



# TOKYO MUSLIM

Travelers' Guide 2022-2023

Pray • Eat • Shop • Stay



Welcome to TOKYO!







# Welcome to Tokyo!

The Tokyo Muslim Travelers' Guide is designed to make your visit to Tokyo as comfortable, enjoyable, and meaningful as possible. The restaurants, lodgings, places of worship, and shops in this guide do their utmost to accommodate the lifestyles and customs of Muslim guests. This guide also presents you with opportunities to experience Japan's traditional culture and cuisine. Even establishments which primarily cater to Japanese customers are often able to accommodate the needs of Muslims. Staff may be able to make changes such as menu substitutions, so please feel free to ask if you need anything at all. We wish you, our Muslim friends, an enjoyable and truly memorable stay in Tokyo!

enjoyable, and meaningful as possible. The restaurants, lodgings, places of worship, and shops in this guide do their utmost to accommodate the lifestyles and customs of Muslim guests. This guide also presents you with opportunities to experience Japan's traditional culture and cuisine. Even establishments which primarily cater to Japanese customers are often able to accommodate the needs of Muslims. Staff may be able to make changes such as menu substitutions, so please feel free to ask if you need anything at all. We wish you, our Muslim friends, an enjoyable and truly memorable stay in Tokyo!

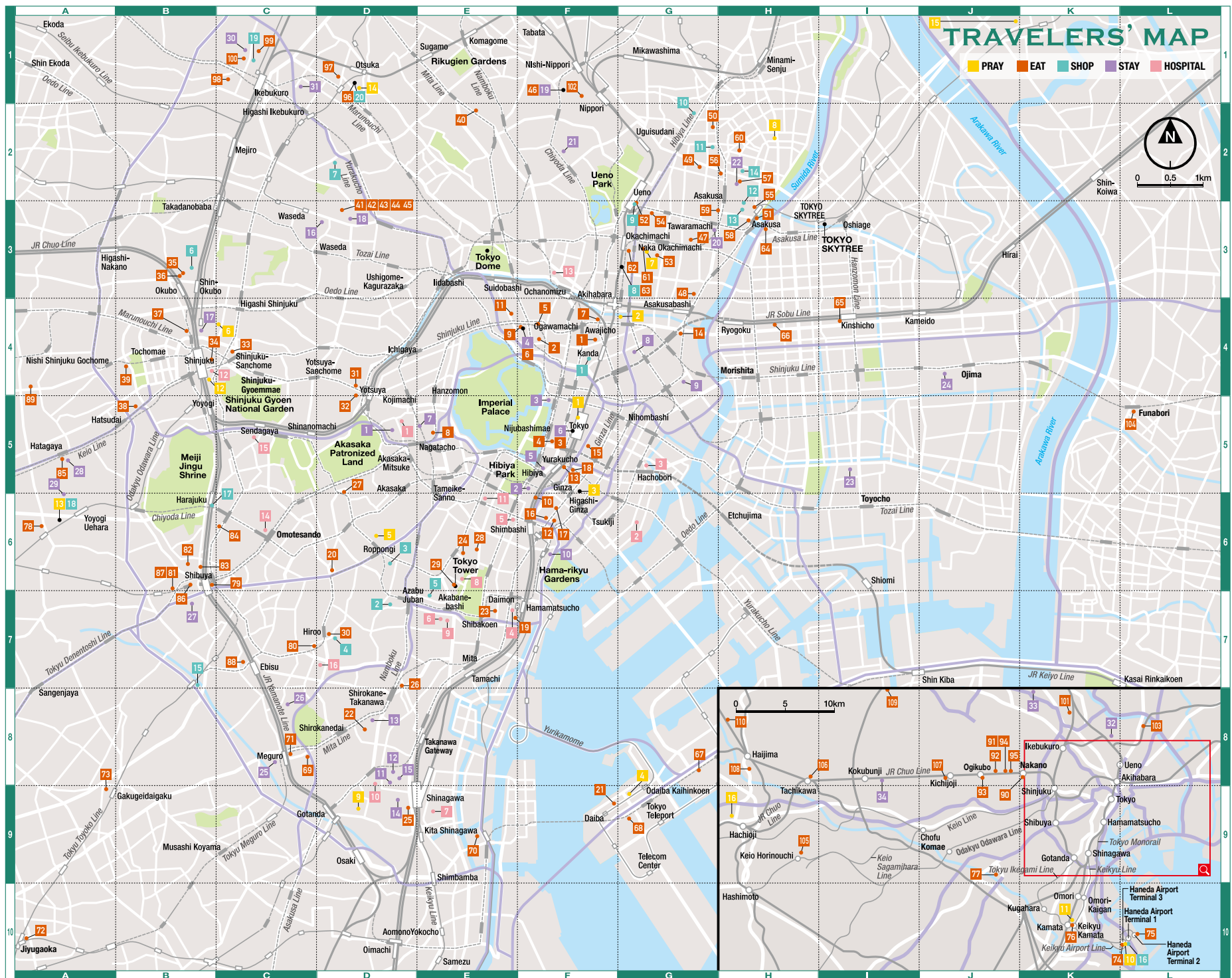
## Icon Guide

Muslim restaurant owner	Muslim staff	Muslim chef(s)	No pork	English assistance available	English menu available	Food ingredients are indicated	Halal-certified meat	Separate kitchens for halal food preparation	Dedicated cooking utensils for halal food	Dedicated cutlery for halal food
Disposable eating utensils provided	Vegetarian dishes available	Pork-free dishes/products available	Alcohol-free dishes/products available	Alcoholic beverages not available	Non-alcoholic beverages available	Alcohol served separately	Halal seasonings used	Private room	Staff with knowledge of Islamic customs	Qibla direction indicated
								<b>Consumption tax</b> Consumption tax at shops, restaurants, etc. is 10%. Please note whether the tax is included in the indicated price depends on the shop and product. Foods and beverages are subject to the reduced tax rate of 8% in some cases. Visit the following website for more information. <a href="http://tax-freeshop.jnto.go.jp/eng/consumption_tax.php">tax-freeshop.jnto.go.jp/eng/consumption_tax.php</a>		
Dedicated area for salat	Items for prayer available on request	Facilities provided for ceremonial cleansing	Dedicated rooms for Muslim guests	Muslim-appropriate rooms can be reserved	Muslim-friendly menu available	Free Wi-Fi	TAX FREE			

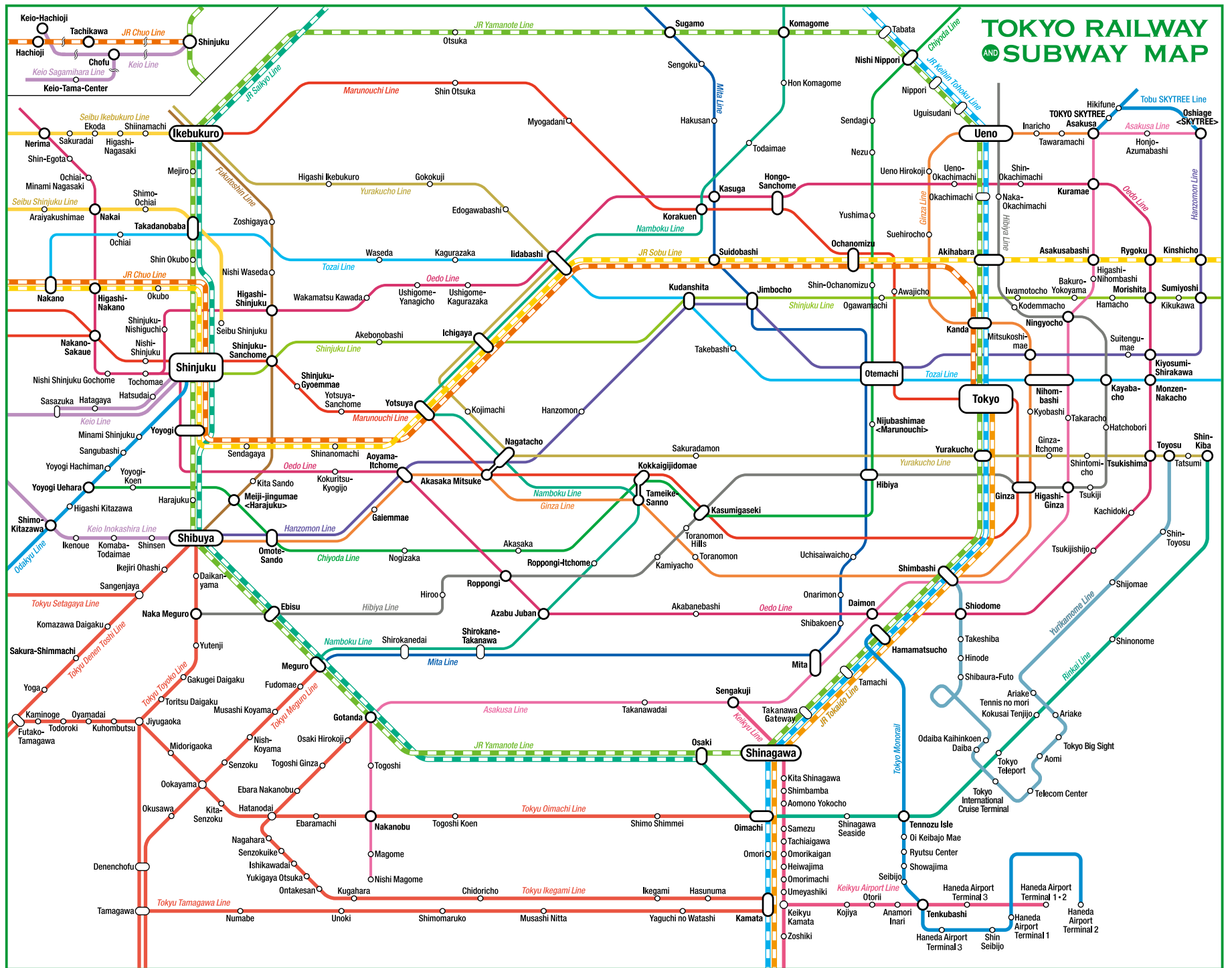
## INDEX

Traveler's Map	03
Train Route Map	05
Japanese Food Travel Tips in Japan	07
Pray	09
Eat	13
Japanese Sweets	41
It's Sushi Time – A Guide to Nigiri-sushi	43
Shop	45
Stay	49
Emergency Response	53
Hospital List of Female Doctor	55
Point and Ask Guide	57











# Dining—JAPANESE FOOD



## Sushi

Sushi is one of the most famous and delicious Japanese dishes. Tokyo has one of the best selections of fresh fish in the world, making it worth to taste.

For details, please check “It’s Sushi Time” in pp. 43–44!



## Tempura

Tempura is made using a batter of flour and water, and usually deep-fried in vegetable oil. Vegetables, fish, and shrimp are common tempura ingredients.



## Soba

Soba is a type of noodle made with buckwheat flour, usually served with a dipping sauce or in soy sauce-based soup. It is a traditional Japanese dish that is often Muslim-friendly.



## Ramen

Generally, ramen consists of wheat noodles, served in a meat or fish-based broth, topped with sliced pork, eggs, etc., but there are a number of restaurants that offer ramen without pork. There are also vegetarian and vegan ramen shops with the indication of ingredients.

## Be Careful!



Many dishes in Japan may contain alcohol (adding a condiment called “mirin”), pork, or gelatin even if not stated on the menu. This includes major Japanese condiments such as soy sauce and soy sauce-based soup, as they may include alcohol. Some restaurants offer a detailed list of ingredients available for reference. Also, some sushi restaurants can make sushi without mirin (a kind of alcohol) upon request.

## Convenience Stores

Some foods contain preservatives and other non-halal ingredients, but there are a variety of affordable and delicious Muslim-friendly options available.



# Tips for Getting by Smoothly in Japan

Exploring a new culture can sometimes be both surprising and frustrating.

To help navigate any potential difficulties, here are some tips for getting around in Japan.

## On the Train

When using public transportation (buses and trains, etc.), avoid speaking loudly or talking on the phone as it may disturb other commuters. Make sure to switch your phone to silent mode. Your phone should be turned off completely if near priority seats when the train is crowded. In inner-city areas, some train cars are reserved for women only during certain hours and days.

## On the Street

Littering, smoking on the street, and smoking while walking are strictly prohibited in certain areas. Throw any trash you may have in the public bins provided, or take it home with you. Smokers should only smoke in designated areas.

## Using Toilets



止 — Stop  
おしり — Wash bottom  
ビデ — Bidet  
乾燥 — Drying function  
大 — Large flush  
小 — Small/eco flush

## Manners in Public



Switch your phone to silent mode



Quiet please



Do not throw rubbish



No smoking

A number of public restrooms feature wheelchair-accessible toilets and diaper changing facilities. Many Western-style toilets in Japan have a toilet seat with bidet functions like Washlet with several buttons and icons. A guide to the main functions can be found on the left.

## Measures for COVID-19

For visitors to enjoy traveling in Tokyo while avoiding transmission risks, measures for avoiding infection or infecting others are important.

Wear a face mask.



Practice social distancing.



Always remember to wash your hands.



Refrain from conversation in public transport.



Enjoy the food and drink more with less talk.



Begin the day with a health check.



Information for protecting yourself and others

<https://www.gotokyo.org/en/plan/coronavirus-information/index.html>





# PRAY

Throughout Tokyo, you'll find several places of worship, from majestic dome-ceilinged mosques to prayer rooms owned and operated by Muslims in Tokyo. They also serve as a place of gathering for Muslims who wish to pray together, as well as an ideal way to meet and share information.



