

One More Step from **TOKYO**



Japan's capital, Tokyo, is a stunning metropolis visited by people from all over the globe. It offers a wide array of gourmet food from different regions in Japan and is a great destination to experience authentic Japanese culture. However, what makes the city so special are the people and things happening there.

With convenient access to train stations and airports, Tokyo is the perfect gateway to the rest of Japan, meaning you can easily make your holiday more enjoyable by adding other destinations to your itinerary. Travel outside of Tokyo for a different experience, which will definitely give you more reason to fall inlove with Japan.

If you are already
in love with **Tokyo**
and want to know
more about **Japan**,
then it's time to plan
your next trip.



**One More Step
from TOKYO**



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= UNESCO World Heritage

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TOKYO × RESEARCH ONLINE

The detail of the recommended routes in this booklet can also be found on TOKYO x **TOHOKU**, **HOKURIKU**, **CHUGOKU + SHIKOKU** and **KYUSHU**'s website. Try a keyword search using the name of the region or theme.

Tourism of ALL JAPAN × TOKYO
www.tourism-alljapanandtokyo.org



**TOHOKU
× TOKYO**



**HOKURIKU
× TOKYO**



**CHUGOKU +
SHIKOKU
× TOKYO**



**KYUSHU
× TOKYO**



The name of the region

Theme

Recommended scenic route

Click here for the traveler's itinerary

MIRAI & SAMURAI **Fukushima**

Tsuruga-jo Castle is the symbol of the Samurai City Alzu. The last battle between the Alzu domain and Imperial forces took place here in 1868. Though damaged during the war, the castle was reconstructed in 1965.

Recommended scenic route

Day 1: Roppongi Art Complex (complex665) ▶ Hirakata — The National Museum of Emerging Science and Innovation ① ▶ Corridor Gai ▶ Tokyo Metropolitan Area

Day 2: Tokyo Station ▶ Koriyama Station ▶ Tsuruga-jo Castle ② ▶ Alzu Higashiyama Onsen Area

Day 3: Alzu Higashiyama Onsen Area ▶ Ouchi-juku ▶ Walking around Kitakata ▶ Iwaki-Yamato Onsen

Day 4: Iwaki-Yamato Onsen ▶ Shiranui Amide-do ▶ Iwaki Station ▶ Tokyo Station

Tokyo

Experience the future at this museum, which holds an amazing array of exhibitions on cutting-edge science and technology.

www.tohokuandtokyo.org/routes_22/

TOHOKU × TOKYO ONE MORE STEP FROM TOKYO

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FUKUSHIMA × TOKYO

MIRAI & SAMURAI

Visitors can get a feel for the future by experiencing high technology in Tokyo, and vicariously experience history and culture through the "Samurai City" of Alzu.

Official Tokyo Travel Guide
<http://www.gotokyo.org/en/>

Local government official website
<http://iplayfukushima.com/>

RECOMMENDED DESTINATIONS

About FUKUSHIMA

Click here for the hot spring itinerary

TRAVELER

Traveled : October, 2017
Christine Tran, Blogger
Reside in USA

Traveled : October, 2017
Melinda Joe
Journalist
Reside in Tokyo
Home country: USA

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Transportation

JAL JAPAN AIRLINES

ANA
Inspiration of JAPAN

360° VR VIDEO
TOHOKU × TOKYO

Recommended scenic routes



Built for the first feudal lord of the Sendai Domain, Date Masamune (1567-1636), the magnificent Zuihoden mausoleum takes after the Momoyama style of architecture, featuring intricate craftsmanship and extravagant decoration.

Recommended scenic route

- Day 1:** Nihombashi ① ▶ Meiji Jingu Shrine ▶ Nezu Museum ▶ Tokyo Metropolitan Area
- Day 2:** Tokyo Station ▶ Sendai Station ▶ **Zuihoden Mausoleum ②** ▶ Sendai Mediatheque ▶ Sendai City Area
- Day 3:** Sendai City Area ▶ The Nikka Whisky Sendai Factory Miyagikyo Distillery ▶ Akiu Kogei no Sato (Akiu Craft Park) ▶ Akiu Onsen Area
- Day 4:** Akiu Onsen Area ▶ Sendai Station ▶ Kataribe taxi ▶ Sendai Station ▶ Tokyo Station

Tokyo



Nihombashi flourished over 300 years ago as a town of merchants. Today the streets are lined with long-standing shops and high-end department stores.



Experience Samurai Culture



www.tohokuandtokyo.org/route_23/



© Aizuwakamatsu City

2 Tsuruga-jo Castle

Tsuruga-jo Castle is the symbol of the Samurai City Aizu. The last battle between the Aizu domain and Imperial forces took place here in 1868. Though damaged during the war, the castle was reconstructed in 1965.

Recommended scenic route

Day 1: Roppongi Art Complex (complex665) ▶

Miraikan — The National Museum of Emerging Science and Innovation 1 ▶
Corridor Gai ▶ Tokyo Metropolitan Area

Day 2: Tokyo Station ▶ Koriyama Station ▶ **Tsuruga-jo Castle 2** ▶
Aizu Higashiyama Onsen Area

Day 3: Aizu Higashiyama Onsen Area ▶ Ouchi-juku ▶
Walking around Kitakata ▶ Iwaki-Yumoto Onsen

Day 4: Iwaki-Yumoto Onsen ▶ Shiramizu Amida-do ▶ Iwaki Station ▶
Tokyo Station



www.tohokuandtokyo.org/route_22/

Tokyo



Experience the future at this museum, which holds an amazing array of exhibitions on cutting-edge science and technology.



