

# DISCOVER TOKYO

*An Unforgettable School Trip*



# Experience Fascinating Japan in Tokyo, Where

Tokyo is a metropolis like no other. A sprawling city where ancient meets modern, Tokyo has served as the pulsating heart of Japan for over 400 years. Tourists flock here from around the world to sample the city's one-of-a-kind atmosphere. While embracing legacy and tradition, the city is forever in flux. Come to Tokyo and you are guaranteed an unforgettable experience.

## 5 Reasons to Choose Tokyo for School Trips

1



### Safety and Security

Any destination you choose for a school trip must be safe and it must provide a sense of security. According to the "Safe Cities Index 2017" report compiled by UK-based news magazine *The Economist*, Tokyo ranks as the safest major city in the world. Visitors and locals alike appreciate this aspect of the city, along with its notable cleanliness. Safe and clean Tokyo therefore makes an ideal destination for a school trip.

2



### Japan's Economic Heart

Tokyo is an international center of economic activity. By itself, it accounts for around 20% of Japan's GDP—a figure that puts it on a par with the entire country of Mexico. The bustling streets of Tokyo never fail to amaze visitors to the city. Another draw for anyone planning a school trip here is the abundance of industry- and economy-related facilities that welcome visiting tour groups.

3



### The Hub of Japan

With two international airports, Haneda and Narita, Tokyo is Japan's main gateway to the world. Domestic flights and an extensive network of Shinkansen bullet trains connect Tokyo with the rest of the country. Nearby major sightseeing spots such as Mt. Fuji are readily accessible by road. In all, Tokyo serves as a convenient transportation hub that provides easy access to other destinations.

4



### Packed with Tourist Attractions

Tokyo is packed with a wealth of tourist attractions, from the cutting-edge to the traditional. Here, you will discover amazing pop culture, fashion, shopping, cuisine, entertainment, and more. The exciting fusion that is Tokyo makes for an unforgettable trip.

5



### Exchanges with Local Students

Trips to Tokyo also bring the chance to interact with local schools. With the city preparing to host the 2020 Summer Olympics and Paralympics, many of Tokyo's schools are seeking opportunities for international exchanges. Students of all ages are excited at the prospect of meeting and communicating with their peers from overseas.



# Old Meets New

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## Tokyo—Blessed with the Beauty of the Four Seasons

Japan has four well-defined seasons. Whatever time of year you visit, you can enjoy a distinctive seasonal environment with traditional festivals and ceremonies.



Spring is a season of endings and beginnings, a time of school graduations and new starts in life. Picturesque blossoms signal the arrival of spring, as people enjoy *hanami* (cherry blossom viewing) parties and spring festivals.

### ■ Spring Flowers

Tokyo has several famous locations where you can enjoy seeing a variety of flowers, such as field mustard blossoms, azaleas, Japanese wisteria, and roses.

### ■ Cherry Blossom Viewing

In Tokyo, you're never far from a prime blossom-viewing spot. Popular cherry blossom festivals are held at various locations, including Ueno Park.

### ■ Spring Festivals

The season of new growth also brings numerous festivals, such as the popular Sanja Matsuri. Held over three days in mid-May at Asakusa Jinja shrine, this huge festival attracts 2 million visitors.



The summer calendar is packed with a variety of seasonal events. At night, people gather in a festive mood to enjoy fireworks and *bon-odori* dances.

### ■ Fireworks

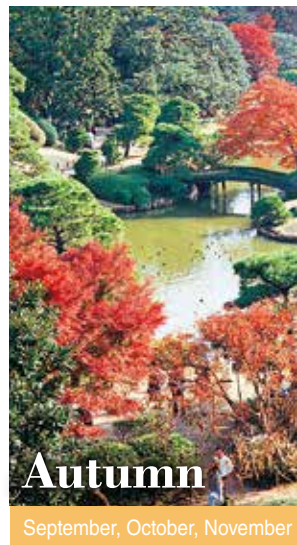
Japanese fireworks (*hanabi*) are some of the most elaborate in the world. On weekends in July and August, fireworks festivals are held throughout Tokyo.

### ■ Bon-odori

*Bon-odori* dances are another essential part of the Japanese summer experience. Dancers move in sync to lively traditional music at more than 200 *bon-odori* events held at countless locations in Tokyo.

### ■ Tanabata Matsuri (Star Festival)

This festival is held at temples and shrines throughout Tokyo. People celebrate *tanabata* once a year by writing their wishes on a strip of paper, which is then hung on a bamboo tree.



Autumn in Japan is perfect for outdoor activities. It's also a time for indulging in the culinary delights of the season.

### ■ Season for Hearty Appetites

Autumn, the harvest season, is known in Japan as "the season for hearty appetites". Friends and families gather to enjoy a wide variety of seasonal delicacies.

### ■ Torino-ichi

The purpose of this festival, which is held at temples and shrines throughout Tokyo, is to give thanks to the gods for the previous year and to pray for good fortune in the year ahead. People buy decorated bamboo rakes called *kumade*, which are believed to bring good luck and prosperity in business.

### ■ Autumn Foliage

Leaves turn glorious shades of red and yellow. Large gardens, botanical parks, and public spaces around Tokyo give people the chance to enjoy beautiful autumn scenes.



Tokyo bustles with activity during winter, especially in the lead-up to Christmas and over the New Year holidays. The streets teem with people, and beautiful light displays illuminate the city at night.

### ■ New Year's Eve

A common Japanese custom on New Year's Eve (*oomisoka*) is to eat buckwheat noodles. Starting late on New Year's Eve and going into New Year's Day, temples in Tokyo ring their bells 108 times.

### ■ Hatsumode

On this first visit of the year to a temple or shrine, people thank the gods for the past year and pray for safety and fortune in the coming year. Temples and shrines are packed with people for this New Year custom.

### ■ Setsubun Mamemaki

The ritual of *mamemaki* (throwing roasted soybeans) during the Setsubun festival is believed to drive away the previous year's evil spirits and clear the way for good fortune to arrive in the lunar New Year. It's customary to eat the same number of beans as one's age.

# The Main Areas of Tokyo

The metropolis of Tokyo is among the largest in the world. Each of the city's neighborhoods has its own character, with the atmosphere changing from one train line to the next and even from one station to the next. Let's take a look now at some of Tokyo's more renowned districts, each of which is packed with opportunities for learning and gaining new experiences. Places where you can see cultural heritage sites steeped in history, tap into cutting-edge youth culture, and so much more.

## 1 Kichijoji



With its lively yet easygoing atmosphere, Kichijoji offers something for young and old alike. Along with the nature-rich Inokashira Park, Kichijoji includes shopping arcades and alleyways brimming with activity.

## 2 Shinjuku



Ever-evolving Shinjuku is the epicenter of Tokyo culture. One of the area's landmarks is the Tokyo Metropolitan Government Building, Tokyo's administrative heart. Shinjuku has many faces: the east side of Shinjuku Station is a shopper's paradise, while the west side is a major business area.

## 3 Harajuku and Omotesando



This area caters to all tastes. Find affordable, stylish items in youthful Harajuku, or shop for high-end fashion brands in upmarket Omotesando.

## 4 Shibuya



The place to go for the latest *kawaii* items and trends. This hub of Japanese youth culture is also home to sights such as the Hachiko statue (a popular meeting spot) and the famous "scramble" crossing.



Note: This map is for illustrational purposes only. For exact locations, please refer to a more detailed map.

## 5 Roppongi



Roppongi is a popular area that boasts a cornucopia of restaurants and commercial complexes. Renowned for its art and cultural facilities, Roppongi teems with people of many nationalities who lend the area a cosmopolitan air.

## 6 Daikanyama



Interspersed throughout Daikanyama are unique and stylish establishments, including boutiques, restaurants, and the distinctive Hillside Terrace complex.





**9 Ueno**



The Ueno neighborhood offers a blend of vibrancy and culture. Museums and art galleries offer a window onto high culture, while a wholesale district and the Ameya Yokocho (Ameyoko) market overflow with commercial energy.

**10 Asakusa, Sumida, Oshiage**



A popular area where old meets new. Local landmarks include the world's tallest free-standing broadcasting tower, Tokyo Skytree, and the iconic Kaminarimon, an imposing gate that supports a gigantic red lantern.

**11 Akihabara**



For computers and electronic gadgets, look no further. Anime and other subcultures find their home here and draw fans from far and wide.

**12 Marunouchi**



The heart of Tokyo continues to evolve following the 2012 renovation of Tokyo Station and the area surrounding it, which now includes myriad new commercial complexes and restaurants.

**13 Odaiba**



This open waterfront area is now one of Tokyo's top tourist destinations, proving immensely popular with visitors from around the world.

**7 Ginza**



Like New York's Fifth Avenue or London's Oxford Street, Ginza is packed with high-class boutiques and flagship stores. The area is also celebrated for its range of fine dining establishments.

