

TETSUGAKU-DOU

哲学堂

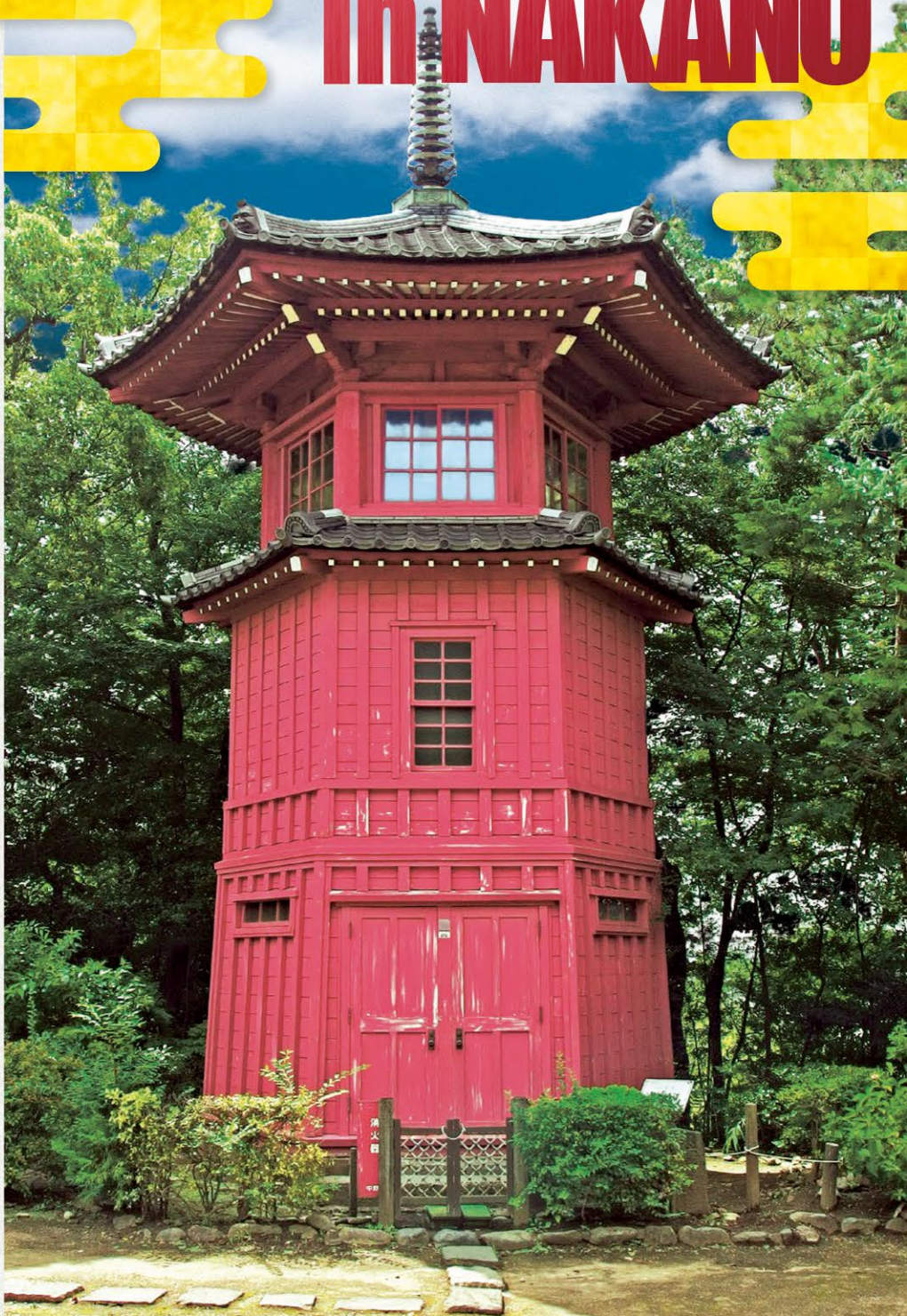
Temple Garden of Philosophy

in **NAKANO**

English

TAKE FREE

Comes with
guide map
of the
surrounding
area.



An outstanding garden built in Tokyo during the Meiji era, one that Japan can boast about to the world

Temple Garden of Philosophy

The Tetsugakudo Park (Temple Garden of Philosophy) is a park rich in nature located in the northern part of Nakano City with an area 1.2 times larger than Tokyo Dome. Enryo Inoue, a philosopher during the Meiji and Taisho eras, built the Temple of Philosophy as a place of philosophy and social education, and it is a truly unique park with few similar examples anywhere else in the world. The park is dotted with buildings and ponds that visually express the world of philosophy called the "77 features of the temple garden of philosophy."

It was designated as a place of beauty by the Tokyo Metropolitan Government in 2009, and by the Government of Japan in 2020.

The background of the construction of the Temple Garden of Philosophy

Enryo Inoue, the founder of Toyo University, established the Temple Garden of Philosophy in order to realize his ideas. Having built the garden for the "educational, moral, and philosophical cultivation of the spirit", Enryo sought to promote spiritual cultivation among the people through their exposure to the sages commemorated in the garden. Construction of the park began in 1903, and the very first structure, the Four Sages Hall, was completed in the following year. Confucius, Buddha, Socrates, and Kant are honored at this shrine.

After retiring from the university in 1906, Enryo concentrated on enhancing public morality through his Personal Cultivation Church Movement and through the expansion and management of the Four Sages Hall. Enryo tirelessly traveled across the country to give lectures. He used the money he earned on his nation-wide lecture tours and the money he earned from his calligraphy for the construction of his garden.

A philo
cultivat



Four Sages
Hall



Hollow of
Gods and
Demons



Nakano
Temple Garden
of Philosophy

MAP G-2



Near the end of the Taisho era / postcard /
Owned by Inoue Enryo Research Center,
Toyo University

sophy "theme park" aimed at spiritual ion, that is the only one of its kind



The four sages worshiped in the hall represent Eastern and Western philosophy. Confucius represents Chinese philosophy, Buddha represents Indian philosophy, Socrates represents ancient European philosophy, and Kant represents modern philosophy. The sages are represented by their names written on four wooden boards. "孔聖 (Confucius), 釈聖 (Buddha), 瑣聖 (Socrates), 韓聖 (Kant)".



Inexhaustible Treasury

Built as an exhibition area for the souvenirs that Enryō collected on his domestic and overseas travels. The upper floor is named Transcending Level while the ground floor is called Storehouse of the Myriad Phenomena.

Note: The collection is has been moved to Toyo University and the Yamazaki Memorial Nakano Historical and Folklore Museum

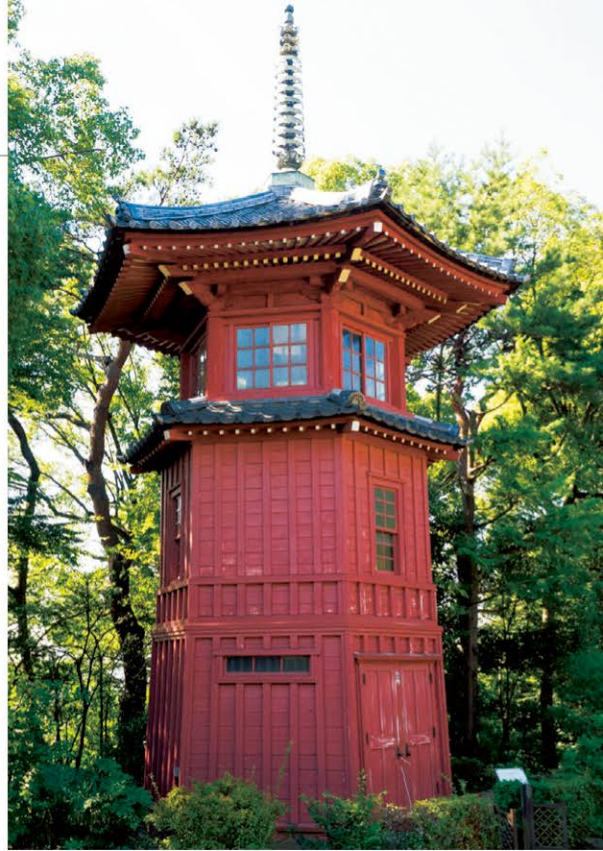


A two-story building that can be entered through the Skull Hermitage and the Corridor of Resurrection. The names of these buildings represent spirits of the visitors leaving their earthly lives and being reborn in a transcendent world of souls and spirits.



