

TOKYO MUSLIM

Travelers' Guide 2021-2022

Pray • Eat • Shop • Stay





Welcome to Tokyo!

The Tokyo Muslim Travelers' Guide is designed to make your visit to Tokyo as comfortable, The restaurants, lodgings, places of worship, and shops in this guide do their utmost to This guide also presents you with opportunities to experience Japan's traditional culture Even establishments which primarily cater to Japanese customers are often able to accommodate Staff may be able to make changes such as menu substitutions, so please feel free to ask if We wish you, our Muslim friends, an enjoyable and truly memorable stay in Tokyo!

Icon Guide



Muslim restaurant owner



eating utensils provided



Dedicated area for salat



Muslim staff



Vegetarian dishes available





prayer available on request







Pork-free dishes/products available



Facilities provided for ceremonial cleansing





Alcohol-free dishes/products available



Dedicated rooms for Muslim guests



assistance available



Alcoholic beverages not available



appropriate rooms can be



English menu available



Non-alcoholic beverages available



Muslimfriendly menu available



INDEX

Traveler's Map 03

Train Route Map

Japanese Food Travel Tips in Japan

13

Japanese Sweets

41

Delivery & Takeout Transportation Guide

43

Shop 45

Stay **49**

Emergency Response 53



55

Point and Ask Guide

enjoyable, and meaningful as possible.

accommodate the lifestyles and customs of Muslim guests. and cuisine.

the needs of Muslims.

you need anything at all.



ingredients are indicated



Alcohol served



Free Wi-Fi



meat

Halal

seasonings

used

TAX

Separate kitchens for halal food preparation



Private

room

Dedicated

cooking utensils

for halal food

Staff with knowledge of Islamic customs



Dedicated

cutlery for

halal food

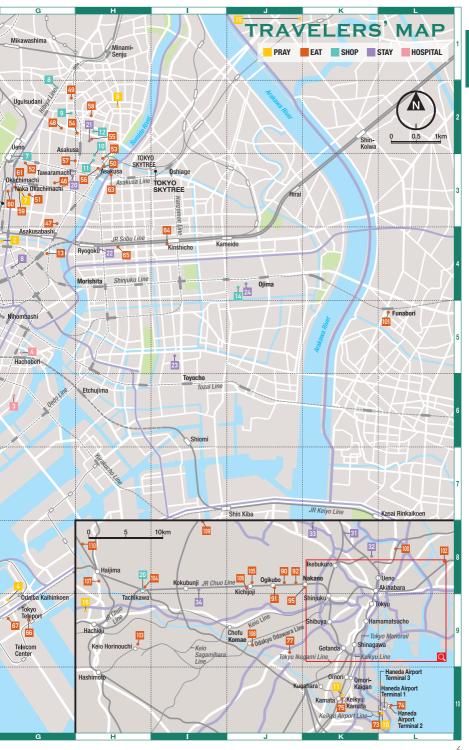
Qibla direction indicated

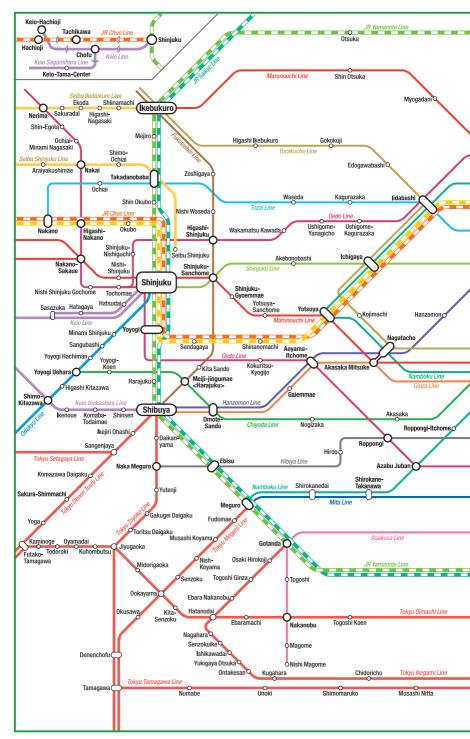
Consumption tax

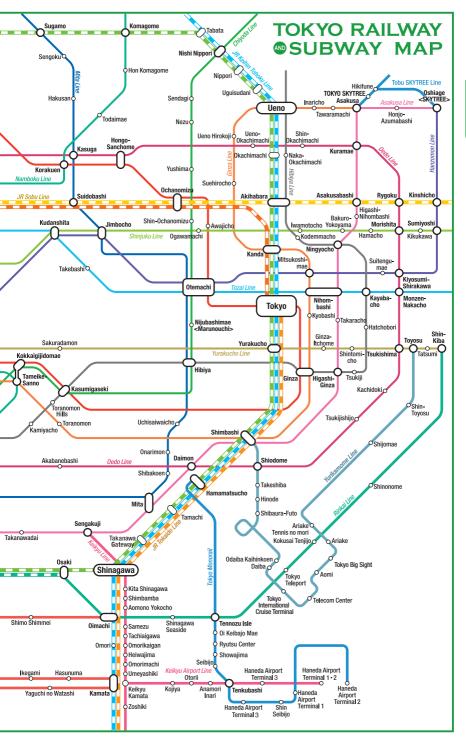
Consumption tax at shops, restaurants, etc. is 10%. Please note whether the tax is included in the indicated price depends on the shop and product. Foods and beverages are subject to the reduced tax rate of 8% in some cases. Visit the following website for more information.

tax-freeshop.jnto.go.jp/eng/consumption_tax.php









Dining—JAPANESE FOOD



Sushi

Sushi is one of the most famous and delicious Japanese dishes. Tokyo has one of the best selections of fresh fish in the world, making it worth to taste.



Tempura

Tempura is made using a batter of flour and water, and usually deep-fried in vegetable oil. Vegetables, fish, and shrimp are common tempura ingredients.



Soba

Soba is a type of noodle made with buckwheat flour, usually served with a dipping sauce or in soy saucebase soup. It is a traditional Japanese dish that is often Muslim-friendly.



Ramen

Generally, ramen consists of wheat noodles, served in a meat or fish-based broth, topped with sliced pork, eggs, etc., but there are a number of restaurants that offer ramen without pork. There are also vegetarian and vegan ramen shops with the indication of ingredients.





Many dishes in Japan may contain alcohol (adding a condiment called "mirin"), pork, or gelatin even if not stated on the menu. This includes major Japanese condiments such as soy sauce and soy sauce-base soup, as they may include alcohol. Some restaurants offer a detailed list of ingredients available for reference. Also, some sushi restaurants can make sushi without mirin (a kind of alcohol) upon request.

Convenience Stores

Some foods contain preservatives and other non-halal ingredients, but there are a variety of affordable and delicious Muslim-friendly options available.



Tips for Getting by Smoothly in Japan

Exploring a new culture can sometimes be both surprising and frustrating. To help navigate any potential difficulties, here are some tips for getting around in Japan.

On the Train

Manners in Public

When using public transportation (buses and trains, etc.), avoid speaking loudly or talking on the phone as it may disturb other commuters. Make sure to switch your phone to silent mode. Your phone should be turned off completely if near priority seats when the train is crowded. In inner-city areas, some train cars are reserved for women only during certain hours and days.



Switch your phone to silent mode



Quiet please





Do not throw rubbish





Con the Street

Littering, smoking on the street, and smoking while walking are strictly prohibited in certain areas. Throw any trash you may have in the public bins provided, or take it home with you. Smokers should only smoke in designated areas.

Using Toilets



止— Stop おしり _ Wash bottom 乾燥 - Drying function 大 _ Large flush

ビデ — Bidet

小 - Small/eco flush

A number of public restrooms feature wheelchair-accessible toilets and diaper changing facilities. Many Western-style toilets in Japan have a toilet seat with bidet functions like Washlet with several buttons and icons. A guide to the main functions can be found on the left.



For visitors to enjoy traveling in Tokyo while avoiding transmission risks, measures for avoiding infection or infecting others are important.

Wear a face mask.

Practice social distancing.



Refrain from conversation in public transport.



Enjoy the food and drink more Always remember to wash your hands.



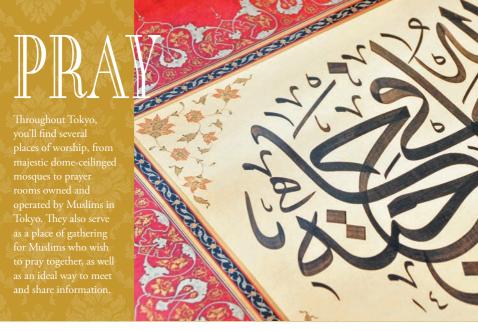
Begin the day with a health check.



Information for protecting yourself and others

https://www.gotokyo.org/en/plan/coronavirus-information/index.html







東京駅 JR東日本訪日旅行センター

Hours: 8:30-19:00 (Mon-Fri), 8:30-17:00 (Sat, Sun, holidays)

Closed days: Open 365 days Address: 1 Marunouchi, Chiyoda City

Access: Tokyo (JR, Subway)

















Masjid Nusantara-Akihabara マスジドヌサンタラ秋葉原

^03-6260-9387

www.facebook.com/masjidnusantaraakihabara/

Hours: 10:00-19:00 Closed days: Open 365 days

Address: Yamaume Bldg. 5F, 2-17 Kanda-Sudacho,

Chiyoda City

Access: Akihabara (JR, Subway, TX)

















Matsuya Ginza

?03-3567-1211 www.masjid-finder.jp/pray/304/

Hours: Varies depending on the facility Closed days: Varies depending on the facility Address: 3-6-1 Ginza, Chuo City

Access: Ginza (Subway)























DECKS Tokyo Beach

203-3599-6500

www.odaiba-decks.com/ Hours: 11:00-21:00

Closed days: No fixed holiday Address: 1-6-1 Daiba, Minato City Access: Odaiba-kaihinkoen (Yurikamome)





















TOKYO MIDTOWN

東京ミッドタウン

^03-3475-3100 www.tokyo-midtown.com

Hours: 11:00-21:00 Closed days: Jan. 1

Address: 9-7-1 Akasaka, Minato City Access: Roppongi (Subway), Nogizaka (Subway)























Masiid Al-Ikhlas Kabukicho

マスジドアル=イフラース歌舞伎町

^03-6260-9387 www.masjid-finder.jp/pray/19/

Hours: 4:00-22:00 Closed days: Open 365 days

Address: Nakajima Bldg. 1F, 1-3-10 Kabukicho, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu)





















As-Salaam Masjid アッサラームマスジド

~03-3836-3533 www.assalaamfoundation.org

Hours: 11:00-21:00 Closed days: Open 365 days Address: As-Salaam Bldg., 4-6-7 Taito, Taito City Access: Okachimachi (JR), Naka-okachimachi (Subway), Shin-okachimachi (Subway, TX), Uenookachimachi (Subway), Ueno-hirokoji (Subway)

































Dar Al-Argam Masjid ダール・ル・アルカム マスジド(浅草マスジド)

?03-3871-6061

www.masjid-finder.jp/pray/18/ Hours: 4:00-23:00

Closed days: Open 365 days Address: 1-9-12 Higashi-Asakusa, Taito City

Access: Minami-Senju (JR, Subway, TX), Asakusa (Subway, Tobu, TX)





























www.muslim.or.ip

Japan Muslim Association (Islamic Culture Exchange Center in Japan)

宗教法人日本ムスリム協会(日本イスラーム文化交流会館)

^03-6277-3561

Hours: 10:00-Evening prayer Closed days: Sat, Sun

Address: 3-17-23 Higashi-Gotanda, Shinagawa City

Access: Gotanda (JR. Subway, Tokyu)



















Haneda Airport Terminal 3

羽田空港第3ターミナル

^03-5757-8111

https://tokyo-haneda.com/index.html

Hours: Open 24 hours Closed days: Open 365 days

Address: 2-6-5 Haneda Airport, Ota City Access: Haneda Airport Terminal 3 (Keikyu,

Tokyo Monorail)





















