



TOKYO MUSLIM

Travelers' Guide 2020-2021

Pray • Eat • Stay • Shop



 Welcome to TOKYO!





Welcome to Tokyo!

The Tokyo Muslim Travelers' Guide is designed to make your visit to Tokyo as comfortable, The restaurants, lodgings, places of worship, and shops in this guide do their utmost to This guide also presents you with opportunities to experience Japan's traditional culture Even establishments which primarily cater to Japanese customers are often able to accommodate Staff may be able to make changes such as menu substitutions, so please feel free to ask if We wish you, our Muslim friends, an enjoyable and truly memorable stay in Tokyo!

Icon Guide



Muslim restaurant owner



Muslim staff



Muslim chef(s)



No pork



English assistance available



English menu available



Disposable eating utensils provided



Vegetarian dishes available



Pork-free dishes/products available



Alcohol-free dishes/products available



Alcoholic beverages not available



Non-alcoholic beverages available



Dedicated area for salat



Items for prayer available on request



Facilities provided for ceremonial cleansing



Dedicated rooms for Muslim guests



Muslim-appropriate rooms can be reserved



Muslim-friendly menu available



INDEX

Traveler's Map
03

Train Route Map
05

Special Articles
07

Pray
09

Eat
13

Japanese Sweets
41

Shop
43

Stay
47

Emergency Response
49

Hospital List of Female Doctor
51

Point and Ask Guide
53

enjoyable, and meaningful as possible.
accommodate the lifestyles and customs of Muslim guests.
and cuisine.
the needs of Muslims.
you need anything at all.



Food ingredients are indicated



Halal-certified meat



Separate kitchens for halal food preparation



Dedicated cooking utensils for halal food



Dedicated cutlery for halal food



Alcohol served separately



Halal seasonings used



Private room



Staff with knowledge of Islamic customs



Qibla direction indicated



Free Wi-Fi



TAX-FREE

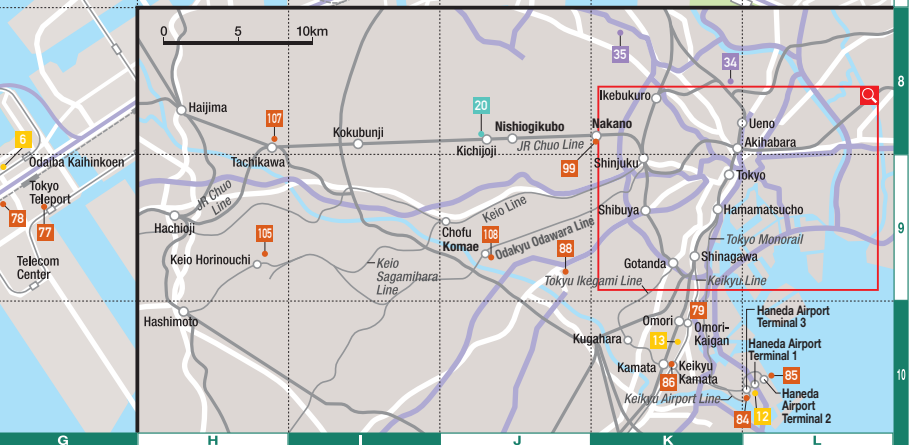
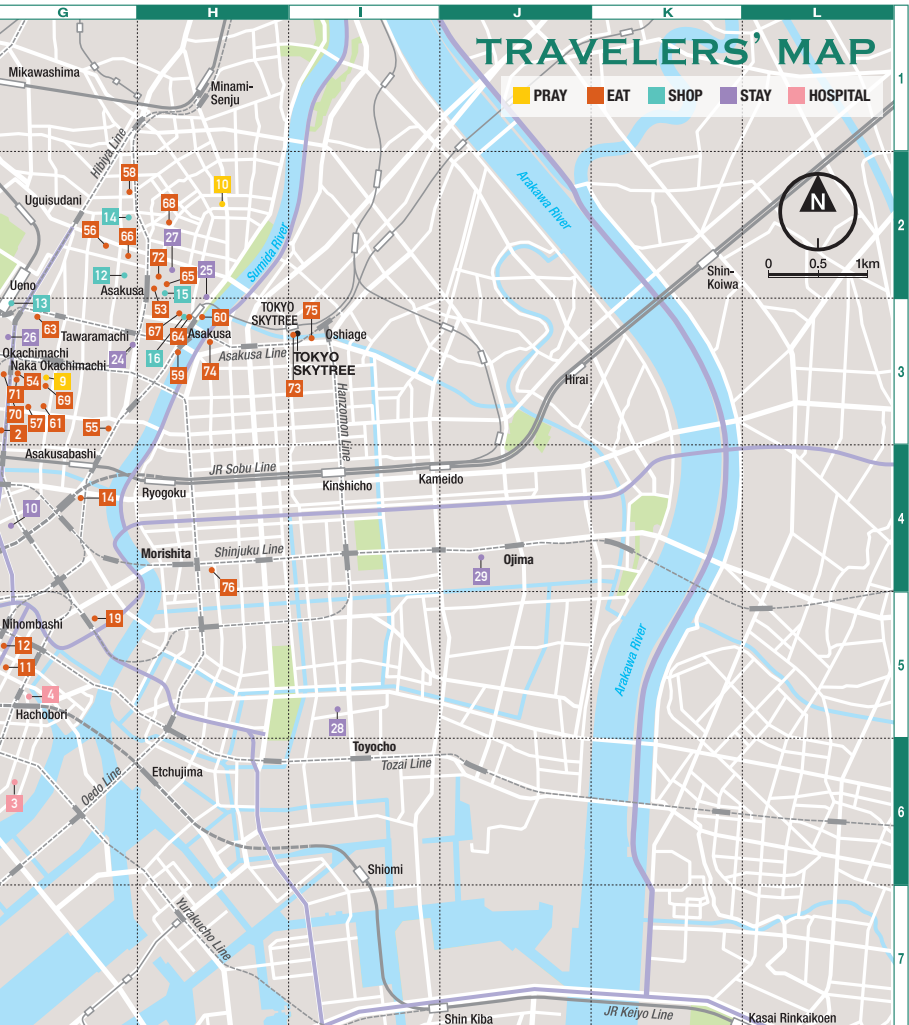
Consumption tax

Consumption tax at shops, restaurants, etc. is 10%. Please note whether the tax is included in the indicated price depends on the shop and product. Foods and beverages are subject to the reduced tax rate of 8% in some cases. Visit the following website for more information.
tax-freeshop.jnto.go.jp/eng/consumption_tax.php

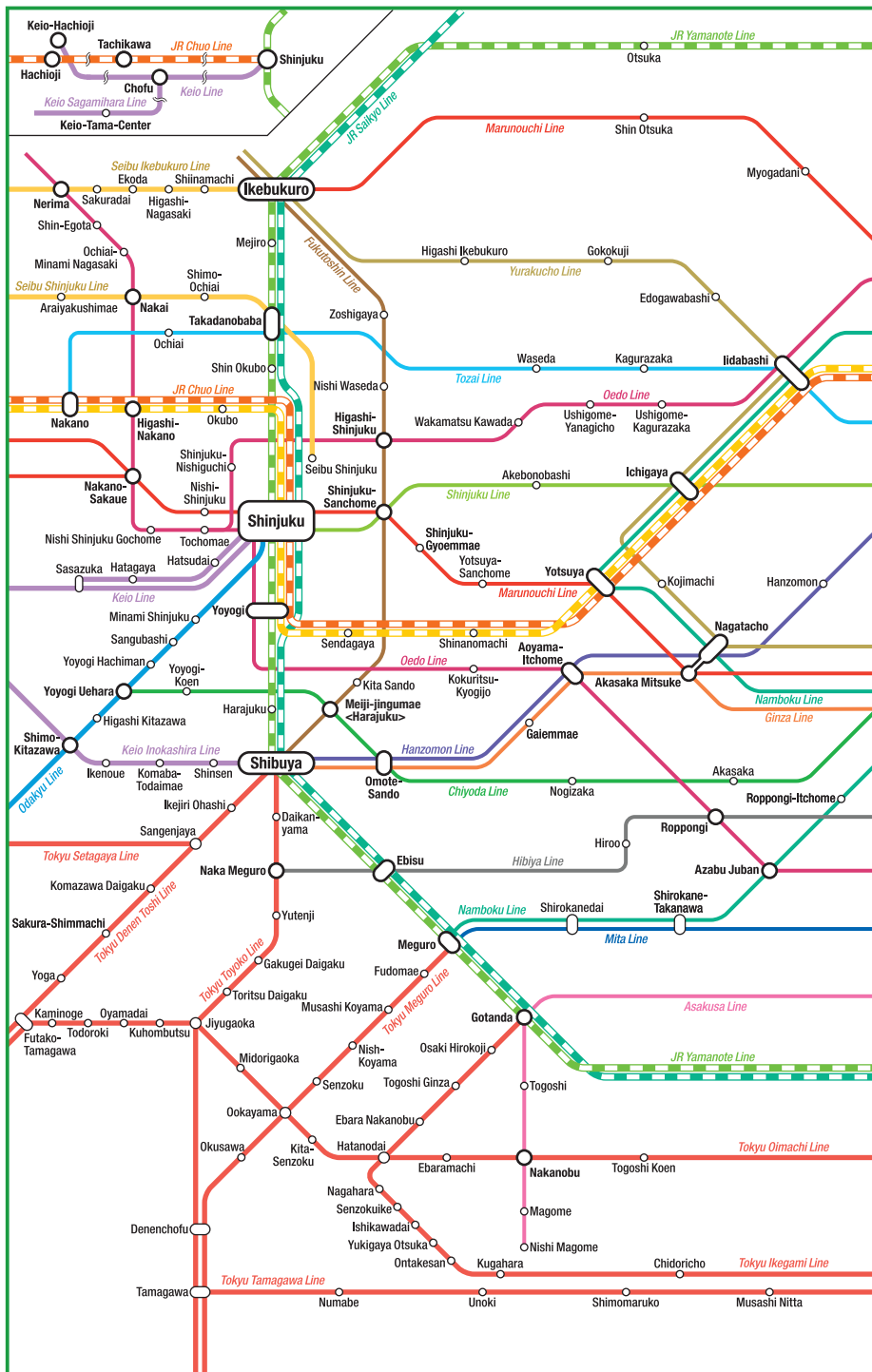


TRAVELERS' MAP

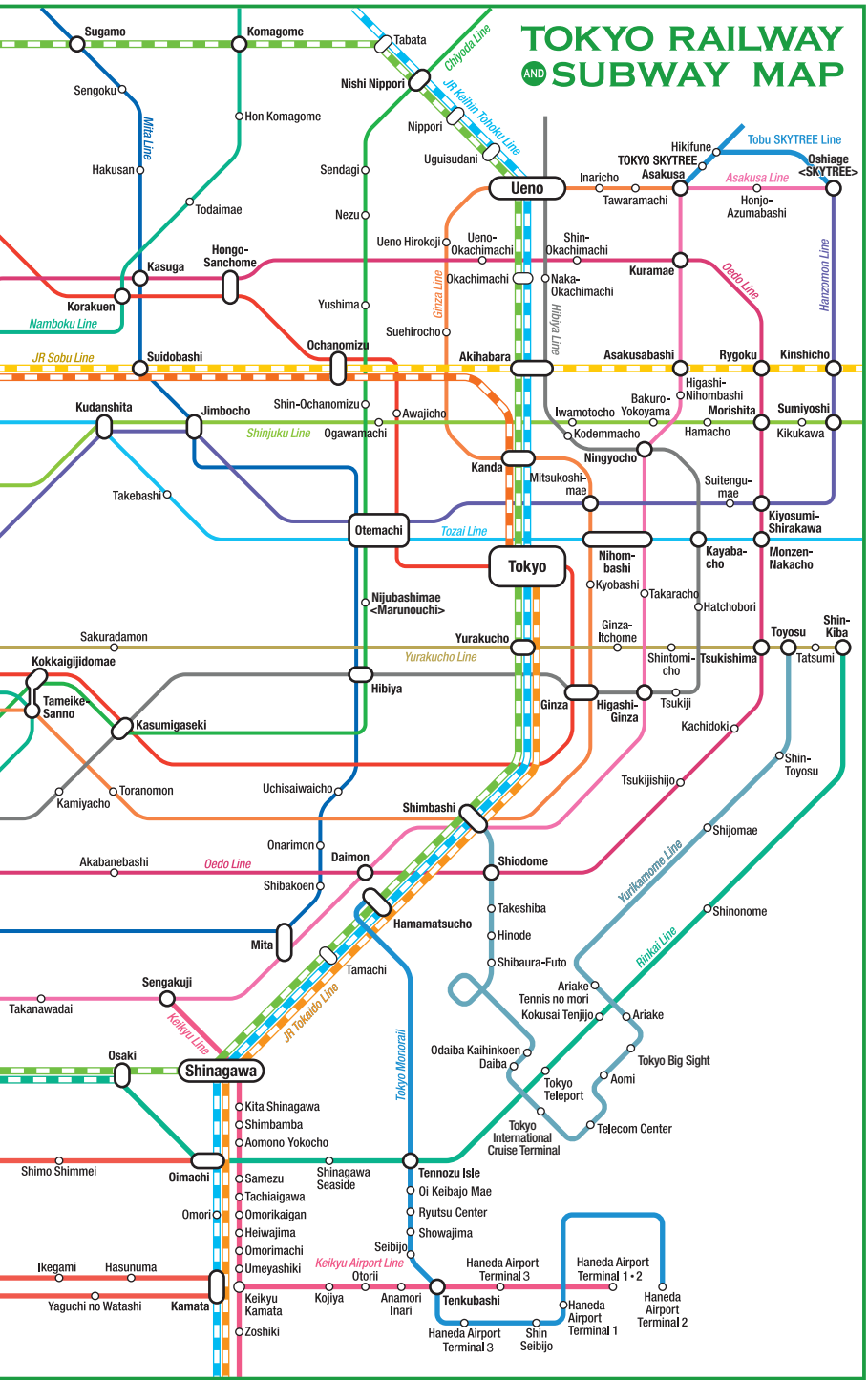
■ PRAY ■ EAT ■ SHOP ■ STAY ■ HOSPITAL



TRAVELERS' MAP



TOKYO RAILWAY AND SUBWAY MAP



TRAIN ROUTE MAP

Dining—JAPANESE FOOD



Sushi

Sushi is one of the most famous and delicious Japanese dishes. Tokyo has one of the best selections of fresh fish in the world, making it worth to taste.



Tempura

Tempura is made using a batter of flour and water, and usually deep-fried in vegetable oil. Vegetables, fish, and shrimp are common tempura ingredients.



Soba

Soba is a type of noodle made with buckwheat flour, usually served with a dipping sauce or in soy sauce-base soup. It is a traditional Japanese dish that is often Muslim-friendly.