Recommended scenic route

- Day 1:** Imperial Palace ❶ ▶ Saideigama Pottery ▶ Houseboat ▶ Tokyo Metropolitan Area
Day 2: Tokyo Station ▶ Kanazawa Station ▶ **Kenroku-en Garden ❷** ▶ Kanazawa City Area
Day 3: Kanazawa City Area ▶ D. T. Suzuki Museum ▶ Yamanaka Onsen Area
Day 4: Yamanaka Onsen Area ▶ Kakusenkei Gorge ▶ Natadera Temple ▶ Komatsu Airport ▶ Haneda Airport

Kenroku-en Garden is a strolling garden rated as one of the three most beautiful gardens in Japan. During the Edo period (1603-1868), Kenroku-en Garden was founded and extended over generations by the feudal lords of Kaga as a typical Daimyo (feudal lord) garden. In winter, you can see how the traditional gardening technique yukizuri is used to protect tree branches from damage under the weight of piling snow.

Tokyo



The Imperial Palace (Kokyo) is a large estate in the Chiyoda ward with many areas open to the public, including The East Gardens, Kitanomaru Park, and the Kogyogaien National Gardens.



www.hokurikuandtokyo.org/route_6/



Experience Samurai Culture



2 Bitchu Matsuyama Castle

Enchantingly known as the “Castle, in the Sky,” Bitchu Matsuyama Castle is the only mountaintop castle among the 12 castles with existing castle towers in Japan and offers magnificent views from its setting near the mountain peak. With luck, you may witness the rare sight of the castle floating above the clouds in the early morning during the autumn to spring seasons.

Recommended scenic route

- Day 1:** TOKYO SKYTREE ① ▶ Edo-Tokyo Museum ▶ Rikugien Gardens ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Okayama Momotaro Airport ▶ Okayama Korakuen Garden and Okayama Castle ▶ Okayama City Area
Day 3: Okayama City Area ▶ Bitchu Matsuyama Castle ② ▶ Fukiya Furusato Village ▶ Kurashiki City Area
Day 4: Kurashiki City Area ▶ Kurashiki Bikan Historical Quarter ▶ Okayama Momotaro Airport ▶ Haneda Airport

Tokyo



The 634-meter TOKYO SKYTREE offers sweeping views of the metropolis and beyond from the observatory and a modern shopping complex and retro shopping streets at its feet.

Okayama



www.chushikokuandtokyo.org/route_21/



Chūson-ji was originally founded in the 9th century by a monk named Jikaku Daishi. In the 12th century, the first Ōshū Fujiwara lord, Kiyohira, commissioned the construction of a massive temple complex here. Though many of the completed temples were burned down in the 14th century, the area is still a treasure trove of Heian art.

Recommended scenic route

- Day 1:** Kichijoji ▶ **Shibuya ①** ▶ Shinjuku Gyoen Garden ▶ Tokyo Metropolitan Area
- Day 2:** Tokyo Station ▶ Ichinoseki Station ▶ Geibikei Gorge ▶ **UNESCO World Heritage Site Chūson-ji Temple ②** ▶ Hanamaki Onsen Area
- Day 3:** Hanamaki Onsen Area ▶ Koiwai Farm ▶ Morioka Station ▶ Tokyo Station

Tokyo



Shibuya is where the latest trends in Japanese fashion and entertainment begin. Experience the area's vibrant, youthful atmosphere when you visit.

© Chūson-ji Temple



Heritage of Faith and Traditions



www.tohokuandtokyo.org/route_19/



2 Hagurosan Goju no to (five-storied pagoda)

Hagurosan (Mt. Haguro) is one of the three holy mountains known collectively as Dewa Sanzan. The current 29-meter-high, three-section, five-storied, shingled wooden pagoda was rebuilt about 600 years ago. A total of 2,446 stone steps along an avenue of cedar trees serve to create a sacred atmosphere.

Tokyo



1 Kanda Myojin Shrine

Founded in 730, the historic Kanda Myojin Shrine is dedicated to a deity known as the guardian of prosperity within family, marriage, business, and protection against evil.

Recommended scenic route

- Day 1:** Hatonomori Hachiman Shrine ► **Kanda Myojin Shrine ①** ► Jimbocho Used Book Town ► Tokyo Metropolitan Area
- Day 2:** Haneda Airport ► Shonai Airport ► Somaro ► Yunohama Onsen Hot Springs Area
- Day 3:** Yunohama Onsen Hot Springs Area ► Fruit Picking ► Atsumi Onsen Hot Springs Area
- Day 4:** Atsumi Onsen Hot Springs Area ► **Hagurosan Goju no to (five-storied pagoda) ②** ► Shonai Airport ► Haneda Airport





2 Daihonzan Eiheiji Temple

Founded over 770 years ago as a training monastery for Zen Buddhism, Daihonzan Eiheiji Temple continues to be a key training ground with around 200 monks devoting themselves to the strict practice of Zen meditation. Stroll the cleanly swept, quiet temple premises surrounded by ancient cedar trees and experience the spirit of Zen.

Tokyo



1 The Sumida Hokusai Museum

Photos: Ohashi Yosuke

The Sumida Hokusai Museum introduces works of ukiyo-e woodblock print artist Katsushika Hokusai, along with a life-size model of his art studio that lets visitors get a glimpse of the final years of the artist's life.