**8 Nihonbashi**

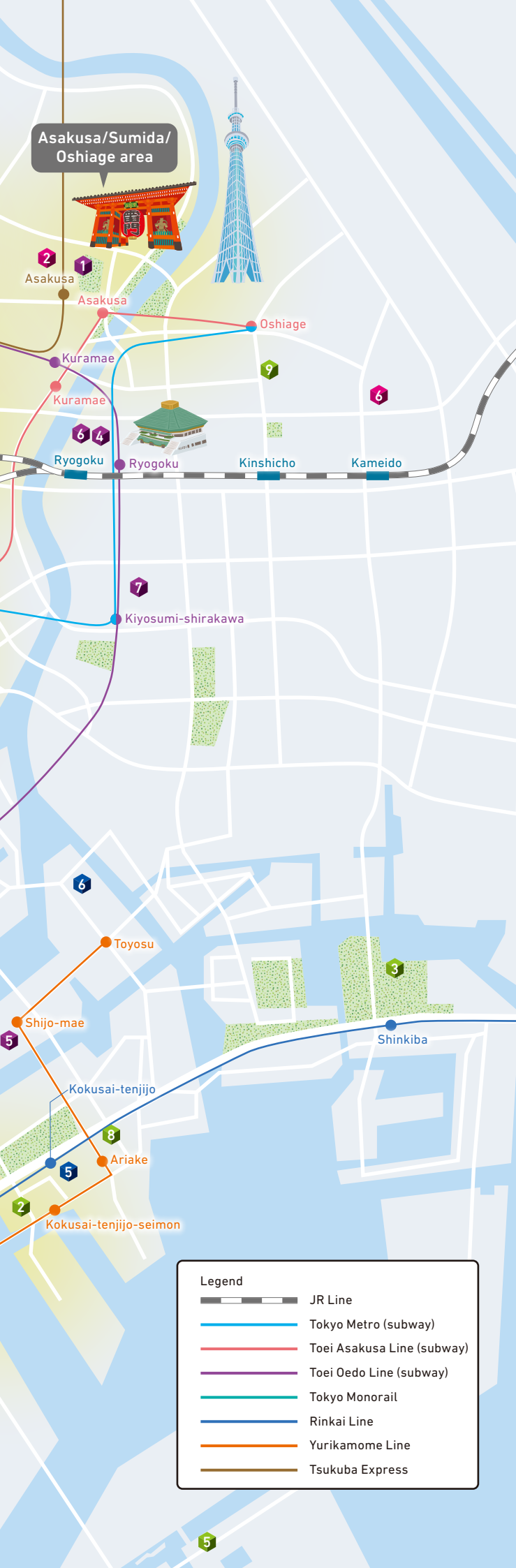


Since the Edo period, Nihonbashi has been a key commercial and financial center. Testifying to the area's rich cultural history are numerous long-established restaurants, specialty shops, and important cultural properties.

# Various Places of Interest







## History and Culture

P13

- 1 Sensoji Temple
- 2 Meiji Jingu (Shinto Shrine)
- 3 Kokyo Gaien National Gardens
- 4 Tokyo Metropolitan Edo-Tokyo Museum
- 5 Toyosu Market
- 6 Sumo Museum
- 7 Fukagawa Edo Museum
- 8 Edo-Tokyo Open Air Architectural Museum
- 9 Baseball Hall of Fame and Museum

## Science and Technology

P14

- 1 National Museum of Nature and Science
- 2 National Museum of Emerging Science and Innovation (Miraikan)
- 3 Advanced Technology Exhibition Hall @ TEPIA
- 4 METoA Ginza
- 5 Panasonic Center Tokyo
- 6 i-muse
- 7 Daiichi Sankyo Kusuri Museum
- 8 Printing Museum, Tokyo

## The Environment and Disaster Preparedness

P15

- 1 Tokyo Waterworks Historical Museum
- 2 Tokyo Water Science Museum
- 3 Tokyo Yumenoshima Tropical Greenhouse Dome
- 4 Minato Incineration Plant
- 5 Central Breakwater Landfill Site
- 6 Tokyo Sewerage Museum "Rainbow"
- 7 Ikebukuro Life Safety Learning Center, Tokyo Fire Department
- 8 Sona Area Tokyo Disaster Prevention Experience-Learning Facility
- 9 Honjo Life Safety Learning Center, Tokyo Fire Department

## Hands-on Programs, Others

P16

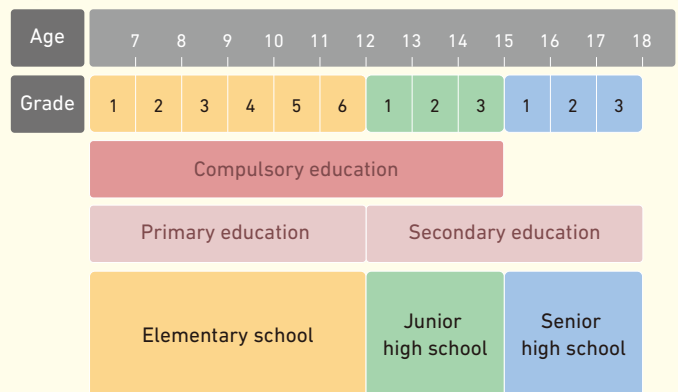
- 1 Suginami Animation Museum, Tokyo Polytechnic University
- 2 Ganso Shokuhin Sample-ya Kappabashi Store
- 3 Sakamori Cloisonné Craftworks Shop
- 4 Waseda University
- 5 Some-no-sato Futaba-en
- 6 Edo-kiriko Irodori Glass
- 7 Meguro Parasitological Museum
- 8 Haneda Chronogate

# School Exchange Programs— Transcend Language and Culture to Learn and Grow with Tokyo Students

## Japan's Education System

The Japanese education system comprises six years of elementary school, three years of junior high school, and three years of senior high school. Education is compulsory for the first nine years, from elementary school (ages 7 to 12) through junior high school (ages 13 to 15). In 1974, the percentage of students going on to attend senior high school surpassed 90%; ever since then, this figure has stayed at a high level, reaching 98% in recent years.

The school year starts in April, with most schools adopting a three-semester system. Recently, an increasing number of schools are switching to a two-semester system. The time frame for school exchanges therefore depends on which system the host school is using.



## Events on the School Calendar (Example)

The school calendar is essentially uniform across Japan, but details differ depending on the school or region. Students attend classes and take part in events held each season as part of a fulfilling school life.

	4 April	5 May	6 June	7 July	8 August	9 September
	<ul style="list-style-type: none"> <li>Entrance ceremony, first-day-of-school ceremony</li> </ul>	<ul style="list-style-type: none"> <li>Sports day</li> </ul>	<ul style="list-style-type: none"> <li>Field trip (4th grade)</li> </ul>	<ul style="list-style-type: none"> <li>Ceremony for end of semester</li> </ul>	<ul style="list-style-type: none"> <li>Field trip (5th grade)</li> </ul>	<ul style="list-style-type: none"> <li>Ceremony for start of second semester</li> </ul>
	<ul style="list-style-type: none"> <li>Entrance ceremony, first-day-of-school ceremony</li> <li>Checkup</li> </ul>	<ul style="list-style-type: none"> <li>School trip (3rd grade)</li> <li>General assembly of the student council</li> </ul>	<ul style="list-style-type: none"> <li>Sports day</li> <li>First periodic exams</li> </ul>	<ul style="list-style-type: none"> <li>Seaside school trip (1st grade)</li> </ul>	<ul style="list-style-type: none"> <li>Summer break</li> </ul>	<ul style="list-style-type: none"> <li>Second periodic exams</li> <li>Track-and-field meet</li> <li>Field trip (1st and 2nd grades)</li> </ul>
	<ul style="list-style-type: none"> <li>Entrance ceremony, first-day-of-school ceremony</li> <li>Checkup</li> <li>General assembly of the student council</li> </ul>	<ul style="list-style-type: none"> <li>School excursion</li> <li>Midterm exams</li> </ul>	<ul style="list-style-type: none"> <li>Sports day</li> </ul>	<ul style="list-style-type: none"> <li>End-of-term exams</li> <li>Ceremony for end of first semester</li> </ul>	<ul style="list-style-type: none"> <li>Summer break</li> </ul>	<ul style="list-style-type: none"> <li>Ceremony for start of second semester, evacuation drills</li> <li>Cultural festival</li> </ul>



# School Exchanges

Tokyo has thrived as Japan's cultural, political, and economic center for more than 400 years, and this is what makes it an outstanding destination for school trips. The city is brimming with amazing sights, from fascinating historical locations to popular sightseeing spots. Tokyo offers a unique blend of cutting-edge technology, tradition, pop culture, fashion, and so much more. And students here are eager to meet and befriend their peers from around the world.