Ramen

Generally, ramen consists of wheat noodles, served in a meat or fish-based broth, topped with sliced pork, eggs, etc., but there are a number of restaurants that offer ramen without pork. There are also vegetarian and vegan ramen shops with the indication of ingredients.

⚠ Be Careful!



Many dishes in Japan may contain alcohol (adding a condiment called “mirin”), pork, or gelatin even if not stated on the menu. This includes major Japanese condiments such as soy sauce and soy sauce-base soup, as they may include alcohol. Some restaurants offer a detailed list of ingredients available for reference. Also, some sushi restaurants can make sushi without mirin (a kind of alcohol) upon request.

Convenience Stores

Some foods contain preservatives and other non-halal ingredients, but there are a variety of affordable and delicious Muslim-friendly options available.



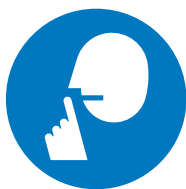
Tips for Getting by Smoothly in Japan

Exploring a new culture can sometimes be both surprising and frustrating. To help navigate any potential difficulties, here are some tips for getting around in Japan.

Manners in Public



Switch your phone to silent mode



Quiet please



Do not throw rubbish



No smoking



On the Train

When using public transportation (buses and trains, etc.), avoid speaking loudly or talking on the phone as it may disturb other commuters. Make sure to switch your phone to silent mode. Your phone should be turned off completely if near priority seats when the train is crowded. In inner-city areas, some train cars are reserved for women only during certain hours and days.



On the Street

Littering, smoking on the street, and smoking while walking are strictly prohibited in certain areas. Throw any trash you may have in the public bins provided, or take it home with you. Smokers should only smoke in designated areas.



Using Toilets

A number of public restrooms feature wheelchair-accessible toilets and diaper changing facilities. Many Western-style toilets in Japan have a toilet seat with bidet functions like Washlet with several buttons and icons. A guide to the main functions can be found on the left.



止 — Stop	乾燥 — Drying function
おしり — Wash bottom	大 — Large flush
ビデ — Bidet	小 — Small/eco flush

PRAY

Throughout Tokyo, you'll find several places of worship, from majestic dome-ceilinged mosques to prayer rooms owned and operated by Muslims in Tokyo. They also serve as a place of gathering for Muslims who wish to pray together, as well as an ideal way to meet and share information.



1 JR EAST Travel Service Center

東京駅 JR東日本訪日旅行センター

Musalla

MAP F-5



Hours: 8:30-19:00 (Mon-Fri), 8:30-17:00 (Sat, Sun, holidays)

Closed days: Open 365 days

Address: 1 Marunouchi, Chiyoda City

Access: Tokyo (JR, Subway)

ACCESS MAP



2 Masjid Nusantara-Akihabara

マスコジヌサンタラ秋葉原

Masjid

MAP G-4



☎03-6260-9387

Hours: 10:00-19:00

Closed days: Open 365 days

Address: Yamaume Bldg. 5F, 2-17

Kandasudacho, Chiyoda City

Access: Akihabara (JR, Subway, TX)

ACCESS MAP



3 Matsuya Ginza

松屋銀座

Musalla

MAP F-6



☎03-3567-1211

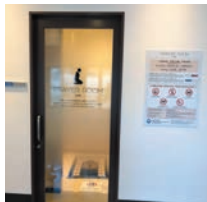
Hours: 10:00-20:00

Closed days: No fixed holiday

Address: 3-6-1 Ginza, Chuo City

Access: Ginza (Subway)

ACCESS MAP



4 Akasaka Prayer Room Ouka

赤坂プレイヤーールーム桜花

Musalla MAP E-6

☎03-5544-8455

Hours: 12:30–15:00, 18:00–21:00 (Mon–Sat)
Closed days: No fixed holiday (Request in advance to use the room)
Address: Sankaido Bldg. B2F, 1-9-13 Akasaka, Minato City
Access: Tameike-sanno (Subway)

ACCESS MAP 




5 Arabic Islamic Institute in Tokyo (Arabic Language Academy)

アラブ イスラーム学院 (在日サウジアラビア王国大使館附属)

Musalla / Language school MAP D-7

☎03-3404-6622

Hours: 9:00–21:00 **Closed days:** Open 365 days
Address: 3-4-18 Motoazabu, Minato City
Access: Roppongi (Subway), Hiroo (Subway), Azabu-juban (Subway)

ACCESS MAP 





6 DECKS Tokyo Beach



デックス東京ビーチ

Musalla MAP G-9

☎03-3599-6500

Hours: 11:00–21:00 **Closed days:** No fixed holiday
Address: 1-6-1 Daiba, Minato City
Access: Odaiba-kaihinkoen (Yurikamome)

ACCESS MAP 


7 TOKYO MIDTOWN



東京ミッドタウン

Musalla MAP D-6

☎03-3475-3100

Hours: 11:00–21:00 **Closed days:** Jan. 1
Address: 9-7-1 Akasaka, Minato City
Access: Roppongi (Subway), Nogizaka (Subway)

ACCESS MAP 

8 Masjid Al-Ikhlas Kabukicho

マシジアル=イフラス歌舞伎町

Masjid MAP C-4

☎03-6260-9387

Hours: 4:00–22:00
Closed days: Open 365 days
Address: Nakajima Bldg.1F, 1-3-10 Kabukicho, Shinjuku City
Access: Shinjuku (JR, Subway, Odakyu, Keio)

ACCESS MAP 







9 As-Salaam Masjid
アッサラームマスジド

Masjid / Musalla
MAP G-3

☎03-3836-3533

Hours: 11:00–21:00 **Closed days:** Open 365 days
Address: As-Salaam Bldg., 4-6-7 Taito, Taito City
Access: Okachimachi (JR), Naka-okachimachi (Subway), Shin-okachimachi (TX), Ueno-okachimachi (Subway), Ueno-hirokoji (Subway)

ACCESS MAP



10 Dar Al-Arqam Masjid
ダール・ル・アルカム マスジド(浅草マスジド)

Masjid / Musalla
MAP H-2

☎03-3871-6061

Hours: 4:00–23:00 **Closed days:** Open 365 days
Address: 1-9-12 Higashi-asakusa, Taito City
Access: Minami-senju (JR, Subway), Asakusa (Subway, Tobu)

ACCESS MAP


11 Japan Muslim Association (Islamic Culture Exchange Center in Japan)
宗教法人日本ムスリム協会(日本イスラーム文化交流会館)

Masjid / Musalla
MAP D-9

☎03-6277-3561

Hours: 10:00–Evening prayer **Closed days:** Sat, Sun
Address: 3-17-23 Higashi-gotanda, Shinagawa City
Access: Gotanda (JR, Subway, Tokyu)

ACCESS MAP








12 Haneda Airport Terminal 3
羽田空港第3ターミナル

Musalla
MAP E-10

☎03-6428-0888

Hours: Open 24 hours **Closed days:** Open 365 days
Address: 2-6-5 Haneda Airport, Ota City
Access: Haneda Airport Terminal 3 (Keikyu, Tokyo Monorail)

ACCESS MAP



13 Kamata Masjid
(社団法人)蒲田マスジド

Masjid
MAP K-10

☎080-5545-0666

Hours: 15 min. before FAJR–22:00
Closed days: Open 365 days
Address: 5-1-2 Kamata, Ota City
Access: Kamata (JR)

ACCESS MAP


14 Takashimaya Shinjuku Store


新宿高島屋


Musalla
MAP B-4

☎03-5361-1111

Hours: 10:00–20:00 (Sun–Thu), 10:00–20:30 (Fri, Sat)
 Closed days: Jan. 1
 Address: 5-24-2 Sendagaya, Shibuya City
 Access: Shinjuku (JR, Subway, Odakyu, Keio)

ACCESS MAP





15 Tokyo Camii & Turkish Culture Center

東京ジャーミイ・トルコ文化センター

Masjid / Musalla
MAP A-6

☎03-5790-0760

Hours: 10:00–18:00 (Fajr, Zohar, Asar, Maghrib & Isha prayer time open)
 Closed days: Open 365 days
 Address: 1-19 Oyama-cho, Shibuya City
 Access: Yoyogi-uehara (Subway, Odakyu)

ACCESS MAP





16 Masjid Otsuka

マَسْجِدْ 大塚

Masjid / Musalla
MAP B-1

☎03-3971-5631

Hours: Fajr–Isha
 Closed days: Open 365 days
 Address: 3-42-11 Minami-otsuka, Toshima City
 Access: Otsuka (JR)

ACCESS MAP





List of prayer spaces in restaurants, shops, and lodging facilities

EAT

- Annam Indian Restaurant GinzaP16- **13**
- Tempura Shinjuku Tsuna-hachi Matsuya GinzaP18- **21**
- La maison de Cous CousP21- **32**
- Silkroad Tarim Uyghur RestaurantP24- **44**
- Takuan BotanteiP24- **45**
- Asakusa-SushikenP26- **53**
- Halal Japanese Restaurant ORIGAMI AsakusaP28- **60**
- Naritaya AsakusaP29- **65**
- SEKAI CAFE ASAKUSAP30- **67**
- SEKAI CAFE OSHIAGEP32- **75**
- Tokyo ramen KumahachiP32- **76**
- Indonesian Restaurant CABE MEGUROP33- **80**
- Honolu RAMENP36- **93**
- Sakura Cafe HatagayaP36- **94**
- The Manhattan FISH MARKET ShibuyaP37- **98**
- Kebabcafe ErtugrulP38- **99**
- Malaychan satuP38- **100**

SHOP

- Laox Akihabara Main StoreP43- **1**
- LAOX GINZA EXITMELSAP43- **2**
- Laox Shinjuku Main StoreP45- **10**
- SPARKLEP46- **15**
- Tokyo Camii Halal MarketP46- **18**
- Al-Flah SupermarketP46- **19**

STAY

- THE TOKYO STATION HOTELP48- **8**
- hostel DENP48- **10**
- Tsukiji Business Hotel BanP48- **11**
- Grand Prince Hotel Shin TakanawaP48- **13**
- Sakura House: Shibuya Yoyogi UeharaP48- **20**
- Dormy Inn & global cabin AsakusaP48- **25**
- Moosa's Guest Room TokyoP48- **29**
- Sakura Hotel HATAGAYAP48- **31**
- Sunshine City Prince HotelP48- **33**

EAT

Besides the most well-known Japanese foods such as sushi, sashimi, and tempura, Tokyo offers a culinary cornucopia of regional and international dining. Choose any type of restaurant, from casual eateries to long-standing, traditional dining establishments, or even restaurants specializing in your native country's cuisine!



1 Al Mina

アルミナ

☎03-3526-2489



Asian food/Middle Eastern food

Lunch ¥1,000- Dinner ¥3,500-
almina-restaurant.com

Hours: 11:30-15:00 (L.O. 14:30), 17:30-23:00 (L.O. 22:30)
(Mon-Fri), 17:30-23:00 (L.O. 22:30) (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: Genki Bldg., 2-2-3 Kanda Tacho,
Chiyoda City

Access: Kanda (JR, Subway)

ACCESS MAP



2 Curry House CoCo Ichibanya HALAL Akihabara

カレーハウスCoCo壱番屋ハラル秋葉原店

☎03-6260-8667



Curry

Lunch ¥1,000-
www.ichibanya.co.jp/english/

Hours: 11:00-22:00

Closed days: Open 365 days

Address: Uchio Matsunaga Bldg., 16 Kanda-
Matsunagacho, Chiyoda City

Access: Akihabara (JR, Subway)

ACCESS MAP



3 Maharaja Marunouchi

マハラジャ丸の内

☎03-5221-8271

MAP F-5



Indian

Lunch ¥1,200– Dinner ¥2,500–
maharajamaru.mobi/

Hours: 11:00–23:00 (L.O. 22:00) (Mon–Fri), 11:00–21:00 (L.O. 20:00) (Sat, Sun, holidays)

Closed days: Open 365 days

Address: 2-1-1 Marunouchi, Chiyoda City

Access: Tokyo (JR, Subway), Nijubashimae (Subway)

ACCESS MAP



4 Mazulu Halal Beef Noodle Jimbocho Shop

馬子禄 牛肉面 神保町店

☎03-6811-7992

MAP F-4



Ramen

Lunch ¥950– Dinner ¥950–
lanzhou-lamian.com/

Hours: 11:00–15:00, 17:00-20:30

Closed days: Open 365 days

Address: 1-3-18 Kanda Jimbo-cho, Chiyoda City

Access: Jimbocho (Subway)

ACCESS MAP



5 Mazulu Halal Beef Noodle Tokyo Station Shop

馬子禄 牛肉面 東京駅店

☎03-6268-0323

MAP F-5



Ramen

Lunch ¥950– Dinner ¥950–
lanzhou-lamian.com/

Hours: 11:00–16:00, 17:00–22:30 (Mon–Sat), 11:00–16:00, 17:00–21:30 (Sun, holidays)

Closed days: Open 365 days

Address: Gran Tokyo South Tower B1F, 1-9-2 Marunouchi, Chiyoda City

Access: Tokyo (JR, Subway)

ACCESS MAP



6 Sakura Cafe JIMBOCHO

サクラカフェ神保町

☎03-3261-3939

MAP F-4



Cafe

Lunch ¥1,000– Dinner ¥1,500–
www.sakura-cafe.asia/en/jimbocho/

Hours: Open 24 hours

Closed days: Open 365 days

Address: Sakura Hotel Jimbocho, 2-21-4 Kanda Jimbo-cho, Chiyoda City

Access: Jimbocho (Subway)

ACCESS MAP



EAT

7 SIAM ORCHID SUPREME "Tokyo Station Kitchen Street"

サイラムオーキッド Supreme 東京駅キッチンストリート店

☎03-5224-8778

MAP F-5



Asian food



Lunch ¥900– Dinner ¥1,100–

www.facebook.com/HFRSiamTokyo/

Hours: 11:00–23:00

Closed days: Open 365 days

Address: Tokyo Station Kitchen Street, 1-9-1 Marunouchi, Chiyoda City

Access: Tokyo (JR, Subway)

ACCESS MAP

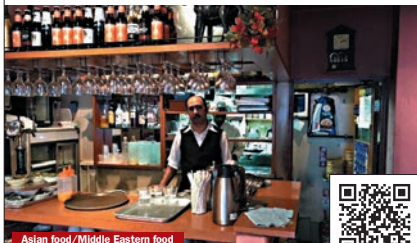


8 Siddique Hanzomon

シディーク半蔵門店

☎03-3262-3370

MAP E-5



Asian food/Middle Eastern food



Lunch ¥950– Dinner ¥1,650–

www.siddique.co.jp/hanzomon

Hours: 11:00–15:00 (L.O. 14:30), 17:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: 2-12-2 Hirakawa-cho, Chiyoda City

