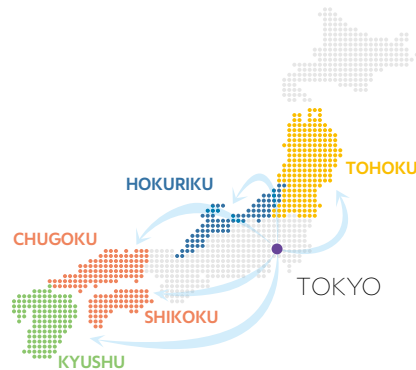


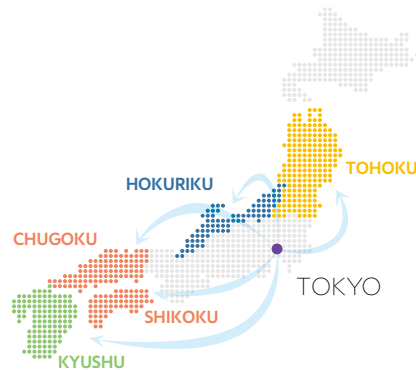
One More **Step** from **TOKYO**

English



One More **Step** from **TOKYO**

English



TOHOKU



HOKURIKU



Here are some hints for your trip!



CHUGOKU + SHIKOKU



KYUSHU

If you are already
in love with **Tokyo**
and want to know
more about **Japan**,
then it's time to plan
your next trip.

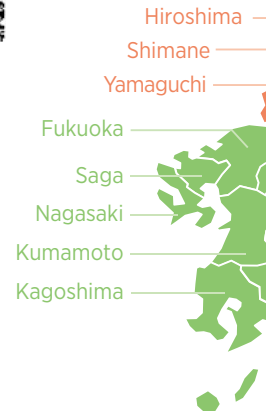
Japan's capital, Tokyo, is a stunning metropolis visited by people from all over the globe. It offers a wide array of gourmet food from different regions in Japan and is a great destination to experience authentic Japanese culture. However, what makes the city so special are the people and things happening there.

With convenient access to train stations and airports, Tokyo is the perfect gateway to the rest of Japan, meaning you can easily make your holiday more enjoyable by adding other destinations to your itinerary. Travel outside of Tokyo for a different experience, which will definitely give you more reason to fall in love with Japan.

Research online various travel routes from Tokyo to the regions of **TOHOKU**, **HOKURIKU**, **CHUGOKU**, **SHIKOKU** and **KYUSHU** and read about the experiences of travelers prior to your visit. You should make full use of internet resources when making a travel plan in Japan.

CHUGOKU + SHIKOKU

www.chushikokuandtokyo.org



KYUSHU

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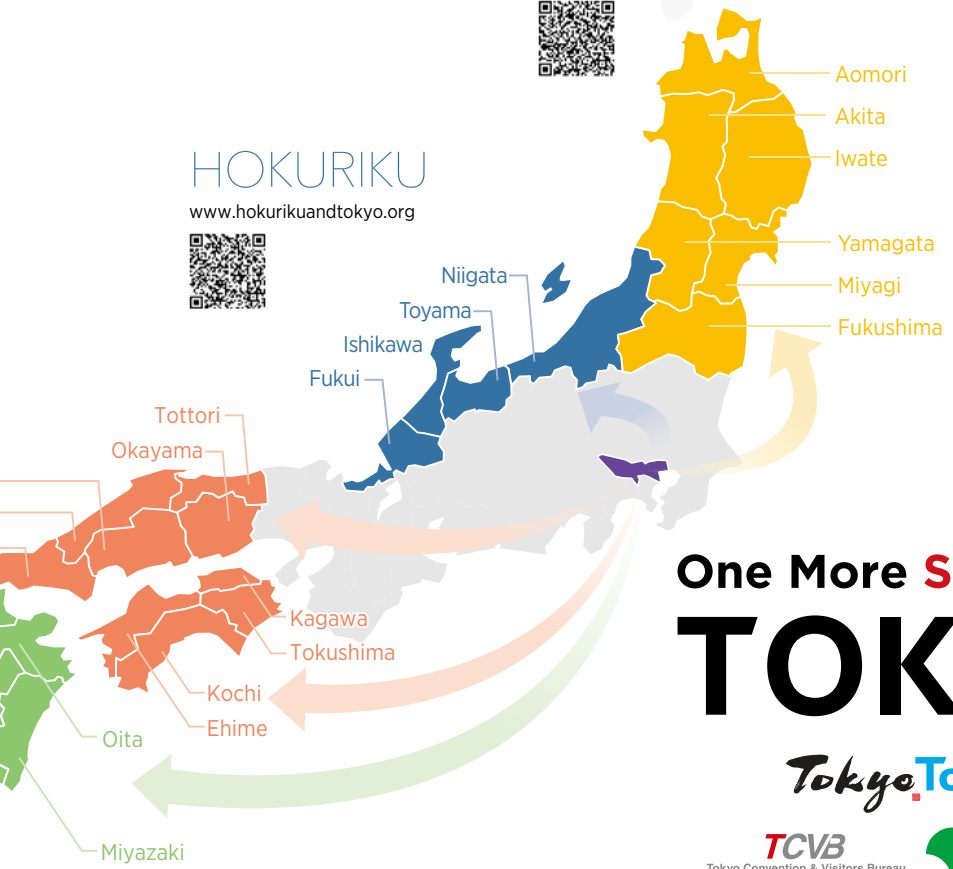
TOHOKU

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One More **Step** from **TOKYO**

Tokyo.Tokyo Old meets New

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TOKYO
METROPOLITAN
GOVERNMENT