## 1 JR EAST Travel Service Center

東京駅 JR東日本 駅たびコンシェルジュ東京

MAP F-5  
Musalla

**Hours:** 8:30-19:00 (Mon-Fri), 8:30-17:00 (Sat, Sun, holidays)  
**Closed days:** Open 365 days  
**Address:** 1-9-1 Marunouchi, Chiyoda City  
**Access:** Tokyo (JR, Subway)



ACCESS MAP



## 2 Masjid Nusantara-Akihabara

マシジド Nusantara 秋葉原

MAP G-4  
Masjid

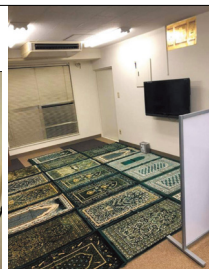
**Hours:** 10:00-19:00  
**Closed days:** Open 365 days  
**Address:** Yamaume Bldg. 5F, 2-17 Kanda-Sudacho, Chiyoda City  
**Access:** Akihabara (JR, Subway, TX)



WEBSITE



ACCESS MAP



## 3 Matsuya Ginza

松屋銀座

MAP F-5  
Musalla

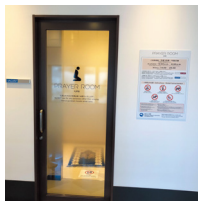
**Hours:** Varies depending on the facility  
**Closed days:** Varies depending on the facility  
**Address:** 3-6-1 Ginza, Chuo City  
**Access:** Ginza (Subway)



WEBSITE



ACCESS MAP



## 4 DECKS Tokyo Beach

デッキス東京ビーチ

MAP G-9  
Musalla

**Hours:** 11:00-21:00  
**Closed days:** No fixed holiday  
**Address:** 1-6-1 Daiba, Minato City  
**Access:** Odaiba-kaihinkoen (Yurikamome)



WEBSITE



ACCESS MAP



## 5 TOKYO MIDTOWN

東京ミッドタウン

MAP D-6  
Musalla

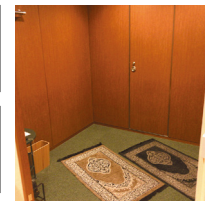
**Hours:** 11:00-21:00  
**Closed days:** Jan. 1  
**Address:** 9-7-1 Akasaka, Minato City  
**Access:** Roppongi (Subway), Nogizaka (Subway)



WEBSITE



ACCESS MAP



## 6 Masjid Al-Ikhlas Kabukicho

マシジドアル=イフラス歌舞伎町

MAP C-4  
Masjid

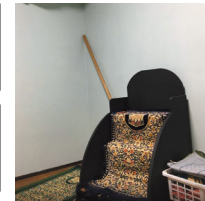
**Hours:** 4:00-22:00  
**Closed days:** Open 365 days  
**Address:** Nakajima Bldg. 1F, 1-3-10 Kabukicho, Shinjuku City  
**Access:** Shinjuku (JR, Subway, Keio, Odakyu)



WEBSITE



ACCESS MAP



## 7 As-Salaam Masjid

アッサラームマシジド

MAP G-3  
Masjid / Musalla

**Hours:** 11:00-21:00  
**Closed days:** Open 365 days  
**Address:** As-Salaam Bldg., 3-10-9 Ueno, Taito City  
**Access:** Okachimachi (JR), Naka-okachimachi (Subway), Shin-okachimachi (Subway, TX), Ueno-okachimachi (Subway), Ueno-hirokoji (Subway)



WEBSITE



ACCESS MAP



## 8 Dar Al-Arqam Masjid

ダール・アル・アルカム マスジド (浅草マスジド)

MAP H-2  
Masjid / Musalla

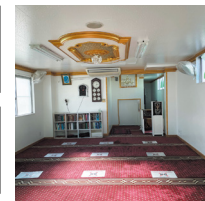
**Hours:** 4:00-23:00  
**Closed days:** Open 365 days  
**Address:** 1-9-12 Higashi-Asakusa, Taito City  
**Access:** Minami-Senju (JR, Subway, TX), Asakusa (Subway, Tobu, TX)



WEBSITE



ACCESS MAP





9
Japan Muslim Association
(Islamic Culture Exchange Center in Japan)
宗教法日本ムスリム協会 (日本イスラーム文化交流会館)
MAP D-9
Masjid / Musalla

03-6277-3561
www.muslim.or.jp

Hours: 10:00-18:00  
Closed days: Sat, Sun  
Address: 3-17-23 Higashi-Gotanda, Shinagawa City  
Access: Gotanda (JR, Subway, Tokyo)

WEBSITE

ACCESS MAP

10
Haneda Airport Terminal 3
羽田空港第3ターミナル
MAP L-10
Musalla

03-5757-8111
https://tokyo-haneda.com

Hours: Open 24 hours  
Closed days: Open 365 days  
Address: 2-6-5 Haneda Airport, Ota City  
Access: Haneda Airport Terminal 3 (Keikyu, Tokyo Monorail)

WEBSITE

ACCESS MAP

11
Kamata Masjid
(社団法人) 蒲田マシジド
MAP K-10
Masjid

080-4004-7786
www.kamatamasjid.com

Hours: 15 min. before Fajr-22:00  
Closed days: Open 365 days  
Address: 5-1-2 Kamata, Ota City  
Access: Kamata (JR, Tokyo)

WEBSITE

ACCESS MAP

12
Takashimaya Shinjuku Store
新宿高島屋
MAP B-4
Musalla

03-5361-1111
www.takashimaya.co.jp/shinjuku/

Hours: 10:30-19:30  
Closed days: Jan. 1  
Address: 5-24-2 Sendagaya, Shibuya City  
Access: Shinjuku (JR, Subway, Keio, Odakyu)

WEBSITE

ACCESS MAP

13
Tokyo Camii & Turkish Culture Center
東京ジャーミイ・トルコ文化センター
MAP A-6
Masjid / Musalla

03-5790-0760
https://tokyocamii.org/

Hours: 10:00-18:00 (Fajr, Zohar, Asar, Maghrib & Isha prayer time open)  
Closed days: Open 365 days  
Address: 1-19 Oyamacho, Shibuya City  
Access: Yoyogi-uehara (Subway, Odakyu)

WEBSITE

ACCESS MAP

14
Masjid Otsuka
マシジド大塚
MAP D-1
Masjid / Musalla

03-3971-5631
www.islam.or.jp/

Hours: Fajr-Isha  
Closed days: Open 365 days  
Address: 3-42-7 Minami-Otsuka, Toshima City  
Access: Otsuka (JR)

WEBSITE

ACCESS MAP

15
Makki Masjid Tokyo
マッキーマシジド東京 (モスク)
MAP J-1
Masjid

03-5670-7426
www.masjid-finder.jp/pray/16/

Hours: Open 24 hours  
Closed days: Open 365 days  
Address: 5-22-14 Yotsugi, Katsushika City  
Access: Ohanajaya (Keisei)  
\* For Men Only

WEBSITE

ACCESS MAP

16
Al Tawheed Masjid Hachioji
ハ王子マシジド
MAP H-9
Masjid

04-2620-5551
www.altawheedmasjidhachioji.jp/

Hours: 9:00-18:00  
Closed days: Open 365 days  
Address: Najido Bldg., 36-6 Hiraokacho, Hachioji City  
Access: Hachioji (JR), Keio-hachioji (Keio)

WEBSITE

ACCESS MAP

## List of prayer spaces in restaurants, shops, lodging facilities, and a hospital

### EAT

Siddique Akihabara Kandasudacho .....P15- **7**  
Siddique Hanzomon .....P15- **8**  
Siddique Jimbocho .....P15- **9**  
SOLEIL HIBIYA OKUROJI .....P15- **10**  
TORKARI JIMBOCHO .....P16- **11**  
Annam Indian Restaurant Ginza.....P16- **12**  
La maison de Cous Cous .....P19- **23**  
Siddique Shinjuku-nishiguchi .....P22- **87**  
Silkroad Tarim Uyghur Restaurant .....P22- **38**  
Takuan Botantei .....P23- **89**  
Tokyo Muslim Restaurant .....P29- **65**  
Tokyo ramen Kumahachi .....P29- **66**  
Indonesian Restaurant CABE MEGURO .....P30- **69**  
KEBAB STAND .....P31- **74**  
Sakura Cafe Hatagaya .....P34- **85**  
INDIAN OVEN .....P35- **89**  
Kebabcafe Ertugrul .....P35- **90**  
BolBol Persian Restaurant in Tokyo .....P36- **91**  
Rumi Persian & Original Indian Restaurant in Tokyo .....P36- **94**

TORKARI KOENJI .....P37- **95**  
Malaychan satu .....P37- **98**  
Egyptian restaurant & cafe SPHINX .....P40- **109**

### SHOP

SPARKLE .....P47- **12**  
T-shirts & Souvenirs SPARKLE .....P47- **16**  
Tokyo Camii Halal Market .....P48- **18**

### STAY

hostel DEN .....P50- **8**  
Grand Prince Hotel Shin Takanawa .....P50- **11**  
Moosa's Guest Room Tokyo .....P51- **24**  
Sakura Hotel HATAGAYA .....P52- **28**  
Sakura House: Shibuya Yoyogi Uehara .....P52- **29**  
Sunshine City Prince Hotel .....P52- **31**  
Wild Cherry Blossom +HOSTEL, TOKYO KOGANEI- .....P52- **34**

### HOSPITAL

Juntendo University Hospital .....P56- **13**



# EAT

Besides the most well-known Japanese foods such as sushi, sashimi, and tempura, Tokyo offers a culinary cornucopia of regional and international dining. Choose any type of restaurant, from casual eateries to long-standing, traditional dining establishments, or even restaurants specializing in your native country's cuisine!



## Muslim Friendly Dining

### 1 Al Mina

アルミナ

☎03-3526-2489  
www.almina-restaurant.com

MAP F-4  
Middle Eastern food



Lunch ¥1,000 Dinner ¥3,500

**Hours:** 11:30–15:00 (L.O. 14:30), 17:30–23:00 (L.O. 22:30) (Mon–Fri), 17:30–23:00 (L.O. 22:30) (Sat, Sun, holidays)

**Closed days:** No fixed holiday

**Address:** Genki Bldg., 2-2-3 Kanda-Tacho, Chiyoda City

**Access:** Kanda (JR, Subway)



WEBSITE



ACCESS MAP



### 2 Bangera's Kitchen Jimbocho

バンゲラズ キッチン 神保町

☎03-3518-9136  
www.bangeras-kitchen.com/en/

MAP F-4  
Asian food



Lunch ¥1,300 Dinner ¥4,000

**Hours:** 11:00–15:00 (L.O. 14:30), 17:00–23:00 (L.O. 22:15)

**Closed days:** Sun, Jan. 1, Varies depending on the facility

**Address:** Terrace Square 1F, 3-22 Kanda-Nishikicho, Chiyoda City

**Access:** Jimbocho (Subway), Takebashi (Subway)



WEBSITE



ACCESS MAP



### 5 Mazulu Halal Beef Noodle

馬子禄牛肉面

☎03-6811-7992  
https://lanzhou-lamian.com/english

MAP F-4  
Ramen



Lunch ¥950 Dinner ¥950

**Hours:** 11:00–15:00, 17:00–20:30

**Closed days:** Open 365 days

**Address:** 1-3-18 Kanda-Jimbocho, Chiyoda City

**Access:** Jimbocho (Subway)



WEBSITE



ACCESS MAP



### 6 Sakura Cafe JIMBOCHO

サクラカフェ神保町

☎03-3261-3939  
www.sakura-cafe.asia/jimbocho/

MAP F-4  
Cafe



Lunch ¥1,000 Dinner ¥1,500

**Hours:** 5:00–21:00

**Closed days:** Open 365 days

**Address:** Sakura Hotel Jimbocho, 2-21-4 Kanda-Jimbocho, Chiyoda City

**Access:** Jimbocho (Subway)



WEBSITE



ACCESS MAP

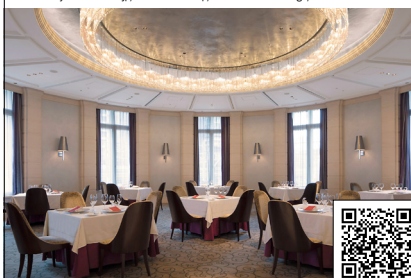


### 3 Blanc Rouge /THE TOKYO STATION HOTEL

ブラン ルージュ/東京ステーションホテル

☎03-5220-0014  
www.thetokyostationhotel.jp/restaurants/shop/restaurant-blanc-rouge/

MAP F-5  
Western food



Lunch ¥12,000 Dinner ¥15,000

**Hours:** 11:30–15:00 (L.O. 14:00), 17:30–22:00 (L.O. 21:00)

**Closed days:** Open 365 days

**Address:** 1-9-1 Marunouchi, Chiyoda City

**Access:** Tokyo (JR, Subway)



WEBSITE



ACCESS MAP



### 4 Maharaja Marunouchi

マハラジャ丸の内

☎03-5221-8271  
www.maharaja-group.com/

MAP F-5  
Indian



Lunch ¥900 Dinner ¥1,500

**Hours:** 11:00–23:00 (L.O. 22:00) (Mon–Fri), 11:00–21:00 (L.O. 20:00) (Sat, Sun, holidays)

**Closed days:** Open 365 days

**Address:** 2-1-1 Marunouchi, Chiyoda City

**Access:** Tokyo (JR, Subway), Nijubashimae (Subway)



WEBSITE



ACCESS MAP





## 7 Siddique Akihabara Kandasudacho

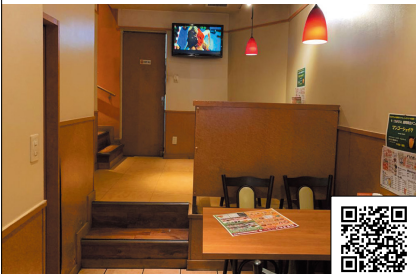
シディー秋葉原 神田須田町店

☎03-5296-9310

www.siddique.co.jp/siddique-kandasudacho

MAP F-4

Asian food



WEBSITE

Lunch ¥780 Dinner ¥780

Hours: 11:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: Asaga Bldg. 1-2F, 1-7-15 Kanda-Sudacho, Chiyoda City

Access: Akihabara (JR, Subway, TX), Kanda (JR, Subway), Iwamotocho (Subway)



ACCESS MAP



## 8 Siddique Hanzomon

シディー半蔵門店

☎03-3262-3370

www.siddique.co.jp/hanzomon

MAP E-5

Asian food



WEBSITE

Lunch ¥950 Dinner ¥1,650

Hours: 11:00–15:00, 17:00–23:00 (L.O. 22:30)

Closed days: Sat, Sun, holidays

Address: 2-12-2 Hirakawacho, Chiyoda City

Access: Nagatacho (Subway), Hanzomon (Subway)



ACCESS MAP



## 9 Siddique Jimbocho

シディー神保町店

☎03-3511-5758

www.siddique.co.jp/jimbocho

MAP F-4

Asian food



WEBSITE

Lunch ¥950 Dinner ¥1,650

Hours: 11:00–21:00 (L.O. 20:30)

Closed days: Sun

Address: 2-7 Kanda-Jimbocho, Chiyoda City

Access: Jimbocho (Subway)



ACCESS MAP



## 10 SOLEIL HIBIYA OKUROJI

SOLEIL 日比谷 OKUROJI 店

☎03-6205-8873

https://soleil.kitchen/

MAP F-6

Other foods



WEBSITE

Lunch ¥1,100 Dinner ¥5,000

Hours: 11:00–14:00, 14:00–17:00, 17:00–22:00 (L.O. 21:30)

Closed days: New Year holidays

Address: HIBIYA OKUROJI (H-8), 1-7-1

Uchisaiwaicho, Chiyoda City

Access: Yurakucho (JR, Subway), Shimbashi (JR, Subway, Yurikamome)



ACCESS MAP



## 11 TORKARI JIMBOCHO

トルカリ神保町

☎03-6721-5514

www.torkari.jp/en/

MAP F-4

Curry



WEBSITE

Lunch ¥950 Dinner ¥1,600

Hours: 11:00–15:00, 17:00–22:30 (L.O. 22:00)

Closed days: Sun

Address: PHOENIX Jimbocho Bldg. B1-1F,

2-34 Kanda-Jimbocho, Chiyoda City

Access: Jimbocho (Subway), Kudanshita (Subway), Suidobashi (JR)



ACCESS MAP



## 13 Bangera's Kitchen Ginza

バンゲラスキッチン 銀座

☎03-3561-5516

www.bangeras-kitchen.com/en/

MAP F-5

Asian food



WEBSITE

Lunch ¥1,800 Dinner ¥5,000

Hours: 11:00–17:00 (L.O. 16:30), 17:00–23:00 (L.O. 22:15)

Closed days: Jan. 1, Varies depending on the facility

Address: Ginza Inz 2F, 2-2 Ginza-Nishi,

Chuo City

Access: Ginza (Subway), Yurakucho (JR, Subway)



ACCESS MAP



## 12 Annam Indian Restaurant Ginza

アナム本格インド料理 銀座

☎03-6280-6708

https://annam-indian-restaurantn.owst.jp/en/

MAP F-6

Asian food



WEBSITE

Lunch ¥1,000 Dinner ¥2,000

Hours: 11:00–17:00, 17:00–24:00

Closed days: Open 365 days

Address: Ginza 8-Chome No. 10 Bldg. B1F,

8-10-8 Ginza, Chuo City

Access: Ginza (Subway), Shimbashi (JR, Subway, Yurikamome)



ACCESS MAP



## 14 Dakshin Higashi Nihombashi

南インド料理ダクシン東日本橋

☎03-3249-9155

www.dakshin.jp

MAP G-4

Asian food



WEBSITE

Lunch ¥1,000 Dinner ¥3,000

Hours: 11:00–22:00 (L.O.) (Mon–Fri), 11:00–14:30 (L.O.),

17:30–21:00 (L.O.) (Sat, Sun, holidays)