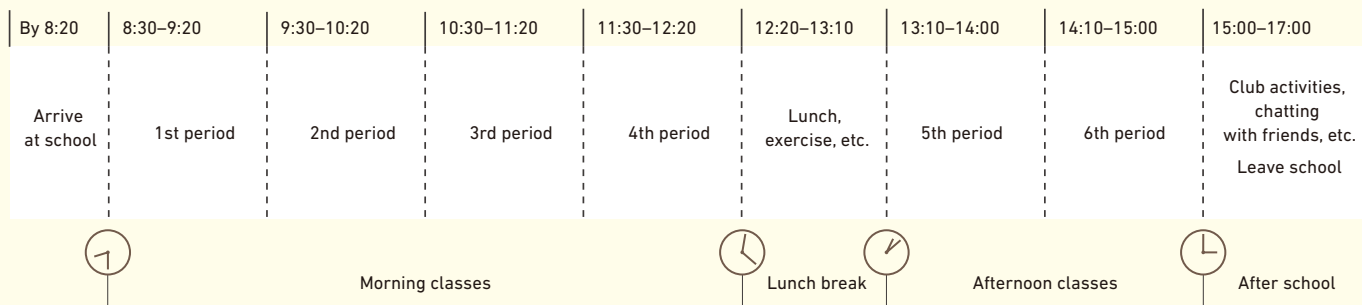


## School Life (Example at Senior High School)

Most senior high schools in Japan have classes Monday to Friday, with six periods a day. Some schools have seven periods a day, and some have regular classes or extracurricular classes on Saturday.

### A Typical Day for a Senior High School Student

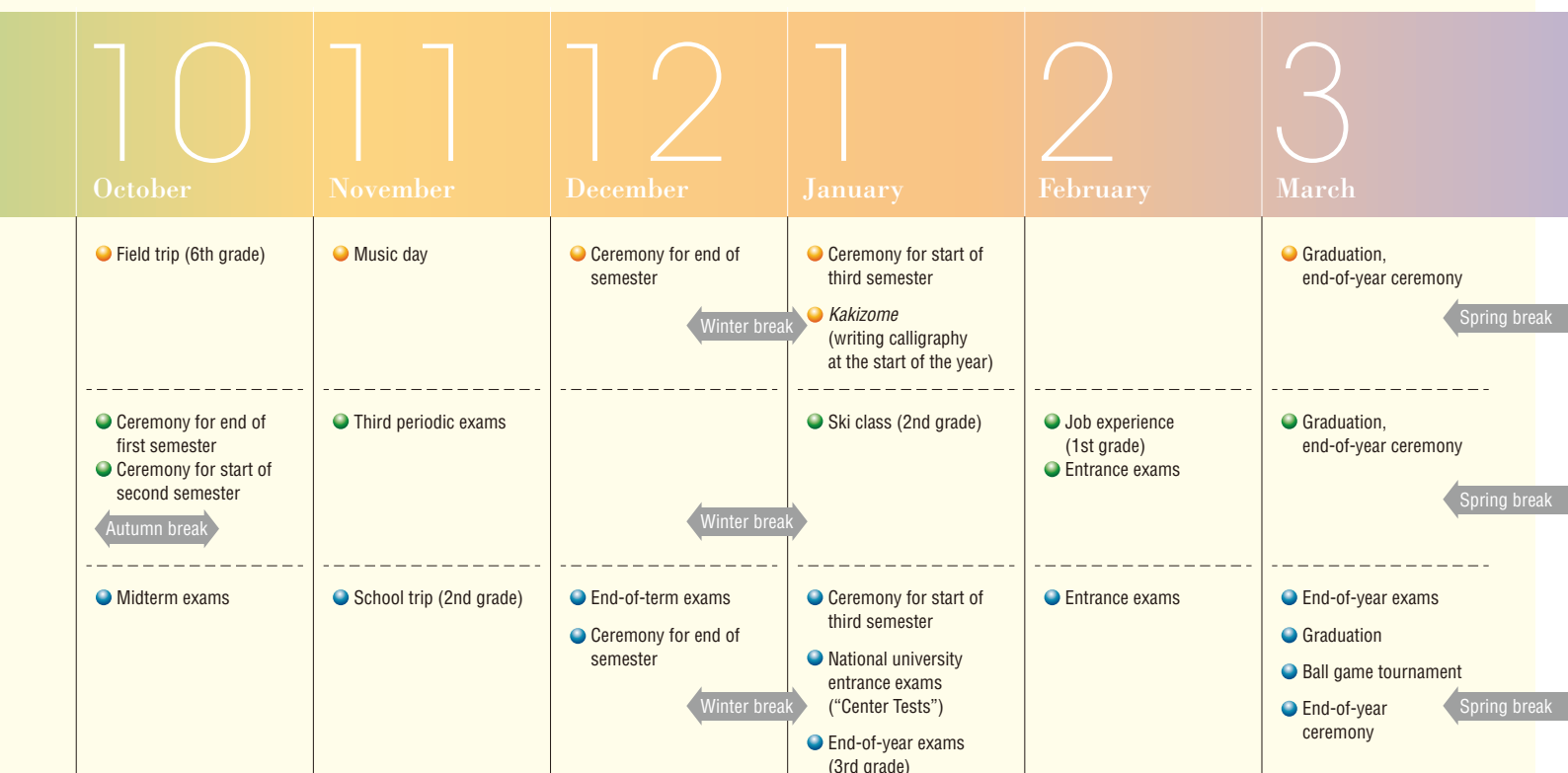
Note: Times vary by school.



● Elementary school

● Junior high school  
(example of two-semester system)

● Senior high school  
(example of three-semester system)



# TCVB Supports Your School Trip with Customized Exchange Programs

Tokyo is home to nearly 500 public or private senior high schools, each with its own unique features for learning. Why not take the chance to visit one of these schools? Exchanges between Japanese and overseas students lead to unforgettable experiences, the benefits of which stay with participants for the rest of their lives.

If your school would like to visit a school in Tokyo, feel free to contact us at the Tokyo Convention & Visitors Bureau (TCVB). We offer a one-stop school-visit service that includes finding a host school, coordinating preparations, and providing assistance on the day—all done with flexibility to match your needs. To be sure of booking your visit, contact us at least three months in advance.

## Assistance by TCVB and the Flow of Proceedings

### What TCVB Offers

● Finding a host school

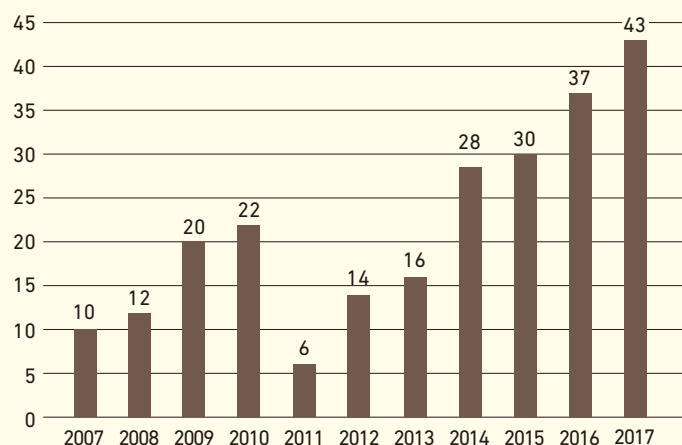
● Arranging the schedule for the day of the visit

● Assistance on the day of the visit  
(TCVB staff on site, arranging volunteer interpreters, etc.)

### Past Achievements

TCVB has a proven track record of coordinating school exchange programs between overseas schools and Tokyo schools.

Number of school exchange programs coordinated by TCVB



### Flow of Proceedings

#### 3 months to 1 month prior to visit

- Contact TCVB (schooltrip@tcvb.or.jp) and request arrangements for a school visit
- TCVB finds a host school to match your requests regarding location, exchange program content, etc.

#### Host school chosen

- TCVB arranges the schedule on the visiting day (determining classes and club activities available for participation, performances by students from both schools, souvenirs, etc.)
- If necessary, TCVB arranges for volunteer interpreters on the visiting day

#### Day of the visit

- TCVB personnel are on hand to provide assistance

#### After visiting

- TCVB collects questionnaires (filled out by the visiting school and the host school)

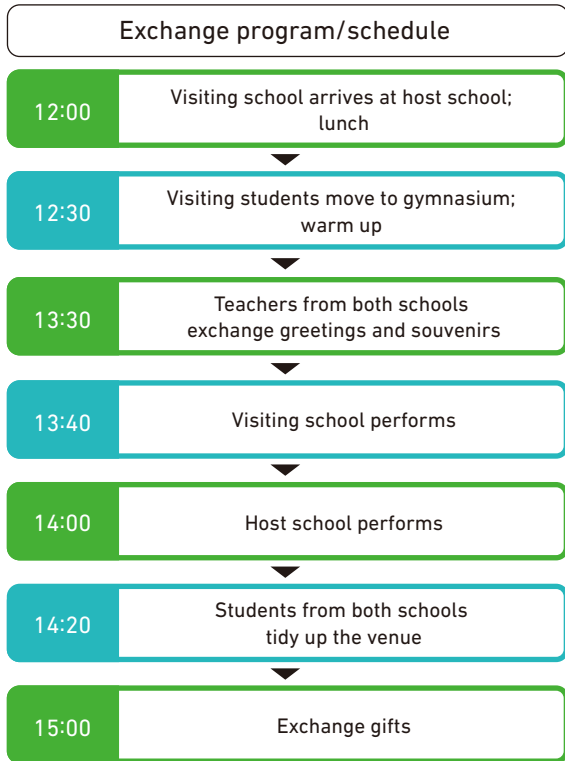


Case Study

1

Junior High School

Cross-Cultural Communication through Music



Student and Teacher Voices

■ Visiting School (Taiwan)

Teacher

"The program gave us visiting teachers a chance to interact with our Tokyo counterparts."