Access: Nagatacho (Subway), Hanzomon (Subway)

ACCESS MAP

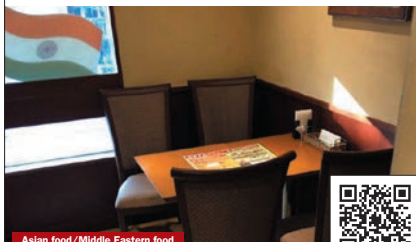


9 Siddique Jimbocho

シディーク神保町店

☎03-3511-5758

MAP F-4



Asian food/Middle Eastern food



Lunch ¥950– Dinner ¥1,650–

www.siddique.co.jp/jimbocho

Hours: 11:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: 2-7 Kanda Jimbo-cho, Chiyoda City

Access: Jimbocho (Subway)

ACCESS MAP



10 Siddique Palace Yotsuyakojimachi

シディークパレス四谷麴町店

☎03-3264-2101

MAP D-5



Asian food/Middle Eastern food



Lunch ¥950– Dinner ¥1,650–

www.siddique.co.jp/yotsuyakojimachi

Hours: 11:00–15:00 (L.O. 14:00), 17:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: No.7 Akiyama Bldg. B1F, 5-3

Kojimachi, Chiyoda City
Access: Yotsuya (JR, Subway)

ACCESS MAP



11 ALOHIDDIN Hatchobori

アロヒディン八丁堀店

☎03-6222-9733

MAP G-5



Asian food/Middle Eastern food

Lunch ¥700– Dinner ¥3,000–
alohiddin.web.fc2.com/**Hours:** 11:00–14:00 (L.O. 13:30), 17:00–23:00 (L.O. 22:30)
(Mon–Fri), 17:00–23:00 (L.O. 22:30) (Sat, holidays)**Closed days:** Sun**Address:** Morita Bldg. B1F, 1-4-8 Hatchobori,
Chuo City**Access:** Hatchobori (Subway), Kayabacho
(Subway)

ACCESS MAP



12 ALOHIDDIN Nihonbashi

アロヒディン日本橋店

☎03-3271-0221

MAP G-5



Asian food/Middle Eastern food

Lunch ¥700– Dinner ¥3,000–
alohiddin.web.fc2.com/**Hours:** 11:00–14:00 (L.O. 13:30), 17:00–23:00 (L.O. 22:30)
(Mon–Fri), 17:00–23:00 (L.O. 22:30) (Sat, holidays)**Closed days:** Sun**Address:** Nihonbashi Yamada Bldg. 1F, 2-16-
4 Nihonbashi, Chuo City**Access:** Nihombashi (Subway), Kayabacho
(Subway)

ACCESS MAP



13 Annam Indian Restaurant Ginza

アナム本格インド料理 銀座

☎03-6280-6708

MAP F-6



Asian food/Middle Eastern food

Lunch ¥1,000– Dinner ¥2,000–
annam-indian-restaurant.towst.jp**Hours:** 11:00–17:00, 17:00–24:00**Closed days:** Open 365 days**Address:** Ginza 8-Chome No. 10 Bldg. B1F,
8-10-8 Ginza, Chuo City**Access:** Ginza (Subway), Shimbashi (JR,
Subway)

ACCESS MAP



14 Dakshin Higashi Nihonbashi

南インド料理ダクシン東日本橋

☎03-3249-9155

MAP G-4



Curry/Asian food/Middle Eastern food

Lunch ¥1,000– Dinner ¥3,000–
www.dakshin.jp**Hours:** 11:00–22:00 (L.O.) (Mon–Fri), 11:00–14:30 (L.O.),
17:30–21:00 (L.O.) (Sat, Sun, holidays)**Closed days:** New Year holidays**Address:** 1-12-1 Nihonbashi-bakurocho,
Chuo City**Access:** Higashi-nihombashi (Subway),
Bakurocho (JR)

ACCESS MAP



15 Dakshin Yaesu

南インド料理ダクシン八重洲

☎03-6225-2640



Curry/Asian food/Middle Eastern food

Lunch ¥1,000- Dinner ¥3,000-

www.dakshin.jp

Hours: 11:00-14:30 (L.O.), 17:30-22:00 (L.O.) (Mon-Fri),
11:00-14:30 (L.O.), 17:30-21:00 (L.O.) (Sat, Sun, holidays)

Closed days: New Year holidays

Address: Prairie Bldg. B1F, 2-5-12 Yaesu,
Chuo City

Access: Kyobashi (Subway), Tokyo (JR,
Subway)



ACCESS MAP



16 Gonpachi G-Zone Ginza

権八 G-Zone 銀座

☎03-5524-3641



Japanese food

Lunch ¥1,000- Dinner ¥4,000-

gonpachi.jp/ginza/

Hours: 11:30-24:00 (L.O. 23:30)

Closed days: Open 365 days

Address: 1-2-3 Ginza, Chuo City

Access: Yurakucho (JR, Subway), Kyobashi
Ginza 1-chome, Takaracho (Subway)



ACCESS MAP



17 KHAN KEBAB BIRYANI

カーンケバブピリヤニ銀座店

☎03-6280-6242



Curry, Asian food/Middle Eastern food

Lunch ¥1,000- Dinner ¥2,500-

tabelog.com/tokyo/A1301/A130103/13170211/

Hours: 11:00-15:30, 17:00-22:30

Closed days: Open 365 days

Address: Hakuhinkan Bldg. 6F, 8-8-11 Ginza,
Chuo City

Access: Ginza (Subway), Shimbashi (JR,
Subway)



ACCESS MAP



18 Lunahala

ルナハラ

☎03-3543-8411



Izakaya/Japanese food

Lunch ¥750- Dinner ¥900-

lunahala.com/

Hours: 11:00-14:30, 17:00-22:30 (Mon-Fri),
11:00-16:00 (Sat, holidays)

Closed days: Sun

Address: Business Hotel Ban 1F, 3-17-10
Tsukiji, Chuo City

Access: Tsukiji (Subway)



ACCESS MAP



19 shiibei ramen

西北拉麵

☎03-6884-1173

MAP G5



Chinese/Ramen

Lunch ¥880– Dinner ¥880–
tabelog.com/tokyo/A1302/A130204/13227467/

Hours: 11:00–14:30, 17:30–22:00 (L.O. 21:30)

Closed days: Sun

Address: Yamaguchi Bldg. 1F, 2-2-2
Nihonbashi-kakigaracho, Chuo City

Access: Suitengumae (Subway)

ACCESS MAP



20 South Indian Restaurant Dharmasagara

南インド料理 ダルマサーガラ

☎03-3545-5588

MAP F6



Asian food/Middle Eastern food

Lunch ¥1,300– Dinner ¥4,000–
www.dharmasagara.comHours: 11:30–14:00 (L.O.), 18:00–22:00 (L.O.) (Mon–Fri),
12:00–14:30 (L.O.), 17:30–21:00 (L.O.) (Sat, Sun, holidays)

Closed days: New Year holidays

Address: Wind Ginza 8 Bldg. 2F, 4-14-6
Ginza, Chuo City

Access: Higashi-ginza (Subway)

ACCESS MAP



21 Tempura Shinjuku Tsuna-hachi Matsuya Ginza

天ぷら新宿つな八 松屋銀座店

☎03-3567-1374

MAP F6



Japanese food

Lunch ¥2,200– Dinner ¥3,080–
www.tunahachi.co.jp/en/index.html

Hours: 11:00–22:00

Closed days: No fixed holiday

Address: Matsuya Ginza 8F, 3-6-1 Ginza,
Chuo City

Access: Ginza (Subway)

ACCESS MAP



22 TENDON GINZA ITSUKI

天丼専門 銀座いつき

☎03-6263-2988

MAP F5



Japanese food

Lunch ¥1,000– Dinner ¥1,000–
www.grandcuisine.jp/group3

Hours: 11:00–15:30 (L.O. 15:00), 17:30–23:15 (L.O. 22:00)

Closed days: Jan. 1

Address: Ginza In21 2F, 3-1 Ginza-nishi,
Chuo City

Access: Yurakucho (JR, Subway)

ACCESS MAP



23 TORAYA KARYO GINZA

虎屋菓寮 銀座店

☎03-3571-3679

MAP F-6



Japanese food

Lunch ¥1,300- Dinner ¥1,300-

global.torayagroup.co.jp/

Hours: 11:30-19:30 (L.O. 19:00) (Mon-Sat), 11:30-19:00 (L.O. 18:30) (Sun, holidays)

Closed days: Jan. 1

Address: 7-8-6 Ginza, Chuo City

Access: Ginza (Subway)



ACCESS MAP



24 African Restaurant Calabash

アフリカンレストラン・カラバッシュ

☎03-3433-0884

MAP E-7



African food

Lunch ¥1,000- Dinner ¥3,500-

www.calabash.co.jp

Hours: 11:30-14:00 (Tue-Fri), 17:30-23:00 (Mon-Sat)

Closed days: Sun, holidays

Address: Hamamatsucho Bldg. B1F, 2-10-1 Hamamatsu-cho, Minato City

Access: Hamamatsucho (JR, Monorail), Daimon (Subway), Shibakoen (Subway)



ACCESS MAP



25 Aladdin

レストランアラジン

☎03-3401-8851

MAP D-6



Asian food/Middle Eastern food

Lunch ¥1,200- Dinner ¥3,500-

www.persiaaladdin.com

Hours: 11:30-14:30 (L.O.), 17:00-22:00 (L.O.) (Mon-Sat), 17:00-22:00 (L.O.) (Sun)

Closed days: Open 365 days

Address: Yasuda Bldg. 2F, 3-2-6 Nishiazabu, Minato City

Access: Roppongi (Subway)



ACCESS MAP



26 EPICURE

エビキュール

☎03-5422-7454

MAP D-7



Western-style food/Western food/Asian food/Middle Eastern food/Original

Lunch ¥5,000- Dinner ¥10,000-

epicure-low.com/

Hours: 11:30-(L.O.13:30), 18:00-(L.O.20:30)

Closed days: No fixed holiday

Address: Modern Form 1F, 2-1-17 Motoazabu, Minato City

Access: Hiroo (Subway)



ACCESS MAP



27 Gonpachi Nishi-Azabu

権八 西麻布

☎03-5771-0170

MAP D-6



Japanese food



Lunch ¥1,000– Dinner ¥4,000–
gonpachi.jp/nishi-azabu/

Hours: 11:30–27:30 (Food L.O. 26:45, Drink L.O.27:00)

Closed days: Open 365 days

Address: 1-13-11 Nishiazabu, Minato City

Access: Roppongi (Subway),
Nogizaka (Subway)

ACCESS MAP



28 Indian Curry & Asian Dining Donnob

インドカレー&アジアダイニング居酒屋どんのぼ

☎03-3584-4137

MAP E-6



Original dishes/fusion food/Curry



Lunch ¥700– Dinner ¥2,500–
tabelog.com/tokyo/A1308/A130802/13024261/

Hours: 11:30–14:30, 17:00–23:30(Mon-Fri),
17:00-22:30(Sat, Sun)

Closed days: Open 365 days

Address: Rafine Akasaka B1F, 2-10-7
Akasaka, Minato City

Access: Tameike-Sanno (Subway)

ACCESS MAP



29 Indian Restaurant Mumbai AQUA CITY ODAIBA +Tandoori Grill

インド料理ムンバイアクアシティお台場+ Tandoori Grill

☎03-6457-1566

MAP G-9



Mumbai



Indian



Lunch ¥1,000– Dinner ¥2,500–
mumbai-odaiba.com/

Hours: 11:00–23:00 (L.O. 22:00)

Closed days: No fixed holiday

Address: Aqua City Odaiba 6F, 1-7-1 Daiba,
Minato City

Access: Daiba (Yurikamome), Tokyo Teleport
(Rinkai)

ACCESS MAP



30 Japanese Restaurant SAKURA

日本料理「さくら」

☎03-5500-5580

MAP F-9



Japanese food



Lunch ¥3,500– Dinner ¥10,000–
tokyoodaiba.hilton.com

Hours: 11:30–14:30, 17:30–21:30

Closed days: Open 365 days

Address: Hilton Tokyo Odaiba, 1-9-1 Daiba,
Minato City

Access: Daiba (Yurikamome)

ACCESS MAP



EAT

31 Kochuan

料亭壺中庵

☎03-3441-8888

MAP D-5



Japanese food

Dinner ¥40,000-

www.kochuan.co.jp

Hours: 11:00-22:00 (L.O. 19:30)

Closed days: No fixed holiday

Address: 1-1-1 Shirokanedai, Minato City

Access: Shirokanedai (Subway)



ACCESS MAP



32 La maison de Cous Cous

ラメゾンドクス

☎03-6435-8684

MAP E-7



Asian food/Middle Eastern food

Lunch ¥1,000- Dinner ¥3,000-

r.gnavi.co.jp/gd31hgyv0000/

Hours: 11:30-15:00, 17:00-23:00

Closed days: No fixed holiday

Address: Hamamatsucho West Bldg.1F,

2-10-4 Shibakoen, Minato City

Access: Hamamatsucho (JR, Monorail),

Daimon (Subway), Shibakoen (Subway)



ACCESS MAP



33 Nirvanam Kamiyacho Branch

ニルワナム 神谷町

☎03-3433-1217

MAP E-6



Asian food/Middle Eastern food

Lunch ¥1,200- Dinner ¥2,500-

www.nirvanam.jp

Hours: 11:15-14:30, 17:30-21:45 (L.O.)

