

Discovery Walk Map

# COCO

Look here!

# MITE

## HIGASHIMURAYAMA

English Version

Higashimurayama Culture NAVI  
Local Tour 1-Day Trip Map



# 四季

## Four Seasons

### 桜 Cherry Blossoms

No flower symbolizes Japan quite like the cherry blossom. Their pink fanfare brings in the spring, and hanami parties where people share drinks and take in the scenery. The city has many famous spots for hanami.

Locations: Tama-zenshoen Sanatorium, Tamako Jitenshahokoshado Path, Kumegawadensha Library, Sakura Street, Megurita Ryokudo, and more

\* Do not trespass into the residential area at Tama Zenshoen. Use official paths when visiting the park.



### 花菖蒲

#### Japanese water iris

Japanese water iris greet the sunlight of early summer with vivid colors. Kitayama Park has 8000 iris in 300 varieties, one of the stand-out sights of Higashimurayama. Every year, a water iris festival is held in the period when they begin blooming.

Location: Kitayama Park



### ススキ

#### Japanese plum grass

Japanese plum grass are known as a symbol of Fall. Sayama Park has a rare field of it in Tokyo. You can enjoy their swaying Fall breeze dance closely. They take on a brilliant golden color as the sun sets.

Location: Sayama Park



### 地酒

#### Locally brewed sake

The Tokyo area has plenty of groundwater and was once prosperous making sake. In 1936 Toshimaya Shuzo which has 400 years history of making sake, started making sake in Higashimurayama. They dedicate their sacred sake at Meiji Jingu and Kanda Myojin.

Location: Toshimaya Shuzo



### クラフトビール

#### Craft Beer

Local "Made in Japan" craft beer produced by owner Michael from England has been attracting attention. Every Sunday, you can enjoy the aroma of fresh brews at their tasting room.

Location: Distant Shores Brewing



# 酒

## Sake



Higashi (Official Mascot)

# Welcome to Higashimurayama Culture NAVI

Higashimurayama may be a commuter town 30 minutes out of Shinjuku by train, but it also has natural sights, national treasures, local cuisine, and other cultural experiences for you to find. This guide breaks up its features into four categories.

# Food 食

## 武蔵野うどん

### Musashino Udon

Musashino Udon is a characterize as noodle has plenty of body and hot gravy soup. In the old days, the udon was eaten on auspicious days, and women were expected to learn making noodle before marriage.



Location: Kikuya, Kojimaya, Kosegawa, Masuya, Noguchi Seimenjo, and more

Made with only wheat, salt, and water



### ソース Sauces

PoleStar is the company of Higashimurayama, produces several sauces including original "kuro yakisoba" sauce. Visit their traditional warehouse shop or factory tour (weekdays only). At Takeda Shoten, you can purchase "Tamako Nashi sauce", a specialty of Higashimurayama made with a local brand of Japanese pear.

Location: PoleStar, Takeda Shoten

PoleStar's shop and Yoshi-kun (Mascot)



Takeda Shoten



Check out vegetable self-service stand including coin locker

### 果物・野菜

#### Fruits・Vegetables

Fall at Higashimurayama brings harvests of brand fruits like "Tamako Japanese Pears" and "Tamako Grapes". When the harvest season comes, you can pick them at tourist orchards.

Location: Mirai Higashimurayama Shinsenkan, some orchards

# 祭 Festival

## 阿波踊り Awa-Odori

The Awa dance is originally from Tokushima, but in recent years has spread to Tokyo and all over the world as major events. In Higashimurayama, the neighborhood near Kumegawa Station becomes a theater for it, further heating up summer.

Location: around Kumegawa station (mid-August)



## 山車・神輿

### Dashi; Floats / Mikoshi; Portable Shrine

With towering parade floats, gaudy and godly mikoshi palanquins, and shouting shrine parishioners in haori jackets, Japan's festivals are exceedingly energetic. Just watching them go by gets the blood pumping.

Location: Higashimurayama Shimin Sangyo Matsuri (2nd weekend of November), festivals for each shrine



## 東村山黒焼そば

### Higashimurayama Kuro Yakisoba

In 1333, Nitta Yoshisada fought a battle of Kumegawa, he took up a position in Hachikokuyama in order to overthrow Kamakura Shogunate. According to legend, his army put charcoal powder on late night meals to avoid night attack by enemy. This black sauce coming from

this story, this colour from squid ink and kurozake create unique flavor. This dish can be eaten at over 100 restaurants in Higashimurayama.