Students

"Our Japanese hosts were so enthusiastic and kind. It was really something special."

"We really enjoyed hearing each other perform. Next time, it'd be great if we could play together!"

■ Host School (Tokyo)

Teachers

"Thanks to the excellent preparations—for example, having interpreters on hand—everything went smoothly on the day."

Students

"Hearing each other play music was fun. I just wish we'd had more time to talk with the Taiwanese students."

"Perhaps next time we could get both groups to give presentations about their respective countries—say, on topics such as school life."

"The students from Taiwan spoke with us in English and Japanese, and they had smiles on their faces, which was wonderful to see."

"We gradually managed to communicate with each other, and I had a great time."

## Senior High School Mutual Understanding through Class Participation and Performances

### Exchange program/schedule

12:00	Visiting school arrives at host school; teachers from both schools exchange greetings
12:40	Lunch
13:15	Take part in class (English)
14:15	Take part in other classes (physics, calligraphy, home economics)
15:20	Take part in or observe club activities (tea ceremony club, etc.)
16:00	Exchange meeting Visiting school: Song and dance performances Host school: Japanese drum performances Student representatives give speeches Exchange gifts



### ■ Visiting School (Taiwan)

### Student and Teacher Voices

#### Teacher

"I'm so thankful that I could come back a second time to visit a school in Tokyo."

#### Students

"The Japanese students were all really kind and enthusiastic, which made me very happy."

"I'd like to brush up my Japanese, so I can communicate even better next time."

### ■ Host School (Tokyo)

#### Teachers

"I'd like to see our whole school make an effort to promote the international exchange program. It's a great way to make students more aware of social issues."

#### Students

"When we were interacting with the Taiwanese students, I realized that we could overcome the language barrier as long as we had the will to communicate."

"This is a really important program. It gives students the chance to build new relationships, gain a global perspective, and think about their environment and their lives."

"Having opportunities like this broadens our horizons, and I think it'll help us in the future to play an active role on the world stage."



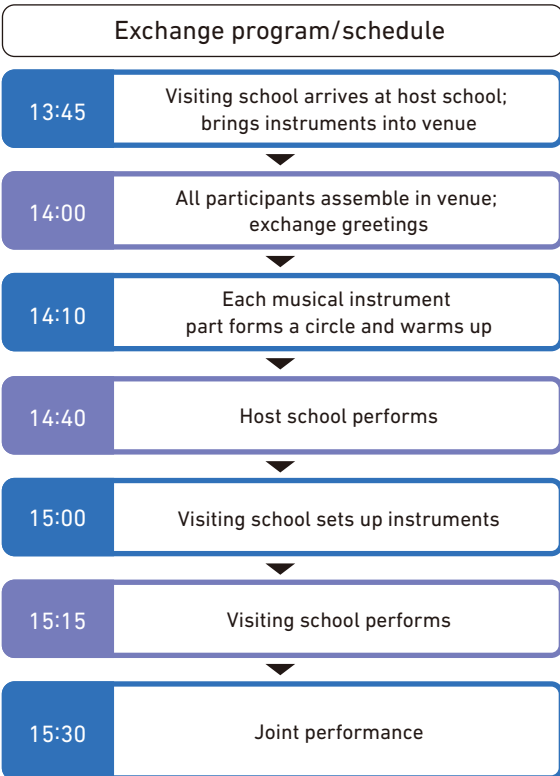
Case Study

3

Theme-Based Exchanges at Senior High School

Joint Performance Deepens Friendly Relations

Exchange program/schedule



Student and Teacher Voices

■ Visiting School (Canada)

Teachers

"It was an excellent opportunity to widen students' horizons."

"It was great to see the students having fun with each other."

Students

"I wanted to sing and dance like the host school students!"

"We should've prepared a gift."

■ Host School (Tokyo)

Teachers

"It was a really special experience for the students. I'll never forget their bright and cheerful expressions."

"To enjoy a successful music exchange, you need to be well prepared. It's important to discuss the details beforehand."

Students

"It was so cool that we could communicate through music, despite the language barrier."

"I can't speak much English, so at times I found things a bit difficult. Now I really want to improve my English, so I can talk more at the next school exchange."

"Please come again next year!"

# Find Out about Tokyo's Rich History and Culture, Which Can Still Be Experienced by Visitors Today



Sensoji

## 1 Sensoji Temple

Worshippers and tourists flock to Sensoji, Tokyo's oldest temple. The main approach to the temple is along Nakamise, a 250-meter-long shop-filled street connecting the outer Kaminarimon gate to the second Hozomon gate.

📍 2-3-1 Asakusa, Taito-ku 🕒 5 min. walk from Asakusa Station on Tobu Isesaki Line, Tokyo Metro Ginza Line, Toei Asakusa Line (Exit A4), or Tsukuba Express Line (Exit A4)  
🕒 Halls: 6:00–17:00 (from 6:30 from Oct. to March)  
🆓 Free 🚫 None 📄 Not required 🌐 [www.senso-ji.jp](http://www.senso-ji.jp)



Tokyo Metropolitan Edo-Tokyo Museum

## 4 Tokyo Metropolitan Edo-Tokyo Museum

This museum vividly illustrates the history and culture of Tokyo (formerly Edo). Besides life-sized models and scale models, the Edo-Tokyo Museum also features experiential displays that enable visitors to experience what life was like for people in the Edo period.

📍 1-4-1 Yokoami, Sumida-ku 🕒 3 min. walk from Ryogoku Station (West Exit) on JR Sobu Line 🕒 Weekdays: 9:30–17:30, Saturdays: 9:30–19:30 (admission ends 30 min. before closing) 🎫 General: 600 yen (480 yen), university students: 480 yen (380 yen), senior and junior high school students: 300 yen (240 yen) *Note: ( ) are fees for groups of 20 people or more.*  
👤 Volunteer guides are available in Japanese, English, Chinese, Korean, French, Spanish, German, and Italian. Please note that guides may not be available for all of these languages on any given day. Audio guides available (11 languages)  
👥 Groups must send in application form (downloadable from website) in advance 🌐 [www.edo-tokyo-museum.or.jp](http://www.edo-tokyo-museum.or.jp)



## 7 Fukagawa Edo Museum

This hands-on museum is a full-size reproduction of the streets of Fukagawa Saga town at the end of the Edo period. The changes of the day are expressed through light and sound, and exhibition content changes with the seasons to showcase various daily tools and annual events.

📍 1-3-28 Shirakawa, Koto-ku 🕒 3 min. walk from Kiyosumi-shirakawa Station on Tokyo Metro Hanzomon Line or Toei Oedo Line (Exit A3) 🕒 9:30–17:00 🎫 Adults (senior high school student or older): 400 yen (300 yen), junior high school and elementary school students: 50 yen (30 yen) *Note: ( ) are fees for groups of 20 people or more. Junior high school students and younger children must be accompanied by an adult.*  
📄 Pamphlet in English, simplified and traditional Chinese; guidebook in English; volunteer guides in English and Chinese  
📞 Reserve by phone for group and school tours  
☎ +81-3-3630-8625 🌐 [www.kcf.or.jp/fukagawa/index.html](http://www.kcf.or.jp/fukagawa/index.html)



## 2 Meiji Jingu (Shinto Shrine)

Meiji Jingu, established in 1920, is dedicated to the souls of Emperor Meiji and his consort Empress Shoken. The shrine will mark its 100th anniversary in 2020, the same year in which the Tokyo Olympics and Paralympics will be held.

📍 1-1 Yoyogi Kamazono-cho, Shibuya-ku 🕒 1 min. walk from Harajuku Station (Omotesando Exit) or 5 min. walk from Yoyogi Station (West Exit) on JR Yamanote Line / 1 min. walk from Meiji-jingumae (Harajuku) Station (Exit 2) on Tokyo Metro Chiyoda Line or Fukutoshin Line / 5 min. walk from Sangubashi Station on Odakyu Line 🕒 Sunrise to sunset (hours change every month) 🆓 Free in the shrine precincts. 500 yen: Gyoen ("Inner Garden"), Homotsuden ("Treasure Museum"/Homotsu Tenjishitsu ("Treasure Museum Annex"), facilities maintenance  
📄 Leaflet in English, Chinese, and Korean 📄 Not required 🌐 [www.meijijingu.or.jp](http://www.meijijingu.or.jp)



## 5 Toyosu Market

Toyosu Market comprises three blocks: block 7 with the seafood wholesaling building, block 6 with the seafood auctions building, and block 5 with the fruit and vegetable wholesaling building. The new market has been designed to ensure food safety, while implementing efficient logistics and first-rate environmental measures.