Closed days: Open 365 days

Address: Ote Bldg. 2F, 3-19-7 Toranomon,

Minato City

Access: Kamiyacho (Subway)



ACCESS MAP



34 Nishiazabu Sumiyakiya

西麻布 炭やき屋

☎03-3403-5397

MAP D-6



Yakiniku

Lunch ¥1,000- Dinner ¥3,000-

sumiyakiya.com

Hours: 11:30-15:00, 17:00-23:00

Closed days: Sun, holidays

Address: Nishi-azabu Annex, 3-20-16

Nishi-azabu, Minato City

Access: Roppongi (Subway)



ACCESS MAP



35 SAHIFA KEBAB & BIRYANI

サヒファケバブピリヤニ六本木店

☎03-3497-8104

MAP D-6



Curry, Asian food/Middle Eastern food

Lunch ¥1,000– Dinner ¥2,500–
tabelog.com/tokyo/A1307/A130701/13144423/

Hours: 11:00–15:30, 17:00–22:30

Closed days: Open 365 days

Address: Furanse Bldg. 1F, 4-11-8 Roppongi,
Minato City

Access: Roppongi (Subway)

ACCESS MAP



36 SALMA Tikka & Biryani

サルマティッカアンドピリヤニ

☎03-3449-5302

MAP D-9



Curry, Asian food/Middle Eastern food

Lunch ¥1,000– Dinner ¥2,500–
tabelog.com/tokyo/A1314/A131403/13037862/

Hours: 11:00–15:00, 17:00–22:30

Closed days: Open 365 days

Address: Village Takanawa 1F, 4-22-11
Takanawa, Minato City

Access: Shinagawa (JR)

ACCESS MAP



37 Shoujin Cuisine DAIGO

精進料理 醍醐

☎03-3431-0811

MAP E-6



Japanese food

Lunch ¥15,000– Dinner ¥23,000–
www.atago-daigo.jp

Hours: 11:30–15:00 (L.O. 14:00), 17:00–22:00 (L.O. 20:00)

Closed days: New Year holidays

Address: Atago Forest Tower, 2-3-1 Atago,
Minato City

Access: Kamiyacho (Subway)

ACCESS MAP



38 Curry House CoCo Ichibanya HALAL Shinjuku Kabukicho

カレーハウスCoCo壱番屋ハラル新宿歌舞伎町店

☎03-6457-3782

MAP B-4



Curry

Lunch ¥1,000–
www.ichibanya.co.jp/english/

Hours: 11:00–22:00

Closed days: Open 365 days

Address: Kabukicho Shotengai Shinkokumiai
Bldg., 1-19-3 Kabukicho, Shinjuku City

Access: Seibu-shinjuku (Seibu)

ACCESS MAP



EAT

39 Halal & Vegan Shinjukugyoen Ramen Ouka

新宿御苑らーめん桜花

☎03-5925-8426

MAP C-4



Ramen

Lunch ¥1,500– Dinner ¥3,000–

ramenouka.com/

Hours: 15:00–22:00 (Mon–Thu), 18:00–22:00 (Fri), 13:00–22:00 (Sat, Sun, holidays)

Closed days: No fixed holiday

Address: 1-11-7 Shinjuku, Shinjuku City

Access: Shinjuku-gyoenmae (Subway)

ACCESS MAP



40 Jingsukan Tarim

ジンギスカン たりむ

☎03-6873-9180

MAP D-4



Yakimiku

Dinner ¥2,000–

www.jingsukan-tarim.com

Hours: 17:00–24:00

Closed days: Open 365 days

Address: Aban Bldg. Sakasu 17, 2F, 1-1-6

Yotsuya, Shinjuku City

Access: Yotsuya (JR, Subway)

ACCESS MAP



41 KEBAB ye

ケバブ家

☎03-3356-5691

MAP C-4



Turkish

Lunch ¥1,100– Dinner ¥2,000–

kebabye-tokyo.com

Hours: 11:30–21:30 (L.O. 21:00)

Closed days: Tue

Address: No.6 Sanwa Bldg. Annex 1F, 3-6-7

Shinjuku, Shinjuku City

Access: Shinjuku-sanchome (Subway)

ACCESS MAP



42 Saishokukenbi

菜食健美

☎03-5332-3627

MAP B-3



Japanese food

Lunch ¥1,000–

daisho-kikaku.com/tokyo

Hours: 11:00–15:00 (L.O. 14:30)

Closed days: Tue

Address: 2-21-26 Hyakunin-cho, Shinjuku City

Access: Okubo (JR), Shin-Okubo (JR)

ACCESS MAP

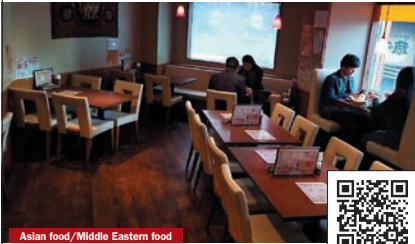


43 Siddique Shinjuku-nishiguchi

シディーク新宿西口店

☎03-5925-2259

MAP B-4



Asian food/Middle Eastern food

Lunch ¥950- Dinner ¥1,650-

www.siddique.co.jp/shinjuku-nishiguchi

Hours: 11:00-29:00

Closed days: Open 365 days

Address: No.2 Nisshin Bldg. 2F, 7-10-20

Nishi-shinjuku, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu),
Shinjuku-nishiguchi (Subway)

ACCESS MAP



45 Takuan Botantei

たくあん・牡丹亭

☎03-5354-3071

MAP B-4



Japanese food

Lunch ¥1,200- Dinner ¥8,000-

r.gnavi.co.jp/g304303/

Hours: 11:30-15:00, 17:00-22:00

Closed days: Dec. 31, Jan. 1

Address: Nishi-shinjuku Park-heights 1F, 4-15-

1 Nishi-shinjuku, Shinjuku City

Access: Tochohmae (Subway), Nishi-shinjuku-

gochohme (Subway), Shinjuku (JR, Subway,

Keio, Odakyu)

ACCESS MAP



44 Silkroad Tarim Uyghur Restaurant

シルクロードタリム ウイグルレストラン

☎03-6276-7799

MAP B-5



Xijiang food

Lunch ¥1,000- Dinner ¥1,000-

www.oasis-tarim.com

Hours: 17:00-24:00 (Tue-Fri), 12:00-24:00 (Sat, Sun,
holidays)

Closed days: Mon (Open on national holidays)

Address: Nishi-shinjuku Pearl Bldg. 103,

3-15-8 Nishi-shinjuku, Shinjuku City

Access: Hatsudai (Keio)

ACCESS MAP



46 Kyoto Arashiyama YOSHIYA Shinjuku

京都嵐山 山彌 新宿店

☎03-5321-0448

MAP B-4



Japanese food

Lunch ¥1,350- Dinner ¥1,350-

yoshiya.jp/shinjuku/

Hours: 11:00-22:30 (L.O. 21:30)

Closed days: 3rd Tue (Feb, Jun, Nov), Jan. 1

Address: Shinjuku Metro Restaurant Floor,

Exit B14, 1-1-2 Nishi-shinjuku, Shinjuku City

Access: Shinjuku (JR, Subway, Keio, Odakyu)

ACCESS MAP



47 Casual Dining The Bistro/Hotel Chinzanso Tokyo

カジュアルダイニングザ・ビストロ/ホテル椿山荘東京

☎03-3943-5489

MAP D-3



Western-style food/Western food



Lunch ¥2,690– Dinner ¥6,390–

hotel-chinzanso-tokyo.jp/restaurant/bistro/

Hours: 11:30–22:00 (L.O.)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

ACCESS MAP



48 Italian Restaurant IL TEATRO/Hotel Chinzanso Tokyo

イタリア料理 イル・テアトロ/ホテル椿山荘東京

☎03-3943-5489

MAP D-3



Western-style food/Western food



Lunch ¥5,100– Dinner ¥12,000–

hotel-chinzanso-tokyo.jp/restaurant/ilteatro/

Hours: 6:30–10:30 (L.O.), 12:00–14:30 (L.O.),

17:30–21:00 (L.O.), Dinner Course (L.O. 20:30)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

ACCESS MAP



49 Japanese MIYUKI/Hotel Chinzanso Tokyo

日本料理「みゆき」/ホテル椿山荘東京

☎03-3943-5489

MAP D-3



Japanese food



Lunch ¥3,500– Dinner ¥9,300–

hotel-chinzanso-tokyo.jp/restaurant/miyuki/

Hours: 7:00–10:00 (L.O.), 11:30–14:30 (L.O.), 17:30–21:00 (L.O.)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

ACCESS MAP



50 Ryotei Kinsui/Hotel Chinzanso Tokyo

料亭 錦水/ホテル椿山荘東京

☎03-3943-5489

MAP D-3



Japanese food



Dinner ¥23,100–

hotel-chinzanso-tokyo.jp/restaurant/kinsui/

Hours: 11:30–20:00 (L.O.)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

ACCESS MAP



51 Stone Grill MOKUSHUNDO/Hotel Chinzanso Tokyo

石焼料理「木春堂」/ホテル椿山荘東京

☎03-3943-5489

MAP D-3



Japanese food

Lunch ¥5,100- Dinner ¥7,400-
hotel-chinzanso-tokyo.jp/restaurant/mokushundo/

Hours: 11:30-14:30 (L.O.), 17:00-20:00 (L.O.) (Mon-Fri),
 11:30-15:00 (L.O.), 17:00-20:00 (L.O.) (Sat, Sun, holidays)

Closed days: Open 365 days

Address: 2-10-8 Sekiguchi, Bunkyo City

Access: Edogawabashi (Subway)

ACCESS MAP



52 Sakura Cafe & Restaurant Nippori

サクラカフェ&レストラン日暮里

☎03-5685-6111

MAP E-1



Cafe

Lunch ¥800- Dinner ¥800-
www.sakura-cafe.asia/en/nippori/

Hours: Open 24 hours

Closed days: Open 365 days

Address: Sakura Hotel Nippori, 3-43-15
 Sendagi, Bunkyo City

Access: Sendagi (Subway), Nippori (JR, Keisei), Nishi-nippori (JR, Subway)

ACCESS MAP



53 Asakusa-Sushiken

浅草すし賢

☎050-3184-0547

MAP H-2



Japanese food

Lunch ¥1,000- Dinner ¥4,000-
www.asakusa-sushiken.com/

Hours: 11:30-15:00, 17:00-23:30 (Mon-Sat), 11:30-15:00,
 17:00-22:00 (Sun, holidays)

Closed days: Wed

Address: Matsu Royal Bldg. 1F, 2-11-4
 Asakusa, Taito City

Access: Asakusa (TX)

ACCESS MAP



54 Ayam-YA Okachimachi

Ayam-YA 御徒町店

☎03-3834-6656

MAP G-3



Ramen

Lunch ¥900- Dinner ¥900-
www.halalagourmet.jp/restaurant/805

Hours: 11:30-16:00, 17:00-22:00

Closed days: Open 365 days

Address: Yamada Bldg., 4-10-1 Taito, Taito City

Access: Okachimachi (JR, Subway)

ACCESS MAP



EAT

55 BIMI-kitchen

美味キッチン

☎03-6231-8440

MAP G-3



Asian food/Middle Eastern food

Lunch ¥680– Dinner ¥950–
bimikitchen.com

Hours: 11:00–15:00 (L.O. 14:30),
17:30–22:00 (L.O. 21:30)

Closed days: Open 365 days

Address: Takeuchi Sharm 1F, 3-1-3
Asakusabashi, Taito City

Access: Asakusabashi (JR, Subway)



ACCESS MAP



56 Cafeteria Spice Jaya

カフェテリア スパイスジャヤ

☎03-3841-3823

MAP G-2



Asian food/Middle Eastern food

Lunch ¥800–
www.tandifoods.co.jp

Hours: 9:00–15:00 (L.O. 14:30)

Closed days: Mon, Tue

Address: Floral Ueno-Matsugaya, 4-26-14
Matsugaya, Taito City

Access: Iriya (Subway), Asakusa (Subway,
Tobu, TX)



ACCESS MAP



57 EUSA

エウサ

☎03-6884-0297

MAP G-3



Curry

Lunch ¥850– Dinner ¥1,200–
indian-dining-eusa.wix.com/eusa

Hours: 11:00–17:00, 17:00–23:00 (L.O. 22:30)

Closed days: Open 365 days

Address: AO Bldg., 2-6-2 Taito, Taito City

Access: Naka-okachimachi (Subway)



ACCESS MAP



58 Fucha Vegetarian Cuisine BON

普茶料理 梵

☎03-3872-0375

MAP G-2



Japanese food

Lunch ¥3,450– Dinner ¥6,000–
www.fuchabon.co.jp/

Hours: 12:00–13:30 (L.O.), 17:30–21:00 (L.O. 19:00) (Mon–Sat),
12:00–13:30 (L.O.), 17:00–20:00 (L.O. 18:00) (Sun, holidays)

Closed days: Wed

Address: 1-2-11 Ryusen, Taito City

Access: Iriya (Subway)



ACCESS MAP



59 Gonpachi Asakusa Azumabashi

権八 浅草吾妻橋

☎03-5830-3791



Japanese food



Lunch ¥1,000– Dinner ¥4,000–

gonpachi.jp/asakusa/

Hours: 11:30–23:00 (Food L.O. 22:00, Drink L.O. 22:30)

Closed days: Open 365 days

Address: 2-1-15 Kaminarimon, Taito City

Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



60 Halal Japanese Restaurant ORIGAMI Asakusa

和食 折紙 浅草

☎03-5811-1755



Japanese food



Lunch ¥1,500– Dinner ¥3,000–

www.origami-asakusa.jp/

Hours: 11:30–15:00, 17:30–21:00

Closed days: Open 365 days

Address: 1-2-8 Hanakawado, Taito City

Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



61 HALAL WAGYU YAKINIKU PANGA

ハラール和牛焼肉 ばんが

☎03-3839-8929



Yakiniku



Dinner ¥4,000–

yakinikupanga.owst.jp

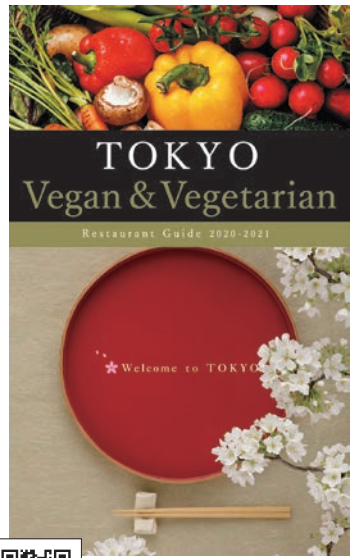
Hours: 11:30–14:00 (L.O. 13:45), 17:00–22:00 (L.O. 21:30)
(Mon–Sat), 17:00–22:00 (L.O. 21:00) (Sun, holidays)

Closed days: New Year holidays, other days

Address: 3-27-9 Taito, Taito City

Access: Okachimachi (JR, Subway, TX), Shin-okachimachi (Subway)

ACCESS MAP



◀ Check Here !

Vegan & Vegetarian guide is also available.

