

# Higashikurume

Guide  
Map

20min  
from  
Ikebukuro

30min  
from  
Shinjuku

A city rich in natural springs and green space

Exquisite nature  
on the doorstep of central Tokyo



# Higashikurume Food & Drink

## Local delicacies

The "Farmer's Noodle Dango Promotion Committee" was established to promote "Nani Dango" as a local gourmet product and promote public relations. Vegetable farmers and restaurants continue to work together.



### Nouka-no-Niidango

**A Higashikurume Specialty**  
This is a local gourmet version of a dish called "suion" – a soup with dumplings made of flour and kneaded with salt. The dish features a generous amount of fresh, local, seasonal vegetables. Visitors can enjoy different varieties prepared by different shops.

**Available in shops** ① ②

This dish is available only in winter, at special events, or by advance order. Please contact shops for more information.

## Yanagikubo Komugi Wheat

It's said that the cultivation of Yanagikubo Komugi Wheat began in 1851 with a single stalk brought back by a resident of Yanagikubo Higashikurume City returning from travels. This high-quality variety is very difficult to mass produce, so for a time it disappeared. But in recent years it's been resurrected by local farmers. They've also managed to greatly increase the yield, and Yanagikubo Komugi Wheat is now available in a variety of products.



\*The photo is a cooking example.

### Yanagikubo Udon Noodles (Dry & Teuchi Udon)

#### Dry Noodles

Only available in limited quantities. These dried noodles keep for a long time, and provide the distinct aroma and texture of Yanagikubo Komugi Wheat, making them perfect as souvenirs.

**Available in shops** ③ ④ ⑤ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮

\*Teuchi Udon noodles will only be sold ⑬.



\*The photo is a cooking example.

### Yanagikubo Ramen

These are old-fashioned, classic ramen noodles, made with Yanagikubo Komugi Wheat. Highly recommended for enjoyment as *tsukemen* dipping noodles.

**Available in shops** ③ ④ ⑤ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮

\*③ serves cuisine made with Yanagikubo wheat.

\*⑩ and ⑮ serve cuisine made with Yanagikubo wheat.

The photo is for illustrative purpose.

\*⑬ serves the cuisine for a limited period.

The photo is for illustrative purpose.



\*The photo is a cooking example.

### Teuchi Udon (restaurant)

#### Handmade udon noodles from Yanagikubo Komugi Wheat, with a rich wheat aroma

These old-fashioned handmade udon noodles are made using Yanagikubo Komugi Wheat, to provide a distinct aroma and firm texture.

**Available in shop** ③ ⑬

## Snacks

### Yanagikubo Manju (Steamed Dumplings)

#### Handmade with a rustic flavor

Manju steamed dumplings from Wagashi-dokoro Iseya, with the distinct flavor and aroma of Yanagikubo Komugi Wheat. Cover with plastic wrap and warm in a microwave for an even more delicious experience!

**Available in shops** ①



### Yanagikubo Galette

#### Galette with rich flavor of fine butter.

The galette made by local patisseries has the rich and powerful taste of the Yanagikubo wheat.

**Available in shop** ②

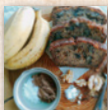


### Banana Bread

#### Taste of American home made baked goods.

Banana bread made of "Yanagikubo" wheat has the moisture which brings out the rich flavor of the ingredient.

**Available in shop** ②



## Bread

### Yanagikubo Karinto (Fried Dough Snacks)

#### 2 flavors

Karinto is a snack made of wheat flour and a few other ingredients, formed into cylinders, then deep fried and coated in honey or other toppings. There are two flavors: brown sugar and honey, and almond. Higashikurume offers a variety of snacks that are perfect as souvenirs. These include manju steamed dumplings, and karinto fried dough snacks. Visitors can taste and purchase karinto at the factory shop at Nakatani Seika, a business founded in 1919.