**STROLL,
DINE & SHOP**

04-07



**WORLD
HERITAGE**

08-11



**SACRED
TREASURES**

12-15



**SCENIC
BEAUTY**

16-20



**EXPERIENCE
PERSONALLY**

21-25



**NATURE &
ADVENTURE**

26-30





STROLL, DINE & SHOP

04-07

Sendai: Zuihoden Mausoleum
HISTORY IN CITY

Hiroshima: Onomichi Town
WATERSIDE BEAUTY

Saga: Kashima City
STREETS OF OLD JAPAN

Fukushima: Tsuruga-jo Castle
MIRAI & SAMURAI



SCENIC BEAUTY

16-20

Miyagi: Matsushima
FEEL THE TRADITION THROUGH FIVE SENSES

Yamaguchi: Tsunoshima Ohashi
PANORAMIC VIEW

Ishikawa: Kenroku-en Garden
THE LIVING LEGACY OF SAMURAI CULTURE

Okayama: Bitchu Matsuyama Castle
CITYSCAPE FROM THE SKY

Kagawa: Chichibugahama Beach
SUN, SKY & SERENITY



WORLD HERITAGE

08-11

Nagasaki: Oura Cathedral
HISTORIC BEAUTY OF ARTS AND BUILDINGS

Iwate: Chuson-ji Temple
PROSPERITY STILLNESS & MOTION

Toyama: Historic Village of Gokayama
WISDOM & VIRTUAL REALITY

Fukuoka: Munakata Taisha Shrine
HISTORY & RELIGION



EXPERIENCE PERSONALLY

21-25

Fukui: Daihonzan Eiheiji Temple
TIMELESS ARTISTRY

Tokushima: Awaodori Kaikan
FESTIVE MOMENT

Niigata: Matsudai Nohbutai
THE BEAUTY OF JAPAN'S TRADITION

Miyazaki: Phoenix Seagaia Resort
RELAXATION & CULTURE

Kagoshima: Sakurajima
FEEL THE EARTH



SACRED TREASURES

12-15

Tottori: Mitokusan Sanbutsu-ji Temple
EXPERIENCE PAST AND FUTURE

Shimane: Izumo Taisha Grand Shrine
LATEST TREND & TRADITIONAL CULTURE

Yamagata: Hagurosan Goju-no-to
HEART & WORSHIP

Oita: Usa Jingu Shrine
EXPERIENCE THE QUINTESSENTIAL



NATURE & ADVENTURE

26-30

Akita: Tazawako Skiing Area
EXPERIENCE ILLUMINATION & POWDERSNOW

Aomori: Oirase Stream Cycling
STONE & WATER

Ehime: Shimanami Kaido
ISLANDS & SKYSCRAPERS

Kochi: Shimanto River
BLUE RIVER & URBAN BEACH

Kumamoto: Seeing the Aso Volcano Crater
WILDNESS & STILLNESS



Zuihoden is a magnificent mausoleum built in 1637, the year after the passing of Date Masamune, the first feudal lord of the Sendai Domain. The mausoleum takes after the Momoyama style of architecture, which features intricate craftsmanship and luxury.

Recommended scenic route >>> HISTORY IN CITY

- Day 1:** Nihombashi ① ▶ Meiji Jingu Shrine ▶ Nezu Museum ▶ Tokyo Metropolitan Area
- Day 2:** Tokyo Station ▶ Sendai Station ▶ **Zuihoden Mausoleum ②** ▶ Sendai Mediatheque ▶ Sendai City Area
- Day 3:** Sendai City Area ▶ The Nikka Whisky Sendai Factory Miyagikyo Distillery ▶ Akiu Kogei no Sato (Akiu Craft Park) ▶ Akiu Onsen Area
- Day 4:** Akiu Onsen Area ▶ Sendai Station ▶ Kataribe taxi ▶ Sendai Station ▶ Tokyo Station

Tokyo



Nihombashi flourished over 300 years ago as a town of merchants. Today the streets are lined with long-standing shops and high-end department stores.



www.tohokuandtokyo.org/route_23/





Onomichi is a small town facing the Seto Inland Sea. Built at the foot of three mountains and overlooking the sea, it is often chosen as the backdrop for movies. Buddhism is quite prominent in this part of Japan, making it a great location for touring old temples.

Tokyo



The open top double decker bus tour gives passengers the chance to savor the stunning views and vibrant nightlife of Tokyo.

Recommended scenic route >>> WATERSIDE BEAUTY

Day 1: Tokyo City View ▶ The Kimono Gallery ▶ **SKY BUS TOKYO (Odaiba Night Course) ①** ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Hiroshima Airport ▶ Miyajima Sea Kayaking ▶ Hiroshima City Area

Day 3: Hiroshima City Area ▶ Hiroshima Peace Memorial Park ▶ Shimanami Kaido Cycling ▶ Onomichi U2 Hotel Cycle

Day 4: Onomichi U2 Hotel Cycle ▶ **Onomichi Town ②** ▶ Hiroshima Airport ▶ Haneda Airport



www.chushikokuandtokyo.org/route_22/



Travel back in time in Hizen Hamashuku in Kashima city, a post station during the Edo period (1603-1868). Rows of samurai residences and sake breweries preserve the historic atmosphere and are designated as an “Important Preservation District for Groups of Traditional Buildings.” Another must-see is Yutoku Inari Shrine, one of the three great inari shrines in Japan with its distinctive beautiful red lacquer.

Recommended scenic route >>> STREETS OF OLD JAPAN

- Day 1:** Shibamata ① ▶ Meiji Jingu Shrine ▶ Izakaya Experience (Kabukicho) ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Saga Airport ▶ Saga City Mountain Area ▶ Ureshino Onsen Area
Day 3: Ureshino Onsen Area ▶ **Kashima City ②** ▶ Tara Town ▶ Tara Town Area
Day 4: Tara Town Area ▶ Saga City ▶ Saga Airport ▶ Haneda Airport

Tokyo



Step back in time in Shibamata as you visit the spectacular Taishakuten Temple and the nostalgic shops and restaurants while snacking on *odango* dumplings and rice crackers.



www.kyushuandtokyo.org/route_10/



© Aizuwakamatsuri CITY

Tsuruga-jo Castle is the symbol of the Samurai City Aizu. The last battle between the Aizu domain and Imperial forces took place here in 1868. Though damaged during the war, the castle was reconstructed in 1965.

Recommended scenic route >>> MIRAI & SAMURAI

- Day 1:** Roppongi Art Complex (complex665) ▶
Miraikan — The National Museum of Emerging Science and Innovation ① ▶
 Corridor Gai ▶ Tokyo Metropolitan Area
- Day 2:** Tokyo Station ▶ Koriyama Station ▶ **Tsuruga-jo Castle ②** ▶
 Aizu Higashiyama Onsen Area
- Day 3:** Aizu Higashiyama Onsen Area ▶ Ouchi-juku ▶ Walking around Kitakata ▶
 Iwaki-Yumoto Onsen
- Day 4:** Iwaki-Yumoto Onsen ▶ Shiramizu Amida-do ▶ Iwaki Station ▶
 Tokyo Station



www.tohokuandtokyo.org/route_22/

Tokyo



Experience the future at this museum, which holds an amazing array of exhibitions about cutting-edge science and technology.



Oura Cathedral is the oldest existing church in Japan. It was completed at the end of 1864 and opened for prayer in February of the following year. One month later, a group of hidden Christians from Urakami visited the church to proclaim their faith 250 years after the harsh persecution of Christianity in Japan. Constructed by French missionaries and Japanese architects, the cathedral features both Eastern and Western styles.

Tokyo



Located in Ueno Park, The National Museum of Western Art, Tokyo was inscribed on the UNESCO World Heritage List. It features a great collection of paintings and sculptures from the Renaissance to the early 20th century.

Recommended scenic route >>> HISTORIC BEAUTY OF ARTS AND BUILDINGS

- Day 1:** Meiji Jingu Shrine ▶ **UNESCO World Heritage Site The National Museum of Western Art, Tokyo ①** ▶ Ameyoko (Shopping Street) ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Nagasaki Airport ▶ **UNESCO World Heritage Site Hashima Island (Gunkanjima, Battleship Island)** ▶ Nagasaki City Area
- Day 3:** Nagasaki City Area ▶ **UNESCO World Heritage Site Oura Cathedral ②** ▶ Matsura Historical Museum ▶ Hirado City Area
- Day 4:** Hirado City Area ▶ Kujukushima ("Ninety-Nine Islands") ▶ Nagasaki Airport ▶ Haneda Airport



www.kyushuandtokyo.org/route_11/





© Chūson-ji Temple

Tokyo



Shibuya is where the latest trends in Japanese fashion and entertainment begin. Feel the vibrant, youthful atmosphere by taking a stroll here.