EAT

63 Halima kebab biryani

ハリマ ケباب ビリヤニ

☎03-6672-1796

MAP G-3



Curry, Asian food / Middle Eastern food



Lunch ¥1,000– Dinner ¥2,500–

tabelog.com/tokyo/A1311/A131101/13168753/

Hours: 11:00–15:30, 17:00–22:30

Closed days: Open 365 days

Address: Ueno M Bldg. 1F, 3-36-7 Higashi-ueno, Taito City

Access: Inaricho (Subway), Ueno (JR, Subway, Keisei)

ACCESS MAP



64 Japanese Greentea Shop Masudaen Sohonten

増田園総本店

☎03-3841-0840

MAP H-3

TAX FREE



Cafe



Lunch ¥500–

www.facebook.com/Masudaen-Greentea-shop-251841074861508/

Hours: 8:30–19:00

Closed days: Open 365 days

Address: 1-1-17 Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



65 Naritaya Asakusa

麵亭成田屋浅草本店

☎03-4285-9806

MAP H-2



Ramen

Lunch ¥1,000– Dinner ¥1,000–

www.naritaya-japan.com/ramen-asakusa/

Hours: 11:00–22:00 (Mon–Sat), 11:00–21:00 (Sun)

Closed days: Open 365 days

Address: 2-7-13 Asakusa, Taito City

Access: Asakusa (TX)

ACCESS MAP



66 NINJA Cafe & Bar

忍者カフェ

☎03-6231-7387

MAP G-2



Japanese food / Cafe

Lunch ¥2,000– Dinner ¥2,000–

www.ninja-cafe.com/

Hours: 11:00–23:00

Closed days: Open 365 days

Address: 3-27-14 Nishiasakusa, Taito City

Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



67 SEKAI CAFE ASAKUSA

セカイカフェ 浅草店

☎03-6802-7300

MAP H-3



Cafe

Lunch ¥1,500-

sekai-cafe.com/asakusa/

Hours: 9:00-17:30 (Mon), 9:00-18:00 (Tue, Thu), 9:00-19:00 (Fri, Sat, Sun)

Closed days: Wed, other days

Address: Oban Bldg. 1F, 1-18-8 Asakusa, Taito City

Access: Asakusa (Subway, Tobu, TX)

ACCESS MAP



68 UOSHOU

魚昇

☎03-3872-0030

MAP H-2



Japanese food

Lunch ¥2,200- Dinner ¥5,000-

uoshou.net

Hours: 12:00-14:00, 17:00-24:00

Closed days: Mon

Address: 5-10-2 Asakusa, Taito City

Access: Asakusa (TX)

ACCESS MAP



69 Veg Kitchen

ベジキッチン

☎03-5817-8165

MAP G-3



Curry

Lunch ¥1,000- Dinner ¥1,900-

www.facebook.com/vegkitchentokyo/

Hours: 11:00-15:00, 17:00-23:00

Closed days: Jan. 1-2

Address: 3-44-8 Taito, Taito City

Access: Okachimachi (JR)

ACCESS MAP



70 VEGE HERB SAGA

ヴェジハーブサーガ

☎03-5818-4154

MAP G-3



Curry

Lunch ¥1,500- Dinner ¥3,000-

www.vegeherbsaga.com

Hours: 11:15-15:00 (L.O. 14:30), 17:15-23:00 (L.O. 22:30)

Closed days: New Year holidays

Address: Torei Bldg. B1F, 5-22-1 Ueno,

Taito City

Access: Okachimachi (JR), Naka-okachimachi (Subway), Ueno-okachimachi (Subway)

ACCESS MAP



71 Venu's South Indian Dining

ヴェヌス サウス インディアン ダイニング

☎03-6883-9765

MAP G-3



Curry



Lunch ¥1,000- Dinner ¥2,000-

www.venusdining.com

Hours: 11:00-14:30, 17:00-21:30 (L.O.)

Closed days: Jan. 1-4

Address: Magazan Okachimachi II, 4-8-9
Taito, Taito City

Access: Naka-okachimachi (Subway)

ACCESS MAP



72 Wagyu Dining PANGA 585

和牛だいにんぐ ぼんが 585

☎03-3844-3088

MAP H-2



Yakiniku



Lunch ¥1,500- Dinner ¥3,000-

hailwagyu.business.site

Hours: 11:00-22:30

Closed days: Open 365 days

Address: Marugotonippon Bldg. 4F, 2-6-7
Asakusa, Taito City

Access: Asakusa (TX)

ACCESS MAP



73 Milk & Parfait Yotsuba White Cosy Solamachi

ミルク&パフェ よつ葉ホワイトコージ 東京スカイツリータウン・ソラマチ店

☎03-5809-7055

MAP I-3



Cafe



¥360

www.yotsuba.co.jp/white/

Hours: 10:00-21:00

Closed days: No fixed holiday

Address: Tokyo Solamachi 3F, 1-1-2 Oshiage,
Sumida City

Access: TOKYO SKYTREE (Tobu), Oshiage
(Subway, Keisei)

ACCESS MAP



74 Organic Store & Cafe Dining, Sumida River Kitchen

スミダリバーキッチン

☎03-3622-5582

MAP H-3



Cafe



Lunch ¥850- Dinner ¥2,000-

www.facebook.com/Organic-store-Cafe-Dining-Sumida-River-Kitchen-602442643227442/

Hours: 11:30-14:30, 17:30-21:30

Closed days: Sat, Sun

Address: 1-15-4 Azumabashi, Sumida City

Access: Asakusa (Subway, Tobu)

ACCESS MAP



75 SEKAI CAFE OSHIAGE

セカイカフェ 押上店

☎03-6284-1760



Cafe

Lunch ¥1,000-

sekai-cafe.com/oshiage/

Hours: 7:30-18:00

Closed days: Tue

Address: 2-16-8 Narihira, Sumida City

Access: Oshiage (Subway, Tobu)

ACCESS MAP



76 Tokyo ramen Kumahachi

森下の小粋な長屋ラーメン熊八

☎080-7852-5511



Ramen

Lunch ¥900- Dinner ¥950-

Hours: 11:30-14:00, 18:00-21:30

Closed days: Open 365 days

Address: 2-15-1 Midori, Sumida City

Access: Ryogoku (JR, Subway)

ACCESS MAP



77 Green Asia Tokyo VenusFort

GREEN ASIA TOKYO ヴィーナスフォート店

☎03-6426-0633



Asian food/Middle Eastern food

Lunch ¥1,500- Dinner ¥2,500-

Hours: 11:00-23:00

Closed days: Open 365 days

Address: VenusFort in palette town, 1-3-15

Aomi, Koto City

Access: Aomi (Yurikamome), Tokyo Teleport (Rinkai)

ACCESS MAP



78 SOJIBO "DiverCity Tokyo Plaza"

そじ坊 ダイバーシティ東京プラザ店

☎03-5520-1310



Japanese food

Lunch ¥900- Dinner ¥900-

www.facebook.com/HFRSsojiboDC/

Hours: 11:00-23:00

Closed days: Open 365 days

Address: DiverCity Tokyo Plaza 6F, 1-1-10

Aomi, Koto City

Access: Daiba (Yurikamome), Tokyo Teleport (Rinkai)

ACCESS MAP



EAT

79 Indian Restaurant MASALA

インド料理 MASALA

☎03-5753-8595

MAP K-10



Indian



Lunch ¥850– Dinner ¥2,000–

www.masalacurry.jp/index_e.html

Hours: 11:00–15:00 (L.O. 14:30), 17:00–22:00 (L.O. 21:00)

(Mon–Fri), 11:00–15:30 (L.O. 15:00), 17:00–21:00 (L.O.

20:30) (Sat, Sun, holidays)

Closed days: Open 365 days

Address: Omori Bellport D 1F, 6-26-3 Minami-

oi, Shinagawa City

Access: Omori (JR), Omorikaigan (Keikyu)

ACCESS MAP



80 Indonesian Restaurant CABE MEGURO

インドネシア料理店チャベ目黒店

☎03-6432-5748

MAP C-8



Asian food/Middle Eastern food



Lunch ¥850– Dinner ¥2,000–

www.facebook.com/IndonesianRestaurantCabeMeguro/

Hours: 11:30–14:30, 17:30–22:00

Closed days: Sun, holidays

Address: No.1 Tanaka Bldg. 2F, 3-5-4 Kami-

osaki, Shinagawa City

Access: Meguro (JR, Subway, Tokyu)

ACCESS MAP



81 Ohmi-beef Dining Iyasaka

近江牛ダイニングいやさか

☎03-5719-4529

MAP D-9



Yakiniku



Dinner ¥8,000–

www.iyasaka-dining.com

Hours: 17:30–22:30 (L.O. 21:30) (Mon–Fri), 17:00–22:00 (L.O.

21:00) (Sat)

Closed days: Sun, holidays, New Year holi-

days, other days

Address: 3-7-1 Nishi-shinagawa, Shinagawa City

Access: Osaki (JR, Rinkai)

ACCESS MAP



82 SABERA TIKKA BIRIYANI

サベラティッカビリヤニ天王洲アイル

☎03-6433-2544

MAP E-9



Curry, Asian food/Middle Eastern food



Lunch ¥1,000– Dinner ¥2,500–

tabelog.com/tokyo/A1314/A131404/13200848/

Hours: 11:00–15:30, 17:00–22:30

Closed days: Open 365 days

Address: Tennozu Yusen Bldg. 1F, 2-2-20

Higashi-shinagawa, Shinagawa City

Access: Tennozu Isle (Yurikamome, Rinkai)

ACCESS MAP



83 TANDOOR Meguro

タンドール目黒店

☎03-3449-0901

MAP C-8



Indian

Lunch ¥1,000–Dinner ¥2,000–
www.tandoor.co.jp/meguro.html

Hours: 11:00–22:00

Closed days: Open 365 days

Address: Koyo Bldg. 4F, 2-16-4 Kami-osaki,
Shinagawa City

Access: Meguro (JR, Subway, Tokyu)

ACCESS MAP



84 KEBAB STAND

けばぶ工房

☎03-6459-9377

MAP E-10



Turkish

Lunch ¥1,000–Dinner ¥1,000–

www.haneda-airport.jp/inter/premises/tenant/5200100013810000/index.html

Hours: 7:00–22:00

Closed days: Open 365 days

Address: Haneda Airport Terminal 3 4F, 2-6-5
Haneda Airport, Ota City

Access: Haneda Airport Terminal 3 (Keikyu,
Tokyo Monorail)

ACCESS MAP



85 Mrs Istanbul

ミセス イスタンブール

☎03-5756-6183

MAP L-10



Asian food/Middle Eastern food

Lunch ¥1,200–Dinner ¥1,200–

www.tokyo-airport-bldg.co.jp/shops_and_restaurants/store/334/

Hours: 8:00–20:00 (L.O. 19:30)

Closed days: Open 365 days

Address: Haneda Airport Terminal 2 3F, 3-4-2
Haneda Airport, Ota City

Access: Haneda Airport Terminal 1-2 (Keikyu),
Haneda Airport Terminal 2 (Tokyo Monorail)

ACCESS MAP



86 YILDIZ Turkish Restaurant

ユルディズトルコレストラ

☎03-6424-9797

MAP K-10



Turkish

Lunch ¥680–Dinner ¥2,000–

tabelog.com/tokyo/A1315/A131503/13201864/

Hours: 11:30–15:00, 17:30–23:30

Closed days: Tue

Address: No.1 Taiyo Bldg. 2F, 5-18-3 Kamata,
Ota City

Access: Kamata (JR, Keikyu)

ACCESS MAP



EAT

87 Deli Shop Uchimura

Deli Shop うちむら

☎03-3468-2715

MAP A-6



Asian food/Middle Eastern food

Lunch ¥700- Dinner ¥800-

Hours: 11:00-15:00, 17:00-20:30

Closed days: Sun, 3rd Mon

Address: 3-2-11 Kitazawa, Setagaya City

Access: Higashi-Kitazawa (Odakyu), Yoyogi-Uehara (Subway, Odakyu)

ACCESS MAP



88 Izuchiku

泉竹

☎03-3700-4661

MAP J-9



Japanese food

Lunch ¥8,000- Dinner ¥8,000-

www.izuchiku.jp

Hours: 11:30-19:30 (L.O.)

Closed days: New Year holidays

Address: 3-6-8 Seta, Setagaya City

Access: Yoga (Tokyu)



ACCESS MAP



89 FUNABASHIYA KOYOMI HIROO

船橋屋こよみ広尾本店

☎03-5449-2784

MAP C-7



Cafe

Lunch ¥1,190-

www.funabashiya.co.jp/koyomi/

Hours: 11:30-18:00 (L.O. 17:00)

Closed days: Open 365 days

Address: 5-17-1 Hiroo, Shibuya City

Access: Hiroo (Subway)

ACCESS MAP



90 Gonpachi Shibuya

権八渋谷

☎03-5784-2011

MAP B-6



Japanese food

Lunch ¥1,000- Dinner ¥4,000-

gonpachi.jp/shibuya/

Hours: 11:30-27:30 (L.O. 27:00)

Closed days: Open 365 days

Address: E.Space Tower 14F,

3-6 Maruyamacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu), Sinsen (Keio)



ACCESS MAP



91 Gyumon 牛門

☎03-5469-2911

MAP C-7



Yakiniku



Lunch ¥2,000– Dinner ¥3,500–
gyumon.shopinfo.jp/

Hours: 17:00–23:00 (Mon), 12:00–23:00 (Tue–Sun)

Closed days: Open 365 days

Address: 3-14-5 Shibuya, Shibuya City

Access: Shibuya (JR, Subway, Tokyu)

ACCESS MAP



92 Hitsujinoyu Lamb yakiniku & shabushabu

ひつじの湯 ラム焼肉 & しゃぶしゃぶ

☎03-6427-9197

MAP C-7



Yakiniku



Dinner ¥4,000–
hitsujinoyu.wst.jp/

Hours: 17:00–24:00 (L.O. 23:00) (Mon–Fri), 15:00–23:00 (L.O. 22:00) (Sat, Sun, holidays)

Closed days: New year holidays

Address: Adachi Bldg. 2F, 3-14-4 Shibuya, Shibuya City

Access: Shibuya (JR, Subway, Tokyu)

ACCESS MAP



93 Honolu RAMEN

麵屋帆の恵比寿店

☎03-5734-1667

MAP C-8



Ramen



Lunch ¥780– Dinner ¥780–
hainairamen-honolu.net/index.html

Hours: 11:30–14:30, 17:00–22:00 (L.O. 21:30)

Closed days: New Year holidays, other days

Address: ABC Americabashi Bldg. 1F, 1-23-1

Ebisu-minami, Shibuya City

Access: Ebisu (JR, Subway)

ACCESS MAP



94 Sakura Cafe Hatagaya

サクラカフェ帽ヶ谷

☎03-3469-5211

MAP A-5



Original dishes/fusion food



Lunch ¥1,000– Dinner ¥1,500–
www.sakura-cafe.asia/en/hatagaya/

Hours: Open 24 hours

Closed days: Open 365 days

Address: 1-32-3 Hatagaya, Shibuya City

Access: Hatagaya (Keio)

ACCESS MAP



95 SHIBUYA WAGYUSTEAK ~COWBOY~

渋谷和牛ステーキ~COWBOY~

☎03-6809-0056

MAP B-6



Yakiniku



Lunch ¥2,000- Dinner ¥4,000-
tabelog.com/tokyo/A1303/A130301/13197327/

Hours: 16:00-23:00

Closed days: Open 365 days

Address: Kokusai Bldg. A 3F A, 13-16
Udagawacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu)

ACCESS MAP



96 SUSHI Gonpachi Shibuya

SUSHI 権八 渋谷

☎03-5784-3772

MAP B-6



Japanese food



Lunch ¥2,999- Dinner ¥9,999-
gonpachi.jp/sushi-shibuya/

Hours: 11:30-14:30 (L.O.14:00), 17:00-26:00 (L.O.25:00)