Recommended scenic route

- Day 1: The Sumida Hokusai Museum 1** ▶
 TOKYO CRUISE Sumidagawa Line ▶
 Happo-en: Enju ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Komatsu Airport ▶ Tojinbo ▶
 Fukui Prefectural Dinosaur Museum ▶
- Daihonzan Eiheiji Temple 2** ▶
 Overnight Stay Program at Temple
- Day 3:** Daihonzan Eiheiji Temple ▶
 Echizen Washi Village ▶
 Kanazawa Station ▶
 Tokyo Station



Fukui

Tokyo



www.hokurikuandtokyo.org/route_8/



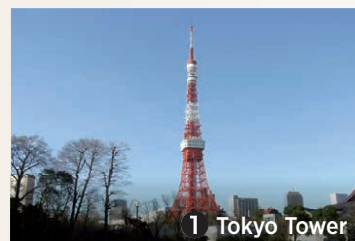


2 Mitokusan Sanbutsu-ji Temple

© Tottori Pref.

Nageire-do of Mitokusan Sanbutsu-ji Temple Okunoin hall, built in the late Heian period (1086-1184), is a designated National Treasure and famous for being a rare structure built on a sheer vertical cliff face. Legend has it that the structure was thrown up (nageire in Japanese) from the ground by the spiritual power of En no Ozuno, the founder of the "mountain religion" Shugendo.

Tokyo



1 Tokyo Tower

The 333-meter Tokyo Tower celebrated its 60th anniversary in 2018 and has long been recognized as the city's symbol not just by Tokyoites but by visitors from around the world as well.

Recommended scenic route

Day 1: Tokyo Tower ① ▶ Omotesando ▶ Yoyogi Park ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Tottori Sand Dunes Conan Airport ▶

Mitokusan Sanbutsu-ji Temple ② ▶

Misasa Hot Springs Area

Day 3: Misasa Hot Springs Area ▶ Pear Picking ▶

The Tottori Sand Dunes, The Sand Museum ▶

Tottori City Area

Day 4: Tottori City Area ▶ Ishitani Residence ▶

Tottori Sand Dunes Conan Airport ▶

Haneda Airport



www.chushikokuandtokyo.org/route_20/





2 Izumo Taisha Grand Shrine

Sacred Dance Hall

Recommended scenic route

- Day 1:** Shibuya ▶ **Harajuku Takeshita Street ①** ▶ Daikanyama ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Izumo Enmusubi Airport ▶ **Izumo Taisha Grand Shrine ② ③** ▶ Yunotsu Hot Springs Area
- Day 3:** Yunotsu Hot Springs Area ▶ UNESCO World Heritage Site Iwami Ginzan Silver Mine ▶ Matsue Castle ▶ Matsue City Area
- Day 4:** Matsue City Area ▶ Adachi Museum of Art ▶ Izumo Enmusubi Airport ▶ Haneda Airport



3 Main Hall

Izumo Taisha Grand Shrine is an ancient shrine documented in the Kojiki, the oldest historical chronicles of Japan. The shrine's Sacred Dance Hall has a 13-meter, 5-ton twisted straw rope which cordons off a consecrated area. The rope is one of the largest in Japan.

Tokyo

1 Harajuku Takeshita Street

Takeshita Street is one of the most crowded streets in Tokyo, packed with visitors and locals looking for the trendiest items.



www.chushikokuandtokyo.org/route_19/





Recommended scenic route

Day 1: Shibuya ▶ Nezu Museum ▶ **BOOK AND BED TOKYO ①**

Day 2: Haneda Airport ▶ Fukuoka Airport ▶ Nagahama Fish Market (Chuo Ward, Fukuoka City) ▶ Kushida Shrine ▶ Fukuoka City Area

Day 3: Fukuoka City Area ▶ THE RAIL KITCHEN CHIKUGO ▶ **Dazaifu Tenmangu ②** ▶ Kyoho Winery ▶ Harazuru Onsen Area

Day 4: Harazuru Onsen Area ▶ Acros Fukuoka ▶ Ohori Park ▶ Fukuoka Airport ▶ Haneda Airport

Dazaifu Tenmangu is a shrine that worships Sugawara Michizane, a high-ranking government official who was exiled to Dazaifu and later became known as the "God of Literature." The shrine is home to camphor and plum trees, as well as Japanese irises that bloom every season.

Tokyo



Sleep in a library of books in this bookstore-themed hostel based at Ikebukuro. Definitely a must visit for book lovers!



www.kyushuandtokyo.org/route_16/



2 Usa Jingu Shrine

Recommended scenic route

- Day 1:** Kappabashi Kitchenware Town ▶ **Sushi Making Experience (Hassan) ①** ▶ Ameyoko (Shopping Street) ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Oita Airport ▶ Kitsuki Castle Town ▶ Bungo-Ono City Area
- Day 3:** Bungo-Ono City Area ▶ Yufuin Onsen Area
- Day 4:** Yufuin Onsen Area ▶ **Usa Jingu Shrine ②** ▶ Oita Airport ▶ Haneda Airport


www.kyushuandtokyo.org/route_19/

The main sanctum for the more than 40,000 *Hachiman* shrines across Japan, Usa Jingu Shrine and the surrounding Kunisaki Peninsula have a deep history as the birthplace of the Rokugo Manzan culture, a fusion of Shinto and Buddhist cultures. The main hall of Usa Jingu Shrine has been designated as a National Treasure.

Tokyo



Learn about the history of sushi, Japan's famous traditional dish, and watch the fish being prepared and get lessons on making your own sushi by skilled chefs. After enjoying lunch, you'll receive a certificate to show that you've completed the sushi experience.





2 Aoshima Shrine

Recommended scenic route

Day 1: Tsukiji Outer Market ▶ Hama-rikyu Gardens ▶ **Water Bus ①** ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Miyazaki Bougainvillea Airport ▶ Takachiho Gorge ▶ Takachiho Area
Day 3: Takachiho Area ▶ Udo Shrine ▶ Obi Castle ▶ Nichinan City Area
Day 4: Nichinan City Area ▶ **Aoshima Shrine ②** ▶ Miyazaki Bougainvillea Airport ▶ Haneda Airport

Surrounded by mysterious rock formations called the “Devil’s Washboard,” Aoshima is a small and beautiful island with Aoshima Shrine located at its center. The contrast between the shrine and the subtropical plants creates a unique atmosphere.