Citadel of the Absolute

Formerly the library, it is named after Enryō's belief that it is possible to transcend all dualisms and reach the Absolute if one reads all the books in the world.



Pagoda of the Six Wise Ones

The landmark of the Garden. The Pagoda of the Six Wise Ones commemorates the sages of the oriental world, namely Japan, China, and India. The six wise ones are Prince Shotoku from ancient Japan, Sugawara no Michizane from medieval Japan, Zhuangzi and Zhu Xi from the Chinese Zhou and Song Dynasties respectively, Nagarjuna from the Buddhist world of India, and Kapila from the Brahmin philosophy of India.



The Gate of Philosophical Reason, the main entrance of the Temple Garden of Philosophy

The main entrance of the Temple Garden of Philosophy. The statues of a tengu and a ghost placed inside both pillars of the gate symbolize the mystery of the material world and the mystery of the spiritual world respectively. These indicate that "the rationality of the irrational" (i.e. the incomprehensible) lies at the root of both matter and spirit.

Statue of Tengu and Statue of Ghost

As written above, there are two statues on both sides of the aisle. The Statue of Tengu is inside the right pillar, while the Statue of Ghost is inside the left. These statues symbolizing "the rationality of the irrational" are magnificent pieces that bring about sentiments of fear and awe to people even today. All visitors should take a look at the two statues in the dark.

The Statue of Tengu and Statue of Ghost are replicas recreated with the same features such as the original colors. The Statue of Tengu and Statue of Ghost which had been on display up until now were relocated to the Yamazaki Memorial Nakano Historical and Folklore Museum.

Address: 1-34-28, Matsugaoka, Nakano-ku, Tokyo 165-0024 Tel: 03-3951-2515 Closed: Year-end (Dec 29-31)
Operating hours and period: Mar-Sept 8am-6pm; Oct-Nov 8am-5pm; Dec-Feb 9am-5pm

●Open on (Spring season): Apr 29-May 5 9am-5pm ●Open on (Autumn season) Only on weekends and public holidays : Oct 1-Oct 30 9am-5pm
Architectures that are open: Four Sages Hall/ Pagoda of the Six Wise Ones/ Inexhaustible Treasury/ Cosmos Hall/ Citadel of the Absolute.
The buildings on the left are also open on a monthly basis. First Sunday of every month, 10am-3pm
*Entry to some of the buildings above may be prohibited due to renovation or maintenance work. *The dates are subject to change or cancellation if they overlap with January 1, 2, or 3, or the cherry blossom period.

Access: 12 minutes on foot from "Ariyakushi-mae Sta." Seibu-Shinjuku line. 13 minutes on foot from "Ochiai-minami-nagasaki Sta." Toei Oedo line. Approx. 15 minutes by bus bound for Ekoda Sta. or Ikebukuro Sta. from "Nakano Sta." JR/Tokyo Metro, get off at "Tetsugakudo". Approx. 10 minutes by bus bound for Nerima Sta. or Egota no mori, get off at "Tetsugakudo shita"

*Excerpts from the February 2016 special edition of Tokyo-jin "A Modern Guide to the Temple Garden of Philosophy"
(Written by Takayuki Shibata ★Photographs by Daigo Izumi) / Inoue Enryō and 100 Years of Temple Garden of Philosophy (Setsuo Miura) / Temple Garden of Philosophy Guidebook

The truth lies in philosophy

The life of Enryo Inoue, dedicated to the construction of the Temple Garden of Philosophy

Life of Enryo Inoue

Born in 1858 to a Buddhist priest in Nagaoka City, Niigata Prefecture. Sent to Tokyo in 1878 as a scholar of Higashi-honganji temple, admitted to the preparatory course of Tokyo University, admitted in 1881 as a pioneer student to the philosophy department of Tokyo University's faculty of letters. Established the Philosophy Society in 1884, founded the Philosophy Academy (present day Toyo University) in 1887 upon graduation from Tokyo University. Retired from the university in 1906 and dedicated the rest of his life to expanding the Temple Garden of Philosophy and traveling across the country to conduct lectures in order to spread philosophy. Died in 1919 at the age of 61.

Awakening to philosophy and the establishment of the Philosophy Society

Enryo began manifesting interest in philosophy, which was born in Greece and subsequently nurtured in Western civilizations, while studying at Tokyo University. After studying Western philosophy, Enryo then reviewed his own religion and discovered that Buddhism was an "Oriental philosophy" with thousands of years of history. After conferring with his teachers and student colleagues, Enryo established the Philosophy Society in 1884. Becoming himself a core member of the society, Enryo went on to publish the "Journal of the Philosophy Society", in which he asserted that "philosophy is the study of logic and the investigation of the rules of thought and the principles of things. Therefore, there is nothing concerning thought or existence that is not related to philosophy". Moreover, he also makes the case that "the basis of all learning lies in philosophy." "The research and propagation of philosophy is absolutely necessary for the development of the civilization of society and the state." "In addition to Western philosophy, the academic pursuit of Oriental philosophy is necessary."

Excerpts from "The Life of Inoue Enryo" (Toyo University Extension Section)



Enryo Inoue in 1887, about 30 years old, as the founder of the Philosophy Academy
Owned by Inoue Enryo Research Center, Toyo University



Enryo as a student at Tokyo University
Backrow, 2nd from the left
Excerpts from "Pictorial Record: 100 years of Toyo University"

From the Philosophy Academy to Toyo University

"The basis of all learning lies in philosophy" is the educational principle upon which Enryo established the Testugaku-kan, or Philosophy Academy when he was 29, in order to spread philosophy to those who did not have the financial means to attend the university and those who did not have the time or capacity to study books in English. Receiving help and advice from Kaishu Katsu, Enryo left for Europe in 1888, the following year, in order to broaden his knowledge and views. In June of 1906, the Philosophy Academy, which had acquired the status of a private university in 1904, changed its name to "Toyo University," i.e. Oriental University. This bears testimony to Enryo's strong desire, after becoming acquainted with Western philosophy, to build a independent university of philosophy in the East.

Excerpts from "The Life of Inoue Enryo" (Toyo University Extension Section)



Construction of the Temple Garden of Philosophy

In "My Philosophical Mission" written in 1919, Enryo writes about his two goals of the popularization and realization of philosophy. The popularization of philosophy during his early period lies in writing, educational activities, and the establishment of the Philosophy Academy. His nation-wide lecture tours and the establishment of the Temple Garden of Philosophy are central to the realization of philosophy. The Four Sages Hall was built in 1902 on land that was initially purchased as a new university campus of the Philosophy Academy. Built for the "spiritual cultivation of people through educational, moral, and philosophical means", the idea of this park is to nurture people's spirits through exposure to the sages honored there.