Kamata Masiid

(社団法人)蒲田マスジド

^080-5545-0666 www.kamatamasjid.cor

Hours: 15 min. before FAJR-22:00 Closed days: Open 365 days Address: 5-1-2 Kamata, Ota City Access: Kamata (JR, Tokyu)

































Takashimaya Shinjuku Store

~03-5361-1111

www.takashimaya.co.jp/shinjuku/index.html

Hours: 10:30-19:30 Closed days: Jan. 1

Address: 5-24-2 Sendagaya, Shibuya City Access: Shinjuku (JR, Subway, Keio, Odakyu)



































Tokyo Camii & Turkish Culture Center 東京ジャーミイ・トルコ文化センター

^03-5790-0760 https://tokyocamii.org/

Hours: 10:00-18:00 (Fajr, Zohar, Asar, Maghrib & Isha prayer time open)

Closed days: Open 365 days Address: 1-19 Oyamacho, Shibuya City



























Masiid Otsuka

~03-3971-5631 www.islam.or.ip/

Hours: Fajr-Isha

Closed days: Open 365 days

Address: 3-42-11 Minami-Otsuka, Toshima City

Access: Otsuka (JR)























Makki Masjid Tokyo マッキーマスジド東京(モスク)

^03-5670-7426

www.masjid-finder.jp/pray/16/

Hours: Open 24 hours Closed days: Open 365 days

Address: 5-22-14 Yotsugi, Katsushika City Access: Ohanajaya (Keisei)

* For Men Only





















Al Tawheed Masiid Hachioii

?04-2620-5551

w.altawheedmasjidhachioji.jp/

Hours: 9:00-18:00

Closed days: Open 365 days

Address: Nazido Bldg., 36-6 Hiraokacho, Hachioji City Access: Hachioji (JR), Keio-hachioji (Keio)























List of prayer spaces in restaurants, shops, and lodging facilities

EAT

Siddique Akihabara KandasudachoP14- 6

Siddique HanzomonP15- 7 Siddique JimbochoP15- 8

SOLEIL HIBIYA OKUROJIP15- 9

TORKARI JIMBOCHOP15- 10

Annam Indian Restaurant Ginza.....P16- 11 Tempura Shinjuku Tsuna-hachi Matsuya Ginza.....P17- 17

La maison de Cous CousP19-23

Siddique Shinjuku-nishiguchiP22- 36

Silkroad Tarim Uyghur RestaurantP22- 37

Takuan Botantei P22- 38

Tokyo Muslim RestaurantP29- 64 Tokyo ramen KumahachiP29-65

Indonesian Restaurant CABE MEGUROP30-68

KEBAB STANDP31-73

Sakura Cafe HatagayaP34-85 INDIAN OVENP35-89

TORKARI KOENJIP36-92 Kebabcafe ErtugrulP37- 95

Malaychan satuP37-96

Egyptian restaurant & cafe SPHINXP40- 109

SPARKLE P46- 10

Tokyo Camii Halal MarketP47- 16

hostel DENP50-8

Grand Prince Hotel Shin TakanawaP50-10 Sakura House: Shibuya Yoyogi UeharaP50- 16

Moosa's Guest Room TokyoP51- 24

Sakura Hotel HATAGAYAP52- 28

Wild Cherry Blossom-HOSTEL, TOKYO KOGANEI- P52-34

Besides the most well-known Japanese foods such as sushi, sashimi, and tempura, Tokyo offers a culinary cornucopia of regional and international dining. Choose any type of restaurant, from casual eateries to longstanding, traditional dining establishments, specializing in your native country's cuisine!





^03-3526-2489





Lunch ¥1,000 Dinner ¥3,500

Hours: 11:30-15:00 (L.O. 14:30), 17:30-23:00 (L.O. 22:30) (Mon-Fri), 17:30-23:00 (L.O. 22:30) (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Genki Bldg., 2-2-3 Kanda-Tacho,

Chiyoda City

Access: Kanda (JR. Subway)



Bangera's Kitchen Jimbocho

バンゲラズ キッチン 神保町

^03-3518-9136



Lunch ¥1,300 Dinner ¥4,500

Hours: 11:00-17:00 (L.O. 16:40), 17:00-23:00 (L.O. 22:30) Closed days: Jan. 1, Varies depending on the facility

Address: Terrace Square 1F, 3-22 Kanda-

Nishikicho, Chiyoda City Access: Jimbocho (Subway)





Maharaja Marunouchi

~03-5221-8271 www.maharaja-group.com/



Lunch ¥900 Dinner ¥1.500

Hours: 11:00-23:00 (L.O. 22:00) (Mon-Fri), 11:00-21:00 (L.O. 20:00) (Sat. Sun. holidays)

Closed days: Open 365 days

Address: 2-1-1 Marunouchi, Chiyoda City Access: Tokyo (JR, Subway), Nijubashimae (Subway)







Mazulu Halal Beef Noodle

^03-6811-7992 https://lanzhou-lamian.com/english





Lunch ¥950 Dinner ¥950

Hours: 11:00-15:00, 17:00-20:30 Closed days: Open 365 days

Address: 1-3-18 Kanda-Jimbocho, Chiyoda City

Access: Jimbocho (Subway)





Sakura Cafe JIMBOCHO

サクラカフェ神保町

?03-3261-3939





ww.sakura-cafe.asia/en/jimbocho/

Lunch ¥1,000 Dinner ¥1,500

Hours: Open 24 hours Closed days: Open 365 days

Address: Sakura Hotel Jimbocho, 2-21-4 Kanda-Jimbocho, Chiyoda City

Access: Jimbocho (Subway)





Siddique Akihabara Kandasudacho シディーク秋葉原 神田須田町店

^03-5296-9310

www.siddique.co.jp/siddique-kandasudacho

Lunch ¥780 Dinner ¥780

Hours: 11:00-21:30 (L.O. 21:00) Closed days: Open 365 days

Address: Asaga Bldg. 1-2F, 1-7-15 Kanda-Sudacho, Chiyoda City

Access: Akihabara (JR, Subway, TX), Kanda (JR. Subway), Iwamotocho (Subway)







7 Siddique Hanzomon

シディーク半蔵門店

€03-3262-3370 www.siddigue.co.in/hanzomon





Lunch ¥950 Dinner ¥1.650

Hours: 11:00–15:00 (L.O. 14:30), 17:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: 2-12-2 Hirakawacho, Chiyoda City Access: Nagatacho (Subway), Hanzomon (Subway)



ACCESS MAP

ACCESS

Siddique Jimbocho

- ファイーン神味

€03-3511-5758 www.siddique.co.jp/jimbocho





Lunch ¥950 Dinner ¥1.650

Hours: 11:00–23:00 (L.O. 22:30) **Closed days:** Open 365 days

Address: 2-7 Kanda-Jimbocho, Chiyoda City

Access: Jimbocho (Subway)



ACCESS MA



9 SOLEIL HIBIYA OKUROJI

SOLEIL 日比谷 OKUROJI店

€03-6205-8873 https://soleil.kitchen/



Lunch ¥1,100 Dinner ¥5,000

Hours: 11:00–14:00, 14:00–17:00, 17:00–22:00 (L.O. 21:30) **Closed days:** New Year holidays

Address: HIBIYA OKUROJI (H-8), 1-7-1 Uchisaiwaicho, Chiyoda City

Access: Yurakucho (JR, Subway), Shimbashi (JR, Subway, Yurikamome)





TORKARI JIMBOCHO

トルカリ神保町

€03-6721-5514



Lunch ¥1,200 Dinner ¥2,500

Hours: 11:00–15:00, 17:00–22:30 (L.O. 22:00) **Closed days:** Open 365 days

Address: PHOENIX Jimbocho Bldg. B1–1F, 2-34 Kanda-Jimbocho, Chiyoda City Access: Jimbocho (Subway)





Annam Indian Restaurant Ginza アナム本格インド料理 銀座

~03-6280-6708

https://annam-indian-restaurannt.owst.ip/en/





Lunch ¥1.000 Dinner ¥2.000

Hours: 11:00-17:00, 17:00-24:00 Closed days: Open 365 days

Address: Ginza 8-Chome No. 10 Bldg. B1F, 8-10-8 Ginza, Chuo City

Access: Ginza (Subway), Shimbashi (JR, Subway, Yurikamome)





Bangera's Kitchen Ginza バンゲラズ キッチン 銀座

^03-3561-5516



Lunch ¥1.800 Dinner ¥5.000

Hours: 11:00-17:00 (L.O. 16:40), 17:00-23:00 (L.O. 22:30) Closed days: Jan. 1, Varies depending on the facility

Address: Ginza Inz2 2F, 2-2 Ginza-Nishi, Chuo City

Access: Ginza (Subway), Yurakucho (JR, Subway)





Dakshin Higashi Nihombashi

南インド料理ダクシン東日本橋

~03-3249-9155





Lunch ¥1,000 Dinner ¥3,000

Hours: 11:00-22:00 (L.O.) (Mon-Fri), 11:00-14:30 (L.O.), 17:30-21:00 (L.O.) (Sat, Sun, holidays)

Closed days: New Year holidays

Address: 1-12-1 Nihonbashi-Bakurocho, Chuo City

Access: Higashi-nihombashi (Subwav). Bakurocho (JR)





Dakshin Yaesu

^03-6225-2640 www.dakshin.jp



Lunch ¥1,000 Dinner ¥3,000

Hours: 11:00-14:30 (L.O.), 17:30-22:00 (L.O.) (Mon-Fri), 11:00-14:30 (L.O.), 17:30-21:00 (L.O.) (Sat, Sun, holidays) Closed days: New Year holidays

Address: Prairie Bldg. B1F, 2-5-12 Yaesu,

Chuo City Access: Kvobashi (Subway), Tokyo (JR, Subway)



ACCESS MAR



KHAN KEBAB BIRYANI

カーンケバブ ビリヤニ銀座店

^03-6280-6242

https://tabelog.com/tokyo/A1301/A130103/13170211/





Lunch ¥1.000 Dinner ¥2.500

Hours: 11:00-15:30, 17:00-22:30 Closed days: Open 365 days

Address: Hakuhinkan Bldg. 6F, 8-8-11 Ginza, Chuo City

Access: Ginza (Subway), Shimbashi (JR, Subway, Yurikamome)





Nataraj Ginza

自然派インド料理ナタラジ銀座店

^03-5537-1515 www.natarai.co.ip.





Lunch ¥1 200 Dinner ¥2 800

Hours: 11:30-23:00 (L.O. 22:30) Closed days: New Year holidays Address: Ginza Kosaka Bldg. 7-9F, 6-9-4 Ginza, Chuo City

Access: Ginza (Subway)









Tempura Shinjuku Tsuna-hachi Matsuya Ginza

天ぷら新宿つな八 松屋銀座店

?03-3567-1374 www.tunahachi.co.jp/en/index.html





Lunch ¥2,200 Dinner ¥3,080

Hours: 11:00-22:00

Closed days: No fixed holiday

Address: Matsuya Ginza 8F, 3-6-1 Ginza,

Chuo City

Access: Ginza (Subway)



WERSITE



TENDON GINZA ITSUKI

天丼専門 銀座いつき

^03-6263-2988



Lunch ¥1,000 Dinner ¥1,000

Hours: 11:00-15:30 (L.O. 15:00), 17:30-23:15 (L.O. 22:00) Closed days: Jan. 1

Address: Ginza Inz1 2F, 3-1 Ginza-Nishi,

Chuo City

Access: Yurakucho (JR, Subway)





African Restaurant Calabash

アフリカンレストラン・カラバッシュ

~03-3433-0884 www.calabash.co.ip





Lunch ¥1.000 Dinner ¥3.500

Hours: 11:30-14:00 (Tue-Fri), 17:30-23:00 (Mon-Sat) Closed days: Sun. holidays

Address: Hamamatsucho Bldg. B1F, 2-10-1

Hamamatsucho, Minato City

Access: Hamamatsucho (JR, Tokyo Monorail), Daimon (Subway), Shibakoen (Subway)













Gonpachi Nishi-Azabu

^03-5771-0170 http://gonpachi.jp/nishi-azabu/





Lunch ¥1.000 Dinner ¥4.000

Hours: 11:30-27:30 (Food L.O. 26:45, Drink L.O. 27:00) Closed days: Open 365 days

Address: 1-2F, 1-13-11 Nishi-Azabu, Minato City

Access: Roppongi (Subway), Nogizaka (Subway)



ACCESS MAP



Indian Restaurant Mumbai AQUA CITY ODAIBA インド料理ムンバイアクアシティお台場+Tandoori Grill

^03-6457-1566 https://mumbai-english.com/





Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00-23:00 (L.O. 22:00) Closed days: No fixed holiday

Address: Aqua City Odaiba 6F, 1-7-1 Daiba,

Minato City

Access: Daiba (Yurikamome), Tokyo Teleport

(Rinkai)







Kochuan

^03-3441-8888 www.kochuan.co.jp



Dinner ¥40,000

Hours: 11:00-22:00 (L.O. 19:30) Closed days: No fixed holiday

Address: 1-1-1 Shirokanedai, Minato City Access: Shirokanedai (Subway)





La maison de Cous Cous ラメゾンドクスクス

^03-6435-8684

www.cous-cous.tokvo.