Tokyo



© TOKYO MIZUBE CRUISING LINE

Enjoy a magnificent view of Tokyo along the water route riding aboard a comfortable water bus.



www.kyushuandtokyo.org/route_20/

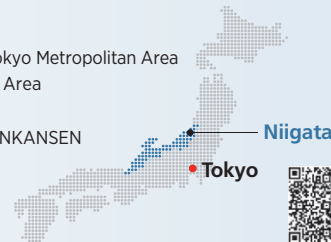


2 Sado Kinzan Gold Mine

© Takehiko Ikeda

Recommended scenic route

- Day 1:** TOKYO SKYTREE ① ▶ VR NINJA DOJO ▶ Kanda (Izakaya Experience) ▶ Tokyo Metropolitan Area
Day 2: Tokyo Station ▶ Niigata Station ▶ **Sado Kinzan Gold Mine ②** ▶ Sado City Area
Day 3: Sado City Area ▶ Tarai-bune (Tub boat) Rides ▶ Niigata City Area
Day 4: Niigata City Area ▶ Gotokuya Jube Photoshoot (Geisha Style) ▶ GENBI SHINKANSEN
 ▶ Tokyo Station



www.hokurikuandtokyo.org/route_5/

Sado Kinzan Gold Mine on Sado Island has been excavated for more than 400 years, ever since the mine was first established in 1601. Located in the Sea of Japan, Sado Island is brimming with nature and remnants of more ancient times. The island's rare and fascinating sights and history of mining continues to attract visitors.

Tokyo



1 TOKYO SKYTREE

The 634-meter TOKYO SKYTREE offers sweeping views of the metropolis and beyond from the observatory and a modern shopping complex and retro shopping streets at its feet.



Historical Strolls



The small mountain village of Ainokura Gassho in Gokayama is one of the few places in all of Japan where you can find the 20 traditional “gassho-style” thatched roof houses. The calm, relaxing simple lifestyle there will help take your mind off the hustle and bustle of everyday city life.

Tokyo



More than just a view, SKY CIRCUS Sunshine 60 Observatory offers a full-sensory experience featuring 4D entertainment with cutting-edge virtual reality technology.

Recommended scenic route

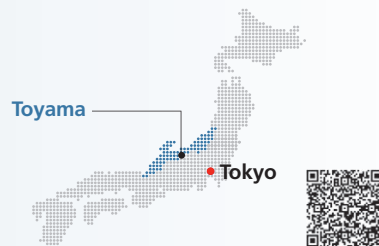
Day 1: SKY CIRCUS Sunshine 60 Observatory ① ▶ Akihabara ▶ Harajuku Takeshita Street ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Toyama Kitokito Airport ▶ Toyama Station ▶ Inami (Yokamachi Dori) ▶

UNESCO World Heritage Site Historic Village of Gokayama ② ▶ Gokayama Gassho-style village

Day 3: Gokayama Gassho-style village ▶ Mt. Tateyama Area

Day 4: Mt. Tateyama Area ▶ Tateyama Kurobe Alpine Route ▶ Nagano Station ▶ Tokyo Station



www.hokurikuandtokyo.org/route_7/



2 Onomichi Town

Recommended scenic route

Day 1: Tokyo City View ▶ Kimono Gallery ▶ **SKY BUS TOKYO (Odaiba Night Course) ①** ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Hiroshima Airport ▶ Miyajima Sea Kayaking ▶ Hiroshima City Area
Day 3: Hiroshima City Area ▶ Hiroshima Peace Memorial Park ▶ Shimanami Kaido Cycling ▶ Onomichi U2 Hotel Cycle
Day 4: Onomichi U2 Hotel Cycle ▶ **Onomichi Town ②** ▶ Hiroshima Airport ▶ Haneda Airport

Onomichi is a small town facing the Seto Inland Sea. Built at the foot of three mountains and overlooking the sea, it is often chosen as the backdrop for movies. Buddhism is quite prominent in this part of Japan, making it a great location for touring old temples.

Tokyo



The open-top double-decker bus tour gives passengers the chance to savor the stunning views and vibrant nightlife of Tokyo.



www.chushikokuandtokyo.org/route_22/





2 Awaodori Kaikan

Awaodori is one of the most famous traditional Japanese performance with a 400-year history, and over a million spectators and dancers take part in the annual Tokushima City's Awaodori Dance Festival in August. At this museum, experience Awaodori year-round through demonstrations and learn about the history of this passionate dance.

Recommended scenic route

Day 1: Koishikawa Korakuen Gardens ▶ **Ninja Experience (Ninja Trick House)** ① ▶ Shinjuku (Izakaya Experience) ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Tokushima Awaodori Airport ▶ Naruto Whirlpools ▶ **Awaodori Kaikan** ② ▶ Tokushima City Area

Day 3: Tokushima City Area ▶ Tairyuji Ropeway ▶ Anan City Area

Day 4: Anan City Area ▶ Hiwasa Hachiman Shrine Autumn Festival ▶ Tokushima Awaodori Airport ▶ Haneda Airport

Tokyo



1 Ninja Experience (Ninja Trick House)

Shinjuku's Ninja Trick House offers fun for the whole family with sword trick and ninja star throwing experiences in addition to photo sessions with ninjas.

