and Kushi-Kanzashi

cess: 1 minute walk from Mitake station

Museum.

#### Tamashin Mitake Art Museum

Exhibits by the prominent modern artist Asai Chū of the Meiji era, and other pieces from Mori Hagiwara, Kotaro Takamura and Auguste Rodin

are on permanent display. Access: 18 min walk from Mitake station, JR Ome Line Add Ome City Mitake-honcho 1-1 Phone Number: 0428-78-8814 Hol

Monday (Tues. if Mon. national holiday) New Year holidays and during exhibit changes Hours:

Apr.-Oct. 10:00-16:30, Nov.-Mar. 10:00-16:00 Admission: Adult: ¥500, High school/University ¥400. Middle/elementary school:



### Mitake Gorge Trail Map

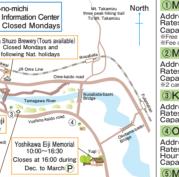
《Approximate walking times》 Mitake sta. to Sawai sta. (30 min) Mitake sta. to Seseragi-no-sato Museum (30 min) Mitake sta to Kamiji-bashi to Takimoto sta. (50 min) Kamiji-bashi to Mitake Shrine (2 hr 20 min) Mitake sta. to Ikusabata sta (1 hr)

\*Collecting flora and fauna is prohibited in National Parks

Trail P Bus stop n Rest area P Parking Post office WC Toilets Road sign

Seseragi-no-sato Museum 10:00~17:00 Closed Mondays P Shizen-Yaso-en parking P Okutama Fishing Closed Dec. mid March

Mitake Culture Center Mitake-enchi Gyokudo Museum



#### 1) Mitake-Enchi Parking

Address: Ome City Mitake 1-190-3 Rates: ¥100 per hour (maximum ¥800) Capacity: 50 cars, 2 handicapped, no buses #Free parking up to 30 min. #Hourly rates apply after 30 min #Fee collection during March 1st to Nov. 30th 2 Mitake 1 chome Parking

Address: Ome City Mitake 1-3-4
Rates: Free
Capacity: 3 buses, motorcycle available, no cars, no handicapped

3Kanzanji Temple Parking

Address: Ome City Yugimachi 3-794
Rates: Free
Capacity: 48 cars, 2 handicapped, no buses 4 Ome Yugi-enchi Parking Lot

Address: Ome City Yugimachi 3-643
Rates: Free
07:00-19:00 (Mar-Nov) 07:00-18:00 (Dec-Feb)
Capacity: Car:9 Bus:5 Handicapped:1

**5**Mitake-honcho Parking

# Kongoji Temple

Standing encircled by stone pillars in the courtyard is the ancient "Plum Tree of Masakado's Oath", it was this tree that rought about the name of Ome city. The tree still blossoms and grows fruit to this day.

ccess: 15 min walk from Ome station, JR Ome Line Address Ime City Amagase-cho 1032 Phone: 0428-22-2554

# Ome Municipal Art Museum ■Map:6-3

The museum centers upon post-war exhibits of leading artists from the Independent Art Association and includes a wide array of progressive pieces from the Taisho era to present day. 2,000 pieces are on permanent display, augmented by regular art exhibitions and contests. Space is also available for art club exhibitions.

ess: 6 min walk from Ome station, JR Ome Line Address: Ome City Takinoue 1346 Phone: 0428-24-1195 Holiday: Monday (Tues. if Mon. national holiday) New Year holidays, and during exhibit changes Hours: 9:00-17:00 Admission: Adult: ¥200, Middle/elementary school: ¥50 (special



# **Ome Municipal Museum of Provincial**

Located within Kamanofuchi Park, the museum was established to consolidate and preserve valuable nunicipal cultural assets. Adjacent is the Miyasaki family traditional house. ess: 15 min walk from Ome station, JR Ome Line, or take the city

us towards Komakicho Kannon and disembark at Kyodo-Hakubutsukan o walk 5 min. Address: Ome City Komaki-cho 1-68 Phone: 0428-23-859 Holiday; Monday (Tues: if Mon. national holiday) New Year holidays ours: 9:00-17:00, Miyasaki house 9:00-16:30 Admission: Free

### Kamanofuchi Park

Lined with cherry trees, this lush green park is located on the bank of the Tamagawa river. A popular destination in the summer for families and

Access: 15 min walk from Ome station, JR Ome Line, or take the city bus towards Komakicho Kannon and disembark at Kyodo-Hakubutsukan to walk 5 min. Address: Ome City Oyana-cho 1392 Phone Rumber: 0428-22-1111 (park admin) Parking: 100 cars (paid&free combined)





#### **Ome Railway Park** The park boasts a large collection of steam engines

and cars, while educational and informational dioramas and exhibits can be found inside the nemorial building.