Lunch ¥1.000 Dinner ¥3.000

Hours: 11:30-15:00, 17:00-23:00 Closed days: No fixed holiday Address: Hamamatsucho West Bldg. 1F,

2-10-4 Shibakoen, Minato City

Access: Hamamatsucho (JR, Tokyo Monorail), Daimon (Subway), Shibakoen (Subway)





Nirvanam Kamiyacho Branch

^03-3433-1217





Lunch ¥1,200 Dinner ¥2,500

Hours: 11:15-14:30, 17:30-22:30 (L.O. 21:45) Closed days: Open 365 days

Address: Ote Bldg. 2F, 3-19-7 Toranomon, Minato City

Access: Kamiyacho (Subway)





SAHIFA KEBAB & BIRYANI サヒファケバブ ビリヤニ 六本木店



Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00-15:30, 17:00-22:30 Closed days: Open 365 days

Address: Furanse Bldg. 1F, 4-11-8 Roppongi,

Minato City

Access: Roppongi (Subway)



WERSITE



SALMA Tikka & Biryani

サルマ ティッカアンドビリヤニ **^**03-3449-5302



Lunch ¥1,000 Dinner ¥2,500

Hours: 11:00-15:00. 17:00-22:30 Closed days: Open 365 days Address: Village Takanawa 1F, 4-22-11 Takanawa, Minato City Access: Shinagawa (JR, Keikyu)





SAMRAT Minamiaoyama サムラート南青山店

~03-3408-5656 www.samrat.co.jp/





Lunch ¥1.000 Dinner ¥3.500

Hours: 11:00-22:30

Closed days: New Year holidays Address: Toei Apartment 1F, 1-3-6 Minami-

Aoyama, Minato City

Access: Aoyama-itchome (Subway)





SAMRAT Curry House Takanawa

サムラート カレーハウス 高輪店

^03-5420-9230 www.samrat.co.ip/





Lunch ¥1.000 Dinner ¥3.500

Hours: 11:00-23:30 Closed days: New Year holidays Address: 1-2-1 Takanawa, Minato City Access: Shirokane-takanawa (Subway)



Shoujin Cuisine DAIGO

~03-3431-0811

ww.atago-daigo.jp/en





Lunch ¥15,000 Dinner ¥23,000

Hours: 11:30-15:00 (L.O. 14:00), 17:00-22:00 (L.O. 20:00)

Closed days: New Year holidays Address: Atago Forest Tower, 2-3-1 Atago,

Minato City

Access: Kamiyacho (Subway)





Soup Stock Tokyo Hiroo スープストックトーキョー 広尾店

^03-5447-6080 www.soup-stock-tokyo.com/en





Lunch ¥1,000 Dinner ¥1,000

Hours: 11:00-21:00 (Mon-Fri), 11:00-20:00 (Sat. Sun. holidays)

Closed days: New Year holidays

Address: Minoya Bldg. 1F, 5-15-12 Minami-

Azabu, Minato City

Access: Hiro-o (Subway)





BARIS KEBAB STAND

バルシュケバブスタンド

^03-6457-7671

www.instagram.com/yotuya_baris_new/





Lunch ¥980 Dinner ¥980

Hours: 11:00-22:00

Closed days: Mon (or the following Tue when it

falls on a national holiday)

Address: No.1 Ueno Bldg. 1F, 1-19-16 Yotsuya, Shinjuku City

Access: Yotsuya (JR, Subway)





Jingisukan Tarim

^03-6873-9180 www.jingisukan-tarim.com





Hours: 17:00-24:00 Closed days: Open 365 days

Address: Aban Bldg. Sakasu 17 2F, 1-1-6

Yotsuya, Shinjuku City Access: Yotsuya (JR, Subway)





KEBAB ye

^03-3356-5691 http://kebabye-tokyo.com/





Lunch ¥1,100 Dinner ¥2,000

Hours: 11:30-21:30 (L.O. 21:00)

Closed days: Tue

Address: No.6 Sanwa Bldg. Annex 1F, 3-6-7

Shinjuku, Shinjuku City

Access: Shinjuku-sanchome (Subway)





Menya Kaijin Shinjuku 麺屋海神 新宿店

^03-3356-5658



Lunch ¥1,050 Dinner ¥1,050

Hours: 11:00-15:00, 16:30-23:30 (Mon-Fri), 11:00-23:30 (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Sanraku Bldg. 2F, 3-35-7 Shinjuku,

Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu)





Saishokukenbi

~03-5332-3627 http://daisho-kikaku.com/tokyo/





Lunch ¥1.000

Hours: 11:00-16:00 (L.O. 15:30), 18:00-21:00 (L.O. 20:30)

Closed days: Tue

Address: 2-21-26 Hyakunincho, Shinjuku City

Access: Okubo (JR), Shin-Okubo (JR)











Siddique Shinjuku-nishiguchi

^03-5925-2259

www.siddique.co.jp/shinjuku-nishiguchi





Lunch ¥780 Dinner ¥780

Hours: 11:00-29:00

Closed days: Open 365 days

Address: No.2 Nisshin Bldg. 2F, 7-10-20 Nishi-Shinjuku, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu), Shinjuku-nishiguchi (Subway)





Silkroad Tarim Uyghur Restaurant シルクロードタリム ウイグルレストラン

^03-6276-7799 ww.oasis-tarim.com



Lunch ¥1,000 Dinner ¥1,000

Hours: 17:00-24:00 (Tue-Fri), 12:00-24:00 (Sat. Sun.

Closed days: Mon (Open on national holidays) Address: Nishi-Shinjuku Pearl Bldg. 103, 3-15-8 Nishi-Shinjuku, Shinjuku City Access: Hatsudai (Keio)





Takuan Botantei

^03-5354-3071

https://r.gnavi.co.jp/g304303/



Lunch ¥1,200 Dinner ¥8,000

Hours: 11:30-15:00. 17:00-22:00 Closed days: Dec. 31, Jan. 1

Address: Nishi-Shinjuku Park-heights 1F, 4-15-1 Nishi-Shinjuku, Shinjuku City

Access: Tochomae (Subway), Nishi-shinjukugochome (Subway), Shinjuku (JR, Subway, Keio, Odakyu)





Bengali Bistoro Sunali Honkomagome

ンガルビストロスナリ本駒込店

~03-6912-1317

. https://tabelog.com/tokyo/A1323/A132301/13248429/





Lunch ¥700 Dinner ¥1.500

Hours: 11:00-23:00 Closed days: Open 365 days Address: Ogawa Bldg. 1F, 2-1-4 Honkomagome, Bunkyo City Access: Sengoku (Subway)







Casual Dining The Bistro /Hotel Chinzanso Tokyo カジュアルダイニング ザ・ビストロ/ホテル椿山荘東京

^03-3943-5489

https://hotel-chinzanso-tokyo.jp/restaurant/bistro/





Lunch ¥3.900 Dinner ¥7.200

Hours: 11:30-22:00 (L.O.) Closed days: Open 365 days Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)





Italian Restaurant IL TEATRO /Hotel Chinzanso Tokyo イタリア料理 イル・テアトロ/ホテル椿山荘東京

^03-3943-5489



Japanese MIYUKI /Hotel Chinzanso Tokyo 日本料理「みゆき」/ホテル椿山荘東京

https://hotel-chinzanso-tokyo.jp/restaurant/miyuki/

^03-3943-5489





Lunch ¥7,500 Dinner ¥18,000

Hours: 6:30-10:30 (L.O.), 12:00-14:30 (L.O.), 17:30-21:00 (L.O.), Dinner Course (L.O. 20:30)

Closed days: Open 365 days Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)



WERSITE



Lunch ¥7,500 Dinner ¥14,000

Hours: 7:00-10:00 (L.O.), 11:30-14:30 (L.O.), 17:30-21:00 (L.O.)

Closed days: Open 365 days Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)





Ryotei Kinsui /Hotel Chinzanso Tokyo /ホテル椿山荘東京

~03-3943-5489

https://hotel-chinzanso-tokyo.jp/restaurant/kinsui/





Lunch ¥26.000 Dinner ¥26.000

Hours: 11:30-20:00 (L.O.) Closed days: Open 365 days Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)





Stone Grill MOKUSHUNDO /Hotel Chinzanso Tokyo 石焼料理「木春堂」/ホテル椿山荘東京

^03-3943-5489

https://hotel-chinzanso-tokyo.ip/restaurant/mokushundo/





Lunch ¥10.000 Dinner ¥16.000

Hours: 11:30-14:30 (L.O.), 17:00-20:00 (L.O.) (Mon-Fri), 11:30-15:00 (L.O.), 17:00-20:00 (L.O.) (Sat. Sun. holidays)

Closed days: Wed (Open on national holidays) Address: 2-10-8 Sekiguchi, Bunkyo City Access: Edogawabashi (Subway)





Sakura Cafe & Restaurant Nippori

サクラカフェ&レストラン日暮里

?03-5685-6111 w.sakura-cafe.asia/en/nippori/





Ayam-YA Shin-Okachimachi Ayam-YA 新御徒町店

^03-4360-3672



Lunch ¥800 Dinner ¥800

Hours: Open 24 hours Closed days: Open 365 days

Address: Sakura Hotel Nippori, 3-43-15

Sendagi, Bunkyo City

Access: Sendagi (Subway), Nippori (JR, Keisei), Nishi-Nippori (JR, Subway)









Lunch ¥900 Dinner ¥900

Hours: 11:00-15:00. 17:00-22:00 Closed days: Open 365 days

Address: 1F, 3-10-3 Motoasakusa, Taito City Access: Shin-okachimachi (Subway, TX)





BIMI-kitchen

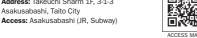
~03-6231-8440

https://bimikitchen.com/



Lunch ¥680 Dinner ¥950

Hours: 11:00-15:00 (L.O. 14:30), 17:00-22:30 (L.O. 22:00) Closed days: Open 365 days Address: Takeuchi Sharm 1F, 3-1-3 Asakusabashi, Taito City





Cafeteria Spice Jaya

カフェテリア スパイスジャヤ

^03-3841-3823



Tobu)

Hours: 11:00-15:00 (L.O. 14:00) Closed days: Mon. Tue

Address: Floral Ueno-Matsugaya, 4-26-14 Matsugaya, Taito City Access: Iriya (Subway), Asakusa (TX, Subway,





Fucha Vegetarian Cuisine BON

^03-3872-0375





Lunch ¥3,450 Dinner ¥6,000

Hours: 12:00-13:30 (L.O.), 17:30-21:00 (L.O. 19:00) (Mon-Sat), 12:00-13:30 (L.O.), 17:00-20:00 (L.O. 18:00) (Sun, holidays)

Closed days: Wed

Address: 1-2-11 Ryusen, Taito City Access: Iriya (Subway)