Chūson-ji was originally founded in the 9th century by a monk named Jikaku Daishi. In the 12th century, the first Ōshū Fujiwara lord, Kiyohira, commissioned the construction of a massive temple complex here. Though many of the completed temples were burned down in the 14th century, the area is still a treasure trove of Heian art.

Recommended scenic route >>> PROSPERITY STILLNESS & MOTION

Day 1: Kichijoji ▶ **Shibuya 1** ▶ Shinjuku Gyoen ▶ Tokyo Metropolitan Area

Day 2: Tokyo Station ▶ Ichinoseki Station ▶ Geibikei Gorge ▶ **UNESCO World Heritage Site Chūson-ji Temple 2** ▶ Hanamaki Onsen Area

Day 3: Hanamaki Onsen Area ▶ Koiwai Farm ▶ Morioka Station ▶ Tokyo Station



www.tohokuandtokyo.org/route_19/





The thatched roof houses built in the Gassho style are a very precious design of a traditional house which can only be found in this part of Japan, with 23 Gassho-style buildings in existence in Ainokura Gassho village. Why not forget about daily life and spend some quiet time taking in a traditional lifestyle in a small village in the mountains?



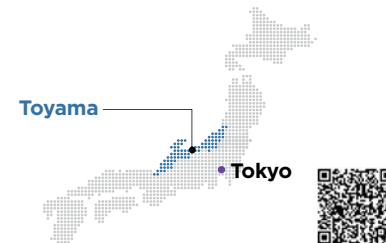
Tokyo



More than just a view, SKY CIRCUS Sunshine 60 Observatory offers a full-sensory experience featuring 4D entertainment with cutting-edge virtual reality technology.

Recommended scenic route WISDOM & VIRTUAL REALITY

- Day 1:** SKY CIRCUS Sunshine 60 Observatory ❶ ▶ Akihabara ▶ Harajuku Takeshita Street ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Toyama Kitokito Airport ▶ Toyama Station ▶ Inami (Yokamachi Dori) ▶ UNESCO World Heritage Site Historic Village of Gokayama ❷ ▶ Gokayama Gashonoyado Area
- Day 3:** Gokayama Gashonoyado Area ▶ Zuiryu-ji Temple, Takaokayama ▶ Mt. Tateyama Area
- Day 4:** Tateyama Kurobe Alpine Route ▶ Nagano Station ▶ Tokyo Station



www.hokurikuandtokyo.org/route_2/



Registered as a UNESCO World Heritage site in 2017, the sacred island of Okinoshima and associated sites in the Munakata Region provide evidence of the flourishing overseas exchange in East Asia and ancient rituals from the 4th century. Experience the tradition of worship of the sacred island centered on Munakata Taisha Shrine.

Tokyo



Kanda Myojin Shrine has a history of nearly 1,300 years, with locals praying for prosperity and good luck including IT professionals from nearby Akihabara.

Recommended scenic route >>> HISTORY & RELIGION

- Day 1:** Kanda Myojin Shrine ❶ ▶ Akihabara ▶ Tokyo City View ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Fukuoka Airport ▶ UNESCO World Heritage Site Munakata Taisha Shrine ❷ ▶ Tobata Gion Oyamagasa Festival ▶ Kitakyushu City Area
- Day 3:** Kitakyushu City Area ▶ Yatai (Food Stalls) ▶ Fukuoka City Area
- Day 4:** Fukuoka City Area ▶ Yame City ▶ Fukuoka Airport ▶ Haneda Airport



www.kyushuandtokyo.org/route_9/





Nageire-do of Mitokusan Sanbutsu-ji Temple Okunoin, built in the late Heian period (1086-1184), is a designated National Treasure and famous for a rare structure built on a sheer vertical cliff face. Legend has it that the structure was thrown up (“*nageire*” in Japanese) from the ground by the spiritual power of En no Ozuno, the founder of the “mountain religion” Shugendo.

Tokyo



Licensed by TOKYO TOWER

The 333-meter Tokyo Tower celebrated its 60th anniversary in 2018 and has long been recognized as the city's symbol by not just Tokyoites but by visitors from around the world as well.

Recommended scenic route >>> EXPERIENCE PAST AND FUTURE

- Day 1:** Tokyo Tower ① ▶ Omotesando ▶ Yoyogi Park ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Tottori Sand Dunes Conan Airport ▶ Mitokusan Sanbutsu-ji Temple ② ▶ Misasa Hot Springs Area
- Day 3:** Misasa Hot Springs Area ▶ Pear Picking ▶ The Tottori Sand Dunes, The Sand Museum ▶ Tottori City Area
- Day 4:** Tottori City Area ▶ Ishitani Residence ▶ Tottori Sand Dunes Conan Airport ▶ Haneda Airport



www.chushikokuandtokyo.org/route_20/





Hall for sacred dances

Recommended scenic route >>> LATEST TREND & TRADITIONAL CULTURE

- Day 1:** Shibuya ▶ Harajuku Takeshita Street ❶ ▶ Daikanyama ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Izumo Enmusubi Airport ▶ Izumo Taisha Grand Shrine ❷ ❸ ▶ Yunotsu Hot Springs Area
- Day 3:** Yunotsu Hot Springs Area ▶ UNESCO World Heritage Site Iwami Ginzan Silver Mine ▶ Matsue Castle ▶ Matsue City Area
- Day 4:** Matsue City Area ▶ Adachi Museum of Art ▶ Izumo Enmusubi Airport ▶ Haneda Airport



Izumo Taisha Grand Shrine is an ancient shrine documented in the *Kojiki*, the oldest historical chronicles of Japan. The shrine's Kagura Hall has a 13-meter, 5-ton twisted straw rope which cordons off a consecrated area. The rope is one of the largest in Japan.