cess: 15 min walk from Ome station, JR Ome Line Address: Ome City atsunuma 2-155 <mark>Phone:</mark> 0428-22-4678 <mark>Hours:</mark> Mar-Oct 10:00-17:00 ov-Feb 10:00-16:00 <mark>Holiday:</mark> Monday (Tues. if Mon. national holiday) w Year holidays Parking: 30 cars

# **Ome Station**

**■**Μαρ:€-3 Reflecting the Showa-era town atmosphere, this retro train station retains the spirit of Japan in the 1950s and 1960s

ess: Ome station, JR Ome Line Address: Ome City Honcho 192 Phone Number: 050-2016-1600 Admission: Train ticket purchase necessary Parking: None (pay parking closeby)



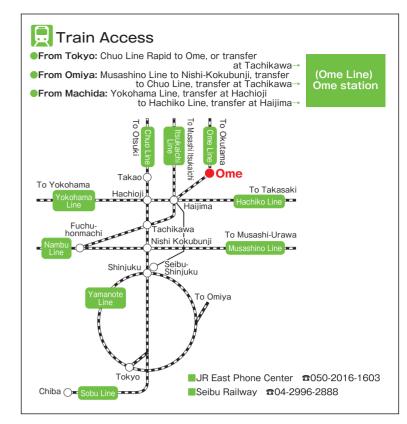
# Accomodation

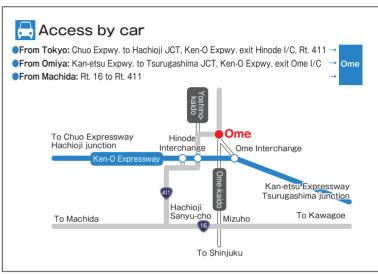
Hotel	Phone	Capacity	Average Rate	Lunch	Bath only	Credit card	Wi-Fi
Akiyama-so	0428-78-8463	20	From ¥8,640	By Reservation	×	×	0
Ikoisan-so	0428-78-8566	60	From ¥8,840	By Reservation	By Reservation	0	0
Utsuboya-so	0428-78-8462	30	From ¥8,640	By Reservation	×	×	×
Katayanagi-so	0428-78-8461	40	From ¥8,640	×	×	×	×
Higashibaba	0428-78-8446	15	From ¥8,640	×	×	×	×
Komadori Sanso	0428-78-8472	60	From ¥8,640	×	×	0	0
Sanraku-so	0428-78-8439	45	From ¥9,180	By Reservation	By Reservation	×	0
Sanko-so	0428-78-8476	60	From ¥10,500	0	0	×	0
Seizan-so	0428-78-8445	40	From ¥8,640	×	×	×	0
Takana-so	0428-78-8596	50	From ¥8,800	×	×	×	×
Tonari-so	0428-78-8447	40	From ¥8,640	By Reservation	0	×	0
Nishisuzakibou Kuraya	0428-78-8473	30	From ¥9,720	Inquire	×	×	0
Nobori	0428-78-8443	30	From ¥8,640	By Reservation	By Reservation	0	0
Harashima-so	0428-78-8973	40	From ¥8,640	By Reservation	×	×	0
Fujimoto-so	0428-78-8464	40	From ¥8,800	By Reservation	By Reservation	×	0
Houjukaku	0428-78-8448	40	From ¥9,700	×	×	0	×
Machikubota	0428-78-9039	30	From ¥8,640	×	×	×	×
Machiya	0428-78-8426	25	From ¥8,640	×	×	×	×
Maruyama-so	0428-78-8441	60	From ¥8,640	By Reservation	×	×	×
Mitake Sanso	0428-78-8474	70	From ¥10,000	×	×	×	0
Nanzan-so	0428-78-8449	50	From ¥9,720	By Reservation	×	Some Accepted	0
Hananoyado Yamanaka	0428-74-8442	20	From ¥12,800	×	×	×	×
Reiun-so	0428-78-8501	35	From ¥8,640	×	×	0	0
Kajikaen	0428-78-8218	60	From ¥10,890	×	×	×	×
Ryokan Ginsuzu	0428-78-8336	30	From ¥10,800	0	×	×	×
Minshuku Okabe	0428-78-8553	15	From ¥6,930	×	×	×	×
Ekimae Yamagoya A-Yard	0428-74-9453	28	From ¥4,000	×	×	0	0
Seiryunoyado Okutamaji	0428-78-9711	90	From ¥13,000	Lunch from 11:30 to 14:00	Bath is open from 11:00 to 14:00	0	Wifi available in lobby
Kanpo No Yado Ome	0428-23-1171	200	From ¥10,800	0	0	0	0
Mamadaya	0428-74-4221	35	From ¥13,800	By Reservation	By Reservation	×	0
Kawamura	0428-74-5305	60	From ¥15,750	By Reservation	By Reservation	×	×
Shisuikan	0428-74-6868	45	From ¥10,800	By Reservation	0	×	0
Minshuku Yamajo	0428-74-6441	11	From ¥8,000	×	×	×	×
Ihei	0428-74-4148	20	From ¥8,000	×	×	×	×
Comfesta Kabe	0428-22-5311	64	From ¥4,800	×	×	0	0