Excerpts from "The Life of Inoue Enryo" (Toyo University Extension Section)



Device for Kokkuri (table-turning) collected in Izu region

Owned by Yamazaki Memorial Nakano Historical and Folklore Museum



Lectures on Mystery Studies
Owned by Inoue Enryō Research Center, Toyo University

Establishment of Mystery Studies (Yokai-gaku)

There are many inexplicably mysterious phenomena in our daily lives. People during the Meiji era, according to tradition, believed that these were all "yokai" (supernatural spirits, monsters, demons etc.). Enryō was a leading researcher of "mysterious phenomena". Due to his keen interest in mysterious phenomena since his student days at Tokyo University, Enryō founded the Enigma Research Society upon graduation. He studied a wide range of anomalies including "kokkuri" (a Japanese equivalent of table-turning popular in Japan at the time) as well as various mental illnesses. He also gathered a broad range of documents and materials related to yokais. The "Lectures on Mystery Studies" is the fruit of Enryō's research into anomalies over a period of ten years. Enryō's investigations into yokais won praises in Japan, where superstition was widespread. His "Lectures on Mystery Studies" were presented to Emperor Meiji through the Minister of Imperial Household. Excerpts from "The Life of Inoue Enryō" (Toyo University Extension Section)

World Travels and Collection

Enryō made many study trips in Japan and all over the world. He went for a total of three world travels during his lifetime, when he was 30, 44, and 53, and he traveled for a total of 29 months. Enryō's visit to the Paris World's Fair and his studies about the Western university and social education system deepened his understanding of modernization. It also provided him with a background of knowledge about nations, societies, religions, and educational systems of the world, which convinced him even more of Japan's uniqueness. The rare items Enryō collected on his travels are preserved and are still on display today.

Smoking device from South Africa

Owned by Yamazaki Memorial Nakano Historical and Folklore Museum

These are believed to have been acquired in South Africa. Enryō saw a picture of indigenous people smoking when he stopped in Durban before passing the Cape of Good Hope. He recorded his impression upon seeing the picture: "They smoke it as though they are nibbling on a radish."



Excerpts from the February 2016 special edition of Tokyo-jin "Sensibility as a Collector" by Kenji Kitada



Animal from Argentina, South America

Owned by Yamazaki Memorial Nakano Historical and Folklore Museum

A container-like item made of armadillo skin. It is believed to have been acquired on his third world trip between April 1911 to January of the following year, while visiting the southern hemisphere.

Historical and Folklore Museum with a corner dedicated to Enryō Inoue

At Yamazaki Memorial Nakano Historical and Folklore Museum, there is a corner dedicated to Enryō Inoue, the founder of the Temple Garden of Philosophy. There are items on display that are related to the Temple Garden of Philosophy, as well as documents and souvenirs that had been acquired by Enryō during his world tours.

Yamazaki Memorial Nakano Historical and Folklore Museum

No charge

Address: 4-3-4, Egota, Nakano-ku Tel: 03-3319-9221

Opening Hours: 9am-5pm (last entry at 4:30pm)

Closed: Mon, 3rd Sun of the month, Year-end and New Year's holiday (Dec 28-Jan 4)

Access: 8 minutes on foot from north exit of Numabukuro Sta., Seibu-Shinjuku line. Keio bus bound for Nerima Sta. from south exit of JR Nakano Sta. 2 minutes on foot after getting off the bus at "Egota nichome"

MAP D-1

The exhibition changes each season.



With "the cultural climate and lives of the people of Musashino in the context of Musashino" as the theme, our history from the stone age to the contemporary period are reproduced with photographs, image drawings, and dioramas.

Enryō Inoue's tombstone in Renge Temple

Renge Temple

Address: 1-6-4, Egota, Nakano-ku Tel: 03-5982-0011

MAP G-1

The grave of Enryō Inoue, the founder of the Temple Garden of Philosophy. In the always cleanly maintained temple compound, cherry blossoms and Japanese maples can be enjoyed during the spring and autumn seasons respectively. As it is rich in nature, this place does not seem to be part of the Tokyo metropolitan area.

The round-shaped stone placed on top of the rectangular curb is an illustration of Enryō Inoue's name, which literally means "Roundness upon the Well."



The Temple Garden of Philosophy is a fun place to visit now!

Experience philosophy

Contemporary Guide for a Walk through the Temple Garden of Philosophy

After opening the Four Sages Hall in 1904, Enryo Inoue published the "The Guide to Temple Garden of Philosophy" in 1915, when construction of the current garden was almost completed. By setting up 77 philosophical features in the garden, Enryo wished to express a philosophical worldview that could be grasped by walking through the park.

* Excerpts from the February 2016 special edition of Tokyo-jin "Contemporary Guide for a Walk Through the Temple Garden of Philosophy" (Written by Takayuki Shibata) In this guide, the author selected the most prominent of the 77 features and provides explanations for each.



1 Gate of Common Sense

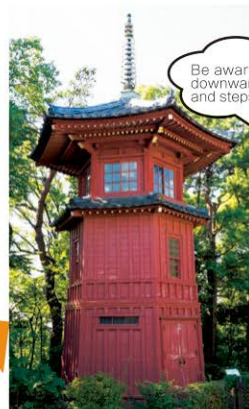
After passing through the main entrance, you will enter the Garden through the Gate of Common Sense on the left hand side. The Gate of Common Sense is located at the hedge of monism* indicating that the monistic world of philosophy lies within the compounds.

*Monism refers to the view that everything in the world and the universe is established by a single principle.



2 Skull Hermitage

Situated in close proximity to the Gate of Common Sense, the Skull Hermitage is an expression not of physical death, but of spiritual death. Here, visitors clean their minds from worldly defilements. After that, they pass through a corridor known as the Corridor of Resurrection and proceed to the Hollow of Gods and Demons.



Be aware of the downward slope and steps!

4 Pagoda of the Six Wise Ones

A red three-story hexagonal structure next to the Four Sages Hall, the Pagoda of the Six Wise Ones is dedicated to Prince Shotoku, Sugawara no Michizane, Zhuangzi, Zhu Xi, Nagarjuna, and Kapila. Portraits of these six sages can be found within the pagoda.



3 Four Sages Hall

The central building of the Temple Garden of Philosophy. In the square hall, which can be entered from all four sides, the four sages, Confucius, Buddha, Socrates, and Kant, are commemorated.

1 常識門 Gate of Common Sense

2 髑髏庵 Skull Hermitage

3 四聖堂 Four Sages Hall

4 六賢台 Pagoda of the Six Wise Ones

5 懷疑巷 Junction of Doubt

6 唯物園 Garden of Materialism

7 狸灯 Tanuki Lamp

8 二元衢 Fork of Dualism

9 唯心庭 Garden of Idealism

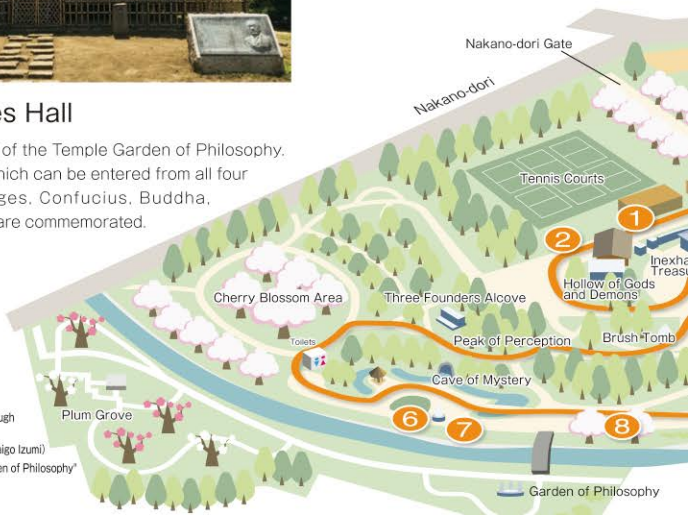
10 鬼灯 Demon Lamp

11 認識路 Road of Cognition

12 絶対城 Citadel of the Absolute

13 理外門 Gate of the Irrational

Route inside the Garden



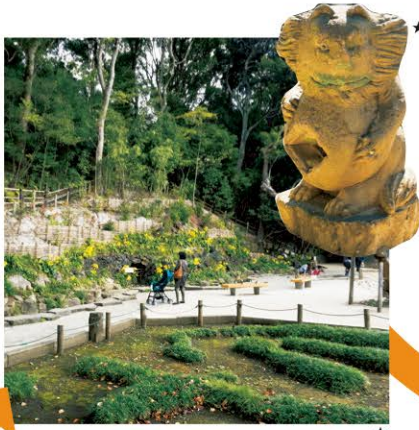
Excerpts from the February 2016 special edition of Tokyo-jin "Contemporary Guide for a Walk Through the Temple Garden of Philosophy" (Written by Takayuki Shibata *Photographs by Daigo Izumi) From "Inoue Enryo and 100 Years of Temple Garden of Philosophy"