Tokushima

Tokyo



www.chushikokuandtokyo.org/route_24/



2 Kashima City (Yutoku Inari Shrine)

Travel back in time when you visit Kashima City's Hizen Hamashuku. This post station from the Edo period (1603-1868) is lined with samurai residences and sake breweries. Due to its historical significance, it has been designated as an "Important Preservation District for Groups of Traditional Buildings." Another must-see is Yutoku Inari Shrine, one of the three great inari shrines in Japan with its distinctive beautiful red lacquer.

Recommended scenic route

Day 1: Shibamata ① ▶ Meiji Jingu Shrine ▶ Shinjuku (Izakaya Experience) ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Saga Airport ▶ Saga City Mountain Area (Hizen Nao Washi paper Making Experience, Farm-inn "Guza") ▶ Ureshino Onsen Area

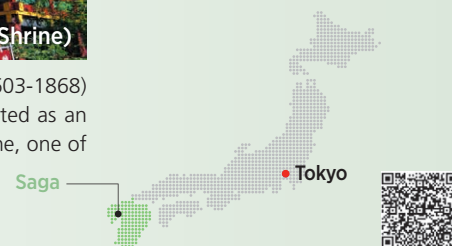
Day 3: Ureshino Onsen Area ▶ **Kashima City (Wood carving workshop "Sugicho," Hizen-Hamashuku inn town, Yotoku Inari Shrine) ②** ▶ Tara Town ▶ Tara Town Area

Day 4: Tara Town Area ▶ Saga City ▶ Saga Airport ▶ Haneda Airport

Tokyo



Catch a glimpse of older times as you stroll through Shibamata's spectacular Taishakuten Temple, nostalgic shops and restaurants. Grab some o-dango and senbei to snack on along your way.



www.kyushuandtokyo.org/route_22/



Historical Strolls



Matsushima features an exceptional view of approximately 260 islands, all of different sizes. The appearance of these islands changes according to season, time of day, and point of observation – making them a unique natural wonder. A sightseeing cruise is a great way to enjoy the views here.

Recommended scenic route

- Day 1: Tea Experience (Jugetsudo Ginza) ①** ▶ Tsukishima (Monja) ▶
Sake Tasting Experience at the Japanese Sake and Shochu Information Center ▶
Tokyo Metropolitan Area
- Day 2:** Tokyo Station ▶ Sendai Station ▶ **Matsushima ②** ▶
Otaka-Mori ▶ Oku-Matsushima
- Day 3:** Oku-Matsushima ▶ Tsukihama Public Beach ▶
Sendai Station ▶ Tokyo Station



www.tohokuandtokyo.org/route_17/

Tokyo



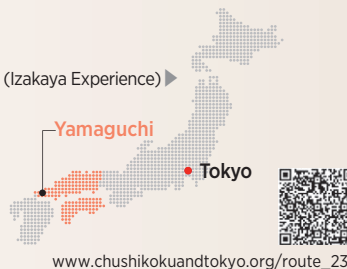
Enclosed by 3,000 pieces of bamboo, the chic café Jugetsudo provides a popular Japanese tea tasting experience in English.



Tsunoshima Ohashi bridge is one of the longest toll-free public roads in Japan, extending over a length of 1,780 meters. Hanging over a beautiful cobalt blue sea, the bridge has been used as a location for numerous movies, commercials, and television programs.

Recommended scenic route

- Day 1: Tokyo Panorama Drive (Hato Bus tour) ①** ▶ Tokyo City View ▶ Shinjuku (Izakaya Experience) ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Iwakuni Kintaikyo Airport ▶ Kintaikyo Bridge ▶ Hagi Hot Spring Village
- Day 3:** Hagi Hot Spring Village ▶ Hagi Castle Town and Hagi Meirin Gakusha (school house) ▶ **Tsunoshima Ohashi ②** ▶ Nagato Yumoto Onsen Area
- Day 4:** Nagato Yumoto Onsen Area ▶ Karato Fish Market ▶ Yamaguchi Ube Airport ▶ Haneda Airport



www.chushikokuandtokyo.org/route_23/



Scenic Beauty

Tokyo



A one hour ride on this open-top double-decker bus takes you to see major attractions such as Tokyo Tower and the Rainbow Bridge.



2 Ritsurin Garden

Ritsurin Garden was originally a villa owned by the feudal lords of the Takamatsu Domain during the Edo Period. The construction took over 100 years to complete. As might be expected from a garden designed to be enjoyed on foot, every step you take offers a different perspective. It's featured on the Michelin Green Guide Japan with a three star rating.

Recommended scenic route

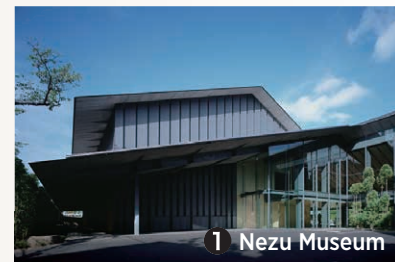
Day 1: Akihabara ▶ Harajuku Takeshita Street ▶ **Nezu Museum ①** ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Takamatsu Airport ▶ Kotohira-gu Shrine ▶ Takamatsu City Area

Day 3: Takamatsu City Area ▶ Naoshima ▶ Teshima ▶ Shodoshima Area

Day 4: Shodoshima Area ▶ Twenty-four Eyes Movie Village ▶ **Ritsurin Garden ②** ▶ Takamatsu Airport ▶ Haneda Airport

Tokyo



1 Nezu Museum

© Fujisaka Mitsumasa

The museum is set in a lush 17,000 square meter Japanese garden, making it an enjoyable place to appreciate antique artworks.