**Available in shops** ③ ④ ⑤ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮



### Handmade Bread

#### Lovingly produced aromatic handmade bread

This bread is made from two wheat flours: Yanagikubo Komugi and Higashikurume (Agriculture and Forestry Registration No. 61), grown in Higashikurume's pristine environment, providing a wonderful fresh aroma.

**Available in shop** ⑦

# Spirits



## Imo Shochu Kuromegawa (Sweet Potato Shochu)

This shochu is made using sweet potatoes grown by local farmers, and matured for several months in sake pots from a Kagoshima Prefecture shochu manufacturer, producing a mellow flavor.

Available in shops

※ Limited quantity.



## Local Sake Higashikurume

Select from 6 types to suit your occasion.

Higashikurume sake comes in 6 varieties: junmai ginjoshu, junmai shu, honjyozo karakuchi, karakuchi, nama chozo, and honjyozo shiboritate unfiltered raw unprocessed sake, each with a distinct flavor.

Available in shops



## Shiso Juice *Shiso Sukkiri*

"Shiso" herb grown in Higashikurume is used.

This refreshing concentrated juice is made using red *shiso*, which is high in nutritional value. It can be enjoyed with water, or mixed with soda.

Available in shops



## Umeshu Jelly Higashikurume no Umeshusan Plum Liqueur

A jelly made using Higashikurume no Umeshusan Plum Liqueur. Enjoy the light and refreshing aroma and rich flavors of umeshu jelly in jelly form.

\*This product contains alcohol.  
 Available in shops

## Higashikurume no Umeshusan Plum Liqueur

This time plum liqueur is made by dissolving extract from super-juicy Higashikurume plum in sake. It has a different flavor than umeshu, which is based on shochu distilled spirit, and is a very healthy alcohol with lower sugar content.

Available in shops

## Shops and restaurants around the station

Address Tel Open

- |   |  |   |
|---|--|---|
| <p><b>1</b> Wagashi-dokoro Iseya<br/>(Japanese Sweet Shop)<br/>  1-4-101, Karayama-cho  042-471-9302<br/>  9:00 AM - 6:00 PM Closed: Monday</p> <p><b>4</b> Ohno Saketen<br/>(Liquor Store)<br/>  1-6-3, Shinkawa-cho  042-471-1353<br/>  9:00 AM - 9:00 PM Closed: Sunday</p> <p><b>7</b> Tachibanaya<br/>(Grocery Store)<br/>  2-6, Higashi-Hon-cho  042-474-5570<br/>  10:00 AM - 8:00 PM Closed: Sunday</p> <p><b>10</b> Cafe Ten (Inside the citizen plaza)<br/>  3-3-1, Hon-cho  042-472-8822<br/>  10:00 AM - 5:00 PM<br/>                     Closed: Sunday, Sunday Holiday, New Year's Holiday</p> <p><b>13</b> Kusiage&amp;Umaimondokoro Kinata<br/>  1-4-6, Hon-cho  042-473-1088<br/>  5:00 PM - 12:00 AM Closed: Monday</p> | <p><b>2</b> Blue Bird Bake house<br/>  2-6-8, Daimon-cho<br/>  9:00 AM - 4:30 PM<br/>                     Closed: Sunday, 1st 3rd Monday</p> <p><b>5</b> OkasiKoubou Posh<br/>  14-25, Higashi-Hon-cho  042-420-6450<br/>  10:00 AM - 1:30 PM Closed: Wednesday</p> <p><b>8</b> Nomikuiya Omote<br/>  1-8, Higashi-Hon-cho  042-420-5362<br/>  11:00 AM - 11:00 PM</p> <p><b>11</b> Inruca-Tokyo<br/>  1-4-28, Hon-cho  042-470-8082<br/>  11:00 AM - 3:00 PM<br/>  6:00 PM - 10:30 PM<br/>                     @EVEN as soup puna out<br/>                     Closed: Monday</p> | <p><b>3</b> Chamois<br/>(Cake Shop)<br/>  1-1-21, Daimon-cho  042-472-0717<br/>  9:00 AM - 7:00 PM Closed: Monday</p> <p><b>6</b> Rakuzen Dining Okeya<br/>(Restaurant)<br/>  9-20, Higashi-Hon-cho  042-473-3711<br/>  5:00 PM - 12:00 AM</p> <p><b>9</b> MyMart Shimizu<br/>(Grocery Store)<br/>  1-3-19, Shinkawa-cho  042-471-1438<br/>  10:00 AM - 9:00 PM Closed: Wednesday</p> <p><b>12</b> Wasanbonkougaiishi Syoutou<br/>  1-4-28, Hon-cho  042-420-7104<br/>  10:00 AM - 8:00 PM (Monday - Friday)<br/>  12:00 PM - 5:00 PM (Saturday)<br/>                     Closed: Sunday, Holiday</p> |
|---|--|---|