Closed days: New Year holidays

Address: 1-12-1 Nihonbashi-Bakurocho, Chuo

City

Access: Higashi-nihombashi (Subway), Bakurocho (JR)



ACCESS MAP





## 15 Dakshin Yaesu

南インド料理ダクシン八重洲

☎03-6225-2640  
www.dakshin.jp

MAP F-5  
Asian food



Lunch ¥1,000 Dinner ¥3,000

**Hours:** 11:00–14:30 (L.O.), 17:30–22:00 (L.O.) (Mon–Fri),  
11:00–14:30 (L.O.), 17:30–21:00 (L.O.) (Sat, Sun, holidays)

**Closed days:** New Year holidays

**Address:** Prairie Bldg. B1F, 2-5-12 Yaesu,  
Chuo City

**Access:** Kyobashi (Subway), Tokyo (JR, Subway)



WEBSITE



ACCESS MAP



## 16 KHAN KEBAB BIRYANI

カーンケバブ ビリヤニ銀座店

☎03-6280-6242  
https://tabelog.com/tokyo/A1301/A130103/13170211/

MAP F-6  
Asian food



Lunch ¥1,000 Dinner ¥2,500

**Hours:** 11:00–15:30, 17:00–22:30

**Closed days:** Open 365 days

**Address:** Hakuinkan Bldg. 6F, 8-8-11 Ginza,  
Chuo City

**Access:** Ginza (Subway), Shimbashi (JR,  
Subway, Yurikamome)



WEBSITE



ACCESS MAP



## 19 African Restaurant Calabash

アフリカンレストラン・カラバッシュ

☎03-3433-0884  
www.calabash.co.jp

MAP E7-F7  
African food



Lunch ¥1,000 Dinner ¥3,500

**Hours:** 11:30–14:00 (Tue–Fri), 17:30–23:00 (Mon–Sat)

**Closed days:** Sun, holidays

**Address:** Hamamatsucho Bldg. B1F, 2-10-1  
Hamamatsucho, Minato City

**Access:** Hamamatsucho (JR, Tokyo Monorail),  
Daimon (Subway), Shibakoen (Subway)

\*Reservation required for dinner



WEBSITE



ACCESS MAP



## 20 Gonpachi Nishi-Azabu

権八 西麻布

☎03-5771-0170  
https://gonpachi.jp/nishi-azabu/

MAP D-6  
Japanese food



Lunch ¥1,000 Dinner ¥4,000

**Hours:** 11:30–27:30 (Food L.O. 26:45, Drink L.O. 27:00)

**Closed days:** Open 365 days

**Address:** 1-2F, 1-13-11 Nishi-Azabu, Minato City

**Access:** Roppongi (Subway),  
Nogizaka (Subway)



WEBSITE



ACCESS MAP



## 17 Nataraj Ginza

自然派インド料理 ナタラジ銀座店

☎03-5537-1515  
https://nataraj.co.jp/

MAP F-6  
Curry



Lunch ¥1,200 Dinner ¥2,800

**Hours:** 11:30–23:00 (L.O. 22:30)

**Closed days:** New Year holidays

**Address:** Ginza Kosaka Bldg. 7-9F, 6-9-4  
Ginza, Chuo City

**Access:** Ginza (Subway)



WEBSITE



ACCESS MAP



## 18 TENDON GINZA ITSUKI

天丼専門 銀座いつき

☎03-6263-2988  
www.grandcuisine.jp/group3

MAP F-5  
Japanese food



Lunch ¥1,100 Dinner ¥1,100

**Hours:** 11:00–15:30 (L.O. 15:00), 17:30–23:15 (L.O. 22:00)

**Closed days:** Jan. 1

**Address:** Ginza Inz1 2F, 3-1 Ginza-Nishi,  
Chuo City

**Access:** Yurakucho (JR, Subway)



WEBSITE



ACCESS MAP



## 21 Indian Restaurant Mumbai

インド料理ムンバイアクアシティお台場+Tandoori Grill

☎03-6457-1566  
https://mumbai-english.com/

MAP F-9  
Asian food



Lunch ¥1,000 Dinner ¥2,500

**Hours:** 11:00–23:00 (L.O. 22:00)

**Closed days:** No fixed holiday

**Address:** Aqua City Odaiba 6F, 1-7-1 Daiba,  
Minato City  
**Access:** Daiba (Yurikamome), Tokyo Teleport  
(Rinkai)



WEBSITE



ACCESS MAP



## 22 Kochuan

料亭壺中庵

☎03-3441-8888  
www.kochuan.co.jp

MAP D-8  
Japanese food



Dinner ¥40,000

**Hours:** 11:00–22:00 (L.O. 19:30)

**Closed days:** No fixed holiday

**Address:** 1-1-1 Shirokanedai, Minato City

**Access:** Shirokanedai (Subway)



WEBSITE



ACCESS MAP





## 23 La maison de Cous Cous

ラメゾン・ドクス・クス

☎03-6435-8684

www.cous-cous.tokyo/

MAP E-7

Asian food



WEBSITE

Lunch ¥1,000 Dinner ¥3,000

Hours: 11:30–15:00, 17:00–23:00

Closed days: No fixed holiday

Address: Hamamatsucho West Bldg. 1F,  
2-10-4 Shibakoen, Minato City

Access: Hamamatsucho (JR, Tokyo Monorail),  
Daimon (Subway), Shibakoen (Subway)



ACCESS MAP



## 24 Nirvanam Kamiyacho Branch

ニルワナム 神谷町

☎03-3433-1217

www.nirvanam.jp

MAP E-6

Asian food



WEBSITE

Lunch ¥1,200 Dinner ¥2,500

Hours: 11:00–15:00 (L.O. 14:30), 17:30–22:30 (L.O. 22:00)

Closed days: Open 365 days

Address: Ote Bldg. 2F, 3-19-7 Toranomon,  
Minato City

Access: Kamiyacho (Subway)



ACCESS MAP



## 27 SAMRAT Minamiaoyama

サムラート南青山店

☎03-3408-5656

www.samrat.co.jp/

MAP D-5,6

Curry



WEBSITE

Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00–22:30

Closed days: New Year holidays

Address: Toei Apartment 1F, 1-3-6 Minami-  
Aoyama, Minato City

Access: Aoyama-itchome (Subway)



ACCESS MAP



## 28 Shoujin Cuisine DAIGO

精進料理 醍醐

☎03-3431-0811

www.atago-daigo.jp/en

MAP E-6

Japanese food



WEBSITE

Lunch ¥15,000 Dinner ¥23,000

Hours: 11:30–15:00 (L.O. 14:00), 17:00–22:00 (L.O. 20:00)

Closed days: New Year holidays

Address: Atago Forest Tower, 2-3-1 Atago,  
Minato City

Access: Kamiyacho (Subway)



ACCESS MAP



## 25 SALMA Tikka & Biryani

サルマ ティッカアンドビリヤニ

☎03-3449-5302

https://tabelog.com/tokyo/A1314/A131403/13037862/

MAP D-9

Asian food



WEBSITE

Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00–15:00, 17:00–22:30

Closed days: Open 365 days

Address: Village Takanawa 1F, 4-22-11  
Takanawa, Minato City

Access: Shinagawa (JR, Keikyu)



ACCESS MAP



## 26 SAMRAT Curry House Takanawa

サムラート カレーハウス 高輪店

☎03-5420-9230

www.samrat.co.jp/

MAP D-7

Curry



WEBSITE

Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00–23:30

Closed days: New Year holidays

Address: 1-2-1 Takanawa, Minato City

Access: Shirokane-takanawa (Subway)



ACCESS MAP



## 29 Siddique Palace Tokyo Tower

シディークパレス東京タワー店

☎03-6403-1808

www.siddique.co.jp

MAP E-6

Curry



WEBSITE

Lunch ¥1,500 Dinner ¥2,000

Hours: 11:00–21:00 (L.O. 20:30)

Closed days: Open 365 days

Address: Foot Town in Tokyo Tower 2F, 4-2-8  
Shibakoen, Minato City

Access: Akabanebashi (Subway)



ACCESS MAP



## 30 Soup Stock Tokyo Hiroo

スープストックトーキョー 広尾店

☎03-5447-6080

www.soup-stocktokyo.com/en

MAP D-7

Western-style food



WEBSITE

Lunch ¥1,000 Dinner ¥1,000

Hours: 11:00–21:00 (Mon–Fri), 11:00–20:00 (Sat, Sun,  
holidays)

Closed days: New Year holidays

Address: Minoya Bldg. 1F, 5-15-12 Minami-  
Azabu, Minato City

Access: Hiro-o (Subway)



ACCESS MAP





**31 BARIS KEBAB STAND**

パリスケバプスタンド

☎03-6457-7671

[www.instagram.com/yotuya\\_baris\\_new/](https://www.instagram.com/yotuya_baris_new/)

MAP D-4

Turkish



Lunch ¥980 Dinner ¥980

Hours: 11:00–22:00

Closed days: Mon (or the following Tue when it falls on a national holiday)

Address: No.1 Ueno Bldg. 1F, 1-19-16 Yotsuya, Shinjuku City

Access: Yotsuya (JR, Subway)



WEBSITE



ACCESS MAP

**32 Jingsukan Tarim**

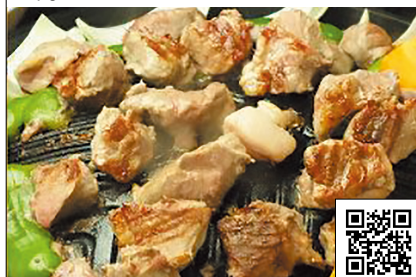
ジンギスカン たりむ

☎03-6873-9180

[www.jingsukan-tarim.com](http://www.jingsukan-tarim.com)

MAP D-4.5

Yakiniku



Dinner ¥2,000

Hours: 17:00–24:00

Closed days: Open 365 days

Address: Aban Bldg. Sakasu 17 2F, 1-1-6 Yotsuya, Shinjuku City

Access: Yotsuya (JR, Subway)



WEBSITE



ACCESS MAP

**35 Saishokukenbi**

菜食健美

☎03-5332-3627

<https://saishoku-kenbi.jp/>

MAP B-3

Japanese food



Lunch ¥1,000

Hours: 11:00–18:00 (L.O. 17:30)

Closed days: Tue, No fixed holiday

Address: 2-21-26 Hyakunincho, Shinjuku City

Access: Okubo (JR), Shin-Okubo (JR)



WEBSITE



ACCESS MAP

**36 Saray Kebab Ookuboekimae**

サライケバブ 大久保駅前店

☎03-6908-5883

[www.saray.jp/](http://www.saray.jp/)

MAP B-3

Turkish



Lunch ¥600 Dinner ¥600

Hours: 11:00–24:00

Closed days: Wed

Address: 1F, 2-23-1 Hyakunincho, Shinjuku City

Access: Okubo (JR)



WEBSITE



ACCESS MAP

**33 KEBAB ye**

ケバプ家

☎03-3356-5691

<https://kebabye-tokyo.com/>

MAP C-4

Turkish



Lunch ¥1,100 Dinner ¥2,000

Hours: 11:30–21:30 (L.O. 21:00)

Closed days: Tue

Address: No.6 Sanwa Bldg. Annex 1F, 3-6-7 Shinjuku, Shinjuku City

Access: Shinjuku-sanchome (Subway)



WEBSITE



ACCESS MAP

**34 Menya Kaijin Shinjuku**

麺屋海神 新宿店

☎03-3356-5658

<https://menya-kaijin.tokyo>

MAP B-4

Ramen



Lunch ¥1,045 Dinner ¥1,045

Hours: 11:00–15:00, 16:30–23:30 (Mon–Fri), 11:00–23:30 (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Sanraku Bldg. 2F, 3-35-7 Shinjuku, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu)



WEBSITE



ACCESS MAP

**37 Siddique Shinjuku-nishiguchi**

シディーク新宿西口店

☎03-5925-2259

[www.siddique.co.jp/shinjuku-nishiguchi](http://www.siddique.co.jp/shinjuku-nishiguchi)

MAP B-4

Asian food



Lunch ¥780 Dinner ¥780

Hours: 11:00–21:00 (L.O. 20:30)

Closed days: Open 365 days

Address: No.2 Nissin Bldg. 2F, 7-10-20 Nishi-Shinjuku, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu), Shinjuku-nishiguchi (Subway)



WEBSITE



ACCESS MAP

**38 Silkroad Tarim Uyghur Restaurant**

シルクロードタリム ウイグルレストラン

☎03-6276-7799

[www.oasis-tarim.com/foods/index\\_en.html](http://www.oasis-tarim.com/foods/index_en.html)

MAP B-5

Asian food



Lunch ¥1,000 Dinner ¥1,000

Hours: 17:00–24:00 (Tue–Fri), 12:00–24:00 (Sat, Sun, holidays)

Closed days: Mon (Open on national holidays)

Address: Nishi-Shinjuku Pearl Bldg. 103, 3-15-8 Nishi-Shinjuku, Shinjuku City

Access: Hatsudai (Keio)



WEBSITE



ACCESS MAP





### 39 Takuan Botantei

たくあん・牡丹亭

☎03-5354-3071  
https://r.gnavi.co.jp/g304303/

MAP B-4  
Japanese food



Lunch ¥1,200 Dinner ¥8,000

**Hours:** 11:30–15:00, 17:00–22:00  
**Closed days:** Dec. 31, Jan. 1  
**Address:** Nishi-Shinjuku Park-heights 1F, 4-15-1 Nishi-Shinjuku, Shinjuku City  
**Access:** Tochohmae (Subway), Nishi-shinjuku-gochome (Subway), Shinjuku JR, Subway, Keio, Odakyu

WEBSITE



ACCESS MAP



### 40 Bengali Bistoro Sunali Honkomagome

ベンガルビストロスナリ本駒込店

☎03-6912-1317  
https://tabelog.com/tokyo/A1323/A132301/13248429/

MAP E-2  
Asian food



Lunch ¥700 Dinner ¥1,500

**Hours:** 11:00–23:00  
**Closed days:** Open 365 days  
**Address:** Ogawa Bldg. 1F, 2-1-4 Honkomagome, Bunkyo City  
**Access:** Sengoku (Subway)

WEBSITE



ACCESS MAP



### 43 Japanese MIYUKI /Hotel Chinzanso Tokyo

日本料理「みゆき」/ホテル椿山荘東京

☎03-3943-5489  
www.hotel-chinzanso-tokyo.com/dining/miyuki/

MAP D-3  
Japanese food



Lunch ¥8,200 Dinner ¥13,500

**Hours:** 7:00–10:00 (L.O.), 11:30–14:30 (L.O.), 17:30–21:00 (L.O.)  
**Closed days:** Open 365 days  
**Address:** 2-10-8 Sekiguchi, Bunkyo City  
**Access:** Edogawabashi (Subway)  
**\*Reservation required for the Halal-certified meat**

WEBSITE



ACCESS MAP



### 44 Ryotei Kinsui /Hotel Chinzanso Tokyo

料亭 錦水 /ホテル椿山荘東京

☎03-3943-5489  
www.hotel-chinzanso-tokyo.com/dining/kinsui/

MAP D-3  
Japanese food



Lunch ¥23,000 Dinner ¥36,000

**Hours:** 11:30–20:00 (L.O.)  
**Closed days:** Open 365 days  
**Address:** 2-10-8 Sekiguchi, Bunkyo City  
**Access:** Edogawabashi (Subway)