www.chushikokuandtokyo.org/route_14/



2 Viewing the Aso Volcanic Crater

Recommended scenic route

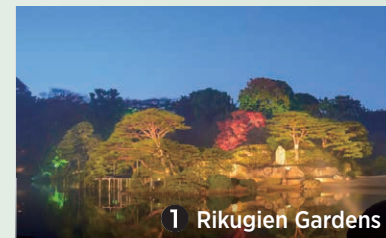
- Day 1: Rikugien Gardens ①** ▶ The Sumida Hokusai Museum ▶ Tokyo City View ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Aso Kumamoto Airport ▶ **Viewing the Aso Volcanic Crater ②** ▶ Aso Area
Day 3: Aso Area ▶ Cycling Experiences ▶ Kurokawa Onsen Area
Day 4: Kurokawa Onsen Area ▶ Kumamoto Castle ▶ Aso Kumamoto Airport ▶ Haneda Airport

The first crater of Mt. Nakadake, part of the five peaks surrounding the Aso Volcano, is one of the few tourist destinations in the world where you can experience volcanic activities up close. The spectacular emerald green caldera lake is a must-see. Enjoy Kumamoto's world-class natural beauty in Aso.



Scenic Beauty

Tokyo



1 Rikugien Gardens

© Sotococo340

Constructed on land given to the Shogun in 1695, Rikugien Gardens feature beautiful man-made landscapes in the Edo period (1603-1868) strolling garden style.



www.kyushuandtokyo.org/route_18/



Sakurajima, 1,117 meters above sea level with a circumference of 52 kilometers, is a renowned active volcano in Japan, which is surrounded by Kinkowan Bay in Kagoshima Prefecture. Tourists come not only for the scenic beauty of the smoldering volcano but also for hot springs and sand baths (Ibusuki City) heated by active volcano.

Tokyo



“Under the Wave off Kanagawa from the series Thirty-six Views of Mount Fuji”
Collection: The Sumida Hokusai Museum

Katsushika Hokusai is a world-renowned ukiyo-e woodblock print artist. The Sumida Hokusai Museum showcases paintings by Katsushika Hokusai including the iconic work portraying Mt. Fuji, a symbol of Japan.

Recommended scenic route

Day 1: The Tokyo Sakura Tram (Toden Arakawa Line) ▶ **The Sumida Hokusai Museum ①** ▶ SKY BUS TOKYO (Odaiba Night Course) ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Kagoshima Airport ▶ **Sakurajima ②** ▶ Kagoshima City Area

Day 3: Kagoshima City Area ▶ Express Ibusuki no Tamatebako ▶ Chiringashima ▶ Sunamushi Onsen ▶ Kagoshima City Area

Day 4: Kagoshima City Area ▶ Kagoshima Airport ▶ Haneda Airport



www.kyushuandtokyo.org/route_21/



2 Oirase Stream Cycling

© Hoshino Resorts Oirase Keiryu Hotel

Recommended scenic route

Day 1: Todoroki Valley ▶ **Meiji Jingu Shrine ①** ▶ Yoyogi Park ▶ Tokyo Metropolitan Area

Day 2: Tokyo Station ▶ Shin-Aomori Station ▶ **Oirase Stream Cycling ②** ▶ Lake Towada Canoe Tour ▶ Oirase Keiryu Area

Day 3: Oirase Keiryu Area ▶ Tsuta Onsen Area ▶ Hakkoda Ropeway ▶ Shin-Aomori Station ▶ Tokyo Station

Oirase Stream is a 14-kilometer-long picturesque stream of the Oirase River that flows from Lake Towada to Yakeyama area. Cycling is the best way to enjoy Oirase. The cycling path is relatively flat and about the same height as the adjacent river. Electric bikes are available for rental.

Tokyo



1 Meiji Jingu Shrine

Established in 1920, Meiji Jingu Shrine is dedicated to Emperor Meiji and his consort Empress Shoken. The shrine is surrounded by an extensive planted forest and attracts a large number of visitors, especially during the New Year period.



Nature and Adventure

© Meiji Jingu



www.tohokuandtokyo.org/route_18/



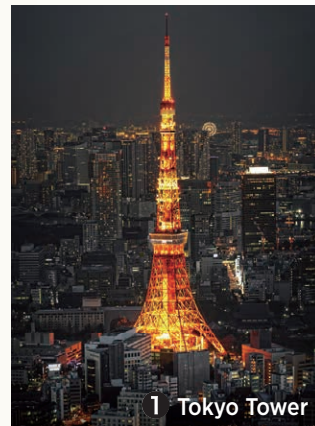
2 Tazawako Skiing Area

Tazawako Skiing Area is famous among skiers for its silky powder snow. Beginners, as well as professionals, can enjoy the adrenaline rush of sliding down slopes covered in soft deep powder snow.

Recommended scenic route

- Day 1:** Omotesando ▶ Marunouchi Naka-Dori Street ▶ **Tokyo Tower ①** ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Akita Airport ▶ **Tazawako Skiing Area ②** ▶ Nyuto Onsen Area ▶ Tazawako Area
Day 3: Tazawako Area ▶ Kakunodate Bukeyashiki-dori Street ▶ Paper Balloon Festival of Kamihinokinai ▶ Kakunodate Area
Day 4: Kakunodate Area ▶ Akita Airport ▶ Haneda Airport

Tokyo



1 Tokyo Tower

Tokyo Tower features a 150-meter-high and 250-meter-high observation decks where you can see the expanse of Tokyo and its evening lights.



www.tohokuandtokyo.org/route_20/





The Shimanami Kaido is a 70-kilometer “sea road” spanning across nine bridges and six islands that connect Ehime Prefecture to Hiroshima Prefecture. Its bicycle road is highly regarded by cyclists as one of the world’s best routes for its spectacular views. The numerous bicycle rental shops along the route allow cyclists to easily rent and return bicycles.