Location: Saika, Ramen Honpo Marumi, Yakitori Ikkyu, and more

## 和菓子

### Japanese Sweets

Traditional Japanese sweets are a symbol of high culture in Japan. Sweet bean paste (anko) is popular with tourists in Japan, too. In this area, you can find souvenirs like manju related to famous comedian Ken Shimura or shio-dorayaki like those of the movie "An".

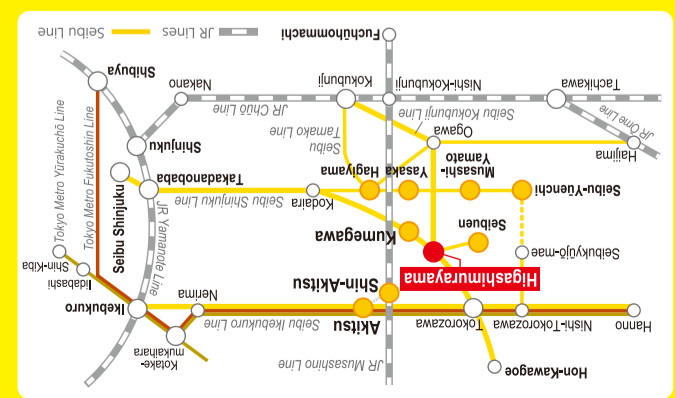
Location: Mochiman, Shimizuya



Published by: Higashimurayama City  
Address: Business Promotion Dept. 1-2-3 Honcho, Higashimurayama-shi  
TEL: 042-393-5111 (rep)  
https://www.city.higashimurayama.tokyo.jp/

- Hotels available near Kumegawa Station
- Kumegawa Wing Hotel 042-397-3131 https://www.winghotel.jp
- Hotel Mets Kumegawa 042-396-6111 https://www.hotelmets.jp/kumegawa/
- Hotel Sentia 042-392-5555 http://www.sentia.co.jp
- Royal Inn Kikusui 042-306-2421 https://royalinn-hotels.jp/kikusui/
- Business Hotel Mercury 042-391-5111 https://www.mhghotel.jp

- Tokyo Koutsu Corp. 042-391-4455 http://www.tokyo-koutsu.co.jp
- Seibu Hire Co. Tama Dispatch Center in Kumegawa 042-391-8180 http://www.seibuhire.co.jp/html/taxi.html
- Sanjo Koutsu Corp. Higashimurayama Office / Koganei Dispatch Center 042-384-2100 http://sankotaxi.com





# Higashimurayama Local Tour 1-Day Trip Map

Hillside settlements, temples, udon, sake... Consider these day-trip walks to experience the life of locals here.

### Course Data



Distance: approx. 13 km  
Time: 3 hours  
(excludes breaks for tours)

### Tourist Info Site



"Nomekkoi-machi"  
Higashimurayama Info

## 4 Hachikokuyama Park

A true forest path

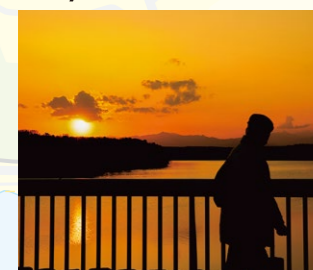
Another spot to experience old Japan's hillside settlements. Take for instance its ridge path, stretching 1.9 km west-to-east through a thick forest. The area is thought to be the site of battles between 1192 and 1333, and there is a memorial burial site for Busho (a Military commander) Nitta Yoshisada at its highest point.

- ☎ 042-393-0154 (Sayama Park Center)
- 🏠 2-3 Suwa-cho, Higashimurayama-shi
- 🚶 2-min. walk from Seibuen Station
- 🆓 Free to visit
- 🕒 None



Let's Go Here Too!

## Lakeside beauty Sayama Park



A nature park where one can experience what Musashino was like when it was just a hillside settlement. Walk up the levee to look out over Tama Lake, and weather permitting, perhaps Mt. Fuji as well. The orange hues at dusk that stretch between sky and lake are overwhelmingly beautiful.

- ☎ 042-393-0154 (Sayama Park Center)
- 🏠 3-17-19 Tamako-cho, Higashimurayama-shi
- 🚶 3-min. walk from Seibu-Yuenchi Station
- 🕒 Available (9:00 to 17:00)



## 3 Kitayama Park

Japanese water iris garden

The view of the ridge of Hachikokuyama from this nature-rich park was selected as one of the "New 100 best sceneries of Tokyo". Here you can see around 100,000 Japanese water iris and many kinds of birds and insects.