📍 6-chome, Toyosu, Koto-ku (address varies depending on the block) 📍 Shijo-mae Station on the Yurikamome Line  
🕒 Closed on days when the markets are not operating 🆓 Free  
📄 Pamphlet in English, Chinese, and Korean 📄 Not required  
☎ 03-3520-8205 🌐 <http://www.shijou.metro.tokyo.jp/>



## 8 Edo-Tokyo Open Air Architectural Museum

This open-air museum contains 30 reconstructed and historically important buildings originating from the Edo period and up to the middle part of the Showa period. Contemporary scenes from daily life—such as the lighting of a farmhouse hearth fire—are reenacted inside the buildings.

📍 3-7-1 Sakuracho, Koganei, Tokyo 📍 Take the bus from Musashi Koganei Station (North Exit) on JR Chuo Line, get off at Koganei-koen Nishi-guchi bus stop, and walk 5 min. / Take the bus from Hana-koganei Station on Seibu Shinjuku Line, get off at Koganei-koen Nishi-guchi bus stop, and walk 5 min.  
🕒 April–September: 9:30–17:30, October–March: 9:30–16:30 (admission ends 30 min. before closing) 🎫 General: 400 yen (320 yen); university students: 320 yen (250 yen); senior and junior high school students: 200 yen (160 yen) *Note: ( ) are fees for groups of 20 people or more.* 📄 Pamphlet in English, simplified and traditional Chinese, and Korean 📄 Reserve by phone for groups ☎ +81-42-388-3300 🌐 [www.tatemonoen.jp](http://www.tatemonoen.jp)



## 3 Kokyo Gaien National Gardens

Also known as the Imperial Palace Outer Gardens, this park is widely cherished for its quintessential Japanese landscapes. Spacious green lawns dotted with black pines blend harmoniously with the historical remnants of Edo Castle's moats and gates.

📍 1-1 Kokyogaien, Chiyoda-ku  
🕒 10 min. walk from JR Tokyo Station (Marunouchi South Exit) 🕒 Open 24/7 (office open 8:30–17:15, closed Sat./Sun./holidays) 🆓 Free 📄 Pamphlet in English, Chinese, and Korean 📄 Not required  
🌐 [www.env.go.jp/garden/kokyogaien/](http://www.env.go.jp/garden/kokyogaien/)



©Nihon Sumo Kyokai

## 6 Sumo Museum

This museum collects and preserves materials related to sumo, from woodblock prints and *banzuke* sumo wrestler rankings to ceremonial aprons. These items are displayed in themed exhibitions six times a year.

📍 1F Ryogoku Kokugikan, 1-3-28 Yokoami, Sumida-ku  
🕒 2 min. walk from Ryogoku Station (West Exit) on JR Sobu Line / 5 min. walk from Ryogoku Station on Toei Oedo Line  
🕒 10:00–16:30 (admission ends 30 min. before closing; during Tokyo Grand Sumo Tournaments, admission is allowed only for tournament viewers) 🆓 Free 🚫 None  
📄 Not required 🌐 [www.sumo.or.jp/sumo\\_museum/](http://www.sumo.or.jp/sumo_museum/)



Baseball Hall of Fame and Museum

## 9 Baseball Hall of Fame and Museum

This museum introduces the history and current state of baseball, both in Japan and overseas and at both the professional and amateur levels. The Baseball Hall of Fame commemorates those who have contributed to the growth of this popular sport in Japan. There's also a library and video theater.

📍 1-3-61 Koraku, Bunkyo-ku 🕒 5 min. walk from Suidobashi Station on JR Chuo Line, JR Sobu Line, or Toei Mita Line / 8 min. walk from Kasuga Station on Toei Oedo Line / 5 min. walk from Korakuen Station on Tokyo Metro Marunouchi Line or Namboku Line 🕒 March–September: 10:00–18:00, October–February: 10:00–17:00 (admission ends 30 min. before closing) 🎫 Adults: 600 yen (500 yen), university and high school students, and persons aged 65 or over: 400 yen, junior high school and elementary school students: 200 yen (150 yen) *Note: ( ) are fees for groups of 20 people or more.*  
📄 Pamphlet in English and traditional Chinese 📄 Apply via website for groups of 20 or more 🌐 [www.baseball-museum.or.jp/](http://www.baseball-museum.or.jp/)



# Experience Japan's State-of-the-Art Science, Technology, and Industry



Photo courtesy of National Museum of Nature and Science

## 1 National Museum of Nature and Science

Japan's only national museum covering both science and natural history houses two permanent exhibition rooms: the Japan Gallery and the Global Gallery. The displays are arranged thematically by floor, with exhibits that include dinosaur fossils, stuffed animal specimens, and displays explaining the progress of science and technology, etc.

📍 7-20 Ueno-koen, Taito-ku 🕒 5 min. walk from JR Ueno Station (Park Exit) / 10 min. walk from Ueno Station on Tokyo Metro Ginza Line or Hibiya Line (Exit 7) / 10 min. walk from Keisei-ueno Station (Main Exit) on Keisei Line 🕒 9:00-17:00, Fridays and Saturdays 9:00-20:00 (admission ends 30 min. before closing) 🎫 General, university students: 620 yen; senior high school students (including college of technology students) and under, and persons aged 65 or over: free *Note: Varying fees apply for special exhibitions. See website for details.* 📖 Pamphlet in English, Chinese, and Korean; audio guides; information tablets 📄 Groups must apply online in advance 🌐 [www.kahaku.go.jp/index.php](http://www.kahaku.go.jp/index.php)



## 2 National Museum of Emerging Science and Innovation (Miraikan)

Miraikan is an interactive science museum that allows visitors to view and understand the world through the lens of science and to think about what the future holds in store.

📍 2-3-6 Aomi, Koto-ku 🕒 4 min. walk from Telecom Center Station on Yurikamome Line / 15 min. walk from Tokyo Teleport Station (Exit A) on Rinkai Line 🕒 10:00-17:00 (sale of admission tickets ends 30 min. before closing) 🎫 Adults: 620 yen; 18 years old and under: 210 yen *Note: Varying fees apply for special exhibitions.* 📖 Pamphlet in English, Chinese (simplified and traditional), and Korean 📄 Reservation required for groups 📞 +81-3-3570-9151/+81-3-3570-9188 (for group reservations) 🌐 [www.miraikan.jst.go.jp/](http://www.miraikan.jst.go.jp/)



## 3 Advanced Technology Exhibition Hall @ TEPIA

Visitors get to enjoy a close-up look at some advanced Japanese technologies that are helping to address the problems affecting our society—all through fun, hands-on displays that are easy to understand. Guided tours are available (except on Sundays). In the programming experience area, visitors can learn about advanced technologies with various programming teaching materials.

📍 2-8-44 Kita-aoyama, Minato-ku 🕒 4 min. walk from Gaenmae Station (Exit 3) on Tokyo Metro Ginza Line 🕒 Weekdays: 10:00-18:00, Sat./Sun./holidays: 10:00-17:00, Closed on Mondays (except for holidays) 🎫 Free 📄 None 📄 Reserve via website for group tours (Japanese and English) 📞 +81-3-5474-6123 (inquiries) 🌐 [www.tepia.jp/exhibition/](http://www.tepia.jp/exhibition/)



## 4 METoA Ginza

Mitsubishi Electric's METoA Ginza event space is a facility that hosts a wide range of different events, and which uses innovative new types of video displays and exhibitions to introduce Mitsubishi Electric and its many different business areas.

📍 Tokyu Plaza Ginza, 5-2-1 Ginza, Chuo-ku, Tokyo 🕒 1 min. walk from Ginza Station on the Tokyo Metro Ginza Line, Marunouchi Line and Hibiya Line 🕒 11:00-21:00 / The METoA Cafe & Kitchen on the 1F is open 11:00-23:00 (Last orders at 22:00), the same hours as Tokyu Plaza Ginza 🎫 Free 📖 English (display panels and events guide) 📄 Maximum number of event participants varies. Please call and check in advance 📞 +81-3-5537-7411 🌐 [metoa.jp](http://metoa.jp)



## 5 Panasonic Center Tokyo

This showroom offers a window on the latest solutions, technologies etc. from Panasonic. In the center's hands-on RiSuPia museum, visitors can have fun exploring the world of science and mathematics. Various events and workshops are held on weekends.

📍 3-5-1 Ariake, Koto-ku 🕒 2 min. walk from Kokusai-tenjijo Station on Rinkai Line / 3 min. walk from Ariake Station (West Exit) on Yurikamome Line 🕒 10:00-18:00 (admission ends at 17:00 for RiSuPia) 🎫 RiSuPia: Adults: 500 yen; high school students and under: free 📖 Information and pamphlet in English and Chinese 📄 Apply via application form on website for groups 🌐 <https://www.panasonic.com/jp/corporate/center/tokyo>



## 6 i-muse

The i-muse IHI History Museum uses models and digital displays to introduce the history and technology of the IHI Group, which can trace its origins back to 1853. Visitors can view and experience technologies that have helped to create new eras, ranging from shipbuilding and industrial machinery through to aviation and space technology.