Names and places in the Garden are translated into English by Rainer Schulzer.

by walking around the garden!



★ "The Guide to Temple Garden of Philosophy" authored by Enryo Inoue. The guide was deliberately published in a small size so that visitors can carry it around with them.



7 Tanuki Lamp

Tanukis (Japanese raccoon dogs) are said to deceive people, but humans also indulge in evil deeds such as cheating and lying. The small lantern in the Tanuki's stomach signifies that even in falseness some glittering spirit can be found.

8 Fork of Dualism

Dualism is a philosophical concept that refers to the conflict between matter and mind. This place, therefore, represents the crossroads of the Garden of Materialism and the Garden of Idealism. (If you proceed upward from the Fork of Dualism, you will see a sign saying "The place indispensable for your life." There used to be a restroom here.)



The downward stairs and slope are long.

6 Garden of Materialism

This part of the garden symbolizes the world as grasped by the empirical senses. Knowledge about the material world is based on experience acquired through the senses. The grass patch in the center is shaped like the Sino-Japanese character 物 which means "matter".

Keep walking along the river for a while.



11 Road of Cognition

A path which leads from the Garden of Idealism up the hill to the Citadel of the Absolute. The name Road of Cognition refers to the acts of perceiving, thinking, and deducing.



Be careful, as this is a steep upward slope!

10 Demon Lamp

However, because of their inner demons, humans bear delusions and evil thoughts in their minds, and they are also endowed with consciences. The Demon Lamp shows a demon being weighed down in pain by a lantern symbolizing conscience.

9 Garden of Idealism

This part of the Garden represents the idealistic world view which searches the root of all things in the mind. The Garden of Idealism is the antithesis of the Garden of Materialism.

5 Junction of Doubt

The name of the Fork of Doubt represents one's doubt over whether materialism or idealism is the correct way, and is a philosophical fork as well as a crossroad that leads to the Garden of Materialism and the Garden of Idealism. Because philosophy starts out from doubting common sense opinions, you start your walk from here. Turn right and head down the Slope of Experience to the Garden of Materialism.



The exit is right in front of you!

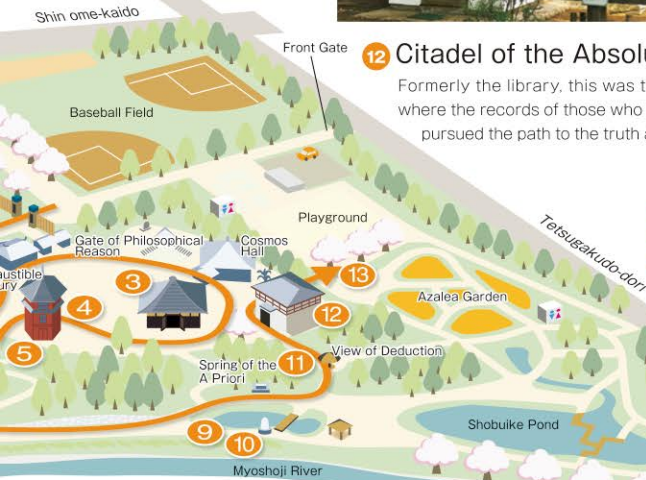


12 Citadel of the Absolute

Formerly the library, this was the place where the records of those who tirelessly pursued the path to the truth are kept.

13 Gate of the Irrational

Your walk ends at the Gate of the Irrational, which lies beside the Citadel of the Absolute. Through this Gate, you return to the arbitrariness of your daily life. Putting to practice what you have learned in the Temple Garden of Philosophy is indeed the real path of philosophy.



Enjoy 360-degree panoramic images of the Temple Garden of Philosophy!

Checkout the QR code!



The 2 charms of northern Nakano

食

Gourmet

Touring Nakano for tasty food



▲ Milt Ponzu sauce that goes well with sake 1,300 Yen
 ◀ Anko-nabe (monk-fish hot pot) 2,700 yen (for one person) is a popular dish that can be enjoyed from November until about March. Served in a variety of portions, from single-serving portions and up, this dish will provide you with a satisfying amount of food. The Edo-miso is a perfect match for the soup stock from the anko (monk-fish). As your final dish, enjoy the egg-drop porridge.

A restaurant serving good fish and sake

MAP D-8

Daini Chikara Shuzo

5-32-15, Nakano, Nakano-ku / Tel: 03-3385-6471
 2pm-11:30pm (last order at 10:30 pm) / Closed on Sundays

Because a lot of the fish used in this restaurant are purchased from Toyosu, it provides a bounty of fresh seafood dishes. Because it always provides a wide ranging variety of fish dishes such as staples such as sashimi, boiled fish, and grilled fish, as well as other seasonal dishes at all times, this place is a must-try for all fish lovers. All tables and pillars in the restaurant are made of plain wood, and its interior, which has been renovated several times, is clean and does not feel old. This shop opens at 2 pm, so it is well-suited for those who wish to indulge in drinking from the afternoon.

Enjoy some great tasting genuine Chinese dishes!

MAP D-7

Handmade Chinese dishes!
 Mata Ashita

Nakano Broadway 1st floor underground, 5-52-15, Nakano, Nakano-ku
 TEL03-3389-6502
 11am-7pm (while supplies last)
 Days off



Enjoy some handmade Chinese dishes such as shaomai dumplings, steamed meat buns and gyoza dumplings. The steamed meat buns satisfy your appetite with the chewy buns and juicy filling. Take some dishes home with you or enjoy in the dining area.

For a well-balanced diet! Assorted dishes and bento lunch boxes

MAP D-8

Healthy dining table
 "Washiya" Nakano branch

5-61-6 Nakano, Nakano-ku
 TEL03-3387-0213
 Mon-Sat 9:30am-10 pm
 Sundays and public holidays
 9:30am-9pm / open every day



This historical shop established in 1948 is located in the Nakano Sun Mall in the North Exit of Nakano Station. The freshly made Okowa is displayed in the restaurant's glass case. The most popular dish is the chicken burdock in the photo. The shop has a wide selection of set lunches and take-aways that are loved by the people of Nakano.

The owner's favorite - Fukakara chicken curry

MAP E-7

Bar&Restaurant Ten

5-36-1 Nakano, Nakano-ku
 TEL03-3387-7357
 5pm-12am (last order taken at)
 Closed on Mondays and the first Sunday



Fukakara Chicken Curry, a popular item on the menu at this restaurant, has complex flavors and a full aroma of spices. The curry is a blend of more than 10 different types of spices with the sweetness of dissolved fruits and vegetables, topped with large pieces of chicken.