Closed days: Open 365 days

Address: E. Space Tower 14F, 3-6
Maruyamacho, Shibuya City

Access: Shibuya (JR, Subway, Tokyu), Sensen
(Keio)

ACCESS MAP



97 TANDOOR Ebisu

タンドール恵比寿店

☎03-3461-6181

MAP C-7



Indian



Lunch ¥1,000- Dinner ¥2,000-
www.tandoor.co.jp/ebisu.html

Hours: 11:00-23:00

Closed days: Open 365 days

Address: Irfune Bldg. 4F, 1-9-3 Ebisu-nishi,
Shibuya City

Access: Ebisu (JR, Subway)

ACCESS MAP



98 The Manhattan FISH MARKET Shibuya

マンハッタンフィッシュマーケット渋谷店

☎03-6427-7057

MAP B-6



Western-style food



Lunch ¥780- Dinner ¥1,680-
www.manhattanfishmarket.com/japan/

Hours: 11:00-15:00, 18:00-22:00 (L.O. 21:30) (Mon-Thu),
11:00-22:00 (L.O. 21:30) (Fri-Sun)

Closed days: Open 365 days

Address: Ichigo Jingumae Bldg. B1F, 6-25-16
Jingumae, Shibuya City

Access: Meiji Jingumae <Harajuku> (Subway),
Shibuya (JR, Subway, Tokyu)

ACCESS MAP



99 Kebabcafe Ertugrul

ケバブカフェ エルトウルル

☎03-6382-8895

MAP K8
TAX FREE



Turkish

Lunch ¥600– Dinner ¥600–
restaurant-44367.business.site/?m=true

Hours: 11:00–23:00

Closed days: 2nd Wed, New Year holidays, other days

Address: 3-33-14 Nakano, Nakano City

Access: Nakano (JR, Subway)

ACCESS MAP



100 Malaychan satu

マレーチャン satu

☎03-5391-7638

MAP C-1



Asian food/Middle Eastern food

Lunch ¥1,000– Dinner ¥3,000–
www.malaychan-satu.jp/

Hours: 11:00–22:30

Closed days: Mon

Address: 3-22-6 Nishi-ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)

ACCESS MAP



101 PAKISTAN RESTAURANT MARHABA

パキスタンレストラン マルハバ

☎03-3987-1031

MAP C-1



Asian food/Middle Eastern food

Lunch ¥1,000– Dinner ¥1,500–

Hours: 11:00–15:00, 17:00–22:30 (Mon–Sat), 11:30–21:00 (Sun, holidays)

Closed days: Open 365 days

Address: Palace Garden Milano 1F, 2-63-6 Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)

ACCESS MAP



102 Sakura Cafe & Restaurant Ikebukuro

サクラカフェ&レストラン池袋

☎03-5391-2330

MAP C-1



Original dishes/fusion food

Lunch ¥999– Dinner ¥1,500–
www.sakura-cafe.asia/en/ikebukuro/

Hours: Open 24 hours

Closed days: Open 365 days

Address: Sakura Hotel Ikebukuro Annex 1F, 2-39-10 Ikebukuro, Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)

ACCESS MAP



EAT

103 Tsuki no Sabaku

月の砂漠

☎070-6970-2946

MAP C-1



Asian food/Middle Eastern food



Lunch ¥2,000– Dinner ¥2,500–
tsukinosabaku.com/

Hours: 11:00–15:00, 18:00–24:00

Closed days: No fixed holiday

Address: 2F, 2-15-15 Kami-ikebukuro,
Toshima City

Access: Ikebukuro (JR, Subway, Seibu, Tobu)
*Reservation only

ACCESS MAP



104 Zakuro

ザクロ

☎03-5685-5313

MAP F-1



Asian food/Middle Eastern food



Lunch ¥1,000– Dinner ¥2,500–
nippon-zakuro.com/en/

Hours: 11:00–23:00

Closed days: Open 365 days

Address: 3-13-2 Nishi-nippori, Arakawa City

Access: Nippori (JR, Keisei), Sendagi
(Subway)

ACCESS MAP



105 da Luciano

ダ ルチアーノ

☎042-670-1468

MAP H-9



Cafe



Lunch ¥500–
www.da-luciano.com/

Hours: 11:00–19:00

Closed days: Wed (Oct.–Feb.)

Address: 2-16-9 Horinouchi, Hachioji City

Access: Horinouchi (Keio)

ACCESS MAP



Enjoy
Tokyo Travel Brochures
anytime and anywhere!

Available on your smartphone!



<https://www.gotokyo.org/book/en/>



TOKYO
Brochures

107 MAYUR

マユール

☎042-523-0410

MAP H-8



Curry



Lunch ¥1,000– Dinner ¥2,000–

www.mayur.jp/english.html

Hours: 11:00–23:00

Closed days: Open 365 days

Address: Techno Bldg. 1F, 2-16-6 Akebono-cho, Tachikawa City

Access: Tachikawa (JR, Monorail)

ACCESS MAP



108 North Indian Restaurant Phoolwari

北インド料理 プルワリ

☎03-5497-5559

MAP J-9



Indian



Lunch ¥950– Dinner ¥2,000–

phoolwari.co.jp

Hours: 11:00–15:00, 18:00–23:00

Closed days: Wed

Address: 1-18-5 Higashi-izumi, Komae City

Access: Komae (Odakyu)

ACCESS MAP



EAT

All Questions to

GO TOKYO

The Official Tokyo Travel Guide



<https://www.gotokyo.org/en/>

Delicious and exquisite! Japanese SWEETS

As you explore Tokyo, why not stop and enjoy some of the many different kinds of tasty Japanese sweets? Their colors and shapes are also lovely to look at, making them perfect gifts.



Dango

Dumplings made by kneading refined glutinous or regular rice flour into balls and boiling them. *Mitarashi dango* are dumplings served on a skewer and covered with a salty-sweet glaze made of soy sauce, sugar, and starch. There are also special kinds of *dango* for traditional events like moon viewing and cherry-blossom viewing.

Main ingredients: Refined glutinous or regular rice flour, potato starch, sugar, soy sauce, etc.



Ichigo daifuku

Daifuku consists of *mochi* (glutinous rice cakes) stuffed with adzuki bean paste. *Ichigo daifuku*, which first appeared in the 1980s, puts a modern twist on this time-honored Japanese sweet with the addition of fresh strawberries. You can find it in winter and spring, when strawberries are in season.

Main ingredients: Adzuki beans, sugar, glutinous rice flour, strawberries, etc.



Ohagi (Botamochi)

Steamed or cooked rice is pounded until sticky but still grainy, formed into balls, and then covered in sweet bean paste. The taste is sweet, with a faintly salty accent. There are versions made with both fine-grained and coarse-grained bean paste.

Main ingredients: Glutinous rice, rice, sugar, salt, adzuki beans (some may also contain sesame, roasted soybean flour, sweet green bean paste, etc.)



Shiratama Anmitsu

Regular *anmitsu* is a dessert in which cubes of agar jelly are topped with sweet red bean paste and honey or brown-sugar syrup. This version is also topped with *shiratama*, dumplings made of refined glutinous rice flour. You can find even more decadent versions that include ice cream and fruit.

Main ingredients: Agar, adzuki beans, sugar, refined glutinous rice flour, etc.



Kakigori

Finely shaved ice flavored with syrup. This treat is popular worldwide, especially in Asia, but the current trend in Japan is toward very luxurious varieties, such as shaved ice made from natural spring water and topped with fancy syrups.

Main ingredients: Water, syrup, etc.

Fu Manju

Steamed buns made of unbaked wheat gluten filled with fine-grained sweet bean paste. The taste is pleasantly cool, with a smooth, springy texture. The buns are often wrapped in bamboo leaves, which add an aromatic accent.

Main ingredients: Wheat flour, adzuki beans, sugar, mugwort, green dried seaweed, etc.



Kuri Kinton

Boiled chestnuts are pureed, mixed with sugar, and wrung with a tea cloth.

Many Japanese sweets incorporate chestnuts, but this autumn treat brings out their flavor to the fullest. The flavor fades quickly, so it has a short shelf life.

Main ingredients: Chestnuts, sugar



Taiyaki

Thin pancakes made from wheat flour are stuffed with sweet bean paste and grilled until crispy. Although bean paste is the most common filling, variations containing custard or savory fillings can also be found.

Main ingredients: Wheat flour, eggs, dairy, sugar, baking soda, adzuki beans, etc.



Fukiyose

An assortment of various kinds of cute, bite-sized dried snacks. These may include slightly sweet wheat crackers, salty rice crackers, kelp, and colorful *rakugan* (dried candies made of rice or other starchy flour and sugar, mixed and pressed into a pattern).

Main ingredients: Wheat flour, eggs, sugar, sesame, ginger, nuts, vegetable oil, food coloring, etc.



Konpeito

A crystal-like candy made by coating cores as tiny as poppy seeds with rock-sugar syrup a little at a time and heating them over the course of several days. The different flavorings and dyes added to the syrup produce a colorful appearance.

Main ingredients: Sugar, flavorings, food coloring, etc.

*Check before purchasing, as *konpeito* may very occasionally contain alcohol.



Nerikiri

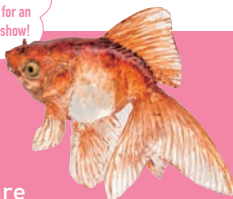
The main ingredient in this gorgeous traditional confection is sweet white bean paste, which is easily tinted in different hues and molded into exquisite seasonal shapes. While *mochi* sweets have mass appeal, *nerikiri* is prized as a special treat for formal occasions such as the tea ceremony.

Main ingredients: White bean, sugar, food coloring, etc.



Traditional Sweets of Old Tokyo

A traditional Tokyo sweet that makes for an exciting show!



Kaminari Okoshi

A light, crispy snack consisting of puffed rice mixed with other ingredients like peanuts or syrup, and then formed into shapes. *Okoshi* has been around since the Heian period (794-1185), but *kaminari okoshi* was born in the nineteenth century in the Asakusa area. The name comes from Sensoji Temple's Kaminarimon Gate.

Main ingredients: Rice, starch syrup, sugar, peanuts, etc.

Sugar sculpture

Different forms of sugar sculpture can be found all over the world, but in Japan, it has also developed as a kind of street performance. Street entertainers use simple tools like scissors and writing brushes to create colorful works of art on the spot at the customer's request. They're so gorgeous that it almost feels like a shame to eat them!

Main ingredients: Sugar, starch syrup, granulated sugar, alternative sweeteners, food coloring, etc.

SHOP

Shopping is one of the highlights of any trip, isn't it? Tokyo is absolutely packed with department stores, specialty shops, tax-free stores, and much more. There are even shops that sell halal foods and ingredients for Muslim shoppers. They're great for cooking if you're staying in a guest house, or for bringing home as souvenirs. Don't miss your chance!



Enjoy what one of the world's major fashion capitals has to offer

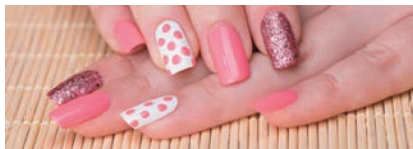


Salons

If you wish, you can pamper yourself with ease at some hair salons that offer private rooms and women-only staff.

Nails

If you would like to decorate your nails, you don't need to worry. You can find water permeable or breathable nail polish with a variety of colors.



1 Laox Akihabara Main Store

ラオックス 秋葉原本店

MAP F4

☎03-3253-7111

Hours: 9:00–19:00

Closed days: Open 365 days

Address: 1-2-9 Sotokanda, Chiyoda City

Access: Akihabara (JR, Subway, TX)



www.laox.co.jp/en/stores/akihabara/
Food, other goods

ACCESS MAP

WEB SITE



2 LAOX GINZA EXITMELSA

ラオックス 銀座EXITMELSA

MAP F6

☎03-5537-9990

Hours: 11:00–20:00

Closed days: Dec. 31–Jan. 1, one day in both Feb. and Aug. (not fixed)

Address: EXITMELSA 5-6F, 5-7-10 Ginza, Chuo City
Access: Ginza (Subway)



www.laox.co.jp/en/stores/ginzamelsa/
Food, other goods

ACCESS MAP

WEB SITE



3 UNIQLO GINZA

ユニクロ 銀座店

MAP F-6

☎03-6252-5181

TAX FREE

Hours: 11:00-21:00

Closed days: Jan. 1

Address: 6-9-5 Ginza, Chuo City

Access: Ginza (Subway)



www.uniqlo.com/jp/shop/ginza/

Clothing

ACCESS MAP



WEB SITE



4 Bio c' Bon AKASAKA

ビオセボン 赤坂店

MAP D-5

☎03-5545-5396

WiFi

Hours: 8:00-22:00 (Mon-Fri) / 10:00-21:00 (Sat, Sun, holidays)