Tokyo

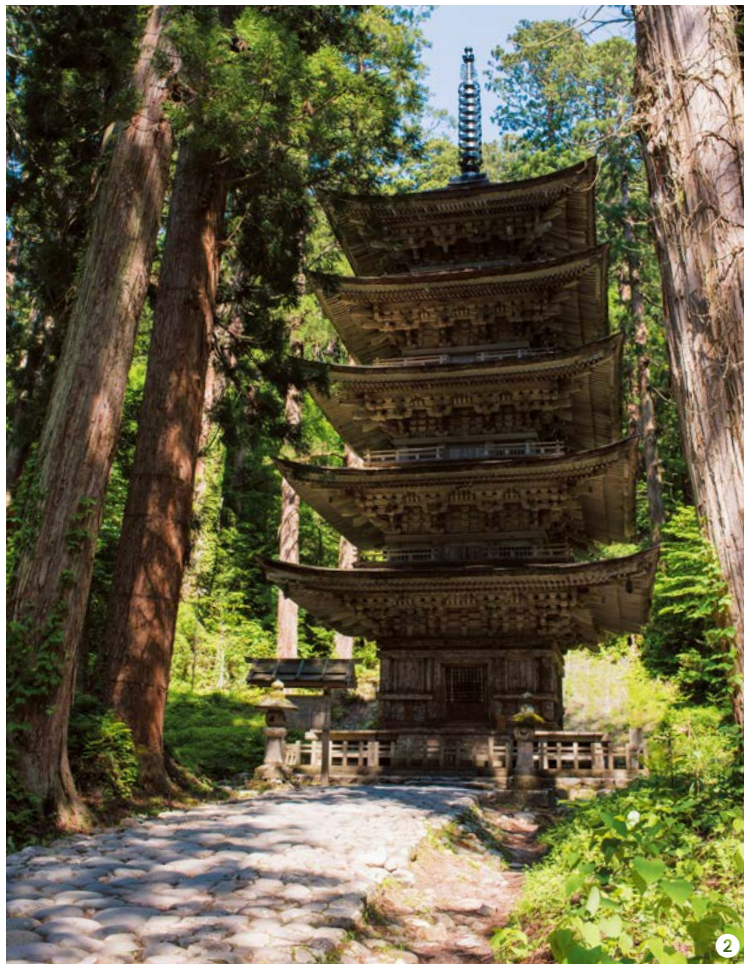


Takeshita Street is one of the most crowded streets in Tokyo, packed with visitors and locals looking for the trendiest items.



www.chushikokuandtokyo.org/route_19/





Hagurosan (Mt. Haguro) is one of the three holy mountains known collectively as Dewa Sanzan. The current 29-meter-high, five-storied, shingled wooden pagoda was rebuilt about 600 years ago. A total of 2,446 stone steps along an avenue of cedar trees serve to create a sacred atmosphere.

Tokyo

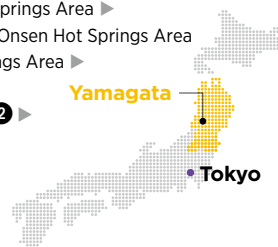


Founded in 730, the historic Kanda Myojin Shrine is dedicated to a deity known as the guardian of prosperity within family, marriage, business and protection against evil.



Recommended scenic route >>> HEART & WORSHIP

- Day 1:** Hatonomori Hachiman Shrine ▶ **Kanda Myojin Shrine ①** ▶ Jimbocho Used Book Town ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Shonai Airport ▶ Somaro ▶ Yunohama Onsen Hot Springs Area
- Day 3:** Yunohama Onsen Hot Springs Area ▶ Fruit Picking ▶ Atsumi Onsen Hot Springs Area
- Day 4:** Atsumi Onsen Hot Springs Area ▶ **Hagurosan Goju-no-to (five-storied pagoda) ②** ▶ Shonai Airport ▶ Haneda Airport



www.tohokuandtokyo.org/route_21/



The main sanctum for the more than 40,000 *hachimam* shrines across Japan, Usa Jingu Shrine and the surrounding Kunisaki Peninsula have a deep history as the birthplace of the Rokugo Manzan culture, a fusion of Shinto and Buddhist cultures. The main hall of Usa Jingu Shrine has been designated a National Treasure.

Recommended scenic route >>> EXPERIENCE THE QUINTESSENTIAL

- Day 1:** Kappabashi Kitchenware Town ▶ **Sushi Making Experience (Hassan) ①** ▶ Ameyoko (Shopping Street) ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Oita Airport ▶ **Usa Jingu Shrine ②** ▶ Bungo-Ono City Area
- Day 3:** Bungo-Ono City Area ▶ Usuki Stone Buddhas ▶ Usuki City Area
- Day 4:** Usuki City Area ▶ Beppu Jigoku Meguri (hell tour) ▶ Oita Airport ▶ Haneda Airport

Tokyo



Learn about the history of sushi, Japan's famous traditional dish, and watch the fish being prepared and get lessons on making your own sushi by skilled chefs. After enjoying lunch, you'll receive a certificate to show that you've completed the sushi experience.



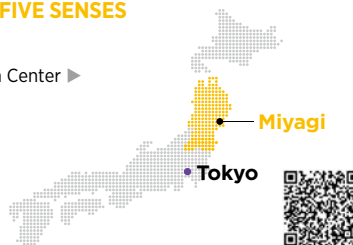
www.kyushuandtokyo.org/route_12/



Matsushima features an exceptional view of approximately 260 islands, all of different sizes. The appearance of these islands changes according to season, time of day and point of observation, making them a unique natural wonder. A sightseeing cruise is a great way to enjoy the views here.

Recommended scenic route >>> FEEL THE TRADITION THROUGH FIVE SENSES

- Day 1: Tea Experience at Jugetsudo ①** ▶ Tsukishima (Monja) ▶
Sake Tasting Experience at the Japanese Sake and Shochu Information Center ▶
Tokyo Metropolitan Area
- Day 2: Tokyo Station ▶ Sendai Station ▶ Matsushima ②** ▶
Otaka-Mori ▶ Oku-Matsushima
- Day 3: Oku-Matsushima ▶ Tsukihama Public Beach ▶
Sendai Station ▶ Tokyo Station**



www.tohokuandtokyo.org/route_17/

Tokyo



Enclosed by 3,000 pieces of bamboo, the chic café Jugetsudo provides a popular Japanese tea tasting experience in English.





Tsunoshima Ohashi bridge is one of the longest toll-free public roads in Japan, extending over a length of 1,780 meters. Hanging over a beautiful cobalt blue sea, the bridge has been used as a location for numerous movies, commercials and television programs.

Recommended scenic route >>> PANORAMIC VIEW

- Day 1:** Tokyo Panorama Drive ① ▶ Tokyo City View ▶ Shinjuku ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Iwakuni Kintaiyo Airport ▶ Kintaiyo Bridge ▶ Hagi Hot Spring Village
- Day 3:** Hagi Hot Spring Village ▶ Hagi Castle Town and Hagi Meirin Gakusha (school house) ▶ Tsunoshima Ohashi ② ▶ Nagato Yumoto Onsen Area
- Day 4:** Nagato Yumoto Onsen Area ▶ Karato Fish Market ▶ Yamaguchi Ube Airport ▶ Haneda Airport



www.chushikokuandtokyo.org/route_23/

Tokyo



A one hour ride on this double decker bus takes you to see major attractions such as Tokyo Tower and the Rainbow Bridge.



Kenroku-en Garden is a strolling garden rated as one of the three most beautiful gardens in Japan. During the Edo period (1603-1868), Kenroku-en Garden was founded and extended over generations by the feudal lords of Kaga as a typical Daimyo (feudal lord) garden. Various views from season to season in the garden are a feast for visitors' eyes.