Gonpachi Asakusa Azumabashi

^03-5830-3791



Lunch ¥1,000 Dinner ¥4,000

Hours: 11:30-23:00 (Food L.O. 22:00, Drink L.O. 22:30)

Closed days: Open 365 days Address: 2-1-15 Kaminarimon, Taito City

Access: Asakusa (Subway, Tobu, TX)





HALAL WAGYU YAKINIKU PANGA ハラール和牛焼肉 ぱんが

~03-3839-8929

www.panga-panga.com,





Dinner ¥4.000

Hours: 11:30-14:00 (L.O. 13:45), 17:00-22:00 (L.O. 21:30) (Mon-Sat), 17:00-22:00 (L.O. 21:00) (Sun, holidays)

Closed days: New Year holidays, other days Address: 3-27-9 Taito, Taito City

Access: Okachimachi (JR, Subway, TX), Shinokachimachi (Subway, TX)







52 Halima kebab biryani

^03-6672-1796



Lunch ¥1.000 Dinner ¥2.500

Hours: 11:00-15:30, 17:00-22:30 Closed days: Open 365 days

Address: Ueno M Bldg. 1F, 3-36-7 Higashi-

Ueno, Taito City

Access: Inaricho (Subway), Ueno (JR, Subway)





Japanese Greentea Shop Masudaen Sohonten

^03-3841-0840

ww.facebook.com/Masudaen-Green-tea-shop-251841074861508/





Lunch ¥500

Hours: 8:30-19:00

Closed days: Open 365 days Address: 1-1-17 Asakusa, Taito City Access: Asakusa (Subway, Tobu, TX)





NINJA CAFE ASAKUSA

~080-3361-0702 www.ninja-cafe.com/



Lunch ¥2,000 Dinner ¥2,000

Hours: 11:00-23:00 Closed days: Open 365 days

Address: 3-27-14 Nishi-Asakusa, Taito City

Access: Asakusa (TX, Subway, Tobu)





Sakura Cafe Asakusa

^03-3847-8111 www.sakura-cafe.asia/en/asakusa/ Original di



Lunch ¥1.000 Dinner ¥3.500

Hours: 5:30-22:00

Closed days: Open 365 days Address: Sakura Hostel Asakusa 1F, 2-24-2

Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX),

Tawaramachi (Subway)







Saray Kaminarimon

サライケバブ 雷門店

^03-3844-1370 www.saray.jp/





Lunch ¥600 Dinner ¥600

Hours: 11:00-24:00 Closed days: Open 365 days

Address: 2-19-12 Kaminarimon, Taito City Access: Asakusa (Subway, Tobu, TX)





Saray Nishi-Asakusa

サライケバブ 西浅草店

^03-3844-1370 www.saray.jp/





Lunch ¥600 Dinner ¥600

Hours: 12:00-14:00. 14:00-24:00 Closed days: No fixed holiday

Address: 1F, 2-14-18 Nishi-Asakusa, Taito City Access: Asakusa (TX, Subway, Tobu),

Tawaramachi (Subway)

WEBSITE



UOSHOU

^03-3872-0030

Lunch ¥2,200 Dinner ¥5,000

Hours: 12:00-15:00. 17:00-23:00 Closed days: Mon

Address: 5-10-2 Asakusa, Taito City Access: Asakusa (Subway, Tobu, TX)







~03-5817-8165

w.facebook.com/vegkitchentokyo.



Lunch ¥1.000 Dinner ¥1.900

Hours: 11:00-15:00, 17:00-23:00 Closed days: Jan. 1-2 Address: 3-44-8 Taito, Taito City Access: Okachimachi (JR)





VEGE HERB SAGA

^03-5818-4154 www.vegeherbsaga.com



Lunch ¥1.500 Dinner ¥3.000

Hours: 11:15-15:00 (L.O. 14:30), 17:15-23:00 (L.O. 22:30)

Closed days: Mon. New Year holidays

Address: Torei Bldg. B1F, 5-22-1 Ueno, Taito City

Access: Okachimachi (JR), Naka-okachimachi (Subway), Ueno-okachimachi (Subway)



ACCESS MAP



Venu's South Indian Dining ヴェヌス サウス インディアン ダイニング

^03-6883-9765

Lunch ¥1,000 Dinner ¥2,000

Hours: 11:00-14:30, 17:00-21:30 (L.O.) Closed days: Jan. 1-4

Address: Magazan Okachimachi II, 4-8-9 Taito, Taito City

Access: Naka-okachimachi (Subway)





Yuusyokuya Boo

^03-6240-1220



Lunch ¥850 Dinner ¥2,500

Hours: 11:30-14:00 (L.O. 13:40), 17:00-24:00 (L.O. 23:00) (Mon-Fri), 11:00-20:00 (L.O. 19:00) (Sat, Sun, holidays) Closed days: New Year holidays

Address: 2k540 AKI-OKA ARTISAN N-4, 5-9 Ueno, Taito City Access: Okachimachi (JR), Akihabara (JR, Subway, TX), Suehirocho (Subway), Naka-okachimachi (Subway)





Organic Store & Cafe Dining, Sumida River Kitchen



Lunch ¥850 Dinner ¥2,000

Hours: 11:30-14:00, 17:30-21:00 (Mon-Fri),

11:30-14:00 (L.O.) (Sat) Closed days: Sun

Address: 1-15-4 Azumabashi, Sumida City Access: Asakusa (Subway, Tobu)





Tokyo Muslim Restaurant

東京穆斯林飯店(トーキョームスリムハン

^03-5669-0934

https://r.gnavi.co.jp/k031adr40000/



Lunch ¥900 Dinner ¥4.000

Hours: 11:00-15:00 (L.O. 14:30), 17:00-23:00 (L.O. 22:30)

Closed days: No fixed holiday Address: 2-18-6 Kotobashi, Sumida City Access: Kinshicho (JR, Subway)





Tokyo ramen Kumahachi

両国の小粋な長屋ラーメン熊八

^080-7852-5511





Lunch ¥900 Dinner ¥950

Access: Ryogoku (JR, Subway)

Hours: 11:30-14:00, 18:00-21:30 Closed days: Open 365 days Address: 2-15-1 Midori, Sumida City





Green Asia Tokyo VenusFort

GREEN ASIA TOKYO ヴィーナスフォート店



Lunch ¥1,500 Dinner ¥2,500

Hours: 11:00-23:00 Closed days: Open 365 days

Address: VenusFort in palette town, 1-3-15

Aomi, Koto City

Access: Aomi (Yurikamome), Tokyo Teleport (Rinkai)





SOJIBO "DiverCity Tokyo Plaza" そじ坊 ダイバーシティ東京プラザ

~03-5520-1310 www.facebook.com/HFRSoiiboDC/





Lunch ¥900 Dinner ¥900

Hours: 11:00-23:00 Closed days: Open 365 days

Address: DiverCity Tokyo Plaza 6F, 1-1-10 Aomi, Koto City

Access: Daiba (Yurikamome), Tokyo Teleport (Rinkai)



Indonesian Restaurant CABE MEGURO インドネシア料理店チャベ目黒店

^03-6432-5748

https://cabe-eco.com



Lunch ¥850 Dinner ¥2.000

Hours: 11:30-14:30, 17:30-22:00 Closed days: Sun, holidays

Address: No.1 Tanaka Bldg. 2F, 3-5-4 Kami-

Osaki, Shinagawa City

Access: Meguro (JR, Subway, Tokyu)





SABERA TIKKA BIRIYANI

サベラティッカ ビリヤニ 天王洲アイル



Lunch ¥1,000 Dinner ¥2,500 Hours: 11:00-15:30. 17:00-22:30

Closed days: Open 365 days Address: Tennozu Yusen Bldg. 1F, 2-2-20 Higashi-Shinagawa, Shinagawa City Access: Tennozu Isle (Yurikamome, Rinkai)





TANDOOR Meguro

^03-3449-0901



Lunch ¥1,000 Dinner ¥2,000

Hours: 11:00-22:00 Closed days: Open 365 days

Address: Koyo Bldg. 4F, 2-16-4 Kami-Osaki,

Shinagawa City

Access: Meguro (JR, Subway, Tokyu)





SAMRAT Jiyugaoka

サムラート 自由が丘店

^03-6421-3568 www.samrat.co.ip/





Lunch ¥1.000 Dinner ¥3.500

Hours: 11:00-23:00 Closed days: New Year holidays Address: No.2 Genta Bldg. 2F, 1-12-3 Jiyugaoka, Meguro City Access: Jiyugaoka (Tokyu)





Saray Gakugeidaigaku

サライケバブ 学芸大学店

^03-6452-2829 www.saray.jp/





Lunch ¥600 Dinner ¥600

Hours: 11:00-23:00 Closed days: No fixed holiday Address: 3-14-6 Takaban, Meguro City Access: Gakugei-daigaku (Tokyu)



















KEBAB STAND





Lunch ¥1,000 Dinner ¥1,000

Hours: 7:00-22:00

Closed days: Open 365 days

Address: Haneda Airport Terminal 3 4F, 2-6-5

Haneda Airport, Ota City

Access: Haneda Airport Terminal 3 (Keikyu,

Tokyo Monorail)





WERSITE



Mrs Istanbul ミセス イスタンブール

^03-5756-6183 https://tokyo-haneda.com/en/shop_and_dine/detail/tenant_00202.html



Lunch ¥1,200 Dinner ¥1,200

Hours: 8:00-20:00 (L.O. 19:30) Closed days: Open 365 days

Address: Haneda Airport Terminal 2 3F, 3-4-2

Haneda Airport, Ota City

Access: Haneda Airport Terminal 1.2 (Keikyu), Haneda Airport Terminal 2 (Tokyo Monorail)





YILDIZ Turkish Restaurant

¢03-6424-9797 www.yildiz-kamata.com/





Lunch ¥680 Dinner ¥2.000

Hours: 11:30-15:00, 17:30-23:30

Closed days: Tue

Address: No.1 Taiyo Bldg. 2F, 5-18-3 Kamata, Ota City

Access: Kamata (JR, Tokyu)















Izuchiku

^03-3700-4661 www.izuchiku.jp





Lunch ¥8,000 Dinner ¥8,000

Hours: 11:30-19:30 (LO) Closed days: New Year holidays Address: 3-6-8 Seta, Setagaya City

Access: Yoga (Tokyu)























Deli Shop うちむら **^**03-3468-2715 https://tabelog.com/tokyo/A1318/A131811/13095642/



Deli Shop Uchimura

Lunch ¥700 Dinner ¥800

Hours: 11:00-15:00, 17:00-20:30 Closed days: Sun. 3rd Mon Address: 3-2-11 Kitazawa, Setagaya City Access: Higashi-Kitazawa (Odakyu), Yoyogiuehara (Subway, Odakyu)





FUNABASHIYA KOYOMI HIROO

船橋屋こよみ広尾本店

^03-5449-2784



Lunch ¥ 1,190

Hours: 12:00-16:30 (L.O.) Closed days: Open 365 days Address: 5-17-1 Hiroo, Shibuya City Access: Hiro-o (Subway)



Gonpachi Shibuya

^03-5784-2011 https://gonpachi.jp/shibuya,





Lunch ¥1.000 Dinner ¥4.000

Hours: 11:30-27:30 (L.O. 27:00) Closed days: Open 365 days Address: E.Space Tower 14F, 3-6 Maruyamacho, Shibuya City Access: Shibuya (JR, Subway, Tokyu, Keio), Sinsen (Keio)







Gyumon

^03-5469-2911 https://gyumon.shopinfo.jp/





Hours: 17:00-23:00 Closed days: Open 365 days Address: 3-14-5 Shibuya, Shibuya City Access: Shibuya (JR, Subway, Tokyu, Keio)







?03-6427-5633 https://gg1d700.gorp.jp/





WERSITE

Hours: 17:00-24:00 (L.O. 23:00) Closed days: Open 365 days

Address: 3-15-8 Shibuya, Shibuya City Access: Shibuya (JR, Subway, Tokyu, Keio)







Kiwamiya Shibuya PARCO 極味や渋谷パルコ店

^03-5422-3122



Lunch ¥2,000 Dinner ¥2,000

Hours: 11:30-22:00

Closed days: Varies depending on the facility Address: Shibuya PARCO PART1 B1F, 15-1

Udagawacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio)





Nataraj Harajuku Omotesando

自然派インド料理ナタラジ原宿表参道店

¢03-6427-7515 www.nataraj.co.jp/





Lunch ¥1.100 Dinner ¥2.800

Hours: 11:30-23:00 (L.O. 22:30) Closed days: New year holidays Address: Q Plaza HARAJUKU 8F, 6-28-6

Jingumae, Shibuya City

Access: Harajuku (JR), Meiji-jingumae <Harajuku> (Subway)





Milan Nataraj Shibuya 自然派インド料理 ミラン・ナタラジ渋谷店

^03-6416-9022 www.natarai.co.ip.