Recommended scenic route

- Day 1:** Tokyo City View ❶ ► Kimono Gallery ► SKY BUS TOKYO (Odaiba Night Course) ► Tokyo Metropolitan Area
Day 2: Haneda Airport ► Matsuyama Airport ► Matsuyama Castle ► Dogo Onsen Area
Day 3: Dogo Onsen Area ► Shimanami Kaido ❷ ► Dogo Onsen Area
Day 4: Dogo Onsen Area ► Iyonada Monogatari (sightseeing train) ► Matsuyama Airport ► Haneda Airport

Tokyo



Located on top of Roppongi Hills Mori Tower, Tokyo City View features an indoor observation gallery at 250 meters above sea level and a 360-degree-view outdoor Sky Deck, one of the highest open-air observatories in the Kanto region at 270 meters above sea level, with commanding views of various landmarks from the heart of the city.



Nature and Adventure



www.chushikokuandtokyo.org/route_26/



② Shimanto River

© withRIVER

Known as the “last pristine river in Japan,” the Shimanto River stretches 196 kilometers with numerous fun spots to immerse yourself in nature. Whether it be a slow and easy ride on a bicycle or canoeing, there is an infinite number of ways to enjoy the beauty of the river.

Recommended scenic route

- Day 1:** Asakusa ▶ Kimono Gallery ▶ **Odaiba Marine Park ①** ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Kochi Ryoma Airport ▶ Rafting on Yoshino River ▶ Kochi City Area
- Day 3:** Kochi City Area ▶ Farmer's Restaurant Shaenjiri ▶ **Shimanto River ②** ▶ Shimanto City Area
- Day 4:** Shimanto City Area ▶ Walking the Town of Nakatosa ▶ Kochi Ryoma Airport ▶ Haneda Airport



www.chushikokuandtokyo.org/route_27/

Tokyo



① Odaiba Marine Park

© 2017 Tokyo Port Terminal Corporation

Enjoy a grand day out at the family-friendly Odaiba Marine Park with a white sandy beach and great views of Tokyo Bay and the Rainbow Bridge.



2 Goto Islands Glamping

Recommended scenic route

- Day 1:** MORI Building DIGITAL ART MUSEUM: teamLab Borderless ① ▶ Shibuya ▶ Ebisu Yokocho ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Nagasaki Airport ▶ Goto Islands Glamping ②
- Day 3:** Goto Island Nature Experience ▶ Ojika Island Area (Stay at an old Japanese folk house)
- Day 4:** Ojika Island Area ▶ Kujukushima (Ninety-Nine Islands) ▶ Nagasaki Airport ▶ Haneda Airport

Nagasaki Prefecture has approximately 600 islands off its coast which feature adventurous hiking trails and stunning beaches. Also, they are home to many of the “Hidden Christian Sites,” all registered on the UNESCO World Heritage list. On these resplendent islands, glamping is the perfect way to relax and enjoy local cuisine while exploring the outdoors.

Tokyo



1 Mori Building DIGITAL ART MUSEUM: teamLab Borderless

This is an art world where you can touch and even become a part of the art. This museum is full of works depicting the ocean and the natural world.



www.kyushuandtokyo.org/route_17/



Nature and Adventure

teamLab: Exhibition view, MORI Building DIGITAL ART MUSEUM: teamLab Borderless, 2018, Odaiba, Tokyo © teamLab

© Nordisk Village Goto Islands



Japan Airlines Co., Ltd.



Japan Airlines (JAL) and the entire JAL Group hope to become the world's most preferred and valued airline group, and are working towards that goal each and every day. As technology evolves, with social media and other innovations catalyzing globalization at a greater rate than ever before, everyone at the JAL Group understands that customer expectations and demands are evolving, as well. In order to continue delivering the very best level of service and customer experience on every flight, JAL is committed to tackling new endeavors and taking on new challenges, while maintaining our strict standards of flight safety. We hope we can show you our passion for air travel on your next flight.

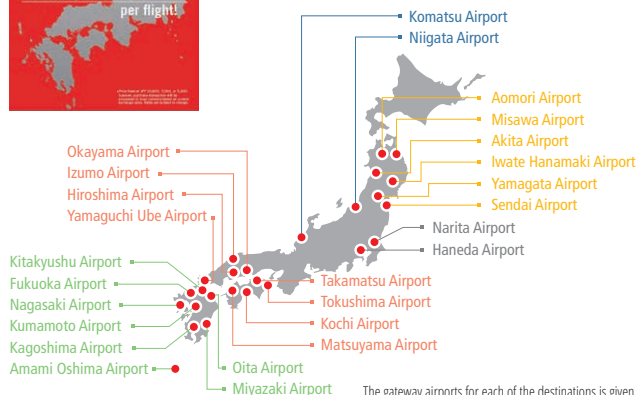


*Product information as of January, 2019



JAL Japan Explorer Pass is a simple and low cost fare for travelers wishing to explore the unique culture and feel of local Japan. The fare can be used to access over 30 cities across JAL's domestic network.

- Only individuals residing outside Japan with a return ticket leaving Japan are eligible to purchase JAL Japan Explorer Pass fares.
- Reservation and purchase of domestic flight sectors must be completed through JAL's website.



The gateway airports for each of the destinations is given on this brochure.

www.world.jal.co.jp/world/jep/



ALL NIPPON AIRWAYS CO., LTD (ANA) is Japan's largest airline company. ANA has been awarded the respected five stars rating for the seven consecutive years by Skytrax, one of the world's leading airline and airport review sites.