Closed days: Open 365 days

Address: A-FLAG Akasaka 1F, 4-3-6 Akasaka, Minato City

Access: Akasaka (Subway)



www.bio-c-bon.jp/

Food, other goods

ACCESS MAP



WEB SITE



5 Bio c' Bon AZABU JUBAN

ビオセボン 麻布十番店

MAP D-7

☎03-6435-4356

WiFi

Hours: 9:00-22:00

Closed days: Open 365 days

Address: 2-9-2 Azabu-juban, Minato City

Access: Azabu-juban (Subway)



www.bio-c-bon.jp/

Food, other goods

ACCESS MAP



WEB SITE



6 HARD ROCK CAFE TOKYO ROCK SHOP

ハードロックカフェ東京 ロックショップ

MAP D-6

☎03-3403-6946

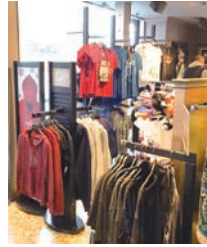
TAX FREE

Hours: 11:00-23:00

Closed days: Open 365 days

Address: 5-4-20 Roppongi, Minato City

Access: Roppongi (Subway)



www.hardrock.com/cafes/tokyo-roppongi/jp/

Food, other goods

ACCESS MAP



WEB SITE



7 NATIONAL AZABU

ナショナル麻布スーパーマーケット

MAP D-7

☎03-3442-3181

TAX FREE

Hours: 9:00-21:00

Closed days: Jan. 1-3

Address: 4-5-2 Minami-azabu, Minato City

Access: Hiroo (Subway)



www.national-azabu.com

Food, other goods

ACCESS MAP



WEB SITE



8 NISSIN World Delicatessen

日進ワールドデリカテッセン

MAP E-7

☎03-3583-4586

TAX FREE

Hours: 8:30-21:00

Closed days: Jan. 1-2

Address: 2-32-13 Higashi-azabu, Minato City

Access: Azabu-juban (Subway)



www.nissin-world-delicatessen.jp/

Food, other goods

ACCESS MAP



WEB SITE



9

BICQLO UNIQLO Shinjuku-higashiguchi

ビックロ ユニクロ新宿東口店

MAP G-4

☎03-5363-5741

TAX FREE

Hours: 10:00–22:00
Closed days: Open 365 days
Address: 3-29-1 Shinjuku, Shinjuku City
Access: Shinjuku (JR, Subway, Odakyu, Keio), Shinjuku-sanchome (Subway)


www.uniqlo.com/jp/shop/bicqlo/

Clothing

ACCESS MAP



WEB SITE



10

Laox Shinjuku Main Store

ラオックス 新宿本店

MAP C-4

☎03-5362-7018

TAX FREE

Hours: 9:00–21:00
Closed days: Open 365 days
Address: MetLife/JTB Shinjuku Square 5F–8F, 3-1-20 Shinjuku, Shinjuku City
Access: Shinjuku (JR, Subway, Odakyu, Keio), Shinjuku-sanchome (Subway)


www.laox.co.jp/en/stores/shinjuku/

Food, other goods

ACCESS MAP



WEB SITE



11

HALAL TOKYO Store-House

ハラルトウキョウ〜ストアハウス〜

MAP D-2

☎03-6907-0756

TAX FREE

Hours: 10:00–18:00
Closed days: Sat, Sun
Address: 3-25-13 Mejiro dai, Bunkyo City
Access: Gokokuji (Subway)


halaltokyo.jp/

Food, other goods

ACCESS MAP



WEB SITE



12

Asakusa Umegen

浅草 梅源

MAP G-2

☎03-3841-4147

Hours: 10:30–18:30 (Tue–Fri), 10:30–18:00 (Sat), 10:30–16:00 (Sun, holidays)
Closed days: Mon and no fixed holidays
Address: 3-10-5 Nishiasakusa, Taito City
Access: Asakusa (Subway, Tobu, TX), Tawaramachi (Subway), Iriya (Subway)


japanese-confectionery-shop-asakusamegen.business.site/

Food

ACCESS MAP



WEB SITE



13

HARD ROCK CAFE UYENO-EKI TOKYO ROCK SHOP

ハードロックカフェ上野駅東京 ロックショップ

MAP G-3

☎03-5826-5894

TAX FREE

Hours: 10:00–23:00 (Mon–Fri), 9:00–23:00 (Sat, Sun, holidays)
Closed days: No fixed holiday
Address: atre Ueno 1F, 7-1-1 Ueno, Taito City
Access: Ueno (JR, Subway)


www.hardrock.com/cafes/tokyo-ueno-eki/jp/

Food, other goods

ACCESS MAP



WEB SITE



14

Osama-do honten

王様堂本店

MAP G-2

☎03-3876-3303

Hours: 10:00–18:00
Closed days: Sat, Sun, holidays, Jan. 1-3
Address: 2-6-8 Senzoku, Taito City
Access: Iriya (Subway), Asakusa (TX)


www.osama-do.co.jp/

Food

ACCESS MAP



WEB SITE



15 SPARKLE

SPARKLE

MAP H-2

☎03-6802-7661



Hours: 10:00-19:00
Closed days: Open 365 days
Address: 1-37-2 Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX)



sparkle-asakusa.business.site/
 Food, Clothing, other goods

ACCESS MAP



WEB SITE



16 Tokiwado Kaminari Okoshi Honpo Kaminarimon Main Store

常盤堂雷おこし本舗 雷門本店

MAP H-3

☎03-3841-5656



TAX FREE

Hours: 9:00-20:30
Closed days: Open 365 days
Address: 1-3-2 Asakusa, Taito City
Access: Asakusa (Subway, Tobu, TX)



tokiwado.tokyo/
 Food

ACCESS MAP



WEB SITE



17 Bio c' Bon Meiji-jingumae metropia

バイオセボン 明治神宮前メトロピア店

MAP B-6

☎03-6452-6260



Hours: 7:30-22:00 (Mon-Sat), 9:00-21:00 (Sun, holidays)
Closed days: Open 365 days
Address: Meiji-jingumae <Harajuku> Station, 1-18-22 Jingumae, Shibuya City
Access: Meiji-jingumae <Harajuku> (Subway)



www.bio-c-bon.jp/
 Food, other goods

ACCESS MAP



WEB SITE



18 Tokyo Camii Halal Market

東京ジャーミー ハラルマーケット

MAP A-6

☎03-5790-0760



Hours: 10:00-19:00
Closed days: Open 365 days
Address: 1-19 Oyama-cho, Shibuya City
Access: Yoyogi-uehara (Subway, Odakyu)



Foods, other goods

ACCESS MAP



19 Al-Flah Supermarket

アルファラ スーパーマーケット

MAP C-1

☎03-3985-9784



Hours: 11:00-23:00
Closed days: Open 365 days
Address: Onoya Bldg. 4F, 2-41-2 Ikebukuro, Toshima City
Access: Ikebukuro (JR, Subway, Seibu, Tobu)



www.al-flah.com/
 Food

ACCESS MAP



WEB SITE



20 UNIQLO Kichijoji

ユニクロ 吉祥寺店

MAP J-8

☎0422-28-0160



TAX FREE

Hours: 10:00-21:00
Closed days: Open 365 days
Address: 2-2-17 Kichijoji-honcho, Musashino City
Access: Kichijoji (JR, Keio)



www.uniqlo.com/jp/shop/kichijoji/
 Clothing

ACCESS MAP



WEB SITE



STAY

This section covers lodgings in Tokyo, ranging from premium hotels to casual guest houses. Whatever your needs, you can find your ideal lodging here. Many facilities also provide space for prayer, and can even lend you prayer items. All of the lodgings listed here are able to accommodate the lifestyle and practices of Muslim guests while providing the very best of Japanese hospitality.



VISITING TIPS



Concierge

The concierge at your hotel is a great resource and can provide information about dining, shopping, and other activity recommendations across the city. They will also make reservations for restaurants and book tours or transportation if needed.

Tipping

There is no tipping culture in Japan. Generally, the price listed on the bill includes tax and indicates the exact amount to be paid. Please note that some establishments charge a service fee or cover charge.



Luggage Delivery Service

Getting from the airport to the hotel and vice versa can be a stressful experience. Ease your load by using a luggage delivery service. That way, you can get around the city hands-free.

An accommodation tax is levied when staying at hotels in Tokyo.

Room charge (one night per person)	Less than ¥10,000	¥10,000 to less than ¥15,000	¥15,000 or more
Amount of tax	Tax-free	¥100	¥200

The accommodation tax will not be levied for three months from July 1 through September 30, 2020 because of the hosting of the Tokyo 2020 Olympic and Paralympic Games.

*The tax is used for the promotion of tourism in Tokyo, such as the issuing of this publication and the enhancement of the quality of tourist information services.

HOTEL LIST

Hotels Catering to Muslims

Name	Tel	Map	Room	Restaurant	WiFi	TV	AC	Shower	Laundry	Room Service	24hr Front Desk	Non-Smoking	Halal	Sharia	Other
1 FOUR SEASONS HOTEL TOKYO AT MARUNOUCHI フォーシーズンズホテル丸の内 東京	03-5222-7222	F-5	57	1	●			●	●	●	●	●	●	●	●
2 Hotel New Otani Tokyo ホテルニューオータニ	03-3265-1111	D-5	1479	38	●			●	●	●	●	●	●	●	●
3 Imperial Hotel, Tokyo 帝国ホテル 東京	03-3504-1111	F-5	931	16	●			●	●	●	●	●	●	●	●
4 Palace Hotel Tokyo パレスホテル東京	03-3211-5211	F-5	290	10	●			●	●	●	●	●	●	●	●
5 Sakura Hotel JIMBOCHO サクラホテル神保町	03-3261-3939	F-4	43	1	●			●	●	●	●	●	●	●	●
6 Shangri-La Hotel, Tokyo シャングリラ ホテル 東京	03-6739-7888	F-5	200	4	●			●	●	●	●	●	●	●	●
7 The Peninsula Tokyo ザ・ペニンシュラ東京	03-6270-2888	F-5	314	5	●	●		●	●	●	●	●	●	●	●
8 THE TOKYO STATION HOTEL 東京ステーションホテル	03-5220-1111	F-5	150	9	●			●	●	●	●	●	●	●	●
9 TOSHI CENTER HOTEL 都市センターホテル	03-3265-8211	E-5	327	2	●			●	●	●	●	●	●	●	●
10 hostel DEN ホステル デン	03-6661-2067	G-4	11	0	●	●		●	●	●	●	●	●	●	●
11 Tsukiji Business Hotel Ban 築地ビジネスホテルバン	03-3543-8411	F-6	39	1	●			●	●	●	●	●	●	●	●
12 Conrad Tokyo コンラッド東京	03-6388-8000	F-6	290	5	●			●	●	●	●	●	●	●	●
13 Grand Prince Hotel Shin Takanawa グランドプリンスホテル新高輪	03-3442-1111	D-8	908	7	●			●	●	●	●	●	●	●	●
14 Grand Prince Hotel Takanawa グランドプリンスホテル高輪	03-3447-1111	D-8	388	8	●			●	●	●	●	●	●	●	●
15 Sheraton MIYAKO HOTEL TOKYO シェラトン都ホテル東京	03-3447-3111	D-8	484	4	●			●	●	●	●	●	●	●	●
16 Shinagawa Prince Hotel 品川プリンスホテル	03-3440-1111	D-9	3560	14	●			●	●	●	●	●	●	●	●
17 The Prince Sakura Tower Tokyo ザ・プリンス さくらタワー東京	03-5798-1111	D-8	288	2	●			●	●	●	●	●	●	●	●
18 The Ritz-Carlton, Tokyo ザ・リッツ・カールトン東京	03-3423-8000	D-6	247	7	●	●		●	●	●	●	●	●	●	●
19 RIHGA Royal Hotel Tokyo リーガロイヤルホテル東京	03-5285-1121	D-3	131	4	●			●	●	●	●	●	●	●	●
20 Sakura House: Shibuya Yoyogi Uehara サクラハウス 渋谷 代々木上原 ムスリムハウス	03-5330-5250	B-4*	30	0	●	●	●	●	●	●	●	●	●	●	●
21 Shinjuku Prince Hotel 新宿プリンスホテル	03-3205-1111	B-4	571	3	●			●	●	●	●	●	●	●	●
22 Hotel Chinzanso Tokyo ホテル椿山荘東京	03-3943-1111	D-3	267	9	●			●	●	●	●	●	●	●	●
23 Sakura Hotel NIPPORI サクラホテル日暮里	03-5685-1200	F-1	94	1	●			●	●	●	●	●	●	●	●
24 AGORA PLACE ASAKUSA アゴラ・プレイス浅草	03-3842-8421	G-3	145	1	●	●		●	●	●	●	●	●	●	●
25 Dormy Inn & global cabin Asakusa ドリーミン・global cabin浅草	03-3845-1122	H-3	75	1	●			●	●	●	●	●	●	●	●
26 Hotel Marutani ホテル丸谷	03-3831-4308	G-3	76	1	●			●	●	●	●	●	●	●	●
27 Sakura Hostel ASAKUSA サクラホステル浅草	03-3847-8111	H-2	29	1	●			●	●	●	●	●	●	●	●
28 Hotel East 21 Tokyo ホテル イースト21東京	03-5683-5683	I-5	381	7	●			●	●	●	●	●	●	●	●
29 Moosa's Guest Room Tokyo ムーサーズゲストルーム東京	03-3403-1236	J-4	3	0	●	●	●	●	●	●	●	●	●	●	●
30 CERULEAN TOWER TOKYU HOTEL セルリアンタワー東急ホテル	03-3476-3000	B-7	408	10	●			●	●	●	●	●	●	●	●
31 Sakura Hotel HATAGAYA サクラホテル幡ヶ谷	03-3469-5211	A-5	75	1	●			●	●	●	●	●	●	●	●
32 Sakura Hotel IKEBUKURO サクラホテル池袋	03-3971-2237	C-1	103	1	●	●		●	●	●	●	●	●	●	●
33 Sunshine City Prince Hotel サンシャインシティプリンスホテル	03-3988-1111	C-1	1091	4	●	●	●	●	●	●	●	●	●	●	●
34 Sakura House TABATA 2: Muslim-Friendly Share House FOR WOMEN サクラハウス・田端2 ムスリムフレンドリーシェアハウス女性専用	03-5330-5250	K-8	4	0	●			●	●	●	●	●	●	●	●
35 Sakura House ITABASHI Muslim-Friendly Apartments サクラハウス・板橋ムスリムフレンドリーアパートメント	03-5330-5250	K-8	3	0	●			●	●	●	●	●	●	●	●

*The map indicates the place you get the key of the hotel. The hotel is near Yoyogi Uehara Sta.

STAY

Staying calm and taking the necessary steps

What To Do in an Emergency

This information will help you in the event of disasters such as earthquakes, storms, floods, or fires, theft, lost items, and other emergencies.

Disasters

Earthquakes

What to do

If you feel shaking from an earthquake, remain calm and take steps to protect your body. Act in an orderly manner; do not panic or run.

How to protect yourself

●Indoors

Watch out for objects that may fall or topple over. Stay away from anything made of glass such as windows, TVs, or furniture, and protect your body by crouching under a table, etc. Once the shaking has subsided, make sure the gas is turned off and there are no sources of fire. Open doors or windows so that you can evacuate if necessary. Wear slippers or shoes indoors if there are fallen objects.

●Outdoors

Make sure you are not near any objects that may fall or topple over. Protect your head using your bag, etc. If you are inside an underground shopping complex and the power goes out, do not panic nor rush for the exit. Instead, wait for the shaking to subside, and then move along the walls toward the emergency exit.

If you are inside an elevator

As soon as you feel any shaking, press the buttons for all of the floors and get off wherever the elevator stops. If you are trapped inside the elevator, use the intercom to call for help. Do not use elevators to evacuate, since you can become trapped inside due to aftershocks or power outages.

Watch out for tsunamis!

An earthquake may be followed by a tsunami. Stay away from waterfronts and low-lying ground. If you are near the sea, immediately flee toward nearby high ground, a tsunami evacuation building, or a taller structure. Tsunamis can also travel against the current of a river. Flee in a direction perpendicular to the river.

Watch out for aftershocks!

A strong earthquake may be followed by multiple aftershocks. Be careful, as aftershocks may cause landslides or the collapse of buildings.

Storms/Floods

Heavy Rain/Violent Storms

Pay attention to weather information. In the event of heavy rain, stay away from rivers and underpasses. If you are near a cliff, watch out for landslides. Be careful not to fall into open manholes or gutters. If you are in an area that is underground or partially underground and there is a danger of flooding, move to a safe location above ground.