📍 1F, Toyosu IHI Building, 3-1-1 Toyosu, Koto-ku 🕒 5 min. walk from Toyosu Station on Tokyo Metro Yurakucho Line / 10 min. walk from Toyosu Station on Yurikamome Line 🕒 9:30-17:30 Closed on Saturdays, Sundays, New Year holidays, Golden Week, and Summer Holidays 🎫 Free 📖 English (guided tours, exhibit captions, pamphlets) 📄 Apply via website for groups of 20 or more or for a guided tour 📞 +81-3-6204-7032 🌐 <https://www.ihico.jp/i-muse/en> (English-language website)



## 7 Daiichi Sankyo Kusuri Museum

Here you can have fun learning about medicine through CG images and interactive games. As well as studying how medicines work and how they are developed, visitors discover the history of Nihombashi, an area that has been synonymous with the medicine business since the Edo period.

📍 3-5-1 Nihonbashi-honcho, Chuo-ku 🕒 2 min. walk from Mitsukoshi-mae Station on Tokyo Metro Ginza Line or Hanzomon Line (Exit A10) / 1 min. walk from Shin-nihombashi Station (Exit A5) on JR Sobu Rapid Line 🕒 10:00-18:00 (admission ends 30 min. before closing) 🎫 Free 📖 Audio guides in English and Chinese 📄 Groups of 10 or more must apply via website in advance 📞 +81-3-6225-1133 🌐 [www.kusuri-museum.com](http://www.kusuri-museum.com)



## 8 Printing Museum, Tokyo

This museum offers visitors the opportunity to explore the world of printing through a process of touching, discovering, understanding, and creating.

📍 Toppan Koishikawa Bldg., 1-3-3 Suido, Bunkyo-ku 🕒 13 min. walk from Iidabashi Station on JR Sobu Line, Tokyo Metro Yurakucho, Tozai, or Namboku Lines, or Toei Oedo Line 🕒 10:00-18:00 (admission ends 30 min. before closing) 🎫 General: 300 yen (250 yen); university students: 200 yen (150 yen); senior and junior high school students: 100 yen (50 yen) *Note: ( ) are fees for groups of 20 people or more.* 📖 English, Chinese, Korean 📄 Groups must fax application form (downloadable from website) in advance 📞 Fax: +81-3-5840-1567 🌐 [www.printing-museum.org](http://www.printing-museum.org)



📍 Address 📄 Access 🕒 Hours 🎫 Fees  
📖 Foreign language assistance  
📄 Reservations 📞 Telephone number 🌐 Website

## Find Out What Makes Tokyo a Safe and Comfortable City



Tokyo Waterworks Historical Museum

### 1 Tokyo Waterworks Historical Museum

This museum showcases the history of Tokyo's waterworks system, which goes back 400 years to the founding of the Tokugawa shogunate. Developments in the Tokyo waterworks are represented through exhibits such as an Edo-period row house and excavated wooden conduits and clean-water wells.

📍 2-7-1 Hongo, Bunkyo-ku 🚌 8 min. walk from Ochanomizu Station (Ochanomizubashi Exit) or Suidobashi Station (East Exit) on JR Chuo or Sobu Lines / 8 min. walk from Ochanomizu Station (Exit 1) on Tokyo Metro Marunouchi Line  
🕒 9:30-17:00 (admission ends 30 min. before closing)  
🆓 Free 🗣️ Audio guides (free of charge) in English, Chinese, or Korean 📄 Groups of 5 or more must apply via phone or fax in advance ☎️ +81-3-5802-9040 🌐 www.suidorekishi.jp



Tokyo Water Science Museum

### 2 Tokyo Water Science Museum

Turn on a faucet and out comes water. Where does this water come from and how does it reach us? This museum deepens visitors' understanding of water and waterworks through hands-on exhibits, showcasing the mystery and importance of water from a scientific perspective.

📍 3-1-8 Ariake, Koto-ku 🚌 8 min. walk from Kokusai-tenjijo-seimon Station on Yurikamome Line / 8 min. walk from Kokusai-tenjijo Station on Rinkai Line / 3 min. walk from Toei Bus Musashino-daigaku-mae bus stop 🕒 9:30-17:00 (admission ends 30 min. before closing) 🆓 Free 🗣️ None 📄 Groups must apply via phone or fax application form (downloadable from website) in advance ☎️ +81-3-3528-2366 🌐 www.mizunokagaku.jp



### 3 Tokyo Yumenoshima Tropical Greenhouse Dome

This facility comprises a movie theater, a special exhibitions gallery, an event hall, and a giant domed greenhouse containing tropical and subtropical plants (including those from the Ogasawara Islands). The adjacent Shin-koto Incineration Plant provides heat for the greenhouse.

📍 2-1-2 Yumenoshima, Koto-ku 🚌 15 min. walk from Shin-kiba Station on Tokyo Metro Yurakucho Line, JR Keiyo Line, or Rinkai Line 🕒 9:30-17:00 (admission ends at 16:00)  
🎫 General: 250 yen (200 yen); junior high school students: 100 yen (80 yen) *Note: ( ) are fees for groups of 20 people or more.* 🗣️ Pamphlet in English, Chinese and Korean 📄 Not required 🌐 www.yumenoshima.jp/



Photo courtesy of Clean Authority of Tokyo

### 4 Minato Incineration Plant

The Minato Incineration Plant is capable of processing 900 tons of combustible waste per day. Educational tours of the Plant can be arranged so that participants can learn about the processes used to dispose of the waste from Tokyo's 23 Wards.

📍 5-7-1 Konan, Minato-ku 🚌 Take the Toei Bus (Shinagawa Futo Loop route) from JR Shinagawa Station and get off at the Shinagawa Futo bus stop 🕒 Monday-Friday (except for holidays), and last around 1.5 hours 🆓 Free 🗣️ Pamphlet in English, Chinese and Korean; visit must be accompanied by interpreter 📄 Group tours (for groups of 10 or more people) can be booked up to 3 months ahead, and at least 2 weeks in advance. To book a group tour, please call the telephone number below. Plant tours are for educational purposes only  
☎️ +81-3-6238-0572 🌐 www.union.tokyo23-seisou.lg.jp/index.html



### 5 Central Breakwater Landfill Site

This is where Tokyo's waste is sent for final disposal. It's an ideal place to consider the issue of waste disposal in large cities. Following a presentation that gives an overview of landfill facilities, it is possible for visitors who have their own vehicular transport to visit a landfill site, a large waste-crushing process facility, and a non-flammable waste-processing facility.

📍 Chisaki, 3-chome, Aomi, Koto-ku 🚌 Take the Toei Bus (for Chuo Bohatei) from Tokyo Teleport Station (Exit B) on Rinkai Line and get off at Kankyojyoku Chubo-godocho-sha-mae bus stop 🕒 9:00-12:00, 13:00-16:30 🆓 Free 🗣️ Pamphlet and DVD in English and Chinese; visit must be accompanied by interpreter 📄 Call in advance and send in application form ☎️ +81-3-3570-2230 🌐 www.tokyokankyo.jp/activity/publicity/study/



### 6 Tokyo Sewerage Museum "Rainbow"

This is a museum run by the Bureau of Sewerage, Tokyo Metropolitan Government that is located in the Odaiba-Ariake district of Tokyo. In "Rainbow Town," visitors can experience the various types of work relating to the sewerage system, with the opportunity to visit facilities that are usually not open to the public.

📍 5F, Ariake Water Reclamation Center, 2-3-5 Ariake, Koto-ku 🚌 8 min. walk from Odaiba-kaihinkoen Station on Yurikamome Line / 12 min. walk from Kokusai-tenjijo Station on Rinkai Line 🕒 9:30-16:30 (admission ends at 16:00) Closed on Mondays (except for holidays) and the New Year holiday period 🆓 Free 🗣️ Pamphlet in English 📄 Apply via website for groups in advance ☎️ +81-3-5564-2458 🌐 http://www.nijinogesuidoukan.jp/



### 7 Ikebukuro Life Safety Learning Center, Tokyo Fire Department

A tour of this facility gives visitors experience in dealing with disaster situations. Visitors go through an hour and 40 minutes of disaster preparedness training with an instructor. Every Friday evening, a special "Night Tour," assuming a scenario with a fire at night, is held.

📍 4F Ikebukuro Fire Department, 2-37-8 Nishi-ikebukuro, Toshima-ku 🚌 5 min. walk from JR Ikebukuro Station (West Exit or Metropolitan Exit) 🕒 9:00-17:00 (9:00-21:00 on Fridays) 🆓 Free 🗣️ Tour instruction in Japanese only; pamphlet in English, Chinese, and Korean 📄 Call in advance to make reservations for groups and individuals  
☎️ +81-3-3590-6565 🌐 www.tfd.metro.tokyo.jp/hp-ikbskan/



### 8 Sona Area Tokyo Disaster Prevention Experience-Learning Facility

Armed with tablet PCs and placed in a simulated earthquake scenario centered on Tokyo, visitors learn how to survive the first 72 hours after a major earthquake. The facility also shows animated videos and holds workshops and events focusing on disaster preparedness.