Try it out for yourself!

Smoked Eel

MAP E-7

Miharu

5-57-10 Nakano, Nakano-ku
 TEL03-6677-1990
 12pm-2pm (last order taken at)
 5pm-9pm (last order taken at)
 Closed on Sundays
 (open on national holidays)



This popular eel skewer cuisine restaurant in Nakano features smoked eel with a flavor which has been passed down for generations. The perfect amount of salt on the fatty eel and the texture of the skin make this a perfect match with drinks such as beer or wine.

that will stimulate your five senses

趣
Culture

Experiencing Japanese Subcultures

Globally renowned haven for anime and other subcultures

Nakano Broadway

5-52-15, Nakano, Nakano-ku
Tel: 03-3388-7004 (Nakano Broadway Office)

MAP D-7

Priding itself as being the "largest in East Asia," Nakano Broadway began operations as a large scale commercial complex in 1966. Today, it is known as a "haven of subculture" where shops selling anime items, figurines, manga, SFX, and idols congregate. With over 25 thousand visitors on weekdays and over 50 thousand on weekends, Nakano Broadway has been attracting an increasing number of foreign visitors of late, as it is seen as a popular spot in Nakano where a "cool Japan" experience can be enjoyed with ease.



MANDARAKE

Nakano Broadway 3F
TEL03-3228-0007 MAP D-7
12pm-8pm / open every day

This is one of the stores that can be called the face of Nakano Broadway. There are 31 stores inside that sell various collector's items from books to figurines and anime cells with the focus on comic books and anime.



MANDARAKE HENYA

Nakano Broadway 4F
TEL03-3228-0007 MAP D-7
12pm-8pm / open every day

Passing through the shrine-like gates, you'll see a cyberspace of glass cases filled with tin plate robots, soft vinyl monsters, company novelty money boxes, and many other items.



Gallery of Hakaba

Nakano Broadway 3F
TEL03-5318-9221
Weekdays 12pm-8pm
Saturdays, Sundays and national holidays
11am-8pm MAP D-7



Gallery of Hakaba holds a wide variety of events of different genres including Ultraman special effects, comics, anime, games, music, and much more. Original apparel and goods are also sold that can only be purchased at these events. They also sell a large number of figurines that obsessive hobbyists love. It is also a hub that disseminates an original culture.

A comfortable place where anime fans interact

ufotable Cafe

Nagata Bldg. 1F, 1-38-11, Nogata, Nakano-ku
Tel: 03-3388-0335
11:30am-10:20pm / Closed on Mondays MAP A-7

A cafe opened in 2007 by ufotable, renowned for its work in animes such as Film version of "Fate/stay night: Heaven's Feel" and "Demon Slayer", for the purpose of interacting with fans. Many dishes that are made in collaboration with the animes that ufotable has worked on are served in the cafe, and fans can also purchase related anime items here. Many related documents and illustrations are also on display here, and many events are also held. According to Hikaru Endo, the president of the company, "the cafe began operation for the purpose of providing a space where users who enjoy the works of ufotable and us, the creators of the animes, can connect like super glue." (courtesy of ufotable)



Anime works by ufotable
"Fate/stay night [Unlimited Blade Works]"
©TYPE-MOON-ufotable-FSNPC

*Currently, a que ticket may be required for admission. Please refer to the information on our Twitter (@ufotablecafe) for details.

A city where anime culture had taken root over a long period of time

Nakano is a city where prominent local anime production companies such as "TMS Entertainment", "Toei Animation" and "ufotable" are based. TMS Entertainment moved their headquarters to Sancho, Nakano City in 2012. They are actively involved in delivering dreams and emotional inspirations to local children through their works, by donating their related products to public nurseries and children's welfare facilities in Nakano City.



"Detective Conan" is a Japanese mystery comic written by Gosho Aoyama and serialized in Shogakukan's Weekly Shonen Sunday. The TV anime is broadcast every Saturday night at 18:00 on Yomiuri TV and Nippon Television Network System (time and TV station may differ depending on the region). "Detective Conan: The Scarlet Bullet" is the latest installment of the movie series and is scheduled to be released on April 16, 2021 (date correct as of February 2021).



The mascot of "Panda! Go, Panda!", produced by TMS Entertainment, made an appearance at an event held at Nakano City's welfare center for the disabled. (Provided by TMS Entertainment)

Our recommended **PART I** standard sightseeing tour!

Walk through

GOAL

Temple Garden of Philosophy (Tetsugaku-do Park)

MAP G-2

The gorgeous Garden of Philosophy facing Nakano Dori Street features different flowers depending on the season. Admire the statues of the world's philosophers, created by the Hungarian sculptor Nandor Wagner. From here, cross the blue bridge over Myoushougawa River and on towards the Temple Garden of Philosophy (Tetsugaku-do Park).



Temple Garden of Philosophy (Tetsugaku-do Park)

650m
8 minutes walk

Yakushi-no-Oban

450m
6 minutes walk

Baishoin (Araiyakushi)

300m
4 minutes walk

Hot springs and public baths in Nakano Ward.

5



Yakushi-no-Oban

MAP F-4

Yakushi-no-Oban opened more than 35 years ago in front of the Araiyakushi-mae station. Operating in Nakano, which is a very competitive area for ramen, a popular menu item is the Ramen Kotemaru beloved by the locals. It uses back fat for a strong flavor, but it has a clean aftertaste. The soup is served with delicious noodles of medium thickness. The ramen is also subject to the Furusato Nozei Program in Nakano.

3-41-3 Kamitakada, Nakano-ku
Kyodo Building 1F
TEL03-3385-1193
11:30am-3pm, 6pm-12am
Closed on Sundays



MAP D-6

Nakano Kotobukiyu Hot Spring

1-14-13 Arai, Nakano-ku / TEL 03-3387-2047
4pm-1:30am / closed Tuesdays / bathing 470yen

The well-fed Nakano Kotobukiyu Hot Spring was recognized as a natural hot spring in March 2013, and became the first hot spring in Nakano Ward. Hot water containing metasilicic acid has properties that lock in moisture, and have a beautifying effect on the skin. Because "bathing kits" are available for purchase, you can show up empty-handed and still enjoy the notable hot springs in Nakano

Don't miss "Shinetsusen" near Araiyakushi-mae Station, which features an entrance built from glass blocks and baths located underground. Although it is a bit hard to find, tucked down a side street off the main shopping street, this public bath has continued operating through 3 generations and uses soft well water in its bathing tubs.

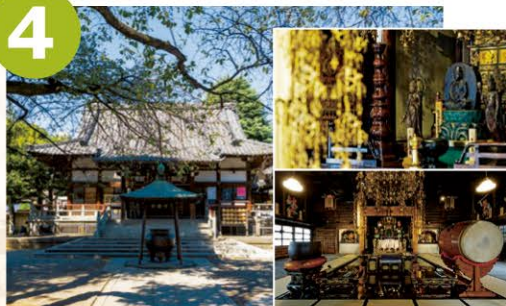


Shinetsusen

MAP E-4

5-17-2 Arai, Nakano-ku / TEL 03-3386-4917
3pm - 12am / closed Mondays / bathing 470 yen

4



Baishoin (Araiyakushi)

MAP E-5

This ancient temple in Tokyo is well-known as a temple said to have the power to cure eye ailments and help with raising children. It is listed as the 71st temple of the 88 holy sites in Tokyo. The principal image is the amalgamation of two Buddhas: Cintamanicakra (Nyoirin-kannon in Japanese) and Bhaisajyaguru (Yakushinyorai in Japanese). This is a very rare principal image even within Japan. The "Onegai Jizo" (a statue of the Guardian Deity of Travelers and Children that grants wishes) is also well-known. There are also many good luck charms available for purchase.