WEBSITE



ACCESS MAP



### 41 Casual Dining The Bistro /Hotel Chinzanso Tokyo

カジュアルダイニングザ・ビストロ /ホテル椿山荘東京

☎03-3943-5489  
https://hotel-chinzanso-tokyo.jp/restaurant/bistro/

MAP D-3  
Western food



Lunch ¥4,900 Dinner ¥7,200

**Hours:** 11:30–22:00 (L.O.)  
**Closed days:** Open 365 days  
**Address:** 2-10-8 Sekiguchi, Bunkyo City  
**Access:** Edogawabashi (Subway)

WEBSITE



ACCESS MAP



### 42 Italian Restaurant IL TEATRO /Hotel Chinzanso Tokyo

イタリア料理 イル・テアトロ /ホテル椿山荘東京

☎03-3943-5489  
https://hotel-chinzanso-tokyo.jp/restaurant/ilteatro/

MAP D-3  
Western food



Lunch ¥6,300 Dinner ¥13,500

**Hours:** 6:30–10:30 (L.O.), 12:00–14:30 (L.O.), 17:30–21:00 (L.O.), Dinner Course (L.O. 20:30)  
**Closed days:** Open 365 days  
**Address:** 2-10-8 Sekiguchi, Bunkyo City  
**Access:** Edogawabashi (Subway)

WEBSITE



ACCESS MAP



### 45 Stone Grill MOKUSHUNDO /Hotel Chinzanso Tokyo

石焼料理「木春堂」/ホテル椿山荘東京

☎03-3943-5489  
www.hotel-chinzanso-tokyo.com/dining/mokushundo/

MAP D-3  
Japanese food



Lunch ¥10,000 Dinner ¥16,000

**Hours:** 11:30–14:30 (L.O.), 17:00–20:00 (L.O.) (Mon–Fri), 11:30–15:00 (L.O.), 17:00–20:00 (L.O.) (Sat, Sun, holidays)  
**Closed days:** Open 365 days  
**Address:** 2-10-8 Sekiguchi, Bunkyo City  
**Access:** Edogawabashi (Subway)

WEBSITE



ACCESS MAP



### 46 Sakura Cafe & Restaurant Nippori

サクラカフェ&レストラン日暮里

☎03-5685-6111  
www.sakura-cafe-asia/nippori/

MAP F-1  
Cafe



Lunch ¥800 Dinner ¥800

**Hours:** 5:00–21:00  
**Closed days:** Open 365 days  
**Address:** Sakura Hotel Nippori, 3-43-15 Sendagi, Bunkyo City  
**Access:** Sendagi (Subway), Nippori (JR, Keisei), Nishi-Nippori (JR, Subway)

WEBSITE



ACCESS MAP





## 47 Ayam-YA Shin-Okachimachi

Ayam-YA 新御徒町店

☎03-4360-3672

www.haigourmet.jp/restaurant/805

MAP G-3

Ramen



Lunch ¥900 Dinner ¥900

Hours: 11:00–15:00, 17:00–22:00

Closed days: Open 365 days

Address: 1F, 3-10-3 Motoasakusa, Taito City

Access: Shin-okachimachi (Subway, TX)



WEBSITE



ACCESS MAP



## 48 BIMI-kitchen

美味キッチン

☎03-6231-8440

https://bimikitchen.com/

MAP G-3

Asian food



Lunch ¥680 Dinner ¥950

Hours: 11:00–15:00 (L.O. 14:30),

17:00–22:30 (L.O. 22:00)

Closed days: Open 365 days

Address: Takeuchi Sharm 1F, 3-1-3

Asakusabashi, Taito City

Access: Asakusabashi (JR, Subway)



WEBSITE



ACCESS MAP



## 51 Gonpachi Asakusa Azumabashi

権八 浅草吾妻橋

☎050-5444-5929

https://gonpachi.jp/asakusa/

MAP H-3

Japanese food



Lunch ¥1,000 Dinner ¥4,000

Hours: 11:30–23:00 (Food L.O. 22:00, Drink L.O. 22:30)

Closed days: Open 365 days

Address: 2-1-15 Kaminarimon, Taito City

Access: Asakusa (Subway, Tobu, TX)



WEBSITE



ACCESS MAP



## 52 HAKATAMAEROBATAISSHOU TOKYUENO

博多前畑ばた一承 東京上野

☎03-5830-3785

https://issho-ueno.com/en/

MAP G-3

Izakaya



Lunch ¥1,000 Dinner ¥5,000

Hours: 11:30–14:30, 17:00–24:00 (L.O. 23:00)

Closed days: Jan.1

Address: FUNDES Ueno 8F, 7-2-4 Ueno,

Taito City

Access: Ueno (JR, Subway)



WEBSITE



ACCESS MAP



## 49 Cafeteria Spice Jaya

カフェテリア スパイスジャヤ

☎03-3841-3823

www.tandifoods.co.jp

MAP G-2

Asian food



Lunch ¥980

Hours: 11:00–15:00 (L.O. 14:30), 17:00–21:30 (L.O. 21:00)

Closed days: Mon, Tue

Address: Floral Ueno-Matsugaya 103, 4-26-14

Matsugaya, Taito City

Access: Iriya (Subway), Asakusa (TX, Subway, Tobu)



WEBSITE



ACCESS MAP



## 50 Fucha Vegetarian Cuisine BON

普茶料理 梵

☎03-3872-0375

www.fuchabon.co.jp/

MAP G-2

Japanese food



Lunch ¥3,450 Dinner ¥6,000

Hours: 12:00–13:30 (L.O.), 17:30–21:00 (L.O. 19:00) (Mon–Sat),

12:00–13:30 (L.O.), 17:00–20:00 (L.O. 18:00) (Sun, holidays)

Closed days: Wed, Thu

Address: 1-2-11 Ryusen, Taito City

Access: Iriya (Subway)



WEBSITE



ACCESS MAP



## 53 HALAL WAGYU YAKINIKU PANGA

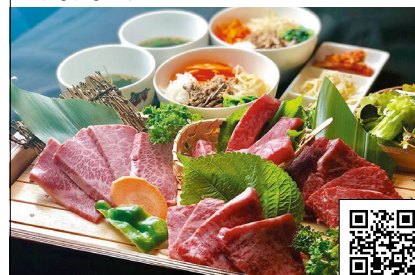
ハラール和牛焼肉 ばんが

☎03-3839-8929

www.panga-panga.com/

MAP G-3

Yakiniku



Dinner ¥5,000

Hours: 11:30–14:00 (L.O. 13:45), 17:00–22:00 (L.O. 21:30)

(Mon–Sat), 17:00–22:00 (L.O. 21:00) (Sun, holidays)

Closed days: New Year holidays, other days

Address: 3-27-9 Taito, Taito City

Access: Okachimachi (JR, Subway, TX), Shin-okachimachi (Subway, TX)



WEBSITE



ACCESS MAP



## 54 Halima kebab biryani

ハナマ ケバブ ビリヤニ

☎03-6672-1796

https://tabelog.com/tokyo/A131/A131101/13168753/

MAP G-3

Asian food



Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00–15:30, 17:00–22:30

Closed days: Open 365 days

Address: Ueno M Bldg. 1F, 3-36-7 Higashi-

Ueno, Taito City

Access: Inaricho (Subway), Ueno (JR, Subway)



WEBSITE



ACCESS MAP





## 55 Japanese Greentea Shop Masudaen Sohonten

増田園総本店

☎03-3841-0840  
www.facebook.com/Masudaen-Green-tea-shop-251841074861508/



Lunch ¥500

Hours: 8:30-19:00

Closed days: Open 365 days

Address: 1-1-17 Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX)



ACCESS MAP



## 56 NINJA CAFE ASAKUSA

忍者カフェ

☎070-8989-2243  
www.ninja-cafe.jp/



Lunch ¥2,000 Dinner ¥2,000

Hours: 11:00-23:00

Closed days: Open 365 days

Address: 3-27-14 Nishi-Asakusa, Taito City

Access: Asakusa (TX, Subway, Tobu)



ACCESS MAP



## 59 Saray Nishi-Asakusa

サライケバブ 西浅草店

☎03-3844-1370  
www.saray.jp/



Lunch ¥600 Dinner ¥600

Hours: 12:00-14:00, 14:00-24:00

Closed days: No fixed holiday

Address: 1F, 2-14-18 Nishi-Asakusa, Taito City

Access: Asakusa (TX, Subway, Tobu),  
Tawaramachi (Subway)



ACCESS MAP



## 60 UOSHOU

魚昇

☎03-3872-0030  
www.uoshou.net/



Lunch ¥3,000 Dinner ¥7,000

Hours: 12:00-15:00, 17:00-23:00 (L.O. 22:00)

Closed days: Mon

Address: 5-10-2 Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX)



ACCESS MAP



## 57 Sakura Cafe Asakusa

サクラカフェ浅草

☎03-3847-8111  
www.sakura-cafe.asia/asakusa/



Lunch ¥1,000 Dinner ¥3,500

Hours: 5:00-21:00

Closed days: Open 365 days

Address: Sakura Hostel Asakusa 1F, 2-24-2  
Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX),  
Tawaramachi (Subway)



ACCESS MAP



## 58 Saray Kaminarimon

サライケバブ 雷門店

☎03-3844-1370  
www.saray.jp/



Lunch ¥600 Dinner ¥600

Hours: 11:00-24:00

Closed days: Open 365 days

Address: 2-19-12 Kaminarimon, Taito City

Access: Asakusa (Subway, Tobu, TX)



ACCESS MAP



## 61 Veg Kitchen

ベジキッチン

☎03-5817-8165  
www.facebook.com/vegkitchentokyo/



Lunch ¥1,000 Dinner ¥1,900

Hours: 11:00-15:00, 17:00-23:00

Closed days: Jan. 1-2

Address: 3-44-8 Taito, Taito City

Access: Okachimachi (JR)



ACCESS MAP



## 62 VEGE HERB SAGA

ヴェジハーブサーガ

☎03-5818-4154  
www.vegeherbsaga.com



Lunch ¥1,500 Dinner ¥3,000

Hours: 11:15-15:00 (L.O. 14:30), 17:15-23:00 (L.O. 22:30)

Closed days: Mon, New Year holidays

Address: Torei Bldg. B1F, 5-22-1 Ueno, Taito  
City

Access: Okachimachi (JR), Naka-okachimachi  
(Subway), Ueno-okachimachi (Subway)



ACCESS MAP





## 63 Yuusyokuya Boo

遊食家Boo

☎03-6240-1220  
www.uamou.com/boo/

MAP G-3  
Western food



Lunch ¥850 Dinner ¥2,500

**Hours:** 11:30-14:00 (L.O. 13:40), 17:00-24:00 (L.O. 23:00)  
(Mon-Fri), 11:00-20:00 (L.O. 19:00) (Sat, Sun, holidays)

**Closed days:** New Year holidays

**Address:** 2k540 AKI-OKA ARTISAN N-4,  
5-9 Ueno, Taisho City **Access:** Okachimachi  
(JR), Akihabara (JR, Subway, TX), Suehirocho  
(Subway), Naka-okachimachi (Subway)



WEBSITE



ACCESS MAP



## 64 Organic Store & Cafe Dining, Sumida River Kitchen

スミダリバーキッチン

☎03-3622-5582

www.facebook.com/Organic-store-Cafe-Dining-Sumida-River-Kitchen-602442643227442/

MAP H-3  
Cafe



Lunch ¥850 Dinner ¥2,000

**Hours:** 11:30-14:00, 17:30-21:00 (Mon-Fri),  
11:30-14:00 (L.O.) (Sat)

**Closed days:** Sun

**Address:** 1-15-4 Azumabashi, Sumida City  
**Access:** Asakusa (Subway, Tobu)



WEBSITE



ACCESS MAP



## 65 Tokyo Muslim Restaurant

東京穆斯林飯店 (トキョームスリム・ハンテン)

☎03-5669-0934  
https://t.gnavi.co.jp/k031.adr40000/

MAP I-4  
Chinese



Lunch ¥900 Dinner ¥4,000

**Hours:** 11:00-15:00 (L.O. 14:30), 17:00-23:00 (L.O. 22:30)

**Closed days:** No fixed holiday

**Address:** 2-18-6 Kotobashi, Sumida City  
**Access:** Kinshicho (JR, Subway)



WEBSITE



ACCESS MAP



## 66 Tokyo ramen Kumahachi

両国の小粋な長屋ラーメン熊八

☎080-7852-5511

MAP H-4  
Ramen



Lunch ¥900 Dinner ¥950

**Hours:** 11:30-14:00, 18:00-21:30

**Closed days:** Sun, holidays

**Address:** 2-15-1 Midori, Sumida City  
**Access:** Ryogoku (JR, Subway)



ACCESS MAP



## 67 Nirvanam Ariake Branch

ニルワナム 有明

☎03-5962-4825  
www.nirvanam.jp

MAP G-8  
Asian food



Lunch ¥1,200 Dinner ¥2,500

**Hours:** 11:00-15:00 (L.O. 14:30), 17:30-22:30 (L.O. 22:00)

**Closed days:** Open 365 days

**Address:** TOC Ariake Bldg. 3F, 3-5-7 Ariake,  
Koto City

**Access:** Kokusai-tenjiko (Rinkai), Ariake  
(Yurikamome), Tokyo Big Sight (Yurikamome)



WEBSITE



ACCESS MAP



## 69 Indonesian Restaurant CABA MEGURO

インドネシア料理 チャペ目黒店

☎03-6432-5748  
https://caba-eco.com

MAP C-9  
Asian food



Lunch ¥850 Dinner ¥2,000

**Hours:** 11:30-14:30, 17:30-22:00

**Closed days:** Sun, holidays

**Address:** No.1 Tanaka Bldg. 2F, 3-5-4 Kami-  
Osaki, Shinagawa City  
**Access:** Meguro (JR, Subway, Tokyu)



WEBSITE



ACCESS MAP



## 68 SOJIBO "DiverCity Tokyo Plaza"

そじ坊 ダイバーシティ東京プラザ

☎03-5520-1310  
www.facebook.com/HFRSojiboDC/

MAP G-9  
Japanese food



Lunch ¥900 Dinner ¥900

**Hours:** 11:00-23:00

**Closed days:** Open 365 days

**Address:** DiverCity Tokyo Plaza 6F, 1-1-10  
Aomi, Koto City

**Access:** Daiba (Yurikamome), Tokyo Teleport  
(Rinkai)



WEBSITE



ACCESS MAP



## 70 SABERA TIKKA BIRIYANI

サベラティッカビリヤニ 天王洲アイル

☎03-6433-2544  
https://tabelog.com/tokyo/A1314/A131404/13200848/

MAP E-9  
Asian food



Lunch ¥1,000 Dinner ¥2,500

**Hours:** 11:00-15:30, 17:00-22:30

**Closed days:** Open 365 days

**Address:** Tennozu Yusen Bldg. 1F, 2-2-20  
Higashi-Shinagawa, Shinagawa City  
**Access:** Tennozu Isle (Yurikamome, Rinkai)



WEBSITE



ACCESS MAP





**71 TANDOOR Meguro**

タンドゥール目黒店

☎03-3449-0901  
www.tandoor.co.jp/meguro.htmlMAP C-8  
Asian food

Lunch ¥1,000 Dinner ¥2,000

Hours: 11:00–15:00, 17:00–22:00

Closed days: Open 365 days

Address: Koyo Bldg. 4F, 2-16-4 Kami-Osaki, Shinagawa City

Access: Meguro (JR, Subway, Tokyu)



WEBSITE



ACCESS MAP

**72 SAMRAT Jiyugaoka**

サムラート自由が丘店

☎03-6421-3568  
www.samrat.co.jp/MAP A-10  
Curry

Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00–23:00

Closed days: New Year holidays

Address: No.2 Genta Bldg. 2F, 1-12-3 Jiyugaoka, Meguro City

Access: Jiyugaoka (Tokyu)