Tokyo



Completed in 1906 as an imperial garden, Shinjuku Gyoen was opened to the public in 1949 and has since been a place for rest and relaxation, an oasis in the city.

Recommended scenic route >>> THE LIVING LEGACY OF SAMURAI CULTURE

Day 1: Todoroki Valley ▶ Sake Tasting Experience (Meishu Center Sake Shop Ochanomizu) ▶ **Shinjuku Gyoen ①** ▶ Tokyo Metropolitan Area

Day 2: Tokyo Station ▶ Kanazawa Station ▶ **Kenroku-en Garden ②** ▶ Korinbo Area

Day 3: Korinbo Area ▶ Nagamachi Samurai Residences District ▶ Cycling Tour at Notojima island ▶ Notojima Island Area

Day 4: Notojima Island Area ▶ Wajima Morning Market ▶ Noto Satoyama Airport ▶ Haneda Airport

Ishikawa



www.hokurikuandtokyo.org/route_3/





Enchantingly known as the “Castle, in the Sky,” Bitchu Matsuyama Castle is the only mountaintop castle among the 12 castles with existing castle towers in Japan and offers magnificent views from its setting near the mountain peak. With luck, you may witness the rare sight of the castle floating above the clouds in early morning during the autumn to spring seasons.

Recommended scenic route >>> CITYSCAPE FROM THE SKY

- Day 1:** TOKYO SKYTREE® ❶ ▶ Edo-Tokyo Museum ▶ Rikugien Gardens ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Okayama Momotaro Airport ▶ Okayama Korakuen Garden and Okayama Castle ▶ Okayama City Area
Day 3: Okayama City Area ▶ **Bitchu Matsuyama Castle** ❷ ▶ Fukiya Furusato Village ▶ Kurashiki City Area
Day 4: Kurashiki City Area ▶ Kurashiki Bikan Historical Quarter ▶ Okayama Momotaro Airport ▶ Haneda Airport

Tokyo



The 634-meter TOKYO SKYTREE® offers sweeping views of the metropolis and beyond from the observatory, and a modern shopping complex and retro shopping streets at its feet.



www.chushikokuandtokyo.org/route_21/





Lauded as one of the “Top 100 Sunset Spots in Japan,” the calm and shallow beach of Chichibugahama offers an incredible view, especially at sunset. If there is no wind to disturb the sea, at low tide you can see the sky reflected beautifully on the water’s surface, creating a magical water mirror.

Tokyo



Mt. Takao is only 50 minutes by train from Shinjuku Station, making a wonderful day trip for some great hiking in the stillness of nature.

Recommended scenic route >>> SUN, SKY & SERENITY

Day 1: Mt. Takao ❶ ▶ The Sumida Hokusai Museum ▶ Chanko Nabe (sumo wrestlers’ stew) ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Takamatsu Airport ▶ Takaya Shrine ▶ Chichibugahama Beach ❷ ▶ Kotohira Town Area

Day 3: Kotohira Town Area ▶ Yashima ▶ Shodo Island Area

Day 4: Shodo Island Area ▶ Shodoshima Angel Road ▶ Takamatsu Airport ▶ Haneda Airport



www.chushikokuandtokyo.org/route_25/





Founded nearly 770 years ago as a training monastery for Zen Buddhism, Daihonzan Eiheiji Temple continues to be a key training ground with over 200 monks devoting themselves to the strict practice of Zen meditation. Stroll the cleanly swept, quiet temple premises surrounded by ancient cedar trees and experience the spirit of Zen.

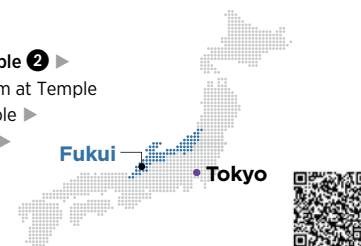
Tokyo



The Sumida Hokusai Museum introduces works of ukiyo-e wood block print artist Katsushika Hokusai, along with a life-size model of his art studio that lets visitors get a glimpse of the final years of the artist's life.

Recommended scenic route **TIMELESS ARTISTRY**

- Day 1: The Sumida Hokusai Museum ①** ▶
 TOKYO CRUISE Sumidagawa Line ▶
 Happo-en: Enju ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Komatsu Airport ▶ Tojinbo ▶
 Awara Onsen Area
- Day 3:** Awara Onsen Area ▶
Daihonzan Eiheiji Temple ② ▶
 Overnight Stay Program at Temple
- Day 4:** Daihonzan Eiheiji Temple ▶
 Echizen Washi Village ▶
 Kanazawa Station ▶
 Tokyo Station



www.hokurikuandtokyo.org/route_4/





Awaodori is one of the best-known dances of Japan with a 400-year history, and over a million dancers and spectators take part in the annual Awaodori Dance Festival in August. At this museum, experience Awaodori year-round through demonstrations and learn about the history of this passionate dance.

Recommended scenic route >>> FESTIVE MOMENT

Day 1: Koishikawa Korakuen Gardens ▶ **Ninja Experience (Ninja Trick House)** ① ▶ Shinjuku ▶ Tokyo Metropolitan Area

Day 2: Haneda Airport ▶ Tokushima Awaodori Airport ▶ Naruto Whirlpools ▶ **Awaodori Kaikan** ② ▶ Tokushima City Area

Day 3: Tokushima City Area ▶ Tairyuji Ropeway ▶ Anan City Area

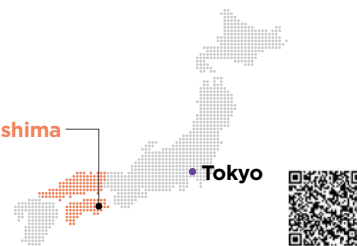
Day 4: Anan City Area ▶ Hiwasa Hachiman Shrine Autumn Festival ▶ Tokushima Awaodori Airport ▶ Haneda Airport

Tokyo



Shinjuku's Ninja Trick House offers fun for the whole family with sword trick and ninja star throwing experiences in addition to photo sessions with ninjas.

Tokushima



www.chushikokuandtokyo.org/route_24/





Yayoi Kusama, 'Tsumari in Bloom', photo: Osamu Nakamura

2

Matsudai Nohbutai is a cultural facility and one of the bases for the Echigo-Tsumari Art Triennale, a world-class art festival held every three years with a novel approach to present regional assets through art. The museum and surrounding areas also house many works by acclaimed artists, including Yayoi Kusama.

Recommended scenic route ▶▶ THE BEAUTY OF JAPAN'S TRADITION

Day 1: Shunkaen Bonsai Museum ① ▶ Shibuya ▶ Daikanyama ▶ Tokyo Metropolitan Area

Day 2: Tokyo Station ▶ Echigo-Yuzawa Station ▶ Matsudai Nohbutai ② ▶ Echigo Yuzawa Area

Day 3: Echigo Yuzawa Area ▶ Uonumanosato ▶ Senami Onsen Area

Day 4: Senami Onsen Area ▶ Walking around Murakami ▶ Gotokuya Jube Photoshoot (Geisha Style) ▶ Niigata Station ▶ Tokyo Station



www.hokurikuandtokyo.org/route_1/

Tokyo



The Shunkaen Bonsai Museum displays various remarkable bonsai miniature trees for all seasons. Visitors are warmly welcomed by the beautiful *nishikigoi* pond and over 1,000 bonsai pots elegantly arranged in a Japanese garden.