After 14, it is posted on the map on the back.

### Souvenir shopping near tourist attractions

#### Beishin-ji Temple Area

- 14** Higashikurume Shinsen-kan  
(Fresh Food Store)  
 3-7-2, Saikawa-cho 042-475-0022  
 9:00 AM - 4:30 PM Closed: Sunday and Holiday

- 15** 7-Eleven  
 2-1-40, Chuo-cho  
 24 hours

- 16** Marume Higashikurumeten  
(Liquor Store)  
 6-1-24, Chuo-cho 042-479-4030  
 8:00 PM - 10:30 PM Closed: New Year's holiday

#### Rokusen Park Area

- 17** Petit Four  
(Bakery)  
 4-2-18, Chuo-cho 042-474-0139  
 10:00 AM - 5:00 PM Closed: Tue., Thur., Sun.

#### Kodaira Station Area (Takiyama Simosato)

- 18** Sake no Takamura-ya  
(Liquor Store)  
 5-22-14, Takiyama 042-473-2015  
 10:00 AM - 8:30 PM Closed: Tuesday

- 19** Tajima Shoten  
(Liquor Store)  
 5-1-14, Takiyama 042-473-3905  
 10:00 AM - 8:00 PM Closed: Monday

- 20** Yamamo Saketen  
(Liquor Store)  
 4-1-40, Takiyama 042-471-7060  
 10:00 AM - 7:30 PM Closed: Monday

- 21** Kurosioya  
(Liquor Store)  
 3-17-12, Simosato 042-478-1444  
 11:30 AM - 11:00 PM

- 22** Cafe du Cypres  
 3-12-12, Takiyama 042-420-4609  
 10:00 AM - 4:00 PM

# Higashikurume

# EVENTS



## Jan. Seek fortune. Visit the Seven Lucky Gods.

This 8-km walking event is held in January every year. Participants visit five temples that house the *Shichifukujin* (Seven Deities of Fortune), to pray for happiness for the year ahead and enjoy the bountiful nature along the way. (See Higashikurume *Shichifukujin* Tour)



## Aug. Ekimae Shotengai Natsumatsuri (Shopping Street Summer Festival)

This festival is held near the north exit of Higashikurume Station every August. It features Japanese taiko drum performances, lotteries, fireworks, and a variety of other fun activities and attractions.

## Takiyama Maesawa Minna no Natsumatsuri (Summer Festival)

This is a festival held around Takiyama Chuo-dori Road in late August each year. It features dances for everyone from children to the elderly, Japanese taiko drum performances, Bon festival dancing, and Awa dancing.



Ekimae Shotengai Natsumatsuri



Takiyama Maesawa Minna no Natsumatsuri

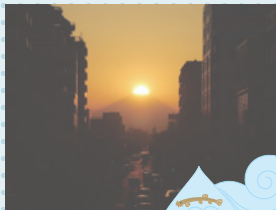
## Nov. Shimin Minna no Matsuri (Commerce, Industry and Agriculture Festival)

This festival is held on weekends every November on Maronie Fujimi-dori Road, featuring food stalls and attractions unique to Japanese roadside festivals, as well as sales of local vegetables, performances by schoolchildren, and a wide variety of other attractions.