Lunch ¥1.100 Dinner ¥2.500

WERSITE

Hours: 11:30-23:00 (L.O. 22:30) Closed days: New Year holidays

Address: Iwamoto Bldg. 3F, 1-22-7 Jinnan, Shibuva City Access: Shibuya (JR, Subway, Tokyu, Keio)





Sakura Cafe Hatagaya

サクラカフェ幡ヶ谷

^03-3469-5211 w.sakura-cafe.asia/en/hatagaya,





Lunch ¥1,000 Dinner ¥1,500

Soup Stock Tokyo SHIBUYA MARK CITY スープストックトーキョー 渋谷マー

^03-6455-1788





Hours: Open 24 hours Closed days: Open 365 days

Address: Sakura Hotel Hatagaya, 1-32-3

Hatagaya, Shibuya City Access: Hatagaya (Keio)





Lunch ¥1,000 Dinner ¥1,000

Hours: 8:00-23:00 (L.O. 22:30)

Closed days: Varies depending on the facility Address: Shibuya Mark City 4F, 1-12-1-5

Dogenzaka, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio)



Sushi Gonpachi Shibuya

~03-5784-3772

https://gonpachi.jp/sushi-shibuya/





Lunch ¥2.999 Dinner ¥9.999

Hours: 11:30-14:30 (L.O. 14:00), 17:00-26:00 (L.O. 25:00)

Closed days: Open 365 days Address: E.Space Tower 14F, 3-6

Maruyamacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio), Sinsen (Keio)





TANDOOR Ebisu

~03-3461-6181 www.tandoor.co.ip/ebisu.html



Lunch ¥1.000 Dinner ¥2.000

Hours: 11:00-23:00 Closed days: Open 365 days

Address: Irifune Bldg. 4F, 1-9-3 Ebisu-Nishi,

Shibuva City

Access: Ebisu (JR, Subway)







INDIAN OVEN

^03-5340-1514 https://tabelog.com/tokyo/A1319/A131903/13031755/





WERSITE

Hours: 11:00-15:00, 17:00-22:30 (L.O. 22:00)

Closed days: Open 365 days

Lunch ¥1,000 Dinner ¥3,500

Address: Kawashima Bldg. 1-2F, 4-23-1

Yayoicho, Nakano City

Access: Nakano-fujimicho (Subway)





Jame Jam

ジャーメジャム 阿佐ヶ谷店

^03-3311-3223



Lunch ¥1,000 Dinner ¥2,000

Hours: 11:30-14:30 (L.O. 14:00), 17:00-22:30 (L.O. Food 21:30, Drink 22:00)

Closed days: No fixed holiday

Address: 2-20-7 Asagaya-Minami, Suginami City

Access: Asagava (JR), Minami-asagava

(Subway)





Nataraj Ogikubo

自然派インド料理ナタラジ荻窪店

^03-3398-5108 www.nataraj.co.jp/





Lunch ¥1.100 Dinner ¥ 2.300

Hours: 11:30-23:00 (L.O. 22:30) Closed days: New Year holidays

Address: Fukumura Sangyo Bldg. B1F, 5-30-6

Ogikubo, Suginami City Access: Ogikubo (JR, Subway)







TORKARI KOENJI

トルカリ高円寺店

^03-6383-0339 www.torkari.ip/en.





Lunch ¥1.200 Dinner ¥2.500

Hours: 11:00-15:00, 17:00-22:30 (L.O. 22:00)

Closed days: Wed

Address: Daiichi Ichiba, 3-22-8 Koenji-Kita,

Suginami City

Access: Koenji (JR, Subway)





Bengali Bistoro Sunali Minami Otsuka

ベンガルビストロスナリ 南大塚店

~03-6876-0103 www.facebook.com/rahmania.sunali





Lunch ¥700 Dinner ¥1,500

Hours: 7:00-23:45

Closed days: Open 365 days

Address: Monarch Mansion Otsuka 101, 3-47-

2 Minami-Otsuka, Toshima City Access: Otsuka (JR)



Indian Bangladesh Dining Sunali Higashi Ikebukuro ンドバングラデシュ料理スナリ

^03-6882-3943



Lunch ¥700 Dinner ¥1,500

Hours: 11:00-23:45 Closed days: Open 365 days

Address: 2-4-7 Higashi-Ikebukuro, Toshima

City

Access: Otsuka (JR), Mukohara (Tokyo Sakura Tram)





Kebabcafe Ertugrul

ケバブカフェ エルトゥールル

^03-6382-8895

https://restaurant-44367.business.site/





Lunch ¥600 Dinner ¥600

Hours: 11:00-23:00 *Close when sold out Closed days: Wed, New Year holidays, other days

Address: 3-33-14 Nakano, Nakano City Access: Nakano (JR, Subway)





Malaychan satu

^03-5391-7638 www.malaychan-satu.ip/



Lunch ¥940 Dinner ¥1.000

Hours: 11:00-22:30

Closed days: Mon

Address: 3-22-6 Nishi-Ikebukuro, Toshima City Access: Ikebukuro (JR, Subway, Seibu, Tobu)





PAKISTAN RESTAURANT MARHABA

パキスタンレストラン マルハバ

Lunch ¥1,000 Dinner ¥1,500

~03-3987-1031

Hours: 11:00-15:00, 17:00-22:30 (Mon-Sat), 11:30-21:00 (Sun, holidays)

Closed days: Open 365 days

Address: Palace Garden Milano 1F, 2-63-6

Ikebukuro, Toshima City

Access: Ikebukuro (JR. Subway, Seibu, Tobu)





Sakura Cafe & Restaurant Ikebukuro サクラカフェ&レストラン池袋

^03-5391-2330



Lunch ¥999 Dinner ¥1,500

Hours: Open 24 hours

Closed days: Open 365 days

Address: Sakura Hotel Ikebukuro Annex 1F, 2-39-10 Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)







~03-5685-5313 https://nippori-zakuro.com/en/





Lunch ¥1.000 Dinner ¥2.500

Hours: 11:00-23:00 Closed days: Wed

Address: 3-13-2 Nishi-Nippori, Arakawa City Access: Nippori (JR, Keisei), Sendagi (Subway)







Saray Kitasenju

^080-6654-9274



Lunch ¥600 Dinner ¥600

Hours: 10:00-23:00 Closed days: No fixed holiday Address: 2-49 Senju, Adachi City Access: Kita-Senju (JR, Subway, TX)



Bangera's Spice Labo

バンゲラズスパイスラボ





Lunch ¥1,300 Dinner ¥3,000

Hours: 11:00-15:00 (L.O. 14:40), 17:00-22:30 (L.O. 22:00)

Closed days: Mon, Jan. 1 Address: TOKI Bldg. 2F, 3-5-7 Funabori,

Edogawa City

Access: Funabori (Subway)





SAMRAT Curry House Koiwa サムラート カレーハウス小岩店

^03-5876-7550



Lunch ¥1,000 Dinner ¥3,500

Hours: 11:00-22:00 Closed days: New Year holidays

Address: 3-32-1 Nishi-Koiwa, Edogawa City

Access: Koiwa (JR)





103 da Luciano

~042-670-1468 www.da-luciano.com/





Lunch ¥600

Hours: 11:00-19:00 Closed days: Wed (Oct.-Feb.)

Address: 2-16-9 Horinouchi, Hachioji City Access: Keio-horinouchi (Keio)





^042-523-0410 www.mayur.jp/english.html



Lunch ¥1.000 Dinner ¥2.000

Hours: 11:00-23:00 Closed days: Open 365 days Address: Techno Bldg. 1F, 2-16-6 Akebonocho, Tachikawa City

Access: Tachikawa (JR, Tama Monorail)





Indian Restaurant Potohar Kichijoji

パトワール 吉祥寺店

^0422-22-3999 https://indian-restaurant-602.business.site





Lunch ¥1,000 Dinner ¥3,500

Hours: 10:30-22:30

Closed days: Open 365 days

Address: Rainbow Bldg. B1F, 1-9-10 Kichijoji-

Honcho, Musashino City Access: Kichijoji (JR, Keio)







Menya Kaijin Kichijoji

麺屋海神 吉祥寺店

^0422-41-0315



Lunch ¥1,050 Dinner ¥1,050

Hours: 11:00-15:00, 16:30-23:30 (Mon-Fri), 11:00-23:30

(Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Kumamoto Bldg. 2F, 1-5-9 Kichijoji-Minamicho, Musashino City

Access: Kichijoji (JR, Keio)





Indian Bangla Restaurant. Asian Gandhi Akishima

~042-546-2485 ww.hotpepper.jp/strJ000813665/





Lunch ¥800 Dinner ¥1.600

Hours: 11:00-15:00 (L.O. 14:30), 17:00-21:30 (L.O. 21:00) Closed days: No fixed holiday

Address: 3-4-9 Midoricho, Akishima City

Access: Akishima (JR)











North Indian Restaurant Phoolwari 北インド料理 プルワリ

^03-5497-5559 https://phoolwari.co.ip/



Lunch ¥950 Dinner ¥2.000

Hours: 11:00-15:00, 18:00-23:00

Closed days: Wed

Address: 1-18-5 Higashi-Izumi, Komae City

Access: Komae (Odakyu)





Egyptian restaurant & cafe SPHINX エジプシャンレストランスフィンクス秋津

^080-8715-5170





Lunch ¥1,200 Dinner ¥2,000

Hours: 11:30-15:00. 17:00-24:00 Closed days: Mon

Address: 5-291 Noshio, Kiyose City Access: Akitsu (Seibu), Shin-Akitsu (JR)





Indian Bangla Restaurant. Asian Gandhi Hamura アジ庵 ガンジー 羽村店

^042-579-2485



Lunch ¥800 Dinner ¥1,600

Hours: 11:00-15:00 (L.O. 14:30), 17:30-21:30 (L.O. 21:00) Closed days: No fixed holiday

Address: 1-1-2 Shinmeidai, Hamura City

Access: Hamura (JR)







Taiyaki

Thin pancakes made from wheat flour are stuffed with sweet bean paste and grilled until crispy. Although bean paste is the most common filling, variations containing custard or savory fillings can also be found.

Main

Wheat flour, eggs, dairy, sugar, ingredients baking soda, adzuki beans,

Sugar sculpture

Different forms of sugar sculpture can be found all over the world, but in Japan, it has also developed as a kind of street performance. Street entertainers use simple tools like scissors and writing brushes to create colorful works of art on the spot at the customer's request. They're so gorgeous that it almost feels like a shame to eat them!

Main

Sugar, starch syrup, granulated sugar, ingredients alternative sweeteners, food coloring, etc.

Shiratama Anmitsu

Regular anmitsu is a dessert in which cubes of agar jelly are topped with sweet red bean paste and honey or brown-sugar syrup. This version is also topped with shiratama, dumplings made of refined glutinous rice flour. You can find even more decadent versions that include ice cream and fruit

ingredients

Agar, adzuki beans, sugar, refined glutinous rice flour, etc.

What better way to explore Tokyo than through its delicious desserts? Here's a quick guide to some of the city's best treats, both old and new.