WEBSITE



ACCESS MAP

**73 Saray Gakugeidaigaku**

サライカバ 学芸大学店

☎03-6452-2829  
www.saray.jp/MAP A-9  
Turkish

Lunch ¥600 Dinner ¥600

Hours: 11:00–23:00

Closed days: No fixed holiday

Address: 3-14-6 Takaban, Meguro City

Access: Gakugei-daigaku (Tokyu)



WEBSITE



ACCESS MAP

**74 KEBAB STAND**

けばぶ工房

☎03-6459-9377  
https://tokyo-haneda.com/en/shop\_and\_dine/detail/tenant\_00002.htmlMAP E-10  
Turkish

Lunch ¥1,000 Dinner ¥1,000

Hours: 7:00–22:00

Closed days: Open 365 days

Address: Haneda Airport Terminal 3 4F, 2-6-5 Haneda Airport, Ota City

Access: Haneda Airport Terminal 3 (Keiiku, Tokyo Monorail)



WEBSITE



ACCESS MAP

**75 Mrs Istanbul**

ミセス イスタンブール

☎03-5756-6183  
https://tokyo-haneda.com/en/shop\_and\_dine/detail/tenant\_00202.htmlMAP L-10  
Turkish

Lunch ¥1,200 Dinner ¥1,200

Hours: 8:00–20:00 (L.O. 19:30)

Closed days: Open 365 days

Address: Haneda Airport Terminal 2 3F, 3-4-2 Haneda Airport, Ota City

Access: Haneda Airport Terminal 1-2 (Keiiku), Haneda Airport Terminal 2 (Tokyo Monorail)



WEBSITE



ACCESS MAP

**77 Asian Cafe & Diner Vivid Ajia Futakotamagawa**

アジアンカフェ&amp;ダイナーヴィヴィットアジア 二子玉川

☎03-6411-7258  
https://vivid-ajia.1net.jp/MAP J-9  
Asian food

Lunch ¥1,000 Dinner ¥2,000

Hours: 9:00–22:00 (L.O. 21:00)

Closed days: Open 365 days

Address: Santopia Tamagawa 1F, 3-20-8 Tamagawa, Setagaya City

Access: Futako-tamagawa (Tokyu)



WEBSITE



ACCESS MAP

**76 YILDIZ Turkish Restaurant**

ヨルディズトルコレストラ

☎03-6424-9797  
www.yildiz-kamata.com/MAP K-10  
Turkish

Lunch ¥680 Dinner ¥2,000

Hours: 11:30–15:00, 17:30–23:30

Closed days: Tue

Address: No.1 Taiyo Bldg. 2F, 5-18-3 Kamata, Ota City

Access: Kamata (JR, Tokyu)



WEBSITE



ACCESS MAP

**78 Deli Shop Uchimura**

Deli Shop うちむら

☎03-3468-2715  
https://tabelog.com/tokyo/A1318/A131811/13095642/MAP A-6  
Middle Eastern food

Lunch ¥700 Dinner ¥800

Hours: 11:00–15:00, 17:00–20:30

Closed days: Sun, 3rd Mon

Address: 3-2-11 Kitazawa, Setagaya City

Access: Higashi-Kitazawa (Odakyu), Yoyogi-uehara (Subway, Odakyu)



WEBSITE



ACCESS MAP





**79 CARVAAN TOKYO**

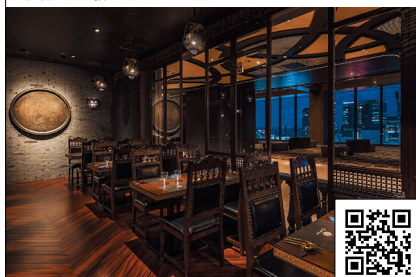
カールヴァーン トウキョウ

☎03-6451-1772

<https://carvaan.jp/>

MAP B-6

Mediterranean, Arabian



WEBSITE

Lunch ¥3,000 Dinner ¥5,000

**Hours:** 11:00–15:00 (L.O. 14:00), 17:00–23:00 (L.O. 22:00)**Closed days:** Jan.1, Varies depending on the facility**Address:** Shibuya Scramble Square 12F,

2-24-12 Shibuya, Shibuya City

**Access:** Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP

**80 FUNABASHIYA KOYOMI HIROO**

船橋屋こよみ広尾本店

☎03-5449-2784

[www.funabashiya.co.jp/koyomi/](http://www.funabashiya.co.jp/koyomi/)

MAP C-7

Cafe



WEBSITE

Lunch ¥ 1,190

**Hours:** 12:00–16:30 (L.O.)**Closed days:** Open 365 days**Address:** 5-17-1 Hiroo, Shibuya City**Access:** Hiro-o (Subway)

ACCESS MAP

**81 Gonpachi Shibuya**

権八 渋谷

☎03-5784-2011

<https://gonpachi.jp/shibuya/>

MAP B-6

Japanese food



WEBSITE

Lunch ¥1,000 Dinner ¥4,000

**Hours:** 11:30–27:30 (L.O. 27:00)**Closed days:** Open 365 days**Address:** E.Space Tower 14F,

3-6 Maruyamacho, Shibuya City

**Access:** Shibuya (JR, Subway, Tokyu, Keio),

Sinsen (Keio)



ACCESS MAP

**82 Kiwamiya Shibuya PARCO**

極味や渋谷パルコ店

☎03-5422-3122

[www.kiwamiya.com/shoplist/shibuya-parco](http://www.kiwamiya.com/shoplist/shibuya-parco)

MAP B-6

Western Style



WEBSITE

Lunch ¥2,000 Dinner ¥2,000

**Hours:** 11:30–22:00**Closed days:** Varies depending on the facility**Address:** Shibuya PARCO PART1 B1F, 15-1

Udagawacho, Shibuya City

**Access:** Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP

**83 Milan Nataraj Shibuya**

自然派インド料理 ミラン・ナタラジ渋谷店

☎03-6416-9022

<https://nataraj.co.jp/>

MAP B-6

Curry



WEBSITE

Lunch ¥1,100 Dinner ¥2,500

**Hours:** 11:30–23:00 (L.O. 22:30)**Closed days:** New Year holidays**Address:** Iwamoto Bldg. 3F, 1-22-7 Jinnan,

Shibuya City

**Access:** Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP

**84 Nataraj Harajuku Omotesando**

自然派インド料理 ナタラジ原宿表参道店

☎03-6427-7515

<https://nataraj.co.jp/>

MAP C-6

Curry



WEBSITE

Lunch ¥1,290 Dinner ¥2,800

**Hours:** 11:30–23:00 (L.O. 22:30)**Closed days:** New Year holidays**Address:** Q Plaza HARAJUKU 8F, 6-28-6

Jingumae, Shibuya City

**Access:** Harajuku (JR), Meiji-jingumae

&lt;Harajuku&gt; (Subway)



ACCESS MAP

**85 Sakura Cafe Hatagaya**

サクラカフェ帽谷

☎03-3469-5211

[www.sakura-cafe.asia/hatagaya/](http://www.sakura-cafe.asia/hatagaya/)

MAP A-5

Original dishes



WEBSITE

Lunch ¥1,000 Dinner ¥1,500

**Hours:** 5:00–21:00**Closed days:** Open 365 days**Address:** Sakura Hotel Hatagaya, 1-32-3

Hatagaya, Shibuya City

**Access:** Hatagaya (Keio)

ACCESS MAP

**86 Soup Stock Tokyo SHIBUYA MARK CITY**

スープストックトーキョー 渋谷マークシティ店

☎03-6455-1788

[www.soup-stock-tokyo.com/en](http://www.soup-stock-tokyo.com/en)

MAP B-6

Western-style food



WEBSITE

Lunch ¥1,000 Dinner ¥1,000

**Hours:** 8:00–23:00 (L.O. 22:30)**Closed days:** Varies depending on the facility**Address:** Shibuya Mark City 4F, 1-12-1

Dogenzaka, Shibuya City

**Access:** Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP



WEBSITE

Lunch ¥2,000 Dinner ¥2,000

**Hours:** 11:30–22:00**Closed days:** Varies depending on the facility**Address:** Shibuya PARCO PART1 B1F, 15-1

Udagawacho, Shibuya City

**Access:** Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP



WEBSITE

Lunch ¥1,000 Dinner ¥1,500

**Hours:** 5:00–21:00**Closed days:** Open 365 days**Address:** Sakura Hotel Hatagaya, 1-32-3

Hatagaya, Shibuya City

**Access:** Hatagaya (Keio)

ACCESS MAP



WEBSITE

Lunch ¥1,000 Dinner ¥1,000

**Hours:** 8:00–23:00 (L.O. 22:30)**Closed days:** Varies depending on the facility**Address:** Shibuya Mark City 4F, 1-12-1

Dogenzaka, Shibuya City

**Access:** Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP





## 87 Sushi Gonpachi Shibuya

SUSHI 権八 渋谷

☎03-5784-3772

<https://gonpachi.jp/sushi-shibuya/>

MAP B-6

Japanese food



Lunch ¥2,999 Dinner ¥9,999

Hours: 11:30–14:30 (L.O. 14:00), 17:00–26:00 (L.O. 25:00)

Closed days: Open 365 days

Address: E.Space Tower 14F, 3-6

Maruyamacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio),  
Sinsen (Keio)



WEBSITE



## 88 TANDOOR Ebisu

タンドール恵比寿店

☎03-3461-6181

<https://tandoor.co.jp/ebisu1>

MAP C-7

Asian food



Lunch ¥1,000 Dinner ¥2,000

Hours: 11:00–23:00

Closed days: Open 365 days

Address: Irfune Bldg. 4F, 1-9-3 Ebisu-Nishi,  
Shibuya City

Access: Ebisu (JR, Subway)



WEBSITE



## 91 BolBol Persian Restaurant in Tokyo

BolBol

☎03-3223-3277

<https://bolbol.jp/>

MAP J-8

Persian



Lunch ¥900 Dinner ¥1,300

Hours: 11:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: Hachiji Bldg. 2F, 3-2-15 Koenji-Kita,  
Suginami City

Access: Koenji (JR, Subway)



WEBSITE



## 92 Jame Jam

ジャムジャム 阿佐ヶ谷店

☎03-3311-3223

<https://jamejam.jp/>

MAP J-8

Middle Eastern food



Lunch ¥1,000 Dinner ¥2,000

Hours: 11:30–14:30 (L.O. 14:00), 17:00–22:30 (L.O. Food

21:30, Drink 22:00)

Closed days: No fixed holiday

Address: 2-20-7 Asagaya-Minami, Suginami  
City

Access: Asagaya (JR), Minami-asagaya  
(Subway)



WEBSITE



## 89 INDIAN OVEN

インディアンオーブン

☎03-5340-1514

<https://tabelog.com/tokyo/A1319/A131903/13031755/>

MAP A-4

Curry



Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00–15:00, 17:00–22:30 (L.O. 22:00)

Closed days: Open 365 days

Address: Kawashima Bldg. 1-2F, 4-23-1

Yayoicho, Nakano City

Access: Nakano-fujimicho (Subway)



WEBSITE



## 90 Kebabcafe Ertugrul

ケバプカフェ エルトウルル

☎03-6382-8895

<https://restaurant-44367.business.site/>

MAP K-8

Turkish



Lunch ¥600 Dinner ¥600

Hours: 11:00–23:00 \*Close when sold out

Closed days: Wed, New Year holidays, other days

Address: 3-33-14 Nakano, Nakano City

Access: Nakano (JR, Subway)



WEBSITE



## 93 Nataraj Ogikubo

自然派インド料理 ナタラジ荻窪店

☎03-3398-5108

<https://nataraj.co.jp/>

MAP J-8

Curry



Lunch ¥1,100 Dinner ¥2,300

Hours: 11:30–23:00 (L.O. 22:30)

Closed days: New Year holidays

Address: Fukumura Sangyo Bldg. B1F, 5-30-6

Ogikubo, Suginami City

Access: Ogikubo (JR, Subway)



WEBSITE



## 94 Rumi Persian & Original Indian Restaurant in Tokyo

Rumi

☎03-5356-6640

<https://rumi-tokyo.com/>

MAP J-8

Indian



Lunch ¥800 Dinner ¥1,200

Hours: 11:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: Hachiji Bldg. 1F, 3-2-15 Koenji-Kita,

Suginami City

Access: Koenji (JR, Subway)



WEBSITE





## 95 TORKARI KOENJI

トルカリ 高円寺店

☎03-6383-0339

www.torkari.jp/en/

MAP J-8

Curry



Lunch ¥950 Dinner ¥1,600

Hours: 11:00–15:00, 17:00–22:30 (L.O. 22:00)

Closed days: Wed

Address: Daiichi Shijo-nai 1F, 3-22-8 Koenji-

Kita, Suginami City

Access: Koenji (JR, Subway)



WEBSITE



ACCESS MAP



## 96 Bengali Bistoro Sunali Minami Otsuka

ベンガルビストロスナリ 南大塚店

☎03-6876-0103

www.facebook.com/rahmania.sunali

MAP D-1

Asian food



Lunch ¥700 Dinner ¥1,500

Hours: 7:00–23:45

Closed days: Open 365 days

Address: Monarch Mansion Otsuka 101, 3-47-

2 Minami-Otsuka, Toshima City

Access: Otsuka (JR)



WEBSITE



ACCESS MAP



## 97 Indian Bangladesh Dining Sunali Higashi Ikebukuro

インド Bangladesh料理 スナリ

☎03-6882-3943

www.facebook.com/indiabangla.sunali/

MAP D-1

Asian food



Lunch ¥700 Dinner ¥1,500

Hours: 11:00–23:45

Closed days: Open 365 days

Address: 2-4-7 Higashi-Ikebukuro, Toshima

City

Access: Otsuka (JR), Mukohara (Tokyo Sakura Tram)



WEBSITE



ACCESS MAP



## 98 Malaychan satu

マレーチャン satu

☎03-5391-7638

www.malaychan-satu.jp/

MAP C-5

Asian food



Lunch ¥940 Dinner ¥1,000

Hours: 11:00–22:30

Closed days: Mon

Address: 3-22-6 Nishi-Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)



WEBSITE



ACCESS MAP



## 99 PAKISTAN RESTAURANT MARHABA

パキスタンレストラン マルハバ

☎03-3987-1031

MAP C-1

Asian food



Lunch ¥1,000 Dinner ¥1,500

Hours: 11:00–15:00, 17:00–22:30 (Mon–Sat), 11:30–21:00

(Sun, holidays)

Closed days: Open 365 days

Address: Palace Garden Milano 1F, 2-63-6

Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)



ACCESS MAP



## 101 CurryLeaves South Indian Restaurant

カレーリーブス南インドレストラン

☎03-5948-4310

www.curryleaves.jp/index

MAP K-9

Curry



Lunch ¥1,000 Dinner ¥1,500

Hours: 11:00–21:00

Closed days: Tue

Address: 1-24-10 Jujo-Nakahara, Kita City

Access: Jujo (JR)



WEBSITE



ACCESS MAP



## 100 Sakura Cafe & Restaurant Ikebukuro

サクラカフェ&amp;レストラン池袋

☎03-5391-2330

www.sakura-cafe.asia/ikebukuro/

MAP C-1

Original dishes



Lunch ¥999 Dinner ¥1,500

Hours: 7:00–21:00

Closed days: Open 365 days

Address: Sakura Hotel Ikebukuro Annex 1F,

2-39-10 Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)