- 🏠 4-50 Noguchi-cho, Higashimurayama-shi
- 🚶 20-min. walk from Higashimurayama Station
- 🆓 None

## 2 Shofukuji Jizodo Hall

Buddhist temple

Tokyo's only wooden building to be named a national treasure, estimated to be built in 1407. The temple grounds have one thousand small, offertory jizo statues. These statues are put on display every August 8th, September 24th, and November 3rd.

- 🏠 Shofukuji grounds, 4-6-1 Noguchi-cho, Higashimurayama-shi
- 🚶 12-min. walk from Higashimurayama Station
- 🆓 Available



## 5 Masuya

Udon restaurant

At this restaurant, "Grandma Masu" has worked hard to hand-make Musashino udon for more than 40 years since its establishment. Their most famous dish is "meat udon with tempura". Udon boiled in their large wood-fired pot and their sweet-and-salty soy sauce-flavored dipping soup give you a taste of real Japanese home cooking.

- ☎ 042-393-9481
- 🏠 4-33-10 Kumegawa-cho, Higashimurayama-shi
- 🚶 15-min. walk from Higashimurayama Station
- 🕒 11:00 to 18:00 (or until sold out), Closed Mondays
- 🍽 7 spots

## 6 Toshimaya Shuzo

Sake brewery

A brewery known for its Tokyo brand of sake, "Okunokami". You can compare sake at their "Kamoshi-no-ba" tasting room or even get a tour of the brewery (reservation required).

- ☎ 042-391-0601
- 🏠 3-14-10 Kumegawa-cho, Higashimurayama-shi
- 🚶 15-min. walk from Higashimurayama Station
- 🕒 9:00 to 17:00, Closed Weekends/Holidays
- 🍽 3 spots



## 7 Sasamoto Dango

Rice flour dumplings

This vendor prepares a local treat, yaki-dango, grilling them one-by-one. The chewiness of the rice flour dumplings and the aroma of their toasty soy sauce coating is incredible.

- ☎ 042-394-2182
- 🏠 2-2-1 Kumegawacho, Higashimurayama-shi
- 🚶 18-min. walk from Higashimurayama Station
- 🕒 9:30 until products are sold out, Closed Tuesdays/Wednesdays
- 🍽 1 spot



### Tourist Info

**Higashimurayama Tourist Center**

- ☎ 042-395-5110
- 🏠 Higashimurayama Civic Station "Sunpalne" 2F, 1-46 Noguchi-cho, Higashimurayama-shi
- 🚶 1-min. walk from the west exit of Higashimura Sta.
- 🕒 9:30 to 18:00
- 📅 Closed on Mondays (if holiday, the next day)



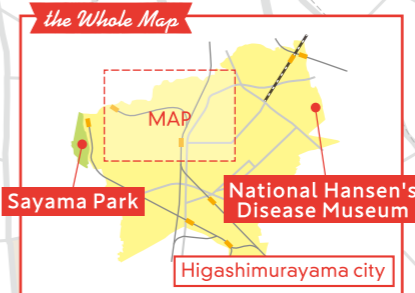
### Start!

## 1 Daizen-in

Buddhist temple

Famed for its "Setsubun" festival in February, during which soybeans are tossed to ward off misfortune. It has a garden hill made with igneous stones from Mt. Fuji and a shrine to Fudō Myō-ō, the "immovable" Buddhist deity.

- ☎ 042-395-0990
- 🏠 4-16-1 Noguchi-cho, Higashimurayama-shi
- 🚶 6-min. walk from Higashimurayama Station
- 🆓 Available



Let's Go Here Too!

## National Hansen's Disease Museum

Eradicating prejudice and discrimination

Provides true information on Hansen's Disease (leprosy) with the aim of restoring dignity to patients and former patients of the disease. It's a vital opportunity to learn about human rights.

- ☎ 042-396-2909
- 🏠 4-1-13 Aoba-cho, Higashimurayama-shi
- 🚶 20-min. bus trip from Kumegawa Station (Seibu Bus), bus stops at museum
- 🕒 9:30 to 16:30 (last entry at 16:00), Closed Mondays, days following holidays, maintenance days
- 🆓 Available