Crepes

Originally from France, these thin and slightly crispy pancakes have been on the Tokyo sweets scene since the late 1970s. The trend started in Harajuku and swiftly became a street food staple. Choose from exciting sweet or savory fillings - some shops have over 100 options!

Main ingredients

Wheat flour, butter, eggs, whipped cream and fruit

Cotton Candy

Cotton candy can be found across the world, but Tokyo has taken this spun sugar art to new heights. From colorful rainbow towers and spinning tops, these treats are as beautiful as they are delicious. Made in the spirit of traditional sugar sculptors, watching it being made is entertainment in itself.

Main

Sugar, food coloring

Parfait

Similar to an ice cream sundae. the Japanese parfait is an iconic dessert that takes on many forms, which mainly uses ice cream and fresh fruits, sometimes with cornflakes, whipped creams, chocolates, nuts, cereals, and other ingredients. Many restaurants and cafes have their own unique versions.

Ice cream, cornflakes, fresh fruit, whipped cream









Kakigori

Finely shaved ice flavored with syrup. This treat is popular world-wide, especially in Asia, but the current trend in Japan is toward very luxurious varieties, such as shaved ice made from natural spring water and topped with fancy syrups.

Main ingredients

Water, syrup, etc.

Dango

Dumplings made by kneading refined glutinous or regular rice flour into balls and boiling them. *Mitarashi dango* are dumplings served on a skewer and covered with a salty-sweet glaze made of soy sauce, sugar, and starch. There are also special kinds of dango for traditional events like moon viewing and cherry-blossom viewing.

Main Refined glutinous or regular rice flour, ingredients potato starch, sugar, soy sauce, etc.

Nerikiri

The main ingredient in this gorgeous traditional confection is sweet white bean paste, which is easily tinted in different hues and molded into exquisite seasonal shapes. While mochi sweets have mass appeal, nerikiri is prized as a special treat for formal occasions such as the tea ceremony.

Main White bean, sugar, ingredients food coloring, etc.

of TOKYO Old meets New



Cream Kakigori

Though similar to the traditional summer festival kakigori, this shaved ice treat can be found all year-round and is far more decadent. Because of its simplicity it is versatile and many shops experiment with ingredients such as seasonal fruits, condensed milk, matcha and more.

Main ingredients

Water, syrup, condensed milk

Candy Apples

A recreation of another festival classic, this apple dipped in syrup is a luxurious and crunchy treat. Modern coatings include cinnamon, cocoa, and even matcha powder. Enjoy it as a street food, or in a stylish cafe.

Main ingredients

Apples, light corn syrup, food coloring

Pancakes

Pancakes saw a huge boost in popularity since the late 2000s after an influx of inspiration from Sydney, Hawaii, etc., and Tokyo has never looked back. Many pancake specialty shops serve unique pancakes that are soft, fluffy and melt in your mouth.

Main ingredients

Wheat flour, eggs, milk, sugar, whipped cream



Food on the Go: Delivery and Takeout



Delivery

Looking to dine in your room or elsewhere? With several delivery websites and apps to choose from, ordering food online is a quick and convenient option.



Order dish(es) of your choice from one of the restaurants covered by this service after user registration, and you will receive them from a delivery person. You can order dish(es) from a halal category.

www.ubereats.com/jp-en/category/tokyo-tokyo/halal





Catering services

Reservation required in advance; some requirements apply such as the minimum number of dishes per order

Place your order of halal bento a few days ahead (*1), you will receive freshly-made or chilled bentos. (*2)

- *1: Varies depending on the service, and different restaurants have different deadlines for orders.
- *2: Whether the bento is chilled or freshly-made varies depending on the service.







Taste & Discover Japan https://tdiapan.com/



Takeout

Many restaurants offer dishes to go, often at slightly discounted rates compared to dining in-store. This means you can get a bigger selection of food for a lower price and you can enjoy your meal either in your hotel room, or why not in one of Tokyo's beautiful parks?



Shopping Bags

Since July 2020, most shops in Japan charge a fee (about 2 to 5 yen) for plastic and paper bags. At the cash register, you may be asked "Fukuro wa hitsuyo desu ka?" or "Fukuro wa irimasu ka?", which means "Do you need a bag?"





Instead of buying a plastic or paper bag every time, bringing "my bag," which can be used repeatedly, is recommended. As luckily many shops in Tokyo sell fashionable and functional "eco bags," choose your favorite bag and enjoy shopping in an eco-friendly manner!

Transportation Guide

Useful tips on how to get around the city during your stay.

Trains & Buses

Convenient IC cards

After buying a new card with an advance payment, you can pass the ticket barrier by touching the automatic ticket gate or bus ticket reading machine with the IC card (Suica, PASMO, etc.) and the fare will be deducted automatically. In addition, fares are usually lower than when purchasing tickets at ticket machines in Tokyo (fares are the same in some cases). The card can also be used as electronic money for shopping at registered shops.













Tokyo 1-Day Ticket

Unlimited travel on JR trains*, subways, the Nippori-Toneri Liner, Tokyo Sakura Tram (Toden Arakawa Line) and Toei buses. *JR East trains within Tokyo's 23 cities.

1,600 yen (adults), 800 yen (children)



The taxi fare in Japan depends on the running distance and time, and paying tips is not necessary. It is recommended to use a time-based sightseeing taxi that a certified taxi driver tours around Tokyo with sightseeing guiding. Even though you may buy a lot of souvenirs and thus increase your baggage, you will feel comfortable by using a taxi.



www.taxi-tokyo.or.jp/englisn/kanko

Rental Bicycles

Using a rental cycle service is a good way to avoid public transportation congestion. Pedaling along the road with the feel of a breeze, you can see local shopping streets and the life of local Tokyoites up-close. It will show you another aspect of Tokyo.

In addition to a conventional service in which you rent a bike at one rental shop and return to the same shop, new and convenient services have been increasing in Tokyo in recent years, such as a share cycle service with many cycle ports in which you can return a rental bike to a port different from the one where you rented, and a delivering service by which you can receive a bike at a place convenient for you.



https://docomo-cycle.jp/tokyo-project/en_index.html

There are other services, too, so choose according to your purpose and area.







Bio c' Bon AKASAKA

ビオセボン 赤坂店

€03-5545-5396 www.bio-c-bon.jp/

Hours: 8:00-22:00 (Mon-Fri) / 10:00-21:00 (Sat, Sun, holidays)

Closed days: Open 365 days Address: Hulic Akasaka Hitotsugi-dori Bldg. 1F, 4-3-6 Akasaka, Minato City Access: Akasaka (Subway)













Bio c' Bon AZABU JUBAN

ビオセボン 麻布十番店

^03-6435-4356 www.bio-c-bon.jp/

Hours: 9:00-22:00 Closed days: Open 365 days Address: 2-9-2 Azabu-Juban, Minato City

Access: Azabu-juban (Subway)













HARD ROCK CAFE TOKYO ROCK SHOP ハードロックカフェ東京 ロック

~03-3403-6946

www.hardrock.com/cafes/tokyo-roppongi/jp/

Hours: 11:00-23:00 Closed days: Open 365 days Address: 5-4-20 Roppongi,

Minato City

Access: Roppongi (Subway)













NATIONAL AZABU

^03-3442-3181 www.national-azabu.com

Hours: 9:00-20:00 Closed days: Jan. 1-3 Address: 4-5-2 Minami-Azabu, Minato City Access: Hiro-o (Subway)









NISSIN World Delicatessen

日進ワールドデリカテッセン

~03-3583-4586 ww.nissin-world-delicatessen.ip/

Hours: 9:00-21:00 Closed days: Jan. 1-2 Address: 2-32-13 Higashi-Azabu, Minato City Access: Azabu-juban (Subway)









HALAL ★ TOKYO ハラルトウキョウ

^03-6902-9467

https://halaltokvo.ip/

Hours: 10:00-20:00 Closed days: No fixed holiday Address: 3-25-13 Meiirodai. Bunkyo City

Access: Gokokuji (Subway)







HARD ROCK CAFE UYENO-EKI TOKYO ROCK SHOP

ハードロックカフェ上野駅東京 ロック

^03-5826-5894

www.hardrock.com/cafes/tokyo-uyeno-eki/jp/

Hours: 10:00-23:00 (Mon-Fri), 9:00-23:00 (Sat, Sun, holidays)

Closed days: No fixed holiday Address: atre Ueno 1F, 7-1-1 Ueno, Taito City

Access: Ueno (JR. Subway)













ISHIDAKOSHO CO., LTD SHOP

石田香粧株式会社(本社)

www.ishidakosho.co.jp/

Hours: 10:00-17:00 Closed days: Sat, Sun, holidays, New Year holidays Address: 3-12-1 Shitaya, Taito City

Access: Iriya (Subway), Uguisudani (JR)











Osama-do honten

干様堂本店

C03-3876-3303

ww.osama-do.co.ip/ Hours: 10:00-18:00

Closed days: Sat, Sun, holidays, Jan. 1-3 Address: 2-6-8 Senzoku, Taito City

Access: Iriya (Subway), Asakusa (TX, Subway, Tobu)













SPARKLE SPARKLE

403-6802-7661 https://en.sparkle-tee.com/

Hours: 10:00-19:00 Closed days: Open 365 days Address: 1-37-2 Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX)











Tokiwado Kaminari Okoshi Honpo Kaminarimon Main Store

~03-3841-5656 https://tokiwado.tokvo/

Hours: 9:00-20:30 Closed days: Open 365 days Address: 1-3-2 Asakusa.

Taito City

Access: Asakusa (Subway, Tobu, TX)











Tokiwado Kaminari Okoshi Honpo Kaminari 5656 Kaikan 常盤堂雷おこし本舗 雷 5656 会館

^03-3874-5656 https://tokiwado.tokvo/

Hours: 9:00-17:30 Closed days: No fixed holiday Address: 3-6-1 Asakusa.

Taito City

Access: Asakusa (Subway,

Tobu, TX)













2k540 AKI-OKA ARTISAN

2k540 AKI-OKA ARTISAN

~03-6806-0254 www.jrtk.jp/2k540/

Hours: 11:00-19:00 Closed days: Wed Address: 5-9 Ueno, Taito City Access: Okachimachi (JR)













Apna Bazar プナ バザール

^03-3537-6540 ww.indojin.com/

Hours: 10:00-20:00 Closed days: Mon, New Year

holidays

Address: 4-1-7-111 Ojima, Koto City Access: Nishi-ojima (Subway)









Bio c' Bon Meiji-jingumae Metro pia

ビオセボン 明治神宮前メトロピ

C03-6452-6260 www.bio-c-bon.ip/

Hours: 7:30-22:00 (Mon-Sat), 9:00-21:00 (Sun, holidays) Closed days: Open 365 days Address: Inside the Meijijingumae <Harajuku> Sta., 1-18-22 Jingumae, Shibuya

Access: Meiji-jingumae <Harajuku> (Subway)















Tokyo Camii Halal Market 東京ジャーミイ ハラルマーケット

^03-5790-0760

Hours: 10:00-19:00 Closed days: Open 365 days Address: 1-19 Oyamacho, Shibuya City

Access: Yoyogi-uehara (Subway, Odakyu)









^03-3985-9784 www.al-flah.com/

Hours: 11:00-23:00 Closed days: Open 365 days Address: Onoya Bldg. 4F, 2-41-2 Ikebukuro, Toshima City Access: Ikebukuro (JR, Subway, Seibu, Tobu)









Rahmania Halal Food Shop

^03-6876-1141 www.rahmaniahalalfood.com/

Hours: 11:00-24:00 Closed days: Open 365 days Address: 3-40-8 Minami-Otsuka, Toshima City Access: Otsuka (JR), Mukohara (Tokyo Sakura









Rahmania Halal Super Market

~03-6876-1141 www.facebook.com/rahmania.supermarket,

Hours: 8:00-25:00 Closed days: Open 365 days Address: 3-47-2 Minami-Otsuka, Toshima City Access: Otsuka (JR), Mukohara (Tokyo Sakura











Bio c' Bon LUMINE Tachikawa

ビオセボン ルミネ立川

~042-506-1321 www.bio-c-bon.jp/

Hours: 10:00-21:00 (Mon-Fri), 10:00-20:30 (Sat, Sun, holidays)

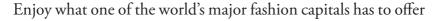
Closed days: Jan. 1 Address: LUMINE Tachikawa B1F, 2-1-1 Akebonocho, Tachikawa City Access: Tachikawa (JR)













Salons

If you wish, you can pamper yourself with ease at some hair salons that offer private rooms and women-only staff.