## Dec. Higashikurume "Diamond Fuji"

Many people come to see the spectacle of the evening sun setting directly over Mt. Fuji, viewable from Fujimi Terrace, around December 20 each year.



Rurume-chan,  
spring sprite  
春の妖精  
ふるるめちゃん

Higashikurume City mascot  
for the promotion of local products

### Inquiries

Tel: 042-470-7743  
Address: 3-3-1 Honcho, Higashikurume-shi  
Higashikurume City Hall Citizens Department  
Industrial Policy Section  
(Closed: New Year's holidays, Sat., Sun. and Holidays)

URL <http://www.city.higashikurume.lg.jp/1007337/index.html>

E-mail [sangyoseisaku@city.higashikurume.lg.jp](mailto:sangyoseisaku@city.higashikurume.lg.jp)

Issue October, 2019 (Reiwa 1st year)



Sightseeing information page

Produced in cooperation with Higashikurume-city Local Industry Promotion Council

# 東久留米七福神めぐり Higashikurume Shichifukujin Tour

This 8-km tour takes visitors to five temples that are home to the Seven Deities of Fortune. This is where people go to pray for happiness in the year to come. Visitors can collect vermilion-colored stamps of the seal of each temple, originally given as proof that worshippers had dedicated a votive sutra there. These stamps are now given simply as proof of a visit, making them a great way to remember the tour.



**Tamonji Temple**  
F-4  
**多聞寺 Bishamonten**  
God of wealth and victory, believed to fulfill great desires, bring success in war, and bestow monetary fortune. Clad in armor, he wards off evil spirits. Also called *Tamonten*, a reference to how he listens to the many teachings of Buddha while by His side.



**Beishinji Temple**  
E-3  
**米津寺**  
God of matchmaking and good luck. Believed to bring prosperity to business and harmony to families. Carries a cane and a large cloth sack with his personal belongings. Lives with optimism and free from worldly cares, as he travels from place to place asking for alms. His way of life has been accepted by people as a symbol of supreme contentment.



**Daienji Temple**  
F-2  
**大園寺 Fukurokuju Juro**  
Ebisu: god of fisheries, agriculture and commerce, bringing abundance and prosperity. Holds a fishing rod and a fish. **Fukurokuju**: god of happiness, wealth and long life, bringing longevity and career success. Also famous as the god of virtue. **Juro**: brings happiness, long life, and family harmony. Carries a fan that sweeps away calamities and misfortune. Accompanied by a deer, a symbol of 3,000 years of long life.



**Hosenji Temple**  
I-2  
**宝泉寺 Benzaiten**  
Goddess of music, entertainment and learning, bringing success in learning, virtue and love. Shown as playing a traditional Japanese *biwa* lute to symbolize the musical sounds of the river. Also worshiped as a goddess of monetary fortune due to the Chinese characters used to write her name.



**Jobokuin Temple & Gohyaku Rakan Statues**  
H-2  
**浄牧院・五百羅漢 Daikokuten**  
God of food and wealth, bringing prosperity in business. Each swing of his mallet creates good fortune. His large sack contains the seven treasures prized by man. His large hood and the two bales of rice by his feet are symbols of a modest spirit that is content with what it has been given.



## Ochiai River & Minamisawa Water Springs

About 10,000 tons of water flow through these natural springs daily. Thanks to the local government and volunteers, this rich natural environment has been preserved. These are the only natural springs in Tokyo chosen as one of the 100 best waters of the Heisei period. Visitors can play by the river at the Ikoji No Mizube (Waterfront for Relaxation and Recreation).