ACCESS MAP



## 102 Zakuro

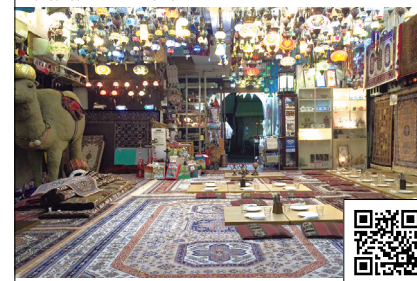
レストラン ザクロ

☎03-5685-5313

https://nipponi-zakuro.com/en/

MAP F-1

Middle Eastern food



Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00–23:00

Closed days: Wed

Address: 3-13-2 Nishi-Nippori, Arakawa City

Access: Nippori (JR, Keisei), Sendagi (Subway)



WEBSITE



ACCESS MAP





**103 Saray Kitasenju**  
サライケバブ 北千住店

☎080-6654-9274  
www.saray.jp/

MAP L-8  
Turkish



WEBSITE

Lunch ¥600 Dinner ¥600

Hours: 10:00–23:00  
Closed days: No fixed holiday  
Address: 2-49 Senju, Adachi City  
Access: Kita-Senju (JR, Subway, TX)

ACCESS MAP



**104 Bangera's Spice Labo**  
バンゲラズスパイスラボ

☎03-6808-0739  
www.bangeras-kitchen.com/en/

MAP L-5  
Asian food



WEBSITE

Lunch ¥1,300 Dinner ¥3,000

Hours: 11:00–15:00 (L.O. 14:30), 17:00–22:30 (L.O. 21:45)  
Closed days: Mon, Jan. 1  
Address: TOKI Bldg. 2F, 3-5-7 Funabori, Edogawa City  
Access: Funabori (Subway)

ACCESS MAP



**107 Menya Kaijin Kichijoji**  
麺屋海神 吉祥寺店

☎042-241-0315  
https://menya-kaijin.tokyo/english-menu/

MAP J-8  
Ramen



WEBSITE

Lunch ¥1,045 Dinner ¥1,045

Hours: 11:00–15:00, 16:30–23:30 (Mon–Fri), 11:00–23:30 (Sat, Sun, holidays)  
Closed days: No fixed holiday  
Address: Kumamoto Bldg. 2F, 1-5-9 Kichijoji-Minamicho, Musashino City  
Access: Kichijoji (JR, Keio)

ACCESS MAP



**108 Indian Bangla Restaurant. Asian Gandhi Akishima**  
アジ庵 ガンジー 昭島店

☎042-546-2485  
www.hotpepper.jp/strJ000813665/

MAP H-8  
Asian food



WEBSITE

Lunch ¥800 Dinner ¥1,600

Hours: 11:00–15:00 (L.O. 14:30), 17:00–21:30 (L.O. 21:00)  
Closed days: No fixed holiday  
Address: 3-4-9 Midoricho, Akishima City  
Access: Akishima (JR)

ACCESS MAP



**105 da Luciano**  
ダルチアーノ

☎042-670-1468  
www.da-luciano.com/

MAP H-9  
Cafe



WEBSITE

Lunch ¥600

Hours: 11:00–18:00  
Closed days: Wed (Oct.–Feb.)  
Address: 2-16-9 Horinouchi, Hachioji City  
Access: Keio-horinouchi (Keio)

ACCESS MAP



**106 MAYUR**  
マユール

☎042-523-0410  
www.mayur.jp/english.html

MAP H-8  
Curry



WEBSITE

Lunch ¥1,000 Dinner ¥2,000

Hours: 11:00–22:00  
Closed days: Open 365 days  
Address: Techno Bldg. 1F, 2-16-6 Akebonocho, Tachikawa City  
Access: Tachikawa (JR, Tama Monorail)

ACCESS MAP



**109 Egyptian restaurant & cafe SPHINX**  
エジプシャンレストラン&カフェ スフィンクス

☎080-8715-5170  
www.facebook.com/sphinxjapan/

MAP L-8  
Middle Eastern food



WEBSITE

Lunch ¥1,200 Dinner ¥2,000

Hours: 11:30–15:00, 17:00–24:00  
Closed days: Mon  
Address: 5-291 Noshio, Kiyose City  
Access: Akitsu (Seibu), Shin-Akitsu (JR)

ACCESS MAP



**110 Indian Bangla Restaurant. Asian Gandhi Hamura**  
アジ庵 ガンジー 羽村店

☎042-579-2485  
www.hotpepper.jp/strJ000247456/

MAP H-8  
Asian food



WEBSITE

Lunch ¥800 Dinner ¥1,600

Hours: 11:00–15:00 (L.O. 14:30), 17:30–21:30 (L.O. 21:00)  
Closed days: No fixed holiday  
Address: 1-1-2 Shinmeidai, Hamura City  
Access: Hamura (JR)

ACCESS MAP





# Traditional



## Taiyaki

Thin pancakes made from wheat flour are stuffed with sweet bean paste and grilled until crispy. Although bean paste is the most common filling, variations containing custard or savory fillings can also be found.

**Main ingredients** Wheat flour, eggs, dairy, sugar, baking soda, adzuki beans, etc.



## Sugar sculpture

Different forms of sugar sculpture can be found all over the world, but in Japan, it has also developed as a kind of street performance. Street entertainers use simple tools like scissors and writing brushes to create colorful works of art on the spot at the customer's request. They're so gorgeous that it almost feels like a shame to eat them!

**Main ingredients** Sugar, starch syrup, granulated sugar, alternative sweeteners, food coloring, etc.



## Shiratama Anmitsu

Regular *anmitsu* is a dessert in which cubes of agar jelly are topped with sweet red bean paste and honey or brown-sugar syrup. This version is also topped with shiratama, dumplings made of refined glutinous rice flour. You can find even more decadent versions that include ice cream and fruit.

**Main ingredients** Agar, adzuki beans, sugar, refined glutinous rice flour, etc.



## Kakigori

Finely shaved ice flavored with syrup. This treat is popular worldwide, especially in Asia, but the current trend in Japan is toward very luxurious varieties, such as shaved ice made from natural spring water and topped with fancy syrups.

**Main ingredients** Water, syrup, etc.



## Dango

Dumplings made by kneading refined glutinous or regular rice flour into balls and boiling them. *Mitarashi dango* are dumplings served on a skewer and covered with a salty-sweet glaze made of soy sauce, sugar, and starch. There are also special kinds of dango for traditional events like moon viewing and cherry-blossom viewing.

**Main ingredients** Refined glutinous or regular rice flour, potato starch, sugar, soy sauce, etc.



## Nerikiri

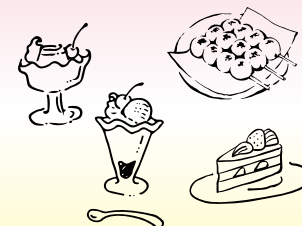
The main ingredient in this gorgeous traditional confection is sweet white bean paste, which is easily tinted in different hues and molded into exquisite seasonal shapes. While mochi sweets have mass appeal, nerikiri is prized as a special treat for formal occasions such as the tea ceremony.

**Main ingredients** White bean, sugar, food coloring, etc.

What better way to explore Tokyo than through its delicious desserts? Here's a quick guide to some of the city's best treats, both old and new.

# Sweets

## of TOKYO Old meets New



## Crepes

Originally from France, these thin and slightly crispy pancakes have been on the Tokyo sweets scene since the late 1970s. The trend started in Harajuku and swiftly became a street food staple. Choose from exciting sweet or savory fillings — some shops have over 100 options!

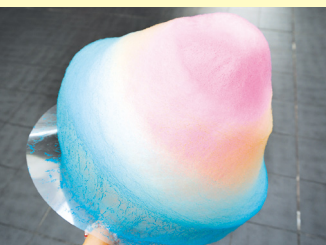
**Main ingredients** Wheat flour, butter, eggs, whipped cream and fruit



## Cotton Candy

Cotton candy can be found across the world, but Tokyo has taken this spun sugar art to new heights. From colorful rainbow towers and spinning tops, these treats are as beautiful as they are delicious. Made in the spirit of traditional sugar sculptors, watching it being made is entertainment in itself.

**Main ingredients** Sugar, food coloring



## Parfait

Similar to an ice cream sundae, the Japanese parfait is an iconic dessert that takes on many forms, which mainly uses ice cream and fresh fruits, sometimes with cornflakes, whipped creams, chocolates, nuts, cereals, and other ingredients. Many restaurants and cafes have their own unique versions.

**Main ingredients** Ice cream, cornflakes, fresh fruit, whipped cream



## Cream Kakigori

Though similar to the traditional summer festival kakigori, this shaved ice treat can be found all year-round and is far more decadent. Because of its simplicity it is versatile and many shops experiment with ingredients such as seasonal fruits, condensed milk, matcha and more.

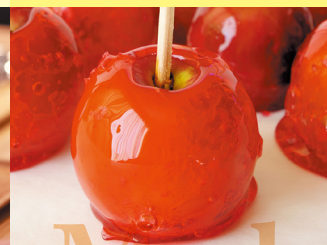
**Main ingredients** Water, syrup, condensed milk



## Candy Apples

A recreation of another festival classic, this apple dipped in syrup is a luxurious and crunchy treat. Modern coatings include cinnamon, cocoa, and even matcha powder. Enjoy it as a street food, or in a stylish cafe.

**Main ingredients** Apples, light corn syrup, food coloring



## Pancakes

Pancakes saw a huge boost in popularity since the late 2000s after an influx of inspiration from Sydney, Hawaii, etc., and Tokyo has never looked back. Many pancake specialty shops serve unique pancakes that are soft, fluffy and melt in your mouth.

**Main ingredients** Wheat flour, eggs, milk, sugar, whipped cream



# Modern



# It's Sushi Time!

## – A Guide to Nigiri-sushi

### Sushi Serving Styles

**Sushi restaurant style:** Order your sushi at the counter, where the Itamae (chef) makes each piece by hand as you watch.



**“Conveyor belt” sushi bar style:** Pick up a plate of sushi from the conveyor belt as it revolves around the counter.



### Agari (Green tea)

Served in a teacup without a handle (a popular design is one with sushi ingredients listed in kanji characters on it). This hot green tea helps wash down the oil from the fish.



### Neta

Ingredient that goes on top of the rice base



### Shari

The vinegared sushi rice that forms the base

### Maguro (Tuna)

Maguro, or tuna, a popular sushi item, is divided into three parts: otoro, chutoro, and akami. Meat with a high fat content from the tuna's abdomen is called otoro, and the especially fatty part is called otoro, which is whitish and has a melty texture. Other toro is called chutoro. Meat from the tuna's back and around the backbone is akami. Most of tuna's meat is akami. When simply saying “maguro,” it usually indicates akami.



### Sabi (Wasabi)

Wasabi (Japanese horseradish) is also known as “namida” (tears) because of its effect on the nose and eyes. For those who don't want wasabi, ask for “sabi nuki,” which means “without wasabi.”

### Gari

Sliced ginger marinated in sweet vinegar. Used as a palate cleanser between different fish types.



### ! Japanese seasonings

In Japan, there are many excellent fermented seasonings such as vinegar, soy sauce, and miso. The raw materials for these are mainly grains like rice, wheat, and soybeans. Fermentation increases the nutrients in these foods and gives them a deep and delicious flavor, making them indispensable seasonings for Japanese cuisine. They also aid in digestion, regulate the intestinal environment, and have a surprisingly wide range of health benefits.

Muslims should be aware that mirin, or cooking sake, is used in making sushi. It is made from alcohol such as shochu. Mirin, like sake, is classified as an alcoholic beverage. It is sometimes used as a sauce for anago (conger eel), or to season salmon roe, so check before ordering to see if mirin or sake is used in the item you want to eat.

Vinegar, soy sauce, and miso are fermented seasonings (non-alcoholic), but some may contain alcohol. Even high-quality, naturally brewed products contain a small amount of alcohol during the fermentation process. Although it is not intended to make anyone feel tipsy, if you are concerned, check with sushi restaurant staff to see if alcohol has been added to the seasonings they use (alcohol is not listed on the ingredient label). Alternatively, you can eat sushi with salt. Generally, sushi and sashimi are eaten with soy sauce, but there are some ingredients, such as shellfish and white meat, that taste better with a small amount of salt.

### Gunkan maki

Sushi rice wrapped in nori (seaweed) and topped with ingredients. This wrapping enables delicate ingredients such as salmon roe and sea urchin to be served. Called “gunkan” because it is said to resemble a battleship.



### Soy sauce

\*Please see the above column.





**6 Siddique National Mart Shin-Okubo**  
シディークナショナルマート新大久保店 MAP B-3  
Food, other goods

**Hours:** 11:00–23:00  
**Closed days:** Open 365 days  
**Address:** 2-9-15 Hyakunincho,  
 Shinjuku City  
**Access:** Shin-Okubo (JR)



**Hours:** 9:00–21:00  
**Closed days:** Jan. 1–2  
**Address:** 2-32-13 Higashi-Azabu, Minato City  
**Access:** Azabu-juban (Subway)



**Hours:** 11:00–19:00  
**Closed days:** Wed  
**Address:** 5-9 Ueno, Taito City  
**Access:** Okachimachi (JR)



**Hours:** 10:00–20:00 (Mon–Sat), 11:00–19:00 (Sun)  
**Closed days:** No fixed holiday  
**Address:** 3-25-13 Mejirodai, Bunkyo City  
**Access:** Gokokuji (Subway)



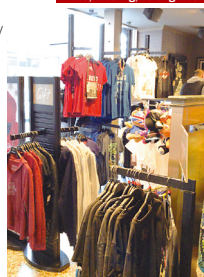
**Hours:** 6:00–12:30,  
15:00–18:00  
**Closed days:** Sat, Sun,  
holidays  
**Address:** 2-7-9 Uchi-Kanda,  
Chiyoda City  
**Access:** Kanda (JR, Subway)



**Hours:** 9:00–22:00  
**Closed days:** Open 365 days  
**Address:** 2-9-2 Azabu-Juban,  
 Minato City  
**Access:** Azabu-juban (Subway)



**Hours:** 11:00–23:00  
**Closed days:** Open 365 days  
**Address:** 5-4-20 Roppongi,  
 Minato City  
**Access:** Roppongi (Subway)



**Hours:** 9:00–20:00  
**Closed days:** Jan. 1–3  
**Address:** 4-5-2 Minami-Azabu, Minato City  
**Access:** Hiro-o (Subway)



**Hours:** 10:00–23:00 (Mon–Fri), 9:00–23:00 (Sat, Sun, holidays)  
**Closed days:** No fixed holiday  
**Address:** atre Ueno 1F, 7-1-1 Ueno, Taito City  
**Access:** Ueno (JR, Subway)



**Hours:** 10:00–17:00  
**Closed days:** Sat, Sun, holidays, New Year holidays  
**Address:** 3-12-1 Shitaya, Taito City  
**Access:** Iriya (Subway), Uguisudani (JR)





## 48



# STAY

This section covers lodgings in Tokyo, ranging from premium hotels to casual guest houses. Many facilities also provide space for prayer, and can even lend you prayer items. All of the lodgings listed here are able to accommodate the lifestyle and practices of Muslim guests while providing the very best of Japanese hospitality. Each accommodation facility is equipped with measures for avoiding infection such as regular ventilation, sanitization, and temperature checks, etc., so you can stay there without anxiety.