Nails

If you would like to decorate your nails, you don't need to worry. You can find water permeable or breathable nail polish with a variety of colors.



This section covers lodgings in Tokyo,

Many facilities also provide space for prayer, and can even lend you prayer items.

All of the lodgings listed here are able to of Muslim guests while providing the very best of Japanese hospitality.



Hotel New Otani Tokyo

ホテルニューオータニ

~03-3265-1111 www.newotani.co.ip/tokyo/

Address: 4-1 Kioicho, Chiyoda City Access: Akasaka-mitsuke (Subway), Nagatacho (Subway)







Imperial Hotel, Tokyo 帝国ホテル東京

?03-3504-1111 www.imperialhotel.co.ip

Address: 1-1-1, Uchisaiwaicho, Chivoda City

Access: Hibiya (Subway)





Palace Hotel Tokyo パレスホテル東京

?03-3211-5211 www.palacehoteltokyo.com

Address: 1-1-1 Marunouchi. Chiyoda City

Access: Otemachi (Subway)





Sakura Hotel JIMBOCHO サクラホテル神保町

^03-3261-3939

w.sakura-hotel.co.jp/jimbocho/ Address: 2-21-4 Kanda-Jimbocho,

Chiyoda City Access: Jimbocho (Subway)





The Peninsula Tokyo ザ・ペニンシュラ東京

^03-6270-2888 www.peninsula.com/en/tokyo/ Address: 1-8-1 Yurakucho,

Chiyoda City Access: Hibiya (Subway)



ACCESS MAP



HE TOKYO STATION HOTEL 東京ステーションホテル

₹03-5220-1111 www.tokvostationhotel.ip/

Address: 1-9-1 Marunouchi, Chiyoda City

Access: Tokyo (JR, Subway)





















TOSHI CENTER HOTEL 都市センターホテル

~03-3265-8211

ww.rihga.co.jp/toshicenter/

Address: 2-4-1 Hirakawacho, Chivoda City

Access: Nagatacho (Subway)





ACCESS MAP.

hostel DEN ホステル デン

~03-6661-2067

w.instagram.com/hostelden/

Address: 4-13-8 Nihonbashi-Honcho, Chuo City Access: Kodemmacho (Subway)





Conrad Tokyo

^03-6388-8000

https://conrad-tokyo.hiltonjapan.co.jp/

Address: 1-9-1 Higashi-Shimbashi. Minato City

Access: Shiodome (Subway, Yurikamome)







Grand Prince Hotel Shin Takanawa グランドプリンスホテル新高輪

*03-3442-1111

ww.princehotels.com/shintakanawa/

Address: 3-13-1 Takanawa. Minato City

Access: Shinagawa (JR, Keikyu), Takanawadai (Subway)





ACCESS MAP_

Grand Prince Hotel Takanawa グランドプリンスホテル高輪

?03-3447-1111 w.princehotels.com/takanawa/

Address: 3-13-1 Takanawa, Minato City

Access: Shinagawa (JR, Keikyu), Takanawadai (Subway)







Sheraton MIYAKO HOTEL TOKYO シェラトン都ホテル東京

?03-3447-3111

ww.mivakohotels.ne.ip/tokvo/

Address: 1-1-50 Shirokanedai, Minato City

Access: Shirokanedai (Subway)







Shinagawa Prince Hotel

^03-3440-1111

w.princehotels.com/shinagawa/

Address: 4-10-30 Takanawa. Minato City

Access: Shinagawa (JR, Keikyu)





The Prince Sakura Tower Tokyo ザ・プリンス さくらタワー東京

◆03-5798-1111

w.princehotels.com/sakuratower/

Minato City

Access: Shinagawa (JR, Keikyu), Takanawadai (Subway)



RIHGA Royal Hotel Tokyo リーガロイヤルホテル東京

~03-5285-1121 www.rihga.com/tokyo

Address: 1-104-19 Totsukamachi, Shinjuku City

Access: Waseda (Subway)





Sakura House: Shibuya Yoyogi Uehara サクラハウス 渋谷 代々木上原 ムスリムハウス

€03-5330-5250

www.sakura-house.com/

Address: 40-21 Oyamacho, Shibuya City

Access: Yoyogi-uehara (Subway, Odakvu)





^{*}The map indicates the place you get the key of the hotel. The hotel is near Yoyogi-uehara Sta.

Shiniuku Prince Hotel

~03-3205-1111

www.princehotels.co.jp/shinjuku/

Address: 1-30-1 Kabukicho, Shiniuku City

Access: Seibu-Shinjuku (Seibu),







Hotel Chinzanso Tokyo ホテル椿山荘東京

~03-3943-1111

https://hotel-chinzanso-tokyo.ip/ Address: 2-10-8 Sekiguchi,

Runkvo City Access: Edogawabashi (Subway)



ACCESS MAP.



Sakura Hotel NIPPORI

サクラホテル日暮里

~03-5685-1200

www.sakura-hotel.co.jp/nippori/

Address: 3-43-15 Sendagi. Bunkyo City

Access: Nippori (JR, Keisei). Sendagi (Subway)





ACCESS MAP_

ORA PLACE ASAKUSA -ラ・プレイス浅草

^03-3842-8421

w.agoraplace-asakusa.com/sp/

Address: 2-2-9 Kotobuki, Taito City Access: Tawaramachi (Subway)



ACCESS MAP_



Sakura Hostel ASAKUSA サクラホステル浅草

?03-3847-8111 www.sakura-hotel.co.ip/asakusa/

Address: 2-24-2 Asakusa, Taito City Access: Asakusa (Subway, Tobu, TX)





ANNE Hostel Yokozuna 両国旅荘 庵

^03-5600-9090 http://i-hostel.com

Address: No.7 Takahata Bldg. 1F, 4-38-5 Ryogoku, Sumida City Access: Ryogoku (JR, Subway)



Moosa's Guest Room Tokyo





Hotel East 21 Tokyo イースト21東京

^03-5683-5683 www.hotel-east21.co.jp/

Address: 6-3-3 Tovo. Koto City Access: Toyocho (Subway)













ACCESS MAP.





HOTEL MID IN MEGURO-EKIMAE ホテルミッドイン目黒駅前

^03-3490-3111 www.midin.ip/meguro/en/

Address: 1-2-19 Shimo-Meguro, Meguro City Access: Meguro (JR, Subway,

Tokyu)





The Westin Tokvo ウェスティンホテル東京

^03-5423-7000 www.westintokvo.com

Address: 1-4-1 Mita, Meguro City Access: Ebisu (JR, Subway)









CERULEAN TOWER TOKYU HOTEL セルリアンタワー東急ホテル

~03-3476-3000

ww.tokyuhotels.co.jp/cerulean-h/

Address: 26-1 Sakuragaokacho. Shibuya City

Access: Shibuya (JR, Subway, Tokyu, Keio)





ACCESS MAP.



Sakura Hotel HATAGAYA サクラホテル幡ヶ谷

~03-3469-5211

www.sakura-hotel.co.jp/hatagaya/ Address: 1-32-3 Hatagaya, Shihuya City

Access: Hatagaya (Keio)





ACCESS MAP.



Sakura Hotel IKEBUKURO

^03-3971-2237

ww.sakura-hotel.co.jp/ikebukuro/ Address: 2-40-7 lkebukuro.

Toshima City Access: Ikebukuro (JR, Subway, Seibu, Tobu)





ACCESS MAP.



Sunshine City Prince Hotel サンシャインシティプリンスホテル

^03-3988-1111

ww.princehotels.co.jp/sunshine/

Address: 3-1-5 Higashi-Ikebukuro. Toshima City

Access: Higashi-ikebukuro (Subway)





ACCESS MAP_



HOTEL MID IN AKABANEEKIMAE ホテルミッドイン赤羽駅前

~03-3902-3111

ww.midin.ip/akabane/en/ Address: 1-5-4 Akabane-Minami,

Kita City Access: Akabane (JR)





Sakura House TABATA 2: Muslim-Friendly Share House FOR WOMEN サクラハウス・田端2ムスリムフレンドリーシェアハウス 女性専用

~03-5330-5250

use.com/building/tabata-2-shar Address: 3-27 Tabatashinmachi, Kita City

Access: Tabata (JR)







Sakura House ITABASHI Muslim-Friendly Apartments サクラハウス・板橋ムスリムフレンドリー アパー

^03-5330-5250

Address: 3-29 Sakashita, Itabashi





Wild Cherry Blossom -HOSTEL, TOKYO KOGANEI-Wild Cherry Blossom HOSTEL

^042-401-1221 https://gen-hostel.co.jp/

Address: 4-15-14 Nakacho. Koganei City

Access: Musashi-Koganei (JR)



<u>@</u>	્લ		. <u>@</u>	ACCES	S MAP.	国新 源
uuu .				MAP	1-8	1 25 14 654
(2)		1001	<u>~</u>	Room	95	国际数
m/4	-		•	Restaurant	0	

An accommodation tax is levied when staying at hotels in Tokyo.

Room Charge (per person per night)	Below ¥10,000	Between ¥10,000 to ¥15,000	¥15,000 and above
Tax	Tax-free	¥100	¥200

The accommodation tax will not be levied from July 1, 2020 through September 30, 2021 because of the hosting of the Tokyo 2020 Olympic and Paralympic Games.

^{*}The revenue from the accommodation tax is used to enhance the attractiveness of Tokyo as a global city and to fund measures to promote tourism

Staying calm and taking the necessary steps

What To Do in an Emergency

This information will help you in the event of disasters such as earthquakes, storms, floods, or fires, theft, lost items, and other emergencies.

Earthquakes

What to do

If you feel shaking from an earthquake, remain calm and take steps to protect your body. Act in an orderly manner; do not panic or run.



How to protect yourself Indoors

Watch out for objects that may fall or topple over. Stay away from anything made of glass such as windows, TVs, or furniture, and protect your body by crouching under a table, etc. Once the shaking has subsided, make sure the gas is turned off and there are no sources of fire. Open doors or windows so that you can evacuate if necessary. Wear slippers or shoes indoors if there are fallen objects.

Outdoors

Make sure you are not near any objects that may fall or topple over. Protect your head using your bag, etc. If you are inside an underground shopping complex and the power goes out, do not panic nor rush for the exit. Instead, wait for the shaking to subside, and then move along the walls toward the emergency exit.

If you are inside an elevator

As soon as you feel any shaking, press the buttons for all of the floors and get off wherever the elevator stops. If you are trapped inside the elevator, use the intercom to call for help. Do not use elevators to evacuate, since you can become trapped inside due to aftershocks or power outages.

Watch out for tsunamis!

An earthquake may be followed by a tsunami. Stay away from waterfronts and low-lying ground. If you are near the sea, immediately flee toward nearby high ground, a tsunami evacuation building, or a taller structure. Tsunamis can also travel against the current of a river. Flee in a direction perpendicular to the river.

Watch out for aftershocks!

A strong earthquake may be followed by multiple aftershocks. Be careful, as aftershocks may cause landslides or the collapse of buildings.

Storms/Floods

Heavy Rain/Violent Storms

Pay attention to weather information. In the event of heavy rain, stay away from rivers and underpasses. If you are near a cliff, watch out for landslides.

Be careful not to fall into open manholes or gutters. If you are in an area that is underground or partially underground and there is a danger of flooding, move to a safe location above ground.

Tornadoes

If you are indoors, close any storm shutters and/or curtains, move away from the windows, and crouch under a sturdy table, etc. If you are outdoors, take shelter inside an underground facility or a sturdy structure made of a material like reinforced concrete, and wait for the tornado to pass.