## Minamisawa Waterfront Park

This park is maintained with the help of local volunteers, who work hard to preserve its natural state and make it a favorite destination.



## Minamisawa Hikawa-jinja Shrine

The deity of this shrine has been worshipped as the protector of natural springs since ancient times. Visitors can watch the intense Minamisawa Lion Dance (a designated intangible folk-cultural property of Higashikurume City), a local tradition passed down from the Edo period that is performed once every four years.

## Sports Culture



**FC Fuente Higashi Kurume**  
(Tokyo Shikajin Soccer League - Div.2)  
Some of the players are former J-League players. Many of the players are graduates of Higashikurume Sogo High School. Working hard to be always loved by the local community people. Striving to be promoted to the Div. 1 of the league after three years.



**Cafuringa Higashikurume**  
(Kanto Futsal League - Div.1)  
Has produced five futsal national team players. Has taken second place in the National Championship. Winner of the Tokyo Championship and Kanto Championship 2018. Striving to win the title in Kanto League championship after five years.



**Cafuringa BOYS Higashikurume**  
(Kanto Women's Futsal League)  
This is the only case in the region of men's team and women's team belonging to the Kanto League at the same time. Has taken second place (once) and third place (four times) in the National Championship. Team admired by girls of the local community.



**Higashi no Kurume to Tonari no Meguru**  
(comic)  
A romantic-comedy manga about two young neighbors, set in Higashikurume. Locations from the town pop up throughout the comic, which is currently on Volume 2.



**Kappa no Coo to Natsuyasumi**  
(anime)  
Released in 2007 and set in Higashikurume, this animated film depicts countless local sights, including the Minamisawa Spring area.



**The Murano House (Kosoen)**  
A-4  
The Yanagikubo District contains remnants of the original landscape of the area, including extensive hedges of old homes, bamboo forests, clusters of large Japanese elm trees, and Shinto shrines. The Murano House (Kosoen) is the last traditional thatched house from the Edo period in Higashikurume. Seven components of that residence, including the main building, have been designated tangible cultural properties of Japan. \* Private residence, rarely open to the public.



## Produce Stands

Higashikurume has many produce stands that sell delicious, freshly-picked vegetables, beautiful flowers, and other produce that the city is known for.



## Public hot bath facility

**F-3** Daini Kita-no-yu (Public Bath)  
Address: 1-5-10, Saiwai-cho  
Open: 3:00 PM - 10:30 PM

**G-2** Gen-no-yu (Public Bath)  
Address: 7-6, Higashi-Hon-cho  
Open: 3:30 PM - 11:00 PM Closed: Monday

## Public hot bath facility

The two Sentos (classical public bath) in the city hold the "Medicinal bath day" once a month. In the two spas in the city, there are restaurants and massage service is available.

**I-1** Spadium Japon (Public Bath)  
Address: Uenohara 2-7-7  
Open all year round, 9:00 am - 1:00 am (midnight) (on Saturdays, Sundays and holidays, 8:00 am - 1:00 am)

**D-4** Ofurono o-sama Higashikurume shop  
Address: Hachiman-cho3-14-4  
Open all year round, 10:00 am - 24:00 pm (midnight)



## Chikurin Park

A rare bamboo forest, where visitors are surrounded with countless moso bamboo trees, and perpetually enveloped in serenity. There are richly-flowing natural springs, and in winter, the spectacle of bamboo trees covered in snow.



The numbers "14 ~ 23" displayed on the map are the place numbers of souvenir spots near the tourist spot on the other side.

## Fujimi Terrace (G-3)



From this terrace, you can see Mount Fuji between two rows of buildings. In winter, visitors can see Diamond Fuji (See Higashikurume Event Information), one of the Kanto Region's top 100 views of the mountain.

## Star House (G-5)



Building No. 53 of the Star House residence in the former Hibarigaoka Housing Complex remains intact. The veranda Japan stood as they toured the complex in 1960 has been preserved.