📍 3-8-35 Ariake, Koto-ku 🚌 2 min. walk from Ariake Station on Yurikamome Line / 4 min. walk from Kokusai-tenjijo Station on Rinkai Line 🕒 Park: 6:00-20:00 (Sona Area Tokyo is open 9:30-17:00; admission ends 30 min. before closing) 🆓 Free 🗣️ None 📄 Groups of 30 or more need to make reservations ☎️ +81-3-3529-2180 🌐 www.ktr.mlit.go.jp/showa/tokyorinkai/



### 9 Honjo Life Safety Learning Center, Tokyo Fire Department

A hands-on educational facility where visitors can have fun while enhancing their knowledge and skills in disaster preparedness. An instructor guides visitors through various disaster simulations, such as earthquakes, fires, and severe storms. There are also sections that visitors can observe freely.

📍 4-6-6 Yokogawa, Sumida-ku 🚌 10 min. walk from Kinshicho Station (North Exit) on JR Sobu Line / 10 min. walk from Kinshicho Station (Exit 4) on Tokyo Metro Hanzomon Line / 10 min. walk from Oshiage Station on Tokyo Metro Hanzomon Line, Toei Asakusa Line, Tobu Skytree Line, or Keisei Oshiage Line (Exit B1) 🕒 9:00-17:00 🆓 Free 🗣️ English on pamphlet 📄 Call in advance for simulation tour ☎️ +81-3-3621-0119 🌐 www.tfd.metro.tokyo.jp/hp-hjbskan



## Experience Japanese Culture through a Wide Range of Different Activities



### 1 Sugunami Animation Museum, Tokyo Polytechnic University

The Sugunami Animation Museum is the first facility where visitors can enjoy, learn, experience and understand Japanese animation in a structured way. With hands-on special effects and post-production activities to try, as well as special exhibitions etc., there are lots of things for visitors to do that will help them to learn about animation in an enjoyable way.

- 📍 3F, Tokyo Sugunami Kaikan, 3-29-5 Kamiogi, Sugunami-ku
- 🕒 16 min. walk from Nishiogikubo Station (North) on the JR Chuo Line, or take the bus from Ogikubo Station (North) on the JR Chuo Line and Marunouchi Line, and get off at Ogikubo Keisatsusho Mae bus stop 🕒 10:00–18:00 (admission ends at 17:30). Closed on Mondays (except for holidays) 🆓 Free
- 📞 None 📄 For group tours, please print out the application form from the website and then fax it
- ☎ Fax: +81-3-3396-1530 🌐 <http://sam.or.jp>



### 4 Waseda University

Waseda University is renowned for the high quality of its teaching and research. Campus tours are available in which Waseda student guides explain historical episodes and student life; tour participants also have the chance to visit sites that are usually not open to the public, such as the Okuma Auditorium clock tower, etc.

- 📍 1-104 Totsuka-cho, Shinjuku-ku 🕒 5 min. walk from Waseda Station on Tokyo Metro Tozai Line
- 🕒 To check what time guided tours are held, please visit the website or call the phone number below 🆓 Free 📄 Please check with the University 📄 Apply via website
- ☎ +81-3-5286-1276
- 🌐 <https://www.waseda.jp/top/en/about/work/campus-tours>



Meguro Parasitological Museum

### 7 Meguro Parasitological Museum

This may be the only museum in the world dedicated specifically to parasites. On the first floor is a diverse range of specimens, along with explanations. The second floor displays a super-long 8.8-meter tapeworm and other specimens of human parasites.

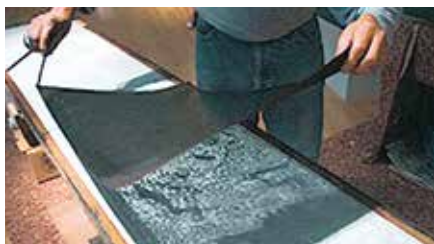
- 📍 4-1-1 Shimomeguro, Meguro-ku 🕒 12 min. walk from Meguro Station on JR Yamanote Line, Tokyo Metro Namboku Line, Toei Mita Line, or Tokyu Meguro Line 🕒 10:00–17:00
- 🆓 Free (donation box inside the Museum)
- 📄 Guidebook in English, some display information in English
- 📄 Reserve by fax for groups of 6 or more
- ☎ Fax: +81-3-3716-2322
- 🌐 [www.kiseichu.org/Pages/english.aspx](http://www.kiseichu.org/Pages/english.aspx)



### 2 Ganso Shokuhin Sample-ya Kappabashi Store

Ganso Shokuhin Sample-ya makes realistic-looking replica food items. This store sells fun and unique products created through the art of food replicas. Visitors can also try their hand at making traditional faux food out of wax.

- 📍 3-7-6 Nishi-asakusa, Taito-ku 🕒 5 min. walk from Asakusa Station (Exit A2) on Tsukuba Express Line / 12 min. walk from Tawaramachi Station (Exit 3) on Tokyo Metro Ginza Line
- 🕒 10:00–17:30 📄 Replica food crafting (tempura and lettuce): 2,300 yen (tax included) 📄 Experiential activities only in Japanese (visit must be accompanied by interpreter)
- 📄 Call in advance (Japanese spoken only)
- ☎ +81-3-3841-0783 🌐 [www.ganso-sample.com/](http://www.ganso-sample.com/)



### 5 Some-no-sato Futaba-en

Futaba-en is a dye studio that has been carrying on the tradition of the Edo *katayome* dyeing technique for over 90 years. The artisan skills on show here have been officially designated as a traditional craft. One-day lessons and classes are available.

- 📍 2-3-6 Kamiochiai, Shinjuku-ku 🕒 4 min. walk from Nakai Station (Exit A4) on Toei Oedo Line or Seibu Shinjuku Line
- 🕒 Tuesday–Saturday: 11:00–17:00 (closed during lunchtime)
- 📄 Observing is free of charge; lessons are subject to fees (see website for details) 📄 Pamphlet and video in English
- 📄 Reserve by phone or e-mail (see website) for groups and/or lessons ☎ +81-3-3368-8133 🌐 [www.futaba-en.jp](http://www.futaba-en.jp)



### 8 Haneda Chronogate

Haneda Chronogate is a gigantic logistics terminal run by the Yamato Group and is located near Haneda Airport. The facility combines value-added functions with support for a high-speed transportation network covering air, land, and sea.

- 📍 11-1 Haneda Asahi-cho, Ota-ku 🕒 5 min. walk from Anamori-inari Station on Keikyu Line / 10 min. walk from Tenkubashi Station on Keikyu Line or Tokyo Monorail
- 📄 See "Reservations" page on website 🆓 Free 📄 English and Chinese subtitles only on the film shown 📄 Reserve via website. For groups of 20 or more, reserve by phone.
- ☎ +81-3-6756-7180 (for group reservations)
- 🌐 [www.yamato-hd.co.jp/english/hnd-chronogate/visitortour.html](http://www.yamato-hd.co.jp/english/hnd-chronogate/visitortour.html)



### 3 Sakamori Cloisonné Craftworks Shop

Traditional cloisonné craftsmen are at work in this shop, and at any given time more than 100 cloisonné products are exhibited for sale. Students and adults can take part in cloisonné workshops that vary from 30 minutes to 2 hours in duration.

- 📍 1-2-1 Moto-asakusa, Taito-ku 🕒 2 min. walk from Shin-okachimachi Station (Exit A3) on Toei Oedo Line / 1 min. walk from Shin-okachimachi Station (Exit A4) on Tsukuba Express Line / 15 min. walk from Okachimachi Station on JR Yamanote Line or Keihin Tohoku Line (North Exit)
- 🕒 Weekdays: 10:00–17:00 (until 21:00 on Tuesdays); Saturdays: 13:00–17:00 (only on 2nd, 3rd, and 4th)
- 📄 General: from 2,100 yen; students: from 1,500 yen
- 📞 None 📄 Call in advance for workshop lessons
- ☎ +81-3-3844-8251 🌐 [www.sakamori-shippo.com](http://www.sakamori-shippo.com)



### 6 Edo-kiriko Irodori Glass

This studio, located in Kameido, manufactures and sells Edo-kiriko glassware. Hands-on lessons are available for adults and children, with adults working on glass and children (3rd grade to junior high school) working on paperweights.