**1 Hotel New Otani Tokyo**  
ホテルニューオータニ

☎03-3265-1111  
www.newotani.co.jp/tokyo/

**Address:** 4-1 Kioicho, Chiyoda City  
**Access:** Akasaka-mitsuke (Subway), Nagatacho (Subway)

ACCESS MAP →

MAP D-5  
Room 1479  
Restaurant 37

**2 Imperial Hotel, Tokyo**  
帝国ホテル 東京

☎03-3504-1111  
www.imperialhotel.co.jp

**Address:** 1-1-1 Uchisaiwacho, Chiyoda City  
**Access:** Hibiya (Subway)

ACCESS MAP →

MAP F-5  
Room 697  
Restaurant 17

**3 Palace Hotel Tokyo**  
パレスホテル東京

☎03-3211-5211  
www.palacehotel.co.jp

**Address:** 1-1-1 Marunouchi, Chiyoda City  
**Access:** Otemachi (Subway)

ACCESS MAP →

MAP F-5  
Room 290  
Restaurant 10

**4 Sakura Hotel JIMBOCHO**  
サクラホテル神保町

☎03-3261-3939  
www.sakura-hotel.co.jp/jimbocho/

**Address:** 2-21-4 Kanda-Jimbocho, Chiyoda City  
**Access:** Jimbocho (Subway)

ACCESS MAP →

MAP F-4  
Room 43  
Restaurant 1

**5 The Peninsula Tokyo**  
ザ・ペニンシュラ東京

☎03-6270-2888  
www.peninsula.com/en/tokyo/

**Address:** 1-8-1 Yurakucho, Chiyoda City  
**Access:** Hibiya (Subway)

ACCESS MAP →

MAP F-5  
Room 314  
Restaurant 5

**6 THE TOKYO STATION HOTEL**  
東京ステーションホテル

☎03-5220-1111  
www.tokyostationhotel.jp/

**Address:** 1-9-1 Marunouchi, Chiyoda City  
**Access:** Tokyo (JR, Subway)

ACCESS MAP →

MAP F-5  
Room 150  
Restaurant 9

**7 TOSHI CENTER HOTEL**  
都市センターホテル

☎03-3265-8211  
www.rhga.co.jp/toshicenter/

**Address:** 2-4-1 Hirakawacho, Chiyoda City  
**Access:** Nagatacho (Subway)

ACCESS MAP →

MAP E-5  
Room 327  
Restaurant 2

**9 ITO RYOKAN**  
伊東旅館

☎03-3666-6675  
https://itoryokan.jp/en/

**Address:** 2-31-3 Nihonbashi-Ningyochi, Chuo City  
**Access:** Ningyochi (Subway), Suitengu-mae (Subway), Hamacho (Subway)

ACCESS MAP →

MAP G-4  
Room 6  
Restaurant 1

**11 Grand Prince Hotel Shin Takanawa**  
グランドプリンスホテル新高輪

☎03-3442-1111  
www.princehotels.com/shintakanawa/

**Address:** 3-13-1 Takanawa, Minato City  
**Access:** Shinagawa (JR, Keiyou), Takanawadai (Subway)

ACCESS MAP →

MAP D-8  
Room 908  
Restaurant 7

**13 Sheraton MIYAKO HOTEL TOKYO**  
シェラトン都ホテル東京

☎03-3447-3111  
www.miyakohotels.ne.jp/tokyo/

**Address:** 1-1-50 Shirokanedai, Minato City  
**Access:** Shirokanedai (Subway)

ACCESS MAP →

MAP D-8  
Room 484  
Restaurant 4

**15 The Prince Sakura Tower Tokyo**  
ザ・プリンス さくらタワー東京

☎03-5798-1111  
www.princehotels.com/sakuratawer/

**Address:** 3-13-1 Takanawa, Minato City  
**Access:** Shinagawa (JR, Keiyou), Takanawadai (Subway)

ACCESS MAP →

MAP D-8  
Room 288  
Restaurant 2

**8 hostel DEN**  
ホステルデン

☎03-6661-2067  
https://hostel-den.jp/

**Address:** 4-13-8 Nihonbashi-Honcho, Chuo City  
**Access:** Kodemmacho (Subway)

ACCESS MAP →

MAP G-4  
Room 11  
Restaurant 0

**10 Conrad Tokyo**  
コンラッド東京

☎03-6388-8000  
https://conrad-tokyo.hiltonjapan.co.jp/

**Address:** 1-9-1 Higashi-Shimbashi, Minato City  
**Access:** Shiodome (Subway), Yurikamome

ACCESS MAP →

MAP F-6  
Room 291  
Restaurant 5

**12 Grand Prince Hotel Takanawa**  
グランドプリンスホテル高輪

☎03-3447-1111  
www.princehotels.com/takanawa/

**Address:** 3-13-1 Takanawa, Minato City  
**Access:** Shinagawa (JR, Keiyou), Takanawadai (Subway)

ACCESS MAP →

MAP D-8  
Room 388  
Restaurant 8

**14 Shinagawa Prince Hotel**  
品川プリンスホテル

☎03-3440-1111  
www.princehotels.com/shinagawa/

**Address:** 4-10-30 Takanawa, Minato City  
**Access:** Shinagawa (JR, Keiyou)

ACCESS MAP →

MAP D-9  
Room 354  
Restaurant 14

**16 RIHGA Royal Hotel Tokyo**  
リーガロイヤルホテル東京

☎03-5285-1121  
www.rhga.com/tokyo

**Address:** 1-104-19 Totsukamachi, Shinjuku City  
**Access:** Waseda (Subway)

ACCESS MAP →

MAP D-3  
Room 131  
Restaurant 4



**17 Shinjuku Prince Hotel**  
新宿プリンスホテル

☎03-3205-1111  
www.princehotels.co.jp/shinjuku/  
**Address:** 1-30-1 Kabukicho, Shinjuku City  
**Access:** Seibu-Shinjuku (Seibu), Shinjuku (JR, Subway, Keio, Odakyu)

ACCESS MAP

MAP: B-4  
Room: 571  
Restaurant: 3

**18 Hotel Chinzanso Tokyo**  
ホテル椿山荘東京

☎03-3943-1111  
https://hotel-chinzanso-tokyo.jp/  
**Address:** 2-10-8 Sekiguchi, Bunkyo City  
**Access:** Edogawabashi (Subway)

ACCESS MAP

MAP: D-3  
Room: 267  
Restaurant: 9

**19 Sakura Hotel NIPPORI**  
サクラホテル日暮里

☎03-5685-1200  
www.sakura-hotel.co.jp/nippori/  
**Address:** 3-43-15 Sendagi, Bunkyo City  
**Access:** Nippori (JR, Keisei), Sendagi (Subway)

ACCESS MAP

MAP: F-1  
Room: 94  
Restaurant: 1

**20 Agora Place Tokyo Asakusa**  
アゴラプレイス 東京浅草

☎03-3842-8421  
www.agoraplace-asakusa.com/sp/  
**Address:** 2-2-9 Kotobuki, Taito City  
**Access:** Tawaramachi (Subway)

ACCESS MAP

MAP: G-3  
Room: 145  
Restaurant: 1

**21 RYOKAN SAWANOYA**  
旅館 澤の屋

☎03-3822-2251  
www.sawano-ya.com/eigo.html  
**Address:** 2-3-11 Yanaka, Taito-City  
**Access:** Nezu (Subway)

ACCESS MAP

MAP: F-2  
Room: 12  
Restaurant: 1

**22 Sakura Hostel ASAKUSA**  
サクラホステル浅草

☎03-3847-8111  
www.sakura-hotel.co.jp/asakusa/  
**Address:** 2-24-2 Asakusa, Taito City  
**Access:** Asakusa (Subway, Tobu, TX)

ACCESS MAP

MAP: H-2  
Room: 29  
Restaurant: 1

**23 Hotel East 21 Tokyo**  
ホテル イースト 21 東京

☎03-5683-5683  
www.hotel-east21.co.jp/  
**Address:** 6-3-3 Toyo, Koto City  
**Access:** Toyocho (Subway)

ACCESS MAP

MAP: I-5  
Room: 394  
Restaurant: 7

**24 Moosa's Guest Room Tokyo**  
ムーサーズゲストルーム東京

☎050-5358-1130  
https://moosas.net/  
**Address:** MonteRoza\*K, 4-7-5 Ojima, Koto City  
**Access:** Ojima (Subway)

ACCESS MAP

MAP: J-4  
Room: 3  
Restaurant: 0

**25 HOTEL MID IN MEGURO-EKIMAE**  
ホテルミッドイン目黒駅前

☎03-3490-3111  
www.midin.jp/meguro/en/  
**Address:** 1-2-19 Shimo-Meguro, Meguro City  
**Access:** Meguro (JR, Subway, Tokyu)

ACCESS MAP

MAP: C-5  
Room: 65  
Restaurant: 0

**26 The Westin Tokyo**  
ウェスティンホテル東京

☎03-5423-7000  
www.westintokyo.com  
**Address:** 1-4-1 Mita, Meguro City  
**Access:** Ebisu (JR, Subway)

ACCESS MAP

MAP: C-5  
Room: 438  
Restaurant: 8

**27 CERULEAN TOWER TOKYU HOTEL**  
セルリアンタワー東急ホテル

☎03-3476-3000  
www.tokyuhotels.co.jp/cerulean-h/  
**Address:** 26-1 Sakuragaokacho, Shibuya City  
**Access:** Shibuya (JR, Subway, Tokyu, Keio)

ACCESS MAP

MAP: B-7  
Room: 408  
Restaurant: 10

**28 Sakura Hotel HATAGAYA**  
サクラホテル幡ヶ谷

☎03-3469-5211  
www.sakura-hotel.co.jp/hatagaya/  
**Address:** 1-32-3 Hatagaya, Shibuya City  
**Access:** Hatagaya (Keio)

ACCESS MAP

MAP: A-5  
Room: 75  
Restaurant: 1

**29 Sakura House: Shibuya Yoyogi Uehara**  
サクラハウス 渋谷代々木上原ムスリムハウス

☎03-5330-5250  
www.sakura-house.com/  
**Address:** 40-23 Oyamacho, Shibuya City  
**Access:** Yoyogi-uehara (Subway, Odakyu)

ACCESS MAP

MAP: A-6\*  
Room: 30  
Restaurant: 0

**30 Sakura Hotel IKEBUKURO**  
サクラホテル池袋

☎03-3971-2237  
www.sakura-hotel.co.jp/ikebukuro/  
**Address:** 2-40-7 Ikebukuro, Toshima City  
**Access:** Ikebukuro (JR, Subway, Seibu, Tobu)

ACCESS MAP

MAP: C-1  
Room: 103  
Restaurant: 1

**31 Sunshine City Prince Hotel**  
サンシャインシティプリンスホテル

☎03-3988-1111  
www.princehotels.co.jp/sunshine/  
**Address:** 3-1-5 Higashi-Ikebukuro, Toshima City  
**Access:** Higashi-ikebukuro (Subway)

ACCESS MAP

MAP: C-1  
Room: 1091  
Restaurant: 4

**32 Sakura House TABATA 2: Muslim-Friendly Share House FOR WOMEN**  
サクラハウス・田端2 ムスリムフレンドリーシェアハウス女性専用

☎03-5330-5250  
www.sakura-house.com/building/tabata2/share-house-for-muslim-women  
**Address:** 3-27 Tabatashinmachi, Kita City  
**Access:** Tabata (JR)

ACCESS MAP

MAP: K-8  
Room: 4  
Restaurant: 0

**33 Sakura House ITABASHI Muslim-Friendly Apartments**  
サクラハウス・板橋ムスリムフレンドリー アpartment

☎03-5330-5250  
www.sakura-house.com/building/itabashi-muslim-friendly-apartments  
**Address:** 3-29 Sakashita, Itabashi City  
**Access:** Hasune (Subway)

ACCESS MAP

MAP: K-8  
Room: 3  
Restaurant: 0

**34 Wild Cherry Blossom -HOSTEL, TOKYO KOGANEI-**  
Wild Cherry Blossom HOSTEL

☎042-401-1221  
https://gen-hostel.co.jp/  
**Address:** 4-15-14 Nakacho, Koganei City  
**Access:** Musashi-Koganei (JR)

ACCESS MAP

MAP: I-8  
Room: 95  
Restaurant: 0

An accommodation tax is levied when staying at hotels in Tokyo.

Room Charge (per person per night)	Below ¥10,000	Between ¥10,000 to ¥15,000	¥15,000 and above
Tax	Tax-free	¥100	¥200

\*The revenue from the accommodation tax is used to enhance the attractiveness of Tokyo as a global city and to fund measures to promote tourism.

29: \*The map indicates the place of the accommodation. The place you get the key of the room is near Shinjuku Sta.



Staying calm and taking the necessary steps

# What To Do in an Emergency

This information will help you in the event of disasters such as earthquakes, storms, floods, or fires, theft, lost items, and other emergencies.

## Earthquakes

### What to do

If you feel shaking from an earthquake, remain calm and take steps to protect your body. Act in an orderly manner; do not panic or run.



### How to protect yourself

#### ●Indoors

Watch out for objects that may fall or topple over. Stay away from anything made of glass such as windows, TVs, or furniture, and protect your body by crouching under a table, etc. Once the shaking has subsided, make sure the gas is turned off and there are no sources of fire. Open doors or windows so that you can evacuate if necessary. Wear slippers or shoes indoors if there are fallen objects.

#### ●Outdoors

Make sure you are not near any objects that may fall or topple over. Protect your head using your bag, etc. If you are inside an underground shopping complex and the power goes out, do not panic nor rush for the exit. Instead, wait for the shaking to subside, and then move along the walls toward the emergency exit.

### If you are inside an elevator

As soon as you feel any shaking, press the buttons for all of the floors and get off wherever the elevator stops. If you are trapped inside the elevator, use the intercom to call for help. Do not use elevators to evacuate, since you can become trapped inside due to aftershocks or power outages.

### Watch out for tsunamis!

An earthquake may be followed by a tsunami. Stay away from waterfronts and low-lying ground. If you are near the sea, immediately flee toward nearby high ground, a tsunami evacuation building, or a taller structure. Tsunamis can also travel against the current of a river. Flee in a direction perpendicular to the river.

### Watch out for aftershocks!

A strong earthquake may be followed by multiple aftershocks. Be careful, as aftershocks may cause landslides or the collapse of buildings.

## Storms/Floods

### Heavy Rain/Violent Storms

Pay attention to weather information. In the event of heavy rain, stay away from rivers and underpasses. If you are near a cliff, watch out for landslides.

Be careful not to fall into open manholes or gutters. If you are in an area that is underground or partially underground and there is a danger of flooding, move to a safe location above ground.



### Tornadoes

If you are indoors, close any storm shutters and/or curtains, move away from the windows, and crouch under a sturdy table, etc. If you are outdoors, take shelter inside an underground facility or a sturdy structure made of a material like reinforced concrete, and wait for the tornado to pass.

## Fires

### What to do

If you notice a fire, alert those around you by shouting "Fire!" (*Kaji da!*) and dial 119 for the fire department. Cover your mouth and nose with a handkerchief, etc. so that you do not breathe in smoke, and stay close to the ground as you move. If you cannot see your surroundings due to smoke, move along the walls. If you are inside a hotel, etc., follow the instructions of staff.

## Theft/Lost Items

Report the matter to the police, who will issue a certificate of theft or loss. If you accidentally left an item on a train or bus or inside a taxi, contact the respective operating company.

### If your passport is stolen or lost

Contact your country's embassy or consulate to have the passport invalidated and issue an emergency passport or travel document for returning to your home country.

[www.mofa.go.jp/about/emb\\_cons/protocol/](http://www.mofa.go.jp/about/emb_cons/protocol/)

### If your credit card is stolen or lost

Immediately call the credit-card company's emergency hotline to cancel your card.



## Evacuation Shelters

### What are evacuation shelters?

Evacuation shelters are spaces that temporarily accept and shelter people who have been forced to leave their homes due to a disaster. They also provide disaster-related information and essential supplies like water. Evacuation shelters are usually located inside a public facility such as a school, and accept foreigners. Travel on foot and take as little with you as possible.



Evacuation Area



Evacuation Shelter



Tsunami Evacuation Area



Tsunami Evacuation Building

## Notes on evacuating

When evacuating, travel on foot and take as little with you as possible. Make sure you have valuables such as your passport or residence card, mobile phone, and charger.