3



Excerpts from the February 2016 special edition of Tokyo-jin "Road Leading to the Temple Garden of Philosophy That Satisfies Your Curiosity" (Written by Chiharu Yoshida, Satoshi Takei, Rie Inoue / Photographs by Seichi Saito, Daigo Izumi) Nakano City Official Tourism Site "Marutto Nakano"

5-3-5 Arai, Nakano-ku / TEL 03-3386-1355

Tetsugaku-do from Nakano Station

papabubble

160m
2 minutes walk

Yakushi Ai Road Shopping Street

500m
7 minutes walk

The Nakano Sun Mall Shopping Street and surrounding shopping district

40m
1 minutes walk

Nakano Station North exit

And enjoy your time exploring the shopping streets.

The distance from Nakano Station North exit to Tetsugaku-do is about 2 km. You can stroll along Nakano-dori or duck down into the side streets, and spend some time exploring unique shops that are bustling with activity. Have a look inside the shops that pique your interest, visit the old temple, and then on to Tetsugaku-do!

Stop off here for souvenirs!

Meat Plaza Nishijima

(Nishijima Meat Corporation)
MAP E-5

300 of the popular minced meat cutlets made are sold every day at 198 (TAX not included) yen each. Enjoy the great juicy flavor.

This historic butcher established in 1934 purchases whole cows and pigs and uses special techniques from deboning to dressed meat making it popular in Nakano among meat lovers. There is a complete lineup of A5 rank beef including Matsuzaka Beef. The shop is popular morning to night as it also offers food products, side dishes and more.

5-16-2 Arai, Nakano-ku / TEL03-3386-2980
10am-7pm (Side dish shop until 6am / Closed on Fridays)

papabubble

MAP E-6

An art candy shop originating in Spain. Their candies, which come in 20-30 different types and include seasonal varieties, have won over many fans with their charming and colorful appearance, crispy textures, and superb flavors which fuse sweet and sour together. The fact that you can watch candy being made also makes this shop unique. Packets of candy are priced from 530 yen. Rocky road that boasts an exquisite blend of chocolate and marshmallow flavors for 750 yen, and fruity, gummy candy (2 pieces for 280 yen) are also popular.

1-15-13 Arai, Nakano-ku / TEL 03-5343-1286 /
10am - 8pm (Sun & holidays until 7pm) / open every day

◀ Above - Making candy is hard work - dealing with candy that is as heavy as 10 kilos and temperatures as high as 160°C, but the confectioners make it look easy with quick, light movements.

START



Nakano Station North exit

MAP D-8

If you pass through the ticketing gate and continue down the street covered by a roof, you will be on Sun Mall Shopping Street. If you cross the overpass on your left, you will head towards Nakano Sun Plaza, Nakano Ward Office, and Nakano Central Park.

1



The Nakano Sun Mall Shopping Street and surrounding shopping district

MAP D-8

On the 224-meter shopping street that leads to Nakano Broadway, there are over 100 shops, including restaurants, clothing and drug stores. Although it appears to be an ordinary shopping street at first glance, it has various hidden enhancements such as marble pavement, large chandeliers, and sound equipment that allows you to enjoy a three-dimensional sound experience. Events such as the "Aerial Gallery", which displays large paintings done by junior high school students from Nakano Ward, are also familiar to residents.

2



Yakushi Ai Road Shopping Street

MAP D-6

A T-shaped shopping street that extends from Waseda Street to the vicinity of Arai Yakushi Baishoin. Among the shops with a mid 20th century vibe such as yakitori shops, senbei cracker shops, tailors and public baths, there are also stylish cafes and variety shops.

Our recommended **PART II** standard sightseeing tour!

Walk through Numabukuro

Numabukuro has a friendly, authentic atmosphere.

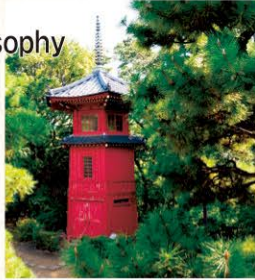
About 90 years ago, Numabukuro became a residential neighborhood when a station on the Seibu Shinjuku Line began operating there. There are shops that opened at that time that are still operating today. There are also many shrines and temples and regional connections based on them are strong. Have fun in Numabukuro on your way to Tetsugaku-do Park.

Goal

Temple Garden of Philosophy (Tetsugakudo Park)

MAP G-2

Arriving at your destination, the Temple Garden of Philosophy! Turn right from the Shin-Ome Highway and you will see the entrance to the Temple Garden of Philosophy. Visit 77 sites scattered throughout the park, such as Rokkendai featured in the photo.



6

Renge Temple MAP G-1

A Nichiren-school Buddhist temple located next to the Temple of Philosophy which contains the grave of Inoue Enryou, the founder of the Temple of Philosophy. In the always beautifully maintained temple grounds, visitors can enjoy cherry blossoms in the spring and the changing colors of the leaves in autumn. Nature is so abundant here that it is hard to believe you are still in the Tokyo metropolitan area.

1-6-4 Egota, Nakano-ku
TEL03-5982-0011



5 Former Nogata Water Tower MAP G-1

It was built in 1929 as a facility to supply water to Nakano City and the surrounding areas. It has already fulfilled that role, but about 2,000 tons of water can be stored inside the tower, which is about 34 meters high and about 18 meters in diameter. It is registered as one of Japan's Tangible Cultural Properties.

1-3 Egota, Nakano-ku In Mizunoto Park



4

Yamazaki Memorial Nakano Historical and Folklore Museum MAP D-1



With "The cultural climate and lives of the people of Nakano in the context of Musashino" as the theme, our history from the stone age to the contemporary period is reproduced with photographs, images, and dioramas. Themed exhibitions are held 3-4 times annually.

4-3-4 Egota, Nakano-ku / TEL03-3319-9221

9am - 5pm / Monday, every 3rd Sunday, New Year's Holiday(December 28 from January 4) Closed

Stop off here for souvenirs!



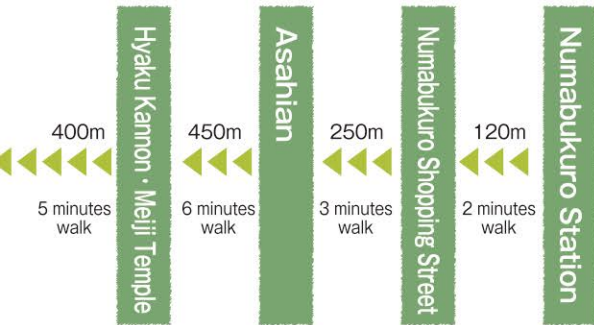
Numabukuro Tatsuya MAP C-2

Everything is grilled over charcoal, and the sake is poured until it spills over onto the saucer! Prices are incredibly reasonable, with skewers starting at 120 yen and topping out around 200 yen! While grilled offal is our specialty, we also spare no efforts on our side dishes! Motsu curry, eaten together with baguettes for 400 Yen. Our miso-flavored skewers, starting from the front, include "hatsumoto (upper area of the heart)" for 150 yen, "liver" for 120 yen, and "nankotsu (cartilage)" for 160 yen.

3-27-6, Numabukuro, Nakano-ku / TEL03-5942-9986
Mon-Sat, Sun & holidays 5pm-11pm
No scheduled holidays

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Tetsugaku-do from Station



Start



Numabukuro Station

MAP D-3

One of the stations on the Nishibu-Shinjuku line, located 5 stations and 15 minutes away from Nishibu-Shinjuku station. About 20,000 people use the station every day of which locals account for most of those. Construction is currently underway to move Numabukuro Station underground and the work should be completed by 2026.