- 📍 2F Sunny Bldg., 4-19-13 Kameido, Koto-ku
- 🕒 5 min. walk from JR Kameido Station (North Exit)
- 🕒 10:00–18:00 (school trip workshops held Monday to Friday). For visits booked in advance, the Museum can be opened at 9:30 📄 School trips (paperweight): 3rd grade to junior high school students 2,160 yen, hands-on lessons for adults (five-colored glass) 6,800–7,000 yen
- 📄 English and Chinese information tags on products for sale
- 📄 Visits can be booked on the website (first come, first served basis) 🌐 [www.edokiriko.com/](http://www.edokiriko.com/)

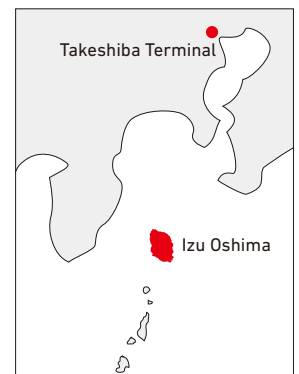


- 📍 Address 📄 Access 🕒 Hours 📄 Fees
- 📄 Foreign language assistance
- 📄 Reservations ☎ Telephone number 🌐 Website



# Godzilla Was Here—Meet Local Students and Make Unforgettable Memories on a Volcanic Island

Izu Oshima is a Pacific island approximately 120 kilometers from Tokyo. It is actually part of the Tokyo Metropolis. In the center of Izu Oshima is Mt. Mihara, a large volcano that has erupted numerous times in the past and left a unique landscape for visitors to admire. This includes lava flow remnants and Godzilla Rock, named for its resemblance to the gigantic dinosaur-like monster of movie fame. Interacting with local residents and experiencing the island's abundant nature are sure to create irreplaceable memories.



## Sample Program 1

<b>1st day</b>	Take jetfoil from Takeshiba Terminal in Tokyo (approx. 1 hour and 45 minutes).
<b>Morning</b>	Take bus from ferry terminal to Mt. Mihara to view the volcano. Visit Volcano Museum. After lunch, go to local high school.
<b>14:00</b>	<b>Activities with local high school students (example)</b> 1) Observe and join in a school class 2) Tour the school 3) Join an activity of one of the school's clubs 4) Socialize with local students
<b>Evening</b>	Go to a Japanese-style inn to spend the night.
<b>2nd day</b>	<b>Hands-on program (example)</b>
<b>Morning</b>	1) Learn how to make salt at Oshima Furusato Taikenkan. 2) Work with local volunteers on tree-planting or restoration projects.
<b>15:30</b>	Leave Izu Oshima by jetfoil.
<b>17:00</b>	Arrive at Takeshiba Terminal in Tokyo.

## Sample Program 2

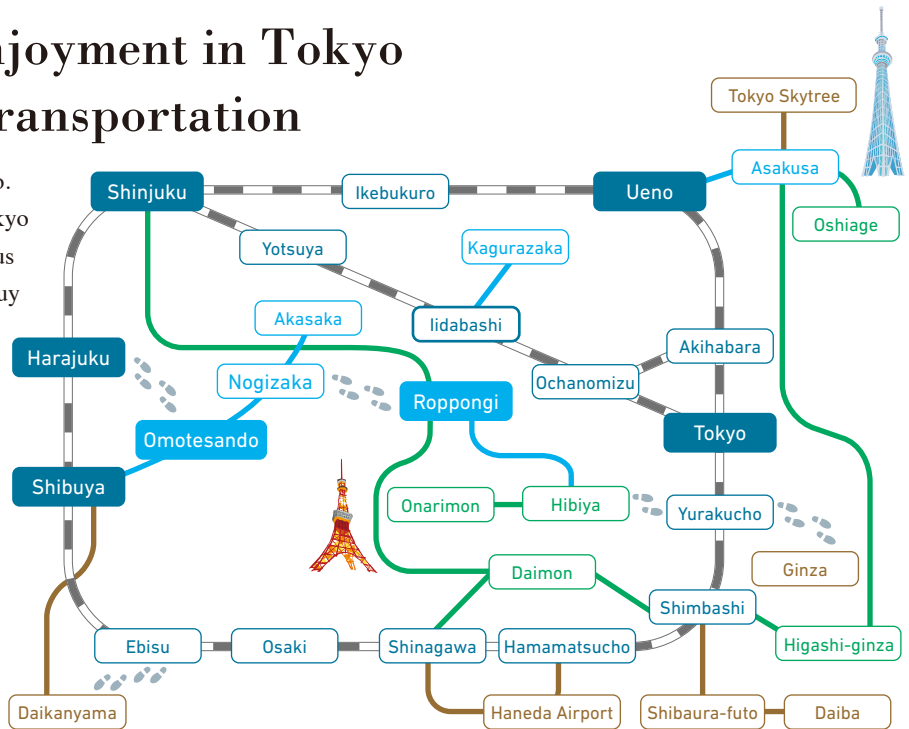
<b>1st day</b>	Same as sample program 1
<b>2nd day</b>	<b>Hands-on program (example)</b>
<b>Morning</b>	1) Learn how to make salt at Oshima Furusato Taikenkan. 2) Work with local volunteers on tree-planting or restoration projects.
<b>Afternoon</b>	Tour the island 1) Observe cross section of volcanic strata 2) Walk around the port of Habu 3) Visit the desert area
<b>Evening</b>	Socialize with local volunteers. Go to a Japanese-style inn to spend the night.
<b>3rd day</b>	
<b>11:00</b>	Leave Izu Oshima by jetfoil.
<b>13:00</b>	Arrive at Takeshiba Terminal in Tokyo.



# Getting around Tokyo on Your Own

## Maximize Your Enjoyment in Tokyo by Using Public Transportation

Trains are the best way to get around Tokyo. Besides major lines such as the JR line, Tokyo Metro, and Toei Subway, there are numerous privately run lines as well. Here's how to buy tickets and take the trains.



**Legend**

- JR Line
- Tokyo Metro
- Toei Subway
- Other lines
- On foot

### Types of Tickets

#### Smart Cards (Pasmo and Suica)

These smart cards are valid on almost all trains and buses in Tokyo. These can be purchased at ticket vending machines at stations and charged in denominations of 1,000 to 5,000 yen, and 10,000 yen. There is a 500-yen deposit charge for these smart cards. When the money on the smart cards runs out, they can be recharged at a ticket vending machine. There are two types of smart card, Pasmo and Suica, sold by different companies, but they both can be used in the same way and throughout the Tokyo area.



#### Train Tickets

Regular train tickets can be purchased at ticket vending machines in the station. Check the fare table to find the cost of a ticket from your current station to the destination station.

### Taking the Train

#### Using a Smart Card

- As you enter the train platform area, hold the smart card flat over the card reader at the ticket gate.
- After you get off the train and as you leave the train platform area, once again hold the smart card flat over the card reader at the ticket gate. A certain amount of money will be deducted from the smart card depending on how far you traveled. The amount of money left on the smart card is shown on the display at the ticket gate.



#### Using a Ticket

- As you enter the train platform area, place your ticket in the ticket slot at the ticket gate. It will come out the other side of the ticket gate so don't forget to take it out. Be careful not to lose your ticket, because you need it to get out of the station you're arriving at.
- After you get off the train and as you leave the train platform area, once again place your ticket in the ticket slot at the ticket gate. Your ticket will automatically be collected so simply exit the ticket gate without your ticket. If you are going to transfer to another train or subway line, your ticket will come out the other side of the ticket gate, so be sure to take it with you.

Check these websites for specially priced train tickets.

JR	<a href="http://www.jreast.co.jp/e/pass/index.html">www.jreast.co.jp/e/pass/index.html</a>
Tokyo Metro	<a href="http://www.tokyometro.jp/en/ticket/value/index.html">www.tokyometro.jp/en/ticket/value/index.html</a>
Toei Subway	<a href="http://www.kotsu.metro.tokyo.jp/eng/tickets/value.html">www.kotsu.metro.tokyo.jp/eng/tickets/value.html</a>



## Basic Information about Tokyo

■ Population: 13 million



...One million

### ■ Average Temperature and Precipitation

	Celsius (°C)	Fahrenheit (°F)	Precipitation (mm)
January	6.1	43	52.3
February	6.5	43.7	56.1
March	9.4	48.9	117.5
April	14.6	58.3	124.5
May	18.9	66	137.8
June	22.1	71.8	167.7
July	25.8	78.4	153.5
August	27.4	81.3	168.2
September	23.8	74.8	209.9
October	18.5	65.3	197.8
November	13.3	55.9	92.5
December	8.7	47.7	51.0

### ■ Travel Times to Tokyo

	City	Flight time
Asia	Taipei	3 hr 30 min
	Singapore	7 hr
	Seoul	2 hr 30 min
	Hong Kong	4 hr 30 min
	Beijing	4 hr
	Bangkok	6 hr 30 min
	Kuala Lumpur	7 hr
North America	Chicago	11 hr 30 min
	Los Angeles	10 hr
	New York	12 hr 30 min
	San Francisco	9 hr
	Vancouver	8 hr 30 min
Europe	Amsterdam	12 hr
	London	12 hr 30 min
	Paris	12 hr 30 min

Note: Approximate time it takes from airport to airport

## General Health and Safety

### Drinking Water



In Tokyo, it's perfectly safe to drink tap water. Bottled mineral water is also easily available from automatic vending machines, convenience stores, and other places around the city.

### Emergency Numbers



Police: Dial 110

Ambulance: Dial 119

**TCVB** 公益財団法人 東京観光財団  
Tokyo Convention & Visitors Bureau

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