Fires

What to do

If you notice a fire, alert those around you by shouting "Fire!" (Kaji dat) and dial 119 for the fire department. Cover your mouth and nose with a handkerchief, etc. so that you do not breathe in smoke, and stay close to the ground as you move. If you cannot see your surroundings due to smoke, move along the walls. If you are inside a hotel, etc., follow the instructions of staff.

Theft/Lost Items

Report the matter to the police, who will issue a certificate of theft or loss. If you accidentally left an item on a train or bus or inside a taxi, contact the respective operating company.

If your passport is stolen or lost

Contact your country's embassy or consulate to have the passport invalidated and issue an emergency passport or travel document for returning to your home country.



www.mofa.go.jp/about/emb_cons/protocol/

If your credit card is stolen or lost

Immediately call the credit-card company's emergency hotline to cancel your card.



Emergency Numbers

Police Fire

110
119

In the event of a crime or accident

To report a fire or to call for help or an ambulance

Evacuation Shelters

What are evacuation shelters?

Evacuation shelters are spaces that temporarily accept and shelter people who have been forced to leave their homes due to a disaster. They also provide disaster-related information and essential supplies like water. Evacuation shelters are usually located inside a public facility such as a school, and accept foreigners. Travel on foot and take as little with you as possible.



Evacuation Shelter

Notes on evacuating

When evacuating, travel on foot and take as little with you as possible. Make sure you have valuables such as your passport or residence card, mobile phone, and charger.

Evacuation signage for different types of disasters

When walking around Tokyo, you will probably notice many signs indicating locations or facilities where you should evacuate. When you are near rivers or the sea, also keep an eye out for signage on how to escape a tsunami.





Tsunami Evacuation Building

Emergency Information in Foreign Languages

Online Information

■ Safety tips In total 12 languages such as English, Chinese, Korean, Spanish, and more. Other languages will be added sequentially.

A disaster information app for foreign travelers in Japan provided by the Japan Tourism Agency. You can get push notifications for earthquake early warnings and tsunami warnings, as well as emergency weather warnings for heavy rain, etc. and volcanic eruption information issued for Japan. The app also provides a flowchart for what to do in an evacuation, helpful links such as a list of embassies, and communication cards to use if you cannot communicate in Japanese.





Android

Allalola

Android https://play.google.com/store/apps/details?id=jp.co.rcsc.safetyTips.android

iOS https://apps.apple.com/app/safety-tips/id858357174

● Tokyo Metropolitan Medical Institution Information English, Chinese, Korean, and Japanese

You can search for medical institutions in the Tokyo Metropolis that offer services in multiple languages other than Japanese, or where you can receive outpatient care from a female physician.



◆03-5272-0303 (Japanese)
◆03-5285-8181 (Other languages)

Tokyo Metropolitan Medical Institution Information Service www.himawari.metro.tokyo.jp/qq13/qqport/tomintop/other/fks230.php

● [Living Information] Comprehensive Living Guide English, Chinese, Korean, easy Japanese, and Japanese for Foreign Residents in Japan

Comprehensive Living Guide by the Tokyo International Communication Committee. www.tokyo-icc.jp/guide_eng/



Tokyo Fire Department Multilingual Page

English, Chinese, Korean, Thai, Filipino, and Japanese www.tfd.metro.tokyo.lg.jp/eng/



Tokyo Metropolitan Government Disaster Prevention Website

multilingual www.bousai.metro.tokyo.lg.jp



●Immigration Services Agency of Japan Website

www.immi-moj.go.jp/english/

English, Chinese, Korean, Portuguese, Spanish, and Japanese



● Japan Visitor Hotline English, Chinese, and Korean

Japan National Tourism Organization (JNTO) operates a visitor hotline 24 hours a day, 365 days a year. Please feel free to call for tourist information or assistance in case of accidents or emergencies.



(24 hours a day) www.japan.travel/en/plan/hotline/



NHK World

In addition to your computer, NHK World TV and NHK World Radio are also available on your smartphone or tablet device if you download a specialized free app.



●NHK World Radio Japan (Japanese and 17 other languages): Find the link for your language on the website above.



List of Hospitals and Clinics With English-Speaking Staff and Female Doctors

It can be tough for Muslim travelers if you happen to become ill or injured during your trip, especially for women. However, there are many hospitals and clinics throughout Tokyo with women doctors on staff. What's more, all of the facilities listed here have English-speaking staff. Enjoy your time in Tokyo with added peace of mind!

- *Due to working schedules, we cannot guarantee that female doctors or English-speaking staff are available 24/7.
- *Please contact the facility you intend to visit by phone and speak to the staff before arriving.

Internal Medicine

Kioicho Naika Clinic

4 03-6265-6500

Weekdays 9:30–12:30, 14:00–17:30 Reservation required for Friday afternoon Closed days: Sat, Sun, hols KKD Bldg. 1F, 3-1 Kioicho, Chiyoda City https://kioichonaika.jp/



Internal Medicine, Surgical Department, Dermatology

Skin & General Asai Clinic _{浅井医院}

€ 03-3261-0453

Reservations possible hours 9:00–12:30, 14:30–17:00 Closed days: Wed, Sat, Sun, hols 3-7-24 Kojimachi, Chiyoda City www.asai-iin.com/



General Hospital, Emergency

St. Luke's International Hospital 聖路加国際病院

€ 03-3541-5151

General Internal Medicine 8:30–11:00 Other departments by appointment only, Emergency department available 24 hours Closed days: Sat, Sun, hols 9-1 Akashicho, Chuo City http://hospital.luke.ac.jp/eng/



Internal Medicine, Diabetes/Endocrinology, Hepatology/Gastroenterolog

Takahashi Clinic

6 03-3551-5955

http://hatchobori.jp/english/

9:30–13:00, 15:00–18:30 Closed days: Mon (afternoon), Fri (morning), Sat, Sun, hols Takahashi Bldg. 1F, 3-26-8 Hatchobori, Chuo City



Internal Medicine, Allergy, Dermatology

Daimon Medical Clinic 大門メディカルクリニック

6 03-6435-6056

Weekdays 12:00–14:15, 16:00–19:00 Closed days: Sat, Sun, hols SVAX Hamamatsucho II Bldg. 5F, 2-1-16 Hamamatsucho, Minato City www.daimonclinic.jp/en/doctor-2/



Internal Medicine, Vaccination, Medical Check-u

International Health Care Clinic インターナショナルヘルスケアクリニック

6 03-3501-1330

Tue-Fri 10:00–12:15, 15:30–18:15 Closed days: Mon, Sat, Sun, hols Sueyoshi Bldg. 3F, 2-10-5 Shimbashi, Minato City

Minato City www.ihc-clinic.jp/en/



General Clini

Tokyo Medical & Surgical Clinic トウキョウ メディカル アンド サージカル クリニック

€ 03-3436-3028

Weekdays 9:00–17:00; Sat 9:00–12:30 Closed days: Sun, hols 32 Shibakoen Bldg. 2F, 3-4-30 Shibakoen, Minato City https://tmsc.jp/





General Hospital Emergency

Tokyo Saiseikai Central Hospital 東京都済生会中央病院

6 03-3451-8211

Mon-Sat 8:00–11:30 Emergency department available 24 hours Closed days: Sun, hols, 2nd and 4th Sat 1-4-17 Mita, Minato City www.saichu.jp/english/home/



General Hospital, Emergency

Tokyo Takanawa Hospital 東京高輪病院

603-3443-9191

Reception hours 8:30–11:30 Language Services 8:30–17:15 Closed days: Sat, Sun, hols 3-10-11 Takanawa, Minato City https://takanawa.jcho.go.jp/international-assistance-service/



nternal Medicine, Neurology, Cardiology, Respiratory Medicine

Toranomon Toma Clinic 虚ノ門とうまクリニック

6 03-3502-4080

10:00–13:00, 15:30–19:00 Closed days: Sat, Sun, hols Toranomon Chuo Bldg. 4F, 1-1-16 Toranomon, Minato City www.toranomon-toma-clinic.com/eng/



Internal Medicine, Pediatrics, Dermatology, Travel Medicin

Navitas Clinic Shinjuku ナビタスクリニック新宿

€ 03-5361-8383

Mon-Fri 10:00—15:00, 15:00—21:00 Sat 10:00—14:00; Sun, hols 10:00—17:00 *Check the website as consultation hours/days vary by department. Closed days: Year-end and New Year

Closed days: Year-end and New Year NEWoMan Bldg. 7F, 4-1-6 Shinjuku, Shinjuku City www.navitasclinic.jp/clinic/shinjuku/



Internal Medicine, Onbthalmology, Travel Medicine, Medical Check-up

Shinagawa East Clinic 品川イーストクリニック

€ 03-5783-5521

Internal medicine and Travel medicine 10:30–14:00, 15:15–18:30 Ophthalmology 15:15–18:30 Medical check up 9:00– (Reservation required) Closed days: Sat, Sun, hols

Closed days: Sat, Sun, hols Shinagawa Intercity B Bldg. 2F, 2-15-2 Kounan, Minato City http://e-clinic.gr.in/en/



Internal Medicine, Pediatrics, Dermatology, Allergy

Miwa Medical Clinic 美和メディカルクリニック

€ 03-5770-3855

Weekdays 9:20–12:30, 15:30–18:30 Sat 9:20–13:00

Closed days: Thu (morning), 1st, 3rd and 5th Sat, Sun, hols Aoyama R Natsuno Bldg. 4F, 4-2-17 Jingumae, Shibuya City

www.miwamedical.net/



General Hospital, Emergency

Tokyo Metropolitan Hiroo Hospital 東京都立広尾病院

◆ 03-3444-1181 / 03-3446-8331(Reservation)

Weekdays 9:00–17:00; Sat 9:00–11:30 Closed days: Sun, hols 2-34-10 Ebisu, Shibuya City www.byouin.metro.tokyo.lg.jp/hiroo/english/





POINT-AND-ASK GUIDE



STAY 摔囚 1416 14.16.双线 排人积 体別小 Pediatrics 訊病患族 **耳鼻咽喉科** 将뮆 採圈 翤큒合辮 。休でででま耕両 ノノお られてまれ>プロの対方は奇 Yes. What time will you return here? Can you look after my luggage? 。入せまきで。入せまいざご帰し申 I'm sorry, we cannot do that. いるおうでんを くなもまかな行うまるささいます Certainly. Where would you like to go? Will you call a taxi for me? °£29921111 ?位もまりあおくそれたくるれるか食 Yes, this restaurant is suitable. きかムリスムおこれて木のこ Does this hotel have any restaurants 。入せまいる、入せまいる乙畑し申 suitable for Muslim diners? I'm sorry, there are no such restaurants here. . ተቋባሌሴሣኔክ<u>ዮ</u> ይተቋባልሴ いのでまいるお説献な銀巾の依舗英 Please visit the_ プリの対対スコン近のこ ____ minutes to get there. It takes Is there a nearby hospital where there **シャキいあおコン武** are female, English-speaking doctors? No, there are none nearby. SHOP ° 6.2 H 公説で円本日 24429>17142 How much does this cost? It costs yen, including tax. 。でで刮除焼却刮削 パルわ 5.代でまいなご研究却割のこ Yes, it is. Is this store a tax-free store? 。入せまりあおう司辞兵、ふいい No, it isn't. 。 下まえ動 バリお 5代でまえ動むドー代イツでくる Yes, you can. Can I use a credit card here? 。下でその金規の円本日 No, we only accept Japanese yen in cash.

MasterCard

Visa

ICB

ィー氏御騒

UnionPav

American

Express



TOKYO MUSLIM

Travelers' Guide 2021-2022

Pray · Eat · Shop · Stay



Tokyo Convention & Visitors Bureau Nisshin Bldg, 6F, 346-6 Yamabuki-cho, Shinjuku-ku, Tokyo 162-0801, Japan 2021/03

GO>TOKYO
The Official Tokyo Travel Guide
www.gotokyo.org

Tokyo Tokyo