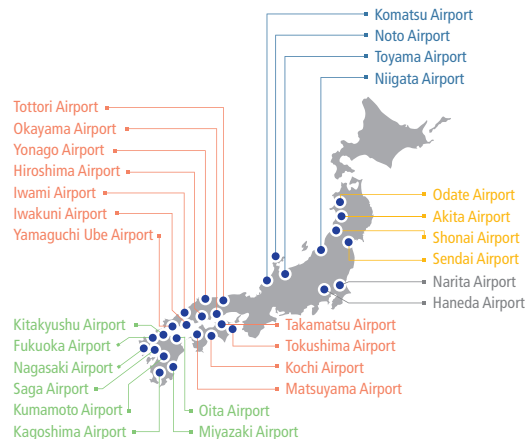
To introduce Japan's hidden treasures to the entire world, ANA offers website "Japan Travel Planner." You can create a travel plan simply by selecting the places you want to visit. What will you choose? To let overseas visitors to explore Japan easily, ANA introduces "ANA Discover JAPAN Fare," a discount fare for Japan Domestic Flights. Please visit the ANA website for more details.



*Product information as of January, 2019

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West Japan Railway Company

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APPROVAL NO. G602972



The West Japan Railway Company, also known as JR West, operates railways in Osaka, Kyoto and the rest of western Japan. Kansai-Airport Express “HARUKA” which is covered in Hello Kitty - themed illustrations offers great access to city centers, and for trips to the Sanyo-San’in area, the Sanyo Shinkansen and the “Super Hakuto” and “Yakumo” limited express trains are convenient. Take the “Thunderbird” Limited Express from Osaka to visit the Hokuriku region, where you can also travel to Tokyo on the Hokuriku Shinkansen. Use the “JR-WEST RAIL PASS” for unlimited rides and have a convenient travel by train.

✓ Other inexpensive and convenient passes are also available. Great range of products!! ✓

Product name	Validity	Price	
		Purchasing outside Japan	Purchasing in Japan
Kansai WIDE Area Pass	5-day	9,200 yen	10,200 yen
Kansai-Hiroshima Area Pass	5-day	13,700 yen	14,700 yen
Osaka-Hakata 'Setouchi Area Pass'	5-day	17,310 yen	18,330 yen
Osaka-Hakata 'Sanyo-San'in Area Pass'	7-day	19,400 yen	20,400 yen
Sanyo-San'in Northern Kyushu Pass	7-day	22,400 yen	23,420 yen
Hiroshima-Yamaguchi Area Pass	5-day	11,200 yen	12,200 yen
Okayama-Hiroshima-Yamaguchi Area Pass	5-day	13,700 yen	14,700 yen
San'in-Okayama Area Pass	4-day	4,580 yen	5,600 yen
Hokuriku Area Pass	7-day	15,270 yen	16,290 yen
Hokuriku Area Pass	4-day	5,090 yen	5,600 yen
Osaka-Tokyo 'Hokuriku Arch Pass'	7-day	24,440 yen	25,460 yen
Osaka-Hokuro 'Takayama-Hokuriku Area Tourist Pass'	5-day	14,260 yen	15,280 yen

*Product information as of Oct, 2019

JR-WEST Online train reservation
www.westjr.co.jp/global/en/ticket/overview/



CHUGOKU+
SHIKOKU

Shikoku Railway Company



The Shikoku Railway Company, more commonly known as JR Shikoku, operates railways in all four prefectures of Shikoku, as well as Kojima Station in Okayama Prefecture. Very popular for its low price and ease of use, the company offers an “ALL SHIKOKU Rail Pass” that allows unlimited rides on all private railways (including JR Shikoku railways) in all areas of Shikoku. For trips in Shikoku, use the “ALL SHIKOKU Rail Pass” and enjoy traveling by train.

ALL SHIKOKU Rail Pass

Eligibility: Use of this pass is restricted to foreign nationals visiting Japan on short-term visas that meet the following conditions:

1. Possession of a non-Japanese passport.
2. Visiting Japan for sightseeing on a short-term visa of 90 days or less upon entry.

Pass	Purchasing Overseas	Purchase in Japan
3-day	9,000 yen (Children 4,500 yen)	9,500 yen (Children 4,750 yen)
4-day	10,000 yen (Children 5,000 yen)	10,500 yen (Children 5,250 yen)
5-day	11,000 yen (Children 5,500 yen)	11,500 yen (Children 5,750 yen)
7-day	13,000 yen (Children 6,500 yen)	13,500 yen (Children 6,750 yen)



shikoku-railwaytrip.com/





KYUSHU

Kyushu Railway Company



Kyushu has a wealth of hot springs to enjoy, such as the famous sand baths of Ibusuki and Beppu, which boasts the most amounts of hot water in Japan. JR Kyushu is very convenient for touring the region as it operates a rail network that spans Kyushu. Popular with tourists are the D&S sightseeing trains with their emphasis on design. Enjoy riding the rails in Kyushu with the JR Kyushu Rail Pass, an inexpensive travel pass for foreign visitors to Japan!

JR Kyushu Rail Pass

This is an unlimited rail pass on the Kyushu Shinkansen and Limited Express Trains in the area. There are 3 types, All Kyushu Area, Northern Kyushu Area and Southern Kyushu Area.



www.jrkyushu.co.jp/english/railpass/railpass.html



KYUSHU

Nishi-Nippon Railroad Co., Ltd.



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Fukuoka City One-day Pass

This is a day ticket with unlimited bus use within Fukuoka City. Just show the ticket to the bus driver when you get off. This one ticket allows you to visit the major sightseeing spots in Fukuoka City.



Adult
¥900



Child
¥450

www.nishitetsu.jp/en/ticket/



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