1





The Phoenix Seagaia Resort encompasses a variety of hotels, a golf course and amusement facilities in a superb location right by the ocean. Indulge yourself in the resort experience complete with splendid beaches, sumptuous local and international cuisine, a hot spring and various activities to enjoy the great outdoors.

Recommended scenic route >>> RELAXATION & CULTURE

- Day 1: Origami Experience (Ochanomizu Origami Kaikan) ①** ▶ Nihombashi (cultural experience) ▶ Nezu Museum ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Miyazaki Bougainvillea Airport ▶ Kirishima Factory Garden ▶ Saito City Area
Day 3: Saito City Area ▶ Saitobaru Kofun-gun (Saitobaru Burial Mounds) ▶ Aya Teruha Suspension Bridge ▶ Sheraton Grande Ocean Resort
Day 4: Sheraton Grande Ocean Resort ▶ **Phoenix Seagaia Resort ②** ▶ Miyazaki Bougainvillea Airport ▶ Haneda Airport

Tokyo



Ochanomizu Origami Kaikan is a multi-functional space dedicated to the art of origami and hosts regular workshops that allow visitors to experience the joy of creating various shapes out of paper.



www.kyushuandtokyo.org/route_14/





Sakurajima, 1,117 meters above sea level with a circumference of 52 kilometers, is a renowned active volcano in Japan, which is surrounded by Kinkowan Bay in Kagoshima Prefecture. Tourists come not only for the scenic beauty of the smoldering volcano but also for hot springs and sand baths (Ibusuki City) heated by the active volcano.

Tokyo



"Under the Wave off Kanagawa from the series Thirty-six Views of Mount Fuji" Collection: The Sumida Hokusai Museum

Katsushika Hokusai is a world-renowned ukiyo-wood block print artist. The Sumida Hokusai Museum showcases paintings by Katsushika Hokusai including the iconic work portraying Mt. Fuji, a symbol of Japan.

Recommended scenic route >>> FEEL THE EARTH

- Day 1:** The Tokyo Sakura Tram (Toden Arakawa Line) ▶ **The Sumida Hokusai Museum ①** ▶ SKY BUS TOKYO (Odaiba Night Course) ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Kagoshima Airport ▶ **Sakurajima ②** ▶ Kagoshima City Area
- Day 3:** Kagoshima City Area ▶ Express Ibusuki no Tamatebako ▶ Chiringashima ▶ Sunamushi Onsen ▶ Kagoshima City Area
- Day 4:** Kagoshima City Area ▶ Kagoshima Airport ▶ Haneda Airport



www.kyushuandtokyo.org/route_15/





Tazawako Skiing Area is famous among skiers for its silky powder snow. You can find courses with moguls and deep powder, for beginners as well as for professionals, so take this opportunity to enjoy the adrenaline rush of sliding down the slopes!

Recommended scenic route >>> EXPERIENCE ILLUMINATION & POWDERSNOW

- Day 1:** Omotesando ▶ Marunouchi Naka-Dori Street ▶ **Tokyo Tower ①** ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Akita Airport ▶ **Tazawako Skiing Area ②** ▶ Nyuto Onsen Area ▶ Tazawako Area
- Day 3:** Tazawako Area ▶ Kakunodate Bukeyashiki-dori Street ▶ Paper Balloon Festival of Kamihinokinai ▶ Kakunodate Area
- Day 4:** Kakunodate Area ▶ Akita Airport ▶ Haneda Airport

Tokyo

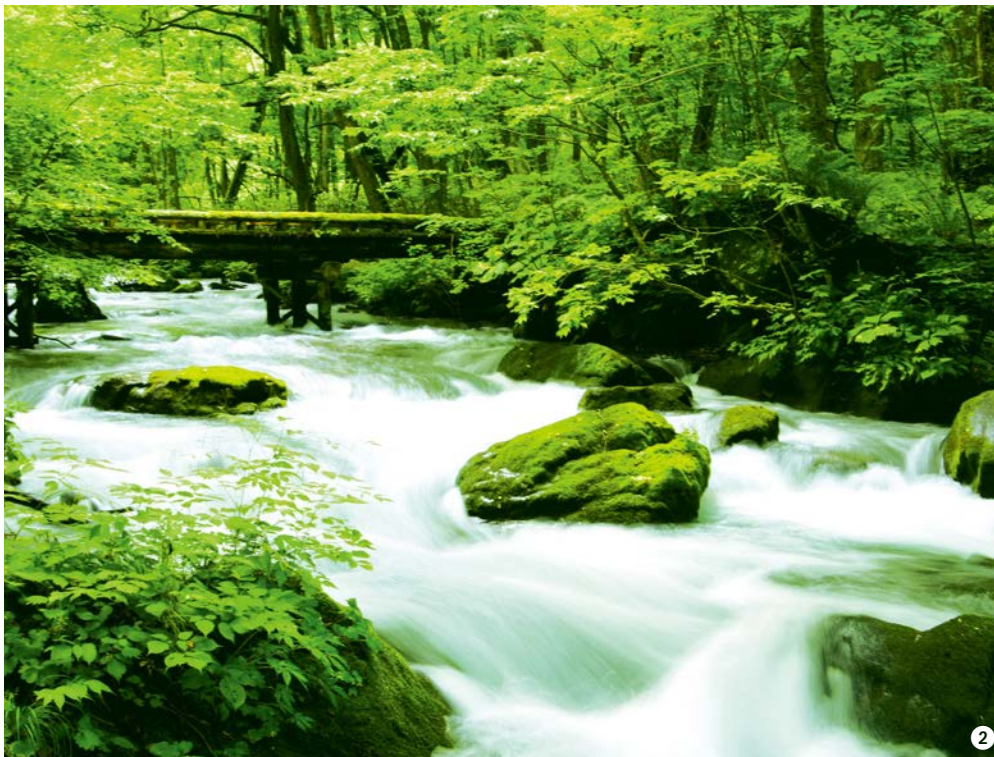


Tokyo Tower features a 250-meter-high observation deck where you can see the expanse of Tokyo and its evening lights.



www.tohokuandtokyo.org/route_20/





Oirase Stream is a 14-kilometer-long picturesque stream of the Oirase River that flows from Lake Towada to Mt. Yakeyama. Cycling is the best way to enjoy Oirase. The cycling path is relatively flat and about the same height as the adjacent river. Electric bikes are available for rental.

Tokyo



Established in 1920, Meiji Jingu Shrine is dedicated to Emperor Meiji and his consort Empress Shoken. The shrine is surrounded by an extensive forest and attracts a large number of visitors especially during the New Year period.