### Evacuation signage for different types of disasters

When walking around Tokyo, you will probably notice many signs indicating locations or facilities where you should evacuate. When you are near rivers or the sea, also keep an eye out for signage on how to escape a tsunami.

## Emergency Information in Foreign Languages

### Online Information

●**Safety tips** In total 12 languages such as English, Chinese, Korean, Spanish, and more. Other languages will be added sequentially.

A disaster information app for foreign travelers in Japan provided by the Japan Tourism Agency. You can get push notifications for earthquake early warnings and tsunami warnings, as well as emergency weather warnings for heavy rain, etc. and volcanic eruption information issued for Japan. The app also provides a flowchart for what to do in an evacuation, helpful links such as a list of embassies, and communication cards to use if you cannot communicate in Japanese.

Android

<https://play.google.com/store/apps/details?id=jp.co.cscs.safetyTips.android>

iOS

<https://apps.apple.com/app/safety-tips/id858357174>



Android



iOS

●**Tokyo Metropolitan Medical Institution Information** English, Chinese, Korean, and Japanese

You can search for medical institutions in the Tokyo Metropolis that offer services in multiple languages other than Japanese, or where you can receive outpatient care from a female physician.

Tokyo Metropolitan Medical Institution Information Service

[www.himawari.metro.tokyo.jp/qq13/qqport/tomintop/other/flks230.php](http://www.himawari.metro.tokyo.jp/qq13/qqport/tomintop/other/flks230.php)



●**Tokyo Fire Department Multilingual Page**

English, Chinese, Korean, Thai, Filipino, and Japanese  
[www.tfd.metro.tokyo.lg.jp/eng/](http://www.tfd.metro.tokyo.lg.jp/eng/)



●**Tokyo Metropolitan Government Disaster Prevention Website**

multilingual  
[www.bousai.metro.tokyo.lg.jp](http://www.bousai.metro.tokyo.lg.jp)



●**Immigration Services Agency of Japan Website** English, Chinese, Korean, Portuguese, Spanish, and Japanese

[www.isa.go.jp/en/](http://www.isa.go.jp/en/)



●**Japan Visitor Hotline** English, Chinese, Korean, and Japanese

Japan National Tourism Organization (JNTO) operates a visitor hotline 24 hours a day, 365 days a year. Please feel free to call for tourist information or assistance in case of accidents or emergencies.

☎ 050-3816-2787  
(24 hours a day)

[www.japan.travel/en/plan/hotline/](http://www.japan.travel/en/plan/hotline/)



### NHK World

In addition to your computer, NHK World TV and NHK World Radio are also available on your smartphone or tablet device if you download a specialized free app.

●**NHK World TV (English)** <https://www3.nhk.or.jp/nhkworld/>

●**NHK World Radio Japan (Japanese and 17 other languages):** Find the link for your language on the website above.



Emergency Numbers

Police  
Fire  
Department

110  
119

In the event of a crime or accident

To report a fire or to call for help or an ambulance



# List of Hospitals and Clinics With English-Speaking Staff and Female Doctors

It can be tough for Muslim travelers if you happen to become ill or injured during your trip, especially for women. However, there are many hospitals and clinics throughout Tokyo with women doctors on staff. What's more, all of the facilities listed here have English-speaking staff. Enjoy your time in Tokyo with added peace of mind!

\*Due to working schedules, we cannot guarantee that female doctors or English-speaking staff are available 24/7.

\*Please contact the facility you intend to visit by phone and speak to the staff before arriving.



## Internal Medicine

### Kioicho Naika Clinic

紀尾井町内科

☎ 03-6265-6500

Weekdays 9:30-12:30, 14:00-17:30

Not available on Friday

Closed days: Sat, Sun, hols

KKD Bldg. 1F, 3-1 Kioicho, Chiyoda City

<https://kioichonaika.jp/>

1 D-5



## General Hospital, Emergency

### St. Luke's International Hospital

聖路加国際病院

☎ 03-3541-5151

General Internal Medicine 8:30-11:00

Other departments by appointment only,

Emergency department available 24 hours

Closed days: Sat, Sun, hols

9-1 Akashicho, Chuo City

<http://hospital.luke.ac.jp/eng/>

2 G-6



## General Hospital, Emergency

### Tokyo Saiseikai Central Hospital

東京救済会中央病院

☎ 03-3451-8211

Mon-Sat 8:00-11:30

Emergency department available 24 hours

Closed days: Sun, hols, 2nd and 4th Sat, Year-end

and New Year

1-4-17 Mita, Minato City

[www.saichu.jp/english/home/](http://www.saichu.jp/english/home/)

9 E-7



## General Hospital, Emergency

### Tokyo Takanawa Hospital

東京高輪病院

☎ 03-3443-9191

Reception hours 8:30-11:30

Language Services 9:00-15:45

Closed days: Sat, Sun, hols

3-10-11 Takanawa, Minato City

<https://takanawa.jcho.go.jp/international-assistance-service/>

10 D-8



## Internal Medicine, Diabetes/Endocrinology, Hepatology/Gastroenterology

### Takahashi Clinic

高橋医院

☎ 03-3551-5955

9:30-13:00, 15:00-18:30

Closed days: Mon (afternoon), Fri (morning),

Sat, Sun, hols

Takahashi Bldg. 1F, 3-26-8 Hatchobori,

Chuo City

<http://hatchobori.jp/english/>

3 G-5



## Internal Medicine, Allergy, Dermatology

### Daimon Medical Clinic

大門メディカルクリニック

☎ 03-6435-6056

Weekdays 12:00-14:15, 16:00-19:00

Closed days: Sat, Sun, hols

Orchid Place 5F, 2-1-16 Hamamatsucho,

Minato City

[www.daimonclinic.jp/en/doctor-2/](http://www.daimonclinic.jp/en/doctor-2/)

4 E-7



## Internal Medicine, Neurology, Cardiology, Respiratory Medicine

### Toranomon Toma Clinic

虎ノ門とうまクリニック

☎ 03-3502-4080

10:00-13:00, 15:30-19:00

Closed days: Sat, Sun, hols

Toranomon Chuo Bldg. 4F, 1-1-16

Toranomon, Minato City

[www.toranomon-toma-clinic.com/eng/](http://www.toranomon-toma-clinic.com/eng/)

11 E-6



## Internal Medicine, Pediatrics, Dermatology, Travel Medicine

### Navitas Clinic Shinjuku

ナビタスクリニック新宿

☎ 03-5361-8383

Mon-Fri 10:00-13:00, 15:00-21:00 Sat 10:00-14:00;

Sun, hols 10:00-17:00 \*Check the website as

consultation hours/days vary by department.

Closed days: Year-end and New Year

NEWoMan Bldg. 7F, 4-1-6 Shinjuku, Shinjuku City

[www.navitasclinic.jp/clinic/shinjuku/](http://www.navitasclinic.jp/clinic/shinjuku/)

12 B-4



## Internal Medicine, Vaccination, Medical Check-up

### International Health Care Clinic

インターナショナルヘルスケアクリニック

☎ 03-3501-1330

Tue-Fri 10:00-12:15, 15:30-18:15

Closed days: Mon, Sat, Sun, hols

Sueyoshi Bldg. 3F, 2-10-5 Shimbashi,

Minato City

[www.ihc-clinic.jp/en/](http://www.ihc-clinic.jp/en/)

5 E-6



## General Hospital, Emergency

### International University of Health and Welfare, Mita Hospital

国際医療福祉大学三田病院

☎ 03-3451-8121

Accepting new patients 8:30-11:30, 12:30-16:30

ED opens 24/7 (secondary care)

Closed days: Sun, hols

1-4-3 Mita, Minato City

<https://mita.iuhw.ac.jp/english/>

6 E-7



## General Hospital, Emergency

### Juntendo University Hospital

順天堂大学医学部附属順天堂医院

☎ 03-3813-3111

Reception hours for first visit (weekdays) 8:00-11:00, 11:30-15:00

(Saturdays except 2nd Saturday) 8:00-11:00, 11:30-14:30 \*Check the

website for details. ([www.juntendo.ac.jp/hospital/patient/foreign/time/](http://www.juntendo.ac.jp/hospital/patient/foreign/time/))

\*Please bring a referral letter from another medical institution.

Closed days: 2nd Sat, Sun, hols, May 15, Year-end and New Year

3-1-3 Hongo, Bunkyo City [www.juntendo.ac.jp/hospital/global/english/](http://www.juntendo.ac.jp/hospital/global/english/)

13 F-3



## Internal Medicine, Pediatrics, Dermatology, Allergy

### Miwa Medical Clinic

美和メディカルクリニック

☎ 03-5770-3855

Weekdays 9:20-12:30, 15:30-18:30 Sat 9:20-13:00

Closed days: Thu (morning), 1st, 3rd and 5th Sat,

Sun, hols

Aoyama R Natsuno Bldg. 4F, 4-2-17 Jingumae,

Shibuya City

[www.miwamedical.net/](http://www.miwamedical.net/)

14 C-6



## Internal Medicine, Ophthalmology, Travel Medicine, Medical Check-up

### Shinagawa East Clinic

品川イーストクリニック

☎ 03-5783-5521

Internal medicine, Travel medicine and Ophthalmology 9:00-13:00,

14:30-17:30 (Reservation required) \*Ophthalmology only in Mon,

Thu afternoons Medical check up 9:00- (Reservation required)

Closed days: Sat, Sun, hols (Only PCR test is available on Sat, hols)

Shinagawa Intercity B Bldg. 2F, 2-15-2 Kounan, Minato City

<http://e-clinic.gr.jp/en/>

7 E-9



## General Clinic

### Tokyo Medical & Surgical Clinic

トウキョウ メディカル アンド サージカル クリニック

☎ 03-3436-3028

Weekdays 9:00-17:00; Sat 9:00-12:30

Closed days: Sun, hols

32 Shibakoen Bldg. 2F, 3-4-30 Shibakoen,

Minato City

<https://tmcs.jp/>

8 E-6



## Internal Medicine, Pediatrics, Medical Check-up, Travel Medicine

### Sendagaya International Clinic

千駄ヶ谷インターナショナルクリニック

☎ 03-3478-4747

Mon-Fri 10:00-13:00, 15:00-18:00 Sat 9:00-14:00

Closed days: Wed, Sun, hols

Barbizon Build. 2F 20F, 1-20-3 Sendagaya,

Shibuya City

[www.sendagaya-ic.com/en/](http://www.sendagaya-ic.com/en/)

15 C-5



## General Hospital, Emergency

### Tokyo Metropolitan Hiroo Hospital

東京都立広尾病院

☎ 03-3444-1181 / 03-3446-8331 (Reservation)

Weekdays 9:00-17:00; Sat 9:00-11:30

Closed days: Sun, hols

2-34-10 Ebisu, Shibuya City

[www.byouin.metro.tokyo.lg.jp/hiroo/english/](http://www.byouin.metro.tokyo.lg.jp/hiroo/english/)

16 D-7





# POINT-AND-ASK GUIDE

## EAT

肉 Meat	牛肉 Beef	豚肉 Pork	鶏肉 Chicken	羊肉 Lamb/Mutton	魚 Fish	貝 Shellfish
野菜 Vegetables	きのこ Mushrooms	醤油 Soy sauce	味噌 Miso	酢 Vinegar	みりん Mirin	

<p>Q 私はムスリムです。豚肉が食べられません。 アラブ料理が飲めません。</p> <p>I am a Muslim. I cannot eat pork or drink alcohol.</p>	<p>はい、わかりました。 I understand. That's no problem.</p> <p>申し訳ありません。当店で対応できません。 I'm very sorry, but we cannot comply with your dietary restrictions.</p>
<p>Q この店は豚肉を扱っていますか？</p> <p>Does this shop handle pork products?</p>	<p>はい YES</p> <p>いいえ NO</p>
<p>Q 英語のメニューがありますか？</p> <p>Do you have an English menu?</p>	<p>はい YES</p> <p>申し訳ありません。ございません。 I'm sorry, we do not.</p>
<p>Q この料理は、アルコールを含む調味料(醤油・味噌・みりん)や豚由来の食材(豚肉、豚骨スープ、ラード、ゼラチン)を使用していますか？</p> <p>Does this food use seasonings which include alcohol (soy sauce, miso, mirin) or products made from pigs (pork, pork-bone soup, lard, gelatin)?</p>	<p>はい YES</p> <p>使用していません NO</p>
<p>Q この料理から _____ を取り除けますか？</p> <p>Can you remove the _____ from this food?</p>	<p>はい YES</p> <p>申し訳ありません。できません。 I'm sorry, we cannot.</p>
<p>Q お勧め料理はどれですか？</p> <p>Which dish do you recommend?</p>	<p>〇点 _____</p> <p>I recommend the _____.</p>
<p>Q 洗面所はどこですか？</p> <p>Where is the restroom?</p>	<p>あちらです。 It's over there.</p> <p>ご案内します。 Please, follow me.</p>
<p>Q (西北西に向けて畳一畳分の広さ) 礼拝をしたいのですが、場所を貸していただけませんか？</p> <p>I wish to perform prayers. Will you please lend me a prayer space?</p>	<p>こちらをご利用ください。 Please use this room.</p> <p>申し訳ありません。ございません。 I'm sorry, but we do not have any rooms.</p>

## STAY

内科 Internal medicine	外科 Surgery	形成外科 Plastic surgery	婦人科 Gynecology	小児科 Pediatrics
耳鼻咽喉科 Otorhinolaryngology	眼科 Ophthalmology/ Eye clinic	歯科 Dentistry	総合病院 General Hospital	救急病院 Emergency Hospital

<p>Q 荷物を預かれますか？</p> <p>Can you look after my luggage?</p>	<p>はい、何時までですか？ Yes. What time will you return here?</p> <p>申し訳ありません。できません。 I'm sorry, we cannot do that.</p>
<p>Q タクシーを呼んでください。</p> <p>Will you call a taxi for me?</p>	<p>はい、どこまで行かれますか？ Certainly. Where would you like to go?</p>
<p>Q このホテルにはムスリムでも食べられるレストランがありますか？</p> <p>Does this hotel have any restaurants suitable for Muslim diners?</p>	<p>はい、こちらです。 Yes, this restaurant is suitable.</p> <p>申し訳ありません。ありません。 I'm sorry, there are no such restaurants here.</p>
<p>Q この近くに女性がいる英語対応可能な病院がありますか？</p> <p>Is there a nearby hospital where there are female, English-speaking doctors?</p>	<p>あります。 _____ 分ほどかかります。 Please visit the _____.</p> <p>It takes _____ minutes to get there.</p> <p>近くにありません。 No, there are none nearby.</p>

## SHOP

<div>Q</div> <p>これはいくらですか？</p> <p>How much does this cost?</p>	<p>日本円で税込 _____ 円です。</p> <p>It costs _____ yen, including tax.</p> <div>A</div>				
<div>Q</div> <p>この店は免税になりますか？</p> <p>Is this store a tax-free store?</p>	<p>はい、当店は免税店です。</p> <p>Yes, it is.</p> <hr/> <p>いいえ、免税店ではありません。</p> <p>No, it isn't.</p> <div>A</div>				
<div>Q</div> <p>クレジットカードは使えますか？</p> <p>Can I use a credit card here?</p>	<p>はい、使えます。</p> <p>Yes, you can.</p> <hr/> <p>日本円の現金のみです。</p> <p>No, we only accept Japanese yen in cash.</p> <div>A</div>				
Visa	JCB	MasterCard	Diners Club	American Express	银联カード UnionPay






# TOKYO MUSLIM

Travelers' Guide 2022-2023

Pray•Eat•Shop•Stay

 Welcome to TOKYO!