Flying Saucer

MAP E-1

This shop offers professional kitchen equipment, tableware and more. They also develop their own items such as original pots and cooking spoons which take functionality into consideration. Staff members offer advice on selecting knives, pots and frying pans. There are also workshops which provide instruction on proper utensil usage and cooking techniques.

2-15-10, Numabukuro, Nakano-ku / TEL03-3387-5474 /
11am-5:30pm (weekdays),
11am-6pm (Saturdays, Sundays and national holidays) /
closed on Wednesdays

The most popular "King potato", (left, 237 yen), "Numa chocolate", named after Numabukuro (right, 205 yen)

Avignon

MAP C-2

A Western confectionery founded here in 1970 by the previous generation of confectioners. You can find selections of both Western and Japanese style confections in the shop. The variety of cakes and candies on display in the store is remarkable. There are about 35 kinds of fresh confections and 40 kinds of baked confections, along with assorted chocolates, jellies, and candies.

1-37-11, Numabukuro, Nakano-ku /
TEL03-3385-4336 / 9am-7:30pm /
closed on Tuesdays and Wednesdays

1



Shopping area around Numabukuro Station

MAP C-2-C-3

Around Numabukuro Station and along the north-south road leading to the Shin-Ome Highway, there is a shopping district consisting of the Numabukuro Friendship Club and the Egota Commerce and Industry Association. If you turn further up the street you will find the Zenjoin-dori Trade Association. Although the road running North and South is narrow, there are buses going to Nakano Station.

2



Tempura over rice (1 large shrimp and 4 seasonal vegetables) with daily dishes, pickles, soups, soba noodles or udon noodles for 1600 yen.

Asahian

MAP B-3

Founded in 1924, Asahian is celebrating its 100th anniversary this year. The tempura over rice, served with the original sauce that has been around since the restaurant's founding, and the proprietress's pickles, with their perfect balance of "umami" and acidity, are must-tries. Additionally, the seasonal menu, created by the young master, and overflowing with originality, has become popular. Only available on Saturdays and Sundays, we recommend you try the Juwari soba so that you can enjoy the rich flavor of soba!

3-7-11, Numabukuro, Nakano-ku, Tokyo / TEL 03-3386-5855
11:40am - 3pm, 5:30pm - 8pm / closed Tuesdays

3



Hyaku Kannon · Meiji Temple

MAP D-2

Meiji temple is a Shingon-school temple that was established towards the end of Meiji era, upon erection of the Kannon Sekibutsu (Kannon Statue). Over one hundred stone sculptures of Buddhas cherished as the "Hyaku Kannon (One Hundred Kannon)" line the premises. At the lantern festival held in July, a lantern is offered to Kannon, and a Gamelan performance takes place amidst a magical atmosphere.

2-28-20, Numabukuro, Nakano-ku / TEL: 03-3386-3937

Enjoy the Temple Garden of Philosophy and the streets of Nakano.

Enjoy exploring the shopping streets



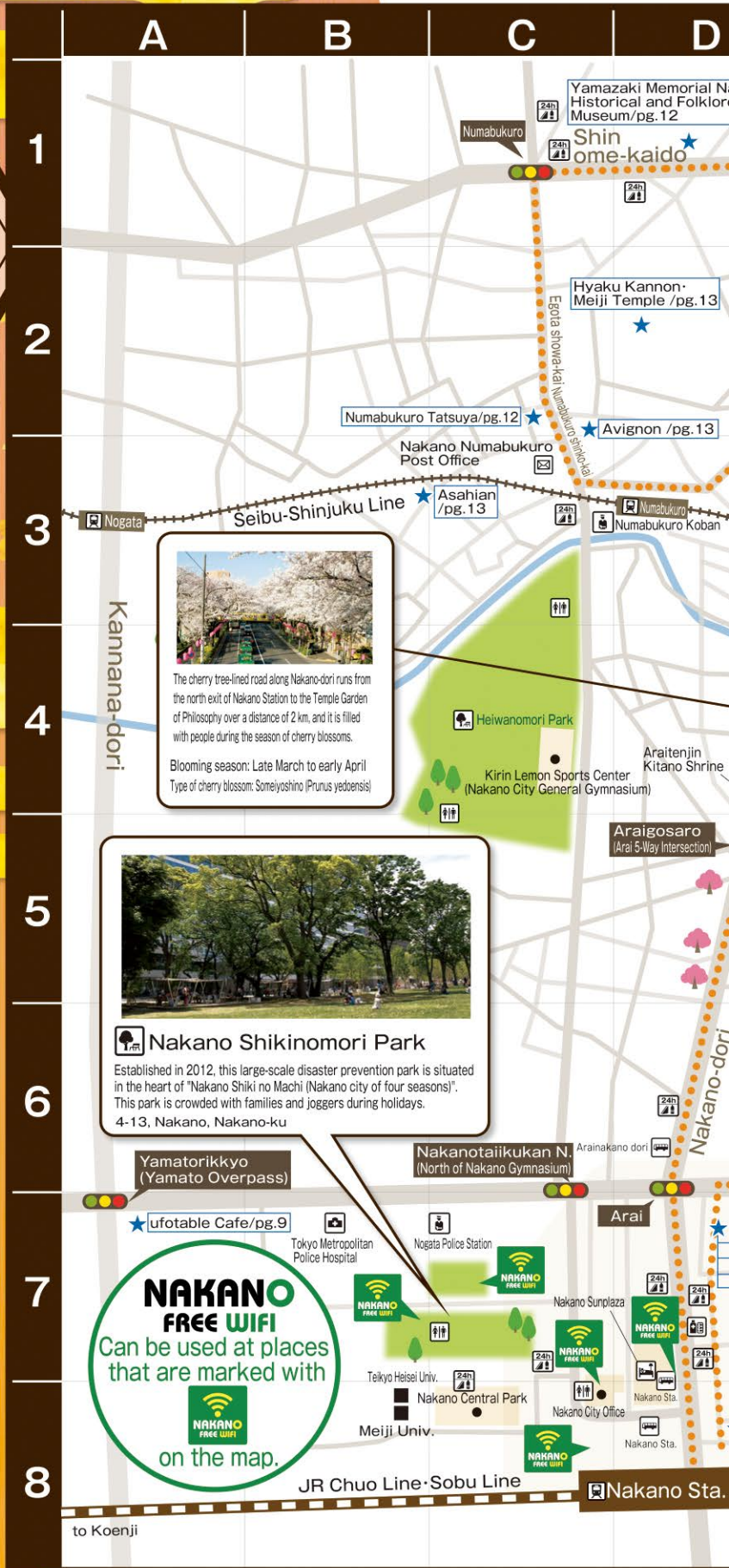
Nakano Sunmall Shopping Street



Yakushi Ai Road Shopping Street



Shopping area around Numabukuro Station





Legend:

- Cultural Facility
- Park
- Convenience Store
- Bus Stop
- Station
- Post Office
- Drugstore
- Hospital
- Accommodations
- Toilet
- Police Station-Koban (Police Box)



Temple Garden of Philosophy

Established in the northern area of Nakano city during the Meiji era, the Temple Garden of Philosophy is a nature-rich park covering a total area of 52,494 square meters.
 1-34-28, Matsugaoka, Nakano-ku
 Tel: 03-3951-2515



Garden of philosophy
 (within the compounds of the Temple Garden of Philosophy)

The sculptor Wagner Nandor created a sculpture of people that embody religion, philosophy, and law, concepts which transcend eras and countries.