Recommended scenic route >>> STONE & WATER

Day 1: Todoroki Valley ▶ Meiji Jingu Shrine ① ▶ Yoyogi Park ▶ Tokyo Metropolitan Area

Day 2: Tokyo Station ▶ Shin-Aomori Station ▶ Oirase Stream Cycling ② ▶ Lake Towada Canoe Tour ▶ Oirase Keiryu Area

Day 3: Oirase Keiryu Area ▶ Tsuta Onsen Area ▶ Hakkoda Ropeway ▶ Shin-Aomori Station ▶ Tokyo Station

Aomori



www.tohokuandtokyo.org/route_18/



The Shimanami Kaido is a 70-kilometer “sea road” spanning across nine bridges and six islands that connects Ehime Prefecture to Hiroshima Prefecture. Its bicycle road is highly regarded by cyclists as one of the world’s best routes for its spectacular views. The numerous bicycle rental shops along the route allow cyclists to easily rent/return bicycles.

Recommended scenic route ISLANDS & SKYSCRAPERS

- Day 1: Tokyo City View ①** ▶ The Kimono Gallery ▶ SKY BUS TOKYO (Odaiba Night Course) ▶ Tokyo Metropolitan Area
Day 2: Haneda Airport ▶ Matsuyama Airport ▶ Matsuyama Castle ▶ Dogo Onsen Area
Day 3: Dogo Onsen Area ▶ **Shimanami Kaido ②** ▶ Dogo Onsen Area
Day 4: Dogo Onsen Area ▶ Iyonada Monogatari (sightseeing train) ▶ Matsuyama Airport ▶ Haneda Airport

Tokyo



Located on top of Roppongi Hills, Tokyo City View features an indoor observation gallery at 250 meters above sea level and a 360-degree-view outdoor Sky Deck, one of the highest open-air observatories in the Kanto region at 270 meters above sea level, with commanding views of various landmarks from the heart of the city.



www.chushikokuandtokyo.org/route_26/





© Kochi Visitors & Convention Association

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Known as the “last pristine river in Japan,” the Shimanto River stretches 196 kilometers with numerous fun spots to immerse yourself in nature. Whether it be a slow and easy ride on a bicycle or canoeing, there are an infinite number of ways to enjoy the beauty of the river.

Recommended scenic route >>> BLUE RIVER & URBAN BEACH

- Day 1:** Asakusa ▶ The Kimono Gallery ▶ Odaiba Marine Park ① ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Kochi Ryoma Airport ▶ Rafting on Yoshino River ▶ Kochi City Area
- Day 3:** Kochi City Area ▶ Farmer's Restaurant Shaenjiri ▶ Shimanto River ② ▶ Shimanto City Area
- Day 4:** Shimanto City Area ▶ Walking the Town of Nakatoso ▶ Kochi Ryoma Airport ▶ Haneda Airport



www.chushikokuandtokyo.org/route_27/

Tokyo



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Enjoy a grand day out at the family-friendly Odaiba Marine Park with a white sandy beach and great views of Tokyo Bay and the Rainbow Bridge.



The first crater of Mt. Nakadake, part of the five peaks surrounding the Aso Volcano, is one of the few tourist destinations in the world where you can experience volcanic activities up close. The spectacular emerald green caldera lake is a must-see. Enjoy Kumamoto's world-class natural beauty in Aso.

Tokyo



Constructed on land given to the Shogun in 1695, Rikugien Gardens feature beautiful manmade landscapes in the Edo period (1603-1868) strolling garden style.

Recommended scenic route >>> WILDNESS & STILLNESS

- Day 1:** Rikugien Gardens ① ▶ The Sumida Hokusai Museum ▶ Tokyo City View ▶ Tokyo Metropolitan Area
- Day 2:** Haneda Airport ▶ Aso Kumamoto Airport ▶ Seeing the Aso Volcano Crater ② ▶ Aso City Area
- Day 3:** Daikanbo Paragliding Experience ▶ Cycling Experiences ▶ Kurokawa Onsen Area
- Day 4:** Kurokawa Onsen Area ▶ Aso Kumamoto Airport ▶ Haneda Airport



www.kyushuandtokyo.org/route_13/





Japan Airlines Co., Ltd.



Japan Airlines (JAL) and the entire JAL Group hope to become the world's most preferred and valued airline group, and are working towards that goal each and every day. As technology evolves, with social media and other innovations catalyzing globalization at a greater rate than ever before, everyone at the JAL Group understands that customer expectations and demands are evolving, as well. In order to continue delivering the very best level of service and customer experience on every flight, JAL is committed to tackling new endeavors and taking on new challenges, while maintaining our strict standards of flight safety. We hope we can show you our passion for air travel on your next flight.

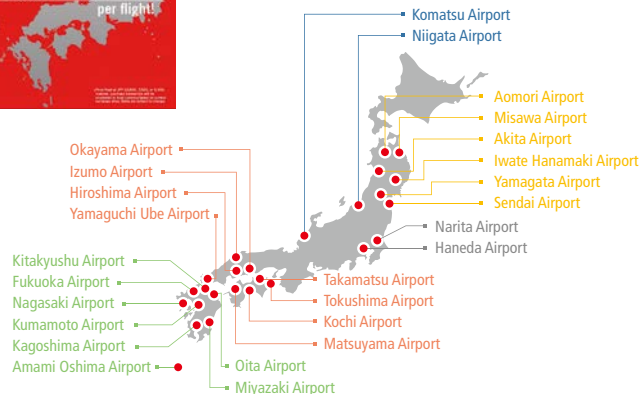


*Product information as of January, 2019



JAL Japan Explorer Pass is a simple and low cost fare for travelers wishing to explore the unique culture and feel of local Japan. The fare can be used to access over 30 cities across JAL's domestic network.

- Only individuals residing outside Japan with a return ticket leaving Japan are eligible to purchase JAL Japan Explorer Pass fares.
- Reservation and purchase of domestic flight sectors must be completed through JAL's website.



www.world.jal.co.jp/world/jep/





ALL NIPPON AIRWAYS CO., LTD (ANA) is Japan's largest airline company. In 2018, ANA has been awarded the respected five stars rating for the six consecutive years by Skytrax, one of the world's leading airline and airport review sites.

To introduce Japan's hidden treasures to the entire world, ANA has offered the new website "Japan Travel Planner". You can create a travel plan simply by selecting the places you want to visit. What will you choose?

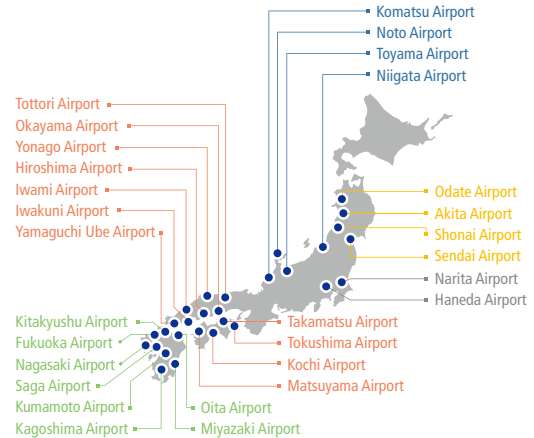
In order to allow more overseas visitors to easily travel throughout Japan, ANA has introduced the special maximum 10,800 yen "ANA Experience JAPAN Fare", which applies to single flights to anywhere within Japan. Please visit the ANA website for more details.