Tornadoes

If you are indoors, close any storm shutters and/or curtains, move away from the windows, and crouch under a sturdy table, etc. If you are outdoors, take shelter inside an underground facility or a sturdy structure made of a material like reinforced concrete, and wait for the tornado to pass.

Fires

What to do

If you notice a fire, alert those around you by shouting "Fire!" (*Kaji da!*) and dial 119 for the fire department. Cover your mouth and nose with a handkerchief, etc. so that you do not breathe in smoke, and stay close to the ground as you move. If you cannot see your surroundings due to smoke, move along the walls. If you are inside a hotel, etc., follow the instructions of staff.

Theft/Lost Items

Report the matter to the police, who will issue a certificate of theft or loss. If you accidentally left an item on a train or bus or inside a taxi, contact the respective operating company.

If your passport is stolen or lost

Contact your country's embassy or consulate to have the passport invalidated and issue an emergency passport or travel document for returning to your home country.
www.mofa.go.jp/about/emb_cons/protocol/

If your credit card is stolen or lost

Immediately call the credit-card company's emergency hotline to cancel your card.

Evacuation Shelters

What are evacuation shelters?

Evacuation shelters are spaces that temporarily accept and shelter people who have been forced to leave their homes due to a disaster. They also provide disaster-related information and essential supplies like water. Evacuation shelters are usually located inside a public facility such as a school, and accept foreigners. Travel on foot and take as little with you as possible.

Notes on evacuating

When evacuating, travel on foot and take as little with you as possible. Make sure you have valuables such as your passport or residence card, mobile phone, and charger.

Evacuation signage for different types of disasters

When walking around Tokyo, you will probably notice many signs indicating locations or facilities where you should evacuate. When you are near rivers or the sea, also keep an eye out for signage on how to escape a tsunami.



Evacuation Area



Evacuation Shelter



Tsunami Evacuation Area



Tsunami Evacuation Building

Emergency Information in Foreign Languages

Online Information

● **Safety tips (in total 11 languages such as English, Chinese, Korean, Spanish, and more. Other languages will be added sequentially)**
A disaster information app for foreign travelers in Japan provided by the Japan Tourism Agency. You can get push notifications for earthquake early warnings and tsunami warnings, as well as emergency weather warnings for heavy rain, etc. and volcanic eruption information issued for Japan. The app also provides a flowchart for what to do in an evacuation, helpful links such as a list of embassies, and communication cards to use if you cannot communicate in Japanese. The app can be downloaded from the URLs below.

Android (5.0 and later): <https://play.google.com/store/apps/details?id=jp.co.rcsc.safetytips.android>

iPhone (iOS9.0 and later): <https://apps.apple.com/app/safety-tips/id858357174>

● **Tokyo Metropolitan Medical Institution Information (English, Chinese, Korean, and Japanese)**

You can search for medical institutions in the Tokyo Metropolis that offer services in multiple languages other than Japanese, or where you can receive outpatient care from a female physician.

☎03-5272-0303 (Japanese), ☎03-5285-8181 (Other languages) Tokyo Metropolitan Medical Institution Information Service
www.himawari.metro.tokyo.jp/qq13/qqport/tomintop/other/fls230.php

● **[Living Information] Comprehensive Living Guide for Foreign Residents in Japan by the Tokyo International Communication Committee (English, Chinese, Korean, easy Japanese, and Japanese)**

www.tokyo-icc.jp/guide_eng/index.html

● **Tokyo Fire Department Multilingual Page (English, Chinese, Korean, Thai, Filipino, and Japanese)**

www.tfd.metro.tokyo.lg.jp/eng/index.html

● **Tokyo Metropolitan Government Disaster Prevention Website (multilingual)**

www.bousai.metro.tokyo.lg.jp

● **Immigration Service Agency of Japan Website (English, Chinese, Korean, Portuguese, Spanish, and Japanese)**

www.immi-moj.go.jp/english/index.html

NHK World

In addition to your computer, NHK World TV and NHK World Radio are also available on your smartphone or tablet device if you download a specialized free app.

● **NHK World TV (English)** <https://www3.nhk.or.jp/nhkworld/>

● **NHK World Radio Japan (Japanese and 17 other languages):** Find the link for your language on the website above.

**Emergency
Numbers**

Police

110

In the event of a crime or accident

Fire
Department

119

To report a fire or to call for help or an ambulance

List of Hospitals and Clinics With English-Speaking Staff and Female Doctors

It can be tough for Muslim travelers if you happen to become ill or injured during your trip, especially for women. However, there are many hospitals and clinics throughout Tokyo with women doctors on staff. What's more, all of the facilities listed here have English-speaking staff. Enjoy your time in Tokyo with added peace of mind!

*Due to working schedules, we cannot guarantee that female doctors or English-speaking staff are available 24/7.

*Please contact the facility you intend to visit by phone and speak to the staff before arriving.

Internal Medicine

Kioicho Naika Clinic

紀尾井町内科

📍 03-6265-6500

Weekdays 9:30–12:30, 14:00–17:30
Reservation required for Friday afternoon
Closed days: Sat, Sun, hols
KKD Bldg. 1F, 3-1 Kioi-cho, Chiyoda City
kioichonaika.jp/

1 D-5



Internal Medicine, Surgical Department, Dermatology

Skin & General Asai Clinic

浅井医院

📍 03-3261-0453

Reservations possible hours
9:00–12:30, 14:30–17:00
Closed days: Wed, Sat, Sun, hols
3-7-24 Koji-machi, Chiyoda City
www.asai-iin.com/

2 E-5



General Hospital, Emergency

St. Luke's International Hospital

聖路加国際病院

📍 03-3541-5151

General Internal Medicine 8:30–11:00
Other departments by appointment only,
Emergency department available 24 hours
Closed days: Sat, Sun, hols
9-1 Akashi-cho, Chuo City
hospital.luke.ac.jp/eng/

3 G-6



Internal Medicine, Diabetes/Endocrinology, Hepatology/Gastroenterology


Takahashi Clinic

高橋医院

📍 03-3551-5955

9:30–13:00, 15:00–18:30
Closed days: Mon (afternoon), Fri (morning),
Sat, Sun, hols
Takahashi Bldg. 1F, 3-26-8 Hatchobori,
Chuo City
www.hatchobori.jp/english/

4 G-5



Internal Medicine, Allergy, Dermatology

Daimon Medical Clinic

大門メディカルクリニック

📍 03-6435-6056

Weekdays 12:00–14:15, 16:00–19:00
Closed days: Sat, Sun, hols
SVAX Hamamatsu-cho II Bldg. 5F,
2-1-16 Hamamatsu-cho, Minato City
www.daimonclinic.jp/en/doctor-2/

5 E-7




Internal Medicine, Vaccination, Medical Check-up

International Health Care Clinic

インターナショナルヘルスケアクリニック

📍 03-3501-1330

Tue-Fri 10:00–12:15, 15:30–18:15
Closed days: Mon, Sat, Sun, hols
Sueyoshi Bldg.3F, 2-10-5 Shimbashi,
Minato City
www.ihc-clinic.jp/en/

6 E-6



General Clinic

Tokyo Medical & Surgical Clinic

トウキョウ メディカル アンド サージカル クリニック

📍 03-3436-3028

Weekdays 9:00–17:00; Sat 9:00–12:30
Closed days: Sun, hols
32 Shiba-koen Bldg. 2F, 3-4-30 Shiba-koen,
Minato City
tmsc.jp/

7 E-6





General Hospital, Emergency

Tokyo Saiseikai Central Hospital

東京都済生会中央病院

☎ 03-3451-8211

Mon-Sat 8:00-11:30
Emergency department available 24 hours
Closed days: Sun, hols, 2nd and 4th Sat
1-4-17 Mita, Minato City
www.saichu.jp/english/home/



8 E-7

General Hospital, Emergency

Tokyo Takanawa Hospital

東京高輪病院

☎ 03-3443-9191

Reception hours 8:30-11:30
Language Services 8:30-17:15
Closed days: Sat, Sun, hols
3-10-11 Takanawa, Minato City
takanawa.jcho.go.jp/international-assistance-service/



9 D-8

Internal Medicine, Neurology, Cardiology, Respiratory Medicine

Toranomon Toma Clinic

虎ノ門とうまクリニック

☎ 03-3502-4080

10:00-13:00, 15:30-19:00
Closed days: Sat, Sun, hols
Toranomon Chuo Bldg. 4F, 1-1-16
Toranomon, Minato City
www.toranomon-toma-clinic.com/eng/index.htm



10 E-6

Internal Medicine, Pediatrics, Dermatology, Travel Medicine

Navitas Clinic Shinjuku

ナビタスクリニック新宿

☎ 03-5361-8383

Mon-Fri 10:00-13:00, 15:00-21:00
Sat 10:00-14:00; Sun, hols 10:00-17:00
*Check the website as consultation hours/days vary by department.
Closed days: Year-end and New Year
NEWoMan Bldg. 7F, 4-1-6 Shinjuku, Shinjuku City
www.navitasclinic.jp/clinic/shinjuku/



11 B-4

Internal Medicine, Ophthalmology, Travel Medicine, Medical Check-up

Shinagawa East Clinic

品川イーストクリニック

☎ 03-5783-5521

Internal medicine and Travel Medicine 10:30-14:00, 15:15-18:30
Ophthalmology 15:15-18:30
Medical check up 9:00- (Reservation required)
Closed days: Sat, Sun, hols
Shinagawa Intercity B Bldg. 2F, 2-15-2
Kouan, Minato City
e-clinic.gr.jp/en/index.html



12 E-9

Internal Medicine, Pediatrics, Dermatology, Allergy

Miwa Medical Clinic

美和メディカルクリニック

☎ 03-5770-3855

Weekdays 9:20-12:30, 16:20-19:00
Sat 9:20-12:30, 16:20-18:00
Closed days: Thu (morning),
1st, 3rd and 5th Sat, Sun, hols
Aoyama R Bldg. 4F, 4-2-17 Jingu-mae, Shibuya City
www.miwamedical.net



13 C-6

General Hospital, Emergency

Tokyo Metropolitan Hiroo Hospital

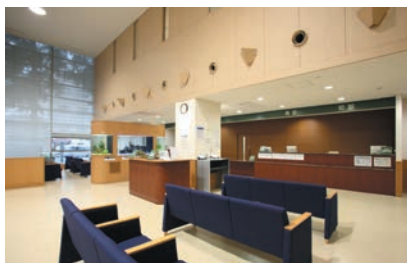
東京都立広尾病院

☎ 03-3444-1181 / 03-3446-8331(Reservation)

Weekdays 9:00-17:00; Sat 9:00-11:30
Closed days: Sun, hols
2-34-10 Ebisu, Shibuya City
www.byouin.metro.tokyo.jp/hiroo/english/index.html



14 D-7



POINT-AND-ASK GUIDE

EAT

肉 Meat	牛肉 Beef	豚肉 Pork	鶏肉 Chicken	羊肉 Lamb/Mutton	魚 Fish	貝類 Shellfish
野菜 Vegetables	きのこ Mushrooms	醤油 Soy sauce	味噌 Miso	酢 Vinegar	みりん Mirin	

Q 私はムスリムです。豚肉が食べられません。アルコールが飲めません。
I am a Muslim. I cannot eat pork or drink alcohol.

A はい、わかります。
I understand. That's no problem.

A 申し訳ありませんが、あなたの食事制限に合わせることはできません。
I'm very sorry, but we cannot comply with your dietary restrictions.

Q この店では豚肉を扱っていますか？
Does this shop handle pork products?

A はい
YES

A いいえ
NO

Q 英語のメニューはありますか？
Do you have an English menu?

A はい
YES

A 申し訳ありません。
I'm sorry, we do not.

Q この料理には豚肉、豚骨スープ、ラード、ゼラチンを含む調味料（醤油、味噌、みりん）を使用していますか？
Does this food use seasonings which include alcohol (soy sauce, miso, mirin) or products made from pigs (pork, pork-bone soup, lard, gelatin)?

A はい
YES

A いいえ
NO

Q この料理から _____ を取り除いてくれますか？
Can you remove the _____ from this food?

A はい
YES

A 申し訳ありません。
I'm sorry, we cannot.

Q お勧めの料理はどれですか？
Which dish do you recommend?

A _____。
I recommend the _____.

Q 洗面所はどこですか？
Where is the restroom?

A はこちらです。
It's over there.

A お願いします。
Please, follow me.

Q 礼拝をしたいのですが、場所を貸していただけませんか？
I wish to perform prayers. Will you please lend me a prayer space?

A こちらをご利用ください。
Please use this room.

A 申し訳ありません。
I'm sorry, but we do not have any rooms.

STAY

内科 Internal medicine	外科 Surgery	形成外科 Plastic surgery	婦人科 Gynecology	小児科 Pediatrics
耳鼻咽喉科 Otorhinolaryngology	眼科 Ophthalmology/ Eye clinic	歯科 Dentistry	総合病院 General Hospital	救急病院 Emergency Hospital

Q 荷物を預かっていただけますか？
Can you look after my luggage?

はい、何時までですか。
Yes. What time will you return here?

申し訳ありません。
I'm sorry, we cannot do that.

Q タクシーを呼んでいただけますか？
Will you call a taxi for me?

はい、どこまで行かれますか？
Certainly. Where would you like to go?

Q このホテルにはイスラム教のモスクやレストランはありますか？
Does this hotel have any restaurants suitable for Muslim diners?

はい、こちらです。
Yes, this restaurant is suitable.

申し訳ありません、ありません。
I'm sorry, there are no such restaurants here.

Q この近くに女性医師がいて、英語対応可能な病院はありますか？
Is there a nearby hospital where there are female, English-speaking doctors?

分ほどこかあります。
Please visit the _____.

It takes _____ minutes to get there.

近くにはありません。
No, there are none nearby.

SHOP

Q これはいくらですか？
How much does this cost?

日本円で税込 _____ 円です。
It costs _____ yen, including tax.

Q この店は免税になりますか？
Is this store a tax-free store?

はい、当店は免税店です。
Yes, it is.

いいえ、免税店ではありません。
No, it isn't.

Q クレジットカードは使えますか？
Can I use a credit card here?

はい、使えます。
Yes, you can.

日本円の現金のみです。
No, we only accept Japanese yen in cash.

Visa	JCB	MasterCard	Diners Club	American Express	クレジットカード UnionPay
------	-----	------------	-------------	------------------	----------------------



TOKYO MUSLIM

Travelers' Guide 2020-2021

Pray • Eat • Shop • Stay

 Welcome to TOKYO!

Tokyo Convention & Visitors Bureau
Nisehin Bldg, 6F, 346-6 Yamabuki-cho, Shinjuku-ku, Tokyo 162-0801, Japan
2020/03

GO-TOKYO
The Official Tokyo Travel Guide
www.gotokyo.org

TokyoTokyo