Attention: The above per-person rates are based upon off season weekday, 2 person/1room, including breakfast, dinner and tax. Rates may change without notice

Rates are subject to change during seasons, and depending upon party size. Please contact hotels for further

# Information





#### **Tourism Information**

<b>2</b> 0428-20-0011
<b>23</b> 0428-24-2481
<b>23</b> 0428-24-3400
<b>23</b> 0428-22-1111
24-2100

Tourism Bureau http://www.omekanko.gr.jp/

Institute of Ome Municipal Tourism Bureau Higashi-Ome Center Bl. 3 Fl. Ome City, Ome 1-2-5, Tokyo 198-0042 ☎0428-24-2481

# **Activities**

#### River Tour Operators

Kayaking

1. Gravity Address: Ome City Yugimachi 3-787-9 Phone: 0428-76-0981

Rafting, kayaking, canoeing

2. Mitake Rafting Tours and **Canoe Lessons** 

Address: Ome City Mitake-Honcho 265 Phone: 0428-79-7227

3. Tamagawa Rafting Winds Address: Ome City Yugimachi 2-411-1 Phone: 0428-85-9210

Hydro speed, rafting

4. Forest & Water Address: Ome City Wadamachi 2-59 Phone: 0428-74-9470

Canyoning, rafting

5. Big Wave Ome Base

Address: Ome City Tomioka 3-1676-2 Phone: 0428-74-9100

Rafting

6. Okutama Rafting Address: Ome City Osoki 3-1676-2 Phone: 0428-74-9007

7. Okutama Crusoe rafting

Address: Ome City Baigo 3-921-6 Phone: 0428-74-9386

Other Outdoor Experiences

1. Aizome Kobo Kosoen Address: Ome City Nagabuchi8-200 Phone: 0428-24-8121

Glass art

2. Ruriiro Kobo Address: Ome City Futamatao 2-738-5 Phone: 0428-78-9672

Barbequeing

3. Renagado Akatombo Address: Ome City Sawai 1-403 Phone: 0428-78-8352

■JA Nishi Tokyo Kasumi Market ☎0428-31-1115

# Hand-painted Yuzen Dyeing

4. Koshihara Kimono Workshop

Viewing tours of workshop and display room available by Address: Ome City Yugimachi 2-389-1 Phone: 0428-76-2836

5. Woodwork Atelier Nire Address: Ome City Mitake-honcho 401-8 Phone: 090-4910-6289

Cycling

6. Trekkling

Address: Nishitama-gun Okutamamachi Hikawa 197 Phone: 0428-

Fishing (Created within the Tamagawa river)

7. Okutama Fishing Center

Address: Ome City Mitake 2-333 Phone: 0428-78-8393

Facilities offering day hot springs

Hot Springs only

1. Kabe Onsen Ume-no-Yu Address: Ome City Kabe-machi 10-8-1 Kabe Town Bl. 5th&6th fl. Phone: 0428-20-1026

2. Iwakura Onsen Kawamura

Address: Ome City Tomioka 3-1055-2 Phone: 0428-74-5305

Address: Ome City Osoki 5-3140 Phone: 0428-74-4221

4. Iwakura Onsen Shisuikan

3. Iwakura Onsen Mamadaya

Address: Ome City Osoki 1-3466-2 Phone: 0428-74-6868

Day access 11:00 to 14:00

5. Ishigami Onsen Okutamaji Address: Ome City Futamatao 2-371 Phone: 0428-78-9711

Offers day access

6. Kanpo no Yado Ome

Address: Ome City Komaki-cho 3-668-2 Phone: 0428-23-1171

7. Ryokan Ginsuzu Address: Ome City Mitake-honcho 177 Phone: 0428-78-8336

Ome City Shinmachi 2-28-19

Day Bath	Kabe Onsen Ume no Yu	☎0428-20-1026	Rate per adult ¥860	Natural hot springs for the whole family to relax in, just by the station for convenience.				
Pick-Your-Own Farms and Farmers Markets  Ome is home to various farms where you can enjoy seasonal fruit and mushroom picking.								
Berry Cottage		☎0428-31-3810		Ome City Shinmachi 2-11-5				
Uchinuma Mushrooms		☎0428-74-4528		Ome City Nariki 1-90				
Kubota Noen (Blueberries)		<b>☎</b> 0428-74-6563		Ome City Nariki 1-104				
Yoshinoen Blu	eberry Picking			Ome City Shinmachi 3-56-3				
Yoshinaga Pears		☎0428-31-5087 (R	Reservation only)	Ome City Imai 1-467				
Nomura Persimmons		☎0428-22-9665		Ome City Nagabuchi 2-491				
JA Nishi Tokyo Green Center		<b>☎</b> 0428-76-1325		Ome City Baigo 3-930-1				