*Product information as of January, 2019

ANA DOMESTIC NETWORK

ANA has a network of 52 domestic cities and operates more than 1,000 flights per day.



Make your own plan and enjoy your trip to Japan even more!
 Discover the best time and places to visit Japan with ANA!
 Your Japan experience awaits!

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Japan Travel Planner

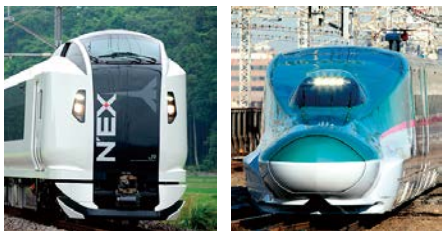


www.ana.co.jp/jtp/





East Japan Railway Company



With a rail network covering Tokyo and the rest of the East Japan area, JR East is one of Japan's leading railway companies. The network includes a total of 69 lines covering 7,457.3 kilometers, with 17.7 million passengers riding each day. Take the Narita Express train from Narita Airport for convenient access to Tokyo's major train stations.

Try using the "JR EAST PASS" rail pass to get to the Tohoku region and the "Hokuriku Arch Pass" to visit the Hokuriku region. Both passes will let you take the Narita Express, so enjoy a fun and memorable train journey.



JR EAST PASS

Valid Period	Your choice of any five days within a 14-day period from the day when the pass is issued (flexible five-day pass)				
Sales Prices	Purchasing from outside Japan	Adults (12 year old or older)	19,000 yen	Children (6-11 year old)	9,500 yen
	Purchasing in Japan		20,000 yen		10,000 yen



Hokuriku Arch Pass

Valid Period	Seven consecutive days				
Sales Prices	Purchasing from outside Japan	Adults (12 year old or older)	24,000 yen	Children (6-11 year old)	12,000 yen
	Purchasing in Japan		25,000 yen		12,500 yen

*Product information as of July, 2018

www.jreast.co.jp/e/



West Japan Railway Company



The West Japan Railway Company, also known as JR West, operates railways in Osaka, Kyoto and the rest of western Japan, and is one of Japan's foremost railway companies. Kansai-Airport Express "HARUKA" offers great access to city centers, and for trips to the Sanyo-San'in area, the Sanyo Shinkansen and the "Super Hakuto" and "Yakumo" limited express trains are convenient. Take the "Thunderbird" Limited Express from Osaka to visit the Hokuriku region, where you can also travel to Tokyo on the Hokuriku Shinkansen. Use the "JR-WEST RAIL PASS" for unlimited rides and have fun traveling by train.

Other inexpensive and convenient passes are also available. Great range of products!!

Product name	Validity	Price	
		Purchasing outside Japan	Purchasing in Japan
Kansai WIDE Area Pass	5-day	¥9,000	¥10,000
Kansai-Hiroshima Area Pass	5-day	¥13,500	¥14,500
Osaka-Hakata 'Setouchi Area Pass'	5-day	¥17,000	¥18,000
Osaka-Hakata 'Sanyo-San'in Area Pass'	7-day	¥19,000	¥20,000
Sanyo-San'in Northern Kyushu Pass	7-day	¥22,000	¥23,000
Hiroshima-Yamaguchi Area Pass	5-day	¥11,000	¥12,000
Okayama-Hiroshima-Yamaguchi Area Pass	5-day	¥13,500	¥14,500
San'in-Okayama Area Pass	4-day	¥4,500	¥5,500
Kansai-Hokuriku Area Pass	7-day	¥15,000	¥16,000
Hokuriku Area Pass	4-day	¥5,000	¥5,500
Osaka-Tokyo 'Hokuriku Arch Pass'	7-day	¥24,000	¥25,000
Osaka-Nagoya 'Takayama-Hokuriku Area Tourist Pass'	5-day	¥14,000	¥15,000

*Product information as of July, 2018

www.westjr.co.jp/global/en/ticket/





Shikoku Railway Company

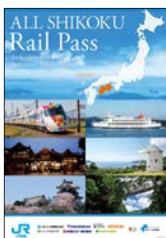


The Shikoku Railway Company, more commonly known as JR Shikoku, operates railways in all four prefectures of Shikoku, as well as Kojima Station in Okayama Prefecture. Very popular for its low price and ease of use, the company offers an “ALL SHIKOKU Rail Pass” that allows unlimited rides on all private railways (including JR Shikoku railways) in all areas of Shikoku. For trips in Shikoku, use the “ALL SHIKOKU Rail Pass” and enjoy traveling by train.

ALL SHIKOKU Rail Pass

Eligibility: Use of this pass is restricted to foreign nationals visiting Japan on short-term visas that meet the following conditions:

1. Possession of a non-Japanese passport.
2. Visiting Japan for sightseeing on a short-term visa of 90 days or less upon entry.



shikoku-railwaytrip.com/



Kyushu Railway Company



Kyushu has a wealth of hot springs to enjoy, such as the famous sand baths of Ibusuki and Beppu, which boasts the most amounts of hot water in Japan. JR Kyushu is very convenient for touring the region as it operates a rail network that spans Kyushu.

Popular with tourists are the D&S sightseeing trains with their emphasis on design. Enjoy riding the rails in Kyushu with the JR Kyushu Rail Pass, an inexpensive travel pass for foreign visitors to Japan!

JR Kyushu Rail Pass

This is an unlimited rail pass on the Kyushu Shinkansen and Limited Express Trains in the area. There are 3 types, All Kyushu Area, Northern Kyushu Area and Southern Kyushu Area.



www.jrkyushu.co.jp/english/railpass/railpass.html



Nishi-Nippon Railroad Co., Ltd.



Fukuoka, the closest international city from Asia. Nishi-Nippon Railroad, or “Nishitetsu,” delivers an excellent time for its customers from within Japan and from abroad with its bus, railway, hotel and shopping center businesses in Fukuoka.

The Tenjin district, where Nishitetsu is based, is the heart of Fukuoka, lined with shops loved by local residents and buildings where you can enjoy everything from cosmetics to cuisine to fashion.

FUKUOKA TOURIST CITY PASS

This is a day ticket for foreign visitors with unlimited bus and train use within Fukuoka City. You can use this convenient ticket on 5 public transport companies: Nishitetsu Bus, Showa Bus, JR Kyushu, Nishitetsu Train and Fukuoka Subway. Just show the ticket at the train ticket gate or to the bus driver when you get on and off. This one ticket allows you to visit the major sightseeing spots in Fukuoka City.



www.nishitetsu.jp/en/ticket/



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