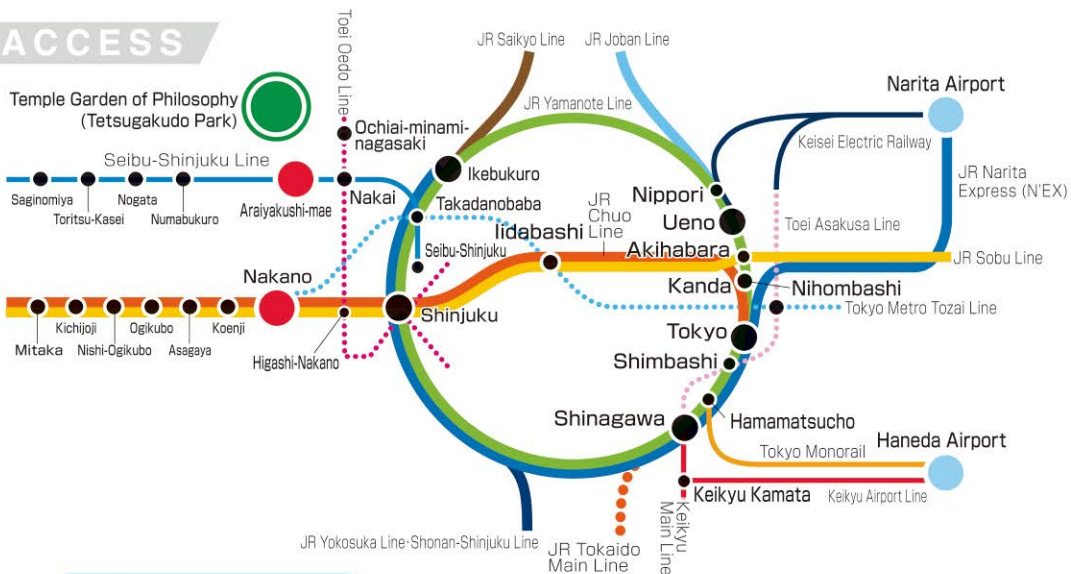


You can enjoy cherry blossoms in the spring and magnificent Japanese maples in the autumn, at various different places within the park.
 Best season to view cherry blossoms: Late March to early April
 Type of cherry blossom: Someiyoshino (Prunus yedoensis)
 Best season to view Japanese maple leaves: Around November to December
 Type of Japanese maple tree: Japanese maple ginkgo



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ACCESS



From Haneda Airport to Nakano Sta.

Haneda Airport	Tokyo Monorail	Hamamatsucho Sta.	JR Yamanote Line <small>(Inner tracks/uchi-mawari)</small>	Tokyo Sta.	JR Chuo Line	Nakano Sta.	Required Time: Approx. 60 min
Haneda Airport	Keikyu Airport Line <small>(Limited Express/KAITOKU)</small>	Shinagawa Sta.	JR Yamanote Line <small>(Outer tracks/soto-mawari)</small>	Shinjuku Sta.	JR Chuo Line	Nakano Sta.	Required Time: Approx. 55 min
Haneda Airport	Airport Limousine bus										Required Time: Approx. 65 min	

From Haneda Airport to Araiakushi-mae Sta.

Haneda Airport	Tokyo Monorail	Hamamatsucho Sta.	JR Yamanote Line <small>(Outer tracks/soto-mawari)</small>	Takadanobaba Sta.	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 70 min
Haneda Airport	Keikyu Airport Line <small>(Limited Express/KAITOKU)</small>	Shinagawa Sta.	JR Yamanote Line <small>(Outer tracks/soto-mawari)</small>	Takadanobaba Sta.	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 65 min

From Narita Airport to Nakano Sta.

Narita Airport	Keisei Skyliner	Nippori Sta.	JR Yamanote Line <small>(Inner tracks/uchi-mawari)</small>	Shinjuku Sta.	JR Chuo Line	Nakano Sta.	Required Time: Approx. 75 min
Narita Airport	JR Narita Express (N'EX)	Shinjuku Sta.	JR Chuo Line	Nakano Sta.				Required Time: Approx. 100 min

From Narita Airport to Araiakushi-mae Sta.

Narita Airport	Keisei Skyliner	Nippori Sta.	JR Yamanote Line <small>(Inner tracks/uchi-mawari)</small>	Takadanobaba Sta.	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 110 min
Narita Airport	JR Narita Express (N'EX)	Shinjuku Sta.	On foot	Seibu-Shinjuku Line	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 120 min

From Shinjuku Sta.

Shinjuku Sta.	JR Chuo Line	Nakano Sta.	Required Time: Approx. 5 min
Seibu-Shinjuku Sta.	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 10 min

From Tokyo Sta.

Tokyo Sta.	JR Chuo Line	Nakano Sta.	Required Time: Approx. 20 min				
Tokyo Sta.	JR Yamanote Line <small>(Inner tracks/uchi-mawari)</small>	Takadanobaba Sta.	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 45 min

From Akihabara Sta.

Akihabara Sta.	JR Sobu Line	Nakano Sta.	Required Time: Approx. 30 min				
Akihabara Sta.	JR Yamanote Line <small>(Inner tracks/uchi-mawari)</small>	Takadanobaba Sta.	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 40 min

From Ueno Sta.

Ueno Sta.	JR Yamanote Line <small>(Outer tracks/soto-mawari)</small>	Kanda Sta.	JR Chuo Line	Nakano Sta.	Required Time: Approx. 30 min
Ueno Sta.	JR Yamanote Line <small>(Inner tracks/uchi-mawari)</small>	Takadanobaba Sta.	Seibu-Shinjuku Line	Araiakushi-mae Sta.	Required Time: Approx. 35 min

* The required times shown are rough estimates. Please be aware that they may differ depending on the day of the week and on the time of day. * The routes shown here are examples.



NAKANO FREE WIFI

We provide Free Wi-Fi service for everyone in the vicinity of major stations within Nakano City.

Nakano Free Wi-Fi is a participant in Japan Connected-free Wi-Fi, Free Wi-Fi&TOKYO.

Refer to Marutto Nakano for details.





Usable locations

- Nakano City Office 1F Lobby
- Near the Temporary Bus Rotary of Nakano Station north entrance
- Around Nakano Station North Entrance
- Plaza in front of the south exit of Nakano Sta.
- Plaza in front of the west exit of Higashi-Nakano Sta.
- In the vicinity of Saginomiya Sta.
- Plaza in front of the main entrance of Nakano City Office
- Plaza in front of the north exit of Nakano Sta.
- Plaza in front of the north exit of Nakano Sta.
- Nakano Shikinomori Park
- Plaza in front of the south exit of Nakano Sta.
- In the vicinity of Nakano-sakaue Sta.

1

Turn on Wi-Fi in the vicinity of an access point and select "Tokyo_Nakano_Free_Wi-Fi" from the list of networks.

2

Once the Wi-Fi portal site is displayed after starting up your browser, tap the "Connect to Internet" button.

3

Once you have entered your email address and completed the authentication and registration procedure, you will be connected to the Internet!

Inquiries: Public Hearing and Public Relations Hearing Section, Nakano City Planning Department 4-8-1, Nakano, Nakano-ku, Tokyo 164-8501 Tel: 03-3228-5433 Fax: 03-3228-5645
 ● Some of the information on this page has been reprinted from the February 2016 special edition of Tokyo-jin, "The Book for Enjoying the Temple Garden of Philosophy and the Streets of Nakano", from pamphlet by Toyo University entitled "The Life of Inoue Enryō", from "Inoue Enryō and 100 Years of Temple Garden of Philosophy" (Setsuo Miura), from a guide published by the Temple Garden of Philosophy, and from the official website of Temple Garden of Philosophy Nakano City Official Tourism Website Marutto Nakano.
 ● The published information may be altered. ● The operating hours of the facilities listed in this guide may change due to the coronavirus pandemic.